

**8 KAY MARAUDER**  
Hamilton, ON  
Kay Drage Park  
Host: McMaster University  
October 11, 2024

**MEET OFFICIALS**

**Meet Director:**  
Steve Moran  
**Timing:**  
Sport Made Simple



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**Race #1**  
**MEN • 4 Kilometers (2.49 Miles)**

**Final Results**

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Nathan Philippon	E2	400	Waterloo Warriors	-	15:09.0	---	6:05.1	3:47.3
2 Owen Babcock		384	Waterloo Track Clu	-	15:10.1	1.1	6:05.5	3:47.5
3 David Downey		382	Unattached Ontario	-	15:36.9	27.9	6:16.2	3:54.2

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**Race #6**  
**MEN • 8 Kilometers (4.97 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Queen's Gaels	34	1-2-8-10-13(17)(28)	2:04:34	24:55	1:01.3
2 Guelph Gryphons	55	3-4-7-20-21(26)(32)	2:05:24	25:05	0:59.1
3 Western Mustangs	67	6-9-14-16-22(25)(27)	2:06:31	25:19	0:39.9
4 McMaster Marauders	80	5-15-18-19-23(29)(30)	2:06:50	25:22	0:45.3
5 Windsor Lancers	113	11-12-24-31-35(36)(38)	2:09:00	25:48	1:13.5
6 Waterloo Warriors	221	34-39-43-50-55(57)(64)	2:15:21	27:05	1:19.3
7 Toronto Varsity Blues	223	41-42-45-47-48(53)(56)	2:15:30	27:06	0:13.7
8 Laurentian University	263	33-44-54-62-70(83)	2:18:10	27:38	2:27.0
9 Laurier Golden Hawks	264	37-49-58-59-61(63)(67)	2:18:35	27:43	1:34.6
10 Brock Badgers	268	40-46-51-65-66(68)(69)	2:18:16	27:40	1:32.2
11 York Lions	356	52-72-75-78-79(80)(85)	2:26:08	29:14	2:30.9
12 Nipissing Lakers	360	60-73-74-76-77(81)(84)	2:25:56	29:12	1:32.0
13 TMU Bold	414	71-82-86-87-88(89)(90)	2:40:56	32:12	6:52.9

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Jude Wheeler-Dee	E4	339	Queen's Gaels	1	24:20.5	---	4:53.9	3:02.6
2 Roman Mironov	E4	333	Queen's Gaels	2	24:27.7	7.2	4:55.3	3:03.5
3 Jack Lehto	E3	258	Guelph Gryphons	3	24:33.2	12.7	4:56.4	3:04.2
4 Max Davies	E4	254	Guelph Gryphons	4	24:44.2	23.7	4:58.6	3:05.5
5 Alec Purnell	E5	307	McMaster Marauder	5	24:50.4	29.9	4:59.9	3:06.3
6 Ben Fox	E4	410	Western Mustangs	6	24:54.6	34.1	5:00.7	3:06.8
7 Christian Rachner	E4	261	Guelph Gryphons	7	25:05.3	44.8	5:02.9	3:08.2
8 Tanner Hueglin	E3	329	Queen's Gaels	8	25:08.8	48.3	5:03.6	3:08.6
9 Marcel Scheele	E5	426	Western Mustangs	9	25:11.3	50.8	5:04.1	3:08.9
10 Will Cox	E5	324	Queen's Gaels	10	25:14.7	54.2	5:04.8	3:09.3
11 Jacob Fitzpatrick	E4	433	Windsor Lancers	11	25:20.7	1:00.2	5:06.0	3:10.1
12 Noah Costa	E4	430	Windsor Lancers	12	25:21.3	1:00.8	5:06.1	3:10.2
13 Angus Skinner	E2	337	Queen's Gaels	13	25:21.8	1:01.3	5:06.2	3:10.2
14 Owen Parkes	E2	422	Western Mustangs	14	25:23.5	1:03.0	5:06.5	3:10.4
15 Samuel Patrick	E2	306	McMaster Marauder	15	25:26.1	1:05.6	5:07.1	3:10.8
16 Ethan Loucks	E5	416	Western Mustangs	16	25:26.7	1:06.2	5:07.2	3:10.8
17 Owen Danby	E2	325	Queen's Gaels	(17)	25:27.5	1:07.0	5:07.3	3:10.9
18 Giancarlo Farruggia	E3	293	McMaster Marauder	18	25:28.5	1:08.0	5:07.5	3:11.1
19 William Weist	E3	311	McMaster Marauder	19	25:28.9	1:08.4	5:07.6	3:11.1
20 Adam Schmidt	E5	262	Guelph Gryphons	20	25:29.0	1:08.5	5:07.6	3:11.1
21 Dylan Ferri	E3	257	Guelph Gryphons	21	25:32.3	1:11.8	5:08.3	3:11.5
22 Satveer Gill	E2	411	Western Mustangs	22	25:34.5	1:14.0	5:08.8	3:11.8
23 Ryan Davies	E2	291	McMaster Marauder	23	25:35.7	1:15.2	5:09.0	3:12.0
24 Luke Mahwhinney	E5	439	Windsor Lancers	24	25:36.4	1:15.9	5:09.1	3:12.1
25 Mark Royce	E4	424	Western Mustangs	(25)	25:38.0	1:17.5	5:09.5	3:12.3
26 Charlie Mills	E2	260	Guelph Gryphons	(26)	25:41.2	1:20.7	5:10.1	3:12.7
27 Rory McGarvey	E4	419	Western Mustangs	(27)	25:51.9	1:31.4	5:12.3	3:14.0

