

## 2024 Vigars &amp; Salter WESTERN INVITATIONAL

2024-09-21

2024-09-21 - 2024-09-21

Sat. Sept 21 / 49th annual / 38th @ TVGC  
timing by SPORTMADESIMPLE**Event # 1 WOMENS 8Km Run**

Start @ 10:50am

Conditions: sunny, humid, 30°C

+ COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 21-Oct2018

# MEET RECORD: Stephanie Aldea Harbour TC 29:04.00 24-Sep2022

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	WESTERN MUSTANGS	29	3-5-6-7-8	10-17	2:31:45	3:48	30:21	0:23
2	GUELPH GRYPHONS	84	9-13-16-20-26	29-34	2:37:14	3:56	31:27	1:35
3	MCMASTER MARAUDERS	87	11-14-19-21-22	24-33	2:37:44	3:57	31:33	0:40
4	WATERLOO WARRIORS	119	4-15-18-30-52	59-63	2:40:26	4:01	32:06	4:38
5	TORONTO VARSITY BLUE	124	2-27-28-32-35	39-47	2:39:26	4:00	31:54	2:48
6	UNB REDS	155	12-23-25-42-53		2:43:38	4:06	32:44	3:33
7	WINDSOR LANCERS	162	1-31-37-45-48	50-51	2:42:51	4:05	32:35	4:12
8	LAURENTIAN VOYAGEURS	231	36-38-46-54-57	66-71	2:50:52	4:17	34:11	2:59
9	LAURIER GOLDEN HAWKS	245	40-43-49-55-58	62-64	2:53:02	4:20	34:37	2:44
10	BROCK BADGERS	278	41-44-61-65-67	68	2:58:13	4:28	35:39	4:20
11	NIPISSING LAKERS	327	56-60-69-70-72		3:13:32	4:51	38:43	7:32
	TRENT EXCALIBUR		90-98-104-110					
	YORK LIONS		64-82-105-106					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	129	Madelyn Eybergen		E2	WINDSOR LANCERS	1	3:44	29:51
2	2	72	Julia Agostinelli		E4	TORONTO VARSITY BLUE	1	3:46	30:01
3	3	114	Sophie Coutts		E4	WESTERN MUSTANGS	1	3:46	30:06
4	4	100	Paige Breedon		E3	WATERLOO WARRIORS	1	3:47	30:13
5	5	117	Sandra Guga		E5	WESTERN MUSTANGS	2	3:48	30:20
6	6	125	Olivia Roussel		E5	WESTERN MUSTANGS	3	3:48	30:24
7	7	111	Anna Carruthers		E5	WESTERN MUSTANGS	4	3:49	30:26
8	8	120	Erika Jordan		E4	WESTERN MUSTANGS	5	3:49	30:29
9	9	33	Laura Yantha		E5	GUELPH GRYPHONS	1	3:49	30:30
10	10	113	Chloe Coutts		E4	WESTERN MUSTANGS	6	3:51	30:48
11	11	58	Ana Morariu		E4	MCMASTER MARAUDERS	1	3:54	31:06
12	12	95	Ivy Bialowas		E4	UNB REDS	1	3:56	31:25
13	13	20	Michelle Gray		E2	GUELPH GRYPHONS	2	3:56	31:27
14	14	63	Kaitlyn Treleaven		E4	MCMASTER MARAUDERS	2	3:56	31:28
15	15	101	Hillary Clark		E5	WATERLOO WARRIORS	2	3:57	31:29
16	16	29	Maria Sandor		E3	GUELPH GRYPHONS	3	3:57	31:30
17	17	116	Pascale Gendron		E3	WESTERN MUSTANGS	7	3:57	31:35
18	18	106	Olivia Vanleeuwen		E3	WATERLOO WARRIORS	3	3:58	31:37
19	19	61	Mary Tennant		E4	MCMASTER MARAUDERS	3	3:58	31:40
20	20	31	Leah Stapleton		E2	GUELPH GRYPHONS	4	3:58	31:42
21	21	57	Ella Madsen		E2	MCMASTER MARAUDERS	4	3:58	31:44
22	22	55	Emma Elliott		E3	MCMASTER MARAUDERS	5	3:59	31:46
23		109	EJ Boston		E4	WESTERN MUSTANGS	8	3:59	31:49

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**Event # 1 WOMENS 8Km Run**

Start @ 10:50am

Conditions: sunny, humid, 30°C

+ COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 21-Oct2018

# MEET RECORD: Stephanie Aldea Harbour TC 29:04.00 24-Sep2022

24	23	97	Emily Doucet	E4	UNB REDS	2	3:59	31:51
25	24	59	Kayla Overholt	E3	MCMaster MARAUDERS	6	4:00	31:56
26	25	94	Georgia Bernhard	E3	UNB REDS	3	4:00	31:56
27	26	27	Maeve Pestonji	E3	GUELPH GRYPHONS	5	4:01	32:05
28	27	80	Sarah Luedke	E4	TORONTO VARSITY BLUE	2	4:01	32:06
29	28	79	Sophie Levasseur	E2	TORONTO VARSITY BLUE	3	4:02	32:12
30	29	26	Alex McDougall	E3	GUELPH GRYPHONS	6	4:02	32:16
31	30	107	Chloe Vincent	E2	WATERLOO WARRIORS	4	4:02	32:16
32	31	136	Joelle Olla	E3	WINDSOR LANCERS	2	4:02	32:16
33	32	75	Liana De Medeiros	E3	TORONTO VARSITY BLUE	4	4:03	32:18
34		121	Hallee Knelsen	E4	WESTERN MUSTANGS	9	4:04	32:28
35	33	60	Maya Parkin	E3	MCMaster MARAUDERS	7	4:04	32:30
36		115	Clara Fava	R	WESTERN MUSTANGS	10	4:05	32:33
37		56	Victoria Lamb	E4	MCMaster MARAUDERS	8	4:05	32:34
38	34	22	Laura Kuszaj	E4	GUELPH GRYPHONS	7	4:05	32:34
39		62	Kara Tichbourne	E2	MCMaster MARAUDERS	9	4:05	32:34
40		24	Anna May	E2	GUELPH GRYPHONS	8	4:05	32:35
41	35	81	Samantha Macdonald	E2	TORONTO VARSITY BLUE	5	4:07	32:49
42		30	Brooke Spina	E2	GUELPH GRYPHONS	9	4:07	32:49
43		21	Nicole Hartnell	E2	GUELPH GRYPHONS	10	4:07	32:50
44	36	42	Kristen Mrozewski	E4	LAURENTIAN VOYAGEURS	1	4:07	32:54
45	37	130	Natalie Fortier	E2	WINDSOR LANCERS	3	4:07	32:54
46	38	41	Angela Mozzon	E5	LAURENTIAN VOYAGEURS	2	4:08	33:00
47		122	Maria Linton	R	WESTERN MUSTANGS	11	4:08	33:02
48		32	Grace Wheeler	E2	GUELPH GRYPHONS	11	4:10	33:18
49		124	Brooke Power	E2	WESTERN MUSTANGS	12	4:10	33:19
50		17	Haley Davis	E3	GUELPH GRYPHONS	12	4:11	33:23
51	39	87	Sarah White	E3	TORONTO VARSITY BLUE	6	4:11	33:24
52	40	45	Nicole Beach	E4	LAURIER GOLDEN HAWKS	1	4:11	33:24
53	41	13	Lauren Macsai	E4	BROCK BADGERS	1	4:11	33:25
54	42	98	Claire Hamilton	R	UNB REDS	4	4:11	33:28
55		54	Mikayla Battams	E3	MCMaster MARAUDERS	10	4:12	33:32
56	43	50	Marie Mazzoli	E1	LAURIER GOLDEN HAWKS	2	4:12	33:32
57	44	12	Cori Macsai	E4	BROCK BADGERS	2	4:13	33:41
58		28	Kayla Sanderson-Kirby	E3	GUELPH GRYPHONS	13	4:13	33:43
59	45	127	Natalie Adam	E1	WINDSOR LANCERS	4	4:14	33:47
60	46	35	Sarah Booth	E4	LAURENTIAN VOYAGEURS	3	4:15	33:57
61	47	85	Catherine Rodriguez	E2	TORONTO VARSITY BLUE	7	4:15	33:58
62		64	Nora Treleaven	E2	MCMaster MARAUDERS	11	4:15	33:59
63		82	Avery Murrell	E1	TORONTO VARSITY BLUE	8	4:16	34:01
64		142	Laura Peters	E5	YORK LIONS	1	4:16	34:03
65	48	128	Karen Castillo	E2	WINDSOR LANCERS	5	4:16	34:03

