

HAMILTON TEN TOE'N LAST CHANCE TWILIGHT & ATHLETICS ONTARIO DISTANCE MEDLEY RELAY CHAMPIONSHIPS

Hamilton, ON
McMaster University's Mona Campbell Track

August 4, 2024

MEET OFFICIALS

Timing:
Sport Made Simple



OFFICIAL MEET REPORT

printed: 2024-08-05 10:20 PM

RESULTS

#2 Women's 100 Meters (Open)

6:00 PM:

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Micha Powell		Indépendant	11.85q	(+1.1)	3(1)
2	Charlize Fraser		Speed Academy Athl	12.08q	(+1.1)	3(2)
3	Jazmyn Lewis		Speed Academy Athl	12.48q	(+1.1)	3(3)
4	Reagan Lovell		Mississauga T.f.c.	12.62q	(+1.1)	3(4)
5	Savanah Reid		Quest Sports Track	12.71q	(+1.1)	3(5)
6	Brielle Fernandez		Waterloo Track Club	13.03q	(+1.1)	3(6)
7	Simone Cattana		University Of Toront	13.25q	(+1.1)	3(7)
8	Ava DuChene		Waterloo Track Club	13.29q	(-0.1)	2(1)
9	Chiagozie Robert-Maduekwe		Unattached Ontario	13.31q 13.303	(-0.1)	2(2)
10	Franches Bendje		Unattached	13.31q 13.309	(-0.1)	2(3)
11	Susan Merlau		Laurel Creek T.f.c	13.39q	(+0.9)	1(1)
12	Julia Hughes		Unattached Ontario	13.52q	(-0.1)	2(4)
13	Madeline Burgess		Burlington Track & Fi	13.54q	(-0.1)	2(5)
14	Chelsea Mukerji		University Of Toront	13.56q 13.552	(-0.1)	2(6)
15	Catrina Kudo		Royal City Athletics	13.56q 13.560	(-0.1)	2(7)
16	Janayah Croft-Porter		Steel Town Athletic	13.83q	(+0.9)	1(2)
17	Violeta Garfunkel		Variety Village Athlet	13.93q	(-0.1)	2(8)
18	Katherine Petrut		Gatineau	14.01q	(+0.9)	1(3)
19	Andrea Lemus		Cathedral Catholic S	14.34q	(+0.9)	1(4)
20	Shanya Samuel		Steel Town Athletic	14.53q	(+0.9)	1(5)
21	Nicole Hughes		Unattached Ontario	14.64q	(+0.9)	1(6)

#1 Men's 100 Meters (Open)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Miles Lewis		Elitefeats	10.53q	(+1.2)	6(1)
2	Rubén Rey Caballero Leon		Unattached Ontario	10.87q	(+1.2)	6(2)
3	Jack Banfield		Hamilton Olympic Cl	11.07q	(+1.2)	6(3)
4	Mark Warner		Unattached	11.11q	(-0.2)	1(1)
5	Greyson Smiarowski		Hamilton Olympic Cl	11.16q	(-1.6)	5(1)
6	Dominik Manouchehr		Unattached Ontario	11.17q	(+1.2)	6(4)
7	Idrissa Bah		Hamilton Olympic Cl	11.19q 11.183	(+0.0)	4(1)
8	Yiming Chen		Vainqueurs Plus	11.19q 11.187	(+0.5)	3(1)
9	Siseoluwa (Sise) Aroloye		Golden Eagles Track	11.24q	(+1.2)	6(5)
10	Adonis-Johnathan Ebanks		Flying Angels Acade	11.25q	(+0.0)	4(2)
11	Mekhi Dickenson		Golden Eagles Track	11.26q	(-1.6)	5(2)
12	Aodhan Dillon		Speed Academy Athl	11.30q	(-1.6)	5(3)
13	Champion Downs		York University Trac	11.31q	(-1.6)	5(4)
14	Malcolm King		Eclipse Track & Fiel	11.32q	(+1.2)	6(6)
15	Jalen Law		Unattached	11.35q	(+1.2)	6(7)
16	Malachi Dublin-Williams		Speed Academy Athl	11.40q	(-0.2)	1(2)
17	Kyle Walters		Quest Sports Track	11.47q	(-1.6)	5(5)
18	Charles Smith		Unattached Ontario	11.48q	(-1.6)	5(6)