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**Race #6**  
**MEN • 8 Kilometers (4.97 Miles)**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
28 Peter Neill	E1	334	Queen's Gaels	(28)	25:57.0	1:36.5	5:13.3	3:14.6
29 Matthew Markson	E2	300	McMaster Marauder	(29)	26:00.3	1:39.8	5:13.9	3:15.0
30 Tynan Webb	E3	310	McMaster Marauder	(30)	26:03.2	1:42.7	5:14.5	3:15.4
31 Andreas Pardalis	R	441	Windsor Lancers	31	26:07.0	1:46.5	5:15.3	3:15.9
32 Jason Lowrie	E5	299	McMaster Marauder	-	26:12.5	1:52.0	5:16.4	3:16.6
33 Miles Brackenbury	E5	323	Queen's Gaels	-	26:14.3	1:53.8	5:16.8	3:16.8
34 Luke Feltham	R	256	Guelph Gryphons	(32)	26:16.9	1:56.4	5:17.3	3:17.1
35 Tristan Bouius	E2	289	McMaster Marauder	-	26:18.0	1:57.5	5:17.5	3:17.3
36 Keon Wallingford	E4	270	Laurentian Universit	33	26:21.8	2:01.3	5:18.3	3:17.7
37 Jacques Tiessen	E5	403	Waterloo Warriors	34	26:24.5	2:04.0	5:18.8	3:18.1
38 Kamran Brar	E2	290	McMaster Marauder	-	26:26.7	2:06.2	5:19.3	3:18.3
39 Ethan Graves	E3	435	Windsor Lancers	35	26:34.2	2:13.7	5:20.8	3:19.3
40 Joseph McIntyre	E2	302	McMaster Marauder	-	26:35.9	2:15.4	5:21.1	3:19.5
41 Brayden DeGrace	E5	431	Windsor Lancers	(36)	26:37.9	2:17.4	5:21.5	3:19.7
42 Ryan Skjarum	E1	285	Laurier Golden Haw	37	26:39.8	2:19.3	5:21.9	3:20.0
43 Willem De Gooyer	R	255	Guelph Gryphons	-	26:40.0	2:19.5	5:21.9	3:20.0
44 Brock McKenzie	E5	259	Guelph Gryphons	-	26:40.6	2:20.1	5:22.1	3:20.1
45 Kyle Koyanagi	E5	415	Western Mustangs	-	26:41.6	2:21.1	5:22.3	3:20.2
46 Noah Nagy	R	304	McMaster Marauder	-	26:44.0	2:23.5	5:22.7	3:20.5
47 Kade Campbell	R	429	Windsor Lancers	(38)	26:45.6	2:25.1	5:23.1	3:20.7
48 Christopher Hoftzyer	E4	295	McMaster Marauder	-	26:50.5	2:30.0	5:24.0	3:21.3
49 Aaron Smith	R	263	Guelph Gryphons	-	26:52.5	2:32.0	5:24.4	3:21.6
50 Adam Huras	E4	394	Waterloo Warriors	39	26:53.1	2:32.6	5:24.6	3:21.6
51 Isaac Iannarelli	E4	230	Brock Badgers	40	26:55.9	2:35.4	5:25.1	3:22.0
52 Adam Pralat	E3	364	Toronto Varsity Blu	41	26:58.9	2:38.4	5:25.7	3:22.4
53 Jacob Mclean	E2	361	Toronto Varsity Blu	42	27:01.1	2:40.6	5:26.2	3:22.6
54 Cameron Dean	E5	388	Waterloo Warriors	43	27:02.0	2:41.5	5:26.4	3:22.8
55 Brandon Radey	E3	268	Laurentian Universit	44	27:03.1	2:42.6	5:26.6	3:22.9
56 Jack Ormsby	E3	305	McMaster Marauder	-	27:03.7	2:43.2	5:26.7	3:23.0
57 Max Fazecash	R	432	Windsor Lancers	-	27:04.1	2:43.6	5:26.8	3:23.0
58 Sho Adachi	R	354	Toronto Varsity Blu	45	27:05.2	2:44.7	5:27.0	3:23.2
59 Christian Ligtenberg	E5	231	Brock Badgers	46	27:09.4	2:48.9	5:27.8	3:23.7
60 Xin Law-Gallagher	E2	451	McMaster Marauder	-	27:09.6	2:49.1	5:27.9	3:23.7
61 Emile Zanuttini	E1	340	Queen's Gaels	-	27:11.1	2:50.6	5:28.2	3:23.9
62 Justin Sanders	E4	425	Western Mustangs	-	27:12.0	2:51.5	5:28.4	3:24.0
63 Oliver Tagalog	E1	368	Toronto Varsity Blu	47	27:12.0	2:51.5	5:28.4	3:24.0
64 Jabez Siu	E2	366	Toronto Varsity Blu	48	27:12.6	2:52.1	5:28.5	3:24.1
65 Simon Drolet	R	274	Laurier Golden Haw	49	27:14.5	2:54.0	5:28.9	3:24.3
66 Alexander Megas	E4	303	McMaster Marauder	-	27:16.4	2:55.9	5:29.3	3:24.6
67 Henrik Petersson	E1	398	Waterloo Warriors	50	27:17.4	2:56.9	5:29.5	3:24.7
68 Ethan Cannon	R	407	Western Mustangs	-	27:17.4	2:56.9	5:29.5	3:24.7
69 F Rivard	E2	233	Brock Badgers	51	27:17.8	2:57.3	5:29.5	3:24.7
70 Austin McGoey	E2	301	McMaster Marauder	-	27:21.0	3:00.5	5:30.2	3:25.1
71 Eric Campbell	E3	253	Guelph Gryphons	-	27:23.4	3:02.9	5:30.7	3:25.4
72 Andrew Taylor	E4	442	Windsor Lancers	-	27:23.8	3:03.3	5:30.7	3:25.5
73 Adam Kleinsmith	E3	437	Windsor Lancers	-	27:27.6	3:07.1	5:31.5	3:26.0

