

2023 Chris McCubbins Age Class Cross Country - 10/21/2023

Athletics Manitoba Provincial Championships

Kilcona Park

Results

Women 2000 Meter Run CC U12

Name	Yr	Team	Finals
Results - Women			
1	Coutu, Mila	12 Ecole Charle	8:50.5
2	Sun, Elva	12 Tough Track	8:55.3
3	Ternowetsky, Taylor	12 Ecole Charle	9:14.8
4	Mitchell, Berkeley	12 Winnipeg Optimis	9:38.2
5	Van Dyke, Norah	14 Tough Track	9:48.1
6	Xiong, Julie	12 Tough Track	10:09.0
7	Arkova Tough, Nika	13 Tough Track	11:01.5
8	Garner, Esme	12 Predator Ath	11:52.6

Women 2000 Meter Run CC U14

Name	Yr	Team	Finals
Results - Women			
1	Palomino Song, Ashley	10 Winnipeg Optimis	8:24.1
2	Friesen, Shae	10 Winnipeg Optimis	8:36.9
3	Enns, Violet	10 Red River Nordic	8:45.8
4	Kotyky, Natalie	11 Unattached-M	8:46.5
5	Buzunis, Stella	11 Unattached-M	8:48.1
6	Mulvey, Rowen	11 Tough Track	8:48.6
7	Koshel, Larissa	10 William Mort	8:52.9
8	Sun, Esta	10 Tough Track	9:50.5
9	Armstrong, Linley	11 William Mort	11:19.2
10	Reiner, Bentley	11 William Mort	11:47.8

Women 3k Run CC U16

Name	Yr	Team	Finals
Results - Women			
1	Arkova-Tough, Nina	09 Tough Track	12:28.1
2	Best, Ella	09 Tough Track	14:03.5
3	Madsen, Kaitlyn	09 Miles Macdon	15:05.7
4	Friesen, Cassidy	09 Steinbach Re	15:40.3

Women 5k Run CC U18

Name	Yr	Team	Finals
Results - Women			
1	De Smet, Annika	08 Winnipeg Optimis	19:14.5
2	Champagne, Addy	08 Mb Triathlon	19:46.1
3	Aiello, Lilianna	08 Winnipeg Optimis	20:06.8
4	Terichow-Parrott, Frances	07 Winnipeg Optimis	21:39.5
5	Penner, Olivia	06 Winnipeg Optimis	21:52.3
6	Lysiuk, Hana	06 Last Mile At	22:17.8
7	Gross, Sara	06 Last Mile At	23:32.5
8	Madsen, Sarah	06 Miles Macdon	23:36.7
9	Kowalchuk, Ally	07 Ecole Edward	26:50.6
10	Leushko, Nadiia	07 Steinbach Re	34:18.0

Women 6k Run CC U20

Name	Yr	Team	Finals
Results - Women			
1	Fournier, Natalie	04 Manitoba Bis	26:15.5
2	Alexander, Sophia	04 Manitoba Bis	29:16.9
3	Shier, Amy	05 Manitoba Bis	29:19.0
4	Williams, Maisey	05 Manitoba Bis	29:41.2

5 Francis, Lily 04 Manitoba Bis 29:58.4

Women 8k Run CC Senior

Name	Yr	Team	Finals
Results - Women			
1	Niblock, Annika	02 Manitoba Bis	35:50.6
2	Giesbrecht, Shayna	98 Manitoba Bis	36:02.7
3	Shier, Aspen	01 Manitoba Bis	36:37.7

Women 6k Run CC Masters

Name	Yr	Team	Finals
Results - Women			
1	Younka, Amanda	69 Flying M Ath	27:52.9
2	Gargaro, Mary	62 Roadkill Run	34:39.5

Women 8k Run CC Masters

Name	Yr	Team	Finals
Results - Women			
1	Zhao, Mingdi	68 Roadkill Run	40:19.3
2	Stuart, Louise	62 Roadkill Run	49:00.0

Men 2000 Meter Run CC U12

Name	Yr	Team	Finals
Results - Men			
1	Holmes, Jack	14 Unattached-M	7:57.0
2	Pelletier, Dylan	12 Predator Ath	8:06.0
3	Nychuk, Jake	12 Stonewall Ce	8:07.0
4	Corbett, Crew	12 Stonewall Ce	8:24.0
5	Ray-Tesluck, Jagger	12 Stonewall Ce	8:33.0
6	Zarichanski, Xavier	12 Predator Ath	8:53.0
7	Pearase, Davin	12 Predator Ath	10:33.0

