

# OUA CHAMPIONSHIPS

October 28, 2023



OFFICIAL MEET REPORT  
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**Race #1**  
**Women 8km (University)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Western Mustangs	25	3-4-5-6-7(13)(31)	0:17.8
2 Guelph Gryphons	70	1-8-19-20-22(27)(43)	1:13.2
3 McMaster Marauders	76	2-10-11-25-28(30)(32)	1:40.2
4 Queens Gaels	94	14-15-16-23-26(33)(40)	0:27.1
5 Windsor Lancers	119	9-18-21-29-42(50)(51)	2:03.4
6 Waterloo Warriors	156	12-17-38-41-48(55)(56)	2:22.8
7 Toronto Varsity Blues	178	24-34-37-39-44(45)(53)	1:37.8
8 Brock Badgers	249	36-46-47-58-62(68)(70)	2:26.8
9 Laurentian Voyageurs	261	35-49-52-60-65(67)(69)	3:06.9
10 York Lions	317	57-59-64-66-71	2:31.1
11 Nipissing Lakers	350	61-63-72-76-78	6:04.6
12 Lakehead Thunderwolves	353	54-73-74-75-77	6:01.9

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. km
1 AGOSTINELLI, Julia	E3	8	Guelph Gryphons	1	29:06.4	5:51.4	3:38.3
2 BARRETT, Rosalyn	E3	39	McMaster Marauder	2	29:07.7	5:51.6	3:38.5
3 COUTTS, Chloe	E3	95	Western Mustangs	3	29:08.8	5:51.9	3:38.6
4 JORDAN, Erika	E3	97	Western Mustangs	4	29:11.2	5:52.4	3:38.9
5 COUTTS, Sophie	E3	96	Western Mustangs	5	29:22.3	5:54.6	3:40.3
6 OHRLING, Heidi	E5	101	Western Mustangs	6	29:23.7	5:54.9	3:40.5
7 ROUSSEL, Olivia	E4	100	Western Mustangs	7	29:26.6	5:55.5	3:40.8
8 WHITFORD, Nina	E5	17	Guelph Gryphons	8	29:32.6	5:56.7	3:41.6
9 BYKOWSKI, Janelle	E1	105	Windsor Lancers	9	29:34.8	5:57.1	3:41.9
10 GOODJOHN, Hannah	E4	42	McMaster Marauder	10	29:42.4	5:58.6	3:42.8
11 LAMB, Victoria	E3	43	McMaster Marauder	11	29:50.2	6:00.2	3:43.8
12 BREEDON, Paige	E2	85	Waterloo Warriors	12	29:50.2	6:00.2	3:43.8
13 GUGA, Sandra	E4	99	Western Mustangs	(13)	29:57.6	6:01.7	3:44.7
14 VROOM, Elizabeth	E2	57	Queens Gaels	14	30:01.6	6:02.5	3:45.2
15 LOWTHER, Lauren	E4	54	Queens Gaels	15	30:03.9	6:03.0	3:45.5
16 LANE, Ella	E2	55	Queens Gaels	16	30:09.4	6:04.1	3:46.2
17 CLARK, Hillary	E4	86	Waterloo Warriors	17	30:10.3	6:04.2	3:46.3
18 LARUE, Nicole	E4	106	Windsor Lancers	18	30:14.5	6:05.1	3:46.8
19 LAM-COLLING, Jardine	E1	12	Guelph Gryphons	19	30:17.3	6:05.7	3:47.2
20 PERTONJI, Maeve	E2	15	Guelph Gryphons	20	30:17.8	6:05.8	3:47.2
21 QUANZ, Samara	E3	107	Windsor Lancers	21	30:17.8	6:05.8	3:47.2
22 ORMOND, Cameron	E4	14	Guelph Gryphons	22	30:19.6	6:06.1	3:47.5
23 GRAHAM, Emma	E3	56	Queens Gaels	23	30:19.9	6:06.2	3:47.5
24 LUEDKE, Sarah	E3	77	Toronto Varsity Blu	24	30:20.7	6:06.3	3:47.6
25 OVERHOLT, Kayla	E3	47	McMaster Marauder	25	30:24.0	6:07.0	3:48.0
26 ALKERTON, Alyshia	R	58	Queens Gaels	26	30:28.7	6:07.9	3:48.6
27 GRAY, Michelle	E2	10	Guelph Gryphons	(27)	30:45.1	6:11.2	3:50.6
28 TRELEAVEN, Kaitlyn	E3	48	McMaster Marauder	28	30:47.9	6:11.8	3:51.0
29 OLLA, Joelle	E2	109	Windsor Lancers	29	30:48.7	6:12.0	3:51.1