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74 Cullen McCurrach	E1	418	Western Mustangs	-	27:28.1	3:07.6	5:31.6	3:26.0
75 Emmett Harrington	E2	327	Queen's Gaels	-	27:29.4	3:08.9	5:31.9	3:26.2
76 Dawson Rekker	R	308	McMaster Marauder	-	27:31.9	3:11.4	5:32.4	3:26.5
77 Marco Volpi	E2	449	York Lions	52	27:31.9	3:11.4	5:32.4	3:26.5
78 Ethan Rashid-Cocker	E2	335	Queen's Gaels	-	27:34.2	3:13.7	5:32.8	3:26.8
79 Chris Stamadianos	E4	367	Toronto Varsity Blu	(53)	27:37.5	3:17.0	5:33.5	3:27.2
80 Patrick Leroux	E4	267	Laurentian Universit	54	27:40.1	3:19.6	5:34.0	3:27.5
81 Jonathan Lysack	E4	396	Waterloo Warriors	55	27:43.8	3:23.3	5:34.8	3:28.0
82 Anton Mlynczyk	E4	362	Toronto Varsity Blu	(56)	27:44.3	3:23.8	5:34.9	3:28.0
83 Isak Fransson	E1	294	McMaster Marauder	-	27:47.2	3:26.7	5:35.5	3:28.4
84 Jack Sacilotto	R	336	Queen's Gaels	-	27:47.8	3:27.3	5:35.6	3:28.5
85 Connor Hickling	E2	393	Waterloo Warriors	(57)	28:02.1	3:41.6	5:38.5	3:30.3
86 Liam Smith	R	427	Western Mustangs	-	28:04.9	3:44.4	5:39.0	3:30.6
87 Quinten Marsh-Lansard	R	440	Windsor Lancers	-	28:05.2	3:44.7	5:39.1	3:30.7
88 Luca Marks	R	417	Western Mustangs	-	28:10.1	3:49.6	5:40.1	3:31.3
89 Ezra Bender	R	273	Laurier Golden Haw	58	28:12.5	3:52.0	5:40.5	3:31.6
90 Sebastian Glaser	R	434	Windsor Lancers	-	28:13.6	3:53.1	5:40.8	3:31.7
91 Nolan Kulberg	R	278	Laurier Golden Haw	59	28:13.8	3:53.3	5:40.8	3:31.7
92 Japhy-Kai Crookham	R	316	Nipissing Lakers	60	28:13.8	3:53.3	5:40.8	3:31.7
93 Braydon Trowbridge	E4	286	Laurier Golden Haw	61	28:14.4	3:53.9	5:40.9	3:31.8
94 Owen Roney	E2	269	Laurentian Universit	62	28:15.3	3:54.8	5:41.1	3:31.9
95 Owen Lebel	R	438	Windsor Lancers	-	28:17.0	3:56.5	5:41.4	3:32.1
96 Nathan Bergman	R	356	Toronto Varsity Blu	-	28:17.9	3:57.4	5:41.6	3:32.2
97 Nathan Lemire	R	282	Laurier Golden Haw	(63)	28:18.1	3:57.6	5:41.7	3:32.3
98 Yulai Duan	E2	392	Waterloo Warriors	(64)	28:18.9	3:58.4	5:41.8	3:32.4
99 JT Boston	E4	406	Western Mustangs	-	28:20.6	4:00.1	5:42.2	3:32.6
100 Garrett Wager	E3	237	Brock Badgers	65	28:24.3	4:03.8	5:42.9	3:33.0
101 Scott Garrett	E2	358	Toronto Varsity Blu	-	28:27.1	4:06.6	5:43.5	3:33.4
102 Redding Maxwell	E2	232	Brock Badgers	66	28:28.1	4:07.6	5:43.7	3:33.5
103 Mason Basson	E3	252	Guelph Gryphons	-	28:35.2	4:14.7	5:45.1	3:34.4
104 Ben Keller	E2	296	McMaster Marauder	-	28:35.3	4:14.8	5:45.1	3:34.4
105 Om Nathwani	R	283	Laurier Golden Haw	(67)	28:35.3	4:14.8	5:45.1	3:34.4
106 Cam Bennett	R	322	Queen's Gaels	-	28:36.8	4:16.3	5:45.4	3:34.6
107 Cohen Ledger	R	281	Laurier Golden Haw	-	28:40.7	4:20.2	5:46.2	3:35.1
108 Evan Ryall	R	235	Brock Badgers	(68)	28:42.0	4:21.5	5:46.5	3:35.3
109 Iain Thomson	R	309	McMaster Marauder	-	28:42.4	4:21.9	5:46.6	3:35.3
110 Mark Hogan	R	328	Queen's Gaels	-	28:43.4	4:22.9	5:46.8	3:35.4
111 Brenden Damiano	E2	229	Brock Badgers	(69)	28:43.7	4:23.2	5:46.8	3:35.5
112 Andrew Hicks	E2	359	Toronto Varsity Blu	-	28:44.1	4:23.6	5:46.9	3:35.5
113 Travis Annett	E3	264	Laurentian Universit	70	28:48.8	4:28.3	5:47.8	3:36.1
114 Jack Heintz	E3	345	TMU Bold	71	28:50.9	4:30.4	5:48.3	3:36.4
115 David Akerman	E2	444	York Lions	72	29:03.7	4:43.2	5:50.8	3:38.0
116 Amadi Opara	E1	397	Waterloo Warriors	-	29:09.9	4:49.4	5:52.1	3:38.7
117 Riley Coles	E4	228	Brock Badgers	-	29:10.3	4:49.8	5:52.2	3:38.8
118 Samuel Bennett	E3	314	Nipissing Lakers	73	29:10.6	4:50.1	5:52.2	3:38.8
119 Ethan Aarts	E4	313	Nipissing Lakers	74	29:12.0	4:51.5	5:52.5	3:39.0