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#1 Men's 100 Meters (Open) (cont'd)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
19	Jason Friesen		Unattached Ontario	11.49q	(+0.5)	3(2)
20	Noah Martinez		Mississauga T.f.c.	11.55q 11.541	(+0.0)	4(3)
21	Jamaal Madden Jr		Golden Eagles Track	11.55q 11.548	(+0.0)	4(4)
22	Aidan Gesmundo		Speed Academy Athl	11.56q 11.558	(-1.6)	5(7)
23	Alexander Di Florio		Unattached Ontario	11.56q 11.560	(-1.6)	5(8)
24	Boris Davidovic		University Of Toront	11.61q	(+0.5)	3(3)
25	Aiden Parkins		Waterloo Track Club	11.62q	(+0.0)	4(5)
26	Javion Osbourne		Unattached	11.63q	(+0.0)	4(6)
27	Juan-Antonio Ortiz-Osorio		Quest Sports Track	11.72q	(+0.5)	3(4)
28	Precious Mayuku		Unattached	11.84q	(-0.2)	1(3)
29	Jonah Banks		University Of Toront	11.88q	(+0.5)	3(5)
30	Gary Friesen		Unattached Ontario	11.97q	(+0.5)	3(6)
31	Obinna Enyinniah		Hamilton Olympic Cl	11.98q	(+0.5)	3(7)
32	Timi Faleye		Unattached Ontario	11.99q 11.982	(+0.0)	4(7)
33	Christian Alvarez		Mississauga T.f.c.	11.99q 11.990	(+0.5)	3(8)
34	Nick Mancini		Unattached Ontario	12.05q	(+0.0)	4(8)
35	Rayshaun Lewis		Steel Town Athletic	12.06q	(+0.3)	2(1)
36	Jamie Millage		Unattached Ontario	12.12q	(+0.3)	2(2)
37	Grant Allen		Burlington Track & Fi	12.33q	(+0.3)	2(3)
38	Adeoluwa Shane Ade-Conde		Burlington Track & Fi	12.57q	(+0.3)	2(4)
39	Christopher Wagner		Waterloo Track Club	12.63q	(+0.3)	2(5)
40	Mencius Hicks		University Of Toront	12.67q	(+0.3)	2(6)
41	Josh Praveen		Unattached	12.71q	(-0.2)	1(4)
42	Juan Ignacio Senisterra		Unattached Ontario	13.09q	(-0.2)	1(5)
43	Asher Oddie		Kingston Track & Fie	13.25q	(-0.2)	1(6)
44	Kebba Njai		Toronto Racers Athl	15.11q	(-0.2)	1(7)

#6 Women's 400 Meters (Open)

6:40 PM:

Pl	Name	Yr	Team	Time	Note
1	Reagan Lovell		Mississauga T.f.c.	59.78	
2	Mayghan Paul		Royal City Athletics	1:04.84	

#5 Men's 400 Meters (Open)

6:44 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Kobie Warden		Windsor Legion T.f.c	47.13		2(1)
2	Alexander Di Florio		Unattached Ontario	49.72		2(2)
3	Mohamad Alkaaby		Windsor Legion T.f.c	50.16		2(3)
4	Ali Ghadghoni		Unattached Ontario	50.51		2(4)
5	Ethan James		Speed Academy Athl	50.72		2(5)
6	Tyrese Morgan		London Legion T.f. A	50.88		2(6)
7	Zach Taylor		Laurel Creek T.f.c	51.48		1(1)
8	Sébastien Côté		Gatineau	51.59		2(7)

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#5 Men's 400 Meters (Open) (cont'd)

