

HAMILTON CANADA DAY TWILIGHT

Hamilton, ON
McMaster University
July 1, 2025



OFFICIAL MEET REPORT
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RESULTS

#2 Women's 100 Meters

Finals

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Paula Suchowiecka	UNON - Unattached Ontari	12.09	(+1.8)	4(1)	10
2	Grace Slywka	OHOC - Hamilton Olympic	12.46	(+1.8)	4(2)	8
3	Gracy Smith	RCAO - Royal City Athletics	12.59	(+1.8)	4(3)	6
4	Amanda Bowrin	OHOC - Hamilton Olympic	12.66	12.652 (+1.8)	4(4)	5
5	Silken Torrie	UNON - Unattached Ontari	12.66	12.660 (+1.8)	4(5)	4
6	Sophia Fontenelle	MOCA - Motown Athletics C	12.78	(+1.8)	4(6)	3
7	Neve Rye	RCAO - Royal City Athletics	12.89	(+1.8)	4(7)	2
8	Chiagozie Robert-Maduekwe	UNON - Unattached Ontari	13.03	(+0.8)	3(1)	1
9	Ava Costa	Laurel Creek T.f.c	13.06	(+1.8)	4(8)	
10	Avery Andersson	Laurel Creek T.f.c	13.09	(+0.8)	3(2)	
11	Franchez Bendji	OHOC - Hamilton Olympic	13.12	(+1.5)	2(1)	
12	Ella Di Mola	UNON - Unattached Ontari	13.15	(+0.8)	3(3)	
13	Danielle Charters	OHOC - Hamilton Olympic	13.18	(+0.8)	3(4)	
14	Joanna Hui	JMAC - JAMCAN Internatio	13.32	(+0.8)	3(5)	
15	Alex Mohart	OHOC - Hamilton Olympic	13.41	(+0.8)	3(6)	
16	Tunmise Sowunmi	OHOC - Hamilton Olympic	13.44	(+0.8)	3(7)	
17	Chloe Owatta	OHOC - Hamilton Olympic	13.47	(+1.5)	2(2)	
18	Grace Tra Lou	OHOC - Hamilton Olympic	13.49	(+1.5)	2(3)	
19	Mariah Schmidt	Laurel Creek T.f.c	13.55	(+1.5)	2(4)	
20	Olivia McDonald	UNON - Unattached Ontari	13.58	(+1.5)	2(5)	
21	Julia Chabot	Laurel Creek T.f.c	13.68	(+1.6)	1(1)	
22	Paige Taylor	LWTF - London Western T.	13.74	(+1.5)	2(6)	
23	Aida Peighambari	Unattached	13.75	(+1.6)	1(2)	
24	Lilliana Desilva	Laurel Creek T.f.c	13.81	(+1.5)	2(7)	
25	Claudia Folkens	OHOC - Hamilton Olympic	14.08	(+1.5)	2(8)	

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	Paula Suchowiecka	UNON - Unattached Ontari	12.06q	(+1.5)	4(1)
2	Grace Slywka	OHOC - Hamilton Olympic	12.55q	(+1.5)	4(2)
3	Gracy Smith	RCAO - Royal City Athletics	12.68q	(+1.5)	4(3)
4	Sophia Fontenelle	MOCA - Motown Athletics C	12.80q	(+1.5)	4(4)
5	Silken Torrie	UNON - Unattached Ontari	12.82q	(+1.5)	4(5)
6	Amanda Bowrin	OHOC - Hamilton Olympic	12.88q	(-1.1)	3(1)
7	Ava Costa	Laurel Creek T.f.c	13.04q	(+1.5)	4(6)
8	Neve Rye	RCAO - Royal City Athletics	13.10q	(-1.1)	3(2)
9	Joanna Hui	JMAC - JAMCAN Internatio	13.13q	(+1.5)	4(7)
10	Avery Andersson	Laurel Creek T.f.c	13.17q	(-1.1)	3(3)
11	Chiagozie Robert-Maduekwe	UNON - Unattached Ontari	13.23q	(+1.5)	4(8)
12	Danielle Charters	OHOC - Hamilton Olympic	13.28q	(-1.1)	3(4)
13	Ella Di Mola	UNON - Unattached Ontari	13.29q	(-0.6)	1(1)
14	Susan Merlau	Laurel Creek T.f.c	13.32q	(-0.5)	2(1)
15	Alex Mohart	OHOC - Hamilton Olympic	13.43q	(-0.6)	1(2)
16	Tunmise Sowunmi	OHOC - Hamilton Olympic	13.45q	(-0.5)	2(2)
17	Grace Tra Lou	OHOC - Hamilton Olympic	13.54q	(-1.1)	3(5)

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#2 Women's 100 Meters (cont'd)

Prelims

Pl	Name	Team	Time	Note	H(Pl)
18	Franchez Bendji	OHOC - Hamilton Olympic	13.55q	(-1.1)	3(6)
19	Olivia McDonald	UNON - Unattached Ontari	13.57q	(-0.5)	2(3)
20	Mariah Schmidt	Laurel Creek T.f.c	13.59q 13.584	(-0.5)	2(4)
21	Chloe Owatta	OHOC - Hamilton Olympic	13.59q 13.588	(-1.1)	3(7)
22	Paige Taylor	LWTF - London Western T.	13.68q	(-0.5)	2(5)
23	Lilliana Desilva	Laurel Creek T.f.c	13.70q	(-0.5)	2(6)
24	Claudia Folkens	OHOC - Hamilton Olympic	13.95q	(-0.5)	2(7)
25	Julia Chabot	Laurel Creek T.f.c	14.02q	(-1.1)	3(8)
26	Aida Peighambari	Unattached	14.27q	(-0.6)	1(3)
27	Ann-Maria Duarte	UNON - Unattached Ontari	15.53q	(-0.5)	2(8)

#4 Women's 200 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Callie Armes	Monte Cristo Track Club	25.32	(+1.5)	5(1)	10
2	Jolene Steunebrink	RCAO - Royal City Athletics	25.85	(+1.2)	4(1)	8
3	Gracy Smith	RCAO - Royal City Athletics	26.11	(+1.5)	5(2)	6
4	Sophia Fontenelle	MOCA - Motown Athletics C	26.15	(+1.5)	5(3)	5
5	Penelope Dodds	Monte Cristo Track Club	26.34	(+1.2)	4(2)	4
6	Grace Slywka	OHOC - Hamilton Olympic	26.48 26.475	(+1.5)	5(4)	3
7	Silken Torrie	UNON - Unattached Ontari	26.48 26.478	(+1.2)	4(3)	2
8	Taylor Ambeau	Laurel Creek T.f.c	26.56	(+1.5)	5(5)	1
9	Amanda Bowrin	OHOC - Hamilton Olympic	26.60	(+1.2)	4(4)	
10	Sofia Carnelos	OHOC - Hamilton Olympic	26.78	(+1.2)	4(5)	
11	Ava Costa	Laurel Creek T.f.c	26.86	(+1.5)	5(6)	
12	Avery Andersson	Laurel Creek T.f.c	27.18	(+1.5)	3(1)	
13	Aiyanna Toby-Erwig	TETC - Thorold Elite Track	27.20 27.197	(+1.5)	3(2)	
13	Renée Adrien	Laurel Creek T.f.c	27.20 27.197	(+1.2)	4(6)	
15	Veronica Baier	Monte Cristo Track Club	27.35	(+1.2)	4(7)	
16	Chloe Owatta	OHOC - Hamilton Olympic	27.36	(+1.5)	3(3)	
17	Chiagozie Robert-Maduekwe	UNON - Unattached Ontari	27.37	(+1.5)	5(7)	
18	Ella Di Mola	UNON - Unattached Ontari	27.48	(+0.8)	1(1)	
19	Nadia Milani	RCAO - Royal City Athletics	27.60	(+1.5)	3(4)	
20	Gabrielle Ajagunmo	OHOC - Hamilton Olympic	27.90	(+0.8)	1(2)	
21	Olivia McDonald	UNON - Unattached Ontari	27.91	(+1.5)	3(5)	
22	Tunmise Sowunmi	OHOC - Hamilton Olympic	28.00	(+1.5)	3(6)	
23	Mariah Schmidt	Laurel Creek T.f.c	28.40	(-0.2)	2(1)	
24	Julia Chabot	Laurel Creek T.f.c	28.49	(+1.5)	3(7)	
25	Campbell Thompson	Laurel Creek T.f.c	28.97	(-0.2)	2(2)	
26	Caryss Durnan	Laurel Creek T.f.c	29.02	(-0.2)	2(3)	
27	Olivia Lucchetti	Laurel Creek T.f.c	29.15	(-0.2)	2(4)	
28	Claudia Folkens	OHOC - Hamilton Olympic	29.30	(-0.2)	2(5)	
29	Grace Tra Lou	OHOC - Hamilton Olympic	29.33	(+1.5)	3(8)	
30	Maeve Thornrose	London western	29.69	(+1.5)	5(8)	
31	Madeline McDonald	UNON - Unattached Ontari	29.82	(+0.8)	1(3)	
32	Khloe Kulker	Laurel Creek T.f.c	30.06	(-0.2)	2(6)	

