

**Royal Canadian Legion District G Championships - 2025-06-22**  
**Ottawa Lions Timing Team**  
**Thousand Islands Secondary School**  
**Results**

**Girls 80 Meter Dash U10**

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Graves, Cecilia	16	St. Teresa	12.93q	1.4
2 Beimers, Holland	17	Unattached	13.14q	1.4 13.131
3 Beimers, Henley	16	Unattached	13.14q	1.4 13.137
4 Hellyer, Emma	16	Brockville Legion	13.81q	1.4
5 Durant, Charlie	17	Brockville Legion	14.67q	1.4

**Girls 80 Meter Dash U10**

Name	Year	Team	Finals	Wind
Finals				
1 Graves, Cecilia	16	St. Teresa	12.89	1.5
2 Beimers, Henley	16	Unattached	13.14	1.5
3 Beimers, Holland	17	Unattached	13.26	1.5
4 Hellyer, Emma	16	Brockville Legion	14.04	1.5
5 Durant, Charlie	17	Brockville Legion	14.55	1.5

**Girls 150 Meter Dash U10**

Name	Year	Team	Finals	Wind
1 Graves, Cecilia	16	St. Teresa	24.59	1.1
2 Beimers, Holland	17	Unattached	24.78	1.1
3 Beimers, Henley	16	Unattached	25.71	1.1
4 Hellyer, Emma	16	Brockville Legion	28.28	1.1
5 Durant, Charlie	17	Brockville Legion	28.43	1.1

**Girls 300 Meter Dash U10**

Name	Year	Team	Finals
1 Graves, Cecilia	16	St. Teresa	56.15
2 Beimers, Henley	16	Unattached	56.90
3 Beimers, Holland	17	Unattached	57.00
4 Casselman, Lauren	16	Unattached	1:00.43
5 Durant, Charlie	17	Brockville Legion	1:03.51
6 Hellyer, Emma	16	Brockville Legion	1:06.28

**Girls Long Jump U10**

Name	Year	Team	Finals	Wind
1 Beimers, Henley	16	Unattached	3.47m	NWI
			2.92m(NWI) 2.89m(NWI) 3.12m(NWI) 3.17m(NWI) 3.32m(NWI)	3.47m(NWI)
2 Graves, Cecilia	16	St. Teresa	3.45m	NWI
			2.75m(NWI) 3.45m(NWI) 3.12m(NWI) 2.17m(NWI)	FOUL 3.17m(NWI)
3 Hellyer, Emma	16	Brockville Legion	2.89m	NWI
			2.89m(NWI) 2.68m(NWI) FOUL FOUL 2.21m(NWI)	2.51m(NWI)
4 Beimers, Holland	17	Unattached	2.89m	NWI
			2.89m(NWI) 2.46m(NWI) 2.56m(NWI) 2.43m(NWI)	FOUL FOUL

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**....Girls Long Jump U10**

5 Durant, Charlie	17 Brockville Legion	2.13m	NWI
2.13m(NWI) FOUL	2.09m(NWI)		

**Girls Shot Put U10**

Weight: 2kg

Name	Year Team	Finals
1 Graves, Cecilia	16 St. Teresa	6.20m
4.94m 5.93m PASS	5.89m 6.20m 5.47m	

**Girls 80 Meter Dash U12**

Name	Year Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Lacombe, Jaime	15 Roadrunners	11.95q	3.2	1
2 Gibeau, Alyssa	14 Roadrunners	12.22q	1.2	2
3 Giffin, Olivia	15 Unattached	12.38q	3.2	1
4 Hunter, Avery	14 Kingston	12.42q	1.2	2
5 Surette, Kaitlyn	14 Brockville Legion	12.47q	3.2	1
6 Lalande, Alice	14 Plantagenet	12.52q	3.2	1
7 Casselman, Ruby	14 Brockville Legion	13.13q	1.2	2
8 Donovan, Eve	15 Brockville Legion	14.38q	3.2	1

**Girls 80 Meter Dash U12**

Name	Year Team	Finals	Wind
<b>Finals</b>			
1 Lacombe, Jaime	15 Roadrunners	11.85	2.4
2 Giffin, Olivia	15 Unattached	12.08	2.4
3 Hunter, Avery	14 Kingston	12.18	2.4
4 Gibeau, Alyssa	14 Roadrunners	12.24	2.4
5 Surette, Kaitlyn	14 Brockville Legion	12.49	2.4
6 Lalande, Alice	14 Plantagenet	12.56	2.4
7 Casselman, Ruby	14 Brockville Legion	13.06	2.4
8 Donovan, Eve	15 Brockville Legion	14.76	2.4

**Girls 150 Meter Dash U12**

Name	Year Team	Finals	Wind
1 Giffin, Olivia	15 Unattached	23.83	0.3
2 Surette, Kaitlyn	14 Brockville Legion	23.91	0.3
3 Lalande, Alice	14 Plantagenet	24.39	0.3
4 Casselman, Ruby	14 Brockville Legion	24.99	0.3
5 White, Nyah	15 Brockville Legion	25.28	0.3
6 Donovan, Eve	15 Brockville Legion	29.46	0.3

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**Girls 300 Meter Dash U12**

Name	Year	Team	Finals
1 Lacombe, Jaime	15	Roadrunners	48.37
2 Gibeau, Alyssa	14	Roadrunners	49.73
3 Casselman, Ruby	14	Brockville Legion	55.81
4 Lalande, Alice	14	Plantagenet	57.71
5 White, Nyah	15	Brockville Legion	58.32
6 Millen, Jayna	14	Ange-Gabriel	1:02.59
7 Mensen, Frances	15	Brockville Legion	1:14.18

**Girls 800 Meter Run U12**

Name	Year	Team	Finals
1 Lacombe, Jaime	15	Roadrunners	2:41.77
1:22.4887 (1:22.4887)		2:41.7707 (1:19.2820)	
2 Gibeau, Alyssa	14	Roadrunners	2:46.56
1:23.4787 (1:23.4787)		2:46.5567 (1:23.0780)	
3 Hunter, Avery	14	Kingston	2:57.33
1:28.6487 (1:28.6487)		2:57.3227 (1:28.6740)	
4 Casselman, Ruby	14	Brockville Legion	3:05.88
1:29.9217 (1:29.9217)		3:05.8777 (1:35.9560)	
5 Millen, Jayna	14	Ange-Gabriel	3:10.37
1:28.3967 (1:28.3967)		3:10.3707 (1:41.9740)	
6 Mensen, Frances	15	Brockville Legion	4:10.87
2:06.5727 (2:06.5727)		4:10.8677 (2:04.2950)	

**Girls 60 Meter Hurdles U12**

Height: 27"				
Name	Year	Team	Prelims	Wind
Preliminaries				
1 Surette, Kaitlyn	14	Brockville Legion	11.79q	2.8
2 Veltkamp, Emerson	14	Brockville Legion	11.83q	2.8
3 Donovan, Eve	15	Brockville Legion	17.84q	2.8

**Girls 60 Meter Hurdles U12**

Height: 27"				
Name	Year	Team	Finals	Wind
Finals				
1 Surette, Kaitlyn	14	Brockville Legion	12.39	2.3
2 Donovan, Eve	15	Brockville Legion	17.21	2.3

**Girls Long Jump U12**

Name	Year	Team	Finals	Wind
1 Surette, Kaitlyn	14	Brockville Legion	3.32m	NWI
3.32m(NWI) 2.82m(NWI) 3.17m(NWI) 3.30m(NWI) 3.21m(NWI)		FOUL		
2 Giffin, Olivia	15	Unattached	3.21m	NWI
3.09m(NWI) 2.68m(NWI) 3.21m(NWI) 2.96m(NWI) 3.09m(NWI) 3.17m(NWI)				

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**....Girls Long Jump U12**

3 Casselman, Ruby	14 Brockville Legion	3.16m	NWI
3.16m(NWI) 2.64m(NWI) 2.92m(NWI) 2.86m(NWI) 3.13m(NWI) 2.73m(NWI)			
4 White, Nyah	15 Brockville Legion	2.77m	NWI
2.71m(NWI) 2.65m(NWI) 2.77m(NWI) 2.67m(NWI) PASS PASS			
5 Mensen, Frances	15 Brockville Legion	2.24m	NWI
2.05m(NWI) 2.20m(NWI) 2.24m(NWI) FOUL 1.85m(NWI) 2.06m(NWI)			

**Girls Shot Put U12**

Weight: 2.72kg

Name	Year Team	Finals
1 Mensen, Frances	15 Brockville Legion	3.95m
3.45m 3.90m 3.70m 3.95m 3.73m 3.46m		

**Girls 80 Meter Dash U14**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Roy, Audrey	12 Plantagenet	10.98q	1.6
2 Lalande, Eve	12 Plantagenet	11.56q	1.6
3 Casselman, Grace	12 Brockville Legion	11.77q	1.6
4 Bauder, Khloe	12 Brockville Legion	11.98q	1.6
5 Gratton, Amelia	12 Plantagenet	12.11q	1.6
6 Cook, Molly	13 Unattached	12.46q	1.6
7 Smith, Leah	13 Brockville Legion	12.67q	1.6
8 Pellett, Bradie	13 Ottawa Lions	14.19q	1.6

**Girls 80 Meter Dash U14**

Name	Year Team	Finals	Wind
Finals			
1 Casselman, Grace	12 Brockville Legion	11.46	1.5
2 Roy, Audrey	12 Plantagenet	11.59	1.5
3 Lalande, Eve	12 Plantagenet	11.63	1.5
4 Gratton, Amelia	12 Plantagenet	12.17	1.5
5 Bauder, Khloe	12 Brockville Legion	12.18	1.5
6 Cook, Molly	13 Unattached	12.49	1.5
7 Smith, Leah	13 Brockville Legion	12.75	1.5

