

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 7 Women 2500 Meter Run CC Gr. 7 & 8**

Name	Year School	Finals	Points
1 Malik, Vicky	Marie-Rivier	10:03.22	1
2 Windsor, Quinn	Acadie	10:22.53	2
3 Marshall, Maeve	Module Vanier	10:25.84	3
4 Blackwell, Lily	Module Vanier	10:28.06	4
5 Sauerbrei, Tessa	Module Vanier	10:34.34	5
6 Wilson, Charlotte	Module Vanier	10:35.59	6
7 Rowberry, Hana	Module Vanier	10:43.25	7
8 White, Abigail	Acadie	10:49.18	8
9 Downey, Ella	Module Vanier	11:03.47	9
10 Kuipers, Courtney	Quinte Chris	11:04.50	10
11 Elsley, Madigan	Acadie	11:05.46	11
12 Shaule, Clare	Marie-Rivier	11:07.38	12
13 McGregor, Aela	Acadie	11:09.81	13
14 Grace, Stella	Module Vanier	11:23.28	14
15 Nitschke, Olivia	Acadie	11:24.02	15
16 Macdonald, Fiona	Module Vanier	11:26.00	16
17 Olive, Abby	Acadie	11:26.52	17
18 Clarke, Aubrey	Module Vanier	11:30.53	18
19 Bagg, Ella	Acadie	11:32.88	19
20 Jackson, Charlotte	Module Vanier	11:34.09	20
21 Davison, Charlotte	Module Vanier	11:35.31	21
22 Freure, Kate	Acadie	11:38.00	22
23 Abad, Sofia	Module Vanier	11:38.52	23
24 Doucet, Abby	Acadie	11:40.12	24
25 Bowen, Emerson	Module Vanier	11:48.18	25
26 McDowell, Rosie	Acadie	11:57.44	26
27 Oddie, Maëlle	Marie-Rivier	11:59.15	27
28 Casterton, Adele	Acadie	12:00.84	28
29 Hedderson, Farrah	Gananoque SS	12:12.59	29
30 Earl, Chelsea	Gananoque SS	12:15.41	30
31 Janssen, Mia	Module Vanier	12:36.34	31
32 Chitty, Claire	Gananoque SS	12:40.91	32
33 Rudzki, Claire	Module Vanier	13:00.00	33
34 Wordley, Anna	Module Vanier	13:03.66	34
35 Pender, Amanda	Acadie	13:07.00	35
36 Pelletier, Daphne	Acadie	13:24.28	36
37 Zufelt-McCulloch, Tia	Gananoque SS	13:31.97	37
38 Hanna, Rose	Gananoque SS	13:40.81	38
39 Galley, Kaeleigh	Gananoque SS	13:42.62	39
40 Aldrich, Bella	Gananoque SS	13:50.62	40
41 Deryaw, Ava	Gananoque SS	13:50.90	41
42 Whelan, Iris	Module Vanier	14:12.53	42
43 Turcotte, Sadie	Gananoque SS	14:24.31	43
44 Fumerton, Mia	Acadie	14:25.69	44
45 Skulstad, Nora	Module Vanier	14:42.59	45
46 Murphy, Kaylin	Gananoque SS	14:45.56	46
47 Eaton, Rebecca	Acadie	14:47.56	47
48 Hutchinson, Chloe	Gananoque SS	16:54.44	48

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**Fort Henry
Rankings**

....Event 7 Women 2500 Meter Run CC Gr. 7 & 8

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Module Vanier Total Time: 42:03.83 Average: 10:30.96	18	3	4	5	6	7	9	14	16	18
2	Acadie Total Time: 43:26.98 Average: 10:51.75	34	2	8	11	13	15	17	19	22	24
3	Gananoque SS - Gananoque Total Time: 50:40.88 Average: 12:40.22	128	29	30	32	37	38	39	40	41	43

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 8 Men 2500 Meter Run CC Gr. 7 & 8**

