



2024 BC ATHLETICS CROSS COUNTRY CHAMPIONSHIPS
VERNON, BC
SATURDAY OCTOBER 26, 2024
RESULTS POSTED OCTOBER 28, 2024

9 YEAR OLDS

Female

| | | | |
|-----|-------------------------|---|----------|
| 1. | 873 Massé, Octavia | 2015 Kootenay Chaos Track Club | 05:36.23 |
| 2. | 872 Maika, Rosie | 2015 Kajaks Track & Field Club | 05:56.98 |
| 3. | 875 Scobie, Brianna | 2015 Langley Mustangs | 06:00.11 |
| 4. | 869 Kissmann, Lexi | 2015 Unattached British Columbia | 06:06.08 |
| 5. | 880 Vidovic, Katarina | 2015 Coquitlam Cheetahs | 06:09.97 |
| 6. | 882 Walker, Celeste | 2015 Unattached British Columbia | 06:10.22 |
| 7. | 871 Louwerse, Kate | 2015 Langley Mustangs | 06:12.66 |
| 8. | 861 Freeman, Katie | 2015 Vancouver Thunderbirds | 06:23.58 |
| 9. | 881 Vogel, Charlie | 2015 Langley Mustangs | 06:24.97 |
| 10. | 884 Whitworth, Isabella | 2015 Ocean Athletics Track & Field Club | 06:32.35 |
| 11. | 866 Harley, Maya | 2015 Ocean Athletics Track & Field Club | 06:33.01 |
| 12. | 874 Miller, Georgina | 2015 St. Pius X - Vancouver | 06:40.81 |
| 13. | 883 Wells, Brooke | 2015 Langley Mustangs | 06:55.25 |
| 14. | 879 Verner, Claire | 2016 Penticton Track & Field Club | 06:59.16 |
| 15. | 876 Toevs, Sophia | 2015 Vancouver Thunderbirds | 07:00.69 |
| 16. | 868 Kabelik, Mia | 2015 Kamloops Track & Field Club | 07:42.17 |
| 17. | 859 Andiel, Ursula | 2017 Unattached | 08:44.30 |

Male

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|-----|-----------------------|--|----------|
| 1. | 885 Wilkie, Raphael | 2015 Ocean Athletics Track & Field Club | 05:39.17 |
| 2. | 877 Tripathi, Nirvaan | 2015 Nanaimo & District Track & Field Club | 05:51.10 |
| 3. | 860 Flowers, Jahiem | 2015 Okanagan Athletics Club | 06:09.43 |
| 4. | 864 Hamze, Idris | 2015 Vancouver Thunderbirds | 06:19.11 |
| 5. | 886 Youn, Jay | 2015 Vancouver Thunderbirds | 06:20.42 |
| 6. | 865 Harley, Cooper | 2015 Ocean Athletics Track & Field Club | 06:24.33 |
| 7. | 870 LeDrew, Titus | 2015 Kamloops Track & Field Club | 06:28.88 |
| 8. | 862 Gavel, Noah | 2015 Okanagan Athletics Club | 06:45.12 |
| 9. | 867 Hill, Kit | 2015 Ocean Athletics Track & Field Club | 06:57.22 |
| DNS | 878 Valyear, Tyson | 2015 Langley Mustangs | |

10 YEAR OLDS

Female

| | | | |
|----|----------------------------|---|----------|
| 1. | 932 Napier-Shannon, Roewan | 2014 Unattached | 08:21.05 |
| 2. | 922 Carlberg, Ember | 2014 Kamloops Track & Field Club | 08:54.89 |
| 3. | 936 Varma-Vitug, Ashiana | 2014 Kajaks Track & Field Club | 09:32.79 |
| 4. | 939 Wynne, Claire | 2014 Kamloops Track & Field Club | 09:44.60 |
| 5. | 927 Gardner, Zoe | 2014 Kamloops Track & Field Club | 09:52.27 |
| 6. | 933 Poulin, Eleanor | 2014 Vernon Amateur Athletics Association | 09:54.61 |
| 7. | 935 Schellenberg, Ellie | 2014 Kamloops Track & Field Club | 10:14.18 |
| 8. | 928 Granberg, Anja | 2014 Kamloops Track & Field Club | 10:32.72 |

Male

| | | | |
|----|---------------------|---|----------|
| 1. | 924 Davidson, Gavin | 2014 Ocean Athletics Track & Field Club | 07:24.71 |
| 2. | 923 Chambers, Heath | 2014 Penticton Track & Field Club | 07:34.57 |
| 3. | 934 Sametz, Jackson | 2014 Langley Mustangs | 07:37.36 |
| 4. | 925 Daviss, Caleb | 2014 Vancouver Thunderbirds | 07:43.48 |
| 5. | 937 Walker, Ross | 2014 Penticton Track & Field Club | 07:50.00 |
| 6. | 926 Deeth, Leo | 2014 Kajaks Track & Field Club | 07:51.00 |
| 7. | 931 Miller, Everett | 2014 Unattached | 07:58.57 |
| 8. | 940 Zaidi, Amir | 2014 Coquitlam Cheetahs | 08:31.83 |
| 9. | 921 Andiel, Anton | 2014 Penticton Track & Field Club | 09:29.46 |