**Girls 150 Meter Dash U14**

Name	Year Team	Finals	Wind
1 Roy, Audrey	12 Plantagenet	21.41	1.4
2 Casselman, Grace	12 Brockville Legion	21.81	1.4
3 Lalande, Eve	12 Plantagenet	22.73	1.4
4 Cote, Olivia Rose	13 Ottawa Lions	23.08	1.4
5 Holmstrom, Lorraine	12 Brockville Legion	23.47	1.4
6 Gratton, Amelia	12 Plantagenet	23.58	1.4
7 Cook, Molly	13 Unattached	24.26	1.4
8 Smith, Leah	13 Brockville Legion	24.56	1.4

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Name	Year	Team	Finals
1 Lacombe, Nevaeh	13	Roadrunners	45.09
2 Roy, Audrey	12	Plantagenet	47.38
3 Casselman, Grace	12	Brockville Legion	48.27
4 Koekkoek, Norah	12	Unattached	50.07
5 Dion, Claudia	12	Plantagenet	50.51
6 Gauthier, Maya	12	Kingston	50.88
7 Wagner, Ivy	12	Kingston	53.18
8 Smith, Leah	13	Brockville Legion	54.21

**Girls 800 Meter Run U14**

Name	Year	Team	Finals
1 Lacombe, Nevaeh	13	Roadrunners	2:38.64
1:19.5226 (1:19.5226)		2:38.6326 (1:19.1100)	
2 Bishop, Aniyah	13	Kingston	2:43.86
1:20.3496 (1:20.3496)		2:43.8566 (1:23.5070)	
3 Dion, Claudia	12	Plantagenet	2:48.32
1:25.0376 (1:25.0376)		2:48.3176 (1:23.2800)	
4 Gauthier, Maya	12	Kingston	2:52.50
1:24.1096 (1:24.1096)		2:52.4946 (1:28.3850)	
5 Wagner, Ivy	12	Kingston	2:53.67
1:23.6626 (1:23.6626)		2:53.6706 (1:30.0080)	
6 Durant, Aubrey	12	Brockville Legion	3:04.27
1:27.1676 (1:27.1676)		3:04.2686 (1:37.1010)	
7 Hodgkinson, Chelsea	12	Brockville Legion	3:18.13
1:27.1836 (1:27.1836)		3:18.1256 (1:50.9420)	

**Girls 1200 Meter Run U14**

Name	Year	Team	Finals
1 Durant, Aubrey	12	Brockville Legion	4:44.33
1:23.8165 (1:23.8165)		3:04.8425 (1:41.0260)	4:44.3285 (1:39.4860)
2 Hodgkinson, Chelsea	12	Brockville Legion	5:34.66
1:25.8415 (1:25.8415)		3:33.4185 (2:07.5770)	5:34.6515 (2:01.2330)
-- Smith, Leah	13	Brockville Legion	DNF
1:19.9595 (1:19.9595)			

**Girls 2000 Meter Run U14**

Name	Year	Team	Finals
1 Egan, Anya	12	Kingston	8:05.83
1:28.5008 (1:28.5008)		3:03.9548 (1:35.4540)	4:45.8488 (1:41.8940)
6:32.7098 (1:46.8610)		8:05.8288 (1:33.1190)	
2 Gauthier, Maya	12	Kingston	8:18.80
1:34.7658 (1:34.7658)		3:18.9818 (1:44.2160)	5:05.1788 (1:46.1970)
6:44.6988 (1:39.5200)		8:18.7978 (1:34.0990)	

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**Girls 80 Meter Hurdles U14**

Height: 30"

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Holmstrom, Lorraine	12 Brockville Legion	16.92q	2.6	2
2 Cote, Olivia Rose	13 Ottawa Lions	17.94q	2.2	1 17.934
3 Smith, Leah	13 Brockville Legion	17.94q	2.2	1 17.936

**Girls 80 Meter Hurdles U14**

Height: 30"

Name	Year Team	Finals	Wind
Finals			
1 Holmstrom, Lorraine	12 Brockville Legion	16.76	1.1
2 Smith, Leah	13 Brockville Legion	17.59	1.1
3 Cote, Olivia Rose	13 Ottawa Lions	20.81	1.1

**Girls 200 Meter Hurdles U14**

Height: 30"

Name	Year Team	Finals	Wind
1 Holmstrom, Lorraine	12 Brockville Legion	36.68	2.6
2 Smith, Leah	13 Brockville Legion	39.15	2.6

**Girls High Jump U14**

Name	Year Team	Finals
1 Bauder, Khloe	12 Brockville Legion	1.45m
1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.43 1.45 1.47		
O O O XO O O O XO XO XXO XXX		
2 Cote, Olivia Rose	13 Ottawa Lions	1.25m
1.05 1.10 1.15 1.20 1.25 1.30		
O O O O O XXX		

**Girls Long Jump U14**

Name	Year Team	Finals	Wind
1 Lalande, Eve	12 Plantagenet	4.19m	NWI
4.04m(NWI) 4.09m(NWI) 3.94m(NWI) 3.91m(NWI) 3.92m(NWI) 4.19m(NWI)			
2 Bauder, Khloe	12 Brockville Legion	4.08m	NWI
3.74m(NWI) 3.79m(NWI) 3.97m(NWI) 3.97m(NWI) 4.08m(NWI) 3.69m(NWI)			
3 Durant, Aubrey	12 Brockville Legion	4.00m	NWI
3.91m(NWI) 4.00m(NWI) FOUL FOUL FOUL 4.00m(NWI)			
4 Koekkoek, Norah	12 Unattached	3.93m	NWI
3.72m(NWI) FOUL 3.85m(NWI) 3.75m(NWI) 3.93m(NWI) 3.73m(NWI)			
5 Casselman, Grace	12 Brockville Legion	3.85m	NWI
3.72m(NWI) 3.51m(NWI) 3.79m(NWI) 3.65m(NWI) 3.85m(NWI) 3.69m(NWI)			
6 Pellett, Bradie	13 Ottawa Lions	3.56m	NWI
3.26m(NWI) 3.56m(NWI) 3.51m(NWI) 3.54m(NWI) FOUL 3.29m(NWI)			

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**....Girls Long Jump U14**

7	Smith, Leah	13 Brockville Legion	3.20m	NWI
	3.15m(NWI) FOUL	2.61m(NWI) 3.00m(NWI) 2.99m(NWI)	3.20m(NWI)	
8	Hodgkinson, Chelsea	12 Brockville Legion	2.71m	NWI
	2.44m(NWI) 2.70m(NWI) 2.33m(NWI) 2.62m(NWI) 2.48m(NWI)	2.71m(NWI)		

**Girls Shot Put U14**

Weight: 3kg

Name	Year Team	Finals
1 Gratton, Amelia	12 Plantagenet	8.09m
	7.34m 8.09m 7.79m 7.63m 7.49m 7.77m	
2 Cook, Molly	13 Unattached	6.64m
	5.99m 6.64m FOUL 5.95m 6.30m 6.24m	

**Girls Javelin Throw U14**

Weight: 400g

Name	Year Team	Finals
1 Pellett, Bradie	13 Ottawa Lions	10.36m
	PASS FOUL FOUL 9.18m 10.36m FOUL	

**Girls 100 Meter Dash U16**

National Std: N 12.95

Name	Year Team	Prelims	Wind
Preliminaries			
1 Meynert, Aaliyah	10 Kingston	13.40q	1.7
2 Jackson, Charlotte	10 Kingston	13.54q	1.7
3 Guevin-Joseph, Audree	11 Roadrunners	14.01q	1.7
4 Thompson, Islla	10 Embrun	14.08q	1.7
5 Turcotte, Sadie	11 Brockville Legion	14.48q	1.7

**Girls 100 Meter Dash U16**

National Std: N 12.95

Name	Year Team	Finals	Wind
Finals			
1 Meynert, Aaliyah	10 Kingston	13.52	1.0
2 Jackson, Charlotte	10 Kingston	13.58	1.0
3 Guevin-Joseph, Audree	11 Roadrunners	13.95	1.0
4 Turcotte, Sadie	11 Brockville Legion	14.29	1.0

**Girls 200 Meter Dash U16**

National Std: N 26.45

Name	Year Team	Finals	Wind
1 Jackson, Charlotte	10 Kingston	28.26	1.3
2 Mallon, Everly	10 Unattached	28.72	1.3
3 Meynert, Aaliyah	10 Kingston	29.19	1.3

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**Girls 300 Meter Dash U16**

National Std: N 44.53

Name	Year Team	Finals
1 Kinch, Lilah	11 Brockville Legion	44.10N
2 Lacombe, Liv	11 Roadrunners	45.83
3 Jackson, Charlotte	10 Kingston	46.37
4 Mallon, Everly	10 Unattached	46.45

**Girls 800 Meter Run U16**

National Std: N 2:27.08

Name	Year Team	Finals
1 Kinch, Lilah	11 Brockville Legion	2:25.84N
1:09.5002 (1:09.5002)	2:25.8352 (1:16.3350)	
2 Langevin, Isla	11 Brockville Legion	2:37.22
1:12.9772 (1:12.9772)	2:37.2202 (1:24.2430)	
3 Marshall, Maeve	11 Kingston	2:41.19
1:17.7502 (1:17.7502)	2:41.1882 (1:23.4380)	
4 Lacombe, Liv	11 Roadrunners	2:48.56
1:20.9942 (1:20.9942)	2:48.5522 (1:27.5580)	
5 Gibeau, Olivia	11 Roadrunners	2:51.08
1:21.7862 (1:21.7862)	2:51.0792 (1:29.2930)	
6 White, Abigail	11 Kingston	3:07.82
1:33.4302 (1:33.4302)	3:07.8112 (1:34.3810)	

**Girls 1200 Meter Run U16**

National Std: N 3:56.00

Name	Year Team	Finals
1 Langevin, Isla	11 Brockville Legion	3:59.59
1:16.4655 (1:16.4655)	2:40.3735 (1:23.9080)	3:59.5835 (1:19.2100)
2 Marshall, Maeve	11 Kingston	3:59.66
1:16.5185 (1:16.5185)	2:40.1705 (1:23.6520)	3:59.6545 (1:19.4840)
3 White, Abigail	11 Kingston	4:36.95
1:22.6255 (1:22.6255)	3:01.1425 (1:38.5170)	4:36.9485 (1:35.8060)

