

London, ON
2023 VIGARS & SALTER WESTERN CROSS
 Thames Valley Golf Course
 Western Mustangs
 2023-09-23

Meet Director:
 Bob Vigars
Meet Referee:
 Guy Schultz
Timing:
 SportMadeSimple



Race #1 WOMEN • 8 Kilometers (4.97 Miles)	FINAL RESULTS
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TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	
1	UBC Thunderbirds	17	1-2-3-5-6(18)(47)	2:29:48
2	Western Mustangs	75	8-11-12-16-28(45)(63)(72)(81)(86)(95)(96)	2:33:46
3	SFX X-Women	116	9-13-20-36-38(52)	2:35:57
4	McMaster Marauders	117	7-10-23-34-43(49)(79)(85)(88)(91)(94)(116)	2:35:55
5	Queens Gaels	157*	19-22-24-42-50(58)(59)(60)(109)	2:38:44
6	Guelph Gryphons	157*	4-17-39-46-51(66)(68)(71)(80)(92)(99)(108)	2:38:31
7	Montreal Carabins	159	25-26-30-37-41(44)(75)(112)	2:38:29
8	Windsor Lancers	186	14-15-21-62-74(84)(97)(98)(114)	2:39:33
9	Toronto Varsity Blues	248	35-48-54-55-56(57)(77)(78)(89)(101)(103)(106)	2:43:17
10	UNB Reds	269	29-32-33-70-105	2:43:31
11	McGill Martlets	307	27-53-67-73-87(104)	2:45:33
12	Waterloo Warriors	312	31-40-69-82-90(102)(110)(119)	2:45:16
13	Brock Badgers	431	64-76-83-93-115(117)	2:51:54
14	Laurentian Voyageurs	455	61-65-100-111-118(120)(122)	2:53:53
15	Nipissing Lakers	588	107-113-121-123-124	3:08:21

***Tiebreakers**

Queens Gaels	19	22	24	42	50	58	59	60	109
Guelph Gryphons	4	17	39	46	51	66	68	71	80 92 99 108

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
1	BECKER, Kyla	E4	120	UBC Thunderbirds	1	29:37.0	---	5:57.5
2	MORTIMER, Rachel	E2	123	UBC Thunderbirds	2	29:56.6	20.6	6:01.5
3	NEWLOVE, Katie	E3	124	UBC Thunderbirds	3	29:57.3	21.3	6:01.6
4	ORMOND, Cameron	E4	29	Guelph Gryphons	4	30:01.5	25.5	6:02.5
5	BECKETT, Marley	E5	121	UBC Thunderbirds	5	30:07.4	31.4	6:03.6
6	MACGILLIVRAY, Holly	E3	122	UBC Thunderbirds	6	30:09.6	33.6	6:04.1
7	GOODJOHN, Hannah	E4	65	McMaster Marauders	7	30:14.9	38.9	6:05.2
8	JORDAN, Erika	E3	151	Western Mustangs	8	30:15.7	39.7	6:05.3
9	BENOIT, Eileen	E3	96	SFX X-Women	9	30:20.0	43.0	6:06.2
10	BARRETT, Rosalyn	E3	61	McMaster Marauders	10	30:25.2	49.2	6:07.2
11	CARRUTHERS, Anna	E4	145	Western Mustangs	11	30:26.8	50.8	6:07.6
12	COUTTS, Chloe	E3	147	Western Mustangs	12	30:30.1	54.1	6:08.2
13	SANDBLUCK, Allie	E3	101	SFX X-Women	13	30:32.2	56.2	6:08.6
14	BYKOWSKI, Janelle	E1	155	Windsor Lancers	14	30:39.1	1:03.1	6:10.0
15	LARUE, Nicole	E4	162	Windsor Lancers	15	30:45.8	1:09.8	6:11.4
16	COUTTS, Sophie	E3	148	Western Mustangs	16	30:57.0	1:20.0	6:13.6
17	AGOSTINELLI, Julia	E3	19	Guelph Gryphons	17	31:03.4	1:27.4	6:14.9
18	PFOHL, Amelia	E3	125	UBC Thunderbirds	18	31:08.7	1:32.7	6:16.0
19	LOWTHER, Lauren	E4	90	Queens Gaels	19	31:09.3	1:33.3	6:16.1
20	CANNING, Mairin	E3	97	SFX X-Women	20	31:12.0	1:35.0	6:16.7
21	QUANZ, Samara	E3	166	Windsor Lancers	21	31:18.5	1:42.5	6:18.0
22	VROOM, Elizabeth	E2	94	Queens Gaels	22	31:19.6	1:43.6	6:18.2
23	LAMB, Victoria	E3	66	McMaster Marauders	23	31:21.1	1:45.1	6:18.5
24	GRAHAM, Emma	E3	88	Queens Gaels	24	31:21.6	1:45.6	6:18.6
25	DE COENE, Elodie	E5	76	Montreal Carabins	25	31:25.1	1:49.1	6:19.3
26	GARNIER, Marine	E5	78	Montreal Carabins	26	31:26.0	1:49.0	6:19.5
27	RASHID-COCKER, Sophia	E3	58	McGill Martlets	27	31:34.4	1:58.4	6:21.1
28	GUGA, Sandra	E4	150	Western Mustangs	28	31:36.6	2:00.6	6:21.6
29	BAGGLEY, Olivia	R	126	UNB Reds	29	31:39.4	2:03.4	6:22.2
30	ROYAL, Juliane	E3	80	Montreal Carabins	30	31:40.5	2:04.5	6:22.4
31	CLARK, Hillary	E4	132	Waterloo Warriors	31	31:41.1	2:05.1	6:22.5
32	RODRIGUES, Sierra	E2	130	UNB Reds	32	31:41.7	2:05.7	6:22.6

