

HAMILTON PB TWILIGHT JULY 13 2025

Hamilton, ON

McMaster University's Mona Campbell Track

July 13, 2025

MEET OFFICIALS

Timing:

Sport Made Simple

**OFFICIAL MEET REPORT**

printed: 2025-07-13 9:45 PM

RESULTS**#25 Women's 100 Meters (Wheelchair)****Prelims**

Wind: (+1.6)

Pl	Name	Team	Time
1	Nandini Sharma	UNON - Unattached Ontari	17.01q

#23 Men's 100 Meters (Wheelchair)**Prelims**

Wind: (+1.6)

Pl	Name	Team	Time
1	Isaiah Christophe	UNON - Unattached Ontari	15.24q
2	Shay Parreira	CRUI - CRUISERS SPORT	18.13q

#2 Women's 100 Meters (Open)**Prelims**

Pl	Name	Team	Time	H(Pl)
1	Shadae Thompson	SAAC - Speed Academy At	12.16q (+2.2)	4(1)
2	Callie Armes	MCTC - Monte Cristo Track	12.31q (+2.2)	4(2)
3	Cali Marles	WLEG - Windsor Legion T.	12.52q (+2.2)	4(3)
4	Amanda Bowrin	OHOC - Hamilton Olympic	12.62q (+2.2)	4(4)
5	Raelynn Emanuel	MCTC - Monte Cristo Track	12.67q (+2.2)	4(5)
6	Jolene Steunebrink	Royal City Athletics Club	12.82q (+2.2)	4(6)
7	Brielle Fernandez	UWTC - Waterloo Track Clu	12.86q (+2.2)	4(7)
8	Kaylee Ateyib	Laurel Creek T.f.c	12.89q (+1.7)	3(1)
9	Ava DuChene	UWTC - Waterloo Track Clu	13.01q (+1.7)	3(2)
10	Avery Andersson	Laurel Creek T.f.c	13.06q (+1.7)	3(3)
11	Olivia Bower	Royal City Athletics Club	13.14q (+2.2)	4(8)
12	Cassandra Janicas	MCTC - Monte Cristo Track	13.24q (+1.7)	3(4)
13	Isla Cristiano	MCTC - Monte Cristo Track	13.27q (-0.5)	1(1)
14	Claire Green Kopeck	MCTC - Monte Cristo Track	13.40q (+1.7)	3(5)
15	Grace Tra Lou	OHOC - Hamilton Olympic	13.47q (+1.5)	2(1)
16	Carling Ruddell	BRNT - Brantford T.F.C.	13.58q (+1.7)	3(6)
17	Michaela Ivanova	Laurel Creek T.f.c	13.60q (+1.7)	3(7)
18	Frida Jones	UTTC - University of Toront	13.63q (+1.5)	2(2)
19	Ciara Underhill	Royal City Athletics Club	13.65q (+1.5)	2(3)
20	Isabella Placidi	OHOC - Hamilton Olympic	13.80q (+1.5)	2(4)
21	Olivia Lucchetti	Laurel Creek T.f.c	13.98q (+1.5)	2(5)
22	Maya Kenny	310 Running	14.34q (+1.7)	3(8)
23	Janet Garfi	Laurel Creek T.f.c	14.53q (-0.5)	1(2)
24	Renata Macherzynska	UTTC - University of Toront	14.71q (-0.5)	1(3)
25	Danielle Connell	Stac Hamilton	14.77q (-0.5)	1(4)
26	Celia Nguekam	Athletics Niagara	14.85q (+1.5)	2(6)
27	Sofia Hiss-Vargas	BURL - Burlington Track &	14.87q (-0.5)	1(5)
28	Ann-Maria Duarte	UNON - Unattached Ontari	15.30q (-0.5)	1(6)

#1 Men's 100 Meters (Open)**Prelims**

Pl	Name	Team	Time	H(Pl)
1	Logan Spicer	Royal City Athletics Club	10.95q (+1.6)	6(1)
2	Saad Ashraf	Athletics Niagara	11.05q (+1.6)	5(1)

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RESULTS**#1 Men's 100 Meters (Open) (cont'd)****Prelims**