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120 Jack Sayewich	E2	236	Brock Badgers	-	29:16.7	4:56.2	5:53.5	3:39.6
121 Marco Di Felice	E2	292	McMaster Marauder	-	29:19.4	4:58.9	5:54.0	3:39.9
122 Oliver Waddington	E2	450	York Lions	75	29:30.6	5:10.1	5:56.3	3:41.3
123 Calvin Traczuk	R	321	Nipissing Lakers	76	29:33.8	5:13.3	5:56.9	3:41.7
124 Aidan Austin-Day	E2	355	Toronto Varsity Blu	-	29:39.6	5:19.1	5:58.1	3:42.5
125 Ethan Ryall	E3	234	Brock Badgers	-	29:40.4	5:19.9	5:58.2	3:42.6
126 Noah Cornish	E5	315	Nipissing Lakers	77	29:45.8	5:25.3	5:59.3	3:43.2
127 Morley Roden	E3	284	Laurier Golden Haw	-	29:52.4	5:31.9	6:00.6	3:44.1
128 Cezar Hirsescu	E1	276	Laurier Golden Haw	-	29:56.1	5:35.6	6:01.4	3:44.5
129 Elijah Doctor-Jardine	E1	445	York Lions	78	29:58.6	5:38.1	6:01.9	3:44.8
130 Andrew Batek	E2	385	Waterloo Warriors	-	30:01.7	5:41.2	6:02.5	3:45.2
131 Michael Muravchik	E1	448	York Lions	79	30:02.8	5:42.3	6:02.7	3:45.4
132 Toluwani Adebajo	E1	443	York Lions	(80)	30:06.9	5:46.4	6:03.6	3:45.9
133 Payton Kettle	E3	375	Trent Excalibur	-	30:12.6	5:52.1	6:04.7	3:46.6
134 Adam Edwards	R	318	Nipissing Lakers	(81)	31:08.1	6:47.6	6:15.9	3:53.5
135 Massimo Montanari	E3	351	TMU Bold	82	31:13.8	6:53.3	6:17.0	3:54.2
136 Alan Wilkin	R	271	Laurentian Universit	(83)	31:23.0	7:02.5	6:18.9	3:55.4
137 Oliver Czerny-Holownia	E4	317	Nipissing Lakers	(84)	31:27.2	7:06.7	6:19.7	3:55.9
138 Arthur Fernandes	E2	446	York Lions	(85)	31:35.5	7:15.0	6:21.4	3:56.9
139 George Legler	E3	320	Nipissing Lakers	-	31:43.5	7:23.0	6:23.0	3:57.9
140 Will Squarek	R	338	Queen's Gaels	-	31:44.3	7:23.8	6:23.2	3:58.0
141 Wyatt Knockleby	R	376	Trent Excalibur	-	31:52.3	7:31.8	6:24.8	3:59.0
142 Fawwaz Khan	E2	347	TMU Bold	86	31:55.9	7:35.4	6:25.5	3:59.5
143 Jack Lazear	R	280	Laurier Golden Haw	-	32:38.4	8:17.9	6:34.0	4:04.8
144 Christian Barida	E2	342	TMU Bold	87	33:11.1	8:50.6	6:40.6	4:08.9
145 Nolan Kenny	R	319	Nipissing Lakers	-	33:13.6	8:53.1	6:41.1	4:09.2
146 Will Greenfield	R	412	Western Mustangs	-	33:19.0	8:58.5	6:42.2	4:09.9
147 Caden Kuchera	E1	447	York Lions	-	33:42.2	9:21.7	6:46.9	4:12.8
148 Alex Xiong	E2	353	TMU Bold	88	35:43.8	11:23.3	7:11.3	4:28.0
149 Andre Capati	E2	344	TMU Bold	(89)	36:49.5	12:29.0	7:24.6	4:36.2
150 Santiago La Noire Apaza	R	349	TMU Bold	(90)	37:53.1	13:32.6	7:37.4	4:44.1
151 Afnan Kabir	E3	346	TMU Bold	-	37:53.6	13:33.1	7:37.5	4:44.2
152 Nicholas La Flamme	R	348	TMU Bold	-	49:58.5	25:38.0	10:03.3	6:14.8
153 Daniel Ogilvie	R	421	Western Mustangs	-	1:01:13.1	36:52.6	12:19.1	7:39.1
-- Massimo Calcagno	E4	386	Waterloo Warriors	-			---	---
-- Andre Larocque	E2	330	Queen's Gaels	-			---	---
-- Tom Voss	E2	352	TMU Bold	-			---	---
-- Connor Lashley	E4	297	McMaster Marauder	-			---	---
-- Patrick Dean	E3	389	Waterloo Warriors	-			---	---
-- Brandon Cidade	R	357	Toronto Varsity Blu	-			---	---
-- Seamus Doherty	E3	265	Laurentian Universit	-			---	---
-- Thomas Dellinger	E1	390	Waterloo Warriors	-			---	---
-- Tristan Gazaille	E3	326	Queen's Gaels	-			---	---
-- Tom Boers	E3	405	Western Mustangs	-			---	---
-- Chris Kamski	E2	277	Laurier Golden Haw	-			---	---
-- Harrison Belanger	E3	404	Western Mustangs	-			---	---

**8 KAY MARAUDER**

Hamilton, ON  
 Kay Drage Park  
 Host: McMaster University  
 October 11, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Steve Moran  
**Timing:**  
 Sport Made Simple



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**Race #6**  
**MEN • 8 Kilometers (4.97 Miles)**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- Robin Faricier	E1	408	Western Mustangs	-			---	---
-- Ryan Ferre		960	McMaster Marauder	-			---	---
-- F Rivard	E2	233	Brock Badgers	-			---	---
-- Patrick Benner	E3	343	TMU Bold	-			---	---
-- Aaron McQuaid	E5	350	TMU Bold	-			---	---
-- Patrick Kariuki	E2	436	Windsor Lancers	-			---	---
-- Ian McCosham	E1	332	Queen's Gaels	-			---	---

**8 KAY MARAUDER**  
Hamilton, ON  
Kay Drage Park  
Host: McMaster University  
October 11, 2024

**MEET OFFICIALS**

Meet Director:  
Steve Moran  
Timing:  
Sport Made Simple



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**Race #7**  
**WOMEN • 8 Kilometers (4.97 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Western Mustangs	37	4-6-7-9-11(12)(13)	2:26:02	29:13	0:39.5
2 Queen's Gaels	80	3-10-16-25-26(31)(32)	2:30:36	30:08	2:16.1
3 McMaster Marauders	86	8-15-19-21-23(34)(40)	2:31:49	30:22	1:41.1
4 Guelph Gryphons	110	14-18-22-27-29(30)(35)	2:33:48	30:46	0:49.5
5 Windsor Lancers	138	2-20-36-37-43(46)(49)	2:34:52	30:59	3:24.6
6 Waterloo Warriors	148	1-17-24-50-56(58)(60)	2:36:22	31:17	5:30.7
7 Toronto Varsity Blues	152	5-28-38-39-42(48)(51)	2:35:46	31:10	3:07.0
8 Brock Badgers	243	33-44-53-54-59(61)(74)	2:44:35	32:55	3:01.1
9 Laurier Golden Hawks	278	45-47-57-62-67(68)(75)	2:47:57	33:36	2:29.8
10 York Lions	318	52-55-69-70-72(73)	2:51:27	34:18	1:59.4
11 Laurentian University	325	41-63-66-77-78	2:55:27	35:06	5:22.9
12 Nipissing Lakers	355	64-65-71-76-79(80)	2:58:26	35:42	3:23.2