**Girls 2000 Meter Run U16**

National Std: N 7:25.00

Name	Year Team	Finals
1 Langevin, Isla	11 Brockville Legion	7:12.35N
1:26.2988 (1:26.2988)	2:55.2018 (1:28.9030)	4:21.5198 (1:26.3180)
5:48.3268 (1:26.8070)	7:12.3438 (1:24.0170)	
2 Major, Arabel	10 Brockville Legion	7:34.99
1:28.9508 (1:28.9508)	3:00.9318 (1:31.9810)	4:33.0378 (1:32.1060)
6:07.5088 (1:34.4710)	7:34.9838 (1:27.4750)	
3 White, Abigail	11 Kingston	8:53.12
1:36.0358 (1:36.0358)	3:24.0658 (1:48.0300)	5:15.2778 (1:51.2120)
7:05.5068 (1:50.2290)	8:53.1194 (1:47.6126)	



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**Girls 80 Meter Hurdles U16**

Height: 30"

National Std: N 13.45

Name	Year Team	Prelims	Wind
Preliminaries			
1 Donovan, Trinity	10 Brockville Legion	13.45q	2.6
2 Dafnas, Kaia	10 Kingston	13.46q	2.6
3 Nitschke, Olivia	11 Kingston	16.57q	2.6

**Girls 80 Meter Hurdles U16**

Height: 30"

National Std: N 13.45

Name	Year Team	Finals	Wind
Finals			
1 Donovan, Trinity	10 Brockville Legion	13.56	1.4
2 Dafnas, Kaia	10 Kingston	13.92	1.4
3 Nitschke, Olivia	11 Kingston	16.04	1.4

**Girls 200 Meter Hurdles U16**

Height: 30"

National Std: N 33.89

Name	Year Team	Finals	Wind
1 Donovan, Trinity	10 Brockville Legion	32.27	2.6
2 Brewin, Eve	10 Brockville Legion	33.89	2.6
3 Nitschke, Olivia	11 Kingston	34.08	2.6
4 Thompson, Islla	10 Embrun	34.09	2.6

**Girls 1500 Meter Steeplechase U16**

Height: 30"

National Std: N 7:00.00

Name	Year Team	Finals
1 Major, Arabel	10 Brockville Legion	5:30.75N
1:03.4848 (1:03.4848)	2:36.0658 (1:32.5810)	4:06.1958 (1:30.1300)
5:30.7508 (1:24.5550)		
2 Grace, Stella	11 Kingston	5:51.71N
1:02.6318 (1:02.6318)	2:37.3428 (1:34.7110)	4:15.8678 (1:38.5250)
5:51.7058 (1:35.8380)		
3 Brewin, Eve	10 Brockville Legion	6:19.85N
1:04.9998 (1:04.9998)	2:43.2528 (1:38.2530)	4:35.2598 (1:52.0070)
6:19.8498 (1:44.5900)		
4 Dufour, Lara	10 Brockville Legion	6:26.74N
1:06.0108 (1:06.0108)	2:47.4078 (1:41.3970)	4:40.1028 (1:52.6950)
6:26.7398 (1:46.6370)		
5 Marshall, Maeve	11 Kingston	7:11.37
1:16.8618 (1:16.8618)	3:11.0108 (1:54.1490)	5:08.0288 (1:57.0180)
7:11.3618 (2:03.3330)		

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**Girls High Jump U16**

National Std: N 1.45m

Name	Year	Team	Finals										
1 Dafnas, Kaia	10	Kingston	1.50mN										
	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.43	1.45	1.47	1.50	1.52
	P	O	O	P	O	O	XO	O	O	XXO	O	XXO	XXX
2 Nitschke, Olivia	11	Kingston	1.35m										
	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40					
	O	O	O	O	O	O	O	XXX					

**Girls Long Jump U16**

National Std: N 5.05m

Name	Year	Team	Finals	Wind		
1 Speck, Isla	10	Brockville Legion	4.40m	NWI		
	4.27m(NWI)	4.07m(NWI)	4.40m(NWI)	4.04m(NWI)	4.00m(NWI)	4.15m(NWI)
2 Dafnas, Kaia	10	Kingston	4.29m	NWI		
	4.09m(NWI)	4.10m(NWI)	4.29m(NWI)	4.18m(NWI)	3.92m(NWI)	3.94m(NWI)
3 Thompson, Islla	10	Embrun	4.12m	NWI		
	4.08m(NWI)	3.75m(NWI)	3.86m(NWI)	4.12m(NWI)	4.11m(NWI)	4.03m(NWI)
4 Turcotte, Sadie	11	Brockville Legion	3.84m	NWI		
	3.72m(NWI)	3.80m(NWI)	3.66m(NWI)	FOUL	3.84m(NWI)	3.47m(NWI)
5 Guevin-Joseph, Audree	11	Roadrunners	3.79m	NWI		
	3.72m(NWI)	3.52m(NWI)	3.79m(NWI)	3.72m(NWI)	3.60m(NWI)	3.05m(NWI)
6 Mills, Charlotte	10	Unattached	3.27m	NWI		
	3.27m(NWI)	3.03m(NWI)	3.01m(NWI)	PASS	PASS	PASS
7 Mallon, Everly	10	Unattached	3.16m	NWI		
	3.16m(NWI)	FOUL	3.04m(NWI)	PASS	PASS	PASS

**Girls Triple Jump U16**

National Std: N 10.20m

Name	Year	Team	Finals	Wind		
1 Thompson, Islla	10	Embrun	9.90m	NWI		
	9.51m(NWI)	9.90m(NWI)	9.58m(NWI)	9.50m(NWI)	9.33m(NWI)	9.56m(NWI)
2 Koekkoek, Norah	12	Unattached	9.75m	NWI		
	9.29m(NWI)	8.92m(NWI)	8.83m(NWI)	9.75m(NWI)	9.14m(NWI)	8.97m(NWI)
3 Speck, Isla	10	Brockville Legion	9.66m	NWI		
	9.25m(NWI)	9.61m(NWI)	9.63m(NWI)	9.43m(NWI)	9.53m(NWI)	9.66m(NWI)
4 Nitschke, Olivia	11	Kingston	9.10m	NWI		
	9.02m(NWI)	FOUL	9.10m(NWI)	8.92m(NWI)	9.04m(NWI)	8.92m(NWI)
5 Mallon, Everly	10	Unattached	7.54m	NWI		
	FOUL	7.54m(NWI)	FOUL	7.33m(NWI)	7.39m(NWI)	FOUL
6 Mills, Charlotte	10	Unattached	7.11m	NWI		
	FOUL	7.11m(NWI)	6.68m(NWI)	6.75m(NWI)	FOUL	6.57m(NWI)

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**Girls Shot Put U16**

Weight: 3kg

National Std: N 10.05m

Name	Year	Team	Finals
1 Mills, Charlotte	10	Unattached	9.85m
		8.24m 8.32m 9.57m 9.85m 9.31m 9.41m	
2 Paterson, Megan	10	Unattached	9.61m
		9.61m 9.39m 9.28m FOUL 8.72m 9.56m	
3 Senis, Nefertari	10	Kingston	9.60m
		9.60m 9.46m 9.05m 8.82m FOUL 8.91m	
4 Pitts, Mallory	12	Kingston	8.82m
		8.11m 8.67m 8.48m 8.82m 8.60m 8.50m	

**Girls Discus Throw U16**

Weight: 1kg

National Std: N 27.00m

Name	Year	Team	Finals
1 Paterson, Megan	10	Unattached	31.73mN
		30.75m 31.47m 31.73m 31.08m 25.57m 26.98m	
2 Pitts, Mallory	12	Kingston	26.06m
		18.23m 22.49m 26.06m 22.61m 23.34m 25.15m	
3 Mills, Charlotte	10	Unattached	23.64m
		FOUL 22.53m 22.82m 22.92m 22.94m 23.64m	

**Girls Hammer Throw U16**

Weight: 3kg

National Std: N 27.00m

Name	Year	Team	Finals
1 Pitts, Mallory	12	Kingston	25.61m
		25.61m FOUL FOUL 25.61m 24.68m FOUL	

**Girls Javelin Throw U16**

Weight: 500g

National Std: N 26.00m

Name	Year	Team	Finals
1 Gibeau, Olivia	11	Roadrunners	19.82m
		15.19m 12.92m 13.85m 19.82m 19.55m 18.20m	

**Girls 100 Meter Dash U18**

National Std: N 12.80

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Syllion, Rhianna	09	Unattached	N 12.28q	1.4
2 Martineau, Chloe	09	Ottawa Lions	N 12.70q	1.4
3 St Pierre, Olivia	08	Brockville Legion	12.95q	1.4
4 MacLeod, Abby	08	Brockville Legion	13.13q	1.4

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**....Girls 100 Meter Dash U18**

5 Nandoo, Emma	09 Brockville Legion	13.20q	1.4
6 Walpot, Sophie	09 Gananoque	13.40q	1.4

**Girls 100 Meter Dash U18**

National Std: N 12.80

Name	Year Team	Finals	Wind
Finals			
1 Syllion, Rhianna	09 Unattached	12.28N	1.5
2 Martineau, Chloe	09 Ottawa Lions	12.65N	1.5
3 St Pierre, Olivia	08 Brockville Legion	12.88	1.5
4 MacLeod, Abby	08 Brockville Legion	13.08	1.5
5 Nandoo, Emma	09 Brockville Legion	13.16	1.5

**Girls 200 Meter Dash U18**

National Std: N 26.40

Name	Year Team	Finals	Wind
1 Martineau, Chloe	09 Ottawa Lions	26.21	2.4
2 St Pierre, Emma	08 Brockville Legion	26.71	2.4
3 St Pierre, Olivia	08 Brockville Legion	26.94	2.4