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
33	BERNHARD, Georgia	E2	127	UNB Reds	33	31:43.2	2:07.2	6:22.9
34	OVERHOLT, Kayla	E3	69	McMaster Marauders	34	31:47.5	2:11.5	6:23.8
35	BOSTON, E.J.	E3	104	Toronto Varsity Blues	35	31:48.1	2:12.1	6:23.9
36	LEE, Caden	E2	99	SFX X-Women	36	31:55.5	2:19.5	6:25.4
37	GAL, Klara	R	77	Montreal Carabins	37	31:56.4	2:20.4	6:25.6
38	CARREAU, Eve	E2	98	SFX X-Women	38	31:57.2	2:21.2	6:25.7
39	HARTNELL, Nicole	R	23	Guelph Gryphons	39	31:59.5	2:23.5	6:26.2
40	BREEDON, Paige	E2	131	Waterloo Warriors	40	31:59.7	2:23.7	6:26.2
41	BOUFFARD, Marie-Pierre	E3	73	Montreal Carabins	41	32:00.7	2:24.7	6:26.4
42	PERRY, Robyn	E2	91	Queens Gaels	42	32:05.7	2:29.7	6:27.5
43	MADSEN, Ella	R	68	McMaster Marauders	43	32:05.9	2:29.9	6:27.5
44	POIRIER, Myriam	E5	79	Montreal Carabins	44	32:06.1	2:30.1	6:27.5
45	DENOMME, Kate	E4	149	Western Mustangs	45	32:07.1	2:31.1	6:27.7
46	TENNANT, Mary	E3	49	Laurier Golden Hawks	--	32:33.7	2:57.7	6:33.1
47	PESTONJI, Maeve	E2	30	Guelph Gryphons	46	32:37.7	3:01.7	6:33.9
48	FLEMING, Elyse	E3	60	UBC Thunderbirds	47	32:39.0	3:02.0	6:34.2
49	ESPOSITO, Christina	E4	107	Toronto Varsity Blues	48	32:41.2	3:05.2	6:34.6
50	BATTAMS, Mikayla	E2	62	McMaster Marauders	49	32:42.4	3:06.4	6:34.8
51	BULLOCK, Madelyn	E4	86	Queens Gaels	50	32:47.7	3:11.7	6:35.9
52	LAM-COLLING, Jardine	E1	26	Guelph Gryphons	51	32:49.1	3:13.1	6:36.2
53	RASMUSSEN, Taylor	E3	100	SFX X-Women	52	32:50.5	3:14.5	6:36.5
54	MATHESON, Sienna	R	56	McGill Martlets	53	32:53.3	3:17.3	6:37.0
55	LUEDKE, Sarah	E3	109	Toronto Varsity Blues	54	32:55.3	3:19.3	6:37.4
56	TUCKER, Annemieke	E3	116	Toronto Varsity Blues	55	32:55.6	3:19.6	6:37.5
57	WHITE, Sarah	E2	119	Toronto Varsity Blues	56	32:56.2	3:20.2	6:37.6
58	MACDONALD, Samantha	E2	110	Toronto Varsity Blues	57	32:58.6	3:22.6	6:38.1
59	SHEARING, Fiona	E2	92	Queens Gaels	58	33:00.6	3:24.6	6:38.5
60	WHITE, Elizabeth	E2	95	Queens Gaels	59	33:02.4	3:26.4	6:38.9
61	TAYLOR, Katherine	E3	93	Queens Gaels	60	33:06.9	3:30.9	6:39.8
62	MROZEWSKI, Kristen	E3	42	Laurentian Voyageurs	61	33:07.9	3:31.9	6:40.0
63	OLLA, Joelle	E2	164	Windsor Lancers	62	33:09.7	3:33.7	6:40.3
64	POWER, Brooke	R	153	Western Mustangs	63	33:10.1	3:34.1	6:40.4