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Paige Breedon	E3	910	Waterloo Warriors	1	28:16.7	---	5:41.4	3:32.1
2 Madelyn Eybergen	E2	942	Windsor Lancers	2	28:41.0	24.3	5:46.3	3:35.1
3 Alyshia Alkerton	E2	867	Queen's Gaels	3	28:45.1	28.4	5:47.1	3:35.6
4 Sandra Guga	E5	930	Western Mustangs	4	28:53.1	36.4	5:48.7	3:36.6
5 Julia Agostinelli	4	887	Toronto Varsity Blu	5	28:57.6	40.9	5:49.6	3:37.2
6 Anna Carruthers	E5	926	Western Mustangs	6	29:02.7	46.0	5:50.6	3:37.8
7 Olivia Roussel	E5	937	Western Mustangs	7	29:11.3	54.6	5:52.4	3:38.9
8 Ana Morariu	E4	848	McMaster Marauder	8	29:13.8	57.1	5:52.9	3:39.2
9 Erika Jordan	E4	932	Western Mustangs	9	29:22.0	1:05.3	5:54.5	3:40.3
10 Ella Lane	E3	874	Queen's Gaels	10	29:24.8	1:08.1	5:55.1	3:40.6
11 Ashley Maguire	E5	935	Western Mustangs	11	29:32.6	1:15.9	5:56.7	3:41.6
12 Chloe Coutts	E4	927	Western Mustangs	(12)	29:45.1	1:28.4	5:59.2	3:43.1
13 EJ Boston	E4	924	Western Mustangs	(13)	30:03.3	1:46.6	6:02.8	3:45.4
14 Michelle Gray	E2	804	Guelph Gryphons	14	30:16.0	1:59.3	6:05.4	3:47.0
15 Mary Tennant	E4	854	McMaster Marauder	15	30:17.4	2:00.7	6:05.7	3:47.2
16 Clara Fava	R	928	Western Mustangs	-	30:25.8	2:09.1	6:07.4	3:48.2
17 Emma Graham	E4	870	Queen's Gaels	16	30:28.4	2:11.7	6:07.9	3:48.6
18 Olivia Vanleeuwen	E3	919	Waterloo Warriors	17	30:29.9	2:13.2	6:08.2	3:48.7
19 Pascale Gendron	E3	929	Western Mustangs	-	30:31.5	2:14.8	6:08.5	3:48.9
20 Alex McDougall	E3	811	Guelph Gryphons	18	30:32.4	2:15.7	6:08.7	3:49.1
21 Kara Tichbourne	E2	855	McMaster Marauder	19	30:36.2	2:19.5	6:09.5	3:49.5
22 Joelle Olla	E3	950	Windsor Lancers	20	30:44.7	2:28.0	6:11.2	3:50.6
23 Ella Madsen	E2	847	McMaster Marauder	21	30:46.2	2:29.5	6:11.5	3:50.8
24 Maria Linton	R	934	Western Mustangs	-	30:50.6	2:33.9	6:12.4	3:51.3
25 Leah Stapleton	E2	816	Guelph Gryphons	22	30:51.8	2:35.1	6:12.6	3:51.5
26 Emma Elliott	E3	842	McMaster Marauder	23	30:54.9	2:38.2	6:13.2	3:51.9
27 Hillary Clark	E5	911	Waterloo Warriors	24	30:55.7	2:39.0	6:13.4	3:52.0
28 Olivia Baggley	E2	868	Queen's Gaels	25	30:55.7	2:39.0	6:13.4	3:52.0
29 Lauren Lowther	E5	875	Queen's Gaels	26	31:01.2	2:44.5	6:14.5	3:52.7



**8 KAY MARAUDER**

Hamilton, ON  
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 Host: McMaster University  
 October 11, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Steve Moran  
**Timing:**  
 Sport Made Simple