**Girls 400 Meter Dash U18**

National Std: N 1:00.50

Name	Year Team	Finals
1 St Pierre, Emma	08 Brockville Legion	1:02.72

**Girls 1500 Meter Run U18**

National Std: N 4:50.00

Name	Year Team	Finals
1 Hedderson, Farrah	09 Ottawa Lions	5:37.23 1:00.1439 (1:00.1439) 2:31.1139 (1:30.9700) 4:06.5229 (1:35.4090) 5:37.2219 (1:30.6990)
2 Francis, Ryleigh	09 Brockville Legion	6:13.41 1:05.9029 (1:05.9029) 2:49.2149 (1:43.3120) 4:33.3379 (1:44.1230) 6:13.4059 (1:40.0680)

**Girls 3000 Meter Run U18**

National Std: N 10:55.90

Name	Year Team	Finals
1 Hedderson, Farrah	09 Ottawa Lions	12:39.38 43.8035 (43.8035) 2:17.4905 (1:33.6870) 3:55.3045 (1:37.8140) 5:38.0105 (1:42.7060) 7:23.4325 (1:45.4220) 9:10.9875 (1:47.5550) 11:00.5805 (1:49.5930) 12:39.3785 (1:38.7980)



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**Girls Triple Jump U18**

National Std: N 10.85m

Name	Year	Team	Finals	Wind
1 Bickerton, Skylar	09	Gananoque	7.45m	NWI
FOUL	FOUL	FOUL	FOUL	
			7.45m(NWI)	

**Girls Shot Put U18**

Weight: 3kg

National Std: N 11.00m

Name	Year	Team	Finals
1 Galloway, Lily	09	Kingston	10.27m
10.27m	10.07m	9.85m	FOUL
			9.87m
2 Raymond, Emily	09	Kingston	8.17m
7.95m	8.17m	7.96m	FOUL
			7.90m
3 Bickerton, Skylar	09	Gananoque	6.60m
5.33m	6.36m	6.57m	6.60m
			5.79m
			6.04m

**Girls Discus Throw U18**

Weight: 1kg

National Std: N 30.00m

Name	Year	Team	Finals
1 Raymond, Emily	09	Kingston	24.67m
FOUL	23.09m	24.67m	24.43m
			23.38m
			22.98m
2 Galloway, Lily	09	Kingston	20.79m
20.73m	FOUL	FOUL	FOUL
			FOUL
			20.79m
3 Bickerton, Skylar	09	Gananoque	17.64m
17.64m	15.02m	14.97m	15.15m
			15.95m
			15.04m

**Girls Hammer Throw U18**

Weight: 3kg

National Std: N 30.20m

Name	Year	Team	Finals
1 Galloway, Lily	09	Kingston	33.93mN
30.57m	FOUL	33.93m	30.85m
			31.24m
			31.73m

**Girls Javelin Throw U18**

Weight: 600g

National Std: N 32.00m

Name	Year	Team	Finals
1 Opalka, Hannah	08	Brockville Legion	30.16m
25.25m	30.16m	27.66m	FOUL
			26.06m
			FOUL
2 Lorz, Abby	09	Ottawa Lions	29.87m
26.01m	28.73m	25.03m	FOUL
			29.87m
			25.98m

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**Women Discus Throw Senior**

Weight: 1kg

Name	Year Team	Finals
1 Fawcett, Cariston	95 Kingston	35.08m
	33.74m 32.29m 32.70m 31.81m 34.60m 35.08m	

**Women Hammer Throw Senior**

Weight: 4kg

Name	Year Team	Finals
1 Fawcett, Cariston	95 Kingston	43.84m
	41.99m 41.44m 42.45m 43.84m FOUL FOUL	

**Women Javelin Throw Senior**

Weight: 600g

Name	Year Team	Finals
1 Trueman, Rebecca	80 Unattached	19.37m
	17.12m 19.37m 14.54m 17.31m FOUL 18.70m	

**Women 1500 Meter Race Walk Masters**

Name	Year Team	Finals
1 Morin-Pelletier, Melanie	80 Bytown Walkers	8:28.48
	1:35.7041 (1:35.7041) 3:52.1921 (2:16.4880)	6:11.1541 (2:18.9620)
	8:28.4801 (2:17.3260)	
2 Johnson, Vanessa	86 Bytown Walkers	9:15.48
	1:45.7511 (1:45.7511) 4:13.5471 (2:27.7960)	6:45.0961 (2:31.5490)
	9:15.4771 (2:30.3810)	

**Women 3000 Meter Race Walk Masters**

Name	Year Team	Finals
1 Guignard, Diane	88 Bytown Walkers	14:41.79
	52.8511 (52.8511) 2:42.4951 (1:49.6440)	4:37.1101 (1:54.6150)
	6:36.1651 (1:59.0550) 8:38.0181 (2:01.8530)	10:42.1111 (2:04.0930)
	12:47.5851 (2:05.4740) 14:41.7901 (1:54.2050)	
2 Rosenberger, Coreen	74 Bytown Walkers	19:44.81
	1:11.8621 (1:11.8621) 3:45.7881 (2:33.9260)	6:24.7591 (2:38.9710)
	9:03.6021 (2:38.8430) 11:41.6511 (2:38.0490)	14:21.0401 (2:39.3890)
	17:00.2391 (2:39.1990) 19:44.8021 (2:44.5630)	
3 Joannis, Anne-Marie	75 Bytown Walkers	20:55.38
	1:20.3171 (1:20.3171) 4:08.2631 (2:47.9460)	6:57.3931 (2:49.1300)
	9:43.4121 (2:46.0190) 12:31.6411 (2:48.2290)	15:20.4091 (2:48.7680)
	18:08.3451 (2:47.9360) 20:55.3731 (2:47.0280)	
4 Archibald, Sandy	59 Bytown Walkers	21:19.26
	1:18.8211 (1:18.8211) 4:07.6581 (2:48.8370)	6:56.8841 (2:49.2260)
	9:42.0681 (2:45.1840) 12:40.8631 (2:58.7950)	15:39.4201 (2:58.5570)
	18:35.0921 (2:55.6720) 21:19.2591 (2:44.1670)	

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**Boys 80 Meter Dash U10**

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Lanigan, Jack	16	Unattached	13.01q	2.9
2 Lalande, Antoine	16	Roadrunners	13.37q	2.9
3 Stewart, Kai	16	W.O. Mitchell	14.31q	2.9
4 Lalande, Joseph	18	Roadrunners	17.91q	2.9

**Boys 80 Meter Dash U10**

Name	Year	Team	Finals	Wind
Finals				
1 Lanigan, Jack	16	Unattached	13.13	1.1
2 Lalande, Antoine	16	Roadrunners	13.56	1.1
3 Stewart, Kai	16	W.O. Mitchell	14.23	1.1
4 Lalande, Joseph	18	Roadrunners	19.81	1.1

**Boys 300 Meter Dash U10**

Name	Year	Team	Finals
1 Millen, Maverick	16	Ange-Gabriel	57.63
2 Lalande, Antoine	16	Roadrunners	59.02
3 Stewart, Kai	16	W.O. Mitchell	1:07.56
4 Jordan, Grant	17	Brockville Legion	1:07.66
5 Lalande, Joseph	18	Roadrunners	1:42.78

**Boys 150 Meter Run U10**

Name	Year	Team	Finals	Wind
1 Lalande, Antoine	16	Roadrunners	26.35	1.7
2 Stewart, Kai	16	W.O. Mitchell	28.21	1.7
3 Jordan, Grant	17	Brockville Legion	28.94	1.7
4 Lalande, Joseph	18	Roadrunners	42.06	1.7

**Boys Long Jump U10**

Name	Year	Team	Finals	Wind
1 Stewart, Kai	16	W.O. Mitchell	3.25m	NWI
FOUL	3.14m(NWI)	3.25m(NWI)	FOUL	FOUL
2 Lanigan, Jack	16	Unattached	3.06m	NWI
2.89m(NWI)	2.93m(NWI)	3.06m(NWI)	PASS	PASS
FOUL				
3 Jordan, Grant	17	Brockville Legion	2.27m	NWI
1.91m(NWI)	1.74m(NWI)	FOUL	1.99m(NWI)	2.27m(NWI)
FOUL				

**Boys Shot Put U10**

Name	Year	Team	Finals
Weight: 2kg			



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**....Boys Shot Put U10**

1	Lanigan, Jack	16	Unattached						5.39m
	PASS	3.97m	4.00m	3.91m	4.96m	5.39m			
2	Stewart, Kai	16	W.O. Mitchell						5.30m
		5.22m	4.76m	4.76m	4.00m	5.30m	4.98m		
3	Jordan, Grant	17	Brockville Legion						3.86m
		3.80m	2.83m	3.70m	3.50m	PASS	3.86m		

**Boys 80 Meter Dash U12**

Name	Year	Team	Prelims	Wind	H#
<b>Preliminaries</b>					
1	Giles, Luke	14 Ottawa Lions	11.74q	1.2	3
2	Cote, Alexandre	15 Ottawa Lions	12.43q	2.1	1
3	Parker, Leyton	15 Brockville Legion	12.52q	2.4	2
4	Haddrick, Tom	15 Ottawa Lions	12.56q	2.1	1
5	Mills, Calvin	14 Ottawa Lions	12.68q	2.4	2
6	Koekkoek, Griffin	14 Unattached	12.72q	2.1	1
7	Kinnear, Bryson	15 Unstoppable BK	12.84q	1.2	3
8	Sawchuk, Kellan	15 Ange-Gabriel	13.02q	2.4	2
9	Fitz-Morris, Benji	14 Ottawa Lions	13.05	2.1	1
10	Cook, Russell	15 Unattached	13.12	1.2	3
11	Irvine, Jack	15 Brockville Legion	13.21	1.2	3
12	Ruigrok, Liam	14 Brockville Legion	13.36	2.4	2
13	Dejong, Elliot	16 Brockville Legion	13.38	2.4	2
14	Phillips, Bobby	15 Unattached	13.39	1.2	3
15	Jordan, Harry	15 Brockville Legion	13.61	1.2	3
16	Russell, Emerson	14 Brockville Legion	13.93	2.1	1
17	Durant, Colton	14 Brockville Legion	15.52	2.4	2