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## Race #1 Women 8km (University)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
30 BATTAMS, Mikayla	E2	40	McMaster Marauder	(30)	30:49.5	6:12.1	3:51.2
31 CARRUTHERS, Anna	E4	98	Western Mustangs	(31)	30:50.8	6:12.4	3:51.4
32 MADSEN, Ella	R	45	McMaster Marauder	(32)	31:01.6	6:14.6	3:52.7
33 TAYLOR, Katherine	E3	60	Queens Gaels	(33)	31:11.3	6:16.5	3:53.9
34 LEVASSEUR, Sophie	E3	71	Toronto Varsity Blu	34	31:11.8	6:16.6	3:54.0
35 MOZZON, Angela	E4	24	Laurentian Voyageu	35	31:19.7	6:18.2	3:55.0
36 HUSTON, Madelyn	E4	1	Brock Badgers	36	31:21.5	6:18.6	3:55.2
37 BOSTON, EJ	E3	70	Toronto Varsity Blu	37	31:22.5	6:18.8	3:55.3
38 VANLEEUEWEN, Olivia	E2	92	Waterloo Warriors	38	31:25.1	6:19.3	3:55.6
39 ESPOSITO, Christina	E4	69	Toronto Varsity Blu	39	31:26.4	6:19.6	3:55.8
40 PERRY, Robyn	E3	59	Queens Gaels	(40)	31:33.0	6:20.9	3:56.6
41 VINCENT, Chloe	R	94	Waterloo Warriors	41	31:36.2	6:21.5	3:57.0
42 HANDY, Kaitlyn	E2	110	Windsor Lancers	42	31:38.2	6:21.9	3:57.3
43 HARTNELL, Nicole	R	11	Guelph Gryphons	(43)	31:46.1	6:23.5	3:58.3
44 VUCKOVIC, Katherine	E2	72	Toronto Varsity Blu	44	31:58.5	6:26.0	3:59.8
45 TUCKER, Annemieke	E3	74	Toronto Varsity Blu	(45)	32:07.7	6:27.9	4:01.0
46 HAMEL, Melina	E1	253	Ottawa Gee Gees	-	32:09.5	6:28.2	4:01.2
47 ADAMO, Robyn	E5	3	Brock Badgers	46	32:11.0	6:28.5	4:01.4
48 MACSAI, Lauren	E3	2	Brock Badgers	47	32:11.5	6:28.6	4:01.4
49 SCHINDLER, Nicole	E3	89	Waterloo Warriors	48	32:13.0	6:28.9	4:01.6
50 KUSNIERCZYK, Meredith	E3	26	Laurentian Voyageu	49	32:15.1	6:29.4	4:01.9
51 PERKINS, Lauren	E5	108	Windsor Lancers	(50)	32:17.5	6:29.8	4:02.2
52 MOONEY, Meg	E4	111	Windsor Lancers	(51)	32:21.1	6:30.6	4:02.6
53 MROZEWSKI, Kristen	E3	23	Laurentian Voyageu	52	32:24.7	6:31.3	4:03.1
54 WHITE, Sarah	E2	73	Toronto Varsity Blu	(53)	32:46.2	6:35.6	4:05.8
55 SKAKNI, Loane	E1	18	Lakehead Thunder	54	32:47.2	6:35.8	4:05.9
56 DAVIS, Abbey	E4	87	Waterloo Warriors	(55)	32:55.5	6:37.5	4:06.9
57 SYMON, Elliot	E3	90	Waterloo Warriors	(56)	32:58.3	6:38.0	4:07.3
58 PETERS, Laura	E3	118	York Lions	57	32:59.0	6:38.2	4:07.4
59 ZINN, Alyssa	R	38	Laurier Golden Haw	-	33:07.6	6:39.9	4:08.5
60 TENNANT, Mary	E3	36	Laurier Golden Haw	-	33:19.9	6:42.4	4:10.0
61 FOWLER, Kylee	E3	252	Ottawa Gee Gees	-	33:28.9	6:44.2	4:11.1
62 CECCANESE, Tegan	R	37	Laurier Golden Haw	-	33:30.3	6:44.5	4:11.3
63 MACSAI, Cori	E3	4	Brock Badgers	58	33:38.8	6:46.2	4:12.4
64 DE OLIVEIRA, Giovvana	R	116	York Lions	59	33:41.1	6:46.7	4:12.6
65 MULDOON, Meghan	E1	66	TMU Bold	-	33:44.8	6:47.4	4:13.1
66 BOOTH, Sarah	E3	25	Laurentian Voyageu	60	33:46.4	6:47.7	4:13.3
67 DRENTH, Emily	E1	49	Nipissing Lakers	61	33:47.3	6:47.9	4:13.4
68 GAY, Elizabeth	E1	5	Brock Badgers	62	33:48.3	6:48.1	4:13.5
69 BROWN, Taylor	E2	255	Ottawa Gee Gees	-	33:55.4	6:49.5	4:14.4
70 GRAVELLE, Blaise	E1	51	Nipissing Lakers	63	34:04.0	6:51.3	4:15.5
71 SPARKES, Ava	R	119	York Lions	64	34:08.5	6:52.2	4:16.1
72 GRENIER, Charlotte	R	27	Laurentian Voyageu	65	34:26.6	6:55.8	4:18.3
73 BALCHEVA, Iva	R	115	York Lions	66	34:39.1	6:58.3	4:19.9
74 LANTEIGNE, Abigail	R	30	Laurentian Voyageu	(67)	34:45.3	6:59.6	4:20.7
75 STEIGER, Adeline	E2	7	Brock Badgers	(68)	35:01.6	7:02.9	4:22.7