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**Race #7**  
**WOMEN • 8 Kilometers (4.97 Miles)**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	
30	Maeve Pestonji	E3	812	Guelph Gryphons	27	31:01.5	2:44.8	6:14.5	3:52.7
31	Liana De Medeiros	E3	889	Toronto Varsity Blu	28	31:02.9	2:46.2	6:14.8	3:52.9
32	Kristina Etezadi	R	801	Guelph Gryphons	29	31:05.5	2:48.8	6:15.4	3:53.2
33	Nicole Hartnell	E2	805	Guelph Gryphons	(30)	31:05.6	2:48.9	6:15.4	3:53.2
34	Katherine Taylor	E4	882	Queen's Gaels	(31)	31:05.6	2:48.9	6:15.4	3:53.2
35	Elizabeth Vroom	E3	883	Queen's Gaels	(32)	31:09.0	2:52.3	6:16.1	3:53.6
36	Lauren Macsai	E4	787	Brock Badgers	33	31:12.0	2:55.3	6:16.7	3:54.0
37	Robyn Perry	E4	877	Queen's Gaels	-	31:13.7	2:57.0	6:17.0	3:54.2
38	Kaylee White	E4	858	McMaster Marauder	(34)	31:17.8	3:01.1	6:17.8	3:54.7
39	Jocelyn Giannotti	R	803	Guelph Gryphons	(35)	31:21.2	3:04.5	6:18.5	3:55.2
40	Sian Kniaziew	R	948	Windsor Lancers	36	31:32.5	3:15.8	6:20.8	3:56.6
41	Jardine Lam-Colling	E2	807	Guelph Gryphons	-	31:35.1	3:18.4	6:21.3	3:56.9
42	Maria Sandor	E3	814	Guelph Gryphons	-	31:42.3	3:25.6	6:22.8	3:57.8
43	Natalie Fortier	E2	943	Windsor Lancers	37	31:47.9	3:31.2	6:23.9	3:58.5
44	Beatrix Maddocks	E4	808	Guelph Gryphons	-	31:48.1	3:31.4	6:23.9	3:58.5
45	Sarah White	E3	900	Toronto Varsity Blu	38	31:48.7	3:32.0	6:24.0	3:58.6
46	Brooke Spina	E2	815	Guelph Gryphons	-	31:49.4	3:32.7	6:24.2	3:58.7
47	Samantha Macdonald	E2	894	Toronto Varsity Blu	39	31:51.8	3:35.1	6:24.7	3:59.0
48	Mikayla Battams	E3	839	McMaster Marauder	(40)	31:54.7	3:38.0	6:25.3	3:59.3
49	Brooke Power	E2	936	Western Mustangs	-	31:57.5	3:40.8	6:25.8	3:59.7
50	Gillian Porter	E2	878	Queen's Gaels	-	31:58.4	3:41.7	6:26.0	3:59.8
51	Angela Mozzon	E5	826	Laurentian Universit	41	32:00.1	3:43.4	6:26.3	4:00.0
52	Avery Murrell	E1	896	Toronto Varsity Blu	42	32:04.6	3:47.9	6:27.2	4:00.6
53	Maren Kasunich	R	947	Windsor Lancers	43	32:05.6	3:48.9	6:27.4	4:00.7
54	Olivia Hendrikx	E4	872	Queen's Gaels	-	32:07.4	3:50.7	6:27.8	4:00.9
55	Cori Macsai	E4	786	Brock Badgers	44	32:08.4	3:51.7	6:28.0	4:01.1
56	Marie Mazzoli	E1	835	Laurier Golden Haw	45	32:09.6	3:52.9	6:28.2	4:01.2
57	Grace Wheeler	E2	817	Guelph Gryphons	-	32:10.3	3:53.6	6:28.4	4:01.3
58	Maya Parkin	E3	850	McMaster Marauder	-	32:10.9	3:54.2	6:28.5	4:01.4
59	Meghan Muldoon	E5	885	TMU Bold	-	32:13.4	3:56.7	6:29.0	4:01.7
60	Hallee Knelsen	E4	933	Western Mustangs	-	32:17.0	4:00.3	6:29.7	4:02.1
61	Claire Hickey	R	931	Western Mustangs	-	32:32.2	4:15.5	6:32.8	4:04.0
62	Ainsley Rocheleau	E3	951	Windsor Lancers	(46)	32:33.0	4:16.3	6:33.0	4:04.1
63	Sabrina Arena	E2	829	Laurier Golden Haw	47	32:37.6	4:20.9	6:33.9	4:04.7
64	Joud Dabous	E4	888	Toronto Varsity Blu	(48)	32:37.8	4:21.1	6:33.9	4:04.7
65	Kaitlin Campagna	E2	840	McMaster Marauder	-	32:38.7	4:22.0	6:34.1	4:04.8
66	Jasmine Stokes	E2	881	Queen's Gaels	-	32:39.9	4:23.2	6:34.3	4:05.0
67	Natalie Adam	E1	940	Windsor Lancers	(49)	32:42.7	4:26.0	6:34.9	4:05.3
68	Nicole Seagris	R	953	Windsor Lancers	-	32:43.1	4:26.4	6:35.0	4:05.4
69	Veronica Boyle	E2	925	Western Mustangs	-	32:45.5	4:28.8	6:35.5	4:05.7
70	Nicole Schindler	E4	915	Waterloo Warriors	50	32:52.3	4:35.6	6:36.8	4:06.5
71	Nora Treleaven	E2	857	McMaster Marauder	-	32:54.4	4:37.7	6:37.3	4:06.8
72	Chloe DiLalla	R	841	McMaster Marauder	-	32:56.0	4:39.3	6:37.6	4:07.0
73	Alex Jobin	E2	946	Windsor Lancers	-	32:57.4	4:40.7	6:37.9	4:07.2
74	Catherine Rodriguez	E2	899	Toronto Varsity Blu	(51)	32:57.6	4:40.9	6:37.9	4:07.2
75	Karen Castillo	E2	941	Windsor Lancers	-	33:01.3	4:44.6	6:38.7	4:07.7



**8 KAY MARAUDER**

Hamilton, ON  
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 October 11, 2024

**MEET OFFICIALS**

Meet Director:  
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 Timing:  
 Sport Made Simple