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#4 Women's 200 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)	Pts
33	Asrinah Hassanzadeh	Laurel Creek T.f.c	30.22	(-0.2)	2(7)	
34	Ann-Maria Duarte	UNON - Unattached Ontari	32.96	(+0.8)	1(4)	

#8 Women's 400 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Julie DeBoer	Laurel Creek T.f.c	56.87		4(1)	10
2	Kelis Daye	BRNT - Brantford T.F.C.	57.73		4(2)	8
3	Kelly Mantel	BRNT - Brantford T.F.C.	59.29	59.284	4(3)	6
4	Jolene Steunebrink	RCAO - Royal City Athletics	59.29	59.288	4(4)	5
5	Emma List	Monte Cristo Track Club	59.57		4(5)	4
6	Madeline Verbeek	WLEG - Windsor Legion T.	59.94		4(6)	3
7	Aiyanna Toby-Erwig	TETC - Thorold Elite Track	1:00.39		3(1)	2
8	Madeline Murchland	Mississauga T.f.c.	1:00.99		3(2)	1
9	Renée Adrien	Laurel Creek T.f.c	1:01.16		4(7)	
10	Taylor Ambeau	Laurel Creek T.f.c	1:01.28		4(8)	
11	Veronica Baier	Monte Cristo Track Club	1:01.64		3(3)	
12	Sofia Carnelos	OHOC - Hamilton Olympic	1:03.24		3(4)	
13	Sierra Speksnyder	OHOC - Hamilton Olympic	1:05.86		2(1)	
14	Frieda Claus	Laurel Creek T.f.c	1:06.29		2(2)	
15	Alex Mohart	OHOC - Hamilton Olympic	1:06.35		1(1)	
16	Franchise Bendji	OHOC - Hamilton Olympic	1:06.62		3(5)	
17	Ellie Needham-Robbins	OHOC - Hamilton Olympic	1:06.93		2(3)	
18	Aimee Ware	Newmarket Huskies Track	1:07.12		3(6)	
19	Olivia Lucchetti	Laurel Creek T.f.c	1:08.02		2(4)	
20	Caryss Durnan	Laurel Creek T.f.c	1:08.13		2(5)	
21	Campbell Thompson	Laurel Creek T.f.c	1:10.41		2(6)	
22	Kendalyn Piette	WLEG - Windsor Legion T.	1:10.81		2(7)	
23	Madeline McDonald	UNON - Unattached Ontari	1:12.12		2(8)	
24	Jennifer Hutton	Laurel Creek T.f.c	1:13.12		1(2)	
25	Laura Ferlisi	Newmarket Huskies Track	1:14.41		1(3)	

#10 Women's 800 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Anieu Chan 1:03.84	WLEG - Windsor Legion T.	2:09.37		5(1)	10
2	Ana Morariu 1:05.55	HARB - Harbour Track - Ha	2:11.06		5(2)	8
3	Emma Pegg 1:05.33	WLEG - Windsor Legion T.	2:12.76		5(3)	6
4	Julia Berube Boutin 1:05.92	MOAC - Monarch Athletics	2:13.81		5(4)	5
5	Micah Carswell 1:07.01	Unattached	2:13.88		5(5)	
6	Mackenzie Craig 1:05.36	Monte Cristo Track Club	2:13.89		5(6)	4
7	Rachel Glynn	MOAC - Monarch Athletics	2:14.85		5(7)	3

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#10 Women's 800 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)	Pts
	1:06.65					
8	Florina Keller	HARB - Harbour Track - Ha	2:15.06		5(8)	2
	1:06.76					
9	Elise Sawyer	Monte Cristo Track Club	2:17.19		4(1)	1
	1:06.49					
10	Kate Nagy	Newmarket Huskies Track	2:18.26		4(2)	
	1:07.82					
11	Jade Boisvert	ANIA - Athletics Niagara	2:18.30		4(3)	
	1:07.42					
12	Adele Kushner	TETC - Thorold Elite Track	2:18.82		4(4)	
	1:07.87					
13	Alexandra Smith	TOWA - Toronto West Athle	2:19.35		4(5)	
	1:07.65					
14	Ena Smailbegovic	MOAC - Monarch Athletics	2:19.95		3(1)	
	1:08.36					
15	Avery Parkes	BURL - Burlington Track &	2:20.09		3(2)	
	1:08.09					
16	Mazy McFarling	TOWA - Toronto West Athle	2:20.36		4(6)	
	1:08.65					
17	Lauren Closs	UTTC - University of Toront	2:20.52		5(9)	
	1:06.59					
18	Flavia Linares	TOWA - Toronto West Athle	2:21.07		4(7)	
	1:08.08					
19	Juliet Chieduch	Newmarket Huskies Track	2:21.22		4(8)	
	1:08.20					
20	Raina Bocchinfuso	ANIA - Athletics Niagara	2:21.39		3(3)	
	1:08.57					
21	Sarah White	MOAC - Monarch Athletics	2:22.61		4(9)	
	1:08.89					
22	Avery Norland	Sarnia Athletics Southwest	2:23.63		3(4)	
	1:09.92					
23	Kyla Norman	LWTF - London Western T.	2:24.47		3(5)	
	1:08.55					
24	Morgan Deklerk	OHOC - Hamilton Olympic	2:25.09		2(1)	
	1:12.39					
25	Riyaa Balakrishnan	TOWA - Toronto West Athle	2:25.20		2(2)	
	1:10.68					
26	Rosalind Thompson	Laurel Creek T.f.c	2:25.23		3(6)	
	1:09.17					
27	Alyssa Bodner	ANIA - Athletics Niagara	2:25.64		2(3)	
	1:12.21					
28	Chyi-Ruey Norris	Blue Devils Athletics Club	2:25.98		3(7)	
	1:10.07					
29	Sophie Dobbin	OHOC - Hamilton Olympic	2:26.35		2(4)	
	1:12.56					
30	Addison Paquette	BRNT - Brantford T.F.C.	2:27.15		2(5)	

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Pl	Name	Team	Time	Note	H(Pl)	Pts
	1:11.85					
31	Kelly Mantel	BRNT - Brantford T.F.C.	2:27.20		2(6)	
	1:11.80					
32	Isobel Fox	BURL - Burlington Track &	2:27.53		2(7)	
	1:11.92					
33	Joelle McChesney	OHOC - Hamilton Olympic	2:27.58		2(8)	
	1:13.14					
34	Bree Roche	Unattached	2:27.95		2(9)	
	1:12.59					
35	Molly Fairlie	WLEG - Windsor Legion T.	2:30.14		3(8)	
	1:10.78					
36	Alexandra Podstreleny	TOWA - Toronto West Athle	2:30.26		2(10)	
	1:13.52					
37	Scarlett Chang	UTTC - University of Toront	2:30.70		2(11)	
	1:12.76					
38	Anne Voss	Monte Cristo Track Club	2:31.18		4(10)	
	1:11.98					
39	Addyson Reidt	ETOB - Etobicoke Huskies-	2:32.67		4(11)	
	1:11.80					
40	Camryn Maxwell	WLEG - Windsor Legion T.	2:35.24		1(1)	
	1:12.25					
41	Ava Luong	TOWA - Toronto West Athle	2:36.74		2(12)	
	1:13.79					
42	Teagan Roberts	Laurel Creek T.f.c	2:37.30		1(2)	
	1:13.38					
43	Eveliina Gapakov	Laurel Creek T.f.c	2:38.07		1(3)	
	1:15.41					
44	Paige Taylor	LWTF - London Western T.	2:40.83		1(4)	
	1:16.59					
45	Maddie Tinline	Blue Devils Athletics Club	2:41.70		1(5)	
	1:17.53					
46	Stella O'Connor	WLEG - Windsor Legion T.	2:44.26		3(9)	
	1:11.53					
47	Ella de Souza	Laurel Creek T.f.c	2:45.36		1(6)	
	1:15.23					
48	Kaitlyn Kulker	Laurel Creek T.f.c	2:48.73		1(7)	
	1:18.42					
49	Harbind Kaur Gill	Unattached	3:28.03		1(8)	
	1:36.15					