11 YEAR OLDS**Female**

| | | | |
|-----|--------------------------|---|----------|
| 1. | 917 Wasyliw, McKinley | 2013 Vancouver Thunderbirds | 07:34.51 |
| 2. | 891 Ch  n  , Jocelyne | 2013 Vancouver Thunderbirds | 08:04.95 |
| 3. | 893 Ferguson, Kaylee | 2013 Golden Ears Athletics | 08:08.51 |
| 4. | 907 Matthew, Madeline | 2013 Unattached British Columbia | 08:10.39 |
| 5. | 906 Maddocks, Amelia | 2013 Vernon Amateur Athletics Association | 08:17.73 |
| 6. | 912 Schellenberg, Jordan | 2013 Kamloops Track & Field Club | 08:30.02 |
| 7. | 903 Ip-Jansen, Sophie | 2013 Vancouver Thunderbirds | 08:51.62 |
| 8. | 916 Washbrook, Callie | 2013 Okanagan Athletics Club | 08:53.09 |
| 9. | 900 Hopwood, Victoria | 2013 Kajaks Track & Field Club | 09:31.79 |
| 10. | 888 Barriguete, Gabriela | 2013 Vancouver Thunderbirds | 09:36.69 |
| 11. | 895 Gavel, Aubrey | 2013 Okanagan Athletics Club | 09:40.23 |
| 12. | 899 Holzer, Cleo | 2013 Vancouver Thunderbirds | 09:43.32 |
| 13. | 897 Harley, Amelia | 2013 Ocean Athletics Track & Field Club | 10:03.48 |
| 14 | 902 Innis, Erika | 2013 Unattached | 11:04.01 |
| DNS | 938 Wong, Vada | 2014 Penticton Track & Field Club | |

Male

| | | | |
|-----|---------------------------|---|----------|
| 1 | 918 Wells, Landon | 2013 Langley Mustangs | 06:43.81 |
| 2 | 914 Ulansky, Ryker | 2013 Penticton Track & Field Club | 06:43.88 |
| 3 | 894 Freeman, Oliver | 2013 Vancouver Thunderbirds | 06:57.85 |
| 4 | 915 Verkaik, Caleb | 2013 Langley Mustangs | 07:05.80 |
| 5 | 887 Aaserud, Liam | 2013 Penticton Track & Field Club | 07:15.08 |
| 6 | 896 Gill, Noah | 2013 Vernon Amateur Athletics Association | 07:16.81 |
| 7 | 909 Miller, Benjamin | 2013 St. Pius X - Vancouver | 07:20.58 |
| 8 | 901 Huang, Brandon | 2013 Vancouver Thunderbirds | 07:23.70 |
| 9 | 905 Le Bihan, Matthis | 2013 Vancouver Thunderbirds | 07:31.13 |
| 10 | 889 Baxter, Sebastian | 2013 Vancouver Thunderbirds | 07:36.90 |
| 11 | 898 Hayden, Nicholas | 2013 Penticton Track & Field Club | 07:54.43 |
| 12 | 904 Lane, William Mattias | 2013 Unattached | 08:07.48 |
| 13 | 892 Elliot, Andrew | 2013 Unattached | 08:21.50 |
| 14 | 911 Pisio, Deacon | 2013 Kamloops Track & Field Club | 08:29.58 |
| 15 | 920 Wynne, Daniel | 2013 Kamloops Track & Field Club | 09:07.25 |
| 16 | 908 McKenzie, Nash | 2013 Vancouver Thunderbirds | 09:17.33 |
| 17 | 919 Wilkie, Benjamin | 2013 Penticton Track & Field Club | 09:23.56 |
| 18 | 910 Nestmann, Oliver | 2013 Ocean Athletics Track & Field Club | 09:40.98 |
| 19 | 890 Bradford, Kieran | 2013 Kamloops Track & Field Club | 10:12.10 |
| DNS | 929 Klassen, Simon | 2014 Unattached | |