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**Race #1**  
**Women 8km (University)**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
76 SCHOLL, Claire	E2	29	Laurentian Voyageu	(69)	35:17.0	7:06.0	4:24.6
77 MAK, Julie	E2	6	Brock Badgers	(70)	35:19.4	7:06.4	4:24.9
78 MUGGERIDGE, Teresa	E2	117	York Lions	71	35:30.1	7:08.6	4:26.3
79 SCHWEYER, Jaime	E4	53	Nipissing Lakers	72	35:50.4	7:12.7	4:28.8
80 STEWART, Isobel	R	20	Lakehead Thunder	73	35:51.9	7:13.0	4:29.0
81 CHANNELL, Grace	E2	34	Laurier Golden Haw	-	36:11.1	7:16.8	4:31.4
82 TAGGETT, Ainsley	E1	80	Trent Excalibur	-	36:14.9	7:17.6	4:31.9
83 MOLONEY, Clare	R	67	TMU Bold	-	36:23.3	7:19.3	4:32.9
84 JAMES, Olivia	E2	63	TMU Bold	-	36:47.9	7:24.2	4:36.0
85 MILLER, Bellamie	E1	254	Ottawa Gee Gees	-	36:58.3	7:26.3	4:37.3
86 WILTON, Kayla	R	19	Lakehead Thunder	74	37:20.1	7:30.7	4:40.0
87 LUCAS, Katherine	E4	21	Lakehead Thunder	75	37:28.8	7:32.5	4:41.1
88 COPELAND, Mille	E1	83	Trent Excalibur	-	37:37.7	7:34.3	4:42.2
89 DUFFY, Chanell	R	50	Nipissing Lakers	76	38:06.3	7:40.0	4:45.8
90 HONEGEER, Isabelle	E2	81	Trent Excalibur	-	38:06.9	7:40.1	4:45.9
91 TURNER, Molly	R	64	TMU Bold	-	38:36.3	7:46.1	4:49.5
92 MCLEAN, Lea	R	22	Lakehead Thunder	77	38:49.1	7:48.6	4:51.1
93 QUINN, Ainsley	R	79	Trent Excalibur	-	39:22.4	7:55.3	4:55.3
94 SCHOLZ, Sina	E3	52	Nipissing Lakers	78	39:51.9	8:01.3	4:59.0
95 SCHUMACHER, Delaney	R	251	Algoma Thunderbir	-	41:28.8	8:20.8	5:11.1

