

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Girls 6-8 60 Meter Dash**

Name	Team	Finals
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**Finals**

1 #345 Odiakaose, Michelle	UNA	11.78 3.4
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**Girls 9-10 60 Meter Dash**

Name	Team	Finals
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**Finals**

1 #325 Allen, Lauren	UNA	10.12 2.8
2 #342 Myers, Summer	UNA	10.23 2.8
3 #337 MacDonald, Jadeyn	UNA	10.26 2.8
4 #382 Odeniyi, Busayo	Unattached N	10.57 3.4

**Girls 11-12 60 Meter Dash**

Name	Team	Finals
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**Finals**

1 #118 Nagle, Henrietta	Astral Drive	9.26 2.0
2 #329 Butts, Maria	UNA	9.72 2.8
3 #120 McDougall, Kayleigl	Astral Drive	9.72 3.4
4 #385 Smith, Leah	Unattached N	9.88 3.4

**Girls 12-13 80 Meter Dash**

Name	Team	Finals
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**Finals**

1 #286 Michaud, Lily	Truro Lions	12.18 1.4
2 #269 Bagnell, Maria	Truro Lions	12.52 1.4
3 #276 Durning, Rylie	Truro Lions	12.87 1.4
4 #275 Casey, Cara	Truro Lions	13.01 1.4

**Girls 12-13 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #108 Mead, Kaitlynne	Annapolis Co	13.70q 2.0
2 #245 Smith, Hailey	Special Olym	18.08q 1.7

**Girls 12-13 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #108 Mead, Kaitlynne	Annapolis Co	13.53 2.7
2 #245 Smith, Hailey	Special Olym	18.01 2.5

**Women 14-15 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #123 Benjamin, Zaila	Athletics Ea	12.65q 1.0
2 #265 Aarts, Jasmine	Truro Lions	13.17q 1.7
3 #103 Denton, Athena	Annapolis Co	13.40q 1.0
4 #202 Jeong, Anna	Athletics Ea	13.90q 0.5

**Women 14-15 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #123 Benjamin, Zaila	Athletics Ea	12.74 2.7
2 #265 Aarts, Jasmine	Truro Lions	13.15 2.7
3 #103 Denton, Athena	Annapolis Co	13.25 2.7
4 #202 Jeong, Anna	Athletics Ea	13.80 2.7

**Women 16-17 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #255 Landry, Zoe	StFX Track A	12.78q 0.5
2 #279 Gouthro, Isabella	Truro Lions	13.12q 2.0
3 #433 Tibbo, Rylee	Yhz Track &	13.94q 1.7

**Women 16-17 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #255 Landry, Zoe	StFX Track A	12.82 1.6
2 #279 Gouthro, Isabella	Truro Lions	12.98 1.6
3 #433 Tibbo, Rylee	Yhz Track &	13.92 1.6

**Women 18-19 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #239 Jacobson, Carys	Saint John R	12.16q 2.0
2 #238 Cook, Madeline	Saint John R	12.89q 1.7
3 #206 Seaman, Carmen	Islanders Tr	13.30q 1.7
4 #291 Oshikoya, Lola	Truro Lions	13.57q 0.5

**Women 18-19 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #239 Jacobson, Carys	Saint John R	12.04 2.5
2 #238 Cook, Madeline	Saint John R	12.84 2.5
3 #206 Seaman, Carmen	Islanders Tr	13.17 2.5
4 #291 Oshikoya, Lola	Truro Lions	13.39 2.5

**Women 20-34 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #240 Langille, Jillian	Saint John R	12.11q 1.0
2 #242 Wylie, Lily	Southwest No	13.32q 0.5

**Women 20-34 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #240 Langille, Jillian	Saint John R	12.08 2.5
2 #242 Wylie, Lily	Southwest No	13.06 2.5

**Women 55-59 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #416 Roberts, Kim	Unattached-N	16.07q 2.0
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**Women 55-59 100 Meter Dash**

Name	Team	Finals
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**Finals**

1 #416 Roberts, Kim	Unattached-N	16.22 2.5
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**Women 65-69 100 Meter Dash**

Name	Team	Prelims
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**Preliminaries**

1 #377 Bryant, Jo	Unattached N	19.23q 1.0
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## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Girls 12-13 150 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #338 MacKenzie, Delaney	UNA	23.02 1.8
2 #286 Michaud, Lily	Truro Lions	23.11 1.8
3 #276 Durning, Rylie	Truro Lions	25.10 1.8

**Girls 12-13 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #108 Mead, Kaitlyne	Annapolis Co	28.49q 2.0
2 #276 Durning, Rylie	Truro Lions	34.48q 2.0
3 #245 Smith, Hailey	Special Olym	39.45q 1.8

**Girls 12-13 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #108 Mead, Kaitlyne	Annapolis Co	28.17 1.3
2 #276 Durning, Rylie	Truro Lions	35.61 1.3
3 #245 Smith, Hailey	Special Olym	39.24 1.3

**Women 14-15 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #123 Benjamin, Zaila	Athletics Ea	26.28q 1.8
2 #103 Denton, Athena	Annapolis Co	27.37q 1.6
3 #427 Ezurike, Amarachi	Yhz Track &	28.75q 1.8
4 #186 Rhysa, Marinelli	Celtic Athle	30.28q 1.6

**Women 14-15 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #123 Benjamin, Zaila	Athletics Ea	26.49 1.5
2 #103 Denton, Athena	Annapolis Co	27.42 1.5
3 #427 Ezurike, Amarachi	Yhz Track &	28.75 1.5
4 #186 Rhysa, Marinelli	Celtic Athle	30.58 1.5

**Women 16-17 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #255 Landry, Zoe	StFX Track A	26.43q 1.8
2 #279 Gouthro, Isabella	Truro Lions	27.08q 2.0
3 #433 Tibbo, Rylee	Yhz Track &	29.31q 1.6
4 #109 Nishimura, Minori	Annapolis Co	30.46q 2.0

**Women 16-17 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #255 Landry, Zoe	StFX Track A	26.29 1.8
2 #279 Gouthro, Isabella	Truro Lions	26.91 1.8
3 #433 Tibbo, Rylee	Yhz Track &	29.28 1.8
4 #109 Nishimura, Minori	Annapolis Co	30.42 1.8

**Women 18-19 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #239 Jacobson, Carys	Saint John R	25.65q 2.0
2 #238 Cook, Madeline	Saint John R	26.99q 1.6
3 #105 Gurney, Ila	Annapolis Co	29.99q 2.0

**Women 18-19 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #238 Cook, Madeline	Saint John R	27.48 1.5
2 #105 Gurney, Ila	Annapolis Co	30.58 1.5

**Women 20-34 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #240 Langille, Jillian	Saint John R	25.28q 1.6
2 #242 Wylie, Lily	Southwest No	28.33q 1.8

**Women 20-34 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #240 Langille, Jillian	Saint John R	25.18 1.5
2 #242 Wylie, Lily	Southwest No	28.18 1.5

**Women 55-59 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #416 Roberts, Kim	Unattached-N	34.27q 1.6

**Women 55-59 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #416 Roberts, Kim	Unattached-N	34.84 1.5

**Girls 10-11 300 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #418 Albert, Amelia	Valley Athle	53.02

**Girls 12-13 300 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #429 McFarlane, Cassidy	Yhz Track &	46.60
2 #419 Knock, Ella	Valley Athle	48.00
3 #260 Wallace, Katie	StFX Track A	51.33
4 #262 Wilmott, Mhairi	StFX Track A	58.35