Pl	Name	Team	Time	H(Pl)
3	Niall Moore	Royal City Athletics Club	11.07q (+1.6)	6(2)
4	Charles Smith	UNON - Unattached Ontari	11.10q (+1.6)	5(2)
5	Greyson Smiarowski	OHOC - Hamilton Olympic	11.14q (+1.6)	6(3)
6	Miles Gulas	Laurel Creek T.f.c	11.16q (+1.6)	5(3)
7	Jelani Diseko	Flying Angels	11.31q (+1.6)	6(4)
8	Omar Chaaban	Palestine	11.37q (+1.6)	6(5)
9	Kaiden Turner	Royal City Track & Field Cl	11.41q (+1.4)	3(1)
10	Vincenzo De Simone	MCTC - Monte Cristo Track	11.44q (+1.6)	5(4)
11	Jason Friesen	UNON - Unattached Ontari	11.46q (+2.5)	4(1)
12	Chase Allen	WLEG - Windsor Legion T.	11.53q (+1.6)	6(6)
13	Ayo Akinkuolie	Stac Hamilton	11.56q (+1.6)	6(7)
14	Henry Anigbogu	Laurel Creek T.f.c	11.72q (+1.4)	3(2)
15	Boris Davidovic	UTTC - University of Toront	11.72q (+1.6)	5(5)
16	Obinna Enyinniah	OHOC - Hamilton Olympic	11.77q (+1.6)	6(8)
17	Kosta Nikolic	Laurel Creek T.f.c	11.78q (+2.5)	4(2)
18	Laughter Fawehinmi	WLEG - Windsor Legion T.	11.78q (+2.5)	4(3)
19	Chris Mote	UNON - Unattached Ontari	11.88q (+2.5)	4(4)
20	Lorenz Zapanta	Extreme Velocity Track Clu	11.88q (+2.5)	4(5)
21	Norrin Som	Stac Hamilton	11.90q (+1.6)	5(6)
22	Ahmed Hamour	Athletics Niagara	11.92q (+1.4)	3(3)
23	Enzo Hu	Royal City Athletics Club	12.02q (+1.4)	3(4)
24	Rohn Cowan	Woodstock Legion Athletic	12.07q (+1.4)	3(5)
25	Jacob Burt	Laurel Creek T.f.c	12.07q (+1.4)	2(1)
26	Preston Sexton-Jones	WLEG - Windsor Legion T.	12.11q (+2.5)	4(6)
27	Fodé Saïdou Doumbouya	UWTC - Waterloo Track Clu	12.12q (+2.5)	4(7)
28	Grant Allen	OHOC - Hamilton Olympic	12.16q (+1.4)	3(6)
29	Stephen Scragg	UTTC - University of Toront	12.20q (+1.4)	3(7)
30	Mencius Hicks	UTTC - University of Toront	12.30q (+1.4)	2(2)
31	Nick Mancini	Unattached	12.32q (+2.5)	4(8)
32	Christopher Wagner	UWTC - Waterloo Track Clu	12.37q (+1.4)	2(3)
33	Declan Lisk	Laurel Creek T.f.c	12.41q (+1.4)	2(4)
34	Juan Ignacio Senisterra	UNON - Unattached Ontari	12.58q (+1.4)	2(5)
35	Omar Ghazi	BURL - Burlington Track &	12.75q (+1.4)	2(6)
36	Jayden Grein	WLEG - Windsor Legion T.	13.35q (+1.4)	2(7)
37	Peichen Hu	Individual	13.88q (+1.8)	1(1)
38	Drit Zhubi	OHOC - Hamilton Olympic	14.07q (+1.4)	2(8)
39	Mohammad Taha Farooqui	Unattached	14.07q (+1.8)	1(2)

#28 Men's 400 Meters (Wheelchair)

Pl	Name	Team	Time
1	Isaiah Christophe	UNON - Unattached Ontari	49.44
2	Shay Parreira	CRUI - CRUISERS SPORT	1:05.80

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RESULTS**#6 Women's 400 Meters (Open)**

Pl	Name	Team	Time	H(Pl)
1	Elise Sawyer	MCTC - Monte Cristo Track	56.21	4(1)
2	Mackenzie Craig	MCTC - Monte Cristo Track	57.63	4(2)
3	Sydney Collins	Laurel Creek T.f.c	58.24	4(3)
4	Brooklyn Seiling	Laurel Creek T.f.c	58.31	4(4)
5	Emma Pegg	WLEG - Windsor Legion T.	58.71	4(5)
6	Alexandra Smith	TOWA - Toronto West Athle	1:00.32	4(6)
7	Mya Bart	WLEG - Windsor Legion T.	1:00.37	3(1)
8	Aiyanna Toby-Erwig	TETC - Thorold Elite Track	1:00.55	4(7)
9	Taylor Ambeau	Laurel Creek T.f.c	1:00.68	3(2)
10	Katelyn Perri	TETC - Thorold Elite Track	1:00.95	3(3)
11	Hayley Smith	Laurel Creek T.f.c	1:01.34	3(4)
12	Nicole Schindler	UWTC - Waterloo Track Clu	1:01.48	4(8)
13	Violet Crowe	EDGE - Edge Sport Track	1:02.42	3(5)
14	Cecilia Darling	South Simcoe Dufferin TFC	1:03.37	3(6)
15	Sierra Speksnyder	OHOC - Hamilton Olympic	1:04.40	2(1)
16	Elise Jantzi	Laurel Creek T.f.c	1:04.58	3(7)
17	Franches Bendje	OHOC - Hamilton Olympic	1:05.77	3(8)
18	Caryss Durnan	Laurel Creek T.f.c	1:06.15	2(2)
19	Violeta Ortega Marquez	BRC1 - Burlington Runners	1:06.22	1(1)
20	Sierra Vasin	Laurel Creek T.f.c	1:09.04	2(3)
21	Campbell Thompson	Laurel Creek T.f.c	1:09.61	1(2)
22	Sophia Patterson	Laurel Creek T.f.c	1:13.92	1(3)