Name	Year School	Finals	Points
1 Hurry, Findley	Mille-iles	9:14.31	1
2 Korcok-Sogbein, Sam	Acadie	9:20.97	2
3 Easton, Beckham	Marie-Rivier	9:24.88	3
4 James, Logan	Module Vanier	9:31.69	4
5 Morrison, Kohen	Acadie	9:35.00	5
6 Thomson, Ethan	Module Vanier	9:47.18	6
7 Siemens, Tristan	Module Vanier	9:59.15	7
8 Oleschuk, Ben	Module Vanier	10:00.02	8
9 Hendry, Graham	Module Vanier	10:05.81	9
10 Leach, Hunter	Acadie	10:09.41	10
11 Yang, Adam	Acadie	10:11.12	11
12 Runions, Hayden	Module Vanier	10:17.47	12
13 Zufleft-McCulloch, Prest	Gananoque SS	10:22.15	13
14 Howard, Gabe	Module Vanier	10:23.69	14
15 Bagg, Thomas	Acadie	10:33.69	15
16 Godin, Simon	Marie-Rivier	10:37.75	16
17 Morrow, Ashton	Module Vanier	10:37.96	17
18 Wrightly, Carter	Module Vanier	10:52.38	18
19 Burnett, Max	Mille-iles	11:06.97	19
20 Bakraoui, Jad	Marie-Rivier	11:11.06	20
21 Alexander, Isaiah	Acadie	11:15.75	21
22 Gallupe, Oliver	Acadie	11:17.72	22
23 Hunter, Ashton	Marie-Rivier	11:19.25	23
24 Faraz, Ramin	Module Vanier	11:19.50	24
25 Ormsbee, Henry	Module Vanier	11:25.66	25
26 Evans, Patrick	Acadie	11:26.37	26
27 Whitnall, Jaxon	Acadie	11:27.40	27
28 Wrightly, Daniel	Module Vanier	11:35.34	28
29 Bowie, Ronan	Module Vanier	11:37.53	29
30 Edmunds, Matthew	Acadie	11:38.91	30
31 McIness, Malik	Mille-iles	11:52.78	31
32 Wordley, Jack	Module Vanier	12:11.25	32
33 Holowach Jeffrey, Austin	Module Vanier	12:25.50	33
34 Thibodeau, Sebatien	Marie-Rivier	12:30.31	34
35 Indewey, Eric	Gananoque SS	12:32.72	35
36 Dewys, Xavier	Marie-Rivier	12:34.53	36
37 Murphy, Jason	Mille-iles	12:41.59	37
38 Mullins-McGraw, William	Acadie	12:53.00	38
39 Watson, Lonan	Module Vanier	13:33.03	39
40 St-Jean, Alexander	Acadie	14:12.56	40
41 St-Jean, Matthew	Acadie	14:56.53	41
42 Kee, Emerson	Gananoque SS	15:25.47	42
43 Vretteas, Anden	Gananoque SS	16:03.00	43
44 Jacques, Samuel	Marie-Rivier	18:01.03	44

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**Fort Henry
Rankings**

....Event 8 Men 2500 Meter Run CC Gr. 7 & 8

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Module Vanier Total Time: 39:18.04 Average: 9:49.51	25	4	6	7	8	9	12	14	17	18
2	Acadie Total Time: 39:16.50 Average: 9:49.13	28	2	5	10	11	15	21	22	26	27
3	Marie-Rivier's - Kingston Total Time: 42:32.94 Average: 10:38.24	62	3	16	20	23	34	36	44		
4	Mille-iles Total Time: 44:55.65 Average: 11:13.92	88	1	19	31	37					
5	Gananoque SS - Gananoque Total Time: 54:23.34 Average: 13:35.84	133	13	35	42	43					