**Women 14-15 300 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #103 Denton, Athena	Annapolis Co	43.28
2 #202 Jeong, Anna	Athletics Ea	43.97

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Women 14-15 400 Meter Dash**

Name	Team	Finals
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**Finals**

1 #128 Fraser, Rebecca	Athletics Ea	1:05.74
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**Women 16-17 400 Meter Dash**

Name	Team	Finals
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**Finals**

1 #179 Harris, Ruby	Bluenose Ath	58.81
2 #127 Fowler, Ailish	Athletics Ea	1:06.71
3 #180 Hebb, Lydia	Bluenose Ath	1:07.98

**Women 18-19 400 Meter Dash**

Name	Team	Finals
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**Finals**

1 #432 Sneddon-Simons, Ka	Yhz Track &	1:02.67
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**Women 20-34 400 Meter Dash**

Name	Team	Finals
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**Finals**

1 #415 Brennan, Bridget	Unattached-N	56.29
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**Girls 12-13 800 Meter Run**

Name	Team	Finals
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**Finals**

1 #135 Lawton, Heather	Athletics Ea	2:34.66
2 #429 McFarlane, Cassidy	Yhz Track &	2:35.99
3 #435 Veinot, Audrey	Yhz Track &	2:52.51

**Women 14-15 800 Meter Run**

Name	Team	Finals
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**Finals**

1 #188 Chiasson, Faye	Athletics Ea	2:22.05
2 #261 Wallace, Sarah	StFX Track A	2:22.76
3 #128 Fraser, Rebecca	Athletics Ea	2:48.36
4 #134 Lawton, Emma Joan	Athletics Ea	2:51.81

**Women 16-17 800 Meter Run**

Name	Team	Finals
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**Finals**

1 #141 Moon, Poppy	Athletics Ea	2:17.09
2 #174 Allain, Malika	Athlétisme C	2:21.65
3 #179 Harris, Ruby	Bluenose Ath	2:22.36
4 #180 Hebb, Lydia	Bluenose Ath	2:38.84

**Women 18-19 800 Meter Run**

Name	Team	Finals
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**Finals**

1 #428 Gunn, Juliette	Yhz Track &	2:50.42
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**Women 20-34 800 Meter Run**

Name	Team	Finals
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**Finals**

1 #143 Richardson, Chloe	Athletics Ea	2:09.05
2 #380 Kennedy, Catherine	Unattached N	2:10.55
3 #225 Ross, Kristen	Pictou Count	2:24.25

4 #191 MacDonald, Aria	Crown Athlet	2:25.35
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**Girls 10-11 1200 Meter Run**

Name	Team	Finals
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**Finals**

1 #292 Roberts, Gabby	Truro Lions	4:51.64
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**Girls 12-13 1200 Meter Run**

Name	Team	Finals
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**Finals**

1 #136 Laycock, Emma	Athletics Ea	4:13.28
2 #260 Wallace, Katie	StFX Track A	4:27.70
3 #253 Cameron, Olivia	StFX Track A	4:30.43
4 #289 Nicholson, Ila	Truro Lions	5:08.53

**Women 14-15 1200 Meter Run**

Name	Team	Finals
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**Finals**

1 #126 Carruthers, Anna	Athletics Ea	3:42.58
2 #426 Evers, Molly	Yhz Track &	3:54.82
3 #139 Lewis, Morgan	Athletics Ea	4:26.80
4 #134 Lawton, Emma Joan	Athletics Ea	4:53.66

**Women 14-15 1500 Meter Run**

Name	Team	Finals
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**Finals**

1 #222 Masalmeh, Jenine	Pictou Count	6:29.59
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**Women 16-17 1500 Meter Run**

Name	Team	Finals
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**Finals**

1 #138 Lewis, Abby	Athletics Ea	4:34.60
2 #141 Moon, Poppy	Athletics Ea	4:49.44
3 #203 Jennex, Isabella	Halifax Road	5:04.47
4 #434 Tobin, Evelyn	Yhz Track &	5:27.47

**Women 18-19 1500 Meter Run**

Name	Team	Finals
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**Finals**

1 #428 Gunn, Juliette	Yhz Track &	5:55.65
2 #223 Masalmeh, Sarah	Pictou Count	6:15.63

**Women 20-34 1500 Meter Run**

Name	Team	Finals
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**Finals**

1 #251 Benoit, Eileen	StFX Track A	4:41.54
2 #125 Boucher, Mikayla	Athletics Ea	5:06.67
3 #191 MacDonald, Aria	Crown Athlet	5:17.13
4 #215 Cameron, Eilidh	Pictou Count	5:26.87

**Women 45-49 1500 Meter Run**

Name	Team	Finals
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**Finals**

1 #241 Crowell, Cherlynn	Southwest No	10:03.29
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## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Women 14-15 2000 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #126 Carruthers, Anna	Athletics Ea	6:40.02
2 #426 Evers, Molly	Yhz Track &	6:51.62
3 #261 Wallace, Sarah	StFX Track A	6:55.60
4 #122 Arteaga, Elisa	Athletics Ea	7:22.18

**Women 14-15 3000 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #222 Masalmeh, Jenine	Pictou Count	15:11.22

**Women 16-17 3000 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #138 Lewis, Abby	Athletics Ea	9:46.53

**Women 18-19 3000 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #223 Masalmeh, Sarah	Pictou Count	13:43.12

**Women 12-13 80 Meter Hurdles 30"**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #271 Brown, Ava	Truro Lions	17.27qNWI
2 #276 Durning, Rylie	Truro Lions	18.77qNWI

**Women 12-13 80 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #271 Brown, Ava	Truro Lions	17.43 2.4
2 #276 Durning, Rylie	Truro Lions	18.70 2.4

**Women 14-15 80 Meter Hurdles 30"**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #102 Barteaux, Raelin	Annapolis Co	14.26qNWI
2 #273 Burke, Kaydence	Truro Lions	14.53qNWI
3 #424 Boutilier, Hannah	Yhz Track &	16.46qNWI
4 #252 Boyle, Veronica	StFX Track A	17.40qNWI

**Women 14-15 80 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #102 Barteaux, Raelin	Annapolis Co	14.08 1.2
2 #273 Burke, Kaydence	Truro Lions	14.15 1.2
3 #424 Boutilier, Hannah	Yhz Track &	16.41 1.2
4 #252 Boyle, Veronica	StFX Track A	17.30 1.2

**Women 16-17 100 Meter Hurdles 30"**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #294 Smith, Maryn	Truro Lions	15.08q 1.9
2 #106 LeBlanc, Gabby	Annapolis Co	18.05q 1.9

**Women 16-17 100 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #294 Smith, Maryn	Truro Lions	15.49 1.8
2 #106 LeBlanc, Gabby	Annapolis Co	18.05 1.8

**Girls 12-13 200 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #253 Cameron, Olivia	StFX Track A	35.33 2.7

**Women 14-15 200 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #102 Barteaux, Raelin	Annapolis Co	31.96 2.7
2 #273 Burke, Kaydence	Truro Lions	32.96 2.7
3 #252 Boyle, Veronica	StFX Track A	35.83 2.7

