

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Girls 12-13 60 Meter Dash**

	Name	Team	Finals	H#
Finals				
1	MacCallum, Amelia	Pictou County Athletics Club	8.94	6
2	Hughes, Sophie	Halifax Athletics	9.35	5
3	Tupper, Avery	Annapolis County Athletics Clu	9.39	4
4	Young, Lillian	Annapolis County Athletics Clu	9.46	4
5	Fortune, Alyssa	Pictou County Athletics Club	9.52	2
6	Tibbo, Rylee	Yhz Track & Field Club	10.36	3
7	Gray, Joelle	Halifax Athletics	10.53	3
8	Doody, Addison	Yhz Track & Field Club	10.79	2

Women 14-15 60 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Gouthro, Isabella	Truro Lions Track & Field Club	8.45	7
2	Evans, Willa	Truro Lions Track & Field Club	8.51	8
3	Mfoumou, Norelle Pernilla Epo	Jeux de la Francophonie Canadi	8.87	1
4	Sampson, Piper	Jeux de la Francophonie Canadi	8.90	1
5	O'Sullivan, Julie	Chebucto Athletics	8.95	5
6	Campbell, Emma	Yhz Track & Field Club	8.97	6
7	Tasco, Jalen	Halifax Athletics	9.06	6
8	Le Rudulier, Anne-Sophie	Jeux de la Francophonie Canadi	9.09	1
9	Theriault, Anna	Chebucto Athletics	9.16	5
10	Wolthausen, Lyla	Halifax Athletics	9.22	4
11	Brooks, Taylor	Jeux de la Francophonie Canadi	9.53	2
12	Blondon, Sophie	Yhz Track & Field Club	9.69	4

Women 16-17 60 Meter Dash

	Name	Team	Finals	H#
Finals				
1	MacIsaac, Shelby	Aetos Athletica	7.99	8
2	Sheppard, Lynn	Halifax Athletics	8.22	8
3	Poisson, Alexandra	Halifax Athletics	8.35	8
4	Lawrence, Lillian	Annapolis County Athletics Clu	8.42	7
5	Kalau, Marjanah	Bluenose Athletics Track And F	8.48	6
6	Gaudry, Abbigael	Chebucto Athletics	8.51	8
7	Desprès, Erika	Aetos Athletica	8.60	7
8	Stroud, Charlotte	Pictou County Athletics Club	8.83	3
9	Gourley, Olivia	Jeux de la Francophonie Canadi	9.17	2
10	Dearn, Morgan	Yhz Track & Field Club	9.23	5
11	Hicks, Kiersten	A.S.E.A.	9.24	5
12	Hanna, Sophia	Jeux de la Francophonie Canadi	9.45	1

Women 18-19 60 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Kimball, Jane	Bluenose Athletics Track And F	8.50	7
2	Macneil, Allison	Yhz Track & Field Club	8.72	7

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Women 20-34 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Alexander, Mira	Truro Lions Track & Field Club	8.52	6

Women 35-39 60 Meter Dash

Name	Team	Finals	
Finals			
1 Mackinnon, Alana	Pictou County Athletics Club	10.06	

Women 60-64 60 Meter Dash

Name	Team	Finals	
Finals			
1 Welch, Jo	Unattached Nova Scotia	10.68	
2 Carty, Anita	Pictou County Athletics Club	12.50	

Women 12-13 150 Meter Dash

Name	Team	Finals	
Finals			
1 Barrington, Nadia	Truro Lions Track & Field Club	22.18	
2 Tupper, Avery	Annapolis County Athletics Clu	23.30	
3 Young, Lillian	Annapolis County Athletics Clu	23.92	
4 Gray, Joelle	Halifax Athletics	27.42	

Girls 12-13 200 Meter Dash

Name	Team	Finals	
Finals			
1 Tibbo, Rylee	Yhz Track & Field Club	34.56	

Women 14-15 200 Meter Dash

Name	Team	Finals	H#
Finals			
1 Archibald, Mya	Chebucto Athletics	27.26	3
2 Gouthro, Isabella	Truro Lions Track & Field Club	28.20	3
3 Evans, Willa	Truro Lions Track & Field Club	28.34	3
4 Covert, Claire	Chebucto Athletics	28.87	2
5 Campbell, Emma	Yhz Track & Field Club	30.09	2
6 Sampson, Piper	Jeux de la Francophonie Canadi	30.39	1
7 Tasco, Jalen	Halifax Athletics	31.58	1
8 Blondon, Sophie	Yhz Track & Field Club	33.50	2

Women 16-17 200 Meter Dash

Name	Team	Finals	H#
Finals			
1 MacIsaac, Shelby	Aetos Athletica	26.59	4
2 Sheppard, Lynn	Halifax Athletics	26.86	4
3 Poisson, Alexandra	Halifax Athletics	27.87	4
4 Gaudry, Abbigael	Chebucto Athletics	28.36	3
5 King, Megan	Yhz Track & Field Club	28.88	4
6 Lawrence, Lillian	Annapolis County Athletics Clu	28.89	3
7 Kalau, Marjanah	Bluenose Athletics Track And F	29.30	4
8 Gourley, Olivia	Jeux de la Francophonie Canadi	31.30	1
9 Wylie, Lily	Southwest Nova Athletics	31.36	2

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Finals ... (Women 16-17 200 Meter Dash)**

	Name	Team	Finals	H#
10	Dearn, Morgan	Yhz Track & Field Club	32.21	2
11	Hanna, Sophia	Jeux de la Francophonie Canadi	32.77	1

Women 18-19 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Fergusson, Lauren	Chebucto Athletics	28.36	3
2	Kimball, Jane	Bluenose Athletics Track And F	28.51	4

Women 20-34 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Alexander, Mira	Truro Lions Track & Field Club	28.48	2

Women 50-54 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Maccara, Marilyn	Pictou County Athletics Club	37.37	

Women 60-64 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Welch, Jo	Unattached Nova Scotia	36.98	

Women 14-15 400 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Macdonald, Cara	Pictou County Athletics Club	1:02.39	2
2	Sampson, Piper	Jeux de la Francophonie Canadi	1:11.49	1

