

2019 Inland Empire Championships
LCSC XC COURSE - Community Park - Lewiston, ID

WOMEN OVERALL RESULTS
 2019 2019 Inland Empire Women

Place	No.	TmPl	Name	Sex	Team	Time	Pace
1.	764		Aimee Piercy	F		17:20	5:35
2.	621	1	Kelsey Swenson	F	Idaho	17:27	5:37
3.	615	2	Nathalia Campos	F	Idaho	17:29	5:38
4.	622	3	Malaina Thacker	F	Idaho	17:29	5:38
5.	747	4	Emily Simpson	F	U. Calgary	17:32	5:39
6.	737	5	Jolene Whiteley	F	Spokane Cc	17:38	5:41
7.	620	6	Kara Story	F	Idaho	17:44	5:43
8.	619	7	Krista Story	F	Idaho	17:47	5:43
9.	680	8	Ruth Chepsat	F	Rocky Mountain	17:49	5:44
10.	580	9	Alicia Anderson	F	Gonzaga	17:51	5:45
11.	592	10	Brittney Hansen	F	Gonzaga	17:51	5:45
12.	762		Erica Doering	F		17:53	5:45
13.	616	11	Faith Dilmore	F	Idaho	17:53	5:45
14.	744	12	Meghan Manor	F	U. Calgary	17:56	5:46
15.	587	13	Makenna Edwards	F	Gonzaga	17:57	5:47
16.	586	14	Paxton Depoe	F	Gonzaga	18:02	5:48
17.	637	15	Emily Adams	F	Lewis-Clark	18:02	5:48
18.	582	16	Alyssa Bienfang	F	Gonzaga	18:04	5:49
19.	590	17	Claire Gillett	F	Gonzaga	18:09	5:50
20.	746	18	Kelsey Serviss	F	U. Calgary	18:12	5:51
21.	614	19	Maizy Brewer	F	Idaho	18:13	5:52
22.	745	20	Rhian Paterson	F	U. Calgary	18:22	5:55
23.	596	21	Jenna Rogers	F	Gonzaga	18:22	5:55
24.	742	22	Sarah Forman	F	U. Calgary	18:24	5:55
25.	595		Caroline McCarthy	F	Gonzaga	18:29	5:57
26.	686	23	Sydney Little Light	F	Rocky Mountain	18:30	5:57
27.	588		Ariel Evans	F	Gonzaga	18:32	5:58
28.	738	24	Mikaela Ahloy	F	U. Calgary	18:34	5:59
29.	707	25	Erica Kent	F	Southern Idaho	18:35	5:59
30.	612		Elise Abbott	F	Idaho	18:35	5:59
31.	613		Nell Baker	F	Idaho	18:38	6:00
32.	640	26	Rylee Brown	F	Lewis-Clark	18:38	6:00
33.	623		Emily Wesseling	F	Idaho	18:49	6:03
34.	712	27	Amy White	F	Southern Idaho	18:51	6:04
35.	711	28	Jenny Schenk	F	Southern Idaho	18:51	6:04
36.	688	29	Mei-Li Stevens	F	Rocky Mountain	18:56	6:06
37.	705	30	Madison Flippence	F	Southern Idaho	18:56	6:06
38.	661	31	Rachel David	F	Msu-Northern	18:57	6:06
39.	741	32	Sadie Borgfjord	F	U. Calgary	18:58	6:06
40.	739		Kate Anderson	F	U. Calgary	19:02	6:07
41.	618		Makenna Schuler	F	Idaho	19:06	6:09
42.	743		Lauren Kryshuk	F	U. Calgary	19:08	6:10
43.	763		MacKenzie O'Dore	F		19:10	6:10
44.	708	33	Shakayla Morgan	F	Southern Idaho	19:13	6:11
45.	594		Liz Hogan	F	Gonzaga	19:16	6:12
46.	646	34	Maja Plaznik	F	Lewis-Clark	19:19	6:13
47.	710	35	Makaila Runnels	F	Southern Idaho	19:22	6:14
48.	748		Janelle Wiebe	F	U. Calgary	19:22	6:14
49.	591		Megan Glenski	F	Gonzaga	19:22	6:14