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
65	MACSAI, Lauren	E3	16	Brock Badgers	64	33:10.4	3:34.4	6:40.5
66	MOZZON, Angela	E4	41	Laurentian Voyageurs	65	33:10.6	3:34.6	6:40.5
67	STAPLETON, Leah	R	33	Guelph Gryphons	66	33:14.9	3:38.9	6:41.4
68	FITZPATRICK, Arowyn	R	53	McGill Martlets	67	33:19.7	3:43.7	6:42.3
69	WHEELER, Grace	R	34	Guelph Gryphons	68	33:22.9	3:46.9	6:43.0
70	VANLEEUEWEN, Olivia	E3	139	Waterloo Warriors	69	33:25.0	3:48.0	6:43.4
71	GONCALVES, Ava	R	128	UNB Reds	70	33:28.8	3:52.8	6:44.2
72	DAVIS, Haley	E2	20	Guelph Gryphons	71	33:31.9	3:55.9	6:44.8
73	KNELSEN, Hallee	E3	152	Western Mustangs	72	33:32.0	3:55.0	6:44.8
74	LANCTOT, Marianne	R	55	McGill Martlets	73	33:36.8	4:00.8	6:45.8
75	HANDY, Kaitlyn	E2	160	Windsor Lancers	74	33:39.6	4:03.6	6:46.4
76	BOYER, Meredith	R	74	Montreal Carabins	75	33:39.7	4:03.7	6:46.4
77	ADAMO, Robyn	E5	11	Brock Badgers	76	33:44.8	4:08.8	6:47.4
78	DABOUS, Joud	E2	105	Toronto Varsity Blues	77	33:47.0	4:10.0	6:47.8
79	NICKEL, Alexandra	R	112	Toronto Varsity Blues	78	33:50.4	4:14.4	6:48.5
80	CAMPAGNA, Kaitlin	R	63	McMaster Marauders	79	33:53.2	4:17.2	6:49.1
81	ROBINSON, Catherine	E2	31	Guelph Gryphons	80	33:53.8	4:17.8	6:49.2
82	COUSINEAU, Grace	R	146	Western Mustangs	81	33:55.1	4:19.1	6:49.5
83	SYMON, Eliot	E3	138	Waterloo Warriors	82	33:55.3	4:19.3	6:49.5
84	HUSTON, Madelyn	E5	14	Brock Badgers	83	33:56.5	4:20.5	6:49.7
85	MOONEY, Meg	E4	163	Windsor Lancers	84	33:58.1	4:22.1	6:50.1
86	YEMEN, Jessica	E1	72	McMaster Marauders	85	34:01.9	4:25.9	6:50.8
87	STAPOR, Skye	R	154	Western Mustangs	86	34:04.7	4:28.7	6:51.4
88	CHENAIL, Noemie	R	51	McGill Martlets	87	34:08.1	4:32.1	6:52.1
89	TICHBOURNE, Kara	R	70	McMaster Marauders	88	34:11.8	4:35.8	6:52.8
90	BERUBE BOUTIN, Julia	E3	102	Toronto Varsity Blues	89	34:14.3	4:38.3	6:53.3
91	DAVIS, Abbey	E3	133	Waterloo Warriors	90	34:15.0	4:38.0	6:53.5
92	MACASKILL, Olivia	E4	67	McMaster Marauders	91	34:15.2	4:39.2	6:53.5
93	MAY, Anna	R	27	Guelph Gryphons	92	34:16.2	4:40.2	6:53.7
94	MACSAI, Cori	E3	15	Brock Badgers	93	34:20.4	4:44.4	6:54.6
95	TROTT, Sophie	R	71	McMaster Marauders	94	34:21.7	4:45.7	6:54.8
96	BOTTOMLEY, Ella	R	143	Western Mustangs	95	34:22.3	4:46.3	6:54.9

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
97 ALLEN, Kira	E2	142	Western Mustangs	96	34:24.8	4:48.8	6:55.4
98 ZINN, Alyssa	R	50	Laurier Golden Hawks	--	34:25.5	4:49.5	6:55.6
99 HANEY, Rebecca	R	161	Windsor Lancers	97	34:25.5	4:49.5	6:55.6
100 CASTILLO, Karen	R	156	Windsor Lancers	98	34:27.0	4:50.0	6:55.9
101 SANDOR, Maria	E2	32	Guelph Gryphons	99	34:30.1	4:54.1	6:56.5
102 KUSNIERCZYK, Meredith	E3	38	Laurentian Voyageurs	100	34:32.5	4:56.5	6:57.0
103 VUCKOVIC, Katherine	E2	117	Toronto Varsity Blues	101	34:33.6	4:57.6	6:57.2
104 CECCANESE, Tegan	R	45	Laurier Golden Hawks	--	34:39.6	5:03.6	6:58.4
105 SCHINDLER, Nicole	E3	136	Waterloo Warriors	102	34:43.0	5:06.0	6:59.1
106 WANG, Yiru	E1	118	Toronto Varsity Blues	103	34:44.7	5:08.7	6:59.4
107 KYLE, Kiyomi	R	54	McGill Martlets	104	34:47.4	5:11.4	7:00.0
108 MAY, Halle	E2	129	UNB Reds	105	34:58.2	5:22.2	7:02.2
109 ROTHENBROKER, Meghan	E3	114	Toronto Varsity Blues	106	35:07.4	5:31.4	7:04.0
110 DRENTH, Emily	E1	81	Nipissing Lakers	107	35:12.0	5:35.0	7:04.9
111 MUNRO, Grace	E2	28	Guelph Gryphons	108	35:15.7	5:39.7	7:05.7
112 KUSZAJ, Laura	E3	25	Guelph Gryphons	--	35:22.5	5:46.5	7:07.0
113 CASH, Christine	E1	87	Queens Gaels	109	35:30.2	5:54.2	7:08.6
114 BOYLE, Veronica	R	144	Western Mustangs	--	35:49.8	6:13.8	7:12.6
115 MOLLOY, Emma	R	135	Waterloo Warriors	110	35:50.5	6:14.5	7:12.7
116 KENNY, Dale	R	24	Guelph Gryphons	--	35:52.2	6:16.2	7:13.0
117 BOOTH, Sarah	E3	36	Laurentian Voyageurs	111	36:07.7	6:31.7	7:16.1
118 COLGAN, Valery	E2	75	Montreal Carabins	112	36:19.7	6:43.7	7:18.6
119 GRAVELLE, Blaise	E1	83	Nipissing Lakers	113	36:24.1	6:48.1	7:19.4
120 FORTIER, Natalie	R	158	Windsor Lancers	114	36:35.5	6:59.5	7:21.7
121 GAY, Elizabeth	E1	13	Brock Badgers	115	36:41.7	7:05.7	7:23.0
122 ESAU, Emma	R	64	McMaster Marauders	116	36:48.5	7:12.5	7:24.4
123 MAK, Julie	E2	17	Brock Badgers	117	36:51.2	7:15.2	7:24.9
124 GRENIER, Charlotte	R	37	Laurentian Voyageurs	118	36:53.8	7:17.8	7:25.4
125 VERNON-POPE, Claire	E3	140	Waterloo Warriors	119	36:57.9	7:21.9	7:26.2
126 CHANNELL, Grace	E2	46	Laurier Golden Hawks	--	37:34.1	7:58.1	7:33.5
127 MAILLET, Abbey	E4	40	Laurentian Voyageurs	120	37:44.9	8:08.9	7:35.7
128 DUFFY, Chanell	R	82	Nipissing Lakers	121	37:55.1	8:19.1	7:37.7