**Boys 80 Meter Dash U12**

Name	Year	Team	Finals	Wind
<b>Finals</b>				
1	Giles, Luke	14 Ottawa Lions	11.75	1.7
2	Cote, Alexandre	15 Ottawa Lions	12.43	1.7
3	Kinnear, Bryson	15 Unstoppable BK	12.62	1.7
4	Parker, Leyton	15 Brockville Legion	12.74	1.7
5	Koekkoek, Griffin	14 Unattached	12.81	1.7
6	Haddrick, Tom	15 Ottawa Lions	12.83	1.7
7	Mills, Calvin	14 Ottawa Lions	12.92	1.7
8	Sawchuk, Kellan	15 Ange-Gabriel	13.28	1.7

**Boys 150 Meter Dash U12**

Name	Year	Team	Finals	Wind	H#
1	Parker, Leyton	15 Brockville Legion	24.66	1.0	2
2	Mills, Calvin	14 Ottawa Lions	24.93	1.2	1
3	Haddrick, Tom	15 Ottawa Lions	25.00	1.0	2
4	Irvine, Jack	15 Brockville Legion	25.71	1.2	1
5	Cook, Russell	15 Unattached	26.08	1.0	2
6	Phillips, Bobby	15 Unattached	26.12	1.2	1
7	Ruigrok, Liam	14 Brockville Legion	26.29	1.0	2

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**....Boys 150 Meter Dash U12**

8 Russell, Emerson                      14 Brockville Legion                      27.27      1.2      1

**Boys 300 Meter Dash U12**

Name	Year	Team	Finals
1 Rodrigues, Joe	14	Kingston	50.37
2 Parker, Leyton	15	Brockville Legion	53.37
3 Mills, Calvin	14	Ottawa Lions	54.68
4 Sawchuk, Kellan	15	Ange-Gabriel	55.73
5 Irvine, Jack	15	Brockville Legion	55.78
6 Fitz-Morris, Benji	14	Ottawa Lions	57.82
7 Jordan, Harry	15	Brockville Legion	58.59
8 Phillips, Bobby	15	Unattached	59.37

**Boys 800 Meter Run U12**

Name	Year	Team	Finals
1 Rodrigues, Joe	14	Kingston	2:49.18
1:26.1817 (1:26.1817)		2:49.1737 (1:22.9920)	
2 Parker, Leyton	15	Brockville Legion	2:56.16
1:28.7967 (1:28.7967)		2:56.1587 (1:27.3620)	
3 Link, Bayane	14	Brockville Legion	2:56.74
1:29.2947 (1:29.2947)		2:56.7397 (1:27.4450)	
4 Millen, Maverick	16	Ange-Gabriel	2:57.64
1:29.1847 (1:29.1847)		2:57.6407 (1:28.4560)	
5 Koekkoek, Griffin	14	Unattached	3:04.77
1:28.3667 (1:28.3667)		3:04.7637 (1:36.3970)	
6 Jordan, Harry	15	Brockville Legion	3:07.28
1:29.1347 (1:29.1347)		3:07.2757 (1:38.1410)	
7 Irvine, Jack	15	Brockville Legion	3:15.78
1:36.7437 (1:36.7437)		3:15.7747 (1:39.0310)	

**Boys 60 Meter Hurdles U12**

Height: 27"

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 Parker, Leyton	15	Brockville Legion	12.57q	1.9	1 12.563
2 Dejong, Elliot	16	Brockville Legion	12.57q	1.9	1 12.570
3 Cote, Alexandre	15	Ottawa Lions	12.67q	1.9	1
4 Fitz-Morris, Benji	14	Ottawa Lions	13.01q	2.0	2
5 Irvine, Jack	15	Brockville Legion	13.23q	1.9	1
6 Ruigrok, Liam	14	Brockville Legion	13.51q	2.0	2
7 Russell, Emerson	14	Brockville Legion	14.73q	2.0	2

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**Boys 60 Meter Hurdles U12**

Height: 27"

Name	Year Team	Finals	Wind	H#
<b>Finals</b>				
1 Parker, Leyton	15 Brockville Legion	12.20	2.1	2
2 Cote, Alexandre	15 Ottawa Lions	12.70	2.1	2
3 Fitz-Morris, Benji	14 Ottawa Lions	13.18	2.1	2
4 Irvine, Jack	15 Brockville Legion	13.40	1.3	1
5 Ruigrok, Liam	14 Brockville Legion	13.46	1.3	1
6 Dejong, Elliot	16 Brockville Legion	14.54	2.1	2
7 Russell, Emerson	14 Brockville Legion	14.77	1.3	1

**Boys High Jump U12**

Name	Year Team	Finals
1 Jordan, Harry	15 Brockville Legion	0.90m
0.80 0.85 0.90 1.00		
0 0 XO XXX		
2 Russell, Emerson	14 Brockville Legion	0.90m
0.80 0.85 0.90 1.00		
0 XO XXO XXX		

**Boys Long Jump U12**

Name	Year Team	Finals	Wind
1 Cote, Alexandre	15 Ottawa Lions	3.68m	NWI
3.00m(NWI) 2.99m(NWI) 3.49m(NWI) 3.44m(NWI) 3.57m(NWI) 3.68m(NWI)			
2 Haddrick, Tom	15 Ottawa Lions	3.66m	NWI
3.47m(NWI) 3.47m(NWI) FOUL 2.57m(NWI) FOUL 3.66m(NWI)			
3 Mills, Calvin	14 Ottawa Lions	3.61m	NWI
3.61m(NWI) FOUL 3.35m(NWI) 3.44m(NWI) 3.24m(NWI) FOUL			
4 Koekkoek, Griffin	14 Unattached	3.36m	NWI
3.21m(NWI) 3.23m(NWI) 3.02m(NWI) 3.36m(NWI) 3.31m(NWI) 3.15m(NWI)			
5 Ruigrok, Liam	14 Brockville Legion	3.20m	NWI
FOUL 2.96m(NWI) 2.83m(NWI) 3.20m(NWI) 3.17m(NWI) 3.05m(NWI)			
6 Parker, Leyton	15 Brockville Legion	3.18m	NWI
FOUL 2.63m(NWI) 2.79m(NWI) 3.02m(NWI) 3.18m(NWI) FOUL			
7 Sawchuk, Kellan	15 Ange-Gabriel	3.15m	NWI
3.15m(NWI) 3.09m(NWI) 2.92m(NWI) 3.03m(NWI) 3.08m(NWI) FOUL			
8 Jordan, Harry	15 Brockville Legion	3.05m	NWI
2.67m(NWI) 3.05m(NWI) 2.71m(NWI) 2.93m(NWI) 2.83m(NWI) FOUL			
9 Durant, Colton	14 Brockville Legion	1.96m	NWI
1.96m(NWI) 1.85m(NWI) 1.89m(NWI) 1.42m(NWI) PASS 1.81m(NWI)			

**Boys Shot Put U12**

Weight: 2.72kg

Name	Year Team	Finals
1 Graves, Noah	16 St. Teresa	6.56m
5.94m 6.56m 6.35m 5.62m PASS 5.53m		

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**....Boys Shot Put U12**

2	Russell, Emerson	14	Brockville Legion	6.30m
	5.47m 5.24m 4.72m 5.11m 5.29m 6.30m			
3	Irvine, Jack	15	Brockville Legion	4.90m
	4.45m 4.66m 4.90m 4.39m PASS PASS			
4	Donovan, Henry	15	Brockville Legion	4.67m
	4.00m PASS 4.67m 3.79m 4.42m 4.40m			
5	Durant, Colton	14	Brockville Legion	3.82m
	3.52m 3.63m 3.43m PASS 3.82m 3.76m			

**Boys 80 Meter Dash U14**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	Combasson, Eric	13 Ottawa Lions	11.32q	1.1
2	Cormier, Miguel	12 Plantagenet	11.36q	1.1
3	Varela, Rafael	13 Unattached	11.87q	1.1
4	Phillips, Chace	13 Brockville Legion	12.47q	1.1
5	Ferguson, Nolan	13 Brockville Legion	12.73q	1.1
6	Graham, Alexander	13 Brockville Legion	14.33q	1.1

**Boys 80 Meter Dash U14**

Name	Year	Team	Finals	Wind
Finals				
1	Combasson, Eric	13 Ottawa Lions	11.32	0.7
2	Cormier, Miguel	12 Plantagenet	11.52	0.7
3	Varela, Rafael	13 Unattached	12.13	0.7
4	Phillips, Chace	13 Brockville Legion	12.46	0.7
5	Ferguson, Nolan	13 Brockville Legion	12.87	0.7
6	Graham, Alexander	13 Brockville Legion	14.71	0.7

**Boys 150 Meter Dash U14**

Name	Year	Team	Finals	Wind
1	Cormier, Miguel	12 Plantagenet	21.98	0.1
2	Harrison, Jimmy	12 Plantagenet	22.04	0.1
3	Phillips, Chace	13 Brockville Legion	23.87	0.1
4	Ferguson, Nolan	13 Brockville Legion	24.81	0.1

**Boys 300 Meter Dash U14**

Name	Year	Team	Finals
1	Harrison, Jimmy	12 Plantagenet	48.89
2	Varela, Rafael	13 Unattached	49.42
3	Combasson, Eric	13 Ottawa Lions	51.43
4	Phillips, Chace	13 Brockville Legion	54.64
5	Ferguson, Nolan	13 Brockville Legion	55.18

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**Boys 800 Meter Run U14**

Name	Year	Team	Finals
1 Lamoureux, Colin	12	Plantagenet	2:45.75
1:21.0511 (1:21.0511)		2:45.7461 (1:24.6950)	
2 Doucet, Logan	12	Kingston	2:50.24
1:24.9291 (1:24.9291)		2:50.2401 (1:25.3110)	
3 Levecque, Joel	12	Unattached	3:00.51
1:27.2881 (1:27.2881)		3:00.5061 (1:33.2180)	