**Women 16-17 400 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #294 Smith, Maryn	Truro Lions	1:11.19

**Women 20-34 400 Meter Hurdles 30"**

Name	Team	Finals
<b>Finals</b>		
1 #415 Brennan, Bridget	Unattached-N	1:01.19

**Women 14-15 1500 Meter Steeplechase**

Name	Team	Finals
<b>Finals</b>		
1 #188 Chiasson, Faye	Athletics Ea	5:16.60
2 #122 Arteaga, Elisa	Athletics Ea	5:37.20

**Women 16-17 2000 Meter Steeplechase**

Name	Team	Finals
<b>Finals</b>		
1 #174 Allain, Malika	Athlétisme C	7:51.20
2 #250 Benevides, Alexandr	StFX Track A	8:28.60
3 #423 Allen, Elisabeth	Yhz Track &	8:29.29

**Women 18-19 2000 Meter Steeplechase**

Name	Team	Finals
<b>Finals</b>		
1 #137 Le Rudulier, Anne S	Athletics Ea	8:01.70

**Women 16-17 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Athletics Ea	A	53.28

**Women 18-19 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Yhz Track &	A	4:40.31

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Girls 12-13 High Jump**

Name	Team	Finals
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**Finals**

1	#272 Brown, Rowynn	Truro Lions	1.20m
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**Women 14-15 High Jump**

Name	Team	Finals
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**Finals**

1	#296 Wilson, Myka	Truro Lions	1.50m
2	#265 Aarts, Jasmine	Truro Lions	1.45m
3	#140 May, Kennedy	Athletics Ea	1.40m
4	#186 Rhysa, Marinelli	Celtic Athle	1.30m

**Women 18-19 High Jump**

Name	Team	Finals
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**Finals**

1	#297 Wolfe, Jennessa	Truro Lions	1.80m
2	#267 Angus, Haley	Truro Lions	1.40m

**Women 20-34 High Jump**

Name	Team	Finals
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**Finals**

1	#376 Black, Amanda	Unattached N	1.50m
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**Women 50-54 High Jump**

Name	Team	Finals
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**Finals**

1	#375 Adams-Loke, Tracy	Unattached N	1.05m
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**Girls 12-13 Long Jump**

Name	Team	Finals
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**Finals**

1	#272 Brown, Rowynn	Truro Lions	4.25m	1.1
2	#419 Knock, Ella	Valley Athle	3.68m	2.0
3	#286 Michaud, Lily	Truro Lions	3.61m	1.1
4	#276 Durning, Rylie	Truro Lions	3.34m	1.7

**Women 14-15 Long Jump**

Name	Team	Finals
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**Finals**

1	#296 Wilson, Myka	Truro Lions	4.82m	1.1
2	#265 Aarts, Jasmine	Truro Lions	4.63m	4.4
3	#273 Burke, Kaydence	Truro Lions	4.41m	3.7
4	#140 May, Kennedy	Athletics Ea	4.33m	2.6

**Women 16-17 Long Jump**

Name	Team	Finals
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**Finals**

1	#255 Landry, Zoe	StFX Track A	5.02m	2.7
2	#270 Barrington, Nadia	Truro Lions	4.90m	1.6
3	#127 Fowler, Ailish	Athletics Ea	4.63m	3.7
4	#130 Gaudry, Catherine	Athletics Ea	4.58m	1.3

**Women 18-19 Long Jump**

Name	Team	Finals
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**Finals**

1	#297 Wolfe, Jennessa	Truro Lions	4.80m	1.9
2	#291 Oshikoya, Lola	Truro Lions	4.71m	2.8
3	#267 Angus, Haley	Truro Lions	4.70m	1.0
4	#131 Gechtman, Lila	Athletics Ea	4.66m	2.5

**Women 20-34 Long Jump**

Name	Team	Finals
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**Finals**

1	#129 Gaudry, Abbigael	Athletics Ea	5.25m	1.8
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**Women 55-59 Long Jump**

Name	Team	Finals
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**Finals**

1	#416 Roberts, Kim	Unattached-N	3.53m	1.5
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**Girls 12-13 Triple Jump**

Name	Team	Finals
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**Finals**

1	#281 Hunt, Hilary	Truro Lions	7.27m	-1.0
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**Women 14-15 Triple Jump**

Name	Team	Finals
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**Finals**

1	#296 Wilson, Myka	Truro Lions	10.47m	-1.1
2	#282 Hunt, Nora	Truro Lions	8.87m	-2.0

**Women 16-17 Triple Jump**

Name	Team	Finals
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**Finals**

1	#270 Barrington, Nadia	Truro Lions	10.29m	1.1
2	#127 Fowler, Ailish	Athletics Ea	9.73m	-0.8
3	#144 Wolthausen, Lyla	Athletics Ea	8.33m	-0.8

**Women 18-19 Triple Jump**

Name	Team	Finals
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**Finals**

1	#267 Angus, Haley	Truro Lions	10.75m	-1.0
2	#131 Gechtman, Lila	Athletics Ea	9.22m	-1.6

**Women 20-34 Triple Jump**

Name	Team	Finals
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**Finals**

1	#107 McGean, Hannah	Annapolis Co	10.54m	-2.0
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**Women 55-59 Triple Jump**

Name	Team	Finals
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**Finals**

1	#416 Roberts, Kim	Unattached-N	7.26m	-1.3
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**Girls 12-13 Shot Put**

Name	Team	Finals
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**Finals**

1	#381 Lantz, Lily	Unattached N	8.75m
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## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Women 14-15 Shot Put**

Name	Team	Finals
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**Finals**

1 #288 Morine, Annie	Truro Lions	8.82m
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**Women 16-17 Shot Put**

Name	Team	Finals
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**Finals**

1 #387 Thistle, Lauren	Unattached N	12.37m
2 #277 Farquharson, Ella	Truro Lions	11.98m
3 #226 White, Abigail	Pictou Count	11.42m
4 #431 Saupe, Amalia	Yhz Track &	10.26m

**Women 18-19 Shot Put**

Name	Team	Finals
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**Finals**

1 #290 Oshikoya, Abisola	Truro Lions	9.70m
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**Women 20-34 Shot Put**

Name	Team	Finals
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**Finals**

1 #285 MacIsaac, Chelsea	Truro Lions	12.57m
2 #129 Gaudry, Abbigael	Athletics Ea	9.65m
3 #376 Black, Amanda	Unattached N	9.43m

**Women 40-44 Shot Put Seated**

Name	Team	Finals
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**Finals**

1 #142 Neary, Kimberly	Athletics Ea	3.25m
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**Women 45-49 Shot Put**

Name	Team	Finals
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**Finals**

1 #241 Crowell, Cherlynn	Southwest No	6.07m
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**Women 50-54 Shot Put**

Name	Team	Finals
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**Finals**

1 #283 Jeffrey Mcewing, Pai	Truro Lions	8.01m
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**Girls 12-13 Discus Throw**

Name	Team	Finals
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**Finals**

1 #287 Mittelstadt, Brynn	Truro Lions	24.89m
2 #338 MacKenzie, Delaney	UNA	24.82m
3 #381 Lantz, Lily	Unattached N	22.88m
4 #271 Brown, Ava	Truro Lions	22.79m