6:44 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
9	Nick Xie		Monarch Athletics Cl	51.84		2(8)
10	Sebi Said		Windsor Legion T.f.c	52.44		1(2)
11	Kyle Geuke		Quest Sports Track	53.13		1(3)
12	Korey Brown		Unattached	53.27		1(4)
13	Braeden Hou		Quest Sports Track	53.46		1(5)
14	Louis Byrne		Toronto Olympic Tra	1:05.52		1(6)

#8 Women's 800 Meters (Open)

6:50 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Rachel Forsyth 1:01.63		London Western T.f.	2:06.96		
2	Sydney Collins 1:04.38		Laurel Creek T.f.c	2:13.05		
3	Jade Boisvert 1:06.68		Athletics Niagara	2:19.55		
4	Hannah Lanting 1:12.35		Unattached	2:24.89		
5	Avery Norland 1:10.89		Sarnia Athletics Sout	2:26.38		
6	Gillian Clarke 1:12.89		SAUG - Saugeen Tr	2:29.41		
7	Avery Martindale 1:14.06		Saugeen Track & Fi	2:30.22		
8	Olivia Grafinger 1:13.13		Unattached	2:31.12		
	Jamie Boisclair		Unattached Ontario	DNF		
	Anna Douma 1:04.16		Laurel Creek T.f.c	DNF		

#7 Men's 800 Meters (Open)

6:55 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Owen Babcock 57.76		Waterloo Track Club	1:57.21		4(1)
2	Andrew Karanicolas 57.92		Central Toronto Athl	1:59.63		4(2)
3	Shawn Patton 59.81		Unattached Ontario	2:02.15		4(3)
4	Skyler Grossi 58.85		Newmarket Huskies	2:02.41		4(4)
5	Marcus Noble 58.38		Laurel Creek T.f.c	2:02.43		4(5)
6	Shayden Nair 59.85		ETOB - Etobicoke H	2:03.32		3(1)

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#7 Men's 800 Meters (Open) (cont'd)

6:55 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
7	Luke Campbell 59.64		South Simcoe Duffer	2:03.53		3(2)
8	Andrew Monteith 1:00.42		St Thomas Legion Tr	2:03.81		4(6)
9	Ethan Deveaux 1:00.50		Burlington Track & Fi	2:04.49		3(3)
10	Jake Carroll 1:00.14		Unattached	2:04.96		3(4)
11	Christian Myers 59.89		Newmarket Huskies	2:05.46		3(5)
12	Nathan Parkes 1:00.31		Burlington Track & Fi	2:06.67		3(6)
13	Antoine Perreault 1:02.02		Gatineau	2:08.52		2(1)
14	Wyatt Ferguson 1:01.20		Sarnia Athletics Sout	2:09.57		2(2)
15	Kevin Medeiros 1:03.74		Unattached Ontario	2:10.71		1(1)
16	Santiago Sotelo 1:04.75		Athletics Niagara	2:11.22		2(3)
17	Ryan Fraccaro 1:06.78		Newmarket Huskies	2:11.27		2(4)
18	Derek Hackshaw 1:07.38		Newmarket Huskies	2:11.62		2(5)
19	Owen Lanting 1:06.64		Unattached	2:11.63		1(2)
20	Jaycirho Munoz-Rivera 1:03.49		Laurel Creek T.f.c	2:13.00		1(3)
21	Bill Wells 1:02.71		Monarch Athletics Cl	2:13.70		3(7)
22	Danny Grossi 1:07.03		Newmarket Huskies	2:14.57		2(6)
23	Craig Thompson 1:03.47		University Of Toront	2:15.31		1(4)
24	Simon Rayner 1:05.60		University Of Toront	2:17.34		1(5)
25	Samoura Kuku 1:04.97		Laurel Creek T.f.c	2:24.23		2(7)
26	Chris Deighan 1:10.24		Newmarket Huskies	2:25.60		1(6)
27	Nathan Onischke 1:13.36		Laurel Creek T.f.c	2:39.77		1(7)
	Miguel Heine		Gatineau	DNF		4

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#2 Women's 100 Meters (Open)