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 1 Women 4k Run CC Novice**

Name	Year School	Finals	Points
1 Dawe, Lauren	Kingston Sec	16:53.10	1
2 Oleschuk, Gabby	Kingston Sec	16:56.50	2
3 Weese, Kaiah	Ndss	17:23.10	3
4 Howe, Rachel	Kingston Sec	17:39.40	4
5 Steacy, Mila	LaSalle S.S.	17:44.00	5
6 Griffith, Ayla	Smiths Falls	17:51.10	6
7 Stacey, Gabriella	Ndss	17:56.10	7
8 Pitts, Payton	Kingston Sec	18:00.80	8
9 Turcotte, Codah	Smiths Falls	18:07.00	9
10 Dickson, Georgia	Regiopolis-N	18:40.10	10
11 Heeler, Ella	Regiopolis-N	18:52.10	11
12 Mangan, Jemma	Gananoque SS	18:59.80	12
13 Johnston, Avery	St. Mary - B	19:01.00	13
14 Mulville, Natalie	Frontenac SS	19:01.40	14
15 Ralph, Blake	North Grenvi	19:02.70	15
16 Wyatt, Georgia	Gananoque SS	19:08.20	16
17 Hedderson, Farrah	Gananoque SS	19:09.80	17
18 Taylor, Julia	Gananoque SS	19:13.20	18
19 Ducharme, Serena	St. Joseph's	19:15.60	19
20 Frantzeskos, Sofia	Kingston Sec	19:17.20	20
21 Kerr, Theresa	Ndss	19:26.80	21
22 Cudmore, Ayla	Gananoque SS	19:32.80	22
23 Kerr, Madeline	Kingston Sec	19:55.00	23
24 Nichols, Chloe	East Northum	20:01.50	24
25 Kirton, Kacy	St. Mary - B	20:07.00	25
26 Bernard, Jane	Regiopolis-N	20:10.20	26
27 Marshall, Vegas	Regiopolis-N	20:11.70	27
28 Johnson, Madison	St. Mary - B	20:25.70	28
29 Horton, Rachel	East Northum	21:57.80	29
30 Ishmael, Natasha	Kingston Sec	22:37.00	30
31 Hennessy, Caris	East Northum	22:49.70	31
32 Bos, Elizabeth	St. Mary - B	22:58.00	32
33 Blad, Makenna	North Grenvi	23:13.30	33
34 Davis, Kyra	Smiths Falls	23:18.80	34
35 Masson, Eline	Pdci	24:03.00	35
36 Elder, Savannah	E.S.P. Marc-Garneau	24:11.10	36
37 Macdonald, Hailey	Pdci	24:20.70	37
38 Stone, Emma	Pdci	25:10.90	38
39 Hill, Addison	East Northum	25:22.80	39
40 Jones, Alison	North Grenvi	25:43.00	40
41 Nichols, Skyler	North Grenvi	27:46.00	41
42 Liebeck, Emery	Frontenac SS	30:38.70	42
43 Hart, Karina	Bayridge S.S	33:13.80	43
44 Davis, Addie	East Northum	38:19.30	44

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**Fort Henry
Rankings**

....Event 1 Women 4k Run CC Novice

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Kingston Secondary School Total Time: 1:09:29.80 Average: 17:22.45	15	1	2	4	8	20	23	30		
2	Gananoque SS - Gananoque Total Time: 1:16:31.00 Average: 19:07.75	63	12	16	17	18	22				
3	Regiopolis-Notre Dame-Kin Total Time: 1:17:54.10 Average: 19:28.53	74	10	11	26	27					
4	St. Mary - Brockville Total Time: 1:22:31.70 Average: 20:37.93	98	13	25	28	32					
5	East Northumberland SS Total Time: 1:30:11.80 Average: 22:32.95	123	24	29	31	39	44				
6	North Grenville Dhs - Kem Total Time: 1:35:45.00 Average: 23:56.25	129	15	33	40	41					