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66	49	44	Sabrina Arena	E2	LAURIER GOLDEN HAWKS	3	4:17	34:14
67		25	Grace McCarthy	R	GUELPH GRYPHONS	14	4:17	34:14
68	50	138	Nicole Seagris	R	WINDSOR LANCERS	6	4:17	34:14
69		118	Juliana Hendrixx	E3	WESTERN MUSTANGS	13	4:18	34:22
70		23	Jardine Lam-Colling	E2	GUELPH GRYPHONS	15	4:19	34:27
71		110	Lilly Brydon	R	WESTERN MUSTANGS	14	4:19	34:30
72		119	Claire Hickey	R	WESTERN MUSTANGS	15	4:20	34:34
73		74	Joud Dabous	E4	TORONTO VARSITY BLUE	9	4:20	34:37
74	51	135	Layla Masse	R	WINDSOR LANCERS	7	4:21	34:44
75		73	Marie Berube-Boutin	E2	TORONTO VARSITY BLUE	10	4:21	34:46
76	52	104	Nicole Schindler	E4	WATERLOO WARRIORS	5	4:22	34:51
77		137	Julia Scarrow	R	WINDSOR LANCERS	8	4:22	34:54
78	53	93	Alexandra Benevides	R	UNB REDS	5	4:23	34:58
79	54	39	Abby Lanteigne	E2	LAURENTIAN VOYAGEURS	4	4:24	35:08
80		84	Aidan Pattison	R	TORONTO VARSITY BLUE	11	4:27	35:30
81		132	Isabella Goveia	E3	WINDSOR LANCERS	9	4:27	35:31
82		139	Riyaa Balakrishnan	R	YORK LIONS	2	4:27	35:36
83	55	48	Belinda Guerra	E5	LAURIER GOLDEN HAWKS	4	4:28	35:44
84	56	70	Mackenzie Green	R	NIPISSING LAKERS	1	4:29	35:45
85	57	40	Georgia Lepage	R	LAURENTIAN VOYAGEURS	5	4:30	35:53
86		131	Agatha Godlewski	E3	WINDSOR LANCERS	10	4:30	35:57
87		18	Mackenzie Gallagher	R	GUELPH GRYPHONS	16	4:31	36:04
88	58	49	Piper Lafayette	E4	LAURIER GOLDEN HAWKS	5	4:31	36:08
89	59	102	Abbey Davis	E5	WATERLOO WARRIORS	6	4:32	36:09
90		92	Ryanne O'neill	E1	TRENT EXCALIBUR	1	4:32	36:11
91		133	Ella Heredi	R	WINDSOR LANCERS	11	4:32	36:16
92	60	69	Blaise Gravelle	E2	NIPISSING LAKERS	2	4:33	36:19
93	61	15	Hailee Masse	E1	BROCK BADGERS	3	4:33	36:23
94	62	46	Tegan Ceccanese	E2	LAURIER GOLDEN HAWKS	6	4:34	36:25
95	63	105	Emily Sharik-Carreiro	E1	WATERLOO WARRIORS	7	4:34	36:26
96	64	52	Maya Robinson	E3	LAURIER GOLDEN HAWKS	7	4:37	36:49
97	65	14	Julie Mak	E3	BROCK BADGERS	4	4:38	36:59
98		89	Frances Emery	R	TRENT EXCALIBUR	2	4:39	37:08
99	66	37	Charlotte Grenier	E2	LAURENTIAN VOYAGEURS	6	4:40	37:18
100		76	Lena Eys	R	TORONTO VARSITY BLUE	12	4:40	37:20
101	67	11	Jolanta Clark	R	BROCK BADGERS	5	4:44	37:45
102		77	Nicole Hoh	E1	TORONTO VARSITY BLUE	13	4:45	38:00
103	68	16	Adeline Steiger	E3	BROCK BADGERS	6	4:47	38:09
104		88	Millie Copeland	E1	TRENT EXCALIBUR	3	4:50	38:38
105		140	Malak Elghobashy	R	YORK LIONS	3	4:51	38:43
106		141	Teresa Muggeridge	E1	YORK LIONS	4	4:51	38:47
107	69	68	Chanell Duffy	E2	NIPISSING LAKERS	3	4:52	38:50

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108	70	71	Abby MacMillan	E1	NIPISSING LAKERS	4	4:56	<b>39:21</b>
109	71	36	Ariel Gibbons	R	LAURENTIAN VOYAGEURS	7	5:01	<b>40:08</b>
110		90	Lily Hartley	R	TRENT EXCALIBUR	4	5:18	<b>42:18</b>
111	72	66	Makayla Denommee	E1	NIPISSING LAKERS	5	5:25	<b>43:17</b>
112		19	Jocelyn Giannotti	R	GUELPH GRYPHONS			<b>DNF</b>
113		144	Ava Sparkes	E1	YORK LIONS			<b>DNF</b>
114		143	Erica Robertson	E1	YORK LIONS			<b>DNF</b>
115		47	Grace Channell	E3	LAURIER GOLDEN HAWKS			<b>DNF</b>
116		53	Alyssa Zinn	E2	LAURIER GOLDEN HAWKS			<b>DNF</b>
117		65	Jessica Yemen	E1	MCMASTER MARAUDERS			<b>DNF</b>
118		108	Lauren Alexander	R	WESTERN MUSTANGS			<b>DNF</b>
119		103	Emma Molloy	E2	WATERLOO WARRIORS			<b>DNF</b>
120		96	Hilary Bishop	E4	UNB REDS			<b>DNF</b>
121		67	Emily Drenth	E2	NIPISSING LAKERS			<b>DNF</b>
122		145	Giovvana De Oliveira	E2	YORK LIONS			<b>DNF</b>
123		86	Katherine Vuckovic	E3	TORONTO VARSITY BLUE			<b>DNF</b>
124		134	Sian Kniaziew	R	WINDSOR LANCERS			<b>DNF</b>