7:20 PM:

Finals

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Micha Powell		Indépendant	11.82	(+1.1)	3(1)
2	Charlize Fraser		Speed Academy Athl	11.85	(+1.1)	3(2)
3	Jazmyn Lewis		Speed Academy Athl	12.14	(+1.1)	3(3)
4	Savanah Reid		Quest Sports Track	12.55	(+1.1)	3(4)
5	Brielle Fernandez		Waterloo Track Club	12.60	(+1.1)	3(5)
6	Chiagozie Robert-Maduekwe		Unattached Ontario	13.18	(+0.9)	2(1)
7	Ava DuChene		Waterloo Track Club	13.19	(+1.1)	3(6)
8	Simone Cattana		University Of Toront	13.21	(+1.1)	3(7)
9	Franches Bendje		Unattached	13.24	(+0.9)	2(2)
10	Julia Hughes		Unattached Ontario	13.33	(+0.9)	2(3)
11	Susan Merlau		Laurel Creek T.f.c	13.36	(+0.9)	2(4)
12	Madeline Burgess		Burlington Track & Fi	13.40	(+0.9)	2(5)
13	Catrina Kudo		Royal City Athletics	13.42	(+0.9)	2(6)
14	Chelsea Mukerji		University Of Toront	13.47	(+0.9)	2(7)
15	Violeta Garfunkel		Variety Village Athlet	13.71	(+1.5)	1(1)
16	Shanya Samuel		Steel Town Athletic	14.38	(+1.5)	1(2)
17	Nicole Hughes		Unattached Ontario	14.60	(+1.5)	1(3)
	Andrea Lemus		Cathedral Catholic S	NT		1
	Jordanne Williams~Danso		Variety Village Athlet	NT		1
	Katherine Petrut		Gatineau	NT		1

#1 Men's 100 Meters (Open)

7:33 PM:

Finals

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Miles Lewis		Elitefeats	10.42	(+0.8)	6(1)
2	Jack Banfield		Hamilton Olympic Cl	10.92	(+0.8)	6(2)
3	Mark Warner		Unattached	10.95	(+0.8)	6(3)
4	Yiming Chen		Vainqueurs Plus	11.00	(+0.8)	6(4)
5	Greyson Smiarowski		Hamilton Olympic Cl	11.03	(+0.8)	6(5)
6	Dominik Manouchehr		Unattached Ontario	11.19	(+0.8)	6(6)
7	Siseoluwa (Sise) Aroloye		Golden Eagles Track	11.20	(-0.1)	5(1)
8	Mekhi Dickenson		Golden Eagles Track	11.31	(-0.1)	5(2)
9	Jalen Law		Unattached	11.32	11.314 (-0.1)	5(3)
10	Champion Downs		York University Trac	11.32	11.316 (-0.1)	5(4)
11	Aodhan Dillon		Speed Academy Athl	11.33	(-0.1)	5(5)
12	Charles Smith		Unattached Ontario	11.37	(+0.0)	4(1)
13	Adonis-Johnathan Ebanks		Flying Angels Acade	11.38	(-0.1)	5(6)
14	Malachi Dublin-Williams		Speed Academy Athl	11.41	(-0.1)	5(7)
15	Malcolm King		Eclipse Track & Fiel	11.45	(-0.1)	5(8)
16	Noah Martinez		Mississauga T.f.c.	11.47	(+0.0)	4(2)
17	Jason Friesen		Unattached Ontario	11.51	11.504 (+0.0)	4(3)
18	Aiden Parkins		Waterloo Track Club	11.51	11.505 (-0.4)	3(1)

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#1 Men's 100 Meters (Open) (cont'd)

7:33 PM:

