

2019 ACAC Cross-Country Running Championships

Hosted by SAIT

Oct 26, 2019

ACAC Men's 8 km results

Runner	Team	Bib#	Time	Place	ACAC	CUE	GPRC	LAKE	LETH	RDC	SAIT	STMU	UAA	Pace/km
Brad Agnew	CUE	75	35:34	44	40	40								04:27
Timothy Shapka	UAA	105	35:48	45	x								x	04:29
Jackson Sweder	UAA	107	35:50	46	x								x	04:29
Donovan Miller	STMU	111	36:03	47	41							41		04:30
Cheyenne Raynaud	LAKE	96	36:52	48	42			42						04:37
Felix Barraza	SAIT	67	37:23	49	x						x			04:40
Isaac Bignell	STMU	109	39:29	50	43							43		04:56
Michael Kaufield	STMU	114	40:34	51	44							44		05:04
Quinn Demers	STMU	110	44:28	52	45							45		05:34
Jared Lockhart	STMU	115	45:35	53	46							46		05:42

# of runners scoring	53	46	6	6	4	6	6	6	6	6	6	6
# of exhibition runners		7	0	0	0	0	0	0	0	2	0	5
total best 4 runners		94	79	141	53	32	35	164	45			
rank on best 4 runners		6	5	7	4	1	2	8	3			
total best 3 runners		61	57	99	25	19	21	120	28			
rank on best 3 runners		6	5	7	3	1	2	8	4			
total best 3 women+best 3 men		110	98	186	43	43		219	76			
rank on best 3 women and mer		5	4	6	1	1		7	3			

CUE	GPRC	LAKE	LETH	RDC	SAIT	STMU	UAA
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ACAC Women's 6 km results

Runner	Team	Bib#	Time	Place	ACAC	CUE	GPRC	LAKE	LETH	RDC	SAIT	STMU	UAA	Pace/km
Sophia Nowicki	LETH	16	24:04	1	1				1					04:01
Emilie Mann	SAIT	2	24:28	2	2						2			04:05
Shayla Sklaruk	RDC	27	24:42	3	3					3				04:07
Anna van der Giessen	GPRC	8	24:48	4	4		4							04:08
Reese Bendiksen	UAA	38	25:00	5	5								5	04:10
Ann Danard	SAIT	1	25:11	6	6						6			04:12
Ana Zulic	CUE	12	25:23	7	7	7								04:14
Rosie Bouchard	LETH	17	25:28	8	8				8					04:15
Anna LeBlanc	LETH	18	25:43	9	9				9					04:17
Shaelyn Moltzahn	RDC	28	26:03	10	10					10				04:21
Jill Stewart	RDC	26	26:06	11	11					11				04:21
Vildana Rekić	LETH	19	26:06	12	12				12					04:21
Janelle Graham	LETH	21	26:25	13	13				13					04:24
Caitlin Debree	RDC	25	26:26	14	14					14				04:24
Shayna Brower	RDC	30	27:00	15	15					15				04:30
Teagan Shapka	RDC	29	27:02	16	16					16				04:30
Taryn Kokesch	GPRC	7	27:10	17	17		17							04:32
Lauren Pasiuk	RDC	33	27:16	18	x					x				04:33
Mackenzie Spinks	RDC	32	27:26	19	x					x				04:34
Taylor Chamberlain	CUE	14	27:30	20	18	18								04:35
Nikki Ylioja	LAKE	35	27:37	21	19			19						04:36
Maria Houle	GPRC	6	27:40	22	20		20							04:37
Catherine Alcorn	UAA	37	27:43	23	21								21	04:37
Anne Mirejovsky	UAA	43	27:53	24	22								22	04:39
Sydney Crowe	LETH	20	27:57	25	23				23					04:40
Bailey Troccoli-Hughes	CUE	11	28:06	26	24	24								04:41
Kailey Bratland	GPRC	3	28:17	27	25		25							04:43
Lydia Steinke	GPRC	9	28:20	28	26		26							04:43
Rebecca Sweeney	LETH	22	28:43	29	x				x					04:47
Brittany Duvall	GPRC	4	28:49	30	27		27							04:48
Jenna Sahulka	RDC	31	28:58	31	x					x				04:50
Krista Frey	GPRC	5	29:12	32	x		x							04:52
Linda Raduner	UAA	45	29:22	33	28								28	04:54
Katherine Oeggerli	LAKE	34	29:37	34	29			29						04:56
Brooklyn Vogel	LETH	23	29:42	35	x				x					04:57
Bethany Topping	STMU	55	29:49	36	30							30		04:58
Sarah Hicks	UAA	40	30:05	37	31								31	05:01
Kayla Munro	LETH	24	30:32	38	x				x					05:05
Anika Chessal	UAA	39	30:44	39	32								32	05:07
Haley Kwan	UAA	42	30:52	40	x								x	05:09
Madison Masterson	CUE	15	31:52	41	33	33								05:19
Mia Spreen	UAA	47	32:25	42	x								x	05:24
Julie Boyce	STMU	49	32:51	43	34							34		05:28

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Elizabeth Rojas Cruz	GPRC	10	33:18	44	x		x							05:33
Kylie Peake	UAA	44	33:29	45	x								x	05:35
Jaime Bellows	STMU	48	33:59	46	35							35		05:40
Sydney Lockhart	STMU	52	34:48	47	36							36		05:48
Abigail Griffiths	STMU	51	36:40	48	37							37		06:07
Shelby McQuitty	STMU	53	37:06	49	38							38		06:11
Samantha Salomons	STMU	54	37:28	50	x							x		06:15
Nikita Lattery	LAKE	36	38:15	51	39			39						06:22
Laura Fraser	STMU	50	42:18	52	x							x		07:03

# of runners scoring	52	39	4	6	3	6	6	2	6	6
# of exhibition runners		13	0	2	0	3	3	0	2	3
total best 4 runners		82	66		30	38		135	76	
rank on best 4 runners		5	3		1	2		6	4	
total best 3 runners		49	41	87	18	24		99	48	
rank on best 3 runners		5	3	6	1	2		7	4	
total best 3 women+best 3 men		110	98	186	43	43		219	76	
rank on best 3 women and mer		5	4	6	1	1		7	3	

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