12 YEAR OLDS**Female**

| | | | |
|-----|--------------------------|-----------------------------------|----------|
| 1. | 1064 Hamze, Tamara | 2012 Vancouver Thunderbirds | 11:05.21 |
| 2. | 1067 Ip-Jansen, Chloë | 2012 Vancouver Thunderbirds | 11:11.26 |
| 3. | 1073 Mezynski, Avery | 2012 Unattached | 11:12.85 |
| 4. | 1077 Szabadi, Grace | 2012 Okanagan Athletics Club | 12:01.72 |
| 5. | 1072 McCutcheon, Emma | 2012 Vancouver Thunderbirds | 12:15.48 |
| 6. | 1213 Wood, Ellie | 2012 Vancouver Thunderbirds | 12:20.40 |
| 7. | 1061 Callihoo, Ivy | 2012 Unattached | 12:28.55 |
| 8. | 1074 oliver-McLean, Mary | 2012 Coquitlam Cheetahs | 13:29.59 |
| 9. | 1069 Major, Sienna | 2012 Kamloops Track & Field Club | 14:02.49 |
| 10. | 1083 Weller, Molly | 2012 Unattached | 17:11.54 |
| DNS | 1065 Harris, Finley | 2012 Penticton Track & Field Club | |

Male

| | | | |
|-----|--------------------------|---|----------|
| 1. | 1063 Davidson, Theo | 2012 Ocean Athletics Track & Field Club | 10:24.97 |
| 2. | 1060 Aasen, Aiden | 2012 Passtrak | 10:59.00 |
| 3. | 1066 Helm, Max | 2012 Unattached | 11:10.91 |
| 4. | 1079 Uesson, Kaeden | 2012 Vernon Amateur Athletics Association | 11:22.96 |
| 5. | 1071 Markson, Leo | 2012 Vernon Amateur Athletics Association | 11:42.73 |
| 6. | 1082 Vipler, Janek | 2012 Ocean Athletics Track & Field Club | 11:52.72 |
| 7. | 1081 Varma-Vitug, Armaan | 2012 Kajaks Track & Field Club | 11:56.06 |
| 8. | 1076 Rossnagel, Tate | 2012 Langley Mustangs | 12:09.57 |
| 9. | 1062 Cawsey, Liam | 2012 Vancouver Thunderbirds | 12:18.52 |
| 10. | 1075 Poulin, McKinley | 2012 Vernon Amateur Athletics Association | 12:41.28 |
| 11. | 1068 Kang, Nyles | 2012 Langley Mustangs | 13:01.18 |
| 12. | 1078 Taverner, Austin | 2012 Unattached | 14:17.45 |

13 YEAR OLDS**Female**

| | | | |
|-----|----------------------------|-----------------------------------|----------|
| 1. | 1059 Watson, Aleen | 2011 Vancouver Thunderbirds | 11:37.76 |
| 2. | 1044 Johnson, Cadence | 2011 Unattached British Columbia | 11:57.12 |
| 3. | 1032 Ball, Zoe | 2011 Vancouver Thunderbirds | 12:09.31 |
| 4. | 1030 Aaserud, Kira | 2011 Penticton Track & Field Club | 12:23.00 |
| 5. | 1050 Napier-Shannon, Bella | 2011 Unattached | 12:29.14 |
| 6. | 1051 Rahkola, Zada | 2011 Penticton Track & Field Club | 12:47.91 |
| 7. | 1033 Cochrane, Claire | 2011 Kamloops Track & Field Club | 13:18.78 |
| 8. | 1058 Uzozie, Chioma | 2011 Vancouver Thunderbirds | 13:29.26 |
| 9. | 1055 Starling, Gemma | 2011 Unattached British Columbia | 13:45.03 |
| 10. | 1046 Kwantes, Norah | 2011 Vernon Secondary School | 13:58.32 |
| 11. | 1047 Lambke, Elise | 2011 Vancouver Thunderbirds | 15:29.37 |
| 12. | 1049 Miedema, Anina | 2011 Unattached British Columbia | 16:35.54 |

Male

| | | | |
|----|------------------------|---|----------|
| 1. | 1031 Baker, Caleb | 2011 Ocean Athletics Track & Field Club | 09:49.06 |
| 2. | 1048 Massé, Oscar | 2011 Kootenay Chaos Track Club | 09:59.74 |
| 3. | 1054 Sexton, Noah | 2011 Prairie Inn Harriers Racing Team | 10:06.45 |
| 4. | 1034 Comeau, Alexandre | 2011 Unattached British Columbia | 10:08.00 |
| 5. | 1043 Holmgren, Coen | 2011 Peninsula Track & Field Club | 10:34.18 |
| 6. | 1057 Ulansky, Jake | 2011 Penticton Track & Field Club | 10:34.95 |

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|-----|---------------------------|---|----------|
| 7. | 1036 Eeson, Henry | 2011 Okanagan Athletics Club | 10:48.00 |
| 8. | 1042 Hiebert, Eli | 2011 Ocean Athletics Track & Field Club | 10:56.90 |
| 9. | 1045 Kadatara, Siddharth | 2011 Kajaks Track & Field Club | 11:05.00 |
| 10. | 1040 Gladdish, Zavier | 2011 Prince George Track & Field Club | 11:05.35 |
| 11. | 1039 Fleguel, Ollie | 2011 West Vancouver Track & Field Club | 11:45.61 |
| 12. | 1053 Safford, Leroy | 2011 Penticton Track & Field Club | 11:54.29 |
| 13. | 1037 Elliot, Owen | 2011 Unattached | 12:14.23 |
| 14. | 1035 Dixon-Lawless, Torin | 2011 Golden Ears Athletics | 12:43.27 |
| 15. | 1056 Ten Haaf, Job | 2011 Langley Mustangs | 13:37.32 |
| 16. | 1052 Reynolds, Duke | 2011 Unattached British Columbia | 14:26.90 |