# OUA CHAMPIONSHIPS

October 28, 2023



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**Race #2**  
**Men 8km (University)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Guelph Gryphons	34	1-2-6-10-15(16)(18)	0:36.7
2 Queens Gaels	55	4-5-9-17-20(23)	0:35.6
3 Toronto Varsity Blues	105	3-13-22-31-36(51)(75)	1:27.0
4 Western Mustangs	110	7-14-25-30-34(35)(40)	1:08.5
5 McMaster Marauders	125	12-24-28-29-32(39)(43)	0:59.7
6 Lakehead Thunderwolves	172	19-26-38-42-47(49)(62)	1:27.0
7 Windsor Lancers	211	11-45-50-52-53(66)(71)	2:02.0
8 Brock Badgers	230	33-41-46-54-56(68)(72)	1:27.3
9 York Lions	275	37-55-58-61-64(77)(84)	1:27.6
10 Laurentian Voyageurs	289	21-57-63-70-78(81)(91)	2:54.4
11 Ottawa Gee Gees	298	8-60-73-74-83(89)	3:54.5
12 Laurier Golden Hawks	308	27-48-65-80-88(90)(92)	3:18.8
13 Waterloo Warriors	333	44-59-69-76-85(86)(87)	2:05.8
14 Nipissing Lakers	429	67-79-93-94-96(98)	2:55.7
15 Trent Excalibur	473	82-95-97-99-100	6:39.3

