

CCAA XC Running National Championships

Hosted by St. Mary's University

November 13, 2021

Runner	School	Conf	Bib#	Time	Pace/km	Overall place	School place	Conf place
Leonard Chesoo	Concordia	ACAC	233	24:44	03:06	1		1
Nolan Turgeon	Victoriaville	RSEQ	282	25:12	03:09	2	1	2
Seth Marcaccio	Fanshaw	OCAA	220	25:22	03:10	3	2	3
Sandy Freeland	Fanshaw	OCAA	217	25:32	03:12	4	3	4
Keiran Marchand	SAIT	ACAC	254	25:33	03:12	5	4	5
Xavier Lemaitre	Saint-Lambert	RSEQ	205	25:36	03:12	6	5	6
Tyler Jones	St Clair	OCAA	287	25:38	03:12	7	6	7
Jacob Fitzpatrick	St Clair	OCAA	291	25:43	03:13	8	7	8
Mathis Vallieres	Victoriaville	RSEQ	283	25:52	03:14	9	8	9
Rick Nepomuceno	St Clair	OCAA	288	26:07	03:16	10	9	10
Charles Poulin	Trois Rivieres	RSEQ	212	26:39	03:20	11	10	
Ethan Roche	Fanshaw	OCAA	221	26:56	03:22	12	11	11
Aidan Raynor	John Abbott	RSEQ	273	27:00	03:23	13	12	12
Samuel Hepworth	Dawson	RSEQ	209	27:03	03:23	14		13
Jeremy Dion	Victoriaville	RSEQ	285	27:06	03:23	15	13	
Yahye Jama	SAIT	ACAC	253	27:14	03:24	16	14	14
Reggie Williams	Lethbridge	ACAC	241	27:17	03:25	17	15	15
Charles Grimard	Saint-Jerome	RSEQ	272	27:19	03:25	18		
Ismail El Moutaouakil	Montmorency	RSEQ	215	27:22	03:25	19		
Emile Toupin	Trois Rivieres	RSEQ	213	27:27	03:26	20	16	
Nathanael Tabert	Augustana	ACAC	223	27:33	03:27	21	17	16
Landon Swartz	SAIT	ACAC	255	27:33	03:27	22	18	17
Luke Groulx	Fanshaw	OCAA	218	27:36	03:27	23	19	18
Devin Saunders	Red Deer	ACAC	247	27:41	03:28	24	20	
Daniel Cross	John Abbott	RSEQ	274	27:47	03:28	25	21	
Umberto Lopardo	Humber	OCAA	259	27:50	03:29	26		
John Berthelot	Fanshaw	OCAA	216	27:59	03:30	27	22	
Emmanuel Lebel	Victoriaville	RSEQ	200	28:05	03:31	28	23	
Ethan Duret	Red Deer	ACAC	248	28:09	03:31	29	24	
Kyle Luyt	Fanshaw	OCAA	219	28:11	03:31	30	25	
Aden Haywood	Medicine Hat	ACAC	242	28:17	03:32	31	26	
Victor Tanner	Saint-Lambert	RSEQ	208	28:25	03:33	32	27	
Marc-Oliver Lozier	Trois Rivieres	RSEQ	210	28:27	03:33	33	28	
Brandon Toal	Concordia	ACAC	234	28:31	03:34	34		19
Jayden Wildcat	Red Deer	ACAC	250	28:33	03:34	35	29	
Matt Lafleur	St Clair	OCAA	290	28:36	03:35	36	30	
Benjamin Nawrot	Augustana	ACAC	227	28:43	03:35	37	31	
Jackson Sinclair	SAIT	ACAC	256	28:47	03:36	38	32	
Carter Van Roon	Lethbridge	ACAC	240	28:48	03:36	39	33	
Samuel Nawrot	Augustana	ACAC	228	28:49	03:36	40	34	
Will Summers	Mohawk	OCAA	267	28:49	03:36	41	35	
John Riley	St Clair	OCAA	289	28:57	03:37	42	36	
Matias Tessel	Mohawk	OCAA	268	29:00	03:38	43	37	
Louis Marchand	Saint-Lambert	RSEQ	206	29:01	03:38	44	38	
Jacob Chant	Mohawk	OCAA	264	29:04	03:38	45	39	
Ben Yalin	Mohawk	OCAA	269	29:14	03:39	46	40	