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
129 LANTEIGNE, Abby	E1	39	Laurentian Voyageurs	122	38:21.5	8:45.5	7:43.1
130 SCHWEYER, Jaime	E4	85	Nipissing Lakers	123	38:33.2	8:57.2	7:45.4
131 SCHOLZ, Sina	E3	84	Nipissing Lakers	124	40:16.5	10:40.5	8:06.2
132 BOGDANI, Grace	E1	103	Toronto Varsity Blues	--	40:28.9	10:52.9	8:08.7
PERKINS, Lauren	E5	165	Windsor Lancers	--			---
LAFAYETTE, Piper	E4	47	Laurier Golden Hawks	--			---
GODLEWSKI, Agatha	E2	159	Windsor Lancers	--			---
ROCHON, Gabrielle	E1	59	McGill Martlets	--	DNS		---
GRAY, Michelle	E2	22	Guelph Gryphons	--			---
CIEPIELEWSKI, Ania	E2	12	Brock Badgers	--	DNS		---
COURVILLE, Sophie	E2	52	McGill Martlets	--	DNS		---
STEIGER, Adeline	E2	18	Brock Badgers	--	DNS		---
ARENA, Sabrina	E2	43	Laurier Golden Hawks	--	DNS		---
BEACH, Nicole	E3	44	Laurier Golden Hawks	--	DNS		---
ROBINSON, Maya	E2	48	Laurier Golden Hawks	--	DNS		---
LANE, Ella	E2	89	Queens Gaels	--	DNS		---
FODOR, Ana-Maria	R	157	Windsor Lancers	--	DNS		---
DEMEDEIROS, Liana	E1	106	Toronto Varsity Blues	--	DNS		---
LEVASSEUR, Sophie	E3	108	Toronto Varsity Blues	--	DNS		---
MUNGER, Lila	E1	111	Toronto Varsity Blues	--	DNS		---
NOLET, Claire	E1	113	Toronto Varsity Blues	--	DNS		---
ROY-BEAUSOLEIL, Audrey	E1	115	Toronto Varsity Blues	--	DNS		---
HEENEY, Claudia	E3	134	Waterloo Warriors	--	DNS		---
SWEENEY, Paige	E2	137	Waterloo Warriors	--	DNS		---
VINCENT, Chloe	R	141	Waterloo Warriors	--	DNS		---
EASTWOOD, Gabriella	E3	21	Guelph Gryphons	--	DNS		---
WHITFORD, Nina	E5	35	Guelph Gryphons	--	DNS		---

Race #2
MEN • 8 Kilometers (4.97 Miles)