**Boys 1200 Meter Run U14**

Name	Year	Team	Finals
1 Doucet, Logan	12	Kingston	4:03.11
1:16.9564 (1:16.9564)		2:43.6544 (1:26.6980)	4:03.1014 (1:19.4470)
2 Varela, Rafael	13	Unattached	4:06.56
1:16.1144 (1:16.1144)		2:42.4114 (1:26.2970)	4:06.5534 (1:24.1420)
3 Tobin, Jack	12	Brockville Legion	4:12.23
1:19.4874 (1:19.4874)		2:49.2994 (1:29.8120)	4:12.2224 (1:22.9230)
4 Lamoureux, Colin	12	Plantagenet	4:13.12
1:14.9874 (1:14.9874)		2:43.2114 (1:28.2240)	4:13.1154 (1:29.9040)
5 Levecque, Joel	12	Unattached	4:21.21
1:20.7704 (1:20.7704)		2:51.6724 (1:30.9020)	4:21.2074 (1:29.5350)

**Boys 2000 Meter Run U14**

Name	Year	Team	Finals
1 Tobin, Jack	12	Brockville Legion	7:45.36
1:27.7770 (1:27.7770)		3:04.2730 (1:36.4960)	4:42.9530 (1:38.6800)
6:21.8790 (1:38.9260)		7:45.3580 (1:23.4790)	
2 Levecque, Joel	12	Unattached	7:52.98
1:35.3540 (1:35.3540)		3:18.7640 (1:43.4100)	4:55.8120 (1:37.0480)
6:25.6580 (1:29.8460)		7:52.9770 (1:27.3190)	

**Boys 80 Meter Hurdles U14**

Height: 30"

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Combasson, Eric	13	Ottawa Lions	16.42q	2.3
2 Ferguson, Nolan	13	Brockville Legion	18.45q	2.3
3 Phillips, Chace	13	Brockville Legion	18.59q	2.3
4 Graham, Alexander	13	Brockville Legion	21.51q	2.3

**Boys 80 Meter Hurdles U14**

Height: 30"

Name	Year	Team	Finals	Wind
Finals				
1 Combasson, Eric	13	Ottawa Lions	17.26	1.3
2 Ferguson, Nolan	13	Brockville Legion	18.69	1.3

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**....Boys 80 Meter Hurdles U14**

3	Phillips, Chace	13 Brockville Legion	18.86	1.3
4	Graham, Alexander	13 Brockville Legion	20.21	1.3

**Boys 200 Meter Hurdles U14**

Height: 30"

Name	Year Team	Finals	Wind
1 Phillips, Chace	13 Brockville Legion	42.58	2.4

**Boys High Jump U14**

Name	Year Team	Finals
1 Combasson, Eric	13 Ottawa Lions	1.25m
	1.00 1.15 1.20 1.25 1.30	
	o o o o X	

**Boys Long Jump U14**

Name	Year Team	Finals	Wind
1 Cormier, Miguel	12 Plantagenet	4.45m	NWI
	4.25m(NWI) 4.42m(NWI) 4.39m(NWI) 4.45m(NWI) FOUL	4.28m(NWI)	
2 Combasson, Eric	13 Ottawa Lions	4.42m	NWI
	3.70m(NWI) FOUL FOUL 4.24m(NWI) 4.42m(NWI) 4.17m(NWI)		
3 Beeg, Hunter	12 Unattached	3.68m	NWI
	3.18m(NWI) 3.41m(NWI) 3.28m(NWI) 3.42m(NWI) 3.68m(NWI) 3.51m(NWI)		
4 Phillips, Chace	13 Brockville Legion	3.54m	NWI
	2.22m(NWI) 2.74m(NWI) 2.68m(NWI) 2.91m(NWI) 3.54m(NWI) 3.52m(NWI)		
5 Ferguson, Nolan	13 Brockville Legion	3.47m	NWI
	3.13m(NWI) 3.15m(NWI) 3.09m(NWI) 3.35m(NWI) 3.46m(NWI) 3.47m(NWI)		
6 Graham, Alexander	13 Brockville Legion	3.07m	NWI
	2.85m(NWI) 3.07m(NWI) FOUL FOUL 2.93m(NWI) FOUL		

**Boys Shot Put U14**

Weight: 3kg

Name	Year Team	Finals
1 Graham, Alexander	13 Brockville Legion	5.62m
	5.37m 5.26m 5.06m 5.04m 5.08m 5.62m	

**Boys Discus Throw U14**

Weight: 750g

Name	Year Team	Finals
1 Graham, Alexander	13 Brockville Legion	14.35m
	FOUL 14.02m 13.48m FOUL FOUL 14.35m	

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**Boys Javelin Throw U14**

Weight: 400g

Name	Year Team	Finals
1 Phillips, Chace	13 Brockville Legion	14.02m
FOUL 14.02m PASS FOUL FOUL 13.49m		
2 Combasson, Eric	13 Ottawa Lions	13.69m
FOUL FOUL PASS FOUL FOUL 13.69m		
3 Graham, Alexander	13 Brockville Legion	7.34m
FOUL FOUL PASS FOUL FOUL 7.34m		

**Boys 100 Meter Dash U16**

National Std: N 11.85

Name	Year Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Bahuguna, Aarav	10 Flying Angels	11.88q	1.8	2
2 Warren, Freddy	10 Unattached	11.94q	1.8	2 11.934
3 Pakenham, Edward	10 Brockville Legion	11.94q	1.5	1 11.940
4 Cook, Warren	10 Unattached	12.10q	1.5	1 12.093
5 Pruner, Reed	10 Brockville Legion	12.10q	1.5	1 12.098
6 Gaskell, Darius	10 Brockville Legion	12.23q	1.5	1
7 Patenaude, Jean-Marc	11 Ottawa Lions	12.44q	1.8	2
8 Stonham, Brock	10 Unattached	12.55q	1.5	1
9 Hall, Tommy	10 Roadrunners	12.80	1.5	1
10 Herwig, Lucas	11 Les Coureurs	12.84	1.8	2
11 Conklin, Joey	10 Brockville Legion	12.93	1.8	2
12 Madill, Chase	11 Les Coureurs	13.01	1.8	2
13 Beauvais, Everett	11 Brockville Legion	13.82	1.5	1

**Boys 100 Meter Dash U16**

National Std: N 11.85

Name	Year Team	Finals	Wind
<b>Finals</b>			
1 Bahuguna, Aarav	10 Flying Angels	11.80N	1.5
2 Pakenham, Edward	10 Brockville Legion	11.92	1.5
3 Pruner, Reed	10 Brockville Legion	12.00	1.5
4 Warren, Freddy	10 Unattached	12.07	1.5 12.061
5 Cook, Warren	10 Unattached	12.07	1.5 12.065
6 Gaskell, Darius	10 Brockville Legion	12.28	1.5
7 Patenaude, Jean-Marc	11 Ottawa Lions	12.60	1.5
8 Stonham, Brock	10 Unattached	12.68	1.5

**Boys 200 Meter Dash U16**

National Std: N 24.45

Name	Year Team	Finals	Wind	H#
1 Hanna, Jacob	10 Brockville Legion	23.84	2.2	1
2 Bahuguna, Aarav	10 Flying Angels	23.98	2.2	1
3 Cook, Warren	10 Unattached	24.65	2.2	1
4 Warren, Freddy	10 Unattached	24.69	2.2	1

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**....Boys 200 Meter Dash U16**

5	Gaskell, Darius	10	Brockville Legion	24.82	1.5	2
6	Pruner, Reed	10	Brockville Legion	25.21	2.2	1
7	Patenaude, Jean-Marc	11	Ottawa Lions	25.23	2.2	1
8	Pakenham, Edward	10	Brockville Legion	25.39	1.5	2
9	Lanigan, Brendan	10	Brockville Legion	26.01	1.5	2
10	Herwig, Lucas	11	Les Coureurs	26.50	1.5	2
11	Madill, Chase	11	Les Coureurs	27.63	1.5	2

**Boys 300 Meter Dash U16**

National Std: N 40.50

Name	Year	Team	Finals
1 Hanna, Jacob	10	Brockville Legion	37.63N
2 Larocque, Samuel	11	Unattached	42.71
3 Herwig, Lucas	11	Les Coureurs	43.22
4 Varela, Javier	11	Kingston	43.79

**Boys 800 Meter Run U16**

National Std: N 2:08.50

Name	Year	Team	Finals
1 Thompson, Burke	10	Brockville Legion	2:27.29
1:06.0484 (1:06.0484)		2:27.2854 (1:21.2370)	
2 Larocque, Samuel	11	Unattached	2:27.69
1:10.6934 (1:10.6934)		2:27.6894 (1:16.9960)	
3 Levecque, Reid	10	Unattached	3:15.51
1:30.1484 (1:30.1484)		3:15.5044 (1:45.3560)	

**Boys 1200 Meter Run U16**

National Std: N 3:28.00

Name	Year	Team	Finals
1 Thompson, Burke	10	Brockville Legion	3:39.29
1:07.9924 (1:07.9924)		2:24.2404 (1:16.2480)	3:39.2874 (1:15.0470)
2 Varela, Javier	11	Kingston	3:49.15
1:14.7984 (1:14.7984)		2:36.7254 (1:21.9270)	3:49.1414 (1:12.4160)
3 Larocque, Samuel	11	Unattached	3:49.18
1:14.8554 (1:14.8554)		2:36.9484 (1:22.0930)	3:49.1804 (1:12.2320)
4 Molomaya, Gabreil	11	Unattached	4:00.51
1:14.5604 (1:14.5604)		2:38.5164 (1:23.9560)	4:00.5084 (1:21.9920)
5 Levecque, Reid	10	Unattached	4:38.31
1:21.6984 (1:21.6984)		2:57.5644 (1:35.8660)	4:38.3104 (1:40.7460)