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**TEAM: MCMASTER MARAUDERS SCORE: 87 PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Ana Morariu		E4	58	31:06	3:54	6:16
14-14	Kaitlyn Treleaven		E4	63	31:28	3:56	6:20
19-19	Mary Tennant		E4	61	31:40	3:58	6:23
22-22	Emma Elliott		E3	55	31:46	3:59	6:24
21-21	Ella Madsen		E2	57	31:44	3:58	6:24
=====							
25-24	Kayla Overholt		E3	59	31:56	4:00	6:26
35-33	Maya Parkin		E3	60	32:30	4:04	6:33
=====							
37-37	Victoria Lamb		E4	56	32:34	4:05	6:34
38-38	Kara Tichbourne		E2	62	32:34	4:05	6:34
55-55	Mikayla Battams		E3	54	33:32	4:12	6:45
62-62	Nora Treleaven		E2	64	33:59	4:15	6:51
	Jessica Yemen		E1	65	DNF		
	<b>Top 5 Total Time:</b>	2:37:44			<b>Top 5 Average Time:</b>	31:33	
	<b>Top 5 Average per KM:</b>	3:57			<b>Top 5 Average Per MILE:</b>	6:21	
	<b>1 - 5 Split:</b>	0:40			<b>1 - 7 Split:</b>	1:24	
	<b>Top 7 Total Time:</b>	3:42:10			<b>Top 7 Average Time:</b>	31:45	

**TEAM: WATERLOO WARRIORS SCORE: 119 PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Paige Breedon		E3	100	30:13	3:47	6:05
15-15	Hillary Clark		E5	101	31:29	3:57	6:21
18-18	Olivia Vanleeuwen		E3	106	31:37	3:58	6:22
31-30	Chloe Vincent		E2	107	32:16	4:02	6:30
76-52	Nicole Schindler		E4	104	34:51	4:22	7:01
=====							
89-59	Abbey Davis		E5	102	36:09	4:32	7:17
95-63	Emily Sharik-Carreiro		E1	105	36:26	4:34	7:20
=====							
	Emma Molloy		E2	103	DNF		
	<b>Top 5 Total Time:</b>	2:40:26			<b>Top 5 Average Time:</b>	32:06	
	<b>Top 5 Average per KM:</b>	4:01			<b>Top 5 Average Per MILE:</b>	6:28	
	<b>1 - 5 Split:</b>	4:38			<b>1 - 7 Split:</b>	6:13	
	<b>Top 7 Total Time:</b>	3:53:01			<b>Top 7 Average Time:</b>	33:18	

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**TEAM: TORONTO VARSITY BLUE SCORE: 124 PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Julia Agostinelli		E4	72	30:01	3:46	6:03
28-27	Sarah Luedke		E4	80	32:06	4:01	6:28
29-28	Sophie Levasseur		E2	79	32:12	4:02	6:29
33-32	Liana De Medeiros		E3	75	32:18	4:03	6:30
41-35	Samantha Macdonald		E2	81	32:49	4:07	6:37
=====							
51-39	Sarah White		E3	87	33:24	4:11	6:44
61-47	Catherine Rodriguez		E2	85	33:58	4:15	6:50
=====							
63-63	Avery Murrell		E1	82	34:01	4:16	6:51
73-73	Joud Dabous		E4	74	34:37	4:20	6:58
75-75	Marie Berube-Boutin		E2	73	34:46	4:21	7:00
80-80	Aidan Pattison		R	84	35:30	4:27	7:09
100-100	Lena Eys		R	76	37:20	4:40	7:31
102-102	Nicole Hoh		E1	77	38:00	4:45	7:39
	Katherine Vuckovic		E3	86	DNF		
	<b>Top 5 Total Time:</b>	2:39:26			<b>Top 5 Average Time:</b>	31:54	
	<b>Top 5 Average per KM:</b>	4:00			<b>Top 5 Average Per MILE:</b>	6:25	
	<b>1 - 5 Split:</b>	2:48			<b>1 - 7 Split:</b>	3:57	
	<b>Top 7 Total Time:</b>	3:46:48			<b>Top 7 Average Time:</b>	32:24	

**TEAM: UNB REDS SCORE: 155 PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
12-12	Ivy Bialowas		E4	95	31:25	3:56	6:20
24-23	Emily Doucet		E4	97	31:51	3:59	6:25
26-25	Georgia Bernhard		E3	94	31:56	4:00	6:26
54-42	Claire Hamilton		R	98	33:28	4:11	6:44
78-53	Alexandra Benevides		R	93	34:58	4:23	7:03
=====							
	Hilary Bishop		E4	96	DNF		
	<b>Top 5 Total Time:</b>	2:43:38			<b>Top 5 Average Time:</b>	32:44	
	<b>Top 5 Average per KM:</b>	4:06			<b>Top 5 Average Per MILE:</b>	6:36	
	<b>1 - 5 Split:</b>	3:33			<b>1 - 7 Split:</b>		
	<b>Top 7 Total Time:</b>				<b>Top 7 Average Time:</b>		



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**TEAM: WINDSOR LANCERS SCORE: 162 PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Madelyn Eybergen		E2	129	29:51	3:44	6:01
32-31	Joelle Olla		E3	136	32:16	4:02	6:30
45-37	Natalie Fortier		E2	130	32:54	4:07	6:38
59-45	Natalie Adam		E1	127	33:47	4:14	6:48
65-48	Karen Castillo		E2	128	34:03	4:16	6:51
=====							
68-50	Nicole Seagris		R	138	34:14	4:17	6:54
74-51	Layla Masse		R	135	34:44	4:21	7:00
=====							
77-77	Julia Scarrow		R	137	34:54	4:22	7:02
81-81	Isabella Goveia		E3	132	35:31	4:27	7:09
86-86	Agatha Godlewski		E3	131	35:57	4:30	7:14
91-91	Ella Heredi		R	133	36:16	4:32	7:18
	Sian Kniaziew		R	134	DNF		
<b>Top 5 Total Time:</b>		2:42:51			<b>Top 5 Average Time:</b>	32:35	
<b>Top 5 Average per KM:</b>		4:05			<b>Top 5 Average Per MILE:</b>	6:34	
<b>1 - 5 Split:</b>		4:12			<b>1 - 7 Split:</b>	4:53	
<b>Top 7 Total Time:</b>		3:51:49			<b>Top 7 Average Time:</b>	33:07	