50.	644	36	Evelin Lopez	F	Lewis-Clark	19:22	6:14
51.	734	37	Ashley Hauger	F	Spokane Cc	19:23	6:14
52.	585		Alex Cerveny	F	Gonzaga	19:26	6:15
53.	681	38	Carrie Daniels	F	Rocky Mountain	19:36	6:18
54.	679	39	Carina Bracy	F	Rocky Mountain	19:36	6:18
55.	667	40	Allison Tigert	F	Msu-Northern	19:38	6:19
56.	569		Stormy Bullard	F	Eastern Oregon	19:40	6:20
57.	740		Renee Andres	F	U. Calgary	19:47	6:22
58.	643	41	Carli Jones	F	Lewis-Clark	19:47	6:22
59.	663	42	Ashley McCready - Rome	F	Msu-Northern	19:48	6:22
60.	641	43	Kelsey Henry	F	Lewis-Clark	19:48	6:22
61.	713	44	Maura Williams	F	Southern Idaho	19:50	6:23
62.	570		Lisa Megargee	F	Eastern Oregon	19:55	6:25
63.	736	45	Courtney Stark	F	Spokane Cc	19:57	6:25
64.	639	46	Ciera Bailey	F	Lewis-Clark	20:01	6:26
65.	706		Megan Galbraith	F	Southern Idaho	20:07	6:29
66.	704		Alyse Douglas	F	Southern Idaho	20:11	6:30
67.	689	47	Guan-Yin Stevens	F	Rocky Mountain	20:15	6:31
68.	589		Emma Flood	F	Gonzaga	20:23	6:34
69.	645		Abigail Peightal	F	Lewis-Clark	20:33	6:37
70.	687	48	Larissa Saarel	F	Rocky Mountain	20:37	6:38
71.	683		Grace Gilliland	F	Rocky Mountain	20:38	6:38
72.	709		Madison Norris	F	Southern Idaho	20:40	6:39
73.	638		Miriam Ames	F	Lewis-Clark	20:42	6:40
74.	648		Molly Stephenson	F	Lewis-Clark	20:46	6:41
75.	649		Jamey Weishaar	F	Lewis-Clark	20:54	6:44
76.	733	49	Madison Elizando	F	Spokane Cc	21:00	6:45
77.	664	50	Kaylee Nystrom	F	Msu-Northern	21:25	6:54
78.	732	51	Lexi Dawson	F	Spokane Cc	22:07	7:07
79.	662	52	Raini Jonson	F	Msu-Northern	22:53	7:22
80.	666	53	Grace Schwenk	F	Msu-Northern	23:03	7:25
81.	665	54	Kaitlin Nystrom	F	Msu-Northern	23:37	7:36

Oct-12-2019 12:53:35pm

81 records processed.