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School Teams

<u>Place</u>	<u>Points</u>	<u>School</u>	<u>Avg time</u>			<u>Total time</u>
1	35	Fanshaw	26:22			1:45:26
2		Seth Marcaccio	25:22	19	Luke Groulx	27:36
3		Sandy Freeland	25:32	22	John Berthelot	27:59
11		Ethan Roche	26:56	25	Kyle Luyt	28:11
2	45	Victoriaville	26:34			1:46:15
1		Nolan Turgeon	25:12	23	Emmanuel Lebel	28:05
8		Mathis Vallieres	25:52	49	Ismael Lamoureux	30:19
13		Jeremy Dion	27:06			
3	52	St Clair	26:31			1:46:04
6		Tyler Jones	25:38	30	Matt Lafleur	28:36
7		Jacob Fitzpatrick	25:43	36	John Riley	28:57
9		Rick Nepomuceno	26:07	55	Mitch Haggart	30:52
4	68	SAIT	27:17			1:49:07
4		Keiran Marchand	25:33	32	Jackson Sinclair	28:47
14		Yahye Jama	27:14	66	Justin Galipeau	32:56
18		Landon Swartz	27:33	68	Jonathan Samper Garzon	33:38
5	100	Trois Rivieres	28:07			1:52:27
10		Charles Poulin	26:39	46	Jeremy Lantz	29:54
16		Emile Toupin	27:27			
28		Marc-Oliver Lozier	28:27			
6	111	Saint-Lambert	28:07			1:52:30
5		Xavier Lemaitre	25:36	41	Simon Picard	29:28
27		Victor Tanner	28:25			
38		Louis Marchand	29:01			
7	124	John Abbott	28:36			1:54:26
12		Aidan Raynor	27:00	47	Jonathan Munger	29:54
21		Daniel Cross	27:47			
44		Daniel Racette	29:45			
8	124	Red Deer	28:46			1:55:04
20		Devin Saunders	27:41	51	Axsivier Lawrence	30:41
24		Ethan Duret	28:09	62	Daniel Humbke	32:12
29		Jayden Wildcat	28:33	70	Wyatt Grainger	34:57
9	138	Lethbridge	28:57			1:55:46
15		Reggie Williams	27:17	48	Cole Herbert	30:08
33		Carter Van Roon	28:48	50	Justin Fisher	30:25
42		Logan Danyluk	29:33	52	Jack Bentley	30:41
10	145	Augustana	29:20			1:57:19
17		Nathanael Tabert	27:33	63	Jonas Stoll-Pott	32:14
31		Benjamin Nawrot	28:43	64	Ewan Schellenberg	32:37
34		Samuel Nawrot	28:49	72	Dominic Schellenberg	39:14

11	151	Mohawk	29:02			1:56:07
	35	Will Summers	28:49	40	Ben Yalin	29:14
	37	Matias Tessel	29:00	56	Gordon McGinn	30:54
	39	Jacob Chant	29:04	60	Riley Hambly	31:54
12	202	Medicine Hat	31:06			2:04:25
	26	Aden Haywood	28:17	69	Keveen Gonzalez	34:33
	53	Brannon Sumner	30:46	71	Shintaro Iwata	36:02
	54	Carson Schiller	30:49			
13	220	Notre-Dame-de-Foy	31:16			2:05:05
	43	Alexis Denault-Lemaire	29:38	61	Maxime Collin	32:06
	57	Nicolas Harvey	31:35	65	Emerick Plante	32:42
	59	Marc-Oliver Alain	31:46			
14	243	Crandall	33:35			2:14:19
	45	Sean Finnigan	29:50	73	Charles Taylor	39:22
	58	William Ross	31:36			
	67	Aaron Reimer	33:31			