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 2 Men 4k Run CC Novice**

Name	Year School	Finals	Points
1 Turner, Jack	East Northum	14:43.75	1
2 Tait, Sullivan	East Northum	14:58.72	2
3 Dart, Eric	Holy Cross C	15:18.78	3
4 McDougall, Ethan	East Northum	15:46.84	4
5 Pennell, Andrew	Kingston Sec	15:47.18	5
6 Dunham, Dawson	East Northum	15:48.59	6
7 Webb, Dj	Smiths Falls	15:49.06	7
8 Heller, Dominick	East Northum	15:53.28	8
9 Mahoney, Daniel	Kingston Sec	16:03.69	9
10 Ivens, Sullivan	Kingston Sec	16:04.91	10
11 Nicholson, Nathan	St. Joseph's	16:15.00	11
12 Gurd, Sam	Frontenac SS	16:31.81	12
13 Reil, Caleb	St. Mary - B	16:34.78	13
14 Stacey, Nathaniel	Ndss	16:45.59	14
15 Botting, Alex	East Northum	16:46.06	15
16 Doyle, Jack	Kingston Sec	16:46.56	16
17 Brant, Myles	St. Theresa	16:50.97	17
18 McMillan, Charles	Mille-iles	16:54.03	18
19 Curson, Kyle	St. Mary - B	17:03.84	19
20 Weber, Ben	Frontenac SS	17:30.00	20
21 Scrimshaw, Caleb	Ndss	17:30.52	21
22 Thomson, Hinton	North Grenvi	17:38.94	22
23 Coppens, Hunter	Holy Cross C	17:42.53	23
24 Nixon, Jaxon	North Grenvi	17:51.69	24
25 Smith, Jacob	Ndss	17:52.72	25
26 Gallupe, Cohen	Frontenac SS	17:55.22	26
27 Blackmore, Evan	North Grenvi	17:57.81	27
28 Jarzyna, Benson	St. Mary - B	17:59.00	28
29 Kellar, James	Gananoque SS	17:59.62	29
30 Duggan, Mark	LaSalle S.S.	18:09.41	30
31 Frew, Hudson	Madawaska Va	18:22.41	31
32 Nabe, Jack	North Grenvi	18:39.50	32
33 Goni B, Akim	Mille-iles	18:53.69	33
34 Skelhorn, Gage	St. Joseph's	19:11.38	34
35 Cabrai, Sebastian	St. Mary - B	19:11.59	35
36 Kean, Cohen	North Grenvi	19:32.25	36
37 Ferguson, Blake	Pdci	19:54.84	37
38 Edey, Thomas	Pdci	20:22.03	38
39 Epp, Andrew	St. Joseph's	20:30.84	39
40 Hood, Ethan	North Grenvi	20:35.81	40
41 Dake, Parker	St. Mary - B	20:40.56	41
42 Gibson, Liam	North Grenvi	20:41.02	42
43 Belej, Liam	St. Mary - B	20:43.62	43
44 Field, Carson	Gananoque SS	20:47.15	44
45 House, Carter	Frontenac SS	20:47.43	45
46 Youssef, Jasper	Frontenac SS	24:28.09	46
47 Young, Kai	Ernestown - Odessa	28:33.30	47

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**Fort Henry
Rankings**

....Event 2 Men 4k Run CC Novice

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	East Northumberland SS Total Time: 1:01:17.90 Average: 15:19.48	13	1	2	4	6	8	15			
2	Kingston Secondary School Total Time: 1:04:42.34 Average: 16:10.59	40	5	9	10	16					
3	St. Mary - Brockville Total Time: 1:10:49.21 Average: 17:42.31	95	13	19	28	35	41	43			
4	Frontenac SS - Kingston Total Time: 1:12:44.46 Average: 18:11.12	103	12	20	26	45	46				
5	North Grenville Dhs - Kem Total Time: 1:12:07.94 Average: 18:01.99	105	22	24	27	32	36	40	42		

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**Fort Henry
Rankings**

Event 3 Women 5k Run CC Junior

Name	Year School	Finals	Points
1 Andrecyk, Athena	Kingston Sec	19:46.06	1
2 Webster, Abby	Gananoque SS	21:51.12	2
3 Maley, Ruth	Kingston Sec	22:07.09	3
4 Kaiser, Clara	Frontenac SS	23:10.62	4
5 Buchan, Katie	Ndss	23:12.47	5
6 Willman, Maddie	Frontenac SS	23:15.81	6
7 Smith, Cleo	Pdci	23:19.53	7
8 Bos, Aleena	East Northum	23:30.44	8
9 McCauley, Madison	Frontenac SS	23:56.18	9
10 Guenette, Isabelle	Ange-Gabriel	24:21.84	10
11 Tran, Cambelle	Frontenac SS	24:26.03	11
12 Payne, Katy	Regiopolis-N	24:29.34	12
13 Ballance-Hinch, Vienna	Ndss	24:35.91	13
14 Andre, Sofia	Holy Cross C	25:01.38	14
15 Matheson, Veronika	Kingston Sec	25:01.96	15
16 Cheung, Ava	Holy Cross C	25:02.84	16
17 Best-Taylor, Addy	Holy Cross C	25:06.38	17
18 Bonneau, Miley	Smiths Falls	25:08.44	18
19 Jackson, Abigail	St. Mary - B	25:44.34	19
20 Rickard, Nara	Ndss	26:09.88	20
21 Harris, Jennilee	Pdci	26:17.94	21
22 Munroe, Lauren	Ndss	26:32.81	22
23 Lekx-Toniolo, Addy	North Grenvi	26:48.75	23
24 Funston, Sophie	Pdci	27:05.88	24
25 Kuipers, Meghan	Quinte Chris	27:27.34	25
26 Jiminez Krier, Emma	Loyalist Cvi	27:32.15	26
27 Martin, Ryann	North Grenvi	28:05.88	27
28 Schmidt, Abby	North Grenvi	28:13.97	28
29 Waite, Sophia	East Northum	28:59.09	29
30 Plumley, Elektra	Smiths Falls	29:02.03	30
31 Zhao, Elena	St. Mary - B	29:13.15	31
32 Stokes-Noonan, Dani	Holy Cross C	30:31.69	32
33 De Paz, Sara	Pdci	30:46.84	33
34 Roy, Violet	Frontenac SS	31:13.22	34
35 Compton, Dakota	North Grenvi	31:14.24	35
36 Edey, Jilliane	Pdci	34:36.31	36
37 Yantha, Kaylie	Madawaska Va	35:28.66	37
38 Bromfield, Alicia	East Northum	36:31.28	38
39 Shipp-Wiedersprecher, Zo	Kingston Sec	41:19.20	39

Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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**Fort Henry
Rankings**

....Event 3 Women 5k Run CC Junior

1	Frontenac SS - Kingston	30	4	6	9	11	34
	Total Time: 1:34:48.65						
	Average: 23:42.16						
2	Kingston Secondary School	58	1	3	15	39	
	Total Time: 1:48:14.31						
	Average: 27:03.58						
3	Ndss	60	5	13	20	22	
	Total Time: 1:40:31.07						
	Average: 25:07.77						
4	Holy Cross Css - Kingston	79	14	16	17	32	
	Total Time: 1:45:42.29						
	Average: 26:25.58						
5	Pdci	85	7	21	24	33	36
	Total Time: 1:47:30.19						
	Average: 26:52.55						
6	North Grenville Dhs - Kem	113	23	27	28	35	
	Total Time: 1:54:22.84						
	Average: 28:35.71						

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 4 Men 5k Run CC Junior**

Name	Year School	Finals	Points
1 Gregory, Jack	Ndss	16:25.00	1
2 Morrow, Kai	St. Joseph's	17:00.03	2
3 Dean, Rowan	North Grenvi	17:23.41	3
4 MacGregor, Cailan	Frontenac SS	17:40.06	4
5 McDougall, Owen	East Northum	18:34.62	5
6 Amador, Sebastian	Kingston Sec	18:55.31	6
7 Eddy, Chase	East Northum	19:04.84	7
8 White, Chris	Kingston Sec	19:13.97	8
9 Groeneveld, Noah	East Northum	19:35.38	9
10 Gillespie, Dylan	St. Joseph's	19:44.75	10
11 Boomhouwer, Nate	East Northum	19:51.97	11
12 Lawrence, Jacob	North Hastin	19:58.66	12
13 Bosso, Ryan	Kingston Sec	20:03.28	13
14 Shoniker, Carter	Bayridge S.S	20:37.31	14
15 Rodgers, Liam	LaSalle S.S.	20:41.72	15
16 James, Micah	Kingston Sec	20:42.06	16
17 Read, Liam	East Northum	20:50.62	17
18 Braun, Saki	Kingston Sec	21:23.34	18
19 Jackson, Oliver	Kingston Sec	21:25.12	19
20 Hudson, Alastair	Gananoque SS	21:56.66	20
21 Goodwin, Angus	Loyalist Cvi	22:07.78	21
22 Duncan, Eric	Pdci	22:11.00	22
23 Sponholz-Ruskin, Jonatha	Bayridge S.S	22:12.94	23
24 Kovacs, Orion	East Northum	22:14.75	24
25 Snoek, Gideon	Quinte Chris	23:04.56	25
26 Holliday, Liam	Regiopolis-N	23:33.47	26
27 Porter-Windsor, Dustin	Smiths Falls	23:41.00	27
28 Trescher, Jon	East Northum	23:52.62	28
29 Abuelyazed, Yamen	Frontenac SS	24:08.06	29
30 Galt, Tony	Smiths Falls	25:27.69	30
31 Martinez, David	Regiopolis-N	25:32.91	31
32 Flood-Graham, Cale	East Northum	26:24.56	32
33 Belles, Ayden	Gananoque SS	26:43.81	33
34 Blank, Brandon	Madawaska Va	26:48.88	34
35 Leger, Michael	Regiopolis-N	27:56.34	35
36 Williams, Josh	East Northum	28:10.94	36
37 Reeves, Dom	LaSalle S.S.	28:29.66	37
38 Allen, Gavin	East Northum	28:29.87	38
39 Hanlon, Leo	Holy Cross C	29:35.03	39
40 Nicholson, Aidan	Ndss	29:35.96	40
41 MacGregor, Hamish	Bayridge S.S	29:36.46	41
42 Smith, Sam	Bayridge S.S	29:46.53	42
43 Saulnier, Ben	Bayridge S.S	29:53.31	43
44 Smith, Nate	Pdci	31:29.62	44
45 Feyen, Jon	East Northum	33:57.97	45
46 Verge, Miles	Pdci	39:59.94	46
47 Dafoe, Russell	North Grenvi	40:13.32	47