#14 Women's 1500 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Hannah McIntyre	UNON - Unattached Ontari	4:30.92		8(1)	10
	53.33	1:14.21 (2:07.54)	1:14.56 (3:22.09)			
2	Anna Ptaszek	OHOC - Hamilton Olympic	4:31.18		8(2)	8
	53.86	1:13.49 (2:07.34)	1:13.70 (3:21.04)			

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Pl	Name			Team	Time	Note	H(Pl)	Pts
3	Ashley Maguire	52.62	1:14.38 (2:06.99)	WLEG - Windsor Legion T.	4:32.15		8(3)	6
				1:14.34 (3:21.33)				
4	Kaylee White	53.23	1:13.65 (2:06.87)	HARB - Harbour Track - Ha	4:36.10		8(4)	5
				1:14.98 (3:21.84)				
5	Maeve Pestonji	54.90	1:16.40 (2:11.30)	RCAO - Royal City Athletics	4:37.39		8(5)	4
				1:15.74 (3:27.04)				
6	Ella Jackson	52.96	1:14.30 (2:07.25)	DURA - Durham Dragons A	4:37.65		8(6)	3
				1:16.60 (3:23.84)				
7	Kara Tichbourne	53.59	1:14.83 (2:08.41)	HARB - Harbour Track - Ha	4:38.21		8(7)	2
				1:16.77 (3:25.18)				
8	Chantal Abbott	56.31	1:15.73 (2:12.03)	OSSD - South Simcoe Duff	4:39.06		7(1)	1
				1:16.43 (3:28.46)				
9	Lauren Macsai	56.08	1:15.69 (2:11.76)	Kinplus	4:40.19		7(2)	
				1:16.41 (3:28.17)				
10	Becca Brennan	53.03	1:13.77 (2:06.80)	MOAC - Monarch Athletics	4:40.45		8(8)	
				1:16.07 (3:22.86)				
11	Sawyer Nicholson	52.49	1:14.60 (2:07.09)	DURA - Durham Dragons A	4:40.68		8(9)	
				1:16.52 (3:23.60)				
12	Sydney Ray	55.81	1:15.52 (2:11.33)	EDGE - Edge Sport Track	4:41.39		7(3)	
				1:16.55 (3:27.87)				
13	Abbigail Silvera	56.54	1:16.38 (2:12.92)	Newmarket Huskies Track	4:42.66		7(4)	
				1:16.42 (3:29.33)				
14	Maya Parkin	56.29	1:15.99 (2:12.28)	HARB - Harbour Track - Ha	4:42.75		7(5)	
				1:16.21 (3:28.48)				
15	Leah Stapleton	54.59	1:16.57 (2:11.16)	DURA - Durham Dragons A	4:42.83		8(10)	
				1:16.72 (3:27.88)				
16	Selena Loaring	55.84	1:15.70 (2:11.53)	RCAO - Royal City Athletics	4:42.89		7(6)	
				1:16.85 (3:28.38)				
17	Ava Moric	52.79	1:15.11 (2:07.90)	SAUG - Saugeen Track & F	4:42.93		8(11)	
				1:18.50 (3:26.40)				
18	Kaitlyn Koyanagi	56.39	1:16.29 (2:12.67)	UNON - Unattached Ontari	4:43.05		7(7)	
				1:16.89 (3:29.55)				
19	Juliana Hendrixx	54.38	1:17.10 (2:11.48)	UNON - Unattached Ontari	4:43.38		8(12)	
				1:17.22 (3:28.70)				
20	Mikayla Battams	55.65	1:15.57 (2:11.22)	Newmarket Huskies Track	4:43.77		7(8)	
				1:17.38 (3:28.59)				
21	Erika Gordon	55.97	1:17.38 (2:13.35)	OHOC - Hamilton Olympic	4:44.09		7(9)	
				1:16.54 (3:29.88)				
22	Kylie Stapor	55.59	1:17.24 (2:12.83)	DURA - Durham Dragons A	4:44.68		7(10)	
				1:17.20 (3:30.02)				
23	Addy Rudling	55.67	1:15.61 (2:11.27)	WLEG - Windsor Legion T.	4:46.74		7(11)	
				1:16.67 (3:27.94)				
24	Kayla Overholt	56.05	1:15.95 (2:11.99)	HARB - Harbour Track - Ha	4:46.84		7(12)	
				1:16.91 (3:28.89)				
25	Madison McDermott	56.55	1:15.09 (2:11.64)	UTTC - University of Toront	4:47.11		7(13)	
				1:17.57 (3:29.20)				

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26	Mazie Quinn	56.72 1:17.71 (2:14.42)	EDGE - Edge Sport Track	4:47.49		6(1)	
			1:19.57 (3:33.99)				
27	Hannah Johnson	57.64 1:18.41 (2:16.04)	Unattached	4:49.34		6(2)	
			1:19.62 (3:35.66)				
28	Bridget Malcolm	56.88 1:18.36 (2:15.24)	Newmarket Huskies Track	4:50.28		6(3)	
			1:19.18 (3:34.42)				
29	Grace Malcolm	56.97 1:18.03 (2:14.99)	Newmarket Huskies Track	4:50.31		6(4)	
			1:18.76 (3:33.75)				
30	Cori Macsai	57.56 1:18.07 (2:15.63)	Unattached	4:50.46		6(5)	
			1:19.42 (3:35.04)				
31	Hailee Masse	56.48 1:16.78 (2:13.26)	Kinplus	4:50.82		6(6)	
			1:19.53 (3:32.78)				
32	Abigail Kinch	57.66 1:18.99 (2:16.64)	Newmarket Huskies Track	4:51.27		4(1)	
			1:16.61 (3:33.25)				
33	Kaitlin Campagna	58.48 1:19.78 (2:18.25)	HARB - Harbour Track - Ha	4:51.68		5(1)	
			1:16.92 (3:35.17)				
34	Chloe Dilalla	56.35 1:17.77 (2:14.12)	HARB - Harbour Track - Ha	4:51.81		6(7)	
			1:20.62 (3:34.73)				
35	Brooke Power	55.72 1:16.81 (2:12.53)	WLEG - Windsor Legion T.	4:52.35		7(14)	
			1:18.71 (3:31.23)				
36	Julia Scarrow	55.87 1:17.65 (2:13.51)	WLEG - Windsor Legion T.	4:52.85		6(8)	
			1:20.53 (3:34.04)				
37	Camila Forero Rodriguez	56.92 1:17.83 (2:14.74)	Mississauga T.f.c.	4:53.67		6(9)	
			1:19.95 (3:34.69)				
38	Grace Wheeler	56.62 1:18.75 (2:15.37)	SAUG - Saugeen Track & F	4:53.97		6(10)	
			1:20.08 (3:35.45)				
39	Eden Hildebrand	57.21 1:17.72 (2:14.92)	MOAC - Monarch Athletics	4:54.82		6(11)	
			1:20.35 (3:35.27)				
40	Morgan Reiter	58.37 1:21.58 (2:19.94)	WLEG - Windsor Legion T.	4:55.35		5(2)	
			1:21.33 (3:41.26)				
41	Claire Hickey	56.69 1:16.46 (2:13.15)	BURL - Burlington Track &	4:56.15		6(12)	
			1:19.32 (3:32.46)				
42	Gracie Vandergriendt	58.33 1:21.32 (2:19.65)	WLEG - Windsor Legion T.	4:56.36		5(3)	
			1:20.60 (3:40.24)				
43	Madelynn McBeth	58.88 1:21.46 (2:20.34)	WLEG - Windsor Legion T.	4:56.67		5(4)	
			1:21.08 (3:41.42)				
44	Violet Crowe	56.22 1:17.57 (2:13.79)	EDGE - Edge Sport Track	4:56.69		6(13)	
			1:20.22 (3:34.01)				
45	Sarah Edwards	59.20 1:21.39 (2:20.59)	Laurel Creek T.f.c	4:57.78		5(5)	
			1:20.32 (3:40.90)				
46	Elena Moore	53.69 1:15.72 (2:09.40)	SAUG - Saugeen Track & F	4:59.38		8(13)	
			1:23.41 (3:32.81)				
47	Arleigh Waters	59.65 1:21.68 (2:21.33)	Laurel Creek T.f.c	4:59.65		5(6)	
			1:21.07 (3:42.39)				
48	Laura Peters	58.56 1:21.67 (2:20.23)	TOWA - Toronto West Athle	5:00.05		5(7)	
			1:22.37 (3:42.60)				