#5 Men's 400 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Ryan Basiaco	WLEG - Windsor Legion T.	50.41	2(1)
2	Roger Jacobs	Laurel Creek T.f.c	50.97	2(2)
3	Elijah Doctor-Jardine	Newmarket Huskies Track	52.22	2(3)
4	Feranwa Ekpenyong	Laurel Creek T.f.c	52.59	2(4)
5	Pj Morgan	MCTC - Monte Cristo Track	52.62	1(1)
6	Jalen Pidlubny	Extreme Velocity Track Clu	52.89	2(5)
7	Shane Ferth	UWTC - Waterloo Track Clu	52.97	2(6)
8	Alex Whyte	WLEG - Windsor Legion T.	54.14	2(7)
9	Michael Huang	BURL - Burlington Track &	55.53	1(2)
10	John Paul Adjei Acheampong	BURL - Burlington Track &	55.95	1(3)
11	Daniel Nawej	OHOC - Hamilton Olympic	56.05	1(4)
12	Tom Cibola	OHOC - Hamilton Olympic	58.22	1(5)
13	Michael Ugwu	Unattached	1:00.28	1(6)
14	Nathan Onischke	Laurel Creek T.f.c	1:07.96	1(7)

#25 Women's 100 Meters (Wheelchair)**Finals**

Wind: (+1.7)

Pl	Name	Team	Time
1	Nandini Sharma	UNON - Unattached Ontari	17.40

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RESULTS

#23 Men's 100 Meters (Wheelchair)

Finals

Wind: (+1.4)

Pl	Name	Team	Time
1	Isaiah Christophe	UNON - Unattached Ontari	14.90
2	Shay Parreira	CRUI - CRUISERS SPORT	18.15

#2 Women's 100 Meters (Open)

Finals

Pl	Name	Team	Time	H(Pl)
1	Shadae Thompson	SAAC - Speed Academy At	12.39 (+0.0)	4(1)
2	Callie Armes	MCTC - Monte Cristo Track	12.50 (+0.0)	4(2)
3	Raelynn Emanuel	MCTC - Monte Cristo Track	12.83 (+0.0)	4(3)
4	Jolene Steunebrink	Royal City Athletics Club	12.88 (+0.0)	4(4)
5	Amanda Bowrin	OHOC - Hamilton Olympic	12.93 (+0.0)	4(5)
6	Ava DuChene	UWTC - Waterloo Track Clu	12.95 (+1.4)	3(1)
7	Olivia Bower	Royal City Athletics Club	12.96 (+1.4)	3(2)
8	Isla Cristiano	MCTC - Monte Cristo Track	13.03 (+1.4)	3(3)
9	Avery Andersson	Laurel Creek T.f.c	13.06 (+1.4)	3(4)
10	Brielle Fernandez	UWTC - Waterloo Track Clu	13.10 (+0.0)	4(6)
11	Kaylee Ateyib	Laurel Creek T.f.c	13.27 (+0.0)	4(7)
12	Cassandra Janicas	MCTC - Monte Cristo Track	13.33 (+1.4)	3(5)
13	Claire Green Kopeck	MCTC - Monte Cristo Track	13.35 (+1.4)	3(6)
14	Grace Tra Lou	OHOC - Hamilton Olympic	13.49 (+1.4)	3(7)
15	Frida Jones	UTTC - University of Toront	13.55 (+2.4)	2(1)
16	Michaela Ivanova	Laurel Creek T.f.c	13.60 (+2.4)	2(2)
17	Ciara Underhill	Royal City Athletics Club	13.72 (+2.4)	2(3)
18	Isabella Placidi	OHOC - Hamilton Olympic	13.82 (+2.4)	2(4)
19	Carling Ruddell	BRNT - Brantford T.F.C.	13.83 (+1.4)	3(8)
20	Olivia Lucchetti	Laurel Creek T.f.c	13.88 (+2.4)	2(5)
21	Celia Nguekam	Athletics Niagara	14.49 (+2.6)	1(1)
22	Maya Kenny	310 Running	14.56 (+2.4)	2(6)
23	Sofia Hiss-Vargas	BURL - Burlington Track &	14.77 (+2.6)	1(2)
24	Janet Garfi	Laurel Creek T.f.c	14.79 (+2.4)	2(7)
25	Renata Macherzynska	UTTC - University of Toront	14.95 (+2.4)	2(8)
26	Danielle Connell	Stac Hamilton	14.96 (+2.6)	1(3)

#1 Men's 100 Meters (Open)

Finals

Pl	Name	Team	Time	H(Pl)
1	Niall Moore	Royal City Athletics Club	10.82 (+2.1)	6(1)
2	Logan Spicer	Royal City Athletics Club	10.82 (+2.1)	6(2)
3	Saad Ashraf	Athletics Niagara	11.07 (+2.1)	6(3)
4	Greyson Smiarowski	OHOC - Hamilton Olympic	11.13 (+2.1)	6(4)
5	Chase Allen	WLEG - Windsor Legion T.	11.17 (+2.1)	5(1)
6	Miles Gulas	Laurel Creek T.f.c	11.22 (+2.1)	6(5)
7	Charles Smith	UNON - Unattached Ontari	11.23 (+2.1)	6(6)
8	Omar Chaaban	Palestine	11.26 (+2.1)	6(7)
9	Jason Friesen	UNON - Unattached Ontari	11.33 (+2.1)	5(2)

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RESULTS**#1 Men's 100 Meters (Open) (cont'd)****Finals**