FINAL RESULTS

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total
1	Queens Gaels	54	5-7-12-13-17(27)(31)(37)(40)(83)	2:08:49
2	UBC Thunderbirds	57	2-8-10-18-19(48)	2:08:42
3	Guelph Gryphons	69	1-4-20-21-23(24)(29)(41)(60)(93)(109)	2:09:06
4	UNB Reds	144	3-25-30-36-50(68)(82)(100)	2:11:54
5	SFX X-Men	173	22-26-33-39-53	2:13:22
6	Western Mustangs	179	11-14-45-54-55(56)(57)(61)(73)(77)(87)(105)	2:13:21
7	McGill Redbirds	205	15-16-42-65-67(72)(84)(139)	2:14:11
8	McMaster Marauders	212	34-38-44-47-49(51)(62)(74)(76)(85)(89)(98)	2:14:52
9	Toronto Varsity Blues	279	28-32-63-75-81(88)(104)(107)(113)(117)(134)	2:16:09
10	Lakehead Thunderwolves	310	35-52-59-70-94(102)(108)	2:17:17
11	Windsor Lancers	324	9-46-78-95-96(101)(114)(126)	2:17:43
12	Montreal Carabins	326	6-64-80-86-90(92)(97)(103)(127)(138)	2:17:16
13	Brock Badgers	383	43-58-79-91-112(121)(123)(136)(145)	2:19:58
14	Waterloo Warriors	519	69-99-111-115-125(128)(129)(133)(147)	2:25:13
15	Laurentian Voyageurs	540	71-106-119-120-124(132)(144)(146)	2:26:00
16	Laurier Golden Hawks	568	66-116-118-131-137(141)	2:28:20
17	Nipissing Lakers	669	122-130-135-140-142(143)	2:33:52

INDIVIDUAL RESULTS

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
1 BANNON, Nicholas	E5	179	Guelph Gryphons	1	25:05.0	---	5:02.8
2 DAVIES, Andrew	E5	294	UBC Thunderbirds	2	25:08.0	3.0	5:03.4
3 HOWSE, Jared	E3	304	UNB Reds	3	25:11.2	7.2	5:04.1
4 DAVIES, Max	E3	181	Guelph Gryphons	4	25:13.2	9.2	5:04.4
5 WHEELER-DEE, Jude	E3	271	Queens Gaels	5	25:17.1	13.1	5:05.2
6 LAVIOLETTE, Thomas	E3	252	Montreal Carabins	6	25:22.2	18.2	5:06.3

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
7	BRACKENBURY, Miles	E4	262	Queens Gaels	7	25:27.8	23.8	5:07.4
8	PERRIER, John	E5	297	UBC Thunderbirds	8	25:31.1	27.1	5:08.1
9	FITZPATRICK, Jacob	E4	332	Windsor Lancers	9	25:34.5	30.5	5:08.7
10	TIWANA, Jaiveer	E3	299	UBC Thunderbirds	10	25:45.3	41.3	5:10.9
11	FOX, Ben	E3	321	Western Mustangs	11	25:49.7	45.7	5:11.8
12	MIRONOV, Roman	E3	266	Queens Gaels	12	25:59.7	55.7	5:13.8
13	COX, Will	E4	263	Queens Gaels	13	26:01.3	57.3	5:14.1
14	SCHEELE, Marcel	E4	329	Western Mustangs	14	26:02.4	58.4	5:14.3
15	WINDISCH, Thomas	E5	229	McGill Redbirds	15	26:02.4	58.4	5:14.4
16	STANLEY, Jack	E4	227	McGill Redbirds	16	26:02.9	58.9	5:14.4
17	SKINNER, Angus	R	270	Queens Gaels	17	26:02.9	58.9	5:14.5
18	SCHIMMELPENNINCK, Sacha	E2	298	UBC Thunderbirds	18	26:04.9	1:00.9	5:14.9
19	MILLER, Riley	E5	296	UBC Thunderbirds	19	26:12.6	1:08.6	5:16.4
20	RACHNER, Christian	E3	188	Guelph Gryphons	20	26:12.9	1:08.9	5:16.5
21	NOWBOTSING, Rohan	E4	186	Guelph Gryphons	21	26:15.3	1:11.3	5:16.9
22	O'CONNELL, Jack	E2	275	SFX X-Men	22	26:16.1	1:12.1	5:17.1
23	POCCHI, Gaetano	E2	187	Guelph Gryphons	23	26:18.9	1:14.9	5:17.7
24	LEHTO, Jack	E2	183	Guelph Gryphons	24	26:19.9	1:15.9	5:17.9
25	BOYLE, William	E3	301	UNB Reds	25	26:22.5	1:18.5	5:18.4
26	GALLANT, Joel	E2	272	SFX X-Men	26	26:23.0	1:18.0	5:18.5
27	RASHID-COCKER, Ethan	R	269	Queens Gaels	27	26:25.1	1:21.1	5:18.9
28	RAFTIS, Brandon	E4	291	Toronto Varsity Blues	28	26:25.5	1:21.5	5:19.0
29	SCHMIDT, Adam	E4	189	Guelph Gryphons	29	26:28.7	1:24.7	5:19.6
30	KEAN, Mitch	E4	305	UNB Reds	30	26:29.5	1:25.5	5:19.8
31	HUEGLIN, Tanner	E2	265	Queens Gaels	31	26:31.5	1:27.5	5:20.2
32	FRANGOS, Zach	E3	282	Toronto Varsity Blues	32	26:34.0	1:29.0	5:20.7
33	GALLANT, Luc	E5	273	SFX X-Men	33	26:36.4	1:32.4	5:21.2
34	BRAR, Kamran	R	231	McMaster Marauders	34	26:38.3	1:34.3	5:21.6
35	LEHMAN, Andrew	E3	194	Lakehead Thunderwolves	35	26:39.2	1:35.2	5:21.8
36	CULL, Isaac	E5	302	UNB Reds	36	26:41.5	1:37.5	5:22.2
37	MISKE, Ben	E3	267	Queens Gaels	37	26:46.1	1:42.1	5:23.1
38	LASHLEY, Connor	E3	233	McMaster Marauders	38	26:53.2	1:49.2	5:24.6