U16

Female

| | | | |
|-----|-----------------------------|---|----------|
| 1. | 1087 Dehal, Sasha | 2009 Ocean Athletics Track & Field Club | 10:30.45 |
| 2. | 1101 Lou, Amelia-Ahn | 2009 Okanagan Athletics Club | 10:39.94 |
| 3. | 1150 Gough, Charlotte | 2009 Prairie Inn Harriers Racing Team | 10:49.60 |
| 4. | 1099 Lang, Charlotte | 2010 Vancouver Thunderbirds | 11:08.01 |
| 5. | 1111 Raath, Lienke | 2010 Kamloops Track & Field Club | 11:09.02 |
| 6. | 1102 Lou, Mei-Viz | 2010 Okanagan Athletics Club | 11:11.56 |
| 7. | 1089 Evans, Leah | 2009 Penticton Track & Field Club | 11:16.98 |
| 8. | 1094 Hickie, Presley | 2009 Penticton Track & Field Club | 11:18.22 |
| 9. | 1109 Palmer Bird, Eula | 2009 Unattached British Columbia | 11:19.93 |
| 10. | 1097 Lamoureux, Amy | 2009 Okanagan Athletics Club | 11:22.04 |
| 11. | 1086 Dee, Ellyse | 2009 Ocean Athletics Track & Field Club | 11:27.97 |
| 12. | 1090 Funston, Ashlyn | 2009 Vernon Amateur Athletics Association | 11:28.42 |
| 13. | 1108 oliver-McLean, Lillian | 2009 Coquitlam Cheetahs | 11:30.34 |
| 14. | 1098 Lane, Emily | 2010 Unattached | 11:35.98 |
| 15. | 1115 Walker, Ella | 2010 Penticton Track & Field Club | 11:47.66 |
| 16. | 1096 Kennedy, Katherine | 2009 Kajaks Track & Field Club | 11:54.01 |
| 17. | 1110 Piesik, Maya | 2009 Vancouver Thunderbirds | 11:57.34 |
| 18. | 1106 Mohlmann, Amy | 2010 Coquitlam Cheetahs | 11:57.95 |
| 19. | 1112 Richardson, Niamh | 2010 Coquitlam Cheetahs | 12:02.05 |
| 20. | 1105 Mitchell, Sarah | 2010 Unattached British Columbia | 12:09.62 |
| 21. | 1107 Nadler, Stella | 2010 Comox Valley Cougars | 12:15.06 |
| 22. | 1113 Schulz, Emmy | 2010 Vancouver Thunderbirds | 12:16.39 |
| 23. | 1093 Heidt, Linnaea | 2010 Unattached British Columbia | 12:18.08 |
| 24. | 1116 Wilkie, Jessica | 2010 Penticton Track & Field Club | 12:34.96 |
| 25. | 1103 Mar, Evelyn | 2009 Ocean Athletics Track & Field Club | 12:52.30 |
| 26. | 1095 Jung Little, Malaya | 2009 Okanagan Athletics Club | 12:56.99 |
| 27. | 1091 Hansen, Elle | 2010 Vancouver Thunderbirds | 12:57.76 |
| 28. | 1104 McLean, Rosie | 2009 Unattached | 13:12.85 |
| 29. | 1114 Taverner, Kenzie | 2010 Okanagan Athletics Club | 13:22.70 |
| 30. | 1085 Brooks, Aven | 2010 Langley Mustangs | 14:05.12 |
| 31. | 1100 Leah, Molly | 2010 Golden Ears Athletics | 15:12.20 |
| DNS | 1088 Eshleman, Téa | 2010 Langley Mustangs | |
| DNS | 1092 Haynes, Rosie | 2010 Peninsula Track & Field Club | |

Male

| | | | |
|----|-----------------------|-----------------------------------|----------|
| 1. | 1124 Johnston, Isaiah | 2009 Vancouver Thunderbirds | 09:18.46 |
| 2. | 1126 Kissmann, Coen | 2009 Penticton Track & Field Club | 09:20.26 |
| 3. | 1117 Abraham, Dawson | 2009 Kootenay Chaos Track Club | 09:30.74 |