Women 16-17 400 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Archibald, Emma	Chebucto Athletics	1:06.38	1
2	Rafuse, Isis	Bluenose Athletics Track And F	1:06.87	2
3	Hanna, Sophia	Jeux de la Francophonie Canadi	1:15.16	1
4	Martin, Delaney	Jeux de la Francophonie Canadi	1:16.01	1

Women 18-19 400 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Rawding, Claire	Bluenose Athletics Track And F	1:04.10	2
2	Fergusson, Lauren	Chebucto Athletics	1:05.45	1
3	Stubbart, Chloe	Asea	1:06.98	2

Women 20-34 400 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Hickman, Sarah	Unattached-New Brunswick	1:08.22	2
2	Barbour, Courtney	Halifax Road Hammers	1:17.38	1

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Women 45-49 400 Meter Dash**

	Name	Team	Finals	
Finals				
1	James, Paula	Valley Athletics	1:07.37	
2	Smith, Cheryl	Valley Athletics	1:08.89	

Girls 12-13 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Morrow, Kate	Yhz Track & Field Club	2:51.18	2
2	Carruthers, Anna	Chebucto Athletics	3:04.56	2
3	Lewis, Morgan	Chebucto Athletics	3:09.29	1
---	Hughes, Sophie	Halifax Athletics	DNF	2

Women 14-15 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Lewis, Abby	Chebucto Athletics	2:21.85	3
2	Macdonald, Cara	Pictou County Athletics Club	2:22.76	3
3	Allen, Ellie	Yhz Track & Field Club	2:50.05	2
4	Gurney, Ila	Annapolis County Athletics Clu	2:53.38	2

Women 16-17 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Ross, Kristen	Pictou County Athletics Club	2:21.52	3
2	Artibello, Malia	StFX Track And Field Club	2:25.47	3
3	Rafuse, Isis	Bluenose Athletics Track And F	2:35.48	3
4	White, Jessica	Fast Tracks	2:40.93	3
5	Martin, Delaney	Jeux de la Francophonie Canadi	3:10.20	1

Women 18-19 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Rawding, Claire	Bluenose Athletics Track And F	2:37.31	3

Women 20-34 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Barbour, Courtney	Halifax Road Hammers	2:49.34	2

Women 45-49 800 Meter Run

	Name	Team	Finals	H#
Finals				
1	Smith, Cheryl	Valley Athletics	2:44.70	2

Women 16-17 1500 Meter Run

	Name	Team	Finals	H#
Finals				
1	Canning, Mairin	StFX Track And Field Club	5:14.50	2
2	White, Jessica	Fast Tracks	5:18.34	2
3	Lipton Levyssohn, Hannah	A.S.E.A.	5:23.60	2
4	Cameron, Eilidh	Pictou County Athletics Club	5:31.93	2

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Finals ... (Women 16-17 1500 Meter Run)**

	Name	Team	Finals	H#
5	Doucette, Sophie	Yhz Track & Field Club	5:34.24	2
6	Archibald, Emma	Chebucto Athletics	5:49.82	1
7	Cameron, Nell	Pictou County Athletics Club	5:57.23	1
8	Tupper, Payton	Annapolis County Athletics Clu	6:29.85	1
9	Martin, Delaney	Jeux de la Francophonie Canadi	7:02.52	1

Women 18-19 1500 Meter Run

	Name	Team	Finals	H#
Finals				
1	Benoit, Eileen	Valley Athletics	5:14.65	2

Women 45-49 1500 Meter Run

	Name	Team	Finals	H#
Finals				
1	Smith, Cheryl	Valley Athletics	5:31.51	2

Girls 12-13 2000 Meter Run

	Name	Team	Finals
Finals			
1	Morrow, Kate	Yhz Track & Field Club	7:40.09

Women 14-15 2000 Meter Run

	Name	Team	Finals
Finals			
1	Lewis, Abby	Chebucto Athletics	6:27.74
2	Le Rudulier, Anne-Sophie	Jeux de la Francophonie Canadi	7:33.47
3	Allen, Ellie	Yhz Track & Field Club	7:48.37

Women 16-17 3000 Meter Run

	Name	Team	Finals
Finals			
1	Chisholm, Siona	StFX Track And Field Club	10:13.57
2	McLeod, Maddie	Fast Tracks	11:11.54
3	Lipton Levyssohn, Hannah	A.S.E.A.	11:21.08
4	Cameron, Eilidh	Pictou County Athletics Club	11:37.48
5	Macdonald, Aria	Crown Athletics	11:57.83
6	Cameron, Nell	Pictou County Athletics Club	12:05.74
7	Allam, Nour	Yhz Track & Field Club	13:08.77
8	Martin, Delaney	Jeux de la Francophonie Canadi	14:06.58

Women 18-19 3000 Meter Run

	Name	Team	Finals
Finals			
1	Sandluck, Allie	Pictou County Athletics Club	10:55.31
2	Benoit, Eileen	Valley Athletics	10:58.62

Women 20-34 3000 Meter Run

	Name	Team	Finals
Finals			
1	Genjosa, Lelise	Yhz Track & Field Club	10:05.77
2	Zentner, Jessica	Pictou County Athletics Club	11:09.30
3	Zentner, Naomi	Pictou County Athletics Club	13:17.72

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Women 20-34 5000 Meter Run

Name	Team	Finals
Finals		
--- Wilson, Colleen	Halifax Road Hammers	DNF

Women 35-39 5000 Meter Run

Name	Team	Finals
Finals		
1 Hamilton, Emily	Physi-Kult	17:54.30

Women 12-13 60 Meter Hurdles 30"

Name	Team	Finals
Finals		
1 Fortune, Alyssa	Pictou County Athletics Club	12.16
2 MacCallum, Amelia	Pictou County Athletics Club	12.21

Women 14-15 60 Meter Hurdles 30"

Name	Team	Finals
Finals		
1 Archibald, Mya	Chebucto Athletics	9.77
2 Covert, Claire	Chebucto Athletics	10.37

Women 16-17 60 Meter Hurdles 30"

Name	Team	Finals
Finals		
1 Gaudry, Abbigael	Chebucto Athletics	9.78
2 Beselt, Cassie	Truro Lions Track & Field Club	10.02
3 Kendall, Hanna	Annapolis County Athletics Clu	11.66
4 Wylie, Lily	Southwest Nova Athletics	12.59
5 Apa, Caity	Chebucto Athletics	12.60