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
39	GAMBLE, Griffin	R	274	SFX X-Men	39	26:54.4	1:50.4	5:24.8
40	HAYES, Jackson	E2	264	Queens Gaels	40	26:55.6	1:51.6	5:25.1
41	MILLS, Charles	R	185	Guelph Gryphons	41	26:56.5	1:52.5	5:25.2
42	JACQUES, Jerome	E2	225	McGill Redbirds	42	27:01.6	1:57.6	5:26.3
43	DI FELICE, Marco	E1	172	Brock Badgers	43	27:02.3	1:58.3	5:26.4
44	VADEIKA, Lukas	E2	242	McMaster Marauders	44	27:03.2	1:59.2	5:26.6
45	GILL, Satveer	R	322	Western Mustangs	45	27:04.1	2:00.1	5:26.8
46	MAHWHINNEY, Luke	E4	335	Windsor Lancers	46	27:06.0	2:01.0	5:27.1
47	MULKEWICH, Noah	E3	238	McMaster Marauders	47	27:08.2	2:04.2	5:27.6
48	DWYER, Liam	E4	295	UBC Thunderbirds	48	27:08.3	2:04.3	5:27.6
49	WEIST, William	E2	243	McMaster Marauders	49	27:09.4	2:05.4	5:27.8
50	RICHTER, Sam	R	307	UNB Reds	50	27:09.6	2:05.6	5:27.9
51	ORMSBY, Jack	E2	239	McMaster Marauders	51	27:10.6	2:06.6	5:28.1
52	MCDONOUGH, Will	E4	196	Lakehead Thunderwolves	52	27:11.5	2:07.5	5:28.3
53	PATTERSON, Liam	E2	276	SFX X-Men	53	27:11.6	2:07.6	5:28.3
54	KLASSEN, Eric	E4	323	Western Mustangs	54	27:11.9	2:07.9	5:28.3
55	KOYANAGI, Kyle	E4	324	Western Mustangs	55	27:12.6	2:08.6	5:28.5
56	PARKES, Owen	R	325	Western Mustangs	56	27:14.8	2:10.8	5:28.9
57	ROYCE, Mark	E3	327	Western Mustangs	57	27:17.5	2:13.5	5:29.5
58	IANNARELLI, Isaac	E3	174	Brock Badgers	58	27:17.5	2:13.5	5:29.5
59	DOBSON, Jett	E3	193	Lakehead Thunderwolves	59	27:17.8	2:13.8	5:29.5
60	FERRI, Dylan	E2	182	Guelph Gryphons	60	27:19.4	2:15.4	5:29.8
61	BOERS, Tom	E2	319	Western Mustangs	61	27:19.5	2:15.5	5:29.9
62	PATRICK, Samuel	R	240	McMaster Marauders	62	27:20.1	2:16.1	5:30.0
63	PRALAT, Adam	E2	290	Toronto Varsity Blues	63	27:23.4	2:19.4	5:30.7
64	GARON, Emile	E2	249	Montreal Carabins	64	27:28.6	2:24.6	5:31.7
65	CHAPPLE, Devin	E3	222	McGill Redbirds	65	27:30.2	2:26.2	5:32.0
66	YOUNG, Ian	E3	219	Laurier Golden Hawks	66	27:30.8	2:26.8	5:32.1
67	BURG, Jeremy	E4	221	McGill Redbirds	67	27:33.6	2:29.6	5:32.7
68	EBERTS, Quinn	E3	303	UNB Reds	68	27:34.2	2:30.2	5:32.8
69	DEAN, Cameron	E4	311	Waterloo Warriors	69	27:38.8	2:34.8	5:33.7
70	BUXTON, Leif	E3	192	Lakehead Thunderwolves	70	27:38.9	2:34.9	5:33.8