Pl	Name	Team	Time	H(Pl)
10	Kaiden Turner	Royal City Track & Field Cl	11.33 (+2.1)	5(3)
11	Vincenzo De Simone	MCTC - Monte Cristo Track	11.36 (+2.1)	5(4)
12	Obinna Enyinniah	OHOC - Hamilton Olympic	11.50 (+2.1)	5(5)
13	Ayo Akinkuolie	Stac Hamilton	11.51 (+2.1)	5(6)
14	Boris Davidovic	UTTC - University of Toront	11.57 (+2.1)	5(7)
15	Henry Anigbogu	Laurel Creek T.f.c	11.69 (+2.1)	5(8)
16	Kosta Nikolic	Laurel Creek T.f.c	11.78 (+1.5)	4(1)
17	Chris Mote	UNON - Unattached Ontari	11.80 (+1.5)	4(2)
18	Norrin Som	Stac Hamilton	11.82 (+1.5)	4(3)
19	Preston Sexton-Jones	WLEG - Windsor Legion T.	11.89 (+1.6)	3(1)
19	Laughter Fawehinmi	WLEG - Windsor Legion T.	11.89 (+1.5)	4(4)
21	Ahmed Hamour	Athletics Niagara	11.92 (+1.5)	4(5)
22	Grant Allen	OHOC - Hamilton Olympic	11.95 (+1.6)	3(2)
23	Enzo Hu	Royal City Athletics Club	12.03 (+1.5)	4(6)
24	Rohn Cowan	Woodstock Legion Athletic	12.13 (+1.5)	4(7)
25	Fodé Saïdou Doumbouya	UWTC - Waterloo Track Clu	12.14 (+1.6)	3(3)
26	Stephen Scragg	UTTC - University of Toront	12.24 (+1.6)	3(4)
27	Mencius Hicks	UTTC - University of Toront	12.28 (+1.6)	3(5)
28	Jacob Burt	Laurel Creek T.f.c	12.30 (+1.6)	3(6)
29	Christopher Wagner	UWTC - Waterloo Track Clu	12.40 (+1.6)	3(7)
30	Declan Lisk	Laurel Creek T.f.c	12.53 (+2.2)	2(1)
31	Juan Ignacio Senisterra	UNON - Unattached Ontari	12.64 (+2.2)	2(2)
32	Omar Ghazi	BURL - Burlington Track &	12.83 (+2.2)	2(3)
33	Jelani Diseko	Flying Angels	14.21 (+2.1)	6(8)
34	Drit Zhubi	OHOC - Hamilton Olympic	14.25 (+2.2)	2(4)
35	Mohammad Taha Farooqui	Unattached	14.42 (+2.2)	2(5)

#32 Men's 800 Meters (Wheelchair)

Pl	Name	Team	Time
1	Isaiah Christophe	UNON - Unattached Ontari	1:42.03

#8 Women's 800 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Jade Boisvert	Athletics Niagara	2:14.75	2(1)
2	Sabine Cornell	OSSD - South Simcoe Duff	2:15.83	2(2)
3	Mackenzie Gallagher	ETOB - Etobicoke Huskies-	2:18.08	2(3)
4	Kara Tichbourne	HARB - Harbour Track - Ha	2:20.83	2(4)
5	Danuta Carvalho	UTTC - University of Toront	2:24.19	2(5)
6	Keala Pickard	Sarnia Athletics Southwest	2:24.87	2(6)
7	Ella Farlow	Athletics Niagara	2:25.67	1(1)
8	Alexandra Smith	TOWA - Toronto West Athle	2:25.84	2(7)
9	Megan Klapwyk	Laurel Creek T.f.c	2:25.91	1(2)
10	Sophia Perri	TETC - Thorold Elite Track	2:28.98	2(8)
11	Alana Michalski	Laurel Creek T.f.c	2:29.63	1(3)
12	Scarlett Chang	UTTC - University of Toront	2:30.15	2(9)

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RESULTS**#8 Women's 800 Meters (Open) (cont'd)**

Pl	Name	Team	Time	H(Pl)
13	Sophie Dobbin	OHOC - Hamilton Olympic	2:30.92	2(10)
14	Harper Sieders	Sarnia Athletics Southwest	2:32.99	1(4)
15	Ava Luong	TOWA - Toronto West Athle	2:36.37	1(5)
16	Hannah Klapwyk	Laurel Creek T.f.c	2:47.96	1(6)
17	Sana Ramay	Newmarket Huskies Track	2:56.42	1(7)
18	Catherine Weber	UTTC - University of Toront	3:06.97	1(8)