**TEAM: LAURENTIAN VOYAGEURS SCORE: 231 PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
44-36	Kristen Mrozewski		E4	42	32:54	4:07	6:38
46-38	Angela Mozzon		E5	41	33:00	4:08	6:39
60-46	Sarah Booth		E4	35	33:57	4:15	6:50
79-54	Abby Lanteigne		E2	39	35:08	4:24	7:05
85-57	Georgia Lepage		R	40	35:53	4:30	7:14
=====							
99-66	Charlotte Grenier		E2	37	37:18	4:40	7:31
109-71	Ariel Gibbons		R	36	40:08	5:01	8:05
=====							
<b>Top 5 Total Time:</b>		2:50:52			<b>Top 5 Average Time:</b>	34:11	
<b>Top 5 Average per KM:</b>		4:17			<b>Top 5 Average Per MILE:</b>	6:53	
<b>1 - 5 Split:</b>		2:59			<b>1 - 7 Split:</b>	7:14	
<b>Top 7 Total Time:</b>		4:8:18			<b>Top 7 Average Time:</b>	35:29	

2024 Vigars & Salter WESTERN INVITATIONAL

2024-09-21

2024-09-21 - 2024-09-21

Sat. Sept 21 / 49th annual / 38th @ TVGC  
timing by SPORTMADESIMPLE

**TEAM: LAURIER GOLDEN HAWKS SCORE: 245 PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
52-40	Nicole Beach		E4	45	33:24	4:11	6:44
56-43	Marie Mazzoli		E1	50	33:32	4:12	6:45
66-49	Sabrina Arena		E2	44	34:14	4:17	6:54
83-55	Belinda Guerra		E5	48	35:44	4:28	7:12
88-58	Piper Lafayette		E4	49	36:08	4:31	7:17
=====							
94-62	Tegan Ceccanese		E2	46	36:25	4:34	7:20
96-64	Maya Robinson		E3	52	36:49	4:37	7:25
=====							
	Alyssa Zinn		E2	53	DNF		
	Grace Channell		E3	47	DNF		
<b>Top 5 Total Time:</b>		2:53:02			<b>Top 5 Average Time:</b>	34:37	
<b>Top 5 Average per KM:</b>		4:20			<b>Top 5 Average Per MILE:</b>	6:58	
<b>1 - 5 Split:</b>		2:44			<b>1 - 7 Split:</b>	3:25	
<b>Top 7 Total Time:</b>		4:6:16			<b>Top 7 Average Time:</b>	35:11	

**TEAM: BROCK BADGERS SCORE: 278 PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
53-41	Lauren Macsai		E4	13	33:25	4:11	6:44
57-44	Cori Macsai		E4	12	33:41	4:13	6:47
93-61	Hailee Masse		E1	15	36:23	4:33	7:20
97-65	Julie Mak		E3	14	36:59	4:38	7:27
101-67	Jolanta Clark		R	11	37:45	4:44	7:36
=====							
103-68	Adeline Steiger		E3	16	38:09	4:47	7:41
<b>Top 5 Total Time:</b>		2:58:13			<b>Top 5 Average Time:</b>	35:39	
<b>Top 5 Average per KM:</b>		4:28			<b>Top 5 Average Per MILE:</b>	7:11	
<b>1 - 5 Split:</b>		4:20			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		



**2024 Vigars & Salter WESTERN INVITATIONAL**

2024-09-21

Sat. Sept 21 / 49th annual / 38th @ TVGC  
timing by SPORTMADESIMPLE

2024-09-21 - 2024-09-21

**Event # 2 MENS 8Km Run**

Start @ 10:00am

Conditions: sunny, humid, 28°C

+ COURSE RECORD: Philippe Mourné-Cartier Laval Rouge et Or 24:17.00 12-Nov2023

# MEET RECORD: Jeremy Coughler London-Western TFC 24:30.00 24-Sep2022

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	WESTERN MUSTANGS	56	6-9-11-12-18	27-30	2:10:23	3:16	26:05	0:35
2	UNB REDS	57	2-4-7-20-24	38	2:09:35	3:15	25:55	1:28
3	GUELPH GRYPHONS	65	1-3-16-22-23	31-32	2:09:47	3:15	25:58	1:28
4	MCMASTER MARAUDERS	71	5-13-15-17-21	25-26	2:10:58	3:17	26:12	0:45
5	WINDSOR LANCERS	105	8-14-19-28-36	39-40	2:12:55	3:20	26:35	1:33
6	TORONTO VARSITY BLUE	172	10-34-41-43-44	46-47	2:17:21	3:27	27:29	2:05
7	WATERLOO WARRIORS	212	29-33-45-52-53	56-57	2:19:29	3:30	27:54	1:44
8	LAURIER GOLDEN HAWKS	233	35-37-42-59-60	63-64	2:21:24	3:33	28:17	2:02
9	LAURENTIAN VOYAGEURS	287	50-51-55-65-66	73-80	2:25:46	3:39	29:10	1:40
10	BROCK BADGERS	292	49-54-58-62-69		2:25:42	3:39	29:09	1:49
11	YORK LIONS	336	48-68-70-72-78	79-81	2:31:08	3:47	30:14	3:30
12	NIPISSING LAKERS	348	61-67-71-74-75	76-77	2:32:06	3:49	30:26	1:58
	TRENT EXCALIBUR		112-116-129-135					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	159	Max Davies		E4	GUELPH GRYPHONS	1	3:09	25:05
2	2	245	Jared Howse		E4	UNB REDS	1	3:09	25:09
3	3	163	Jack Lehto		E3	GUELPH GRYPHONS	2	3:10	25:19
4	4	243	William Boyle		E4	UNB REDS	2	3:12	25:35
5	5	203	Alexander Purnell		E5	MCMASTER MARAUDERS	1	3:13	25:41
6	6	265	Ben Fox		E4	WESTERN MUSTANGS	1	3:13	25:44
7	7	244	Silas Conlin-Morse		R	UNB REDS	3	3:14	25:52
8	8	284	Jacob Fitzpatrick		E4	WINDSOR LANCERS	1	3:15	25:59
9	9	279	Marcel Scheele		E5	WESTERN MUSTANGS	2	3:16	26:04
10	10	228	Parker Levac		R	TORONTO VARSITY BLUE	1	3:16	26:04
11	11	273	Rory McGarvey		E4	WESTERN MUSTANGS	3	3:16	26:06
12	12	270	Ethan Loucks		E5	WESTERN MUSTANGS	4	3:17	26:10
13	13	206	William Weist		E3	MCMASTER MARAUDERS	2	3:17	26:14
14	14	282	Noah Costa		E4	WINDSOR LANCERS	2	3:17	26:15
15	15	202	Samuel Patrick		E2	MCMASTER MARAUDERS	3	3:18	26:18
16	16	166	Christian Rachner		E4	GUELPH GRYPHONS	3	3:18	26:18
17	17	197	Giancarlo Farruggia		E3	MCMASTER MARAUDERS	4	3:18	26:19
18	18	275	Owen Parkes		E2	WESTERN MUSTANGS	5	3:18	26:19
19	19	288	Luke Mahwhinney		E5	WINDSOR LANCERS	3	3:18	26:20
20	20	247	Brodie Pennie		R	UNB REDS	4	3:18	26:22
21	21	194	Kamran Brar		E2	MCMASTER MARAUDERS	5	3:19	26:26
22	22	167	Adam Schmidt		E5	GUELPH GRYPHONS	4	3:19	26:32
23	23	164	Charlie Mills		E2	GUELPH GRYPHONS	5	3:20	26:33