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#14 Women's 1500 Meters (cont'd)

Pl	Name		Team	Time	Note	H(Pl)	Pts
49	Emma Rudling	57.64 1:21.27 (2:18.90)	WLEG - Windsor Legion T.	5:00.10		4(2)	
			1:21.57 (3:40.47)				
50	Maria Sanchez	57.83 1:19.87 (2:17.69)	HARB - Harbour Track - Ha	5:00.20		4(3)	
			1:22.41 (3:40.10)				
51	Michaela Guglielmi	58.61 1:19.75 (2:18.36)	NOCO - Niagara Olympic C	5:01.08		4(4)	
			1:23.00 (3:41.35)				
52	Mackenzie Sherwin	58.23 1:21.31 (2:19.54)	TOWA - Toronto West Athle	5:01.75		5(8)	
			1:21.01 (3:40.54)				
53	Allison Soler	58.57 1:21.53 (2:20.10)	UNON - Unattached Ontari	5:02.96		5(9)	
			1:20.50 (3:40.59)				
54	Alexa Petrenko	58.23 1:21.21 (2:19.44)	Newmarket Huskies Track	5:03.64		5(10)	
			1:22.40 (3:41.83)				
55	Tiffany Newell	59.17 1:22.74 (2:21.91)	UNON - Unattached Ontari	5:03.82		4(5)	
			1:21.66 (3:43.57)				
56	Stella Kings	59.64 1:23.29 (2:22.92)	BRNT - Brantford T.F.C.	5:04.20		2(1)	
			1:21.75 (3:44.66)				
57	Vicky Liu	1:00.46 1:23.33 (2:23.79)	Newmarket Huskies Track	5:04.72		3(1)	
			1:23.82 (3:47.60)				
58	Janya Nirup Urs	1:00.32 1:23.50 (2:23.82)	BURL - Burlington Track &	5:05.41		3(2)	
			1:24.27 (3:48.09)				
59	Kyla McDougall	58.03 1:20.89 (2:18.91)	Newmarket Huskies Track	5:05.57		5(11)	
			1:22.57 (3:41.48)				
60	Iva Balcheva	58.38 1:19.14 (2:17.53)	Blue Devils Athletics Club	5:06.25		4(6)	
			1:25.37 (3:42.89)				
61	Maya Popovic	1:00.75 1:23.91 (2:24.65)	TOWA - Toronto West Athle	5:07.17		3(3)	
			1:23.40 (3:48.05)				
62	Aleida Nelson	58.13 1:20.69 (2:18.82)	UNON - Unattached Ontari	5:07.36		4(7)	
			1:24.44 (3:43.25)				
63	Audrina Orlandi	1:00.38 1:23.64 (2:24.02)	Newmarket Huskies Track	5:07.54		3(4)	
			1:24.52 (3:48.54)				
64	Maram Faisal	1:00.75 1:23.52 (2:24.26)	TOWA - Toronto West Athle	5:08.75		3(5)	
			1:24.73 (3:48.99)				
65	Seanna Robinson	58.45 1:20.83 (2:19.28)	MOAC - Monarch Athletics	5:08.88		4(8)	
			1:25.14 (3:44.41)				
66	Dalia Mallany	59.81 1:23.87 (2:23.68)	OHOC - Hamilton Olympic	5:09.07		2(2)	
			1:25.70 (3:49.38)				
67	Ellie Reiter	58.13 1:23.82 (2:21.94)	WLEG - Windsor Legion T.	5:09.40		4(9)	
			1:26.89 (3:48.83)				
68	Gillian Clarke	59.32 1:23.80 (2:23.12)	SAUG - Saugeen Track & F	5:11.40		2(3)	
			1:25.48 (3:48.59)				
69	Jolanta Clark	1:00.58 1:23.71 (2:24.28)	Kinplus	5:12.17		3(6)	
			1:23.75 (3:48.03)				
70	Katie O'Carroll	58.68 1:21.39 (2:20.07)	Unattached	5:12.87		5(12)	
			1:25.07 (3:45.13)				
71	Abbey Davis	1:00.97 1:24.05 (2:25.02)	UWTC - Waterloo Track Clu	5:15.26		3(7)	
			1:26.40 (3:51.41)				

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#14 Women's 1500 Meters (cont'd)

Pl	Name		Team	Time	Note	H(Pl)	Pts
72	Talia Simic-Lustig		UTTC - University of Toront	5:16.44		3(8)	
	1:00.12	1:23.43 (2:23.55)	1:24.89 (3:48.44)				
73	Jaya Chahal		Unattached	5:16.60		5(13)	
	59.41	1:23.85 (2:23.26)	1:26.06 (3:49.31)				
74	Adeline Steiger		Unattached	5:17.94		6(14)	
	57.29	1:19.28 (2:16.57)	1:27.82 (3:44.38)				
75	Sadie Johnson		OSSD - South Simcoe Duff	5:18.40		2(4)	
	59.35	1:23.91 (2:23.25)	1:26.90 (3:50.15)				
76	Julia Gupta		OHOC - Hamilton Olympic	5:20.71		5(14)	
	1:00.13	1:23.96 (2:24.09)	1:27.67 (3:51.76)				
77	Alana Michalski		Laurel Creek T.f.c	5:22.53		2(5)	
	1:00.28	1:24.97 (2:25.25)	1:30.68 (3:55.92)				
78	Anna Ciepielewski		Kinplus	5:23.42		2(6)	
	59.61	1:23.92 (2:23.52)	1:26.14 (3:49.66)				
79	Blythe Dickie		Toronto Olympic Track & Fi	5:24.35		1(1)	
	1:04.19	1:28.19 (2:32.37)	1:29.72 (4:02.08)				
80	Thea Quinn		EDGE - Edge Sport Track	5:24.70		3(9)	
	1:00.13	1:24.01 (2:24.13)	1:28.13 (3:52.26)				
81	Alessandra Malfara		Newmarket Huskies Track	5:25.56		1(2)	
	1:06.01	1:28.37 (2:34.38)	1:27.67 (4:02.04)				
82	Juliette Aquila		TOWA - Toronto West Athle	5:26.04		2(7)	
	59.91	1:23.98 (2:23.89)	1:30.22 (3:54.11)				
83	Abril Sena		Mohawk College	5:27.09		1(3)	
	1:06.59	1:27.71 (2:34.29)	1:27.50 (4:01.79)				
84	Olivia Bruinsma		EDGE - Edge Sport Track	5:29.76		3(10)	
	59.88	1:25.75 (2:25.63)	1:34.60 (4:00.22)				
85	Molly Taylor		OHOC - Hamilton Olympic	5:32.52		2(8)	
	1:00.82	1:28.53 (2:29.34)	1:32.56 (4:01.90)				
86	Annalia Moran		NOCO - Niagara Olympic C	5:33.73		3(11)	
	59.81	1:23.47 (2:23.27)	1:33.74 (3:57.01)				
87	Ella Grepe		Unattached	5:39.77		4(10)	
	58.90	1:24.87 (2:23.77)	1:36.96 (4:00.72)				
88	Abigail Bedford		BURL - Burlington Track &	5:39.97		1(4)	
	1:03.56	1:29.49 (2:33.04)	1:31.60 (4:04.63)				
89	Grace Channell		Newmarket Huskies Track	5:43.46		1(5)	
	1:06.54	1:29.92 (2:36.46)	1:35.83 (4:12.28)				
90	Olivia Hadrian		WLEG - Windsor Legion T.	6:04.18		1(6)	
	1:06.03	1:34.97 (2:40.99)	1:43.68 (4:24.67)				
91	Madelyn Maines		Newmarket Huskies Track	6:09.66		1(7)	
	1:12.51	1:39.39 (2:51.90)	1:40.34 (4:32.24)				
92	Gemma Apfelbeck		RCAO - Royal City Athletics	6:15.14		1(8)	
	1:10.66	1:40.42 (2:51.08)	1:42.55 (4:33.63)				