Women 18-19 60 Meter Hurdles 33"

Name	Team	Finals
Finals		
1 Snarr, Mya	Crown Athletics	12.25

Women 45-49 60 Meter Hurdles 30"

Name	Team	Finals
Finals		
1 Weeks, Angela	Unattached Nova Scotia	12.36

Women 16-17 4x200 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Truro Lions Track & Field Club	A	1:58.77	1
2 Chebucto Athletics	A	2:15.81	2
3 Yhz Track & Field Club	A	2:20.45	2

Women 18-19 4x200 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Chebucto Athletics	A	1:57.92	2
2 Truro Lions Track & Field Club	A	2:03.41	2

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Finals ... (Women 18-19 4x200 Meter Relay)**

Team	Relay	Finals	H#
3 Pictou County Athletics Club	A	2:05.82	3
4 Annapolis County Athletics Clu	A	2:06.07	2

Women 20-34 4x200 Meter Relay

Team	Relay	Finals	H#
1 Yhz Track & Field Club	A	2:04.13	2

Women 35-39 4x200 Meter Relay

Team	Relay	Finals	H#
1 Pictou County Athletics Club	A	2:51.13	

Women 16-17 4x400 Meter Relay

Team	Relay	Finals	H#
1 Truro Lions Track & Field Club	A	5:02.17	2
2 Chebucto Athletics	A	5:07.14	1
3 Yhz Track & Field Club	A	5:21.71	1
4 Annapolis County Athletics Clu	A	5:50.99	1

Women 18-19 4x400 Meter Relay

Team	Relay	Finals	H#
1 Chebucto Athletics	A	4:47.89	1
2 Pictou County Athletics Club	A	4:57.61	1
3 Truro Lions Track & Field Club	A	5:03.89	2

Women 35-39 4x400 Meter Relay

Team	Relay	Finals	H#
1 Pictou County Athletics Club	A	6:23.11	

Women 14-15 High Jump

Name	Team	Finals
1 Wolfe, Jennessa	Truro Lions Track & Field Club	1.59m
2 Covert, Claire	Chebucto Athletics	1.35m

Women 16-17 High Jump

Name	Team	Finals
1 Hicks, Kiersten	A.S.E.A.	1.56m
2 Cameron, Eilidh	Pictou County Athletics Club	1.45m
3 Coughlan, Emma	Crown Athletics	1.40m
3 Apa, Caity	Chebucto Athletics	1.40m
5 Kendall, Hanna	Annapolis County Athletics Clu	1.35m

Women 18-19 High Jump

Name	Team	Finals
1 Macneil, Allison	Yhz Track & Field Club	1.35m

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Girls 12-13 Long Jump

Name	Team	Finals
Finals		
1 Barrington, Nadia	Truro Lions Track & Field Club	4.37m
2 Fortune, Alyssa	Pictou County Athletics Club	3.72m
3 James, Amirah	Unattached Nova Scotia	3.68m
4 MacCallum, Amelia	Pictou County Athletics Club	3.08m
5 Doody, Addison	Yhz Track & Field Club	2.51m

Women 14-15 Long Jump

Name	Team	Finals
Finals		
1 Covert, Claire	Chebucto Athletics	4.68m
2 Angus, Haley	Truro Lions Track & Field Club	4.53m
3 Wolfe, Jennessa	Truro Lions Track & Field Club	4.51m
4 Theriault, Anna	Chebucto Athletics	3.79m
5 O'Sullivan, Julie	Chebucto Athletics	3.54m

Women 16-17 Long Jump

Name	Team	Finals
Finals		
1 Beselt, Cassie	Truro Lions Track & Field Club	4.68m
2 Macdonald, Lauren	Truro Lions Track & Field Club	4.62m
3 Morgan, Amy	Truro Lions Track & Field Club	4.44m
4 Stroud, Charlotte	Pictou County Athletics Club	4.08m
5 Hicks, Kiersten	A.S.E.A.	3.96m
6 Wylie, Lily	Southwest Nova Athletics	3.58m

Women 18-19 Long Jump

Name	Team	Finals
Finals		
1 Yiridoe, Martha	Truro Lions Track & Field Club	5.08m

Women 20-34 Long Jump

Name	Team	Finals
Finals		
1 Alexander, Mira	Truro Lions Track & Field Club	4.40m

Women 14-15 Triple Jump

Name	Team	Finals
Finals		
1 Angus, Haley	Truro Lions Track & Field Club	10.20m
2 Wolfe, Jennessa	Truro Lions Track & Field Club	9.65m

Women 16-17 Triple Jump

Name	Team	Finals
Finals		
1 Beselt, Cassie	Truro Lions Track & Field Club	10.04m
2 Macdonald, Lauren	Truro Lions Track & Field Club	9.07m
3 Morgan, Amy	Truro Lions Track & Field Club	8.97m

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Women 18-19 Triple Jump

Name	Team	Finals
Finals		
1 Stubbert, Chloe	Asea	9.77m
2 Snarr, Mya	Crown Athletics	8.71m

Women 16-17 Shot Put

Name	Team	Finals
Finals		
1 Gaudry, Abbigael	Chebucto Athletics	9.58m
2 Ferguson, Jordyn	Pictou County Athletics Club	8.73m

Women 20-34 Shot Put

Name	Team	Finals
Finals		
1 Alexander, Mira	Truro Lions Track & Field Club	7.86m

Women 45-49 Shot Put

Name	Team	Finals
Finals		
1 Simpson, Joyce	Pictou County Athletics Club	6.61m

Women 60-64 Shot Put

Name	Team	Finals
Finals		
1 Carty, Anita	Pictou County Athletics Club	6.13m

Women 16-17 Weight Throw

Name	Team	Finals
Finals		
1 Ferguson, Jordyn	Pictou County Athletics Club	10.07m

Women 45-49 Weight Throw

Name	Team	Finals
Finals		
1 Simpson, Joyce	Pictou County Athletics Club	7.15m

Women 60-64 Weight Throw

Name	Team	Finals
Finals		
1 Carty, Anita	Pictou County Athletics Club	8.72m
2 Welch, Jo	Unattached Nova Scotia	7.72m