WOMEN TEAM RESULTS

2019 2019 Inland Empire Women

LCSC Cross Country Course, Lewiston 10/12/2019 10:00 am Sunny, 60 degrees

Directed by: {RaceDirectors}

Place	Score	Team	(Total, Average, Pack Times)
1.	19	Idaho	(1:27:54, 17:34.76, 0:21)
	1	2 3 6 7 (11) (19)	
		Kelsey Swenson, Nathalia Campos, Malaina Thacker, Kara Story, Krista Story, Faith Dilmore, Maizy Brewer	
2.	62	Gonzaga	(1:29:43, 17:56.56, 0:14)
	9	10 13 14 16 (17) (21)	
		Alicia Anderson, Brittney Hansen, Makenna Edwards, Paxton Depoe, Alyssa Bienfang, Claire Gillett, Jenna Rogers	
3.	76	U. Calgary	(1:30:24, 18:04.62, 0:52)
	4	12 18 20 22 (24) (32)	
		Emily Simpson, Meghan Manor, Kelsey Serviss, Rhian Paterson, Sarah Forman, Mikaela Ahloy, Sadie Borgfjord	
4.	137	Rocky Mountain	(1:34:25, 18:52.97, 1:47)
	8	23 29 38 39 (47) (48)	
		Ruth Chepsat, Sydney Little Light, Mei-Li Stevens, Carrie Daniels, Carina Bracy, Guan-Yin Stevens, Larissa Saarel	
5.	143	Southern Idaho	(1:34:24, 18:52.71, 0:39)
	25	27 28 30 33 (35) (44)	
		Erica Kent, Amy White, Jenny Schenk, Madison Flippence, Shakayla Morgan, Makaila Runnels, Maura Williams	
6.	152	Lewis-Clark	(1:35:07, 19:01.21, 1:46)
	15	26 34 36 41 (43) (46)	
		Emily Adams, Rylee Brown, Maja Plaznik, Evelin Lopez, Carli Jones, Kelsey Henry, Ciera Bailey	
7.	187	Spokane Cc	(1:40:03, 20:00.40, 4:30)
	5	37 45 49 51	
		Jolene Whiteley, Ashley Hauger, Courtney Stark, Madison Elizando, Lexi Dawson	
8.	215	Msu-Northern	(1:42:38, 20:31.54, 3:56)
	31	40 42 50 52 (53) (54)	
		Rachel David, Allison Tigert, Ashley McCready - Rome, Kaylee Nystrom, Raini Jonson, Grace Schwenk, Kaitlin Nystrom	

Oct-12-2019 12:54:10pm

2019 Inland Empire Championships
LCSC XC COURSE - Community Park - Lewiston, ID

MEN OVERALL RESULTS

Place	No.	TmPl	Name	Sex	Team	Time	Pace
1.	752	1	Alex James	M	U. Calgary	23:29	4:44
2.	754	2	Matthew Travaglini	M	U. Calgary	23:30	4:44
3.	749	3	Stefan Daniel	M	U. Calgary	23:30	4:44
4.	760	4	Russell Pennock	M	U. Calgary	23:30	4:44
5.	656	5	Cole Olsen	M	Lewis-Clark	23:42	4:47
6.	635	6	Dwain Stucker	M	Idaho	23:46	4:47
7.	572	7	Alex Navarro	M	Eastern Oregon	23:51	4:48
8.	602	8	Jaxon Mackie	M	Gonzaga	24:05	4:51
9.	651	9	Chase Barrow	M	Lewis-Clark	24:05	4:51
10.	765		Evan Bates	M		24:15	4:53
11.	633	10	Ben Shaw	M	Idaho	24:15	4:53
12.	761	11	Max Thiessen	M	U. Calgary	24:16	4:53
13.	631	12	Drew Schultz	M	Idaho	24:18	4:54
14.	634	13	Tim Stevens	M	Idaho	24:20	4:54
15.	628	14	Ryan Kline	M	Idaho	24:20	4:54
16.	753	15	Tyler Kiyonaga	M	U. Calgary	24:22	4:55
17.	660	16	Clayton Vandyke	M	Lewis-Clark	24:23	4:55
18.	750	17	Jonathan Guidinger	M	U. Calgary	24:24	4:55
19.	630	18	Grayson Ollar	M	Idaho	24:28	4:56
20.	601	19	Ben Hogan	M	Gonzaga	24:29	4:56
21.	626	20	Gabriel Dinnel	M	Idaho	24:31	4:56
22.	629		Michael McCausland	M	Idaho	24:32	4:57
23.	632		Caleb Seely	M	Idaho	24:39	4:58
24.	758		Jan Erik Naess	M	U. Calgary	24:40	4:58
25.	605	21	Matthew Roberts	M	Gonzaga	24:41	4:58
26.	766		Stefan Bradley	M		24:42	4:59
27.	625		Fabian Cardenas	M	Idaho	24:42	4:59
28.	726	22	Siyad Matan	M	Southern Idaho	24:47	5:00
29.	724	23	Abdifatah Maqtal	M	Southern Idaho	24:49	5:00
30.	694	24	Jackson Duffey	M	Rocky Mountain	24:49	5:00
31.	611	25	Alex Walde	M	Gonzaga	24:49	5:00
32.	606	26	Bradley Rzewnicki	M	Gonzaga	24:50	5:00
33.	624		Josiah Anderson	M	Idaho	24:52	5:01
34.	697	27	Isaac Petsch	M	Rocky Mountain	24:54	5:01
35.	599	28	David Connell	M	Gonzaga	24:55	5:01
36.	597	29	Dominic Arce	M	Gonzaga	25:02	5:03
37.	730	30	Ashton Siwek	M	Southern Idaho	25:05	5:03
38.	691	31	Elijah Boyd	M	Rocky Mountain	25:05	5:03
39.	759		Greg Ord	M	U. Calgary	25:07	5:04
40.	627		Timo Dohm	M	Idaho	25:08	5:04
41.	659	32	Connor Turpin	M	Lewis-Clark	25:09	5:04
42.	703	33	Jackson Wilson	M	Rocky Mountain	25:13	5:05
43.	757		Liam Murray	M	U. Calgary	25:15	5:05
44.	751		Lucas Harrison	M	U. Calgary	25:16	5:05
45.	714	34	Andrew Allen	M	Southern Idaho	25:18	5:06
46.	604		Javier Munoz-Maines	M	Gonzaga	25:21	5:07
47.	652	35	Dillon Dawson	M	Lewis-Clark	25:25	5:07
48.	725	36	Joshua Martin	M	Southern Idaho	25:30	5:08
49.	769		Jackson Lyne	M		25:31	5:08
50.	774		Jonny Handel	M	Lc Alumni	25:32	5:09