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Runner	School	Conf	Bib#	Time	Pace/km	Overall place	School place	Conf place
Makenna Fitzgerald	SAIT	ACAC	161	21:40	03:37	1		1
Juliette Belanger	Jonquiere	RSEQ	115	22:43	03:47	2		2
Elodie Hebert	Sherbrooke	RSEQ	123	23:26	03:54	3	1	3
Sarah Fulton-Kennedy	Dawson	RSEQ	110	23:29	03:55	4		4
Reese Bendiksen	Augustana	ACAC	134	23:38	03:56	5	2	5
Rose-Emanuelle Binette	Sherbrooke	RSEQ	121	23:47	03:58	6	3	
Catherine Irwin	St. Lawrence	OCAA	176	23:55	03:59	7		6
Faith Nieson	Laurier	OCAA	168	24:08	04:01	8	4	7
Maria Fox	St Mary's	ACAC	100	24:09	04:01	9	5	8
Caitlyn Fulton-Kennedy	John Abbot	RSEQ	178	24:17	04:03	10	6	9
Emy Dagenais	Joliette	RSEQ	119	24:20	04:03	11		10
Coralie Bouchard	Montmorency	RSEQ	117	24:20	04:03	12		11
Karyn Blackney	Fleming	OCAA	163	24:29	04:05	13		12
Caitlin Debree	Augustana	ACAC	132	24:39	04:07	14	7	13
Emma Derbyshire	Concordia	ACAC	141	24:44	04:07	15	8	14
Anna Peacocke	Concordia	ACAC	140	24:46	04:08	16	9	
Anaevae Buell	Levis	RSEQ	194	24:51	04:09	17		15
Sofia Veilleux	Saint-Lambert	RSEQ	109	25:00	04:10	18	10	
Mary-Lune Baril	Baie-Comeau	RSEQ	187	25:03	04:11	19		
Justine Champagne	Andre-Grasset	RSEQ	118	25:08	04:11	20		
Josiane Morin	Notre-Dame-de-Foy	RSEQ	182	25:09	04:12	21	11	
Morgan Spryut	Concordia	ACAC	142	25:17	04:13	22	12	16
Lea Gobeil	Trois Rivieres	RSEQ	111	25:18	04:13	23	13	
Angele-Emilie Berube	Sherbrooke	RSEQ	120	25:23	04:14	24	14	
Sofia Vozza	Humber	OCAA	165	25:28	04:15	25		
Annie Sterenberg	Mohawk	OCAA	172	25:29	04:15	26		17
Juliette Laviolette	Vieux Montreal	RSEQ	196	25:33	04:16	27		
Taylor Chamberlain	Concordia	ACAC	139	25:34	04:16	28	15	18
Sydney Zissos	St Mary's	ACAC	101	25:35	04:16	29	16	
Elise Vaillancourt	Sherbrooke	RSEQ	124	25:40	04:17	30	17	
Justine Larson	Red Deer	ACAC	157	25:43	04:17	31	18	
Ashley Lof	Mohawk	OCAA	171	25:43	04:17	32		
Katie Rice	Fanshawe	OCAA	131	25:46	04:18	33	19	19
Hannah Boehm	John Abbot	RSEQ	179	25:54	04:19	34	20	
Emma Veilleux	Saint-Lambert	RSEQ	108	26:00	04:20	35	21	
Roxanne Landry	Vieux Montreal	RSEQ	195	26:02	04:20	36		
Hailey Jones	St Clair	OCAA	189	26:05	04:21	37	22	
Brooke Jez	Fanshawe	OCAA	127	26:10	04:22	38	23	
Tamera Depauw	Fanshawe	OCAA	126	26:12	04:22	39	24	20
Makayla Sheppard	Augustana	ACAC	136	26:12	04:22	40	25	
Kennedy Finch	Laurier	OCAA	170	26:13	04:22	41	26	
Mya Palumbo	St Clair	OCAA	188	26:15	04:23	42	27	
Emmanuelle Chaput	Saint-Lambert	RSEQ	107	26:16	04:23	43	28	
Emmy Bourgeois	Trois Rivieres	RSEQ	113	26:17	04:23	44	29	
Rosie Bouchard	Lethbridge	ACAC	144	26:19	04:23	45	30	
Melody Knight	St Clair	OCAA	192	26:24	04:24	46	31	21
Chloe Funnell	Augustana	ACAC	133	26:30	04:25	47	32	
Annika Brink	Redeemer	OCAA	174	26:31	04:25	48		
Laurence Beausejour-Cantin	Montmorency	RSEQ	116	26:31	04:25	49		
Jenica Swartz	Red Deer	ACAC	156	26:37	04:26	50	33	