Girls 5-9 60 Meter Dash Tetrathlon

Name	Team	Finals	H#
Finals			
1 Mosher, Avery	Una	11.26	2
2 Humphreys, Victoria	Yhz Track & Field Club	11.50	1
3 Quinton, Emma	Yhz Track & Field Club	11.54	2
4 McGrath, Molly	Yhz Track & Field Club	11.60	1
5 Woycheshyn, Nataliya	Una	11.73	1
6 Stevens, Jorja	Unattached Nova Scotia	15.50	1

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Girls 10-11 60 Meter Dash Tetrathlon

Name	Team	Finals	H#
Finals			
1 Landry, Olivia	Unattached Nova Scotia	9.27	3
2 Galloway, Alexa	Truro Lions Track & Field Club	11.83	2

Girls 12-13 60 Meter Dash Tetrathlon

Name	Team	Finals	H#
Finals			
1 Den Haan, Autumn	Annapolis County Athletics Clu	10.05	3

Girls 5-9 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
1 Mosher, Avery	Una	2:25.00
2 Quinton, Emma	Yhz Track & Field Club	2:25.11
3 Humphreys, Victoria	Yhz Track & Field Club	2:38.29
4 Woycheshyn, Nataliya	Una	2:43.92
5 Stevens, Jorja	Unattached Nova Scotia	3:03.10

Girls 10-11 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
1 Landry, Olivia	Unattached Nova Scotia	2:11.06
2 McDow, Katelyn	Una	2:23.81
3 Galloway, Alexa	Truro Lions Track & Field Club	2:58.37

Girls 12-13 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
1 Den Haan, Autumn	Annapolis County Athletics Clu	2:17.91

Girls 5-9 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Woycheshyn, Nataliya	Una	3.09m
2 Humphreys, Victoria	Yhz Track & Field Club	2.41m
3 Mosher, Avery	Una	2.37m
4 Quinton, Emma	Yhz Track & Field Club	2.18m
5 McGrath, Molly	Yhz Track & Field Club	2.08m
6 Stevens, Jorja	Unattached Nova Scotia	1.93m

Girls 10-11 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Landry, Olivia	Unattached Nova Scotia	3.74m
2 McGrath, Charlie	Yhz Track & Field Club	3.00m
3 Galloway, Alexa	Truro Lions Track & Field Club	2.61m
4 McDow, Katelyn	Una	2.28m

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Girls 12-13 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Den Haan, Autumn	Annapolis County Athletics Clu	3.39m

Girls 5-9 Shot Put 2k Tetrathlon

Name	Team	Finals
Finals		
1 McGrath, Molly	Yhz Track & Field Club	4.05m
2 Mosher, Avery	Una	3.73m
3 Woycheshyn, Nataliya	Una	3.36m
4 Humphreys, Victoria	Yhz Track & Field Club	3.35m
5 Quinton, Emma	Yhz Track & Field Club	2.97m
6 Stevens, Jorja	Unattached Nova Scotia	2.26m

Girls 10-11 Shot Put 2k Tetrathlon

Name	Team	Finals
Finals		
1 Landry, Olivia	Unattached Nova Scotia	6.29m
2 McGrath, Charlie	Yhz Track & Field Club	4.77m
3 McDow, Katelyn	Una	3.37m
4 Galloway, Alexa	Truro Lions Track & Field Club	2.82m

Girls 12-13 Shot Put 2k Tetrathlon

Name	Team	Finals
Finals		
1 Den Haan, Autumn	Annapolis County Athletics Clu	5.85m

Girls 5-9 Tetrathlon

Name	Team	Finals	H#
Finals			
1 Mosher, Avery	Una	411	
2 Quinton, Emma	Yhz Track & Field Club	356	
3 Woycheshyn, Nataliya	Una	353	
4 Humphreys, Victoria	Yhz Track & Field Club	336	
5 Stevens, Jorja	Unattached Nova Scotia	113	

Girls 10-11 Tetrathlon

Name	Team	Finals	H#
Finals			
1 Landry, Olivia	Unattached Nova Scotia	819	
2 Galloway, Alexa	Truro Lions Track & Field Club	259	

Girls 12-13 Tetrathlon

Name	Team	Finals	H#
Finals			
1 Den Haan, Autumn	Annapolis County Athletics Clu	676	

Men 12-13 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Myatt, Carter	Truro Lions Track & Field Club	8.77	3
2 Lerue, Nathan	Halifax Athletics	9.19	2

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Finals ... (Men 12-13 60 Meter Dash)**

Name	Team	Finals	H#
3 Saunders, Liam	Yhz Track & Field Club	9.86	2
4 Higgins, Miles	Truro Lions Track & Field Club	10.43	5
5 Baard, Nantus	Yhz Track & Field Club	10.55	2

Men 14-15 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Roussel, Francis Charles	A.S.E.A.	7.77	5
2 MacLean, David	Yhz Track & Field Club	8.46	3
3 Dedekhani, Youssef	Pictou County Athletics Club	8.53	4
4 Connell, Thomas	Yhz Track & Field Club	8.74	3
5 James, Kareem	Unattached Nova Scotia	8.90	2
6 Kocsis-Derfalvi, Aron	Yhz Track & Field Club	9.13	3

Men 16-17 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Swaniker, Jojo	Una	7.20	9
2 Smith, Jeffrey	Halifax Athletics	7.55	7
3 Young, Nathaël	Unattached-New Brunswick	7.61	6
4 Haakman, Ethan	Una	7.68	4
5 Zhou, Michael	Truro Lions Track & Field Club	7.72	6
6 Bilmer, Magnus	Chebucto Athletics	7.84	6
7 Kindermann, Tom	Chebucto Athletics	7.93	5
8 Fardy, David	Halifax Athletics	7.95	5
9 Wolthers, Caleb	Jeux de la Francophonie Canadi	8.31	1
10 Morrison, Kyle	Halifax Athletics	8.32	4
11 Normand, Dandri	Jeux de la Francophonie Canadi	8.33	1
12 Gerrior, Dylan	Halifax Athletics	8.44	4