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|-----|------------------------|---|----------|
| 4. | 1135 Siemens, Parks | 2009 Valley Royals Track & Field Club | 09:32.19 |
| 5. | 1131 Olson, Laken | 2010 Valley Royals Track & Field Club | 09:33.25 |
| 6. | 1134 Sieben, Coulter | 2009 Penticton Track & Field Club | 09:50.11 |
| 7. | 1133 Reed, Thomas | 2009 Prince George Track & Field Club | 09:51.29 |
| 8. | 1132 Osiowy, Sebastian | 2010 Penticton Track & Field Club | 09:56.28 |
| 9. | 1139 Woode, Nolan | 2009 Vancouver Thunderbirds | 10:18.00 |
| 10. | 1136 Steiger, William | 2009 Valley Royals Track & Field Club | 10:19.16 |
| 11. | 1140 Zhang, Daniel | 2009 Ocean Athletics Track & Field Club | 10:19.37 |
| 12. | 1125 Kang, Taron | 2009 Langley Mustangs | 10:22.84 |
| 13. | 1127 Lam, Michael | 2010 Vancouver Thunderbirds | 10:34.00 |
| 14. | 1120 Clements, Eoghan | 2009 West Vancouver Track & Field Club | 10:40.30 |
| 15. | 1138 Thapa, Hridik | 2010 Unattached | 10:46.63 |
| 16. | 1130 McCutcheon, Simon | 2010 Vancouver Thunderbirds | 10:47.59 |
| 17. | 1119 Chester, Nicholas | 2009 Valley Royals Track & Field Club | 10:49.93 |
| 18. | 1121 Drew, Dylan | 2009 Vancouver Thunderbirds | 10:52.56 |
| 19. | 1137 Ten Haaf, Ari | 2009 Langley Mustangs | 11:16.30 |
| 20. | 1118 Breedveld, Micah | 2010 Golden Ears Athletics | 11:38.97 |
| 21. | 1128 Manzuik, Alex | 2010 Penticton Track & Field Club | 11:53.85 |
| 22. | 1122 Graham, Rylan | 2010 Unattached British Columbia | 12:24.55 |
| 23. | 1129 Markson, Jonah | 2010 Vernon Amateur Athletics Association | 12:33.58 |

U18

Female

| | | | |
|-----|-------------------------------|--|----------|
| 1. | 1142 Buitelaar, Adrianna | 2008 Valley Royals Track & Field Club | 17:31.38 |
| 2. | 1145 Dow, Alexa | 2007 Prairie Inn Harriers Racing Team | 18:04.95 |
| 3. | 1169 Symon, Chloe | 2007 Vancouver Thunderbirds | 18:31.43 |
| 4. | 1165 Royle, Maya | 2008 Unattached British Columbia | 18:36.56 |
| 5. | 1159 Molony, Julia | 2007 Prairie Inn Harriers Racing Team | 18:44.09 |
| 6. | 1149 Gosselin, Delphine | 2007 Vancouver Thunderbirds | 18:44.96 |
| 7. | 1154 Kamara, Kefira | 2008 Vancouver Thunderbirds | 18:54.52 |
| 8. | 1152 Hickie, Jordis | 2007 Penticton Track & Field Club | 18:59.72 |
| 9. | 1163 Roberts, Cadelle | 2008 Vancouver Thunderbirds | 19:14.06 |
| 10. | 1166 Sajjan, Jeevut | 2008 Vancouver Thunderbirds | 19:19.78 |
| 11. | 1214 Epp, Maggie | 2008 Valley Royals Track & Field Club | 19:29.44 |
| 12. | 1160 Nay, Ruby | 2008 Kootenay Chaos Track Club | 19:47.58 |
| 13. | 1170 Verbeek, Wilmien | 2008 Coquitlam Cheetahs | 19:58.38 |
| 14. | 1167 Sandhu, Janaya | 2008 Vancouver Thunderbirds | 20:16.46 |
| 15. | 1151 Hageleit, Izzy | 2008 Vancouver Thunderbirds | 20:34.13 |
| 16. | 1161 O'Brien, Rory | 2007 West Vancouver Track & Field Club | 20:35.82 |
| 17. | 1168 Smith, Aleah | 2008 Kootenay Chaos Track Club | 20:42.96 |
| 18. | 1164 Rodway, Ava | 2007 Vancouver Thunderbirds | 21:04.47 |
| 19. | 1171 Villariza, Maria | 2008 Langley Mustangs | 21:23.02 |
| 20. | 1148 Gauthier, Ava | 2008 Nanaimo & District Track & Field Club | 21:39.90 |
| 21. | 1162 Rawlyk, Maddy | 2007 West Vancouver Track & Field Club | 21:52.60 |
| 22. | 1144 Cervantes-Briseno, Sofia | 2007 Vancouver Thunderbirds | 21:59.70 |
| 23. | 1153 Hlus, Aliza | 2008 Vancouver Thunderbirds | 22:03.29 |
| 24. | 1143 Butzelaar, Ava | 2008 Coquitlam Cheetahs | 22:07.34 |
| 25. | 1158 Meyang, Manuela | 2007 Coquitlam Cheetahs | 22:26.46 |
| 26. | 1155 Kump, Ruby | 2008 Kajaks Track & Field Club | 23:12.68 |
| 27. | 1141 Ballard-McCroy, Talia | 2008 Penticton Track & Field Club | 23:19.90 |
| DNS | 1156 Liefsoens, Nelle | 2008 Powell River Track Club | |