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**Race #7**  
**WOMEN • 8 Kilometers (4.97 Miles)**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
76 Laura Peters	E5	959	York Lions	52	33:02.9	4:46.2	6:39.0	4:07.9
77 Layla Masse	R	949	Windsor Lancers	-	33:13.7	4:57.0	6:41.1	4:09.2
78 Hailee Masse	E1	789	Brock Badgers	53	33:21.2	5:04.5	6:42.7	4:10.2
79 Isabella Goveia	E3	945	Windsor Lancers	-	33:26.4	5:09.7	6:43.7	4:10.8
80 Hannah Pushka	E1	880	Queen's Gaels	-	33:26.6	5:09.9	6:43.7	4:10.8
81 Kira Allen	E3	923	Western Mustangs	-	33:29.4	5:12.7	6:44.3	4:11.2
82 Sophie Trott	E3	846	McMaster Marauder	-	33:37.2	5:20.5	6:45.9	4:12.2
83 Grace McCarthy	R	810	Guelph Gryphons	-	33:40.0	5:23.3	6:46.4	4:12.5
84 Adeline Steiger	E3	792	Brock Badgers	54	33:40.1	5:23.4	6:46.5	4:12.5
85 Riyaa Balakrishnan	R	954	York Lions	55	33:42.8	5:26.1	6:47.0	4:12.9
86 Claire Vernon-Pope	E3	920	Waterloo Warriors	56	33:47.4	5:30.7	6:47.9	4:13.4
87 Laura Kuszaj	E4	806	Guelph Gryphons	-	33:51.3	5:34.6	6:48.7	4:13.9
88 Ryanne O'Neill	E1	908	Trent Excalibur	-	33:55.1	5:38.4	6:49.5	4:14.4
89 Clair Nolet	E2	897	Toronto Varsity Blu	-	33:57.5	5:40.8	6:50.0	4:14.7
90 Charlotte Clinton	R	869	Queen's Gaels	-	34:03.5	5:46.8	6:51.2	4:15.4
91 Piper Lafayette	E4	834	Laurier Golden Haw	57	34:04.6	5:47.9	6:51.4	4:15.6
92 Emily Sharik-Carreiro	E1	916	Waterloo Warriors	(58)	34:07.6	5:50.9	6:52.0	4:16.0
93 Jolanta Clark	R	782	Brock Badgers	59	34:13.1	5:56.4	6:53.1	4:16.6
94 Julia Scarrow	R	952	Windsor Lancers	-	34:14.8	5:58.1	6:53.4	4:16.9
95 Allison Soler	R	917	Waterloo Warriors	(60)	34:15.1	5:58.4	6:53.5	4:16.9
96 Marie Perube-Boutin	2	886	Toronto Varsity Blu	-	34:16.6	5:59.9	6:53.8	4:17.1
97 Abbey Davis	E5	912	Waterloo Warriors	-	34:18.0	6:01.3	6:54.1	4:17.3
98 Ava Snyder	E2	791	Brock Badgers	(61)	34:18.6	6:01.9	6:54.2	4:17.3
99 Grace Murphy	E1	876	Queen's Gaels	-	34:19.9	6:03.2	6:54.5	4:17.5
100 Molly Kenealy	R	873	Queen's Gaels	-	34:22.4	6:05.7	6:55.0	4:17.8
101 Belinda Guerra	E5	833	Laurier Golden Haw	62	34:25.0	6:08.3	6:55.5	4:18.1
102 Joselyn Rivera-Marcotte	E2	851	McMaster Marauder	-	34:30.6	6:13.9	6:56.6	4:18.8
103 Georgia Lepage	R	825	Laurentian Universit	63	34:32.3	6:15.6	6:57.0	4:19.0
104 Emily Drenth	E2	861	Nipissing Lakers	64	34:32.5	6:15.8	6:57.0	4:19.1
105 Mackenzie Green	R	864	Nipissing Lakers	65	34:36.0	6:19.3	6:57.7	4:19.5
106 Claire Scholl	E3	828	Laurentian Universit	66	34:38.6	6:21.9	6:58.2	4:19.8
107 Maya Robinson	E2	837	Laurier Golden Haw	67	34:39.4	6:22.7	6:58.4	4:19.9
108 Skye Stapor	E2	938	Western Mustangs	-	34:42.7	6:26.0	6:59.1	4:20.3
109 Tegan Ceccanese	E2	831	Laurier Golden Haw	(68)	34:45.5	6:28.8	6:59.6	4:20.7
110 Teresa Mugeridge	E3	958	York Lions	69	34:46.8	6:30.1	6:59.9	4:20.9
111 Malak Elghobashy	E2	957	York Lions	70	34:51.6	6:34.9	7:00.8	4:21.5
112 Aidan Pattison	R	898	Toronto Varsity Blu	-	34:54.7	6:38.0	7:01.5	4:21.8
113 Blaise Gravelle	E2	863	Nipissing Lakers	71	34:55.7	6:39.0	7:01.7	4:22.0
114 Hannah Johnson	R	914	Waterloo Warriors	-	34:58.1	6:41.4	7:02.2	4:22.3
115 Iva Balcheva	E2	955	York Lions	72	35:02.3	6:45.6	7:03.0	4:22.8
116 Giovvana De Oliveira	E2	956	York Lions	(73)	35:11.9	6:55.2	7:04.9	4:24.0
117 Julie Mak	E3	788	Brock Badgers	(74)	35:13.5	6:56.8	7:05.3	4:24.2
118 Emily Reimer	E1	790	Brock Badgers	-	35:49.4	7:32.7	7:12.5	4:28.7
119 Grace Channell	E3	832	Laurier Golden Haw	(75)	36:24.9	8:08.2	7:19.6	4:33.1
120 Chanell Duffy	E2	862	Nipissing Lakers	76	36:25.3	8:08.6	7:19.7	4:33.2
121 Kate Brock	E3	884	TMU Bold	-	36:46.2	8:29.5	7:23.9	4:35.8

**8 KAY MARAUDER**

Hamilton, ON  
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**MEET OFFICIALS**

**Meet Director:**  
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**Race #7**  
**WOMEN • 8 Kilometers (4.97 Miles)**

**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
122 Maeve Blake	R	819	Laurentian Universit	77	36:52.8	8:36.1	7:25.2	4:36.6
123 Emily McCormack	R	907	Trent Excalibur	-	36:56.0	8:39.3	7:25.9	4:37.0
124 Ariel Gibbons	R	821	Laurentian Universit	78	37:23.0	9:06.3	7:31.3	4:40.4
125 Jaime Schweyer	E5	866	Nipissing Lakers	79	37:55.7	9:39.0	7:37.9	4:44.5
126 Nicole Beach	E4	830	Laurier Golden Haw	-	38:28.2	10:11.5	7:44.4	4:48.5
127 Abby MacMillan	E1	865	Nipissing Lakers	(80)	38:55.7	10:39.0	7:50.0	4:52.0
128 Hannah-Bella Gilmer	R	784	Brock Badgers	-	41:40.7	13:24.0	8:23.2	5:12.6
-- Elliot Symon	E4	918	Waterloo Warriors	-			---	---
-- Agatha Godlewski	E3	944	Windsor Lancers	-			---	---
-- Kaitlyn Treleaven	E4	856	McMaster Marauder	-			---	---
-- Bay Jones	R	823	Laurentian Universit	-			---	---
-- Mackenzie Gallagher	R	802	Guelph Gryphons	-			---	---
-- Victoria Lamb	E4	845	McMaster Marauder	-			---	---
-- Lauren Alexander	R	922	Western Mustangs	-			---	---
-- Anna May	E2	809	Guelph Gryphons	-			---	---
-- Jessica Yemen	E1	859	McMaster Marauder	-	DNF		---	---
-- Caleigh Pribaz	E3	879	Queen's Gaels	-	DNF		---	---

**8 KAY MARAUDER**  
 Hamilton, ON  
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 October 11, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Steve Moran  
**Timing:**  
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**Race #9**  
**Open 6k Men's**

**Final Results**

**TEAM SCORING SUMMARY**

**Men's**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Durham Dragons Athletics	21	1-3-4-6-7(9)(12)	1:42:21	20:29	1:12.4
2 Western Mustangs	36	2-5-8-10-11	1:45:02	21:01	1:49.4