#7 Men's 800 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Dakota Goguen	Newmarket Huskies Track	1:56.39	3(1)
2	Mario Galbraith	Kinplus	1:58.18	3(2)
3	Joshua Thomas Boston	Newmarket Huskies Track	1:59.25	3(3)
4	Dilan Brar	UTTC - University of Toront	1:59.58	3(4)
5	Noel Huinink	PACK - PACK Running Clu	1:59.83	3(5)
6	Benjamin Casey	OHOC - Hamilton Olympic	2:00.27	3(6)
7	Alexander Megas	HARB - Harbour Track - Ha	2:00.54	3(7)
8	Aris Motrea	BRNT - Brantford T.F.C.	2:01.12	3(8)
9	Skylar Grossi	Newmarket Huskies Track	2:01.16	3(9)
10	Lawrence Xie	UNON - Unattached Ontari	2:02.35	3(10)
11	Jordan Miller	Extreme Velocity Track Clu	2:06.14	2(1)
12	Paxton Burnie	Sarnia Athletics Southwest	2:06.50	3(11)
13	Tyler O'Connor	Newmarket Huskies Track	2:06.59	2(2)
14	Declan Adams	Unattached	2:06.61	2(3)
15	Fred Sun	UWTC - Waterloo Track Clu	2:08.47	2(4)
16	Adam Gagliardi	BRNT - Brantford T.F.C.	2:09.92	2(5)
17	Grier Repchull	EDGE - Edge Sport Track	2:10.67	2(6)
18	Daniel Parekunnel	OHOC - Hamilton Olympic	2:10.92	2(7)
19	Evan Closson	Newmarket Huskies Track	2:14.43	2(8)
20	Zackary Douma	Laurel Creek T.f.c	2:17.40	1(1)
21	Rhys Gupta	OHOC - Hamilton Olympic	2:25.11	1(2)
22	Carter Chrysler	OHOC - Hamilton Olympic	2:31.85	1(3)
23	Connor Rodgers	Newmarket Huskies Track	2:33.06	1(4)
24	Brock Wood	EDGE - Edge Sport Track	2:39.66	1(5)
25	Mohammad Taha Farooqui	Unattached	3:01.02	1(6)

#4 Women's 200 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Callie Armes	MCTC - Monte Cristo Track	25.36 (+0.4)	6(1)
2	Brooklyn Seiling	Laurel Creek T.f.c	25.71 (+0.4)	6(2)
3	Jolene Steunebrink	Royal City Athletics Club	25.94 (+0.4)	6(3)
4	Cali Marles	WLEG - Windsor Legion T.	26.07 (+0.4)	6(4)
5	Taylor Ambeau	Laurel Creek T.f.c	26.23 (+0.4)	6(5)
6	Raelynn Emanuel	MCTC - Monte Cristo Track	26.55 (+0.9)	5(1)
7	Amanda Bowrin	OHOC - Hamilton Olympic	26.68 (+1.4)	4(1)
8	Olivia Bower	Royal City Athletics Club	26.72 (+0.4)	6(6)
9	Jenna Odriscoll	Royal City Athletics Club	26.73 (+0.4)	6(7)

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#4 Women's 200 Meters (Open) (cont'd)

Pl	Name	Team	Time	H(Pl)
10	Franchise Bendje	OHOC - Hamilton Olympic	27.04 (+0.9)	5(2)
11	Kaylee Ateyib	Laurel Creek T.f.c	27.06 (+0.9)	5(3)
12	Hayley Smith	Laurel Creek T.f.c	27.08 (+1.4)	4(2)
13	Isabel Yeboah	MCTC - Monte Cristo Track	27.09 (+0.4)	6(8)
14	Isla Cristiano	MCTC - Monte Cristo Track	27.27 (+0.3)	1(1)
15	Mya Bart	WLEG - Windsor Legion T.	27.41 (+0.9)	5(4)
16	Catrina Kudo	Royal City Athletics Club	27.44 (+0.9)	5(5)
17	Aiyanna Toby-Erwig	TETC - Thorold Elite Track	27.51 (+0.9)	5(6)
18	Ava DuChene	UWTC - Waterloo Track Clu	27.57 (+0.9)	5(7)
19	Nadia Milani	Royal City Athletics Club	27.92 (+1.4)	4(3)
20	Elise Jantzi	Laurel Creek T.f.c	28.08 (+1.4)	4(4)
21	Cassandra Janicas	MCTC - Monte Cristo Track	28.44 (+0.3)	1(2)
22	Naya Green	Unattached	28.49 (+0.3)	1(3)
23	Isabella Placidi	OHOC - Hamilton Olympic	28.58 (+0.2)	3(1)
24	Campbell Thompson	Laurel Creek T.f.c	28.91 (+0.2)	3(2)
25	Gabrielle Ajagunmo	OHOC - Hamilton Olympic	28.91 (+1.4)	4(5)
26	Olivia Lucchetti	Laurel Creek T.f.c	28.97 (+0.2)	3(3)
27	Caryss Durnan	Laurel Creek T.f.c	29.06 (+0.2)	3(4)
28	Michaela Ivanova	Laurel Creek T.f.c	29.24 (+1.4)	4(6)
29	Grace Tra Lou	OHOC - Hamilton Olympic	29.34 (+0.2)	3(5)
30	Asrinah Hassanzadeh	Laurel Creek T.f.c	30.00 (+0.2)	3(6)
31	Maya Kenny	310 Running	30.33 (+1.4)	4(7)
32	Janet Garfi	Laurel Creek T.f.c	30.37 (+0.4)	2(1)
33	Jennifer Hutton	Laurel Creek T.f.c	31.84 (+0.4)	2(2)
34	Danielle Connell	Stac Hamilton	32.01 (+0.4)	2(3)