51.	771	Quentin Rickey	M		25:32	5:09
52.	603	Sam McCloughan	M	Gonzaga	25:34	5:09
53.	575	37 Hunter Schiess	M	Eastern Oregon	25:36	5:09
54.	729	38 Brian Schulz	M	Southern Idaho	25:41	5:10
55.	607	Jonah Sandoval	M	Gonzaga	25:43	5:11
56.	574	39 Travis Running	M	Eastern Oregon	25:44	5:11
57.	719	40 Eric Christen	M	Southern Idaho	25:46	5:11
58.	571	41 Brennen Lebel	M	Eastern Oregon	25:47	5:12
59.	573	42 Hunter Nichols	M	Eastern Oregon	25:50	5:12
60.	723	Ethan Kelley	M	Southern Idaho	25:54	5:13
61.	657	43 Colton Smith	M	Lewis-Clark	25:55	5:13
62.	673	44 Field Soosloff	M	Msu-Northern	25:57	5:14
63.	772	Bennett Welch	M		26:05	5:15
64.	653	45 Josh Lay	M	Lewis-Clark	26:06	5:16
65.	650	Layton Ahlers	M	Lewis-Clark	26:08	5:16
66.	690	46 George Beddow	M	Rocky Mountain	26:16	5:18
67.	675	47 Amos Taiswa	M	Msu-Northern	26:18	5:18
68.	668	48 Liam Baez-Terry	M	Msu-Northern	26:18	5:18
69.	720	Drake Dehaan	M	Southern Idaho	26:20	5:18
70.	670	49 Luke Karnauskas	M	Msu-Northern	26:26	5:20
71.	717	Edison Bennett	M	Southern Idaho	26:27	5:20
72.	693	50 Keegan Council	M	Rocky Mountain	26:29	5:20
73.	576	51 Robie Swanson	M	Eastern Oregon	26:31	5:20
74.	671	52 Daniel Kirwa	M	Msu-Northern	26:38	5:22
75.	578	53 Weyekin Wild Bill	M	Eastern Oregon	26:40	5:22
76.	715	Ethan Anderson	M	Southern Idaho	26:44	5:23
77.	579	Braxton Wilson	M	Eastern Oregon	26:45	5:23
78.	756	Karan Matusin	M	U. Calgary	26:45	5:23
79.	702	54 Ethan Wilson	M	Rocky Mountain	26:52	5:25
80.	721	Logan Evans	M	Southern Idaho	26:59	5:26
81.	716	Nathan Baecht	M	Southern Idaho	27:12	5:29
82.	700	Quinlan Stewart	M	Rocky Mountain	27:22	5:31
83.	577	Zayne Troeger	M	Eastern Oregon	27:24	5:31
84.	722	Adam Frelly	M	Southern Idaho	27:31	5:33
85.	658	Peter Spencer	M	Lewis-Clark	27:56	5:38
86.	731	Woodruf Smith	M	Southern Idaho	28:03	5:39
87.	672	55 Kai Krumwiede	M	Msu-Northern	28:07	5:40
88.	775	Cameron Preston	M		28:09	5:40
89.	696	Bridger Lamb	M	Rocky Mountain	28:18	5:42
90.	692	Kyle Calles	M	Rocky Mountain	28:23	5:43
91.	674	56 Gabriel Strader	M	Msu-Northern	28:42	5:47
92.	768	Jevan Cabrera	M		28:57	5:50
93.	698	Hank Pretty On Top	M	Rocky Mountain	29:04	5:51
94.	654	James Magill	M	Lewis-Clark	29:06	5:52
95.	669	Eddie Harmon	M	Msu-Northern	29:26	5:56
96.	728	Jarom Rojas	M	Southern Idaho	29:30	5:56
97.	718	Devin Burk	M	Southern Idaho	30:45	6:12
98.	699	Charles Rishel	M	Rocky Mountain	31:10	6:17
99.	773	Falk Thieme	M	Lc Alumni	36:10	7:17