**Women 14-15 Discus Throw**

Name	Team	Finals
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**Finals**

1 #268 Arthurs, Lily	Truro Lions	15.68m
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**Women 16-17 Discus Throw**

Name	Team	Finals
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**Finals**

1 #224 Ross, Claire	Pictou Count	28.33m
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2 #383 Parsons, Jordin	Unattached N	27.69m
3 #226 White, Abigail	Pictou Count	25.72m
4 #284 Leggett, Rachel	Truro Lions	25.02m

**Women 18-19 Discus Throw**

Name	Team	Finals
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**Finals**

1 #290 Oshikoya, Abisola	Truro Lions	25.90m
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**Women 20-34 Discus Throw**

Name	Team	Finals
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**Finals**

1 #285 MacIsaac, Chelsea	Truro Lions	38.70m
2 #379 Decoff, Keighan	Pictou Count	38.04m
3 #376 Black, Amanda	Unattached N	25.59m
4 #129 Gaudry, Abbigael	Athletics Ea	24.46m

**Women 40-44 Discus Throw Seated**

Name	Team	Finals
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**Finals**

1 #142 Neary, Kimberly	Athletics Ea	5.85m
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**Women 50-54 Discus Throw**

Name	Team	Finals
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**Finals**

1 #283 Jeffrey Mcewing, Pai	Truro Lions	20.59m
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**Girls 12-13 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #271 Brown, Ava	Truro Lions	12.55m
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**Women 14-15 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #268 Arthurs, Lily	Truro Lions	12.52m
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**Women 16-17 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #224 Ross, Claire	Pictou Count	42.93m
2 #226 White, Abigail	Pictou Count	31.55m
3 #284 Leggett, Rachel	Truro Lions	29.62m

**Women 20-34 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #285 MacIsaac, Chelsea	Truro Lions	47.27m
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**Women 50-54 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #283 Jeffrey Mcewing, Pai	Truro Lions	25.67m
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**Women 65-69 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #377 Bryant, Jo	Unattached N	16.99m
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## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Women 16-17 Javelin Throw**

Name	Team	Finals
<b>Finals</b>		
1 #106 LeBlanc, Gabby	Annapolis Co	33.74m
2 #298 Worden, Maria	Truro Lions	32.27m
3 #226 White, Abigail	Pictou Count	31.58m
4 #383 Parsons, Jordin	Unattached N	30.32m

**Women 20-34 Javelin Throw**

Name	Team	Finals
<b>Finals</b>		
1 #293 Smith, Gabrielle	Truro Lions	40.00m
2 #376 Black, Amanda	Unattached N	22.61m

**Women 40-44 Javelin Throw Seated**

Name	Team	Finals
<b>Finals</b>		
1 #142 Neary, Kimberly	Athletics Ea	6.78m

**Women 45-49 Javelin Throw**

Name	Team	Finals
<b>Finals</b>		
1 #374 Acker-Canning, Trac	Unattached N	26.17m

**Girls 6-7 60 Meter Dash Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #219 Little, Ellie	Pictou Count	12.97 27

**Girls 8-9 60 Meter Dash Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #343 Myrick, Everlee	UNA	11.08 118
2 #214 Blois, Charlotte	Pictou Count	11.42 97

**Girls 10-11 60 Meter Dash Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #221 MacDonald, Lily	Pictou Count	9.82 208
2 #217 Johnston, Neila	Pictou Count	10.66 145
3 #425 Dennis, Hadley	Yhz Track &	10.68 144
4 #430 Miles, Finley	Yhz Track &	10.68 144

**Girls 12-13 60 Meter Dash Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #218 Lapier, Adyn	Pictou Count	9.59 227
2 #190 James, Chelsea	Crown Athlet	10.60 149

**Heptathlon: #4 Women 16-18 200 Meter Dash Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	28.99 555
2 #336 Lawton, Brianna	UNA	30.01 481

**Girls 6-7 600 Meter Run Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #219 Little, Ellie	Pictou Count	2:45.30 53

**Girls 8-9 600 Meter Run Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #343 Myrick, Everlee	UNA	2:26.14 121
2 #214 Blois, Charlotte	Pictou Count	2:40.36 68

**Girls 10-11 600 Meter Run Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #221 MacDonald, Lily	Pictou Count	2:14.55 176
2 #220 Little, Isla	Pictou Count	2:21.60 141
3 #217 Johnston, Neila	Pictou Count	2:29.40 108
4 #430 Miles, Finley	Yhz Track &	2:31.14 101

**Girls 12-13 600 Meter Run Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #190 James, Chelsea	Crown Athlet	2:11.40 192
2 #218 Lapier, Adyn	Pictou Count	2:21.22 143

**Heptathlon: #7 Women 16-18 800 Meter Run Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	2:51.98 443
2 #336 Lawton, Brianna	UNA	2:52.54 438

**Heptathlon: #1 Women 16-18 100 Meter Hurdles 30" Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	17.53 538
2 #336 Lawton, Brianna	UNA	19.16 376

**Heptathlon: #2 Women 16-18 High Jump Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #336 Lawton, Brianna	UNA	1.38m 491
1 #216 Fortune, Alyssa	Pictou Count	1.38m 491

**Girls 6-7 Long Jump Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #219 Little, Ellie	Pictou Count	2.35m 97

**Girls 8-9 Long Jump Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #343 Myrick, Everlee	UNA	2.74m 124
2 #214 Blois, Charlotte	Pictou Count	2.42m 102

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Beazley Field  
Results**Girls 10-11 Long Jump Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #221 MacDonald, Lily	Pictou Count	3.28m 163
2 #220 Little, Isla	Pictou Count	3.14m 153
3 #217 Johnston, Neila	Pictou Count	3.05m 146
4 #425 Dennis, Hadley	Yhz Track &	3.04m 145

**Girls 12-13 Long Jump Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #190 James, Chelsea	Crown Athlet	3.44m 176
2 #218 Lapier, Adyn	Pictou Count	3.30m 165

**Heptathlon: #5 Women 16-18 Long Jump Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #336 Lawton, Brianna	UNA	4.32m 384
2 #216 Fortune, Alyssa	Pictou Count	4.22m 359

**Girls 6-7 Shot Put Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #219 Little, Ellie	Pictou Count	2.00m 22

**Girls 8-9 Shot Put Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #343 Myrick, Everlee	UNA	3.65m 77
2 #214 Blois, Charlotte	Pictou Count	3.51m 73

**Girls 10-11 Shot Put Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #221 MacDonald, Lily	Pictou Count	5.32m 136
2 #220 Little, Isla	Pictou Count	4.82m 118
3 #217 Johnston, Neila	Pictou Count	4.50m 107
4 #425 Dennis, Hadley	Yhz Track &	4.24m 98

**Girls 12-13 Shot Put Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #218 Lapier, Adyn	Pictou Count	7.16m 202
2 #190 James, Chelsea	Crown Athlet	5.18m 131

**Heptathlon: #3 Women 16-18 Shot Put 3kg Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	7.55m 370
2 #336 Lawton, Brianna	UNA	6.12m 279

**Heptathlon: #6 Women 16-18 Javelin Throw 500g Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	20.29m 294
2 #336 Lawton, Brianna	UNA	12.15m 145