## 2024 Vigars &amp; Salter WESTERN INVITATIONAL

Sat. Sept 21 / 49th annual / 38th @ TVGC  
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2024-09-21

2024-09-21 - 2024-09-21

**Event # 2 MENS 8Km Run**

Start @ 10:00am

Conditions: sunny, humid, 28°C

+ COURSE RECORD: Philippe Mournéau-Cartier Laval Rouge et Or 24:17.00 12-Nov2023

# MEET RECORD: Jeremy Coughler London-Western TFC 24:30.00 24-Sep2022

24	24	242	Elijah Bayne	R	UNB REDS	5	3:20	26:37
25	25	195	Ryan Davies	E2	MCMaster MARAUDERS	6	3:20	26:40
26	26	204	Iain Thomson	R	MCMaster MARAUDERS	7	3:21	26:47
27	27	266	Satveer Gill	E2	WESTERN MUSTANGS	6	3:21	26:48
28	28	289	Andreas Pardalis	R	WINDSOR LANCERS	4	3:22	26:49
29		198	Christopher Hoftzyer	E4	MCMaster MARAUDERS	8	3:22	26:51
30	29	259	Jacques Tiessen	E5	WATERLOO WARRIORS	1	3:23	26:57
31		200	Austin McGoe	E2	MCMaster MARAUDERS	9	3:23	26:57
32	30	278	Justin Sanders	E4	WESTERN MUSTANGS	7	3:23	26:57
33	31	162	Dylan Ferri	E3	GUELPH GRYPHONS	6	3:23	27:01
34		205	Tynan Webb	E3	MCMaster MARAUDERS	10	3:23	27:03
35	32	158	Eric Campbell	E3	GUELPH GRYPHONS	7	3:23	27:04
36	33	253	Patrick Dean	E3	WATERLOO WARRIORS	2	3:24	27:05
37		277	Mark Royce	E4	WESTERN MUSTANGS	8	3:24	27:06
38	34	222	Brandon Cidade	R	TORONTO VARSITY BLUE	2	3:24	27:08
39		193	Tristan Bouius	E2	MCMaster MARAUDERS	11	3:24	27:10
40		261	Tom Boers	E3	WESTERN MUSTANGS	9	3:24	27:10
41		168	Charlie Shaw	E2	GUELPH GRYPHONS	8	3:24	27:12
42		260	Harrison Belanger	E3	WESTERN MUSTANGS	10	3:24	27:12
43		157	Nicolas Belan	R	GUELPH GRYPHONS	9	3:25	27:18
44	35	192	Ian Young	E4	LAURIER GOLDEN HAWKS	1	3:25	27:19
45		264	Robin Farcier	E1	WESTERN MUSTANGS	11	3:26	27:25
46		160	Willem De Gooyer	R	GUELPH GRYPHONS	10	3:27	27:29
47	36	283	Brayden DeGrace	E5	WINDSOR LANCERS	5	3:27	27:32
48		161	Luke Feltham	R	GUELPH GRYPHONS	11	3:27	27:32
49		201	Joseph McIntyre	E2	MCMaster MARAUDERS	12	3:27	27:32
50		269	Kyle Koyanagi	E5	WESTERN MUSTANGS	12	3:28	27:37
51		262	JT Boston	E4	WESTERN MUSTANGS	13	3:28	27:42
52	37	190	Ryan Skjarum	E1	LAURIER GOLDEN HAWKS	2	3:28	27:42
53	38	248	Sam Richter	E2	UNB REDS	6	3:28	27:44
54	39	287	Adam Kleinsmith	E3	WINDSOR LANCERS	6	3:29	27:49
55	40	281	Kade Campbell	R	WINDSOR LANCERS	7	3:30	27:53
56	41	230	Anton Mlynczyk	E4	TORONTO VARSITY BLUE	3	3:30	27:54
57	42	182	Simon Drolet	R	LAURIER GOLDEN HAWKS	3	3:30	27:58
58		292	Andrew Taylor	E4	WINDSOR LANCERS	8	3:31	28:04
59	43	232	Adam Pralat	E3	TORONTO VARSITY BLUE	4	3:31	28:06
60	44	229	Jacob Mclean	E2	TORONTO VARSITY BLUE	5	3:32	28:09
61	45	256	Adam Huras	E4	WATERLOO WARRIORS	3	3:32	28:10
62	46	225	Andrew Hicks	E2	TORONTO VARSITY BLUE	6	3:32	28:13
63		290	Andrew Raoux	R	WINDSOR LANCERS	9	3:32	28:16
64	47	217	Sho Adachi	R	TORONTO VARSITY BLUE	7	3:32	28:16
65	48	296	Marco Volpi	E2	YORK LIONS	1	3:33	28:19