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. km
1 BANNON, Nicholas	E5	128	Guelph Gryphons	1	24:24.6	4:54.7	3:03.1
2 DAVIES, Max	E3	129	Guelph Gryphons	2	24:28.2	4:55.4	3:03.5
3 SHORE, Ben	E5	191	Toronto Varsity Blu	3	24:34.4	4:56.7	3:04.3
4 MIRONOV, Roman	E3	185	Queens Gaels	4	24:35.8	4:56.9	3:04.5
5 BRACKENBURY, Miles	E4	183	Queens Gaels	5	24:37.4	4:57.3	3:04.7
6 NOWBOTSING, Rohan	E4	134	Guelph Gryphons	6	24:39.7	4:57.7	3:05.0
7 SCHEELLE, Marcel	E4	216	Western Mustangs	7	24:40.4	4:57.9	3:05.1
8 ALIE-LAMARCHE, Andre	E5	177	Ottawa Gee Gees	8	24:41.3	4:58.0	3:05.2
9 COX, Will	E4	186	Queens Gaels	9	24:41.9	4:58.2	3:05.2
10 RACHNER, Christian	E3	136	Guelph Gryphons	10	24:42.4	4:58.3	3:05.3
11 FITZPATRICK, Jacob	E4	226	Windsor Lancers	11	24:45.7	4:58.9	3:05.7
12 LASHLEY, Connor	E3	164	McMaster Marauder	12	24:46.6	4:59.1	3:05.8
13 RAFTIS, Brandon	E4	192	Toronto Varsity Blu	13	24:54.1	5:00.6	3:06.8
14 FOX, Ben	E3	217	Western Mustangs	14	24:56.2	5:01.0	3:07.0
15 POCCHI, Gaetano	E2	135	Guelph Gryphons	15	25:01.3	5:02.1	3:07.7
16 SCHMIDT, Adam	E4	137	Guelph Gryphons (16)		25:01.5	5:02.1	3:07.7
17 SKINNER, Angus	R	187	Queens Gaels	17	25:01.8	5:02.2	3:07.7
18 LEHTO, Jack	E2	131	Guelph Gryphons (18)		25:09.4	5:03.7	3:08.7
19 LEHMAN, Andrew	E3	138	Lakehead Thunder	19	25:09.5	5:03.7	3:08.7
20 RASHID-COCKER, Ethan	R	189	Queens Gaels	20	25:11.4	5:04.1	3:08.9
21 WALLINGFORD, Keon	E3	145	Laurentian Voyageu	21	25:17.3	5:05.3	3:09.7
22 FRANGOS, Zach	E3	193	Toronto Varsity Blu	22	25:19.2	5:05.7	3:09.9
23 HUEGLIN, Tanner	E2	188	Queens Gaels (23)		25:21.4	5:06.1	3:10.2
24 BRAR, Kamran	R	161	McMaster Marauder	24	25:21.6	5:06.2	3:10.2
25 BOERS, Tom	E2	218	Western Mustangs	25	25:23.5	5:06.5	3:10.4