**Women 16-18 Heptathlon**

Name	Team	Finals
<b>Finals</b>		
1 #216 Fortune, Alyssa	Pictou Count	3050
2 #336 Lawton, Brianna	UNA	2594

**Girls 6-7 Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #219 Little, Ellie	Pictou Count	199

**Girls 8-9 Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #343 Myrick, Everlee	UNA	440
2 #214 Blois, Charlotte	Pictou Count	340

**Girls 10-11 Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #221 MacDonald, Lily	Pictou Count	683
2 #220 Little, Isla	Pictou Count	541
3 #217 Johnston, Neila	Pictou Count	506
4 #425 Dennis, Hadley	Yhz Track &	463

**Girls 12-13 Tetrathlon**

Name	Team	Finals
<b>Finals</b>		
1 #218 Lapier, Adyn	Pictou Count	737
2 #190 James, Chelsea	Crown Athlet	648

**Men 9-10 60 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #200 Terauds, Mekhi	Grit Athleti	10.03 1.9
2 #422 Clark, Max	West Highlan	10.84 2.8

**Men 11-12 60 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #371 Taylor, Bowen	UNA	8.88 2.1
2 #365 Norman, Ryland	UNA	9.00 2.4
3 #368 Rogers, Jake	UNA	9.12 2.1
4 #350 Davis, Asher	UNA	9.21 2.1

**Men 12-13 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #421 Ward, Parker	Valley Athle	13.07q 1.8
2 #156 Hamilton, Fionn	Athletics Ea	14.03q 1.4

**Men 14-15 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #181 Demone, Taylor	Bluenose Ath	11.68q 2.7
2 #159 Lerue, Nathan	Athletics Ea	11.75q 0.8



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Results**Preliminaries ... (Men 14-15 100 Meter Dash)**

Name	Team	Prelims
3 #165 Raymond, Henry	Athletics Ea	11.83q 0.8
4 #324 Wolfe, Ethan	Truro Lions	11.84q 1.8

**Men 14-15 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #324 Wolfe, Ethan	Truro Lions	11.78 1.9
2 #181 Demone, Taylor	Bluenose Ath	11.80 1.9
3 #159 Lerue, Nathan	Athletics Ea	11.85 1.9
4 #165 Raymond, Henry	Athletics Ea	12.04 1.9

**Men 16-17 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #160 MacDonald, Liam	Athletics Ea	11.37q 2.7
2 #175 Fournier, Mathis	Athlétisme C	11.70q 1.8
3 #208 Frank, Jaycob	Islanders Tr	11.72q 1.4
4 #173 Zhao, Yunshu	Athletics Ea	11.72q 3.1

**Men 16-17 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #408 Sharpe, Camrie	Unattached N	11.33 2.6
2 #160 MacDonald, Liam	Athletics Ea	11.47 2.6
3 #175 Fournier, Mathis	Athlétisme C	11.60 2.6
4 #173 Zhao, Yunshu	Athletics Ea	11.70 2.6

**Men 18-19 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #244 Horton, Jaleel	Southwest No	11.04q 2.7
2 #209 Ing, Gabe	Islanders Tr	11.96q 3.1

**Men 18-19 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #244 Horton, Jaleel	Southwest No	11.23 1.9
2 #147 Bucci, Jonah	Athletics Ea	11.77 1.9
3 #209 Ing, Gabe	Islanders Tr	12.05 1.9

**Men 20-34 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #169 Swaniker, Jojo	Athletics Ea	10.88q 1.8
2 #172 Williams, Jaiden	Athletics Ea	11.00q 1.8
3 #398 Lunda, Joshua	Unattached N	11.05q 1.4
4 #396 Kriznar, Nikola	Unattached N	11.10q 0.8

**Men 20-34 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #169 Swaniker, Jojo	Athletics Ea	10.74 3.7
2 #172 Williams, Jaiden	Athletics Ea	10.89 3.7
3 #396 Kriznar, Nikola	Unattached N	10.92 3.7
4 #213 Wilson, Zach	Islanders Tr	10.93 3.7

**Men 65-69 100 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #403 Melchiore, Ron	Unattached N	14.42q 3.1

**Men 65-69 100 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #403 Melchiore, Ron	Unattached N	14.08 1.9

**Men 14-15 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #170 Thurston, Wyatt	Athletics Ea	23.76q 2.2
2 #159 Lerue, Nathan	Athletics Ea	23.85q 1.6
3 #324 Wolfe, Ethan	Truro Lions	24.52q 2.7
4 #312 Legge, Colin	Truro Lions	25.02q 2.2

**Men 14-15 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #159 Lerue, Nathan	Athletics Ea	23.85 2.0
2 #170 Thurston, Wyatt	Athletics Ea	24.08 2.0
3 #324 Wolfe, Ethan	Truro Lions	24.39 2.0
4 #312 Legge, Colin	Truro Lions	25.25 2.0

**Men 16-17 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #160 MacDonald, Liam	Athletics Ea	23.32q 2.7
2 #175 Fournier, Mathis	Athlétisme C	23.57q 1.9
3 #208 Frank, Jaycob	Islanders Tr	24.19q 2.7
4 #229 Campbell, Caden	Pictou Count	24.36q 1.5

**Men 16-17 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #160 MacDonald, Liam	Athletics Ea	22.97 2.3
2 #175 Fournier, Mathis	Athlétisme C	23.51 2.3
3 #208 Frank, Jaycob	Islanders Tr	24.06 2.3
4 #229 Campbell, Caden	Pictou Count	24.15 2.3

**Men 18-19 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #113 Foley, Liam	Annapolis Co	23.80q 2.7
2 #147 Bucci, Jonah	Athletics Ea	23.93q 2.2
3 #209 Ing, Gabe	Islanders Tr	24.41q 1.9
4 #111 Dempsey, Luke	Annapolis Co	27.66q 2.2

**Men 18-19 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #113 Foley, Liam	Annapolis Co	23.53 2.6
2 #147 Bucci, Jonah	Athletics Ea	24.03 2.6
3 #111 Dempsey, Luke	Annapolis Co	27.98 2.6

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Results**Men 20-34 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #402 Macmullin, Andy	Unattached N	22.40q 1.6
2 #157 James, Zachary	Athletics Ea	22.58q 1.9
3 #396 Kriznar, Nikola	Unattached N	22.66q 1.9
4 #213 Wilson, Zach	Islanders Tr	22.86q 2.7

**Men 20-34 200 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #402 Macmullin, Andy	Unattached N	21.99 2.4
2 #157 James, Zachary	Athletics Ea	22.51 2.4
3 #213 Wilson, Zach	Islanders Tr	22.69 2.4
4 #183 Landry, Nick	Bluenose Ath	23.13 2.4

**Men 65-69 200 Meter Dash**

Name	Team	Prelims
<b>Preliminaries</b>		
1 #403 Melchioro, Ron	Unattached N	28.55q 1.5

**Men 12-13 300 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #441 Tirop, Alan	Yhz Track & Valley Athle	40.98
2 #421 Ward, Parker	Valley Athle	42.73