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2024-09-21

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**Event # 2 MENS 8Km Run**

Start @ 10:00am

Conditions: sunny, humid, 28°C

+ COURSE RECORD: Philippe Mournéau-Cartier Laval Rouge et Or 24:17.00 12-Nov2023

# MEET RECORD: Jeremy Coughler London-Western TFC 24:30.00 24-Sep2022

66		199	Connor Lashley	E4	MCMASTER MARAUDERS	13	3:33	28:20
67	49	152	Christian Ligtenberg	E5	BROCK BADGERS	1	3:33	28:22
68	50	175	Brandon Radey	E3	LAURENTIAN VOYAGEURS	1	3:33	28:22
69		272	Cullen McCurrach	E1	WESTERN MUSTANGS	14	3:33	28:23
70		263	Ethan Cannon	R	WESTERN MUSTANGS	15	3:33	28:24
71		224	Scott Garrett	E2	TORONTO VARSITY BLUE	8	3:34	28:25
72		236	Oliver Tagalog	E1	TORONTO VARSITY BLUE	9	3:34	28:28
73		237	Nick Trieu	E4	TORONTO VARSITY BLUE	10	3:34	28:31
74		234	Jabez Siu	E2	TORONTO VARSITY BLUE	11	3:34	28:32
75	51	174	Patrick Leroux	E4	LAURENTIAN VOYAGEURS	2	3:35	28:35
76	52	257	Jonathan Lysack	E4	WATERLOO WARRIORS	4	3:35	28:36
77	53	255	Connor Hickling	E2	WATERLOO WARRIORS	5	3:36	28:41
78	54	155	Garrett Wager	E3	BROCK BADGERS	2	3:36	28:41
79		286	Patrick Karuiki	E2	WINDSOR LANCERS	10	3:36	28:45
80		218	Aidan Austin-Day	E2	TORONTO VARSITY BLUE	12	3:36	28:47
81	55	176	Owen Roney	E2	LAURENTIAN VOYAGEURS	3	3:37	28:52
82	56	254	Yulai Duan	E2	WATERLOO WARRIORS	6	3:37	28:52
83		267	Will Greenfield	R	WESTERN MUSTANGS	16	3:37	28:53
84	57	258	Henrik Petersson	E1	WATERLOO WARRIORS	7	3:37	28:55
85		285	Ethan Graves	E3	WINDSOR LANCERS	11	3:38	28:57
86	58	153	Redding Maxwell	E2	BROCK BADGERS	3	3:38	28:57
87		235	Chris Stamadianos	E4	TORONTO VARSITY BLUE	13	3:38	28:57
88		274	Daniel Olgilvie	R	WESTERN MUSTANGS	17	3:38	28:58
89		219	Nathan Bergman	R	TORONTO VARSITY BLUE	14	3:38	29:03
90	59	188	Nathan Lemire	R	LAURIER GOLDEN HAWKS	4	3:38	29:04
91		271	Luca Marks	R	WESTERN MUSTANGS	18	3:39	29:07
92		170	Jady Warren	R	GUELPH GRYPHONS	12	3:39	29:09
93		268	Keyaan Jivraj	R	WESTERN MUSTANGS	19	3:40	29:15
94	60	181	Ezra Bender	R	LAURIER GOLDEN HAWKS	5	3:41	29:21
95		250	Massimo Calcagno	E4	WATERLOO WARRIORS	8	3:41	29:22
96	61	210	Japhy-Kai Crookham	R	NIPISSING LAKERS	1	3:41	29:23
97	62	150	Riley Coles	E4	BROCK BADGERS	4	3:42	29:31
98		220	Nathan Castanheiro	E2	TORONTO VARSITY BLUE	15	3:42	29:34
99		231	Silas Obrien	R	TORONTO VARSITY BLUE	16	3:42	29:34
100	63	187	Cohen Ledger	R	LAURIER GOLDEN HAWKS	6	3:42	29:36
101	64	184	Nolan Kulberg	R	LAURIER GOLDEN HAWKS	7	3:43	29:38
102		221	Jeanue Chung	E2	TORONTO VARSITY BLUE	17	3:44	29:48
103	65	171	Travis Annett	E3	LAURENTIAN VOYAGEURS	4	3:45	29:55
104	66	173	TJ Green	R	LAURENTIAN VOYAGEURS	5	3:46	30:02
105	67	215	Calvin Traczuk	R	NIPISSING LAKERS	2	3:46	30:03
106		291	Samuel Rohr	R	WINDSOR LANCERS	12	3:46	30:07
107	68	146	Oliver Waddington	E2	YORK LIONS	2	3:46	30:07

## 2024 Vigars &amp; Salter WESTERN INVITATIONAL

2024-09-21

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**Event # 2 MENS 8Km Run**

Start @ 10:00am

Conditions: sunny, humid, 28°C

+ COURSE RECORD:Philippe Mouneau-Cartier Laval Rouge et Or 24:17.00 12-Nov2023

# MEET RECORD:Jeremy Coughler London-Western TFC 24:30.00 24-Sep2022

108	69	151	Brenden Damiano	E2	BROCK BADGERS	5	3:47	30:11
109	70	147	David Akerman	E2	YORK LIONS	3	3:47	30:15
110	71	207	Ethan Aarts	E4	NIPISSING LAKERS	3	3:48	30:20
111		191	Braydon Trowbridge	E4	LAURIER GOLDEN HAWKS	8	3:48	30:24
112		238	Payton Kettle	E3	TRENT EXCALIBUR	1	3:49	30:26
113		226	Jack Jack Djondric-Powell	E3	TORONTO VARSITY BLUE	18	3:49	30:28
114	72	295	Michael Muravchik	E1	YORK LIONS	4	3:50	30:38
115	73	180	Renato Zegarra	R	LAURENTIAN VOYAGEURS	6	3:51	30:41
116		241	Keegan Sayles	E3	TRENT EXCALIBUR	2	3:52	30:50
117	74	209	Noah Cornish	E5	NIPISSING LAKERS	4	3:53	30:59
118	75	208	Samuel Bennett	E3	NIPISSING LAKERS	5	3:56	31:21
119	76	212	Adam Edwards	R	NIPISSING LAKERS	6	3:56	31:26
120	77	211	Oliver Czerny-Holownia	E4	NIPISSING LAKERS	7	3:57	31:31
121		216	Eily Woodman	R	NIPISSING LAKERS	8	3:57	31:34
122		214	George Legler	E3	NIPISSING LAKERS	9	3:58	31:38
123	78	148	Arthur Fernandes	E2	YORK LIONS	5	3:59	31:49
124		227	Jaeden Jaeden	E2	TORONTO VARSITY BLUE	19	3:59	31:51
125	79	293	Toluwani Adebajo	R	YORK LIONS	6	4:00	31:55
126		249	Andrew Batek	E2	WATERLOO WARRIORS	9	4:00	31:59
127		185	Holden Lamont	R	LAURIER GOLDEN HAWKS	9	4:01	32:06
128	80	178	Alan Wilkin	R	LAURENTIAN VOYAGEURS	7	4:04	32:27
129		239	Wyatt Knockleby	R	TRENT EXCALIBUR	3	4:08	32:59
130		183	Cezar Hirsescu	E1	LAURIER GOLDEN HAWKS	10	4:09	33:09
131		179	Patrick Wiss	E1	LAURENTIAN VOYAGEURS	8	4:14	33:47
132		213	Nolan Kenny	R	NIPISSING LAKERS	10	4:16	34:05
133		186	Jack Lazear	R	LAURIER GOLDEN HAWKS	11	4:19	34:29
134	81	294	Ashwin Dileepan	E1	YORK LIONS	7	4:19	34:29
135		240	Carter Myles	E3	TRENT EXCALIBUR	4	4:35	36:33
136		223	Max Elinson	E2	TORONTO VARSITY BLUE			DNF