Finals

Pl	Name	Yr	Team	Time	Note	H(Pl)
19	Aidan Gesmundo		Speed Academy Athl	11.54	(+0.0)	4(4)
20	Kyle Walters		Quest Sports Track	11.56	(+0.0)	4(5)
21	Alexander Di Florio		Unattached Ontario	11.60	(+0.0)	4(6)
22	Jamaal Madden Jr		Golden Eagles Track	11.61	(+0.0)	4(7)
23	Juan-Antonio Ortiz-Osorio		Quest Sports Track	11.67	(-0.4)	3(2)
24	Javion Osbourne		Unattached	11.70	(-0.4)	3(3)
25	Precious Mayuku		Unattached	11.73	(-0.4)	3(4)
26	Jonah Banks		University Of Toront	11.77	(-0.4)	3(5)
27	Gary Friesen		Unattached Ontario	11.78	(-0.4)	3(6)
28	Boris Davidovic		University Of Toront	11.79	(+0.0)	4(8)
29	Christian Alvarez		Mississauga T.f.c.	11.88	(+1.1)	2(1)
30	Jamie Millage		Unattached Ontario	11.91	(+1.1)	2(2)
31	Timi Faley		Unattached Ontario	11.93	(-0.4)	3(7)
32	Obinna Enyinniah		Hamilton Olympic Cl	11.96	(-0.4)	3(8)
33	Nick Mancini		Unattached Ontario	12.01	(+1.1)	2(3)
34	Grant Allen		Burlington Track & Fi	12.15	(+1.1)	2(4)
35	Adeoluwa Shane Ade-Conde		Burlington Track & Fi	12.48	(+1.1)	2(5)
36	Christopher Wagner		Waterloo Track Club	12.59	(+1.1)	2(6)
37	Josh Praveen		Unattached	12.78	(-0.3)	1(1)
38	Juan Ignacio Senisterra		Unattached Ontario	12.90	(-0.3)	1(2)
39	Asher Oddie		Kingston Track & Fie	13.07	(-0.3)	1(3)
40	Kebba Njai		Toronto Racers Athl	14.32	(-0.3)	1(4)
	Idrissa Bah		Hamilton Olympic Cl	DQ	False	6
	Rubén Rey Caballero Leon		Unattached Ontario	NT		6

#10 Women's 1500 Meters (Open)

8:00 PM:

Pl	Name	Yr	Team	Time	Note
1	Ava Moric		Saugeen Track & Fi	4:36.93	
	50.53	1:16.78 (2:07.31)	1:19.11 (3:26.41)		
2	Myka Penninga		Emmanuel Christian	5:02.64	
	1:00.25	1:23.92 (2:24.17)	1:18.82 (3:42.99)		
3	Emerson Young		Laurel Creek T.f.c	5:27.35	
	1:01.17	1:29.15 (2:30.32)	1:31.68 (4:02.00)		
4	Carrie Byer		Newmarket Huskies	5:37.08	
	1:04.48	1:32.43 (2:36.90)	1:31.58 (4:08.48)		
	Julie DeBoer		Laurel Creek T.f.c	DNF	
	Jamie Boisclair		Unattached Ontario	DNF	

#9 Men's 1500 Meters (Open)

8:06 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	James Grant		Sarnia Athletics Sout	4:00.48		2(1)
	48.46	1:08.15 (1:56.61)	1:04.50 (3:01.11)			

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#9 Men's 1500 Meters (Open) (cont'd)