Men 18-19 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Aftanas, Matthew	Unattached Nova Scotia	7.29	9
2 Springer, Camden	Halifax Athletics	7.31	9
3 Macneil, Tyler	Truro Lions Track & Field Club	7.35	8
4 Landry, Nick	Bluenose Athletics Track And F	7.40	9
5 Meira-Lavoie, Mario	Crown Athletics	7.41	8
6 Son, Hokyun	Crown Athletics	7.42	6
7 Jarrett, Graeme	Yhz Track & Field Club	7.51	6
8 Gagne, Gabriel	Aetos Athletica	7.53	7
9 Etou Bosseba, Brisnel	Crown Athletics	7.54	7
10 Atwood, Andrew	Crown Athletics	7.64	5
11 Wentzell, Nolan	Bluenose Athletics Track And F	7.65	7
12 Dowell, James	Chebucto Athletics	7.74	8
13 Bleau, Rylar	Halifax Athletics	8.08	4
14 Sampson, Daniel	Jeux de la Francophonie Canadi	8.52	1
15 Patterson, William	A.S.E.A.	8.63	3

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Men 20-34 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Sambili, Merveille	Aetos Athletica	7.45	8
2 Richard, Christian	Aetos Athletica	7.55	8

Men 35-39 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Stewart, Jason	Halifax Athletics	8.62	2

Men 40-44 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Bouloum, Yassine	Halifax Athletics	8.02	2
2 Galloway, David	Truro Lions Track & Field Club	8.55	2
3 Smith, Troy	Valley Athletics	9.44	2

Men 45-49 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Gray, James	Halifax Athletics	8.74	2
2 Simpson, Alan	Pictou County Athletics Club	15.41	1

Men 65-69 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Carty, Patrick	Pictou County Athletics Club	26.05	
2 Elliott, Alan	Pictou County Athletics Club	36.62	

Men 70-74 60 Meter Dash

Name	Team	Finals	H#
Finals			
1 Maceachern, Alex	Chebucto Athletics	10.36	

Men 12-13 150 Meter Dash

Name	Team	Finals	H#
Finals			
1 Myatt, Carter	Truro Lions Track & Field Club	21.20	
2 Lerue, Nathan	Halifax Athletics	22.80	
3 Boudreau, Isaac	Pictou County Athletics Club	23.51	
4 Macneil, Jack	Pictou County Athletics Club	23.55	
5 Higgins, Miles	Truro Lions Track & Field Club	28.03	

Men 12-13 200 Meter Dash

Name	Team	Finals	H#
Finals			
1 Saunders, Liam	Yhz Track & Field Club	32.89	

Men 14-15 200 Meter Dash

Name	Team	Finals	H#
Finals			
1 Roussel, Francis Charles	A.S.E.A.	25.47	3

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	Name	Team	Finals	H#
2	Sullivan, Quinn	Saint John Track & Field	25.73	4
3	Dedekhani, Youssef	Pictou County Athletics Club	27.19	3
4	MacLean, David	Yhz Track & Field Club	29.44	2
5	Connell, Thomas	Yhz Track & Field Club	30.28	2

Men 16-17 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Swaniker, Jojo	Una	23.43	5
2	Haakman, Ethan	Una	24.50	3
3	Smith, Jeffrey	Halifax Athletics	24.79	4
4	Young, Nathaël	Unattached-New Brunswick	25.94	4
5	Bilmer, Magnus	Chebucto Athletics	25.95	3
6	Fardy, David	Halifax Athletics	26.01	4
7	Zhou, Michael	Truro Lions Track & Field Club	26.02	3
8	Kindermann, Tom	Chebucto Athletics	26.35	2
9	Blanchette, Luc	A.S.E.A.	26.53	2
10	Fenez, Matthias	Chebucto Athletics	26.68	1
11	Morrison, Kyle	Halifax Athletics	28.78	2
12	Lawson, Makaulay	Jeux de la Francophonie Canadi	30.36	1
13	Gerrior, Dylan	Halifax Athletics	30.53	2

Men 18-19 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Landry, Nick	Bluenose Athletics Track And F	23.40	6
2	Meira-Lavoie, Mario	Crown Athletics	23.68	6
3	Macneil, Tyler	Truro Lions Track & Field Club	24.28	5
4	Aftanas, Matthew	Unattached Nova Scotia	24.57	6
5	Son, Hokyun	Crown Athletics	24.79	5
6	Wentzell, Nolan	Bluenose Athletics Track And F	24.92	6
7	Gagne, Gabriel	Aetos Athletica	25.41	5
8	Patterson, William	A.S.E.A.	28.86	3

Men 20-34 200 Meter Dash

	Name	Team	Finals	H#
Finals				
1	Sambili, Merveille	Aetos Athletica	24.18	6
2	Richard, Christian	Aetos Athletica	24.36	5

Men 40-44 200 Meter Dash

	Name	Team	Finals	
Finals				
1	Smith, Troy	Valley Athletics	32.00	

Men 45-49 200 Meter Dash

	Name	Team	Finals	
Finals				
1	Gray, James	Halifax Athletics	29.30	

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Men 14-15 300 Meter Dash

Name	Team	Finals
Finals		
1 Sullivan, Quinn	Saint John Track & Field	42.95

Men 16-17 400 Meter Dash

Name	Team	Finals
Finals		
1 Hawrishok, Alex	Fast Tracks	59.20
2 Groves, Grant	Chebucto Athletics	1:00.52
3 Blanchette, Luc	A.S.E.A.	1:01.40
4 Lawson, Makaulay	Jeux de la Francophonie Canadi	1:08.70

Men 40-44 400 Meter Dash

Name	Team	Finals
Finals		
1 Smith, Troy	Valley Athletics	1:19.17

Men 50-54 400 Meter Dash

Name	Team	Finals
Finals		
1 James, Edward	Valley Athletics	1:03.44

Men 12-13 800 Meter Run

Name	Team	Finals
Finals		
1 Macneil, Jack	Pictou County Athletics Club	2:59.67

Men 14-15 800 Meter Run

Name	Team	Finals	H#
Finals			
1 Elliott, Liam	Yhz Track & Field Club	2:20.32	2
2 Good, Brendan	Chebucto Athletics	2:32.76	1
3 Higdon, Cole	Annapolis County Athletics Clu	2:34.70	1