# OUA CHAMPIONSHIPS

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## Race #2 Men 8km (University)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
26 DOBSON, Jett	E3	139	Lakehead Thunder	26	25:27.0	5:07.2	3:10.9
27 YOUNG, Ian	E3	158	Laurier Golden Haw	27	25:27.1	5:07.3	3:10.9
28 VADEIKA, Lukas	E2	169	McMaster Marauder	28	25:27.4	5:07.3	3:10.9
29 WEIST, William	E2	170	McMaster Marauder	29	25:33.7	5:08.6	3:11.7
30 PARKES, Owen	R	222	Western Mustangs	30	25:37.5	5:09.4	3:12.2
31 ASHTARI, Nima	E3	195	Toronto Varsity Blu	31	25:41.5	5:10.2	3:12.7
32 DAVIES, Ryan	R	162	McMaster Marauder	32	25:46.3	5:11.1	3:13.3
33 IANARELLI, Isaac	E3	122	Brock Badgers	33	25:47.7	5:11.4	3:13.5
34 ROYCE, Mark	E3	219	Western Mustangs	34	25:48.9	5:11.6	3:13.6
35 KOYANAGI, Kyle	E4	221	Western Mustangs	(35)	25:57.5	5:13.4	3:14.7
36 PRALAT, Adam	E2	194	Toronto Varsity Blu	36	26:01.4	5:14.2	3:15.2
37 ABDULLAHI, Abdullahi	E5	235	York Lions	37	26:03.7	5:14.6	3:15.5
38 MCDONOUGH, William	E4	141	Lakehead Thunder	38	26:06.4	5:15.2	3:15.8
39 FARRUGGIA, Giancarlo	E3	163	McMaster Marauder	(39)	26:14.6	5:16.8	3:16.8
40 SANDERS, Justin	E3	220	Western Mustangs	(40)	26:19.2	5:17.7	3:17.4
41 DI FELICE, Marco	R	121	Brock Badgers	41	26:22.3	5:18.4	3:17.8
42 BUXTON, Leif	E3	140	Lakehead Thunder	42	26:25.8	5:19.1	3:18.2
43 LOWRIE, Jason	E4	165	McMaster Marauder	(43)	26:31.1	5:20.1	3:18.9
44 HURAS, Adam	E3	212	Waterloo Warriors	44	26:33.2	5:20.6	3:19.2
45 POPESCU, Paul	E3	228	Windsor Lancers	45	26:35.1	5:20.9	3:19.4
46 DICK, Joseph	E5	123	Brock Badgers	46	26:35.6	5:21.0	3:19.5
47 LIGHTWOOD, Nicholas	E2	143	Lakehead Thunder	47	26:36.5	5:21.2	3:19.6
48 AIKMAN, Luke	E2	154	Laurier Golden Haw	48	26:38.6	5:21.6	3:19.8
49 BLAZINO, Adam	R	142	Lakehead Thunder	(49)	26:40.0	5:21.9	3:20.0
50 WALDMANN, Noah	E3	232	Windsor Lancers	50	26:42.0	5:22.3	3:20.3
51 MCLEAN, Jacob	R	196	Toronto Varsity Blu	(51)	26:42.4	5:22.4	3:20.3
52 MAWHINNEY, Luke	E4	227	Windsor Lancers	52	26:44.9	5:22.9	3:20.6
53 TAYLOR, Andrew	E3	229	Windsor Lancers	53	26:47.7	5:23.5	3:21.0
54 LIGHTENBERG, Chris	E4	124	Brock Badgers	54	26:49.4	5:23.8	3:21.2
55 CIDADE, Brandon	E3	238	York Lions	55	27:11.6	5:28.3	3:24.0
56 MAXWELL, Redding	R	125	Brock Badgers	56	27:15.0	5:29.0	3:24.4
57 RADEY, Brandon	E2	149	Laurentian Voyageu	57	27:17.0	5:29.4	3:24.6
58 COSTA, Phillip	E5	239	York Lions	58	27:18.9	5:29.8	3:24.9
59 CALCAGNO, Massimo	E3	208	Waterloo Warriors	59	27:19.9	5:30.0	3:25.0
60 MCLEISH, William	E1	179	Ottawa Gee Gees	60	27:26.1	5:31.2	3:25.8
61 VOLPI, Marco	R	240	York Lions	61	27:27.4	5:31.5	3:25.9
62 WEBSTER, Aiden	E2	144	Lakehead Thunder	(62)	27:29.1	5:31.8	3:26.1
63 DOHERTY, Seamus	E2	146	Laurentian Voyageu	63	27:29.4	5:31.9	3:26.2
64 BIALKOWSKI, Marek	R	237	York Lions	64	27:31.3	5:32.3	3:26.4
65 TROWBRIDGE, Braydon	E3	157	Laurier Golden Haw	65	27:33.6	5:32.7	3:26.7
66 GRAVES, Ethan	E2	230	Windsor Lancers	(66)	27:38.4	5:33.7	3:27.3
67 AARTS, Ethan	E3	171	Nipissing Lakers	67	27:39.9	5:34.0	3:27.5
68 WAGER, Garrett	E2	127	Brock Badgers	(68)	27:40.4	5:34.1	3:27.6
69 LYSACK, Jonathan	E3	213	Waterloo Warriors	69	27:43.1	5:34.6	3:27.9
70 DATE, Cameron	E3	147	Laurentian Voyageu	70	27:55.1	5:37.0	3:29.4
71 DEGRACE, Brayden	E4	231	Windsor Lancers	(71)	27:58.0	5:37.6	3:29.8