8:06 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
2	Cyril Chapple		Laurel Creek T.f.c	4:02.11		2(2)
	48.08	1:08.10 (1:56.18)	1:04.12 (3:00.29)			
3	Nolan McGregor		Burlington Track & Fi	4:06.57		2(3)
	48.15	1:08.04 (1:56.19)	1:04.75 (3:00.94)			
4	Dawson Rekker		Royal City Athletics	4:08.60		2(4)
	48.17	1:08.46 (1:56.63)	1:05.52 (3:02.14)			
5	Isaiah Stumpf		Laurel Creek T.f.c	4:10.07		2(5)
	48.90	1:07.64 (1:56.53)	1:06.38 (3:02.90)			
6	Ben Perrin		Laurel Creek T.f.c	4:13.27		2(6)
	48.68	1:08.27 (1:56.94)	1:08.92 (3:05.85)			
7	James Wheeler		Saugeen Track & Fi	4:14.25		2(7)
	48.35	1:08.05 (1:56.39)	1:05.60 (3:02.00)			
8	Joshua Rice Racioppo		Burlington Track & Fi	4:15.57		1(1)
	49.51	1:09.26 (1:58.76)	1:10.37 (3:09.13)			
9	David Doscas		Newmarket Huskies	4:15.94		1(2)
	50.84	1:09.86 (2:00.70)	1:09.52 (3:10.22)			
10	Daniel Bondar		Unattached Ontario	4:16.72		2(8)
	49.03	1:08.46 (1:57.48)	1:08.12 (3:05.59)			
11	Scott Garrett		Toronto Varsity Blue	4:17.00		1(3)
	50.60	1:09.71 (2:00.30)	1:09.34 (3:09.64)			
12	Tom Voss		Unattached Ontario	4:19.62		1(4)
	50.53	1:10.01 (2:00.53)	1:09.60 (3:10.13)			
13	Sam Hirons		Dundas Valley Track	4:23.60		1(5)
	51.68	1:12.10 (2:03.78)	1:13.63 (3:17.40)			
14	Jay Brecher		Monarch Athletics Cl	4:25.40		1(6)
	51.28	1:10.99 (2:02.26)	1:13.58 (3:15.84)			
15	Robert McGill		Dundas Valley Track	4:26.72		1(7)
	51.13	1:10.94 (2:02.06)	1:13.61 (3:15.66)			
16	Paxton Burnie		Sarnia Athletics Sout	4:31.67		1(8)
	50.82	1:10.87 (2:01.68)	1:16.27 (3:17.95)			
17	Michael Logue		Newmarket Huskies	4:34.83		1(9)
	53.77	1:15.78 (2:09.54)	1:14.33 (3:23.86)			
18	David Tepper		Newmarket Huskies	4:34.96		1(10)
	52.39	1:13.92 (2:06.30)	1:16.58 (3:22.88)			
19	Hansen DeBoer		Emmanuel Christian	4:40.13		1(11)
	54.50	1:16.56 (2:11.05)	1:17.64 (3:28.69)			
20	Andrew Giles		Burlington Track & Fi	4:41.82		1(12)
	53.44	1:16.88 (2:10.31)	1:18.69 (3:29.00)			
21	Robert Van Den Heuvel		Newmarket Huskies	4:50.84		1(13)
	56.45	1:18.99 (2:15.43)	1:19.56 (3:34.99)			
22	Simon Rayner		University Of Toront	4:55.30		1(14)
	58.16	1:21.18 (2:19.34)	1:20.73 (3:40.06)			
23	Conor Kelly		Burlington Track & Fi	4:57.59		1(15)
	55.22	1:19.67 (2:14.88)	1:19.91 (3:34.78)			
24	Vince Friel		Newmarket Huskies	4:58.16		1(16)

HAMILTON TEN TOE'N LAST CHANCE TWILIGHT & ATHLETICS ONTARIO DISTANCE MEDLEY RELAY CHAMPIONSHIPS

Hamilton, ON
McMaster University's Mona Campbell Track

August 4, 2024

MEET OFFICIALS

Timing:
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OFFICIAL MEET REPORT

printed: 2024-08-05 10:20 PM

RESULTS

#9 Men's 1500 Meters (Open) (cont'd)

8:06 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
	58.54	1:21.17 (2:19.71)	1:20.82 (3:40.53)			
	Andrew Corbeil		Laurel Creek T.f.c	DNF		2

#4 Women's 200 Meters (Open)