**Men 14-15 300 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #178 Buchanan, Emmett	Baddeck Beac	40.83
2 #228 Boudreau, Isaac	Pictou Count	41.49
3 #437 Campbell, Quinn	Yhz Track & Valley Athle	41.90
4 #420 Albert, Oliver	Valley Athle	43.34

**Men 16-17 400 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #182 Hooper, Ethan	Bluenose Ath	54.83
2 #439 Martin, Robert	Yhz Track & Valley Athle	55.73

**Men 18-19 400 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #113 Foley, Liam	Annapolis Co	52.75

**Men 20-34 400 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #402 Macmullin, Andy	Unattached N	50.18
2 #183 Landry, Nick	Bluenose Ath	50.91
3 #388 Baker, Tyler	Unattached N	53.99

**Men 55-59 400 Meter Dash**

Name	Team	Finals
<b>Finals</b>		
1 #417 Burns, Jim	Unattached-N	1:28.09

**Men 14-15 800 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #243 Coggins, Chris	Southwest No	2:13.12
2 #116 Sunderland, Adrian	Annapolis Co	2:28.12

**Men 16-17 800 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #264 MacKenzie, Conlan	StFX Track A	1:59.45
2 #168 Sauer, Graham	Athletics Ea	2:04.70
3 #391 Bouchard, Alexandre	Unattached N	2:08.23
4 #192 Bower, Achilles	Crown Athlet	2:08.30

**Men 18-19 800 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #153 Gamble, Griffin	Athletics Ea	2:02.89
2 #189 Lawton, Mathew	Chebucto Ath	2:10.86
3 #152 Elliott, Liam	Athletics Ea	2:11.76

**Men 20-34 800 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #157 James, Zachary	Athletics Ea	1:54.31
2 #146 Brennan, Timothy	Athletics Ea	1:54.56
3 #171 Waller, David	Athletics Ea	1:56.65

**Men 14-15 1200 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #243 Coggins, Chris	Southwest No	3:39.86

**Men 16-17 1500 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #264 MacKenzie, Conlan	StFX Track A	4:11.53
2 #204 Miller, Cole	Halifax Road	4:45.30

**Men 18-19 1500 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #315 McDonald, Jake	Truro Lions	5:08.66

**Men 20-34 1500 Meter Run**

Name	Team	Finals
<b>Finals</b>		
1 #158 Langille, Jack	Athletics Ea	4:15.42

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Beazley Field  
Results**Men 10-11 2000 Meter Run**

Name	Team	Finals
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**Finals**

1	#319 Suddard, Matt	Truro Lions	8:24.27
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**Men 14-15 2000 Meter Run**

Name	Team	Finals
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**Finals**

1	#263 MacKenzie, Calder	StFX Track A	6:21.10
2	#176 Lepage, Samuel	Athlétisme C	6:32.10

**Men 14-15 3000 Meter Run**

Name	Team	Finals
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**Finals**

1	#237 Wood, Josh	Pictou Count	9:42.37
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**Men 16-17 3000 Meter Run**

Name	Team	Finals
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**Finals**

1	#391 Bouchard, Alexander	Unattached N	9:41.48
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**Men 18-19 5000 Meter Run**

Name	Team	Finals
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**Finals**

1	#153 Gamble, Griffin	Athletics Ea	16:23.59
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**Men 20-34 5000 Meter Run**

Name	Team	Finals
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**Finals**

1	#392 Dewolfe, Cal	Unattached N	15:32.86
2	#205 Piccinin, Stephane	Halifax Road	15:45.37
3	#352 Freeman, Alec	UNA	16:29.73
4	#369 Scott, Teagan	UNA	16:58.89

**Men 40-44 5000 Meter Run**

Name	Team	Finals
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**Finals**

1	#411 Wieczorek, Greg	Unattached N	16:47.43
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**Men 14-15 100 Meter Hurdles 33"**

Name	Team	Prelims
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**Preliminaries**

1	#228 Boudreau, Isaac	Pictou Count	15.46q 1.3
2	#312 Legge, Colin	Truro Lions	15.97q 1.3

**Men 14-15 100 Meter Hurdles 33"**

Name	Team	Finals
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**Finals**

1	#228 Boudreau, Isaac	Pictou Count	15.32 0.4
2	#312 Legge, Colin	Truro Lions	15.91 0.4

**Men 20-34 110 Meter Hurdles 42"**

Name	Team	Prelims
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**Preliminaries**

1	#101 Sutherland, Tristan	Aetos Athlet	19.75q 0.9
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**Men 20-34 110 Meter Hurdles 42"**

Name	Team	Finals
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**Finals**

1	#101 Sutherland, Tristan	Aetos Athlet	20.03 1.8
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**Men 14-15 200 Meter Hurdles 30"**

Name	Team	Finals
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**Finals**

1	#228 Boudreau, Isaac	Pictou Count	29.05 2.8
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**Men 16-17 400 Meter Hurdles 33"**

Name	Team	Finals
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**Finals**

1	#439 Martin, Robert	Yhz Track &	1:01.54
2	#320 Williams, Drew	Truro Lions	1:01.73
3	#182 Hooper, Ethan	Bluenose Ath	1:02.29
4	#192 Bower, Achilles	Crown Athlet	1:05.93

**Men 20-34 400 Meter Hurdles 36"**

Name	Team	Finals
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**Finals**

1	#146 Brennan, Timothy	Athletics Ea	56.72
2	#161 Marshall, Braden	Athletics Ea	1:04.98

**Men 50-54 400 Meter Hurdles 36"**

Name	Team	Finals
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**Finals**

1	#114 Gurney, Dean	Annapolis Co	1:16.73
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**Men 14-15 1500 Meter Steeplechase**

Name	Team	Finals
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**Finals**

1	#263 MacKenzie, Calder	StFX Track A	4:46.72
2	#237 Wood, Josh	Pictou Count	4:56.95
3	#116 Sunderland, Adrian	Annapolis Co	5:46.31

**Men 14-15 2000 Meter Steeplechase 33"**

Name	Team	Finals
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**Finals**

1	#436 Ackerman, David	Yhz Track &	6:56.87
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**Men 16-17 2000 Meter Steeplechase 33"**

Name	Team	Finals
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**Finals**

1	#234 Macneil, Jack	Pictou Count	6:47.25
2	#168 Sauer, Graham	Athletics Ea	6:54.22
3	#177 Lepage, Tristan	Athlétisme C	6:54.99

**Men 18-19 3000 Meter Steeplechase 36"**

Name	Team	Finals
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**Finals**

1	#189 Lawton, Mathew	Chebucto Ath	9:55.38
2	#152 Elliott, Liam	Athletics Ea	11:24.50

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Men 16-17 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Athletics Ea	A	44.89
2 Bluenose Ath	A	47.67

**Men 18-19 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Annapolis Co	A	50.55

**Men 20-34 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Unattached N	B	43.35
2 Unattached N	A	43.80

**Men 14-15 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #400 MacKenzie, Rhys	Unattached N	1.65m

**Men 16-17 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #318 Myatt, Carter	Truro Lions	1.75m
1 #317 Mittelstadt, Drew	Truro Lions	1.75m

**Men 18-19 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #314 Marchand, Blake	Truro Lions	1.92m
2 #310 Jeffery, James	Truro Lions	1.89m
3 #248 Macaulay, Liam	St. Mary's H	1.65m