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**Race #2**  
**Men 8km (University)**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
72 COLES, Riley	E3	126	Brock Badgers	(72)	27:58.2	5:37.7	3:29.8
73 SIKKA, Zach	E2	182	Ottawa Gee Gees	73	28:04.7	5:39.0	3:30.6
74 PARENT, Fred	E2	181	Ottawa Gee Gees	74	28:05.1	5:39.1	3:30.6
75 DJONDRIC-POWELL, Jack	E2	197	Toronto Varsity Blu	(75)	28:07.4	5:39.5	3:30.9
76 HICKLING, Connor	R	211	Waterloo Warriors	76	28:07.8	5:39.6	3:31.0
77 WADDINGTON, Oliver	R	241	York Lions	(77)	28:09.5	5:39.9	3:31.2
78 LEROUX, Patrick	E3	148	Laurentian Voyageu	78	28:11.7	5:40.4	3:31.5
79 HEINTZ, Jack	E2	258	TMU Bold	-	28:16.7	5:41.4	3:32.1
80 SULLIVAN, Noah	E3	176	Nipissing Lakers	79	28:20.7	5:42.2	3:32.6
81 FRIEBERG, Jordan	E3	155	Laurier Golden Haw	80	28:21.8	5:42.4	3:32.7
82 RONEY, Owen	R	150	Laurentian Voyageu	(81)	28:30.6	5:44.2	3:33.8
83 KETTLE, Payton	E2	205	Trent Excalibur	82	28:31.9	5:44.4	3:34.0
84 MERAW, Nathan	E4	178	Ottawa Gee Gees	83	28:35.8	5:45.2	3:34.5
85 AKERMAN, David	R	236	York Lions	(84)	28:38.4	5:45.8	3:34.8
86 DEAN, Cameron	E4	209	Waterloo Warriors	85	28:39.0	5:45.9	3:34.9
87 BATEK, Andrew	E1	207	Waterloo Warriors	(86)	28:40.3	5:46.1	3:35.0
88 ADAMS, Declan	E3	206	Waterloo Warriors	(87)	28:43.0	5:46.7	3:35.4
89 HARDEMAN, Jeremy	R	160	Laurier Golden Haw	88	28:45.9	5:47.3	3:35.7
90 PADOIN-CASTILLO, Adriano	E1	180	Ottawa Gee Gees	(89)	28:53.7	5:48.8	3:36.7
91 SCOTT, Preston	R	159	Laurier Golden Haw	(90)	29:26.3	5:55.4	3:40.8
92 FOX, Aurel	E5	151	Laurentian Voyageu	(91)	29:37.5	5:57.6	3:42.2
93 RODEN, Morley	E2	156	Laurier Golden Haw	(92)	29:43.2	5:58.8	3:42.9
94 KHAN, Fawwaz	R	260	TMU Bold	-	30:01.9	6:02.6	3:45.2
95 CORNISH, Noah	E4	173	Nipissing Lakers	93	30:05.0	6:03.2	3:45.6
96 BENNETT, Samuel	E3	172	Nipissing Lakers	94	30:06.7	6:03.5	3:45.8
97 SAYLES, Keegan	E2	203	Trent Excalibur	95	30:24.9	6:07.2	3:48.1
98 GARSON, Dylan	R	256	Algoma Thunderbir	-	30:31.7	6:08.6	3:49.0
99 LEGLER, George	E3	175	Nipissing Lakers	96	30:35.6	6:09.3	3:49.5
100 SANDU, Nick	E1	261	TMU Bold	-	30:45.1	6:11.2	3:50.6
101 SAMTLEBEN, Eric	E2	202	Trent Excalibur	97	31:01.8	6:14.6	3:52.7
102 CZERNY-HOLOWNIA, Oliver	E3	174	Nipissing Lakers	(98)	31:53.7	6:25.1	3:59.2
103 STEPHEN, Nate	E1	204	Trent Excalibur	99	34:28.3	6:56.2	4:18.5
104 MARTCHENKO, Andrey	R	201	Trent Excalibur	100	35:11.2	7:04.8	4:23.9
105 MOSS, Tait	R	257	Algoma Thunderbir	-	36:28.2	7:20.3	4:33.5
106 XIONG, Alex	E1	259	TMU Bold	-	37:59.2	7:38.6	4:44.9