#3 Men's 200 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Logan Spicer	Royal City Athletics Club	22.26 (-0.3)	6(1)
2	Miles Gulas	Laurel Creek T.f.c	22.66 (-0.3)	6(2)
3	Cameron John-Dunslow	BOAC - BOOST Athletics C	22.70 (-0.3)	6(3)
4	Jaden Dunlop	TETC - Thorold Elite Track	22.82 (-0.3)	6(4)
5	Kaiden Turner	Royal City Track & Field Cl	23.03 (+0.7)	4(1)
6	Greyson Smiarowski	OHOC - Hamilton Olympic	23.08 (-0.3)	6(5)
7	Saad Ashraf	Athletics Niagara	23.14 (+0.7)	5(1)
8	Jason Friesen	UNON - Unattached Ontari	23.21 (+0.7)	4(2)
9	Ryan Basiaco	WLEG - Windsor Legion T.	23.31 (+0.7)	5(2)
10	Roger Jacobs	Laurel Creek T.f.c	23.36 (-0.3)	6(6)
11	Chase Allen	WLEG - Windsor Legion T.	23.38 (+0.7)	5(3)
12	Feranwa Ekpenyong	Laurel Creek T.f.c	23.57 (+0.7)	4(3)
13	Obinna Enyinniah	OHOC - Hamilton Olympic	23.60 (+0.9)	3(1)
14	Shane Ferth	UWTC - Waterloo Track Clu	23.76 (+0.7)	5(4)
15	Ayo Akinkuolie	Stac Hamilton	23.77 (+0.7)	5(5)
16	Adam Dampier	UNON - Unattached Ontari	23.86 (+0.9)	3(2)
17	Kosta Nikolic	Laurel Creek T.f.c	23.98 (+0.7)	4(4)
18	Henry Anigbogu	Laurel Creek T.f.c	23.99 (+0.9)	3(3)

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RESULTS**#3 Men's 200 Meters (Open) (cont'd)**

Pl	Name	Team	Time	H(Pl)
19	Preston Sexton-Jones	WLEG - Windsor Legion T.	24.11 (+0.7)	5(6)
20	Norrin Som	Stac Hamilton	24.26 (+0.7)	4(5)
21	Chris Mote	UNON - Unattached Ontari	24.49 (+0.9)	3(4)
22	Ahmed Hamour	Athletics Niagara	24.50 (+0.9)	2(1)
23	Grant Allen	OHOC - Hamilton Olympic	24.57 (+0.9)	3(5)
24	Alex Whyte	WLEG - Windsor Legion T.	24.63 (+0.9)	3(6)
25	Daniel Nawej	OHOC - Hamilton Olympic	24.72 (+0.9)	3(7)
26	Struan Cua	Mississauga T.f.c.	24.88 (+0.7)	4(6)
27	Fodé Saïdou Doumbouya	UWTC - Waterloo Track Clu	25.13 (+0.9)	2(2)
28	Jacob Burt	Laurel Creek T.f.c	25.37 (+0.9)	2(3)
29	Michael Ugwu	Unattached	25.87 (+1.4)	1(1)
30	Juan Ignacio Senisterra	UNON - Unattached Ontari	26.03 (+0.9)	2(4)
31	Christopher Wagner	UWTC - Waterloo Track Clu	26.31 (+0.9)	2(5)
32	Ryan Nguekam	Athletics Niagara	26.70 (+1.4)	1(2)
33	Rohan Hadfield	unattached	27.07 (+0.9)	2(6)
34	Jayden Grein	WLEG - Windsor Legion T.	29.02 (+1.4)	1(3)
35	Drit Zhubi	OHOC - Hamilton Olympic	29.88 (+1.4)	1(4)
36	Peichen Hu	Individual	30.96 (+1.4)	1(5)
	Omar Chaaban	Palestine	DNF	6
	Isaiah Slegtenhorst	MCTC - Monte Cristo Track	DQ	5

#10 Women's 1500 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Ana Morariu	HARB - Harbour Track - Ha	4:22.72	3(1)
2	Eleanor Voykin	BDAC - Blue Devils Athletic	4:26.27	3(2)
3	Juliana Hendrikx	UNON - Unattached Ontari	4:35.24	3(3)
4	Jenna Schulz	LWTF - London Western T.	4:36.19	3(4)
5	Sandra Guga	Monarch Athletics Club	4:38.19	3(5)
6	Sian Kniaziew	SWRC - StrideWise Runnin	4:39.32	3(6)
7	Maeve Pestonji	Royal City Athletics Club	4:41.85	3(7)
8	Alexandra Mills	BDWK - Boardwalk RC	4:41.87	3(8)
9	Jessica Yemen	HARB - Harbour Track - Ha	4:42.14	2(1)
10	Kayla Overholt	HARB - Harbour Track - Ha	4:43.65	3(9)
11	Kaitlin Campagna	HARB - Harbour Track - Ha	4:44.82	2(2)
12	Daria Klufas	TOWA - Toronto West Athle	4:46.08	2(3)
13	Brianna Lovshin	OTOC - Toronto Olympic Tr	4:46.97	2(4)
14	Erika Gordon	OHOC - Hamilton Olympic	4:47.90	3(10)
15	Madison McDermott	UTTC - University of Toront	4:49.04	3(11)
16	Eden Hildebrand	Monarch Athletics Club	4:50.78	2(5)
17	Hannah Johnson	UNON - Unattached Ontari	4:54.91	2(6)
18	Allison Soler	UNON - Unattached Ontari	4:56.18	2(7)
19	Grace Wheeler	SAUG - Saugeen Track & F	4:56.54	2(8)
20	Chloe Dilalla	HARB - Harbour Track - Ha	4:56.65	2(9)
21	Aleida Nelson	UNON - Unattached Ontari	5:02.65	2(10)
22	Abiella Pribyl	OHOC - Hamilton Olympic	5:05.83	2(11)
23	Alyssa Bodner	Athletics Niagara	5:07.10	2(12)