**Men 20-34 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #249 Wall, Eric	St. Mary's H	1.80m
2 #151 Dahr, Ethan	Athletics Ea	1.75m
3 #101 Sutherland, Tristan	Aetos Athlet	1.60m

**Men 40-44 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #401 MacKenzie, Shane	Unattached N	1.60m

**Men 45-49 High Jump**

Name	Team	Finals
<b>Finals</b>		
1 #404 Myrick, Lee	Unattached N	1.65m

**Men 14-15 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #181 Demone, Taylor	Bluenose Ath	5.89m 1.8
2 #312 Legge, Colin	Truro Lions	5.86m 2.4

3 #324 Wolfe, Ethan	Truro Lions	5.22m 1.5
4 #400 MacKenzie, Rhys	Unattached N	4.88m 3.6

**Men 16-17 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #318 Myatt, Carter	Truro Lions	6.04m 2.0
2 #208 Frank, Jaycob	Islanders Tr	5.67m 3.1
3 #317 Mittelstadt, Drew	Truro Lions	5.42m 0.9

**Men 18-19 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #150 Conrad, Austin	Athletics Ea	6.60m 0.8
2 #209 Ing, Gabe	Islanders Tr	5.61m 0.6

**Men 20-34 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #395 Isadore, Dante	Unattached N	6.70m 2.9
2 #193 Macgregor, Peter	Crown Athlet	5.31m 2.0

**Men 40-44 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #236 Smith, Adam	Pictou Count	1.77m 1.2

**Men 45-49 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #404 Myrick, Lee	Unattached N	5.41m 2.8

**Men 60-64 Long Jump**

Name	Team	Finals
<b>Finals</b>		
1 #397 Lord, Peter	Unattached N	5.06m 2.5

**Men 14-15 Triple Jump**

Name	Team	Finals
<b>Finals</b>		
1 #324 Wolfe, Ethan	Truro Lions	11.43m -0.6
2 #112 Deveau, Brody	Annapolis Co	10.76m -0.8
3 #400 MacKenzie, Rhys	Unattached N	9.77m -2.0

**Men 16-17 Triple Jump**

Name	Team	Finals
<b>Finals</b>		
1 #145 Adebisi, Folu	Athletics Ea	13.36m -0.5
2 #318 Myatt, Carter	Truro Lions	12.42m -0.2

**Men 18-19 Triple Jump**

Name	Team	Finals
<b>Finals</b>		
1 #209 Ing, Gabe	Islanders Tr	11.87m -0.9
2 #302 Crowe, Isaac	Truro Lions	11.16m -1.0

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Men 20-34 Triple Jump**

Name	Team	Finals
<b>Finals</b>		
1 #414 Yetman, Daniel	Unattached N	13.42m -2.3
2 #164 Oshikoya, Oluwatobi	Athletics Ea	13.34m -0.9
3 #193 Macgregor, Peter	Crown Athlet	11.16m -0.8

**Men 40-44 Triple Jump**

Name	Team	Finals
<b>Finals</b>		
1 #401 MacKenzie, Shane	Unattached N	10.08m -0.1

**Men 12-13 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #227 Blois, Nic	Pictou Count	7.13m

**Men 14-15 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #187 Minihan, Max	Celtic Athle	14.55m
2 #413 Woo, Ari	Unattached N	10.01m
3 #230 D'Entremont, Tyler	Pictou Count	9.26m
4 #322 Wilson, Nathaniel	Truro Lions	9.06m

**Men 16-17 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #308 Hominick, Caleb	Truro Lions	11.97m
2 #316 McEwing, Will	Truro Lions	11.07m

**Men 16-17 Shot Put Seated**

Name	Team	Finals
<b>Finals</b>		
1 #443 Cleveland, Jesse	UNA	3.72m

**Men 18-19 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #163 Murphy, Rylan	Athletics Ea	15.17m
2 #406 Parsons, Owen	Unattached N	12.10m
3 #302 Crowe, Isaac	Truro Lions	9.17m

**Men 20-34 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #301 Burris, Nathan	Truro Lions	12.64m
2 #249 Wall, Eric	St. Mary's H	9.23m
3 #101 Sutherland, Tristan	Aetos Athlet	7.03m

**Men 35-39 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #389 Bambrick, David F37	Unattached N	11.46m

**Men 40-44 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #401 MacKenzie, Shane	Unattached N	7.53m
2 #236 Smith, Adam	Pictou Count	4.67m

**Men 45-49 Shot Put**

Name	Team	Finals
<b>Finals</b>		
1 #404 Myrick, Lee	Unattached N	11.35m

**Men 14-15 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #187 Minihan, Max	Celtic Athle	50.88m
2 #305 Durning, Ryker	Truro Lions	42.92m
3 #413 Woo, Ari	Unattached N	30.43m
4 #230 D'Entremont, Tyler	Pictou Count	29.27m

**Men 16-17 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #316 McEwing, Will	Truro Lions	34.84m
2 #308 Hominick, Caleb	Truro Lions	30.59m
3 #303 Crowe, Seth	Truro Lions	30.01m

**Men 18-19 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #163 Murphy, Rylan	Athletics Ea	36.45m
2 #406 Parsons, Owen	Unattached N	33.26m
3 #302 Crowe, Isaac	Truro Lions	26.49m

**Men 20-34 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #301 Burris, Nathan	Truro Lions	37.25m
2 #306 Grant, Robert	Truro Lions	31.09m
3 #101 Sutherland, Tristan	Aetos Athlet	18.90m

**Men 35-39 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #389 Bambrick, David F37	Unattached N	29.13m

**Men 45-49 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #404 Myrick, Lee	Unattached N	35.19m

**Men 70-74 Discus Throw**

Name	Team	Finals
<b>Finals</b>		
1 #231 Elliott, Alan	Pictou Count	27.37m

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results**Men 12-13 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #227 Blois, Nic	Pictou Count	14.72m
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**Men 14-15 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #322 Wilson, Nathaniel	Truro Lions	21.11m
2 #413 Woo, Ari	Unattached N	16.49m

**Men 16-17 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #308 Hominick, Caleb	Truro Lions	51.76m
2 #316 McEwing, Will	Truro Lions	34.29m

**Men 20-34 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #301 Burris, Nathan	Truro Lions	46.00m
2 #167 Salah, Elias	Athletics Ea	38.17m

**Men 45-49 Hammer Throw**

Name	Team	Finals
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**Finals**

1 #404 Myrick, Lee	Unattached N	27.56m
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**Men 14-15 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #324 Wolfe, Ethan	Truro Lions	35.98m
2 #413 Woo, Ari	Unattached N	23.51m
3 #230 D'Entremont, Tyler	Pictou Count	20.51m

**Men 16-17 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #307 Greatorex, Max	Truro Lions	46.73m
2 #308 Hominick, Caleb	Truro Lions	38.06m
3 #309 Hurley, Hayden	Truro Lions	36.86m
4 #313 MacLean, Daniel	Truro Lions	34.92m

**Men 18-19 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #406 Parsons, Owen	Unattached N	41.72m
2 #302 Crowe, Isaac	Truro Lions	35.71m
3 #315 McDonald, Jake	Truro Lions	35.20m

**Men 20-34 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #323 Wolfe, Colby	Truro Lions	49.33m
2 #306 Grant, Robert	Truro Lions	43.47m
3 #373 Whynot, Alex	UNA	42.78m