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#1 Men's 100 Meters

Finals

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Daniel Burke	YREG - York Region Runne	10.75		(+0.8) 6(1)	10
2	Jalen Law	Scirocco (ESP)	10.97		(+0.8) 6(2)	8
3	Maleik Allen	Monte Cristo Track Club	11.03		(+0.8) 6(3)	6
4	Justin Irobus	UNON - Unattached Ontari	11.05		(+0.8) 6(4)	5
5	Saad Ashraf	ANIA - Athletics Niagara	11.20		(+3.0) 5(1)	4
6	Champion Downs	Unattached	11.24	11.231	(+3.0) 5(2)	
7	Brendon Ma	Brock Badgers	11.24	11.238	(+0.8) 6(5)	3
8	Miles Gulas	Laurel Creek T.f.c	11.24	11.239	(+3.0) 5(3)	2
9	Marko Ristov	Monte Cristo Track Club	11.26		(+0.8) 6(6)	1
10	Charles Smith	UNON - Unattached Ontari	11.36		(+3.0) 5(4)	
11	Chase Allen	WLEG - Windsor Legion T.	11.37	11.363	(+3.0) 5(5)	
12	Nicholas Carson-Pedri	Laurel Creek T.f.c	11.37	11.369	(+1.5) 4(1)	
13	Naieem Foster	OHOC - Hamilton Olympic	11.38		(+0.8) 6(7)	
14	Malcolm King	ETFI - Eclipse Track & Field	11.43		(+3.0) 5(6)	
15	Josiah Saldana	WLEG - Windsor Legion T.	11.44		(+1.5) 4(2)	
16	Vincenzo De Simone	Monte Cristo Track Club	11.50	11.492	(+3.0) 5(7)	
17	Jalen Pidlubny	Extreme Velocity Track Clu	11.50	11.500	(+1.5) 4(3)	
18	Rayshaun Lewis	OHOC - Hamilton Olympic	11.59		(+0.9) 3(1)	
19	Michael Lezon	OHOC - Hamilton Olympic	11.60	11.593	(+1.5) 4(4)	
20	Jackson Vaughan	ANIA - Athletics Niagara	11.60	11.596	(+1.5) 4(5)	
21	Steve Collin	Unattached	11.61		(+0.9) 3(2)	
22	Kosta Nikolic	Laurel Creek T.f.c	11.72		(+1.5) 4(6)	
23	Obinna Enyinniah	OHOC - Hamilton Olympic	11.74		(+1.5) 4(7)	
24	Justin Huynh	Unattached	11.76		(+0.9) 3(3)	
25	Rourke Martin	SOTO - Special Olympics O	11.84		(+0.9) 3(4)	
26	Ibrahim Adam Gamboa-Pasha	EDGE - Edge Sport Track	11.88		(+0.9) 3(5)	
27	Fodé Saïdou Doumbouya	UWTC - Waterloo Track Clu	11.98		(+0.9) 3(6)	
28	Daniel Nawej	OHOC - Hamilton Olympic	12.11		(+1.9) 2(1)	
29	Henry Goodman	RCAO - Royal City Athletics	12.21		(+0.9) 3(7)	
30	Christopher Wagner	UWTC - Waterloo Track Clu	12.30	12.291	(+1.9) 2(2)	
31	Noah Moniz	OHOC - Hamilton Olympic	12.30	12.295	(+1.9) 2(3)	
32	Jacob Burt	Laurel Creek T.f.c	12.32		(+1.9) 2(4)	
33	Joshua Anyimadu	CRUI - CRUISERS SPORT	12.65		(+1.9) 2(5)	
34	Tit (Jonathan) Hui	JMAC - JAMCAN Internatio	12.76		(+1.9) 2(6)	
35	Drit Zhubi	OHOC - Hamilton Olympic	12.97	12.969	(+1.7) 1(1)	
35	Juan Ignacio Senisterra	UNON - Unattached Ontari	12.97	12.969	(+1.9) 2(7)	
37	Gabriel Folkens	OHOC - Hamilton Olympic	13.00		(+1.7) 1(2)	
38	Andrew Liu	OHOC - Hamilton Olympic	13.05		(+1.9) 2(8)	
39	Aron Cuko	NOCO - Niagara Olympic C	14.12		(+0.9) 3(8)	
	Pascal Maga	Time Bandits	NT			1

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	Daniel Burke	YREG - York Region Runne	10.86q	(+1.3)	6(1)
2	Devonte Scarrow	RCAO - Royal City Athletics	10.92q	(+1.3)	6(2)

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#1 Men's 100 Meters (cont'd)

Prelims

Pl	Name	Team	Time	Note	H(Pl)
3	Jalen Law	Scirocco (ESP)	10.99q	(+1.3)	6(3)
4	Maleik Allen	Monte Cristo Track Club	11.10q	(+1.3)	6(4)
5	Brendon Ma	Brock Badgers	11.21q	(+2.9)	5(1)
6	Justin Irobun	UNON - Unattached Ontari	11.22q	(+1.6)	1(1)
7	Marko Ristov	Monte Cristo Track Club	11.29q	(+1.3)	6(5)
8	Naieem Foster	OHOC - Hamilton Olympic	11.30q	(+1.0)	4(1)
9	Miles Gulas	Laurel Creek T.f.c	11.31q	(+1.0)	4(2)
10	Charles Smith	UNON - Unattached Ontari	11.36q	(+2.9)	5(2)
11	Champion Downs	Unattached	11.37q	(+1.3)	6(6)
12	Saad Ashraf	ANIA - Athletics Niagara	11.40q	(+1.0)	4(3)
13	Silas Coxson	Laurel Creek T.f.c	11.43q	(+2.9)	5(3)
14	Malcolm King	ETFI - Eclipse Track & Field	11.44q	(+1.3)	6(7)
15	Vincenzo De Simone	Monte Cristo Track Club	11.47q	(+2.9)	5(4)
16	Chase Allen	WLEG - Windsor Legion T.	11.49q	(+1.3)	6(8)
17	Nicholas Carson-Pedri	Laurel Creek T.f.c	11.53q	(+1.0)	4(4)
18	Alexander Di Florio	Centro Scuola T.f.c.	11.60q	(+1.0)	4(5)
19	Josiah Saldana	WLEG - Windsor Legion T.	11.61q	(+2.9)	5(5)
20	Obinna Enyinniah	OHOC - Hamilton Olympic	11.65q	(+1.0)	4(6)
21	Jalen Pidlubny	Extreme Velocity Track Clu	11.70q	(+1.0)	4(7)
22	Michael Lezon	OHOC - Hamilton Olympic	11.71q 11.703	(+1.0)	4(8)
23	Kosta Nikolic	Laurel Creek T.f.c	11.71q 11.705	(-0.4)	3(1)
24	Jackson Vaughan	ANIA - Athletics Niagara	11.72q	(-0.4)	3(2)
25	Steve Collin	Unattached	11.73q	(+2.9)	5(6)
26	Rourke Martin	SOTO - Special Olympics O	11.84q	(+2.9)	5(7)
27	Lorenz Zapanta	Extreme Velocity Track Clu	11.88q	(-0.4)	3(3)
28	Ibrahim Adam Gamboa-Pasha	EDGE - Edge Sport Track	11.91q	(-0.5)	2(1)
29	Justin Huynh	Unattached	11.98q	(-0.4)	3(4)
30	Rayshaun Lewis	OHOC - Hamilton Olympic	12.10q	(-0.4)	3(5)
31	Fodé Saïdou Doumbouya	UWTC - Waterloo Track Clu	12.14q	(+1.6)	1(2)
32	Henry Goodman	RCAO - Royal City Athletics	12.27q	(+1.6)	1(3)
33	Daniel Nawej	OHOC - Hamilton Olympic	12.28q	(-0.4)	3(6)
34	Jacob Burt	Laurel Creek T.f.c	12.29q	(-0.4)	3(7)
35	Noah Moniz	OHOC - Hamilton Olympic	12.44q	(-0.5)	2(2)
36	Joshua Anyimadu	CRUI - CRUISERS SPORT	12.58q	(-0.5)	2(3)
37	Christopher Wagner	UWTC - Waterloo Track Clu	12.73q	(-0.4)	3(8)
38	Juan Ignacio Senisterra	UNON - Unattached Ontari	12.85q	(-0.5)	2(4)
39	Tit (Jonathan) Hui	JMAC - JAMCAN Internatio	12.93q	(-0.5)	2(5)
40	Andrew Liu	OHOC - Hamilton Olympic	13.08q	(-0.5)	2(6)
41	Drit Zhubi	OHOC - Hamilton Olympic	13.15q	(-0.5)	2(7)
42	Gabriel Folkens	OHOC - Hamilton Olympic	13.20q	(-0.5)	2(8)
43	Aron Cuko	NOCO - Niagara Olympic C	13.97q	(+1.6)	1(4)