8:30 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Micha Powell		Indépendant	23.97	(+0.0)	3(1)
2	Charlize Fraser		Speed Academy Athl	24.14	(+0.0)	3(2)
3	Jazmyn Lewis		Speed Academy Athl	24.44	(+0.0)	3(3)
4	Savanah Reid		Quest Sports Track	25.82	(+0.0)	3(4)
5	Brielle Fernandez		Waterloo Track Club	26.11	(+0.0)	3(5)
6	Simone Cattana		University Of Toront	27.13	(+0.0)	3(6)
7	Ashleigh Brown		Unattached Ontario	27.25	(+0.0)	3(7)
8	Ava DuChene		Waterloo Track Club	27.47	(-0.7)	2(1)
9	Chiagozie Robert-Maduekwe		Unattached Ontario	27.69	(+0.0)	3(8)
10	Mayghan Paul		Royal City Athletics	28.19	(-0.7)	2(2)
11	Chelsea Mukerji		University Of Toront	28.20	(-0.7)	2(3)
12	Madeline Burgess		Burlington Track & Fi	28.29	(-0.7)	2(4)
13	Janayah Croft-Porter		Steel Town Athletic	28.91	(-0.4)	1(1)
14	Katherine Petrut		Gatineau	29.42	(-0.7)	2(5)
15	Shanya Samuel		Steel Town Athletic	30.20	(-0.7)	2(6)
16	Sindhu Pillai		Variety Village Athlet	30.81	(-0.4)	1(2)
17	Devika Thangarasa		Unattached Ontario	31.25	(-0.4)	1(3)
18	Renata Macherzynska		University Of Toront	32.10	(-0.4)	1(4)
	Julia Hughes		Unattached Ontario	NT		2

#3 Men's 200 Meters (Open)

8:40 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	Roxroy Cato		Unattached Ontario	21.70	(+0.4)	5(1)
2	Daniel Burke		York University Trac	22.10	(+0.4)	5(2)
3	Greyson Smiarowski		Hamilton Olympic Cl	22.20	(+0.4)	5(3)
4	Owen Mogg		Flying Angels Acade	22.40	(+0.4)	5(4)
5	Siseoluwa (Sise) Aroloye		Golden Eagles Track	22.55	(-0.3)	4(1)
6	Champion Downs		York University Trac	22.60	(+0.4)	5(5)
7	Jamaal Madden Jr		Golden Eagles Track	22.89	(-0.3)	4(2)
8	Jalen Pidlubny		Unattached Ontario	22.90	(+1.0)	3(1)
9	Mekhi Dickenson		Golden Eagles Track	22.93	(-0.3)	4(3)
10	Aiden Parkins		Waterloo Track Club	23.00	(+1.0)	3(2)
11	Aidan Gesmundo		Speed Academy Athl	23.06	(-0.3)	4(4)
12	Demilade Falobi		Unattached Ontario	23.20	(+0.4)	5(6)
13	Noah Martinez		Mississauga T.f.c.	23.30	(+1.0)	3(3)
14	Jamie Millage		Unattached Ontario	23.40	(+1.0)	3(4)
14	Sébastien Côté		Gatineau	23.40	(+1.0)	3(4)
16	Owen Babcock		Waterloo Track Club	23.42	(-0.3)	4(5)

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RESULTS

#3 Men's 200 Meters (Open) (cont'd)

8:40 PM:

Pl	Name	Yr	Team	Time	Note	H (Pl)
17	Shane Ferth		Waterloo Track Club	23.47	(-0.3)	4(6)
18	Mark Warner		Unattached	23.55	(-1.3)	1(1)
19	Bryce Schedewitz		Laurel Creek T.f.c	23.60	(+1.0)	3(6)
20	Christian Alvarez		Mississauga T.f.c.	23.70	(+1.0)	3(7)
21	Frank Delsaut		Unattached	24.38	(+0.5)	2(1)
22	Timi Faleye		Unattached Ontario	24.65	(-0.3)	4(7)
23	Jacob Burt		Unattached	25.05	(+0.5)	2(2)
24	Christopher Wagner		Waterloo Track Club	26.08	(+0.5)	2(3)
25	Juan Ignacio Senisterra		Unattached Ontario	26.10	(+0.5)	2(4)
26	Mencius Hicks		University Of Toront	26.20	(+0.5)	2(5)
27	Adeoluwa Shane Ade-Conde		Burlington Track & Fi	26.25	(-1.3)	1(2)
28	Nathan Onischke		Laurel Creek T.f.c	31.95	(-1.3)	1(3)
	Deandre Smith		Unattached	NT		3
	Owen Whitehorn		Steel Town Athletic	NT		1
	Phillip Swift		University Of Toront	NT		1