4 #301 Burris, Nathan	Truro Lions	31.48m
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**Men 45-49 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #404 Myrick, Lee	Unattached N	43.26m
2 #311 Lapointe, Iain	Truro Lions	42.79m

**Men 50-54 Javelin Throw**

Name	Team	Finals
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**Finals**

1 #442 Neill, Jason	UNA	44.94m
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**Men 8-9 60 Meter Dash Tetrathlon**

Name	Team	Finals
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**Finals**

1 #440 Stewart, Henry	Yhz Track &	11.05 120
2 #363 Myrick, Liam	UNA	11.29 105
3 #235 Pyrovolos-Thompson	Pictou Count	11.78 78

**Men 10-11 60 Meter Dash Tetrathlon**

Name	Team	Finals
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**Finals**

1 #438 Liu, Kai	Yhz Track &	9.22 259
2 #201 Wall, Jesse	Grit Athleti	9.50 234
3 #321 Wilson, Hendriks	Truro Lions	10.20 178
4 #362 Myrick, Jenner	UNA	11.67 83

**Men 12-13 60 Meter Dash Tetrathlon**

Name	Team	Finals
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**Finals**

1 #233 MacCallum, Gavin	Pictou Count	9.25 256
2 #227 Blois, Nic	Pictou Count	10.20 178
3 #364 Myrick, Odin	UNA	10.38 165
4 #232 Johnston, Reid	Pictou Count	10.54 154

**Men 8-9 600 Meter Run Tetrathlon**

Name	Team	Finals
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**Finals**

1 #363 Myrick, Liam	UNA	2:25.55 124
2 #440 Stewart, Henry	Yhz Track &	2:25.61 124
3 #235 Pyrovolos-Thompson	Pictou Count	3:12.64 2

**Men 10-11 600 Meter Run Tetrathlon**

Name	Team	Finals
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**Finals**

1 #438 Liu, Kai	Yhz Track &	1:56.20 280
2 #201 Wall, Jesse	Grit Athleti	2:09.73 201
3 #321 Wilson, Hendriks	Truro Lions	2:32.74 95
4 #362 Myrick, Jenner	UNA	2:50.26 39

**Men 12-13 600 Meter Run Tetrathlon**

Name	Team	Finals
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**Finals**

1 #233 MacCallum, Gavin	Pictou Count	1:53.00 301
2 #232 Johnston, Reid	Pictou Count	2:06.14 221
3 #364 Myrick, Odin	UNA	2:34.99 86

## 2023 Athletics NS Provincial Championships - 6/24/2023 to 6/25/2023

Beazley Field  
Results

## Finals ... (Men 12-13 600 Meter Run Tetrathlon)

Name	Team	Finals
4 #227 Blois, Nic	Pictou Count	2:41.58 64

## Men 8-9 Long Jump Tetrathlon

Name	Team	Finals
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## Finals

1 #440 Stewart, Henry	Yhz Track &	2.74m 124
2 #363 Myrick, Liam	UNA	2.62m 115
3 #235 Pyrovolos-Thompsor	Pictou Count	2.19m 87

## Men 10-11 Long Jump Tetrathlon

Name	Team	Finals
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## Finals

1 #438 Liu, Kai	Yhz Track &	4.05m 226
2 #201 Wall, Jesse	Grit Athleti	3.57m 186
3 #321 Wilson, Hendriks	Truro Lions	3.20m 157
4 #362 Myrick, Jenner	UNA	2.26m 91

## Men 12-13 Long Jump Tetrathlon

Name	Team	Finals
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## Finals

1 #233 MacCallum, Gavin	Pictou Count	4.16m 235
2 #364 Myrick, Odin	UNA	3.45m 177
3 #232 Johnston, Reid	Pictou Count	3.33m 167
4 #227 Blois, Nic	Pictou Count	3.25m 161

## Men 8-9 Shot Put Tetrathlon

Name	Team	Finals
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## Finals

1 #363 Myrick, Liam	UNA	5.24m 133
2 #440 Stewart, Henry	Yhz Track &	4.51m 107
3 #235 Pyrovolos-Thompsor	Pictou Count	3.20m 62

## Men 10-11 Shot Put Tetrathlon

Name	Team	Finals
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## Finals

1 #201 Wall, Jesse	Grit Athleti	6.61m 182
2 #321 Wilson, Hendriks	Truro Lions	6.34m 172
3 #438 Liu, Kai	Yhz Track &	5.88m 156
4 #362 Myrick, Jenner	UNA	4.60m 111

## Men 12-13 Shot Put Tetrathlon

Name	Team	Finals
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## Finals

1 #227 Blois, Nic	Pictou Count	8.54m 252
2 #233 MacCallum, Gavin	Pictou Count	8.33m 244
3 #364 Myrick, Odin	UNA	8.12m 237
4 #232 Johnston, Reid	Pictou Count	6.89m 192

## Men 8-9 Tetrathlon

Name	Team	Finals
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## Finals

1 #363 Myrick, Liam	UNA	353
2 #440 Stewart, Henry	Yhz Track &	351
3 #235 Pyrovolos-Thompsor	Pictou Count	227

## Men 10-11 Tetrathlon

Name	Team	Finals
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## Finals

1 #438 Liu, Kai	Yhz Track &	921
2 #201 Wall, Jesse	Grit Athleti	803
3 #321 Wilson, Hendriks	Truro Lions	602
4 #362 Myrick, Jenner	UNA	324

## Men 12-13 Tetrathlon

Name	Team	Finals
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## Finals

1 #233 MacCallum, Gavin	Pictou Count	1036
2 #232 Johnston, Reid	Pictou Count	734
3 #364 Myrick, Odin	UNA	665
4 #227 Blois, Nic	Pictou Count	655

## Combined Team Scores - 63 Events Scored

1) Truro Lions Track & Field Club	1387
2) Athletics East Nova Scotia	965
3) UNATTACHED NOVA SCOTIA	654
4) PICTOU COUNTY ATHLETICS CLUB	526
5) YHZ Track & Field Club	322
6) Annapolis County Athletics Clu	304
7) StFX TRACK AND FIELD CLUB	240
8) BLUENOSE ATHLETICS TRACK AND F	135
9) Islanders Track and Field	108
10) UNATTACHED-NEW BRUNSWICK	98
11) Southwest Nova Athletics	94
12) ATHLÉTISME CHALEUR ATHLETISME	77
13) Crown Athletics	75
14) Saint John Reds Track & Field	68
15) CELTIC ATHLETICS	60
16) VALLEY ATHLETICS	59
17) Aetos Athletica	58
18) St. Mary's Huskies	36
19) GRIT Athletics Track and Field	30
20) CHEBUCTO ATHLETICS	26
21) Halifax Road Hammers	24
22) Special Olympics Nova Scotia	22
23) Astral Drive Elementary	14
23) Baddeck Beacons Track and Fiel	14
25) West Highlands School	12
26) Astral Drive Junior High	11
27) Halifax Road Hammers	10
28) Elmdale Public School	4
29) Dutch Settlement Elementary	3
30) Ecole Chebucto Heights Element	2
31) East Richmond Educational Cent	1
31) Cavalier Drive	1