Men 16-17 800 Meter Run

Name	Team	Finals	H#
Finals			
1 James, Zachary	Valley Athletics	2:02.39	3
2 Hawrishok, Alex	Fast Tracks	2:07.31	3
3 Kennedy, Isaac	Truro Lions Track & Field Club	2:15.63	3
4 Parent, Frédéric	1A Ecole Mathieu	2:21.59	2
5 Groves, Grant	Chebucto Athletics	2:23.03	2
6 Burnham, Colby	Truro Lions Track & Field Club	2:37.03	1

Men 18-19 800 Meter Run

Name	Team	Finals	H#
Finals			
1 Langille, Jack	Halifast Athletics	2:08.36	3
2 Macdonald, Ethan	Pictou County Athletics Club	2:42.69	2

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Men 20-34 800 Meter Run

Name	Team	Finals	H#
Finals			
1 Stewart, Joe	St. Mary's University	2:02.49	3

Men 35-39 800 Meter Run

Name	Team	Finals	H#
Finals			
1 Smith, Kyle	Halifax Athletics	1:59.09	3
2 Young, Justin	Fredericton Legion Track Club	2:25.41	2

Men 55-59 800 Meter Run

Name	Team	Finals	H#
Finals			
1 Rosvall, Bruce	Fast Tracks	2:18.38	2

Men 14-15 1200 Meter Run

Name	Team	Finals
Finals		
1 Quinton, Alex	Yhz Track & Field Club	3:40.72
2 Gamble, Griffin	Unattached Nova Scotia	3:40.81
3 Robertson, Conrad	Pictou County Athletics Club	3:44.60
4 Higdon, Cole	Annapolis County Athletics Clu	4:08.56

Men 16-17 1500 Meter Run

Name	Team	Finals
Finals		
1 Richard, Francois	Crown Athletics	4:18.52
2 Good, Ben	Chebucto Athletics	4:29.99
3 Helal, Mohamed	A.S.E.A.	4:43.61
4 Eastwood, Ezra	Yhz Track & Field Club	4:54.93
5 Parent, Frédéric	1A Ecole Mathieu	4:59.80
6 Johnstone, Logan	Truro Lions Track & Field Club	5:01.69

Men 18-19 1500 Meter Run

Name	Team	Finals
Finals		
1 Macdonald, Ethan	Pictou County Athletics Club	4:39.26

Men 20-34 1500 Meter Run

Name	Team	Finals
Finals		
1 Simpson, Raymond	Pictou County Athletics Club	4:50.18

Men 35-39 1500 Meter Run

Name	Team	Finals
Finals		
1 McBride, Nicholas	Halifax Road Hammers	4:52.05

Men 45-49 1500 Meter Run

Name	Team	Finals
Finals		
1 Baard, Tertius	Yhz Track & Field Club	5:50.94

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Finals ... (Men 45-49 1500 Meter Run)**

Name	Team	Finals
2 Eastwood, Peter	Yhz Track & Field Club	5:59.61

Men 14-15 2000 Meter Run

Name	Team	Finals
Finals		
1 Quinton, Alex	Yhz Track & Field Club	6:21.26
2 Lawton, Mathew	Chebucto Athletics	6:27.30
3 Robertson, Conrad	Pictou County Athletics Club	6:33.52
4 Elliott, Liam	Yhz Track & Field Club	6:48.96
5 Quinton, Jack	Yhz Track & Field Club	6:49.08

Men 16-17 3000 Meter Run

Name	Team	Finals
Finals		
1 Eastwood, Ezra	Yhz Track & Field Club	10:14.29

Men 18-19 3000 Meter Run

Name	Team	Finals
Finals		
1 Liu, Chang	Crown Athletics	11:09.65

Men 20-34 3000 Meter Run

Name	Team	Finals
Finals		
1 Mueller, Matthias	Halifax Road Hammers	9:03.15
2 Fraccaro, Ryan	St. Mary's University	9:06.66
3 Stewart, Joe	St. Mary's University	9:30.58
4 Piccinin, Stephane	Halifax Road Hammers	9:48.89

Men 20-34 5000 Meter Run

Name	Team	Finals
Finals		
1 Dewolfe, Cal	Unattached Nova Scotia	15:35.15
2 Rawling, Angus	Halifax Road Hammers	15:45.21
3 Walker, Jonathan	Halifax Road Hammers	16:08.47
4 White, Thomas	Halifax Road Hammers	16:15.60
5 Wile, Richard	Halifax Road Hammers	18:20.18

Men 35-39 5000 Meter Run

Name	Team	Finals
Finals		
1 Wieczorek, Greg	Halifax Road Hammers	15:48.28
2 Young, Justin	Fredericton Legion Track Club	17:46.19

Men 40-44 5000 Meter Run

Name	Team	Finals
Finals		
1 Holdway, Ian	Halifax Road Hammers	16:22.61

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Men 16-17 60 Meter Hurdles 36"

	Name	Team	Finals
Finals			
1	Kindermann, Tom	Chebucto Athletics	9.40
2	Gee, Ryan	Bluenose Athletics Track And F	10.03
3	Fenez, Matthias	Chebucto Athletics	11.20

Men 18-19 60 Meter Hurdles 39"

	Name	Team	Finals
Finals			
1	Landry, Nick	Bluenose Athletics Track And F	8.37
2	Macneil, Tyler	Truro Lions Track & Field Club	8.62
3	Wentzell, Nolan	Bluenose Athletics Track And F	8.83

Men 14-15 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	Pictou County Athletics Club	A	2:36.17

Men 18-19 4x200 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Truro Lions Track & Field Club	A	1:43.41	4
2	Chebucto Athletics	A	1:49.57	3
3	Yhz Track & Field Club	A	2:00.15	3

Men 20-34 4x200 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Aetos Athletica	A	1:39.13	4
2	Banana Boat	A	1:45.55	4
3	A.S.E.A.	A	1:46.18	3
4	Pictou County Athletics Club	A	1:54.79	4
5	Truro Lions Track & Field Club	A	2:11.56	4

Men 40-44 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	Pictou County Athletics Club	A	2:18.05