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#3 Men's 200 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Kobie Warden	WLEG - Windsor Legion T.	21.42		(+1.4) 5(1)	10
2	Daniel Burke	YREG - York Region Runne	21.74		(+1.4) 5(2)	8
3	Jalen Law	Scirocco (ESP)	22.35		(+1.4) 5(3)	6
4	Miles Gulas	Laurel Creek T.f.c	22.48	22.473	(+1.2) 4(1)	5
5	Richard Davis	UNON - Unattached Ontari	22.48	22.478	(+1.4) 5(4)	4
6	Luca Rosa	OHOC - Hamilton Olympic	22.68		(+1.2) 4(2)	3
7	Roger Jacobs	Laurel Creek T.f.c	22.72		(+1.4) 5(5)	2
8	Ryan Basiaco	WLEG - Windsor Legion T.	22.98		(+1.2) 4(3)	1
9	Kieran Sullivan	RCAO - Royal City Athletics	23.09		(+1.2) 4(4)	
10	Jalen Pidlubny	Extreme Velocity Track Clu	23.25		(+2.1) 3(1)	
11	Chase Allen	WLEG - Windsor Legion T.	23.37		(+1.2) 4(5)	
12	Steve Collin	Unattached	23.66	23.653	(+2.1) 3(2)	
13	Feranwa Ekpenyong	Laurel Creek T.f.c	23.66	23.658	(+2.1) 3(3)	
14	Vincenzo De Simone	Monte Cristo Track Club	23.85		(+1.2) 4(6)	
15	Shane Ferth	UWTC - Waterloo Track Clu	23.86		(+2.1) 3(4)	
16	Kosta Nikolic	Laurel Creek T.f.c	23.93		(+2.1) 3(5)	
17	Obinna Enyinniah	OHOC - Hamilton Olympic	24.10		(+3.7) 2(1)	
18	Alex Whyte	WLEG - Windsor Legion T.	24.30		(+1.2) 4(7)	
19	Rourke Martin	SOTO - Special Olympics O	24.79		(+2.1) 3(6)	
20	Jonah Walker	Laurel Creek T.f.c	24.99		(+3.7) 2(2)	
21	Henry Goodman	RCAO - Royal City Athletics	25.03		(+2.6) 1(1)	
22	Jacob Burt	Laurel Creek T.f.c	25.12		(+3.7) 2(3)	
23	Christopher Wagner	UWTC - Waterloo Track Clu	25.99		(+3.7) 2(4)	
24	Juan Ignacio Senisterra	UNON - Unattached Ontari	26.06		(+3.7) 2(5)	
25	Noah Moniz	OHOC - Hamilton Olympic	26.10		(+3.7) 2(6)	
26	Andrew Liu	OHOC - Hamilton Olympic	26.77		(+3.7) 2(7)	
27	Drit Zhubi	OHOC - Hamilton Olympic	29.97		(+3.7) 2(8)	
28	Scott Payne	UNON - Unattached Ontari	31.07		(+2.6) 1(2)	
	Gabriel Folkens	OHOC - Hamilton Olympic	NT			1

#7 Men's 400 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Kobie Warden	WLEG - Windsor Legion T.	46.67		3(1)	10
2	Roger Jacobs	Laurel Creek T.f.c	50.17		3(2)	8
3	Alexander Di Florio	Centro Scuola T.f.c.	50.66		3(3)	6
4	Kieran Sullivan	RCAO - Royal City Athletics	50.71		3(4)	5
5	Deon Amoo	OHOC - Hamilton Olympic	51.72		3(5)	4
6	Shane Ferth	UWTC - Waterloo Track Clu	52.39		3(6)	3
7	Ken Elien	MOCA - Motown Athletics C	52.40		2(1)	2
8	Austin Alongi	Monte Cristo Track Club	53.24		2(2)	1
9	Feranwa Ekpenyong	Laurel Creek T.f.c	53.44		2(3)	
10	Rayshaun Lewis	OHOC - Hamilton Olympic	53.56		3(7)	
11	Tyshawn Elgin	NOCO - Niagara Olympic C	53.58		3(8)	
12	Naieem Foster	OHOC - Hamilton Olympic	54.56		2(4)	
13	Kosuke Maeda	UNON - Unattached Ontari	55.20		2(5)	
14	Jonah Walker	Laurel Creek T.f.c	55.49		2(6)	

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#7 Men's 400 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)	Pts
15	Daniel Nawej	OHOC - Hamilton Olympic	56.96		2(7)	
16	Ibrahim Adam Gamboa-Pasha	EDGE - Edge Sport Track	57.44		1(1)	
17	Cooper Sutherland	UNON - Unattached Ontari	57.53		1(2)	
18	Jason Smith	Unattached	57.95		1(3)	
19	Baaj Singh	UNON - Unattached Ontari	59.32		2(8)	

#9 Men's 800 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Alec Purnell	HARB - Harbour Track - Ha	1:51.41		5(1)	10
	53.38					
2	Porter Lakhanpal	HARB - Harbour Track - Ha	1:53.94		5(2)	8
	55.52					
3	Vincent Moore	LWTF - London Western T.	1:54.67		5(3)	6
	54.47					
4	Shan Dhanoa	Blue Devils Athletics Club	1:55.64		5(4)	5
	55.04					
5	Heath McAllister	LWTF - London Western T.	1:57.14		5(5)	4
	56.03					
6	Garrett Wager	Top G Athletic Club (TGAC)	1:57.55		4(1)	3
	58.39					
7	Kirk Hallman	LWTF - London Western T.	1:57.91		5(6)	2
	57.10					
8	Colby Flemming	DURA - Durham Dragons A	1:59.76		3(1)	1
	59.33					
9	Ryan Johnson	LWTF - London Western T.	1:59.89	1:59.881	3(2)	
	58.93					
9	Nick Xie	MOAC - Monarch Athletics	1:59.89	1:59.881	5(7)	
	56.77					
11	Christian Lebar	TOWA - Toronto West Athle	1:59.96		4(2)	
	59.80					
12	Ethan Deveaux	BURL - Burlington Track &	2:00.37		3(3)	
	59.15					
13	Jackson Bedford	BURL - Burlington Track &	2:00.45		3(4)	
	58.84					
14	Cecil Jenkins	GMTC - Glen Manor Track	2:00.54		4(3)	
	59.02					
15	Shayden Nair	ETOB - Etobicoke Huskies-	2:00.63		4(4)	
	59.72					
16	Jackson McIntosh	EDGE - Edge Sport Track	2:00.68		3(5)	
	58.41					
17	Owen Lanting	OHOC - Hamilton Olympic	2:01.02		3(6)	
	59.48					
18	Remy Chadwick	DURA - Durham Dragons A	2:01.33		4(5)	
	59.26					
19	Christian Rachner	UNON - Unattached Ontari	2:01.57		5(8)	
	55.84					