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<u>Place</u>	<u>Points</u>	<u>School</u>	<u>Avg time</u>		<u>Total time</u>	
1	35	Sherbrooke	24:34		1:38:16	
	1	Elodie Hebert	23:26	17	Elise Vaillancourt	25:40
	3	Rose-Emanuelle Binette	23:47	38	Natasha Bolger	26:46
	14	Angele-Emilie Berube	25:23			
2	44	Concordia	25:05		1:40:21	
	8	Emma Derbyshire	24:44	15	Taylor Chamberlain	25:34
	9	Anna Peacocke	24:46	59	Gillian Nachtigall	28:45
	12	Morgan Spryut	25:17			
3	66	Augustana	25:15		1:40:59	
	2	Reese Bendiksen	23:38	32	Chloe Funnell	26:30
	7	Caitlin Debree	24:39	58	Serena Isley	28:25
	25	Makayla Sheppard	26:12	66	Mia Spreen	31:22
4	95	Saint-Lambert	26:00		1:44:00	
	10	Sofia Veilleux	25:00	36	Daphnee Beauchamp	26:44
	21	Emma Veilleux	26:00			
	28	Emmanuelle Chaput	26:16			
5	112	Fanshawe	26:19		1:45:15	
	19	Katie Rice	25:46	46	Julia Latham	27:07
	23	Brooke Jez	26:10	50	Allyson Kwaciak	27:31
	24	Tamera Depauw	26:12	51	Samantha Reidy	27:39
6	118	Laurier	26:06		1:44:24	
	4	Faith Nieson	24:08	47	Kara Hughes	27:13
	26	Kennedy Finch	26:13	62	Adna Kadrispahic	29:40
	41	Chiara Carinci	26:50			
7	119	John Abbot	26:13		1:44:54	
	6	Caitlyn Fulton-Kennedy	24:17	54	Amaya Sastron-Navarrete	27:55
	20	Hannah Boehm	25:54			
	39	Francesca Wopling	26:48			
8	123	St Clair	26:26		1:45:43	
	22	Hailey Jones	26:05	43	Lily Pattinson	26:59
	27	Mya Palumbo	26:15	48	Natasha Atherton	27:13
	31	Melody Knight	26:24	64	Samantha Marchenkowsky	30:55
9	135	St Mary's	27:01		1:48:05	
	5	Maria Fox	24:09	65	Sarah Foscarini	30:59
	16	Sydney Zissos	25:35	68	Casey Field	34:36
	49	Elizabeth Krueger	27:22	72	Laura Fraser	39:13

10	137	Red Deer	26:35			1:46:18
	18	Justine Larson	25:43	44	Myah Cota	27:00
	33	Jenica Swartz	26:37	57	Halle Reid	28:08
	42	Lauren Pasiuk	26:58	60	Kammy Park	29:01
11	151	Notre-Dame-de-Foy	26:51			1:47:22
	11	Josiane Morin	25:09	53	Mathilde Laroche	27:48
	35	Elodie Veillette	26:40	55	Alexia Pelletier	27:59
	52	Juliette Bujold	27:45			
12	161	Trois Rivieres	27:23			1:49:30
	13	Lea Gobeil	25:18	63	Marguerite Lebeau	29:53
	29	Emmy Bourgeois	26:17			
	56	Savannah Perron	28:02			
13	170	Lethbridge	27:18			1:49:13
	30	Rosie Bouchard	26:19	61	Kayla Munro	29:08
	34	Maria Boix-Frias	26:40	70	Natasha McGraw	37:02
	45	Sydney Crowe	27:06			
14	213	Medicine Hat	30:59			2:03:56
	37	Pyper Gill	26:46	69	Huimei Huang	36:45
	40	Cheldynn Molnar	26:49	71	Ji Soo Lee	38:34
	67	Angela Bunn	33:36			