Men 45-49 4x200 Meter Relay

	Team	Relay	Finals
Finals			
1	Yhz Track & Field Club	A	2:09.76

Men 18-19 4x400 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Chebucto Athletics	A	4:16.70	2
2	Yhz Track & Field Club	A	4:28.45	2
3	Truro Lions Track & Field Club	A	5:23.07	3

2020 Athletics NS Indoor Club Championships - 2/29/2020
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Men 20-34 4x400 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Truro Lions Track & Field Club	A	4:22.59	3
2 Pictou County Athletics Club	A	4:30.47	2
3 Pictou County Athletics Club	A	5:02.97	3

Men 45-49 4x400 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Pictou County Athletics Club	A	6:21.28	3

Men 12-13 High Jump

Name	Team	Finals
Finals		
1 Myatt, Carter	Truro Lions Track & Field Club	1.35m
2 MacKenzie, Rhys	Una	1.25m
3 Higgins, Miles	Truro Lions Track & Field Club	1.20m

Men 16-17 High Jump

Name	Team	Finals
Finals		
1 Kindermann, Tom	Chebucto Athletics	1.75m
2 Bates, Alec	Pictou County Athletics Club	1.65m
3 Fenez, Matthias	Chebucto Athletics	1.55m
3 Young, Nathaël	Unattached-New Brunswick	1.55m

Men 18-19 High Jump

Name	Team	Finals
Finals		
1 Etou Bosseba, Brisnel	Crown Athletics	1.80m

Men 40-44 High Jump

Name	Team	Finals
Finals		
1 MacKenzie, Shane	Una	1.60m
2 Galloway, David	Truro Lions Track & Field Club	1.55m

Men 55-59 High Jump

Name	Team	Finals
Finals		
1 Lord, Peter	Unattached Nova Scotia	1.45m

Men 12-13 Long Jump

Name	Team	Finals
Finals		
1 Myatt, Carter	Truro Lions Track & Field Club	4.35m
2 Ackerman, David	Yhz Track & Field Club	3.92m
3 Higgins, Miles	Truro Lions Track & Field Club	3.22m

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Men 14-15 Long Jump

Name	Team	Finals
Finals		
1 James, Kareem	Unattached Nova Scotia	4.70m
2 Dedekhani, Youssef	Pictou County Athletics Club	4.10m

Men 16-17 Long Jump

Name	Team	Finals
Finals		
1 Wamboldt, Austin	Aetos Athletica	6.16m
2 Conrad, Austin	Halifax Athletics	5.89m
3 Young, Nathaël	Unattached-New Brunswick	5.73m
4 Arnfast, Oliver	Truro Lions Track & Field Club	5.25m

Men 18-19 Long Jump

Name	Team	Finals
Finals		
1 Bleau, Ryler	Halifax Athletics	5.90m
2 Macneil, Tyler	Truro Lions Track & Field Club	5.85m
3 Atwood, Andrew	Crown Athletics	5.60m

Men 40-44 Long Jump

Name	Team	Finals
Finals		
1 Galloway, David	Truro Lions Track & Field Club	5.42m

Men 55-59 Long Jump

Name	Team	Finals
Finals		
1 Lord, Peter	Unattached Nova Scotia	5.16m

Men 70-74 Long Jump

Name	Team	Finals
Finals		
1 Maceachern, Alex	Chebucto Athletics	3.12m

Men 18-19 Triple Jump

Name	Team	Finals
Finals		
1 Etou Bosseba, Brisnel	Crown Athletics	12.13m

Men 70-74 Triple Jump

Name	Team	Finals
Finals		
1 Maceachern, Alex	Chebucto Athletics	6.47m

Men 12-13 Shot Put

Name	Team	Finals
Finals		
1 Crowe, Seth	Truro Lions Track & Field Club	6.86m

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Men 14-15 Shot Put

Name	Team	Finals
Finals		
1 Murphy, Rylan	Unattached Nova Scotia	14.09m

Men 16-17 Shot Put

Name	Team	Finals
Finals		
1 Arnfast, Oliver	Truro Lions Track & Field Club	9.38m

Men 18-19 Shot Put

Name	Team	Finals
Finals		
1 Payson, Hayden	Truro Lions Track & Field Club	8.08m

Men 20-34 Shot Put

Name	Team	Finals
Finals		
1 Burris, Nathan	Truro Lions Track & Field Club	12.35m
2 Amero, Alexander	Truro Lions Track & Field Club	10.54m

Men 35-39 Shot Put

Name	Team	Finals
Finals		
1 Bambrick, David F37	Unattached Nova Scotia	11.74m

Men 45-49 Shot Put

Name	Team	Finals
Finals		
1 Simpson, Alan	Pictou County Athletics Club	7.37m

Men 60-64 Shot Put

Name	Team	Finals
Finals		
1 Hebb, Brian	Truro Lions Track & Field Club	11.11m

Men 65-69 Shot Put

Name	Team	Finals
Finals		
1 Carty, Patrick	Pictou County Athletics Club	6.69m

Men 20-34 Weight Throw

Name	Team	Finals
Finals		
1 Burris, Nathan	Truro Lions Track & Field Club	11.55m

Men 45-49 Weight Throw

Name	Team	Finals
Finals		
1 Simpson, Alan	Pictou County Athletics Club	6.57m

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Men 60-64 Weight Throw

Name	Team	Finals
Finals		
1 Hebb, Brian	Truro Lions Track & Field Club	11.58m

Men 65-69 Weight Throw

Name	Team	Finals
Finals		
1 Carty, Patrick	Pictou County Athletics Club	7.68m

Men 5-9 60 Meter Dash Tetrathlon

Name	Team	Finals
Finals		
1 Woycheshyn, Damian	Una	12.16

Men 10-11 60 Meter Dash Tetrathlon

Name	Team	Finals	H#
Finals			
1 Shehata, Zain	Annapolis County Athletics Clu	9.59	1
3 Arruda, Evan	Yhz Track & Field Club	10.19	1
4 Quinton, Jack	Yhz Track & Field Club	10.31	2
5 Webber, Sullivan	Annapolis County Athletics Clu	10.44	2
6 Macneil, Ian	Pictou County Athletics Club	11.17	2
7 Young, Griffin	Annapolis County Athletics Clu	11.31	1
8 Dedekhani, Ibrahim	Pictou County Athletics Club	11.80	1