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#9 Men's 800 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)	Pts
20	Andre Larocque 59.43	Track North Athletic Club	2:02.07		4(6)	
21	Aidan Chan-Smith 59.47	ETOB - Etobicoke Huskies-	2:02.62		4(7)	
22	Alexander Mather 58.94	UWTC - Waterloo Track Clu	2:03.27		4(8)	
23	Adrian Lofaso 59.62	Laurel Creek T.f.c	2:04.03		3(7)	
24	Yulai Duan 1:00.12	UWTC - Waterloo Track Clu	2:05.09		3(8)	
25	Tom Voss 1:00.09	UTTC - University of Toront	2:06.03		4(9)	
26	Samoura Kuku 1:03.56	Laurel Creek T.f.c	2:06.33		2(1)	
27	Landon Reuter 57.52	Laurel Creek T.f.c	2:06.34		5(9)	
28	Michael Huang 1:03.07	BURL - Burlington Track &	2:06.89		1(1)	
29	Jonas Rohr 1:03.94	Laurel Creek T.f.c	2:07.76		2(2)	
30	Sebastian Blair Reynoso 1:03.76	Unattached	2:07.85		2(3)	
31	Declan Adams 1:03.26	Unattached	2:08.17		2(4)	
32	Gavin Mathieson 1:00.65	OHOC - Hamilton Olympic	2:09.35		3(9)	
33	Justin Conlon 1:03.86	UWTC - Waterloo Track Clu	2:09.71		1(2)	
34	Jay Brecher 1:04.18	MOAC - Monarch Athletics	2:09.78		2(5)	
35	Benjamin Shtern 1:04.06	ETOB - Etobicoke Huskies-	2:10.20		1(3)	
36	Bill Wells 1:04.12	MOAC - Monarch Athletics	2:10.35		2(6)	
37	Benjamin Fulton 1:03.52	OHOC - Hamilton Olympic	2:10.64		2(7)	
38	Nathan Philippon 1:03.91	UWTC - Waterloo Track Clu	2:11.07		2(8)	
39	Fred Sun 1:02.49	UWTC - Waterloo Track Clu	2:11.97		2(9)	
40	Daniel Parekunnel 1:06.99	OHOC - Hamilton Olympic	2:13.13		1(4)	
41	David Tepper 1:06.31	Newmarket Huskies Track	2:13.88		1(5)	
42	Evan Savage 1:04.36	NOCO - Niagara Olympic C	2:14.27		1(6)	



RESULTS

#9 Men's 800 Meters (cont'd)

Pl	Name	Team	Time	Note	H(Pl)	Pts
43	Owen Mathieson 1:06.70	OHOC - Hamilton Olympic	2:19.29		1(7)	
44	Baaj Singh 1:09.59	UNON - Unattached Ontari	2:20.76		1(8)	
45	Kiran Bahtia 1:08.63	ETOB - Etobicoke Huskies-	2:21.19		1(9)	
46	Cooper Sutherland 1:11.03	UNON - Unattached Ontari	2:26.76		1(10)	
47	Cameron Zahra 1:11.78	NOCO - Niagara Olympic C	2:33.88		1(11)	
48	Nathan Onischke 1:12.25	Laurel Creek T.f.c	2:40.77		1(12)	

#13 Men's 1500 Meters

Pl	Name	Team	Time	Note	H(Pl)	Pts
1	Mitchell Ubene 45.76 59.70 (1:45.45)	UNON - Unattached Ontari	3:48.38	1:00.00 (2:45.45)	7(1)	10
2	Daniel Rosen 46.24 1:00.26 (1:46.50)	UTTC - University of Toront	3:49.53	1:02.84 (2:49.33)	7(2)	8
3	Eric Campbell 46.67 1:00.88 (1:47.55)	RCAO - Royal City Athletics	3:49.68	1:02.49 (2:50.04)	7(3)	6
4	Matt Markson 46.51 1:00.88 (1:47.38)	MOAC - Monarch Athletics	3:50.72	1:02.47 (2:49.84)	7(4)	5
5	Charlie Shaw 47.31 1:01.77 (1:49.07)	RCAO - Royal City Athletics	3:52.06	1:03.39 (2:52.46)	7(5)	4
6	Melika Ghali 46.00 59.77 (1:45.77)	TOWA - Toronto West Athle	3:52.84	1:00.97 (2:46.73)	7(6)	3
7	Giancarlo Farruggia 46.39 1:01.26 (1:47.65)	HARB - Harbour Track - Ha	3:53.18	1:02.90 (2:50.55)	7(7)	2
8	Samuel Kinahan 47.47 1:01.80 (1:49.27)	UTTC - University of Toront	3:54.71	1:02.65 (2:51.91)	7(8)	1
9	Zachary Taylor 47.88 1:04.17 (1:52.05)	Laurel Creek T.f.c	3:55.83	1:05.21 (2:57.26)	6(1)	
10	Cyril Chapple 46.87 1:04.53 (1:51.39)	Laurel Creek T.f.c	3:56.04	1:05.83 (2:57.22)	6(2)	
11	Noah Patterson 47.64 1:03.81 (1:51.44)	Blue Devils Athletics Club	3:56.93	1:05.14 (2:56.58)	6(3)	
12	Oliver Crowe 45.47 1:05.95 (1:51.41)	EDGE - Edge Sport Track	3:57.26	1:03.43 (2:54.83)	5(1)	
13	Andrew Corbeil 48.14 1:03.98 (1:52.12)	Laurel Creek T.f.c	3:57.72	1:05.31 (2:57.42)	6(4)	
14	Benjamin Keller 46.86 1:05.87 (1:52.72)	HARB - Harbour Track - Ha	3:58.16	1:04.79 (2:57.51)	5(2)	
15	Owen Parkes 47.42 1:04.26 (1:51.68)	HARB - Harbour Track - Ha	3:58.32	1:05.45 (2:57.12)	6(5)	
16	Cameron Bennett	TOWA - Toronto West Athle	3:58.57		6(6)	