Male

| | | | |
|-----|----------------------------|--|----------|
| 1. | 1185 Kunka, Peter | 2007 Penticton Track & Field Club | 15:18.00 |
| 2. | 1201 Sandhu, Arjun | 2008 Vancouver Thunderbirds | 15:19.25 |
| 3. | 1196 Rahkola, Maverik | 2007 Penticton Track & Field Club | 15:24.80 |
| 4. | 1183 Heidt, Simon | 2008 Unattached British Columbia | 15:36.07 |
| 5. | 1203 Simmonds, Riley | 2008 Valley Royals Track & Field Club | 15:39.96 |
| 6. | 1188 May, Samuel | 2007 Valley Royals Track & Field Club | 15:57.59 |
| 7. | 1212 Doughty, James | 2007 Vancouver Thunderbirds | 16:04.43 |
| 8. | 1186 Louwerse, Noah | 2007 Langley Mustangs | 16:15.45 |
| 9. | 1204 Smith, Benjamin | 2008 Vancouver Thunderbirds | 16:16.88 |
| 10. | 1180 Graham, Miles | 2007 Valley Royals Track & Field Club | 16:25.36 |
| 11. | 1190 Nakanishi, Arata | 2007 Valley Royals Track & Field Club | 16:25.95 |
| 12. | 1175 Collingwood, Cai | 2008 Penticton Track & Field Club | 16:37.32 |
| 13. | 1172 Aaserud, Mika | 2007 Penticton Track & Field Club | 16:37.86 |
| 14. | 1174 Beaudoin, Rhys | 2008 Nanaimo & District Track & Field Club | 16:41.37 |
| 15. | 1179 Gladdish, Noah | 2007 Prince George Track & Field Club | 16:48.54 |
| 16. | 1200 Sada, Bernardo | 2007 Ocean Athletics Track & Field Club | 17:05.49 |
| 17. | 1192 Nestmann, Henry | 2008 Ocean Athletics Track & Field Club | 17:09.12 |
| 18. | 1177 Denux, Luc | 2007 Prairie Inn Harriers Racing Team | 17:09.80 |
| 19. | 1208 Yan, Kai En | 2007 Coquitlam Cheetahs | 17:13.90 |
| 20. | 1205 Thiele-Crocker, Billy | 2008 Coquitlam Cheetahs | 17:26.79 |
| 21. | 1184 Klassen, Dixon | 2007 Vancouver Thunderbirds | 17:31.25 |
| 22. | 1191 Neels, Ryland | 2008 Penticton Track & Field Club | 17:35.82 |
| 23. | 1194 O'Loughnane, John | 2008 West Vancouver Track & Field Club | 17:39.21 |
| 24. | 1178 Dyck, Jonah | 2008 Valley Royals Track & Field Club | 17:40.88 |
| 25. | 1198 Reed, James | 2008 Prince George Track & Field Club | 17:43.25 |
| 26. | 1173 Barrett, Asher | 2008 Coquitlam Cheetahs | 18:09.03 |
| 27. | 1193 Nozick, Ethan | 2007 Unattached British Columbia | 18:19.97 |
| 28. | 1199 Richards, Kristian | 2008 Prince George Track & Field Club | 18:20.91 |
| 29. | 1176 Cormier, Brody | 2007 Unattached British Columbia | 18:25.03 |
| 30. | 1197 Rasquinha, Samuel | 2007 Valley Royals Track & Field Club | 18:26.63 |
| 31. | 1181 Haime, Camron | 2007 Vancouver Thunderbirds | 18:48.88 |
| 32. | 1207 Wu, Xavier | 2008 Coquitlam Cheetahs | 19:10.11 |
| 33. | 1189 McCarthy, Cade | 2017 Kronos Triathlon Club | 19:10.55 |
| 34. | 1206 Wilkie, Thomas | 2008 Penticton Track & Field Club | 19:25.26 |
| 35. | 1187 Matthies, Alex | 2008 Unattached British Columbia | 19:42.43 |
| 36. | 1195 Plomp, Jordan | 2008 West Vancouver Track & Field Club | 20:41.18 |
| 37. | 1202 Saner, Declan | 2007 Unattached British Columbia | 24:46.01 |