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
71	WALLINGFORD, Keon	E3	207	Laurentian Voyageurs	71	27:39.3	2:35.3	5:33.9
72	ADAMS, Sean	R	220	McGill Redbirds	72	27:41.0	2:36.0	5:34.2
73	SANDERS, Justin	E3	328	Western Mustangs	73	27:41.9	2:37.9	5:34.4
74	MCGOEY, Austin	R	235	McMaster Marauders	74	27:43.8	2:39.8	5:34.8
75	MCLEAN, Jacob	R	286	Toronto Varsity Blues	75	27:49.4	2:45.4	5:35.9
76	MCINTYRE, Joseph	R	236	McMaster Marauders	76	27:50.0	2:45.0	5:36.0
77	BEMBENEK, Jakub	E2	318	Western Mustangs	77	27:52.1	2:48.1	5:36.4
78	POPESCU, Paul	E3	337	Windsor Lancers	78	27:52.3	2:48.3	5:36.5
79	DICK, Joseph	E5	173	Brock Badgers	79	27:52.9	2:48.9	5:36.6
80	BERRICHI, Nazim	E4	244	Montreal Carabins	80	27:55.8	2:51.8	5:37.2
81	SIU, Jabez	E1	293	Toronto Varsity Blues	81	27:56.0	2:51.0	5:37.2
82	KING, Brett	R	306	UNB Reds	82	27:56.1	2:52.1	5:37.2
83	NEILL, Peter	R	268	Queens Gaels	83	28:00.0	2:55.0	5:38.0
84	WEBER, Dashiell	R	228	McGill Redbirds	84	28:04.4	3:00.4	5:38.9
85	LOWRIE, Jason	E4	234	McMaster Marauders	85	28:04.6	3:00.6	5:38.9
86	DEMARBRE, Loic	E4	247	Montreal Carabins	86	28:06.5	3:02.5	5:39.3
87	BOSTON, JT	E3	320	Western Mustangs	87	28:10.0	3:05.0	5:40.0
88	TAGALOG, Oliver	R	281	Toronto Varsity Blues	88	28:10.0	3:05.0	5:40.0
89	BLACK, Connor	E5	230	McMaster Marauders	89	28:12.0	3:07.0	5:40.4
90	CHEVALIER, Gregoire	R	246	Montreal Carabins	90	28:22.5	3:18.5	5:42.6
91	LIGTENBERG, Christian	E4	175	Brock Badgers	91	28:23.2	3:19.2	5:42.7
92	MONTOIS, Maxime	R	253	Montreal Carabins	92	28:27.0	3:22.0	5:43.4
93	SHAW, Charlie	R	190	Guelph Gryphons	93	28:28.8	3:24.8	5:43.8
94	LIGHTWOOD, Nicholas	E2	195	Lakehead Thunderwolves	94	28:29.2	3:25.2	5:43.9
95	WALDMANN, Noah	E3	340	Windsor Lancers	95	28:34.5	3:30.5	5:45.0
96	DEGRACE, Brayden	E4	331	Windsor Lancers	96	28:35.6	3:31.6	5:45.2
97	GUITE, Louis-Simon	E4	250	Montreal Carabins	97	28:37.9	3:33.9	5:45.6
98	MEGAS, Alexander	E3	237	McMaster Marauders	98	28:40.5	3:36.5	5:46.2
99	LYSACK, Jonathan	E3	314	Waterloo Warriors	99	28:46.4	3:42.4	5:47.4
100	BLACKSTONE, Chance	E5	300	UNB Reds	100	28:49.1	3:45.1	5:47.9
101	TAYLOR, Andrew	E3	339	Windsor Lancers	101	28:50.7	3:46.7	5:48.2
102	WEBSTER, Aiden	E3	198	Lakehead Thunderwolves	102	28:51.5	3:47.5	5:48.4

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile	
103	PETTERSEN-COULOMBE, Jerome	E3	254	Montreal Carabins	103	28:52.7	3:48.7	5:48.6
104	HICKS, Andrew	E1	284	Toronto Varsity Blues	104	28:54.1	3:50.1	5:48.9
105	BELANGER, Harrison	E2	317	Western Mustangs	105	29:03.1	3:59.1	5:50.7
106	DOHERTY, Seamus	E2	201	Laurentian Voyageurs	106	29:04.5	4:00.5	5:51.0
107	NUNEZ, Paul	E4	289	Toronto Varsity Blues	107	29:08.7	4:04.7	5:51.8
108	BLAZINO, Adam	R	191	Lakehead Thunderwolves	108	29:10.7	4:06.7	5:52.2
109	CAMPBELL, Eric	E2	180	Guelph Gryphons	109	29:14.1	4:10.1	5:52.9
110	RULE, David	E2	241	McMaster Marauders	110	29:14.7	4:10.7	5:53.0
111	HICKLING, Connor	R	313	Waterloo Warriors	111	29:17.3	4:13.3	5:53.6
112	COLES, Riley	E3	171	Brock Badgers	112	29:22.0	4:17.0	5:54.5
113	CASTANHEIRO, Nathan	R	278	Toronto Varsity Blues	113	29:22.3	4:18.3	5:54.6
114	GRAVES, Ethan	E2	333	Windsor Lancers	114	29:23.0	4:18.0	5:54.7
115	CALCAGNO, Massimo	E3	310	Waterloo Warriors	115	29:28.1	4:24.1	5:55.8
116	HARDEMAN, Jeremy	R	211	Laurier Golden Hawks	116	29:28.2	4:24.2	5:55.8
117	CHUNG, Jeanue	E1	279	Toronto Varsity Blues	117	29:29.7	4:25.7	5:56.1
118	TROWBRIDGE, Braydon	E3	218	Laurier Golden Hawks	118	29:34.6	4:30.6	5:57.0
119	LEROUX, Patrick	E3	203	Laurentian Voyageurs	119	29:36.2	4:32.2	5:57.4
120	DATE, Cameron	E3	200	Laurentian Voyageurs	120	29:41.2	4:37.2	5:58.4
121	MAXWELL, Redding	R	176	Brock Badgers	121	29:43.1	4:39.1	5:58.8
122	AARTS, Ethan	E3	256	Nipissing Lakers	122	29:44.2	4:40.2	5:59.0
123	WAGER, Garrett	E2	178	Brock Badgers	123	29:53.4	4:49.4	6:00.8
124	RADEY, Brandon	E2	205	Laurentian Voyageurs	124	29:58.4	4:54.4	6:01.8
125	ADAMS, Declan	E4	308	Waterloo Warriors	125	30:01.9	4:57.9	6:02.5
126	RIBCHESTER, Wyatt	R	338	Windsor Lancers	126	30:02.3	4:58.3	6:02.6
127	SARSHOGHI, Arman	R	255	Montreal Carabins	127	30:05.4	5:01.4	6:03.3
128	DUAN, Yulai	R	312	Waterloo Warriors	128	30:15.2	5:11.2	6:05.2
129	BATEK, Andrew	E1	309	Waterloo Warriors	129	30:21.1	5:17.1	6:06.4
130	SULLIVAN, Noah	E3	261	Nipissing Lakers	130	30:34.6	5:30.6	6:09.1
131	SCOTT, Preston	R	217	Laurier Golden Hawks	131	30:40.8	5:36.8	6:10.4
132	RONEY, Owen	R	206	Laurentian Voyageurs	132	30:45.5	5:41.5	6:11.3
133	STRATMOEN, Alexander	E3	316	Waterloo Warriors	133	30:48.0	5:43.0	6:11.8
134	GARRETT, Scott	E1	283	Toronto Varsity Blues	134	30:52.8	5:48.8	6:12.8