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Pl	Name		Team	Time	Note	H(Pl)	Pts
	47.14	1:04.01 (1:51.14)	1:05.66 (2:56.80)				
17	Charlie Mills		Blue Devils Athletics Club	3:58.99		5(3)	
	45.49	1:05.95 (1:51.43)	1:03.89 (2:55.32)				
18	Adam Kleinsmith		Stridewise Running	3:59.08		5(4)	
	46.42	1:05.72 (1:52.14)	1:04.74 (2:56.87)				
19	Satveer Gill		LWTF - London Western T.	3:59.43		6(7)	
	48.74	1:03.24 (1:51.97)	1:05.07 (2:57.04)				
20	Alexander Megas		HARB - Harbour Track - Ha	3:59.72		5(5)	
	46.10	1:06.17 (1:52.27)	1:04.92 (2:57.18)				
21	Robert McCann		UNON - Unattached Ontari	3:59.91		7(9)	
	46.86	1:03.10 (1:49.95)	1:05.86 (2:55.81)				
22	Saed Griffith		MOAC - Monarch Athletics	3:59.92		6(8)	
	48.62	1:03.71 (1:52.33)	1:04.55 (2:56.87)				
23	Adam Pralat		UTTC - University of Toront	4:00.60		6(9)	
	48.34	1:03.48 (1:51.82)	1:05.82 (2:57.63)				
24	James Wheeler		SAUG - Saugeen Track & F	4:00.93		4(1)	
	48.04	1:05.62 (1:53.65)	1:05.27 (2:58.92)				
25	Dawson Rekker		HARB - Harbour Track - Ha	4:01.28		4(2)	
	47.51	1:05.65 (1:53.15)	1:05.73 (2:58.87)				
26	Jackson Ortwein		Monte Cristo Track Club	4:01.87		5(6)	
	46.49	1:05.32 (1:51.80)	1:05.73 (2:57.53)				
27	William Thomas		UTTC - University of Toront	4:02.23		5(7)	
	45.72	1:06.02 (1:51.74)	1:05.49 (2:57.22)				
28	Johnny Houlding		M2M	4:02.80		5(8)	
	47.31	1:05.94 (1:53.24)	1:05.54 (2:58.78)				
29	Eitan Garfin-Udaskin		UTTC - University of Toront	4:04.17		4(3)	
	47.72	1:05.64 (1:53.36)	1:05.92 (2:59.27)				
30	Dilan Brar		UTTC - University of Toront	4:04.78		6(10)	
	46.47	1:04.27 (1:50.74)	1:06.25 (2:56.98)				
31	Kinnon Ringler		TOWA - Toronto West Athle	4:06.15		5(9)	
	46.20	1:05.40 (1:51.59)	1:06.08 (2:57.66)				
32	Isaac Iannarelli		Kinplus	4:06.26		5(10)	
	46.88	1:05.61 (1:52.48)	1:06.48 (2:58.96)				
33	Logan Willcott		RCAO - Royal City Athletics	4:08.01		5(11)	
	45.98	1:06.05 (1:52.02)	1:06.30 (2:58.31)				
34	Freddie Parr		UTTC - University of Toront	4:08.31		4(4)	
	48.26	1:06.56 (1:54.81)	1:07.05 (3:01.86)				
35	Tristan Bouius		SAUG - Saugeen Track & F	4:09.02		7(10)	
	46.89	1:01.46 (1:48.34)	1:08.20 (2:56.54)				
36	Aidan Whelan		UTTC - University of Toront	4:09.38		4(5)	
	49.65	1:06.43 (1:56.07)	1:07.06 (3:03.12)				
37	Juan Bernal-Salazar		TOWA - Toronto West Athle	4:10.59		4(6)	
	49.17	1:06.57 (1:55.73)	1:07.17 (3:02.89)				
38	Zachary Houston		NOCO - Niagara Olympic C	4:10.68		4(7)	
	49.00	1:07.76 (1:56.75)	1:07.54 (3:04.29)				
39	Tristan Markov		Blue Devils Athletics Club	4:10.92		4(8)	

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Pl	Name			Team	Time	Note	H(Pl)	Pts
		49.31	1:07.50 (1:56.81)	1:08.74 (3:05.55)				
40	Andrew Hicks			UTTC - University of Toront	4:11.61		4(9)	
		49.81	1:05.88 (1:55.69)	1:08.99 (3:04.68)				
41	Chris Gowans			MOAC - Monarch Athletics	4:12.02		6(11)	
		48.46	1:04.75 (1:53.21)	1:09.10 (3:02.30)				
42	Eli Bouius			SAUG - Saugeen Track & F	4:12.73		5(12)	
		47.22	1:07.39 (1:54.61)	1:09.23 (3:03.83)				
43	Frédéric Rivard			Kinplus	4:13.05		5(13)	
		47.04	1:05.96 (1:53.00)	1:09.47 (3:02.46)				
44	Tyrone Traher			Unattached	4:14.21		3(1)	
		50.78	1:08.90 (1:59.68)	1:09.28 (3:08.96)				
45	Mario Galbraith			Kinplus	4:14.70		4(10)	
		49.57	1:09.40 (1:58.96)	1:09.55 (3:08.50)				
46	Connor Hickling			UWTC - Waterloo Track Clu	4:16.02		3(2)	
		50.25	1:08.15 (1:58.39)	1:10.02 (3:08.41)				
47	Lucas Jensen			OSSD - South Simcoe Duff	4:16.10		3(3)	
		50.49	1:08.86 (1:59.35)	1:09.13 (3:08.47)				
48	Bart Podhorski			Mohawk College	4:16.80		3(4)	
		50.68	1:09.34 (2:00.02)	1:09.24 (3:09.25)				
49	Michael Tonenchi			WLEG - Windsor Legion T.	4:20.19		3(5)	
		50.00	1:07.95 (1:57.95)	1:12.06 (3:10.01)				
50	Fintan Sharpe			UWTC - Waterloo Track Clu	4:20.45		3(6)	
		51.04	1:08.04 (1:59.08)	1:09.68 (3:08.76)				
51	Nathan Mesquita			Unattached	4:21.80		3(7)	
		50.82	1:10.47 (2:01.28)	1:11.96 (3:13.24)				
52	Fawwaz Khan			TOWA - Toronto West Athle	4:22.40		4(11)	
		50.11	1:10.18 (2:00.28)	1:12.71 (3:12.99)				
53	Suhayb Ahmedani			TOWA - Toronto West Athle	4:22.69		3(8)	
		51.19	1:09.21 (2:00.40)	1:10.65 (3:11.04)				
54	Jean-Paul Violante			Newmarket Huskies Track	4:23.66		2(1)	
		53.07	1:12.42 (2:05.49)	1:13.40 (3:18.89)				
55	Carson Player			RCAO - Royal City Athletics	4:23.89		3(9)	
		51.47	1:09.95 (2:01.41)	1:11.82 (3:13.23)				
56	Evan Dinunzio			WLEG - Windsor Legion T.	4:23.91		3(10)	
		49.78	1:09.77 (1:59.54)	1:12.91 (3:12.44)				
57	Cohen Ledger			OHOC - Hamilton Olympic	4:26.17		4(12)	
		48.50	1:07.98 (1:56.47)	1:13.05 (3:09.51)				
58	Christian Lasorda			WLEG - Windsor Legion T.	4:27.87		2(2)	
		51.46	1:12.57 (2:04.03)	1:13.85 (3:17.87)				
59	Theodore Davenport			BURL - Burlington Track &	4:28.80		2(3)	
		53.21	1:13.31 (2:06.51)	1:14.35 (3:20.85)				
60	Andrew Giles			BURL - Burlington Track &	4:31.19		2(4)	
		52.93	1:13.76 (2:06.68)	1:14.17 (3:20.84)				
61	Austin Summerhays			PACK - PACK Running Clu	4:31.61		2(5)	
		53.40	1:12.86 (2:06.25)	1:14.34 (3:20.58)				
62	Will Summers			Mohawk College	4:31.85		4(13)	



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#13 Men's 1500 Meters (cont'd)

Pl	Name		Team	Time	Note	H(Pl)	Pts
	49.01	1:09.61 (1:58.61)	1:17.07 (3:15.68)				
63	Kyle Currie		PACK - PACK Running Clu	4:33.98		2(6)	
	53.65	1:13.07 (2:06.72)	1:16.61 (3:23.33)				
64	Calvin Henry		OHOC - Hamilton Olympic	4:34.80		2(7)	
	53.69	1:13.56 (2:07.24)	1:16.67 (3:23.91)				
65	Simon Castelli		PACK - PACK Running Clu	4:36.24		2(8)	
	53.48	1:13.34 (2:06.81)	1:16.69 (3:23.50)				
66	Warren Ringler		TOWA - Toronto West Athle	4:36.91		2(9)	
	53.46	1:14.05 (2:07.51)	1:16.27 (3:23.77)				
67	Benjamin McGuinness		BURL - Burlington Track &	4:37.94		2(10)	
	52.96	1:13.88 (2:06.84)	1:16.76 (3:23.60)				
68	Samuel Jegede		PACK - PACK Running Clu	4:40.41		2(11)	
	52.63	1:13.97 (2:06.60)	1:16.88 (3:23.47)				
	Gavin Kinch		YREG - York Region Runne	NT		1	
	Finn Wilson		Laurel Creek T.f.c	NT		1	
	Peter Bothamley		WLEG - Windsor Legion T.	NT		1	
	Paul Felix		DVTC - Dundas Valley Trac	NT		1	
	Yikai Ye		LWTF - London Western T.	NT		1	
	Etash Anand		PACK - PACK Running Clu	NT		1	
	Thomas Giammichele		Mohawk College	NT		1	
	Cooper Sutherland		UNON - Unattached Ontari	NT		1	
	Simon Rayner		UTTC - University of Toront	NT		1	
	Kevin Medeiros		UNON - Unattached Ontari	NT		1	
	Chris Deighan		Newmarket Huskies Track	NT		1	
	Rhys Gupta		OHOC - Hamilton Olympic	NT		1	