U20**Female**

| | | | |
|----|-------------------------------|---|----------|
| 1. | 960 Titova, Anna-Veronika | 2005 Ocean Athletics Track & Field Club | 23:55.37 |
| 2. | 954 McDonald, Catelin | 2006 Ocean Athletics Track & Field Club | 25:08.33 |
| 3. | 943 Coyle, Tessa | 2006 Ubc Okanagan | 25:48.22 |
| 4. | 961 Vijayaragahaven, Sharanya | 2006 Ubc Okanagan | 25:56.80 |
| 5. | 946 Flood, Nathalie | 2006 Royal City Track & Field Club | 26:22.33 |
| 6. | 958 Prince, Nora | 2006 Ubc Okanagan | 29:08.63 |

Male

| | | | |
|----|-----------------------|---------------------------------------|----------|
| 1. | 1003 Mlotshwa, Charli | 2007 Prairie Inn Harriers Racing Team | 25:14.17 |
|----|-----------------------|---------------------------------------|----------|

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|-----|---------------------------|--|----------|
| 2. | 991 Kifle, Aven | 2005 Vancouver Thunderbirds | 25:48.78 |
| 3. | 975 Erickson, Mitchell | 2006 Kootenay Chaos Track Club | 26:23.12 |
| 4. | 968 Browne, Tyler | 2006 Victoria Endurance Track Club | 27:13.16 |
| 5. | 992 Klassen, Mitchell | 2005 Vancouver Thunderbirds | 27:23.12 |
| 6. | 972 Dixon-Lawless, Lucien | 2006 Golden Ears Athletics | 27:24.60 |
| 7. | 1021 Van Dijk, Oliver | 2006 West Vancouver Track & Field Club | 28:50.08 |
| 8. | 1011 Robertson, Trevor | 2005 Ubc Okanagan | 29:08.85 |
| 9. | 978 Ganske, Ezra | 2006 Ubc Okanagan | 29:30.27 |
| 10. | 1211 Powell, Miles | 2005 UBC Okanagan Heat | 30:18.44 |
| 11. | 973 Dommann, Marten | 2005 Vancouver Falcons Athletic Club | 30:49.96 |
| 12. | 1025 Wassenaar, Arie | 2006 Valley Royals Track & Field Club | 32:12.32 |
| DNS | 1015 Serowka, Theo | 2006 Prairie Inn Harriers Racing Team | |

SENIOR

Female

| | | | |
|-----|------------------------|---|----------|
| 1. | 955 Melanson, Jenna | 1998 Vancouver Thunderbirds | 28:31.59 |
| 2. | 947 Gibson, Kiana | 1999 Vancouver Thunderbirds | 28:56.00 |
| 3. | 959 Sexton, Leslie | 1987 Vancouver Thunderbirds | 29:46.71 |
| 4. | 948 Hanson, Felicity | 2004 Ubc Okanagan | 37:50.44 |
| DNS | 963 Yakemchuk, Abigail | 2006 Ocean Athletics Track & Field Club | |

Male

| | | | |
|-----|----------------------------|---|----------|
| 1. | 979 Gay, John | 1996 Vancouver Thunderbirds | 23:58.96 |
| 2. | 971 Davies, Andrew | 2000 Vancouver Thunderbirds | 24:03.87 |
| 3. | 974 Drover, Alex | 1999 Harbour Track - Hamilton | 24:24.91 |
| 4. | 966 Brinkman, Sebastian | 2001 Unattached British Columbia | 24:37.87 |
| 5. | 1004 Mulusht Zewdu, Daniel | 1995 Prairie Inn Harriers Racing Team | 25:13.14 |
| 6. | 984 Gravel, Christian | 1994 Vancouver Thunderbirds | 25:39.51 |
| 7. | 1001 McLeish, Tion | 2004 Victoria Speed Project | 25:59.44 |
| 8. | 1017 Suchoski, Luke | 2003 Victoria Endurance Track Club | 26:28.54 |
| 9. | 1029 Yuzdepski, Mathias | 2002 Victoria Endurance Track Club | 26:44.99 |
| 10. | 970 Cino, Sebastian | 2003 Vancouver Thunderbirds | 26:46.77 |
| 11. | 1002 Mijares, Ignacio | 2003 Vancouver Thunderbirds | 27:04.27 |
| 12. | 980 Geake, Joel | 2004 UBC Okanagan Heat | 27:50.71 |
| 13. | 1014 Screen, Jack | 2003 Victoria Vikes | 27:56.71 |
| 14. | 976 Ezra, Yehonatan | 1998 Vancouver Thunderbirds | 28:13.82 |
| 15. | 982 Graham, Caleb | 2002 Ubc Okanagan | 28:16.66 |
| 16. | 1018 Tabert, Nathanael | 1999 Speedfarm | 28:23.53 |
| 17. | 983 Grant, Elijah | 2002 Victoria Endurance Track Club | 28:35.45 |
| 18. | 1010 Robertson, Lucas | 2003 Ubc Okanagan | 28:54.62 |
| 19. | 1000 McGrath, Liam | 1998 Unattached British Columbia | 29:06.91 |
| 20. | 1006 Parkins, Basil | 2004 UBC Okanagan Heat | 29:18.96 |
| 21. | 999 Macdonald, Nicholas | 1990 Unattached | 29:21.61 |
| 22. | 1024 Walker, Brae | 1998 Unattached British Columbia | 29:28.22 |
| DNS | 997 Land, Tomos | 2002 Unattached British Columbia | |
| DNS | 1012 Schmidtke, Kieran | 2004 Victoria Endurance Track Club | |
| DNS | 1019 Takhar, Ashton | 2004 Vernon Amateur Athletics Association | |