Men 12-13 60 Meter Dash Tetrathlon

Name	Team	Finals	H#
Finals			
1 Boudreau, Isaac	Pictou County Athletics Club	9.42	3
2 Wood, Josh	Pictou County Athletics Club	9.74	3
2 Ackerman, David	Yhz Track & Field Club	9.85	2
3 Galloway, Ryland	Truro Lions Track & Field Club	10.13	3
4 Higgins, Miles	Truro Lions Track & Field Club	10.29	3
5 Medicraft, Cole	Annapolis County Athletics Clu	10.38	2

Men 5-9 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
1 Woycheshyn, Damian	Una	2:43.87

Men 10-11 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
2 Quinton, Jack	Yhz Track & Field Club	1:56.61
3 Arruda, Evan	Yhz Track & Field Club	2:14.97
4 Shehata, Zain	Annapolis County Athletics Clu	2:16.91
5 Webber, Sullivan	Annapolis County Athletics Clu	2:21.18
6 Macneil, Ian	Pictou County Athletics Club	2:45.79
7 Dedekhani, Ibrahim	Pictou County Athletics Club	2:46.48
8 Young, Griffin	Annapolis County Athletics Clu	2:46.56

2020 Athletics NS Indoor Club Championships - 2/29/2020
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Men 12-13 600 Meter Run Tetrathlon

Name	Team	Finals
Finals		
1 Ackerman, David	Yhz Track & Field Club	1:56.15
1 Wood, Josh	Pictou County Athletics Club	1:58.50
2 Boudreau, Isaac	Pictou County Athletics Club	2:08.01
3 Medicraft, Cole	Annapolis County Athletics Clu	2:23.87
4 Galloway, Ryland	Truro Lions Track & Field Club	2:37.16
5 Higgins, Miles	Truro Lions Track & Field Club	3:10.62

Men 5-9 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Woycheshyn, Damian	Una	1.82m

Men 10-11 Long Jump Tetrathlon

Name	Team	Finals
Finals		
2 Shehata, Zain	Annapolis County Athletics Clu	3.54m
3 Arruda, Evan	Yhz Track & Field Club	3.42m
4 Quinton, Jack	Yhz Track & Field Club	3.29m
5 Webber, Sullivan	Annapolis County Athletics Clu	3.27m
6 Young, Griffin	Annapolis County Athletics Clu	3.07m
7 Macneil, Ian	Pictou County Athletics Club	2.95m
8 Dedekhani, Ibrahim	Pictou County Athletics Club	2.90m

Men 12-13 Long Jump Tetrathlon

Name	Team	Finals
Finals		
1 Ackerman, David	Yhz Track & Field Club	4.08m
1 Wood, Josh	Pictou County Athletics Club	3.80m
2 Galloway, Ryland	Truro Lions Track & Field Club	3.66m
3 Boudreau, Isaac	Pictou County Athletics Club	3.59m
4 Medicraft, Cole	Annapolis County Athletics Clu	3.57m
5 Higgins, Miles	Truro Lions Track & Field Club	3.16m

Men 5-9 Shot Put 2k Tetrathlon

Name	Team	Finals
Finals		
1 Woycheshyn, Damian	Una	3.39m

Men 10-11 Shot Put 2k Tetrathlon

Name	Team	Finals
Finals		
1 Webber, Sullivan	Annapolis County Athletics Clu	7.09m
3 Arruda, Evan	Yhz Track & Field Club	6.26m
4 Shehata, Zain	Annapolis County Athletics Clu	6.17m
5 Quinton, Jack	Yhz Track & Field Club	5.85m
6 Dedekhani, Ibrahim	Pictou County Athletics Club	5.04m
7 Young, Griffin	Annapolis County Athletics Clu	4.96m
8 Macneil, Ian	Pictou County Athletics Club	4.70m

2020 Athletics NS Indoor Club Championships - 2/29/2020**Canada Games Center****Results****Men 12-13 Shot Put 2k Tetrathlon**

	Name	Team	Finals
Finals			
1	Higgins, Miles	Truro Lions Track & Field Club	7.30m
2	Ackerman, David	Yhz Track & Field Club	7.04m
2	Boudreau, Isaac	Pictou County Athletics Club	6.96m
3	Galloway, Ryland	Truro Lions Track & Field Club	6.89m
4	Medicraft, Cole	Annapolis County Athletics Clu	6.31m
5	Wood, Josh	Pictou County Athletics Club	6.26m

Men 5-9 Tetrathlon

	Name	Team	Finals	H#
Finals				
1	Woycheshyn, Damian	Una	248	

Men 10-11 Tetrathlon

	Name	Team	Finals	H#
Finals				
2	Quinton, Jack	Yhz Track & Field Club	767	
3	Shehata, Zain	Annapolis County Athletics Clu	741	
4	Arruda, Evan	Yhz Track & Field Club	695	
5	Webber, Sullivan	Annapolis County Athletics Clu	666	
6	Young, Griffin	Annapolis County Athletics Clu	424	
7	Macneil, Ian	Pictou County Athletics Club	416	
8	Dedekhani, Ibrahim	Pictou County Athletics Club	387	

Men 12-13 Tetrathlon

	Name	Team	Finals	H#
Finals				
1	Ackerman, David	Yhz Track & Field Club	913	
1	Wood, Josh	Pictou County Athletics Club	854	
2	Boudreau, Isaac	Pictou County Athletics Club	834	
3	Medicraft, Cole	Annapolis County Athletics Clu	653	
4	Galloway, Ryland	Truro Lions Track & Field Club	648	
5	Higgins, Miles	Truro Lions Track & Field Club	537	

Mixed 18-19 4x200 Meter Relay

	Team	Relay	Finals	H#
Finals				
2	Pictou County Athletics Club	A	1:57.37	3

Mixed 20-34 4x200 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Bluenose Athletics Track And F	A	1:46.87	3

Mixed 40-44 4x200 Meter Relay

	Team	Relay	Finals
Finals			
3	Annapolis County Athletics Clu	A	2:19.89