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Dakota Goguen		312	Newmarket Huskies	-	19:01.7	---	5:06.1	3:10.3
2 Nolan McGregor		251	Edge Sport Track C	-	19:48.8	47.1	5:18.7	3:18.1
3 Nolan Buie		242	Durham Dragons At	1	19:49.2	47.5	5:18.8	3:18.2
4 JJ Fogarty	E3	409	Western Mustangs	2	19:53.8	52.1	5:20.1	3:19.0
5 Luke Ford		244	Durham Dragons At	3	20:03.6	1:01.9	5:22.7	3:20.6
6 Ethan Eiselt-Rolfe		341	South Simcoe Duffe	-	20:20.7	1:19.0	5:27.3	3:23.5
7 Jonathan Gascho		383	Unattached Ontario	-	20:29.1	1:27.4	5:29.5	3:24.9
8 Griffin Bratton		241	Durham Dragons At	4	20:31.4	1:29.7	5:30.1	3:25.2
9 Patrick MacKinnon		238	Dundas Valley Trac	-	20:42.7	1:41.0	5:33.2	3:27.1
10 Saurang Puthenkulangara	R	423	Western Mustangs	5	20:54.4	1:52.7	5:36.3	3:29.1
11 Nathan Castanheiro		243	Durham Dragons At	6	20:54.4	1:52.7	5:36.3	3:29.1
12 Benjamin Arsenaault		288	Les Coureurs De B	-	20:54.5	1:52.8	5:36.3	3:29.1
13 Nathanael Seife		250	Durham Dragons At	7	21:01.6	1:59.9	5:38.2	3:30.3
14 Jeremy Walsh		239	Dundas Valley Trac	-	21:01.9	2:00.2	5:38.3	3:30.3
15 Jack Guilfoyle	R	413	Western Mustangs	8	21:07.3	2:05.6	5:39.8	3:31.2
16 Cameron Date		372	Track North Athletic	-	21:12.0	2:10.3	5:41.0	3:32.0
17 Eli Hanson		245	Durham Dragons At	(9)	21:20.6	2:18.9	5:43.3	3:33.4
18 Vincent Moore	E3	420	Western Mustangs	10	21:23.0	2:21.3	5:44.0	3:33.8
19 Julian Zamparo		371	Toronto West Athlet	-	21:37.3	2:35.6	5:47.8	3:36.2
20 Keyaan Jivraj	R	414	Western Mustangs	11	21:43.2	2:41.5	5:49.4	3:37.2
21 Neiladri Mahalanobis		373	Track North Athletic	-	21:48.5	2:46.8	5:50.8	3:38.1
22 Evan Prescott	R	401	Waterloo Warriors	-	22:08.5	3:06.8	5:56.2	3:41.4
23 Jackson Barker		240	Durham Dragons At	(12)	22:17.8	3:16.1	5:58.7	3:43.0
24 Renato Zegarra		374	Track North Athletic	-	22:24.2	3:22.5	6:00.4	3:44.0
25 Fintan Sharpe	R	402	Waterloo Warriors	-	22:28.6	3:26.9	6:01.6	3:44.8
26 Dennis Linkert		380	Unattached	-	22:58.2	3:56.5	6:09.5	3:49.7
27 Suhayb Ahmedani		370	Toronto West Athlet	-	22:58.9	3:57.2	6:09.7	3:49.8
28 Liam Dachner	E1	387	Waterloo Warriors	-	23:41.7	4:40.0	6:21.2	3:57.0
29 Simon Chapman		227	Blue Devils Athletic	-	24:01.1	4:59.4	6:26.4	4:00.2
30 Marc Philippon		381	Unattached	-	28:56.4	9:54.7	7:45.5	4:49.4
31 Jacob Pfohl	R	452	Waterloo Warriors	-			---	---
32 Nathan Hibbard		246	Durham Dragons At	-			---	---
33 Brayden MacNevin		248	Durham Dragons At	-			---	---
34 Kevin Hodgson		247	Durham Dragons At	-			---	---
35 Brandon Neill		249	Durham Dragons At	-			---	---
36 Bob Zhang	R	428	Western Mustangs	-			---	---
37 Harry Kaiser	R	395	Waterloo Warriors	-			---	---

**8 KAY MARAUDER**  
 Hamilton, ON  
 Kay Drage Park  
 Host: McMaster University  
 October 11, 2024

**MEET OFFICIALS**

**Meet Director:**  
 Steve Moran  
**Timing:**  
 Sport Made Simple



**OFFICIAL MEET REPORT**  
 printed: 2024-10-12 6:51 PM

**Race #9**  
**Open 6k Women's**

**Final Results**

**TEAM SCORING SUMMARY**

**Women's**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Durham Dragons Athletics	15	1-2-3-4-5	1:59:33	23:55	1:14.5

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Mazy McFarling		903	Toronto West Athlet	-	23:02.3	4:00.6	6:10.6	3:50.4
2 Kaiya Fujioka		794	Durham Dragons At	1	23:20.2	4:18.5	6:15.4	3:53.4
3 Olivia Downey		793	Durham Dragons At	2	23:30.8	4:29.1	6:18.2	3:55.1
4 Ella Garron		795	Durham Dragons At	3	23:56.6	4:54.9	6:25.1	3:59.4
5 Hayley Martin		797	Durham Dragons At	4	24:09.8	5:08.1	6:28.7	4:01.6
6 Kylie Stapor		799	Durham Dragons At	5	24:34.7	5:33.0	6:35.4	4:05.8
7 Katherine Switt	R	939	Western Mustangs	-	24:44.6	5:42.9	6:38.0	4:07.4
8 Flavia Linares		902	Toronto West Athlet	-	24:45.0	5:43.3	6:38.1	4:07.5
9 Vanessa Giannou	R	844	McMaster Marauder	-	25:08.1	6:06.4	6:44.3	4:11.4
10 Marisa Klufas		901	Toronto West Athlet	-	25:13.4	6:11.7	6:45.7	4:12.2
11 Natsuki Iwano-Rivers		781	Boardwalk Rc	-	25:13.5	6:11.8	6:45.8	4:12.3
12 Emma Esau	E1	843	McMaster Marauder	-	25:47.0	6:45.3	6:54.7	4:17.8
13 Chelsea Graham	E1	913	Waterloo Warriors	-	26:11.4	7:09.7	7:01.3	4:21.9
14 Maria Sanchez	E4	852	McMaster Marauder	-	26:14.2	7:12.5	7:02.0	4:22.4
15 Ella Sorge	R	853	McMaster Marauder	-			---	---
16 Alexandra Smith		904	Toronto West Athlet	-			---	---
17 Kaitlynn Martin		798	Durham Dragons At	-			---	---
18 Alexandra Jackson		796	Durham Dragons At	-			---	---
19 Ally Moran		909	Unattached	-			---	---