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 5 Women 6k Run CC Senior**

Name	Year School	Finals	Points
1 Hamilton, Claire	Holy Cross C	22:58.78	1
2 Bowman, Brynn	Gananoque SS	24:35.25	2
3 Wells, Tova	Kingston Sec	24:45.97	3
4 Tait, Cadence	East Northum	26:06.69	4
5 Collins, Amy	North Grenvi	26:39.50	5
6 Kennedy, Tara	Loyalist Cvi	27:08.22	6
7 Parent, Sara	E.S.P. Marc-Garneau	27:17.12	7
8 LeBlanc, Ella	Holy Cross C	27:48.88	8
9 Irwin, Sarah	Holy Cross C	27:57.97	9
10 Smith, Meghan	Kingston Sec	28:01.22	10
11 Jimenez Jimenez, Ainhoa	Frontenac SS	28:09.09	11
12 Turcotte, Cadia	Smiths Falls	28:16.97	12
13 Grier, Macey	Gananoque SS	28:25.81	13
14 Burnette, Willow	North Grenvi	28:30.75	14
15 Brown, Meredith	Frontenac SS	28:32.84	15
16 Leeder, Reece	LaSalle S.S.	28:41.18	16
17 Ellacott, Chelsea	Mille-iles	28:51.94	17
18 Leeder, Jocelyn	LaSalle S.S.	29:09.00	18
19 Kenney, Anna	Holy Cross C	29:24.25	19
20 McKinley, Kate	Holy Cross C	29:32.18	20
21 Serson, Olivia	Frontenac SS	29:35.66	21
22 Christmann, Clara	Loyalist Cvi	29:41.94	22
23 Alguire, Kiarah	Holy Cross C	30:15.41	23
24 Naylor, Hannah	St. Theresa	30:19.25	24
25 Kenney, Emily	Holy Cross C	30:39.28	25
26 Everson, Jordyn	Ndss	31:02.53	26
27 Gardner, Elenya	Kingston Sec	31:04.91	27
28 Zufelt-McCulloch, Tia	Gananoque SS	31:35.62	28
29 Winsor, Grace	LaSalle S.S.	31:54.59	29
30 Robichaud, Lyla	Frontenac SS	31:58.62	30
31 Dionne, Rosabella	E.S.P. Marc-Garneau	32:23.75	31
32 Hall, Abegail	Regiopolis-N	32:35.47	32
33 Patterson, Penny	Pdci	32:39.88	33
34 Warren, Claire	Gananoque SS	33:07.25	34
35 Finlayson, Cameron	North Grenvi	33:08.56	35
36 Weber, Sophie	Frontenac SS	33:16.94	36
37 Allen, Claire	Kingston Sec	33:20.41	37
38 Beliveau-Hebert, Amy	Regiopolis-N	33:31.31	38
39 Fergusson, Sydney	North Hastin	33:46.03	39
40 Garswood, Heidi	St. Mary - B	34:11.88	40
41 Bohrson, Willow	East Northum	34:31.81	41
42 Spear, Teagan	North Grenvi	34:40.50	42
43 Huffman, Maddie	North Grenvi	34:51.06	43
44 Johnson, Brynn	North Grenvi	34:51.34	44
45 Creighton, Elizabeth	Frontenac SS	35:21.53	45
46 Snowdon, Presley	Loyalist Cvi	37:45.06	46
47 De Luca, Elena	East Northum	37:51.69	47
48 O'Gorman, Sarah	Holy Cross C	38:15.88	48
49 Knapp, Beatrice	Smiths Falls	38:31.25	49
50 Hossie, Juliana	North Grenvi	39:41.75	50
51 Lethan, Karen	Frontenac SS	39:59.53	51