Men 2000 Meter Run CC U14

Name	Yr	Team	Finals
Results - Men			
1	Schinkel, Alexander	10 Tough Track	7:55.7
2	Atamanchuk, Mac	11 Lincoln Midd	7:57.3
3	Georgison, James	10 Tough Track	7:58.6
4	Nazar, Nick	10 Unattached-M	8:03.3
5	Burdy-Ostermann, Mason	11 Unattached-M	8:56.2
6	Rossnagel, Wyatt	11 William Mort	9:10.4

Men 3k Run CC U16

Name	Yr	Team	Finals
Results - Men			
1	Heroux, Carter	08 Winnipeg Optimis	10:17.4
2	Dingwall, Turk	08 Vincent Mass	10:23.8
3	Nichol, Isaac	09 Miles Macdon	10:36.1
4	Snider, Jonathan	09 Miles Macdon	10:51.8
5	Shead, Logan	08 St. Norbert	10:53.6
6	Thiessen, Joel	09 St. Norbert	10:56.9
7	Jason, Matthew	09 St. Paul's H	11:10.1
8	McDonald, Brodie	08 Ecole Edward	11:16.6
9	Kehler, Tyson	08 Steinbach Re	11:30.4
10	Gudmundson, Tristan	08 Winnipeg Optimis	11:30.8
11	Cousin, Robert	08 St. Norbert	11:54.1

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Results

Results - Men ... (Men 3k Run CC U16)

8 Flett, Gordon 60 Roadkill Run 42:36.4

Name	Yr	Team	Finals
12 Lepp, Sawyer	09	Steinbach Re	12:00.4
13 Enns, Tayo	09	Linden Chris	13:28.4
14 Shead, Dylan	08	St. Norbert	15:08.0
15 Styve, Griffin	09	Steinbach Re	15:11.1

Men 5k Run CC U18

Name	Yr	Team	Finals
Results - Men			
1 Phillips, Nate	07	Last Mile At	16:55.9
2 Palmer, Liam	07	Winnipeg Optimis	16:59.2
3 Ehmann, Sean	06	Tough Track	17:18.8
4 Dyck, Nathan	06	Last Mile At	17:25.7
5 Fillion, Luc	07	Tough Track	18:09.6
6 Bergen, Nicolas	07	Tough Track	18:47.2
7 Herie, Jase	06	Winnipeg Optimis	19:29.6
8 Smith, Jackson	06	Red River Nordic	19:57.8
9 Penner, Adrian	07	Tough Track	22:43.7
10 Enns, Luke	06	Red River Nordic	24:24.6
11 Leushko, Tim	06	Steinbach Re	26:09.3

Men 8k Run CC U20

Name	Yr	Team	Finals
Results - Men			
1 Garchinski, Wylie	05	Manitoba Bis	28:58.9
2 Leppelmann, Jonah	05	Manitoba Bis	29:03.9
3 Civetta, Alejandro	05	Manitoba Bis	30:19.2

Men 8k Run CC Senior

Name	Yr	Team	Finals
Results - Men			
1 Graupner, Steven	88	Unattached-M	28:43.4
2 Maxwell, Gavin	02	Manitoba Bis	28:51.3
3 Apraiz Zenon, Unai	02	Manitoba Bis	28:57.3
4 Peters, Dylan	00	Manitoba Bis	29:34.9
5 Peltz, Joel	91	Red River Nordic	31:30.2
6 Gargaro, Joey	92	Roadkill Run	37:35.4

Men 6k Run CC Masters

Name	Yr	Team	Finals
Results - Men			
1 Zhou, Sam	68	Roadkill Run	27:27.1
2 Houle, Brent	80	Roadkill Run	28:59.1
3 Lawler, David	54	Roadkill Run	32:42.3

Men 8k Run CC Masters

Name	Yr	Team	Finals
Results - Men			
1 Shaw, Kris	85	Unattached-M	28:35.8
2 Goguen, Alain	82	Roadkill Run	32:21.3
3 McGavock, Jonathan	75	Unattached-M	32:28.0
4 Huang, Bo	68	Roadkill Run	35:02.4
5 Athayde, Greg	61	Tough Track	35:44.7
6 Kooymans, Jerry	55	Toronto Olympic	36:32.0
7 Ferguson, Andrew	88	Roadkill Run	37:21.9