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RESULTS**#10 Women's 1500 Meters (Open) (cont'd)**

Pl	Name	Team	Time	H(Pl)
24	Maria Sanchez	HARB - Harbour Track - Ha	5:08.62	2(13)
25	Jolanta Clark	Kinplus	5:12.18	1(1)
26	Julia Gupta	OHOC - Hamilton Olympic	5:12.31	2(14)
27	Joelle McChesney	OHOC - Hamilton Olympic	5:12.34	1(2)
28	Molly Taylor	OHOC - Hamilton Olympic	5:13.05	1(3)
29	Abbey Davis	UWTC - Waterloo Track Clu	5:15.02	1(4)
30	Talia Simic-Lustig	UTTC - University of Toront	5:17.13	1(5)
31	Karen Castillo	OHOC - Hamilton Olympic	5:17.97	1(6)
32	Thea Quinn	EDGE - Edge Sport Track	5:20.22	1(7)
33	Annalia Moran	NOCO - Niagara Olympic C	5:31.91	1(8)
34	Grace Channell	Newmarket Huskies Track	5:35.98	1(9)
35	Dominika Kolodenko	Mississauga T.f.c.	5:37.71	1(10)
	Mackenzie Gallagher	ETOB - Etobicoke Huskies-	DNF	2

#9 Men's 1500 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	Samuel Patrick	HARB - Harbour Track - Ha	3:44.89	4(1)
2	Brody Clark	EDGE - Edge Sport Track	3:45.63	4(2)
3	Rohan Nowbotsing	UTTC - University of Toront	3:46.38	4(3)
4	Charlie Shaw	Royal City Athletics Club	3:48.18	4(4)
5	Dan McSolla	Battle Road Track Club	3:48.48	4(5)
6	Matt Markson	Monarch Athletics Club	3:48.49	4(6)
7	William Scharf	UTTC - University of Toront	3:50.14	4(7)
8	Abdullahi Abdullahi	BDAC - Blue Devils Athletic	3:51.27	4(8)
9	Tristan Bouius	SAUG - Saugeen Track & F	3:51.42	4(9)
10	Giancarlo Farruggia	HARB - Harbour Track - Ha	3:51.71	4(10)
11	Porter Lakhanpal	HARB - Harbour Track - Ha	3:52.94	4(11)
12	Cameron Bennett	TOWA - Toronto West Athle	3:54.78	4(12)
13	Robert McCann	UNON - Unattached Ontari	3:55.20	4(13)
14	Eric Campbell	Royal City Athletics Club	3:56.21	4(14)
15	Kade Campbell	SWRC - StrideWise Runnin	3:58.18	3(1)
16	Keon Wallingford	TNOR - Track North Athleti	4:00.09	3(2)
17	Xavier Bird	UTTC - University of Toront	4:00.54	3(3)
18	Justin Graenert	Newmarket Huskies Track	4:01.07	3(4)
19	Garrett Wager	TGAC - Top G Athletic Club	4:01.71	3(5)
20	James Wheeler	SAUG - Saugeen Track & F	4:02.05	3(6)
21	Eitan Garfin-Udaskin	UTTC - University of Toront	4:02.10	3(7)
22	Dawson Rekker	HARB - Harbour Track - Ha	4:04.23	3(8)
23	Josh Aagaard	Laurel Creek T.f.c	4:07.74	2(1)
24	Benjamin Keller	HARB - Harbour Track - Ha	4:07.96	3(9)
25	Freddie Parr	UTTC - University of Toront	4:09.36	2(2)
26	Christian Jarosz	PACK - PACK Running Clu	4:09.92	2(3)
27	Aidan Whelan	UTTC - University of Toront	4:10.28	2(4)
28	Andrew Hicks	UTTC - University of Toront	4:10.54	2(5)
29	Sam Simpson	UTTC - University of Toront	4:10.79	2(6)
30	Saurang Puthenkulangara	UTTC - University of Toront	4:10.99	2(7)

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RESULTS**#9 Men's 1500 Meters (Open) (cont'd)**