Kingston Invitational XC Meet - 2023-09-27**2023****Fort Henry
Rankings****Event 6 Men 6k Run CC Senior**

Name	Year School	Finals	Points
1 Gaffney, Travis	St. Mary - B	19:13.15	1
2 Witham, Jackson	St. Mary - B	19:19.72	2
3 Levac, Parker	Smiths Falls	19:29.00	3
4 Kyle, Brady	Regiopolis-N	21:37.66	4
5 Blaine, Macauley	Glengarry Dh	21:43.78	5
6 Rider, Nolan	Kingston Sec	21:58.06	6
7 Leroux, Lukas	North Grenvi	22:13.25	7
8 Watkins, Jake	North Grenvi	22:17.00	8
9 Flynn, Jack	Kingston Sec	22:27.44	9
10 Lavictoire, Ethan	St. Joseph's	22:33.12	10
11 Pananchickal, Aaron	Holy Cross C	22:41.09	11
12 Ferguson, Mason	Frontenac SS	22:51.15	12
13 Hopkins, Garret	Kingston Sec	22:51.50	13
14 Molenhuis, Aidan	East Northum	22:52.02	14
15 Miklos, Ethan	East Northum	22:52.46	15
16 Noreau, Dominic	East Northum	23:15.53	16
17 Hendry, Adam	Kingston Sec	23:18.12	17
18 Wilson, Josh	Frontenac SS	23:18.50	18
19 Huddleston, Jordan	Frontenac SS	23:34.88	19
20 Geens, Carter	East Northum	23:37.50	20
21 Vanegas, Samuel	St. Joseph's	23:39.34	21
22 Hill, Stephen	North Hastin	23:41.44	22
23 Pitcher-Bond, Owen	Frontenac SS	23:50.75	23
24 Ewing, Jacob	Bayridge S.S	24:15.00	24
25 Howlett, James	Holy Cross C	24:19.25	25
26 Howlett, Ryan	Holy Cross C	24:22.34	26
27 Gelsthorpe, Kadan	St. Theresa	24:33.75	27
28 Huntington, Vince	St. Mary - B	24:34.43	28
29 Leeder, Hayden	LaSalle S.S.	24:35.81	29
30 MacKenzie, Evan	North Grenvi	24:47.59	30
31 Sparkes, Ethan	Loyalist Cvi	24:51.44	31
32 Down, Christopher	St. Theresa	24:59.44	32
33 Forgues-Arguin, Noah	LaSalle S.S.	25:12.69	33
34 Bergeron, Lucas	North Grenvi	25:15.38	34
35 Kingsbury, Simon	Holy Cross C	25:16.75	35
36 Dart, Ethan	Holy Cross C	25:29.00	36
37 Cooley, Kirk	Loyalist Cvi	25:33.59	37
38 Robles Allaby, Diego	North Grenvi	25:45.12	38
39 Cochrane, Liam	North Grenvi	25:46.21	39
40 Das, Pranjol	Kingston Sec	25:49.38	40
41 McCarell, Daniel	St. Theresa	25:52.06	41
42 Calder, Caelan	North Hastin	25:55.78	42
43 Mallette, Ethan	St. Mary - B	25:56.37	43
44 Oddie, Asher	Loyalist Cvi	25:58.28	44
45 Fletcher, Desmond	E.S.P. Marc-Garneau	26:03.44	45
46 Wamboldt, Jacob	East Northum	26:31.94	46
47 Barker, Casey	East Northum	26:32.62	47
48 Turner, Owen	East Northum	26:38.88	48
49 Burgess, Todd	East Northum	26:46.03	49
50 Pierson, Jonny	Ernestown - Odessa	26:46.59	50
51 Taylor, Aidan	Gananoque SS	26:50.69	51

