

2024 Truro Lions Last Chance Throws - 2024-11-24**Cougar Dome****Results****Women 14-15 Shot Put**

Name	Age	Team	Seed	Finals
Finals				
5 Lantz, Lily	14	Athletics East Nova Scotia	10.83m	11.03m
12 Sheaves, Samantha	14	Truro Lions Track & Field Clul		7.28m
13 Angus, Courtney	15	Truro Lions Track & Field Clul		6.52m

Women 16-17 Shot Put

Name	Age	Team	Seed	Finals
Finals				
4 Farquharson, Ella	17	Truro Lions Track & Field Clul	10.83m	11.39m
7 White, Abigail	17	Pictou County Athletics Club	11.73m	9.70m

Women 18-19 Shot Put

Name	Age	Team	Seed	Finals
Finals				
3 Thistle, Lauren	18	Dalhousie Tigers	11.00m	11.70m
8 Hadskis, Maggie	19	Dalhousie Tigers	9.88m	9.59m
10 Westbrook, Emma	18	Unattached	9.00m	8.59m
11 Covert, Claire	18	Dalhousie Tigers	7.75m	7.97m

Women 20-34 Shot Put

Name	Age	Team	Seed	Finals
Finals				
1 MacIsaac, Chelsea	23	Dalhousie Tigers	12.50m	12.85m
2 Oakes, Bailey	21	Dalhousie Tigers	11.00m	11.92m
6 Amoako, Faustina	23	Cape Breton University		10.29m
9 Eisan, Hailie	20	Cape Breton University		8.99m

Women 35-99 Shot Put

Name	Age	Team	Seed	Finals
Finals				
1 Wilcott, Pat	76	Unattached Nova Scotia		6.13m

Women 16-17 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
3 Farquharson, Ella	17	Truro Lions Track & Field Clul		13.19m

Women 18-19 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
6 Thistle, Lauren	18	Dalhousie Tigers	14.00m	9.76m

Women 20-34 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
1 MacIsaac, Chelsea	23	Dalhousie Tigers	16.00m	16.86m
2 Amoako, Faustina	23	Cape Breton University		13.45m
4 Eisan, Hailie	20	Cape Breton University		12.49m
5 Oakes, Bailey	21	Dalhousie Tigers	14.00m	11.66m

2024 Truro Lions Last Chance Throws - 2024-11-24**Cougar Dome****Results****Women 35-99 Weight Throw**

Name	Age	Team	Seed	Finals
Finals				
1 Bryant, Jo	68	Unattached Nova Scotia	9.00m	10.41m
2 Wilcott, Pat	76	Unattached Nova Scotia		6.04m

Men 12-13 Shot Put

Name	Age	Team	Seed	Finals
Finals				
1 Taylor, Bowen	13	Unattached Nova Scotia		15.05m
1 Wilson, Hendriks	12	Truro Lions Track & Field Clul		6.01m
6 Hinton, Cohen	13	Truro Lions Track & Field Clul	8.58m	9.39m
8 Stackhouse, Logan	13	Truro Lions Track & Field Clul		6.21m

Men 14-15 Shot Put

Name	Age	Team	Seed	Finals
Finals				
2 Durning, Ryker	15	Truro Lions Track & Field Clul	12.92m	13.67m
5 Stackhouse, Kyle	14	Truro Lions Track & Field Clul		9.63m
7 Blois, Nic	14	Truro Lions Track & Field Clul	9.90m	9.34m

Men 16-17 Shot Put

Name	Age	Team	Seed	Finals
Finals				
3 Crowe, Seth	17	Truro Lions Track & Field Clul	12.71m	11.82m
4 Wilson, Nathaniel	16	Truro Lions Track & Field Clul	10.99m	10.41m

Men 35-99 Shot Put

Name	Age	Team	Seed	Finals
Finals				
1 Fownes, Brock	76	Unattached Nova Scotia	8.00m	7.88m

Men 12-13 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
6 Stackhouse, Logan	13	Truro Lions Track & Field Clul		3.61m

Men 14-15 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
3 Blois, Nic	14	Truro Lions Track & Field Clul	12.23m	13.88m
5 Stackhouse, Kyle	14	Truro Lions Track & Field Clul		7.94m

Men 16-17 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
2 Crowe, Seth	17	Truro Lions Track & Field Clul	11.86m	15.16m

Men 18-19 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
1 Hominick, Caleb	18	Dalhousie Tigers	15.00m	15.28m

2024 Truro Lions Last Chance Throws - 2024-11-24**Cougar Dome****Results****Men 20-34 Weight Throw**

Name	Age	Team	Seed	Finals
Finals				
4 Salah, Elias	21	Dalhousie Tigers	13.42m	12.06m

Men 35-99 Weight Throw

Name	Age	Team	Seed	Finals
Finals				
1 LeBlanc, Joseph	62	Unattached Nova Scotia	10.75m	11.54m
2 Fownes, Brock	76	Unattached Nova Scotia	6.00m	8.34m