2024 Vigars & Salter WESTERN INVITATIONAL

2024-09-21

2024-09-21 - 2024-09-21

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**TEAM: WESTERN MUSTANGS SCORE: 56 PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Ben Fox		E4	265	25:44	3:13	5:11
9-9	Marcel Scheele		E5	279	26:04	3:16	5:15
11-11	Rory McGarvey		E4	273	26:06	3:16	5:16
12-12	Ethan Loucks		E5	270	26:10	3:17	5:16
18-18	Owen Parkes		E2	275	26:19	3:18	5:18
=====							
27-27	Satveer Gill		E2	266	26:48	3:21	5:24
32-30	Justin Sanders		E4	278	26:57	3:23	5:26
=====							
37-37	Mark Royce		E4	277	27:06	3:24	5:28
40-40	Tom Boers		E3	261	27:10	3:24	5:28
42-42	Harrison Belanger		E3	260	27:12	3:24	5:29
45-45	Robin Farcier		E1	264	27:25	3:26	5:31
50-50	Kyle Koyanagi		E5	269	27:37	3:28	5:34
51-51	JT Boston		E4	262	27:42	3:28	5:35
69-69	Cullen McCurrach		E1	272	28:23	3:33	5:43
70-70	Ethan Cannon		R	263	28:24	3:33	5:43
83-83	Will Greenfield		R	267	28:53	3:37	5:49
88-88	Daniel Olgilvie		R	274	28:58	3:38	5:50
91-91	Luca Marks		R	271	29:07	3:39	5:52
93-93	Keyaan Jivraj		R	268	29:15	3:40	5:54
<b>Top 5 Total Time:</b>		2:10:23			<b>Top 5 Average Time:</b>	26:05	
<b>Top 5 Average per KM:</b>		3:16			<b>Top 5 Average Per MILE:</b>	5:15	
<b>1 - 5 Split:</b>		0:35			<b>1 - 7 Split:</b>	1:13	
<b>Top 7 Total Time:</b>		3:4:08			<b>Top 7 Average Time:</b>	26:19	

**TEAM: UNB REDS SCORE: 57 PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Jared Howse		E4	245	25:09	3:09	5:04
4-4	William Boyle		E4	243	25:35	3:12	5:09
7-7	Sillas Conlin-Morse		R	244	25:52	3:14	5:13
20-20	Brodie Pennie		R	247	26:22	3:18	5:19
24-24	Elijah Bayne		R	242	26:37	3:20	5:22
=====							
53-38	Sam Richter		E2	248	27:44	3:28	5:35
<b>Top 5 Total Time:</b>		2:09:35			<b>Top 5 Average Time:</b>	25:55	
<b>Top 5 Average per KM:</b>		3:15			<b>Top 5 Average Per MILE:</b>	5:13	
<b>1 - 5 Split:</b>		1:28			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		



2024 Vigars & Salter WESTERN INVITATIONAL

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**TEAM: GUELPH GRYPHONS SCORE: 65 PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Max Davies		E4	159	25:05	3:09	5:03
3-3	Jack Lehto		E3	163	25:19	3:10	5:06
16-16	Christian Rachner		E4	166	26:18	3:18	5:18
23-23	Charlie Mills		E2	164	26:33	3:20	5:21
22-22	Adam Schmidt		E5	167	26:32	3:19	5:21
=====							
33-31	Dylan Ferri		E3	162	27:01	3:23	5:27
35-32	Eric Campbell		E3	158	27:04	3:23	5:27
=====							
41-41	Charlie Shaw		E2	168	27:12	3:24	5:29
43-43	Nicolas Belan		R	157	27:18	3:25	5:30
46-46	Willem De Gooyer		R	160	27:29	3:27	5:32
48-48	Luke Feltham		R	161	27:32	3:27	5:33
92-92	Jadyn Warren		R	170	29:09	3:39	5:52
<b>Top 5 Total Time:</b>		2:09:47			<b>Top 5 Average Time:</b>	25:58	
<b>Top 5 Average per KM:</b>		3:15			<b>Top 5 Average Per MILE:</b>	5:14	
<b>1 - 5 Split:</b>		1:28			<b>1 - 7 Split:</b>	1:59	
<b>Top 7 Total Time:</b>		3:3:52			<b>Top 7 Average Time:</b>	26:16	

**TEAM: MCMASTER MARAUDERS SCORE: 71 PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Alexander Purnell		E5	203	25:41	3:13	5:10
13-13	William Weist		E3	206	26:14	3:17	5:17
15-15	Samuel Patrick		E2	202	26:18	3:18	5:18
17-17	Giancarlo Farruggia		E3	197	26:19	3:18	5:18
21-21	Kamran Brar		E2	194	26:26	3:19	5:20
=====							
26-26	Iain Thomson		R	204	26:47	3:21	5:24
25-25	Ryan Davies		E2	195	26:40	3:20	5:22
=====							
29-29	Christopher Hoftzyer		E4	198	26:51	3:22	5:25
31-31	Austin McGoey		E2	200	26:57	3:23	5:26
34-34	Tynan Webb		E3	205	27:03	3:23	5:27
39-39	Tristan Bouius		E2	193	27:10	3:24	5:28
49-49	Joseph McIntyre		E2	201	27:32	3:27	5:33
66-66	Connor Lashley		E4	199	28:20	3:33	5:42
<b>Top 5 Total Time:</b>		2:10:58			<b>Top 5 Average Time:</b>	26:12	
<b>Top 5 Average per KM:</b>		3:17			<b>Top 5 Average Per MILE:</b>	5:17	
<b>1 - 5 Split:</b>		0:45			<b>1 - 7 Split:</b>	1:06	
<b>Top 7 Total Time:</b>		3:4:25			<b>Top 7 Average Time:</b>	26:21	



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**TEAM: TORONTO VARSITY BLUE      SCORE: 172      PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Parker Levac		R	228	26:04	3:16	5:15
38-34	Brandon Cidade		R	222	27:08	3:24	5:28
56-41	Anton Mlynczyk		E4	230	27:54	3:30	5:37
60-44	Jacob Mclean		E2	229	28:09	3:32	5:40
59-43	Adam Pralat		E3	232	28:06	3:31	5:40
=====							
62-46	Andrew Hicks		E2	225	28:13	3:32	5:41
64-47	Sho Adachi		R	217	28:16	3:32	5:42
=====							
74-74	Jabez Siu		E2	234	28:32	3:34	5:45
71-71	Scott Garrett		E2	224	28:25	3:34	5:43
72-72	Oliver Tagalog		E1	236	28:28	3:34	5:44
73-73	Nick Trieu		E4	237	28:31	3:34	5:45
80-80	Aidan Austin-Day		E2	218	28:47	3:36	5:48
86-86	Chris Stamadianos		E4	235	28:57	3:38	5:50
89-89	Nathan Bergman		R	219	29:03	3:38	5:51
98-98	Nathan Castanheiro		E2	220	29:34	3:42	5:57
99-99	Silas Obrien		R	231	29:34	3:42	5:57
102-102	Jeanue Chung		E2	221	29:48	3:44	6:00
113-113	Jack Jack Djondric-Powell		E3	226	30:28	3:49	6:08
124-124	Jaeden Jaeden		E2	227	31:51	3:59	6:25
	Max Elinson		E2	223	DNF		
<b>Top 5 Total Time:</b>		2:17:21			<b>Top 5 Average Time:</b>	27:29	
<b>Top 5 Average per KM:</b>		3:27			<b>Top 5 Average Per MILE:</b>	5:32	
<b>1 - 5 Split:</b>		2:05			<b>1 - 7 Split:</b>	2:12	
<b>Top 7 Total Time:</b>		3:13:50			<b>Top 7 Average Time:</b>	27:42	