**Boys 2000 Meter Run U16**

National Std: N 6:24.00

Name	Year	Team	Finals
1 Thompson, Burke	10	Brockville Legion	7:01.84
1:16.2460 (1:16.2460)		2:37.8680 (1:21.6220)	4:02.6760 (1:24.8080)
5:33.9100 (1:31.2340)		7:01.8360 (1:27.9260)	



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**....Boys 2000 Meter Run U16**

2	Molomaya, Gabreil	11	Unattached	7:37.36	
	1:18.9960 (1:18.9960)		2:53.4280 (1:34.4320)	4:33.3310 (1:39.9030)	
	6:13.3390 (1:40.0080)		7:37.3510 (1:24.0120)		
3	Levecque, Reid	10	Unattached	9:00.33	
	1:38.7420 (1:38.7420)		3:28.5130 (1:49.7710)	5:23.0950 (1:54.5820)	
	7:17.0590 (1:53.9640)		9:00.3250 (1:43.2660)		

**Boys 100 Meter Hurdles U16**

Height: 33"  
 National Std: N 17.38

Name	Year	Team	Prelims	Wind
Preliminaries				
1	Stonham, Brock	10	Unattached	N 15.14q 1.8
2	Cholette, Ronan	10	Brockville Legion	N 16.06q 1.8
3	Leakey, Samuel	11	Brockville Legion	N 16.63q 1.8
4	Pakenham, Edward	10	Brockville Legion	18.21q 1.8

**Boys 100 Meter Hurdles U16**

Height: 33"  
 National Std: N 17.38

Name	Year	Team	Finals	Wind
Finals				
1	Stonham, Brock	10	Unattached	15.28N 1.2
2	Cholette, Ronan	10	Brockville Legion	15.47N 1.2
3	Leakey, Samuel	11	Brockville Legion	17.36N 1.2
4	Pakenham, Edward	10	Brockville Legion	17.69 1.2

**Boys 200 Meter Hurdles U16**

Height: 30"  
 National Std: N 30.00

Name	Year	Team	Finals	Wind
1	Cholette, Ronan	10	Brockville Legion	28.34 2.4
2	Pakenham, Edward	10	Brockville Legion	29.53 2.4
3	Leakey, Samuel	11	Brockville Legion	29.69 2.4

**Boys High Jump U16**

National Std: N 1.70m

Name	Year	Team	Finals
1	Warren, Freddy	10	Unattached
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85		1.80mN
	P P P P O O O O O XXO O XXX		
2	Moffitt, Andrew	11	Brockville Legion
	1.30 1.35 1.40 1.45 1.50 1.55 1.60		1.55m
	O O O O XO O XXX		

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**....Boys High Jump U16**

3 Beauvais, Everett	11 Brockville Legion	1.40m
1.30 1.35 1.40 1.45		
XO XO XXO XXX		

**Boys Pole Vault U16**

National Std: N 2.35m

Name	Year Team	Finals
1 Giroux, Tom	10 Brockville Legion	2.60mN
2.10 2.25 2.45 2.60 2.75		
P O XXO XO XXX		
2 Conklin, Joey	10 Brockville Legion	2.45mN
2.10 2.25 2.45 2.60		
O O O XXX		

**Boys Long Jump U16**

National Std: N 5.60m

Name	Year Team	Finals	Wind
1 Patenaude, Jean-Marc	11 Ottawa Lions	5.29m	NWI
FOUL 5.02m(NWI) FOUL 4.83m(NWI) 5.29m(NWI) 4.73m(NWI)			
2 Warren, Freddy	10 Unattached	5.19m	NWI
4.79m(NWI) 4.63m(NWI) 5.12m(NWI) 5.16m(NWI) 5.19m(NWI) 5.07m(NWI)			
3 Bahuguna, Aarav	10 Flying Angels	5.18m	NWI
4.81m(NWI) 4.98m(NWI) 4.78m(NWI) 4.65m(NWI) 5.18m(NWI) 4.98m(NWI)			
4 Moffitt, Andrew	11 Brockville Legion	4.75m	NWI
4.69m(NWI) 4.39m(NWI) 4.75m(NWI) 4.65m(NWI) 4.67m(NWI) 4.35m(NWI)			
5 Madill, Chase	11 Les Coureurs	4.31m	NWI
FOUL 4.31m(NWI) 4.01m(NWI) 3.94m(NWI) 4.13m(NWI) FOUL			

**Boys Triple Jump U16**

National Std: N 11.70m

Name	Year Team	Finals	Wind
1 Lanigan, Brendan	10 Brockville Legion	10.89m	NWI
10.89m(NWI) 10.74m(NWI) 10.73m(NWI) 10.42m(NWI) 10.54m(NWI) PASS			
2 Moffitt, Andrew	11 Brockville Legion	10.08m	NWI
10.03m(NWI) 10.08m(NWI) FOUL FOUL 9.79m(NWI) 9.80m(NWI)			

**Boys Shot Put U16**

Weight: 4kg

National Std: N 12.25m

Name	Year Team	Finals
1 Hall, Tommy	10 Roadrunners	11.32m
10.78m 10.85m 8.47m 11.17m 11.32m 10.75m		

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**Boys Discus Throw U16**

Weight: 1kg

National Std: N 40.00m

Name	Year	Team	Finals
1 Kerr, Keith	10	Kingston	36.20m
			36.20m 35.91m FOUL 30.66m 33.98m 31.70m
2 Cholette, Ronan	10	Brockville Legion	29.71m
			FOUL 27.04m FOUL 29.51m 29.71m 28.93m
3 Hall, Tommy	10	Roadrunners	27.06m
			22.96m 22.88m 23.74m 27.06m 25.26m 23.74m

**Boys Hammer Throw U16**

Weight: 4kg

National Std: N 33.00m

Name	Year	Team	Finals
1 Kerr, Keith	10	Kingston	23.17m
			19.99m 23.17m 18.61m 23.01m 21.77m FOUL

**Boys Javelin Throw U16**

Weight: 600g

National Std: N 38.00m

Name	Year	Team	Finals
1 Rathwell, Jarred	10	Unattached	48.08mN
			44.76m 40.12m 48.08m 43.75m FOUL 47.22m
2 Lanigan, Brendan	10	Brockville Legion	32.33m
			FOUL FOUL 10.24m PASS 32.33m PASS

**Boys 1500 Meter Race Walk U16**

National Std: N 11:00.00

Name	Year	Team	Finals
1 Sivers, Robert	11	Brockville Legion	9:43.18N
			1:48.5671 (1:48.5671) 4:25.8011 (2:37.2340) 7:09.0901 (2:43.2890)
			9:43.1741 (2:34.0840)

**Boys 100 Meter Dash U18**

National Std: N 11.30

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Storr, Makoto	09	Brockville Legion	N 11.17q	2.0
2 Do Canto, Nicholas	09	Kingston	N 11.24q	2.0
3 McCreight, Ethan	09	Unattached	11.96q	2.0
4 Harrison, Tony	09	Plantagenet	12.26q	2.0
5 Doherty, Dylan	08	Brockville Legion	12.56q	2.0

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**Boys 100 Meter Dash U18**

National Std: N 11.30

Name	Year Team	Finals	Wind
Finals			
1 Do Canto, Nicholas	09 Kingston	11.19N	0.9
2 Storr, Makoto	09 Brockville Legion	11.23N	0.9
3 Morrice, Logan	09 Unnatached	11.52	0.9
4 McCreight, Ethan	09 Unattached	12.34	0.9
5 Harrison, Tony	09 Plantagenet	12.52	0.9
6 Doherty, Dylan	08 Brockville Legion	12.74	0.9

**Boys 200 Meter Dash U18**

National Std: N 22.80

Name	Year Team	Finals	Wind
1 Do Canto, Nicholas	09 Kingston	22.95	3.0
2 Storr, Makoto	09 Brockville Legion	23.24	3.0
3 Mboma, Joseph	09 Brockville Legion	24.06	3.0
4 Harrison, Tony	09 Plantagenet	25.79	3.0
5 Doherty, Dylan	08 Brockville Legion	26.49	3.0

**Boys 400 Meter Dash U18**

National Std: N 51.50

Name	Year Team	Finals
1 Mboma, Joseph	09 Brockville Legion	54.49
2 Belle-Isle, Olivier	09 Hawkesbury	1:00.34
3 Cisse, Moussa Nouhoum	09 Ottawa Lions	1:02.34

**Boys 800 Meter Run U18**

National Std: N 1:57.00

Name	Year Team	Finals
1 Hawes, Jonah	08 Brockville Legion	1:57.30
59.6334 (59.6334)	1:57.3004 (57.6670)	
2 Bennett, Lucas	09 Brockville Legion	2:43.18
59.2344 (59.2344)	2:43.1744 (1:43.9400)	

**Boys 1500 Meter Run U18**

National Std: N 4:06.00

Name	Year Team	Finals
1 Morrow, Kai	08 Brockville Legion	4:06.79
48.2598 (48.2598)	1:54.2828 (1:06.0230)	3:02.5418 (1:08.2590)
4:06.7908 (1:04.2490)		
2 Belle-Isle, Olivier	09 Hawkesbury	5:01.71
49.7928 (49.7928)	2:09.2228 (1:19.4300)	3:39.3238 (1:30.1010)
5:01.7058 (1:22.3820)		

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**Boys 3000 Meter Run U18**

National Std: N 9:06.00

Name	Year Team	Finals
1 Fortier, Mikel	08 Ottawa Lions	9:40.79
36.5145 (36.5145)	1:52.2525 (1:15.7380)	3:10.7955 (1:18.5430)
4:27.1415 (1:16.3460)	5:45.0875 (1:17.9460)	7:03.8185 (1:18.7310)
8:22.9425 (1:19.1240)	9:40.7885 (1:17.8460)	
2 McGuire, Tristan	09 Roadrunners	11:27.50
41.4315 (41.4315)	2:09.6115 (1:28.1800)	3:42.2875 (1:32.6760)
5:14.4325 (1:32.1450)	6:47.4835 (1:33.0510)	8:22.8935 (1:35.4100)
9:57.6595 (1:34.7660)	11:27.4925 (1:29.8330)	