#30 Women's 4000m DMR (Open)

9:00 PM:

Pl	Team	Time	Note
1	Hamilton Olympic Club (A)	12:56.96	
	3:53.90 1:09.30 (5:03.20) 2:22.40 (7:25.59) 5:31.37 (12:56.95)		
2	Hamilton Olympic Club (A)	13:18.89	
	4:03.22 1:04.89 (5:08.10) 2:27.69 (7:35.79) 5:43.10 (13:18.89)		
3	SAUG - Saugeen Track & Field Association (A)	13:30.84	
	4:06.98 1:02.74 (5:09.72) 2:31.38 (7:41.09) 5:49.75 (13:30.83)		

#29 Men's 4000m DMR (Open)

Pl	Team	Time	Note
1	Laurel Creek T.f.c (A)	10:40.06	
	3:18.36 53.05 (4:11.41) 2:03.91 (6:15.31) 4:24.75 (10:40.06)		
2	Hamilton Olympic Club (A)	10:48.79	
	3:19.13 54.89 (4:14.01) 2:14.48 (6:28.49) 4:20.31 (10:48.79)		
3	Cathedral Catholic School (RCCDSB) (A)	13:48.40	
	4:48.04 1:00.89 (5:48.92) 2:37.28 (8:26.19) 5:22.21 (13:48.39)		

#12 Women's 3000 Meters (Open)

9:25 PM:

Pl	Name	Yr	Team	Time	Note
1	Annika Kemp		UTTC - University of	10:05.36	
	38.45 1:21.37 (1:59.81) 1:22.30 (3:22.11) 1:22.73 (4:44.83) 1:22.90 (6:07.73) 1:22.73 (7:30.45)				
	1:20.56 (8:51.00)				
2	Claire Hickey		Burlington Track & Fi	10:47.62	
	41.74 1:25.75 (2:07.49) 1:25.02 (3:32.51) 1:28.03 (5:00.53) 1:28.37 (6:28.90) 1:31.23 (8:00.12)				
	1:28.69 (9:28.81)				

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#12 Women's 3000 Meters (Open) (cont'd)

9:25 PM:

Pl	Name	Yr Team				Time Note	
3	Hayley Hood	Unattached				10:57.51	
		42.23	1:27.39 (2:09.62)	1:28.86 (3:38.47)	1:28.21 (5:06.68)	1:28.66 (6:35.33)	1:29.82 (8:05.14)
		1:29.33 (9:34.47)					

#11 Men's 3000 Meters (Open)

9:35 PM:

Pl	Name	Yr Team				Time Note	
1	Nathan Paul	Laurel Creek T.f.c				9:15.04	
		36.84	1:14.35 (1:51.19)	1:14.44 (3:05.62)	1:12.80 (4:18.41)	1:13.96 (5:32.37)	1:14.82 (6:47.19)
		1:15.51 (8:02.70)					
2	Thomas Spring	Unattached				10:13.21	
		38.91	1:16.34 (1:55.24)	1:17.90 (3:13.14)	1:20.01 (4:33.14)	1:23.05 (5:56.18)	1:24.17 (7:20.35)
		1:27.26 (8:47.61)					

#28 Women's 5000 Meters (Open)

#27 Men's 5000 Meters (Open)

Pl	Name	Yr Team				Time Note	
1	Simon Drolet	Unattached				16:35.21	
		37.77	1:15.06 (1:52.82)	1:15.82 (3:08.64)	1:15.75 (4:24.39)	1:16.64 (5:41.02)	1:16.86 (6:57.88)
		1:17.47 (8:15.34) 1:17.85 (9:33.19) 1:18.86 (10:52.05) 1:20.19 (12:12.24) 1:20.63 (13:32.86) 1:18.39 (14:51.25)					