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**TEAM: WATERLOO WARRIORS SCORE: 212 PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
30-29	Jacques Tiessen		E5	259	26:57	3:23	5:26
36-33	Patrick Dean		E3	253	27:05	3:24	5:27
61-45	Adam Huras		E4	256	28:10	3:32	5:40
76-52	Jonathan Lysack		E4	257	28:36	3:35	5:46
77-53	Connor Hickling		E2	255	28:41	3:36	5:47
=====							
82-56	Yulai Duan		E2	254	28:52	3:37	5:49
84-57	Henrik Petersson		E1	258	28:55	3:37	5:50
=====							
95-95	Massimo Calcagno		E4	250	29:22	3:41	5:55
126-126	Andrew Batek		E2	249	31:59	4:00	6:27
<b>Top 5 Total Time:</b>		2:19:29			<b>Top 5 Average Time:</b>	27:54	
<b>Top 5 Average per KM:</b>		3:30			<b>Top 5 Average Per MILE:</b>	5:37	
<b>1 - 5 Split:</b>		1:44			<b>1 - 7 Split:</b>	1:58	
<b>Top 7 Total Time:</b>		3:17:16			<b>Top 7 Average Time:</b>	28:11	

**TEAM: LAURIER GOLDEN HAWKS SCORE: 233 PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
44-35	Ian Young		E4	192	27:19	3:25	5:30
52-37	Ryan Skjarum		E1	190	27:42	3:28	5:35
57-42	Simon Drolet		R	182	27:58	3:30	5:38
90-59	Nathan Lemire		R	188	29:04	3:38	5:51
94-60	Ezra Bender		R	181	29:21	3:41	5:55
=====							
101-64	Nolan Kulberg		R	184	29:38	3:43	5:58
100-63	Cohen Ledger		R	187	29:36	3:42	5:58
=====							
111-111	Braydon Trowbridge		E4	191	30:24	3:48	6:07
127-127	Holden Lamont		R	185	32:06	4:01	6:28
130-130	Cezar Hirsescu		E1	183	33:09	4:09	6:41
133-133	Jack Lazear		R	186	34:29	4:19	6:57
<b>Top 5 Total Time:</b>		2:21:24			<b>Top 5 Average Time:</b>	28:17	
<b>Top 5 Average per KM:</b>		3:33			<b>Top 5 Average Per MILE:</b>	5:42	
<b>1 - 5 Split:</b>		2:02			<b>1 - 7 Split:</b>	2:19	
<b>Top 7 Total Time:</b>		3:20:38			<b>Top 7 Average Time:</b>	28:40	

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**TEAM: LAURENTIAN VOYAGEURS SCORE: 287 PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
68-50	Brandon Radey		E3	175	28:22	3:33	5:43
75-51	Patrick Leroux		E4	174	28:35	3:35	5:45
81-55	Owen Roney		E2	176	28:52	3:37	5:49
103-65	Travis Annett		E3	171	29:55	3:45	6:02
104-66	TJ Green		R	173	30:02	3:46	6:03
=====							
115-73	Renato Zegarra		R	180	30:41	3:51	6:11
128-80	Alan Wilkin		R	178	32:27	4:04	6:32
=====							
131-131	Patrick Wiss		E1	179	33:47	4:14	6:48
<b>Top 5 Total Time:</b>		2:25:46			<b>Top 5 Average Time:</b>	29:10	
<b>Top 5 Average per KM:</b>		3:39			<b>Top 5 Average Per MILE:</b>	5:52	
<b>1 - 5 Split:</b>		1:40			<b>1 - 7 Split:</b>	4:05	
<b>Top 7 Total Time:</b>		3:28:54			<b>Top 7 Average Time:</b>	29:51	

**TEAM: BROCK BADGERS SCORE: 292 PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
67-49	Christian Ligtenberg		E5	152	28:22	3:33	5:43
78-54	Garrett Wager		E3	155	28:41	3:36	5:47
85-58	Redding Maxwell		E2	153	28:57	3:38	5:50
97-62	Riley Coles		E4	150	29:31	3:42	5:57
108-69	Brenden Damiano		E2	151	30:11	3:47	6:05
=====							
<b>Top 5 Total Time:</b>		2:25:42			<b>Top 5 Average Time:</b>	29:09	
<b>Top 5 Average per KM:</b>		3:39			<b>Top 5 Average Per MILE:</b>	5:52	
<b>1 - 5 Split:</b>		1:49			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

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**TEAM: YORK LIONS SCORE: 336 PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
65-48	Marco Volpi		E2	296	28:19	3:33	5:42
107-68	Oliver Waddington		E2	146	30:07	3:46	6:04
109-70	David Akerman		E2	147	30:15	3:47	6:06
114-72	Michael Muravchik		E1	295	30:38	3:50	6:10
123-78	Arthur Fernandes		E2	148	31:49	3:59	6:25
=====							
125-79	Toluwani Adebajo		R	293	31:55	4:00	6:26
134-81	Ashwin Dileepan		E1	294	34:29	4:19	6:57
=====							
<b>Top 5 Total Time:</b>		2:31:08		<b>Top 5 Average Time:</b>		30:14	
<b>Top 5 Average per KM:</b>		3:47		<b>Top 5 Average Per MILE:</b>		6:05	
<b>1 - 5 Split:</b>		3:30		<b>1 - 7 Split:</b>		6:10	
<b>Top 7 Total Time:</b>		3:37:32		<b>Top 7 Average Time:</b>		31:05	

**TEAM: NIPISSING LAKERS SCORE: 348 PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
96-61	Japhy-Kai Crookham		R	210	29:23	3:41	5:55
105-67	Calvin Traczuk		R	215	30:03	3:46	6:03
110-71	Ethan Aarts		E4	207	30:20	3:48	6:07
118-75	Samuel Bennett		E3	208	31:21	3:56	6:19
117-74	Noah Cornish		E5	209	30:59	3:53	6:14
=====							
122-122	George Legler		E3	214	31:38	3:58	6:22
119-76	Adam Edwards		R	212	31:26	3:56	6:20
=====							
121-121	Eily Woodman		R	216	31:34	3:57	6:22
120-77	Oliver Czerny-Holownia		E4	211	31:31	3:57	6:21
132-132	Nolan Kenny		R	213	34:05	4:16	6:52
<b>Top 5 Total Time:</b>		2:32:06		<b>Top 5 Average Time:</b>		30:26	
<b>Top 5 Average per KM:</b>		3:49		<b>Top 5 Average Per MILE:</b>		6:08	
<b>1 - 5 Split:</b>		1:58		<b>1 - 7 Split:</b>		2:08	
<b>Top 7 Total Time:</b>		3:35:03		<b>Top 7 Average Time:</b>		30:44	