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
135 BENNETT, Samuel	E2	257	Nipissing Lakers	135	30:54.1	5:50.1	6:13.0
136 RYALL, Ethan	E2	177	Brock Badgers	136	30:59.5	5:55.5	6:14.1
137 RODEN, Morley	E2	214	Laurier Golden Hawks	137	31:05.8	6:01.8	6:15.4
138 BLASCZYK, Augustin	E2	245	Montreal Carabins	138	31:07.0	6:02.0	6:15.6
139 PICARD, Simon	R	226	McGill Redbirds	139	31:08.9	6:04.9	6:16.0
140 CORNISH, Noah	E4	258	Nipissing Lakers	140	31:16.6	6:12.6	6:17.6
141 FRIEBERG, Jordan	E3	210	Laurier Golden Hawks	141	31:19.6	6:15.6	6:18.2
142 CZERNY-HOLOOWNIA, Oliver	E3	259	Nipissing Lakers	142	31:22.6	6:18.6	6:18.8
143 LEGLER, George	E2	260	Nipissing Lakers	143	31:28.3	6:24.3	6:19.9
144 ANNETT, Travis	E2	199	Laurentian Voyageurs	144	31:44.3	6:40.3	6:23.2
145 BREESON, John	E2	170	Brock Badgers	145	32:00.4	6:56.4	6:26.4
146 LOCKLEY, Keegan	E3	204	Laurentian Voyageurs	146	32:03.3	6:59.3	6:27.0
147 PHILIPPON, Nathan	R	315	Waterloo Warriors	147	32:33.5	7:29.5	6:33.0
KAMSKI, Chris	R	213	Laurier Golden Hawks	--			---
HAUSMANN, James	R	212	Laurier Golden Hawks	--			---
MIKKELSEN, Carter	E3	184	Guelph Gryphons	--	DNS		---
SCOTT, Ethan	E3	216	Laurier Golden Hawks	--			---
PRIBAZ, Connor	E3	326	Western Mustangs	--			---
FOX, Aurel	E4	202	Laurentian Voyageurs	--			---
KLEINSMITH, Adam	E2	334	Windsor Lancers	--			---
MLYNCZYK, Anton	E3	287	Toronto Varsity Blues	--			---
OULETTE, Kevin	E1	197	Lakehead Thunderwolves	--	DNS		---
FARRUGGIA, Giancarlo	E3	232	McMaster Marauders	--	DNS		---
AIKMAN, Luke	E3	208	Laurier Golden Hawks	--	DNS		---
BROWN, Aiden	R	209	Laurier Golden Hawks	--	DNS		---
RUTLEDGE, Davis	E3	215	Laurier Golden Hawks	--	DNS		---
DURBAIN, Thomas	E4	248	Montreal Carabins	--	DNS		---
JEAN-PIERRE, Adrien	E4	251	Montreal Carabins	--	DNS		---
ALI, Abdiaziz	E5	330	Windsor Lancers	--	DNS		---
MCBRIDE, Will	E4	336	Windsor Lancers	--	DNS		---
ASHTARI, Nima	E3	277	Toronto Varsity Blues	--	DNS		---
DJONDRIC-POWELL, Jack	E2	280	Toronto Varsity Blues	--	DNS		---

Athlete	Yr.	#	Team	Score	Time	Gap	Avg. Mile
MARIYANAYAGAM, Jaeden	E1	285	Toronto Varsity Blues	--	DNS		---
MORROW, Dinesh	E3	288	Toronto Varsity Blues	--	DNS		---
SHORE, Ben	E5	292	Toronto Varsity Blues	--	DNS		---
EL RIMAWI-FINE, Noah	E4	223	McGill Redbirds	--	DNS		---