**Boys 110 Meter Hurdles U18**

Height: 36"

National Std: N 16.15

Name	Year Team	Prelims	Wind
Preliminaries			
1 Mordel, Eli	08 Ottawa Lions	14.88q	2.2
2 Dwyre, Riley	09 Brockville Legion	17.20q	2.2
3 McCreight, Ethan	09 Unattached	18.70q	2.2

**Boys 110 Meter Hurdles U18**

Height: 36"

National Std: N 16.15

Name	Year Team	Finals	Wind
Finals			
1 Mordel, Eli	08 Ottawa Lions	14.50	3.4
2 Dwyre, Riley	09 Brockville Legion	16.92	3.4
3 McCreight, Ethan	09 Unattached	18.62	3.4

**Boys 400 Meter Hurdles U18**

Height: 33"

National Std: N 1:01.50

Name	Year Team	Finals
1 McCreight, Ethan	09 Unattached	1:04.74
2 Dwyre, Riley	09 Brockville Legion	1:05.72
3 Cisse, Moussa Nouhoum	09 Ottawa Lions	1:09.72

**Boys 2000 Meter Steeplechase U18**

Height: 33"

National Std: N 7:00.00

Name	Year Team	Finals
1 Fortier, Mikel	08 Ottawa Lions	6:29.69N
54.1808 (54.1808)	2:14.5298 (1:20.3490)	3:37.8498 (1:23.3200)
5:02.7568 (1:24.9070)	6:29.6868 (1:26.9300)	

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**Boys High Jump U18**

National Std: N 1.84m

Name	Year	Team									Finals
1 Beeg, Parker	09	Unattached									1.80m
			1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	
			O	O	O	XO	O	O	XXO	XXX	

**Boys Pole Vault U18**

National Std: N 3.30m

Name	Year	Team									Finals
1 Mordel, Eli	08	Ottawa Lions									3.30mN
			2.10	2.25	2.45	2.60	2.75	2.90	3.30		
			P	P	P	P	P	P	O		
2 Payne, Duke	09	Unattached									2.75m
			2.10	2.25	2.45	2.60	2.75	2.90			
			P	P	O	O	O	XXX			
3 Delaney, Chase	09	Brockville Legion									2.60m
			2.10	2.25	2.45	2.60	2.75				
			P	P	P	XO	XXX				
3 McAnerin, Bo	09	Unattached									2.60m
			2.10	2.25	2.45	2.60	2.75				
			P	O	O	XO	XXX				
5 Phillips, Luke	09	Thousand Islands									2.45m
			2.10	2.25	2.45	2.60					
			O	O	O	XXX					

**Boys Triple Jump U18**

National Std: N 12.70m

Name	Year	Team					Finals	Wind
1 Hollinger, Noah	09	Ottawa Lions					12.35m	NWI
			12.01m(NWI)	12.06m(NWI)	11.96m(NWI)	12.01m(NWI)	12.35m(NWI)	12.21m(NWI)
2 Cisse, Moussa Nouhoum	09	Ottawa Lions					12.21m	NWI
			FOUL	FOUL	11.74m(NWI)	12.21m(NWI)	11.97m(NWI)	11.94m(NWI)

**Boys Shot Put U18**

Weight: 5kg

National Std: N 14.00m

Name	Year	Team					Finals	
1 Baetz, Parker	09	Unattached					12.41m	
			12.41m	12.31m	11.46m	FOUL	10.96m	FOUL
2 Raftis-Munroe, Trenton	09	Kingston					12.21m	
			11.24m	11.93m	11.97m	12.21m	11.12m	11.99m
3 Kellar, James	25	Kingston					10.71m	
			10.54m	10.51m	10.71m	FOUL	10.64m	10.58m
4 Gow-Munroe, Jayden	09	Kingston					8.44m	
			6.74m	7.37m	FOUL	8.44m	FOUL	7.94m

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**Boys Discus Throw U18**

Weight: 1.5kg

National Std: N 40.50m

Name	Year	Team	Finals
1 Matthews, Landon	08	Kingston	41.45mN
FOUL 36.86m 41.45m	FOUL	40.66m	FOUL
2 Baetz, Parker	09	Unattached	40.60mN
40.60m 38.51m	FOUL	FOUL 35.09m	FOUL
3 Raftis-Munroe, Trenton	09	Kingston	39.23m
35.19m 37.52m 35.87m	35.61m	37.29m	39.23m
4 Kellar, James	25	Kingston	31.87m
FOUL 31.87m	FOUL	FOUL 28.61m	28.70m
5 Gow-Munroe, Jayden	09	Kingston	26.78m
FOUL 25.07m	FOUL	FOUL 26.78m	FOUL

**Boys Hammer Throw U18**

Weight: 5kg

National Std: N 45.00m

Name	Year	Team	Finals
1 Matthews, Landon	08	Kingston	39.75m
34.60m	FOUL	FOUL 37.67m	39.75m
2 Gow-Munroe, Jayden	09	Kingston	30.26m
30.26m	FOUL	FOUL 26.80m	FOUL 28.12m
3 Raftis-Munroe, Trenton	09	Kingston	27.79m
20.98m 25.25m 26.44m	23.99m	25.29m	27.79m
4 Kellar, James	25	Kingston	25.86m
FOUL 22.84m 25.86m	24.66m	23.18m	23.44m

**Boys Javelin Throw U18**

Weight: 700g

National Std: N 47.00m

Name	Year	Team	Finals
1 Baetz, Parker	09	Unattached	47.76mN
39.60m	FOUL	FOUL 47.65m	47.76m
2 Morrow, Nolan	08	Brockville Legion	47.58mN
FOUL	FOUL	FOUL 47.58m	FOUL
3 Glen, Lucas	09	Brockville Legion	45.76m
43.74m	FOUL	45.76m	FOUL
-- Kennedy, Hudson	09	Ottawa Lions	FOUL
FOUL	FOUL	FOUL	FOUL

**Men 100 Meter Dash U20**

Name	Year	Team	Prelims	Wind
Preliminaries				
1 Huneault, Alexandre	07	Brockville Legion	11.94q	2.0

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**Men 100 Meter Dash U20**

Name	Year Team	Finals	Wind
Finals			
1 Huneault, Alexandre	07 Brockville Legion	12.35	0.9

**Men 400 Meter Dash U20**

Name	Year Team	Finals
1 Mboma, Jacques	06 Brock Badgers	53.68
2 Huntington, Vincent	07 Brockville Legion	56.29

**Men 800 Meter Run U20**

Name	Year Team	Finals
1 Leroux, Lukas	07 Brockville Legion	2:42.83
	59.4514 (59.4514)	2:42.8214 (1:43.3700)

**Men 1500 Meter Run U20**

Name	Year Team	Finals
1 Leroux, Lukas	07 Brockville Legion	4:06.76
	48.3608 (48.3608)	1:54.0578 (1:05.6970)
	4:06.7578 (1:07.2490)	2:59.5088 (1:05.4510)

**Men 110 Meter Hurdles U20**

Height: 39"			
Name	Year Team	Prelims	Wind
Preliminaries			
1 Huneault, Alexandre	07 Brockville Legion	17.76q	2.2

**Men 110 Meter Hurdles U20**

Height: 39"			
Name	Year Team	Finals	Wind
Finals			
1 Huneault, Alexandre	07 Brockville Legion	18.67	3.4

**Men 400 Meter Hurdles U20**

Height: 36"			
Name	Year Team	Finals	
1 Huntington, Vincent	07 Brockville Legion	1:03.25	



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**Men Long Jump U20**

Name	Year Team	Finals	Wind
1 Piatkowski, Leif	07 Brockville Legion	6.21m	NWI
6.18m(NWI) 6.05m(NWI) FOUL	6.17m(NWI) 6.21m(NWI) 6.21m(NWI)		
2 Huneault, Alexandre	07 Brockville Legion	5.92m	NWI
5.78m(NWI) 5.90m(NWI) 5.92m(NWI) 5.74m(NWI) PASS	PASS	PASS	

**Men Shot Put U20**

Weight: 6kg

Name	Year Team	Finals
1 Wilson, Nate	07 Kingston	11.49m
FOUL 11.35m 11.49m FOUL 11.06m 11.00m		

**Men Discus Throw U20**

Weight: 1.75kg

Name	Year Team	Finals
1 Wilson, Nate	07 Kingston	32.71m
32.71m FOUL FOUL FOUL 30.79m FOUL		

**Men Hammer Throw U20**

Weight: 6kg

Name	Year Team	Finals
1 Wilson, Nate	07 Kingston	37.68m
35.66m 37.68m FOUL 33.76m FOUL 32.94m		

**Men Javelin Throw U20**

Weight: 800g

Name	Year Team	Finals
1 Wilson, Nate	07 Kingston	43.26m
39.59m 38.79m 40.95m 40.79m 41.31m 43.26m		

**Men 100 Meter Dash Senior**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Johnson, Damien	91 Brockville Legion	11.93q	2.0

**Men 200 Meter Dash Senior**

Name	Year Team	Finals	Wind
Finals			
1 Brennan, Chris	04 Brockville Legion	23.22	3.0
2 Johnson, Damien	91 Brockville Legion	24.08	3.0

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**Men 400 Meter Dash Senior**

Name	Year Team	Finals
1 Brennan, Chris	04 Brockville Legion	53.30

**Men Discus Throw Senior**

Weight: 2kg

Name	Year Team	Finals
1 Tanton, Matt	98 Brockville Legion	38.40m
	34.26m 36.12m FOUL FOUL 37.70m 38.40m	

**Men Javelin Throw Senior**

Weight: 800g

Name	Year Team	Finals
1 Corney, Taylor	91 Brockville Legion	54.50m
	53.34m 54.50m FOUL 51.69m FOUL FOUL	