Oct-12-2019 12:54:27pm

99 records processed.

MEN TEAM RESULTS

2019 2019 Inland Empire Men

LCSC Cross Country Course, Lewiston 10/12/2019 10:45 am Sunny, 60 degrees

Directed by: {RaceDirectors}

Place	Score	Team	(Total, Average, Pack Times)
1.	21	U. Calgary	(1:58:12, 23:38.21, 0:47)
	1 2 3 4	11 (15) (17)	
		Alex James, Matthew Travaglini, Stefan Daniel, Russell Pennock, Max Thiessen, Tyler Kiyonaga, Jonathan Guidinger	
2.	55	Idaho	(2:00:57, 24:11.24, 0:35)
	6 10 12 13 14	(18) (20)	
		Dwain Stucker, Ben Shaw, Drew Schultz, Tim Stevens, Ryan Kline, Grayson Ollar, Gabriel Dinnel	
3.	97	Lewis-Clark	(2:02:42, 24:32.37, 1:43)
	5 9 16 32 35	(43) (45)	
		Cole Olsen, Chase Barrow, Clayton Vandyke, Connor Turpin, Dillon Dawson, Colton Smith, Josh Lay	
4.	99	Gonzaga	(2:02:52, 24:34.35, 0:46)
	8 19 21 25 26	(28) (29)	
		Jaxon Mackie, Ben Hogan, Matthew Roberts, Alex Walde, Bradley Rzewnicki, David Connell, Dominic Arce	
5.	145	Southern Idaho	(2:05:27, 25:05.28, 0:44)
	22 23 30 34 36	(38) (40)	
		Siyad Matan, Abdifatah Maqtaal, Ashton Siwek, Andrew Allen, Joshua Martin, Brian Schulz, Eric Christen	
6.	161	Rocky Mountain	(2:06:17, 25:15.21, 1:27)
	24 27 31 33 46	(50) (54)	
		Jackson Duffey, Isaac Petsch, Elijah Boyd, Jackson Wilson, George Beddow, Keegan Council, Ethan Wilson	
7.	166	Eastern Oregon	(2:06:46, 25:21.16, 1:59)
	7 37 39 41 42	(51) (53)	
		Alex Navarro, Hunter Schiess, Travis Running, Brennen Lebel, Hunter Nichols, Robie Swanson, Weyekin Wild Bill	
8.	240	Msu-Northern	(2:11:36, 26:19.04, 0:41)
	44 47 48 49 52	(55) (56)	
		Field Soosloff, Amos Taiswa, Liam Baez-Terry, Luke Karnauskas, Daniel Kirwa, Kai Krumwiede, Gabriel Strader	

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