Pl	Name	Team	Time	H(Pl)
31	Connor Hickling	UWTC - Waterloo Track Clu	4:11.26	2(8)
32	Jackson McIntosh	EDGE - Edge Sport Track	4:11.75	2(9)
33	Logan Klomps	UNON - Unattached Ontari	4:12.19	2(10)
34	Thaddeus Wodchis	Unattached	4:12.47	2(11)
35	Damon Deng	UTTC - University of Toront	4:14.87	2(12)
36	Yulai Duan	UWTC - Waterloo Track Clu	4:16.84	1(1)
37	Adrian Lofaso	Laurel Creek T.f.c	4:18.62	1(2)
38	Jackson Barker	DURA - Durham Dragons A	4:18.95	1(3)
39	Jean-Paul Violante	Newmarket Huskies Track	4:19.61	1(4)
40	Fintan Sharpe	UWTC - Waterloo Track Clu	4:20.64	1(5)
41	Ethan Ryall	Kinplus	4:20.67	1(6)
42	Jack Metcalf	Sarnia Athletics Southwest	4:38.62	1(7)
43	Leo Birot	BURL - Burlington Track &	4:54.50	1(8)
	Ryan Johnson	LWTF - London Western T.	DNF	2

#12 Women's 3000 Meters (Open)

Pl	Name	Team	Time
1	Erin Mawhinney	HARB - Harbour Track - Ha	9:36.50
2	Clara Fava	OHOC - Hamilton Olympic	9:57.43
3	Lauren Macsai	Kinplus	10:05.17
4	Maya Parkin	HARB - Harbour Track - Ha	10:22.15
5	Cori Macsai	Kinplus	10:31.91
6	Zaira Chaudhry	BDWK - Boardwalk RC	10:32.95
7	Charlotte Clinton	UNON - Unattached Ontari	10:36.91
8	Sydney Ray	EDGE - Edge Sport Track	10:40.89
9	Laura Peters	TOWA - Toronto West Athle	10:44.68
10	Mazie Quinn	EDGE - Edge Sport Track	10:45.32
11	Arleigh Waters	Laurel Creek T.f.c	10:45.92
12	Sarah Edwards	Laurel Creek T.f.c	11:09.09
13	Helena Lindley	EDGE - Edge Sport Track	11:36.52
14	Stephanie Anselm	TOWA - Toronto West Athle	12:50.70
	Sarah Watson	XTFC - StFX TRACK AND	DNF

#11 Men's 3000 Meters (Open)

Pl	Name	Team	Time	H(Pl)
1	William Weist	HARB - Harbour Track - Ha	8:13.80	3(1)
2	Joey Stel	Newmarket Huskies Track	8:19.58	3(2)
3	Austin McGoey	HARB - Harbour Track - Ha	8:24.56	3(3)
4	Connor Black	UNON - Unattached Ontari	8:27.14	3(4)
5	Andreas Pardalis	SWRC - StrideWise Runnin	8:30.01	3(5)
6	Satveer Gill	LWTF - London Western T.	8:31.62	3(6)
7	Oliver Crowe	EDGE - Edge Sport Track	8:37.05	3(7)
8	Luke Feltham	UNON - Unattached Ontari	8:38.22	3(8)
9	Vincent Lam	UNON - Unattached Ontari	8:39.83	3(9)
10	Brent Smalley	Newmarket Huskies Track	8:44.39	3(10)
11	Noah Patterson	BDAC - Blue Devils Athletic	8:45.95	3(11)

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#11 Men's 3000 Meters (Open) (cont'd)

Pl	Name	Team	Time	H(Pl)
12	Kirk Hallman	LWTF - London Western T.	8:48.50	3(12)
13	Grayson Butler	Newmarket Huskies Track	8:53.99	2(1)
14	Charlie Mills	BDAC - Blue Devils Athletic	8:55.35	3(13)
15	Nathan Paul	Laurel Creek T.f.c	8:58.97	2(2)
16	Christian Lebar	TOWA - Toronto West Athle	9:00.04	2(3)
17	Owen Anselm	TOWA - Toronto West Athle	9:00.16	2(4)
18	Saurang Puthenkulangara	UTTC - University of Toront	9:09.55	2(5)
19	Gavin Stafford	BRNT - Brantford T.F.C.	9:12.47	2(6)
20	Matias Tessel	UNON - Unattached Ontari	9:14.85	2(7)
21	Gavin Mathieson	OHOC - Hamilton Olympic	9:15.21	2(8)
22	Declan Adams	Unattached	9:23.26	1(1)
23	Marco Volpi	Newmarket Huskies Track	9:24.09	2(9)
24	Ryan Ward	Newmarket Huskies Track	9:26.48	2(10)
25	Jack Heintz	Unattached	9:29.84	2(11)
26	Ryan Ladouceur	Sarnia Athletics Southwest	9:36.39	1(2)
27	Denver Packalen	Unattached	9:39.66	1(3)
28	Fawwaz Khan	TOWA - Toronto West Athle	9:41.13	2(12)
29	Evan Christian	Unattached	9:58.56	1(4)
30	Bart Podhorski	Mohawk College	10:06.88	1(5)
31	Will Summers	Mohawk College	10:10.78	1(6)
32	Simon Rayner	UTTC - University of Toront	10:18.79	1(7)
33	Fred Sun	UWTC - Waterloo Track Clu	10:28.33	1(8)
34	Jacob Chu	BURL - Burlington Track &	10:42.13	1(9)
35	Reid Francis	BRNT - Brantford T.F.C.	11:14.15	1(10)
	Chenglin Shi	UWTC - Waterloo Track Clu	DNF	1
	Graham Tomori	EDGE - Edge Sport Track	DNF	3