MASTERS (NOT AGE GRADED OVERALL)

Female

| | | | |
|----|-------------------|---|----------|
| 1. | 957 Poulin, Robyn | 1982 Vernon Amateur Athletics Association | 30:00.91 |
|----|-------------------|---|----------|

| | | | |
|-----|---------------------------|--|----------|
| 2. | 962 Wilkie, Sabrina | 1985 Unattached British Columbia | 30:45.00 |
| 3. | 956 Nelson, Laurelee | 1954 Kelowna Running Club | 32:00.91 |
| 4. | 945 Dommann, Alita | 1968 Vancouver Falcons Athletic Club | 33:36.61 |
| 5. | 953 McCutcheon, Jennifer | 1975 Vancouver Thunderbirds | 36:16.45 |
| 6. | 952 MacKelvie, Kerry | 1973 Unattached British Columbia | 37:00.82 |
| 7. | 942 Cornelissen, Evelyn | 1968 Unattached | 37:24.07 |
| 8. | 941 Clague, Ellen | 1968 Vancouver Falcons Athletic Club | 40:22.82 |
| 9. | 1209 Gibbs, Naomi | 1981 Unattached British Columbia | 41:30.42 |
| 10. | 944 Dixon-Warren, Gwyneth | 1968 Golden Ears Athletics | 42:01.99 |
| 11. | 949 Kearney, Patricia | 1958 Unattached British Columbia | 43:26.61 |
| 12. | 950 Khrisanova, Marina | 1979 Greyhounds Masters Track & Field Club | 44:47.39 |
| 13. | 951 Lam, Rachel | 1971 Vancouver Thunderbirds | 45:43.43 |

Male

| | | | |
|-----|-----------------------|--|----------|
| 1. | 998 Loewen, Ron | 1989 Vancouver Thunderbirds | 26:58.10 |
| 2. | 989 Holmgren, Aaron | 1982 Peninsula Track & Field Club | 27:50.01 |
| 3. | 1028 Wilson, Jeremy | 1981 Unattached Alberta | 28:30.23 |
| 4. | 987 Heidt, Aaron | 1976 Vernon Amateur Athletics Association | 28:52.84 |
| 5. | 1027 Wilkie, Mark | 1984 Unattached British Columbia | 29:00.81 |
| 6. | 1026 Watson, Liam | 1977 Vancouver Falcons Athletic Club | 29:24.64 |
| 7. | 1016 Sharp, Ian | 1979 Unattached British Columbia | 29:29.09 |
| 8. | 988 Hoekstra, Tristan | 1986 Unattached British Columbia | 29:45.56 |
| 9. | 990 Isaak, Samuel | 1988 Vernon Amateur Athletics Association | 30:00.00 |
| 10. | 981 Gladdish, Bryce | 1984 Prince George Track & Field Club | 30:22.03 |
| 11. | 967 Brown, Jeremy | 1976 Unattached British Columbia | 30:53.00 |
| 12. | 985 Guss, David | 1960 Kelowna Running Club | 30:53.15 |
| 13. | 1210 Hajek, Martin | 1975 Vancouver Falcons Athletic Club | 31:17.88 |
| 14. | 969 Cawsey, Ryan | 1980 Unattached British Columbia | 31:41.36 |
| 15. | 994 Kroeger, Colin | 1984 Ocean Athletics Track & Field Club | 32:55.19 |
| 16. | 1008 Raath, Francois | 1978 Kamloops Ridge Runners | 34:15.44 |
| 17. | 1020 Titov, Mikhail | 1968 Unattached British Columbia | 35:16.85 |
| 18. | 965 Breneman, Gerry | 1949 Unattached | 36:17.08 |
| 19. | 1009 Reimer, Paul | 1955 Ocean Athletics Track & Field Club | 36:20.08 |
| 20. | 993 Kopiak, Garrick | 1983 Unattached | 39:01.87 |
| 21. | 986 Hansma, Steve | 1968 Unattached British Columbia | 41:42.25 |
| 22. | 964 Antepyan, Raffi | 1958 Greyhounds Masters Track & Field Club | 41:47.60 |
| 23. | 1023 Wade, Bob | 1959 Unattached British Columbia | 41:52.68 |
| 24. | 1005 Olsen, David | 1955 Unattached British Columbia | 43:46.12 |
| 25. | 995 Kump, Branco | 1961 Unattached | 44:30.09 |