

2019 Gryphon Open - 9/25/2019**Mooney's Bay
Rankings****Event 2 Girls 3k Run CC Elementary**

1	Côté-Clément, Summer	Équinoxe	12:42.74	1
2	Coughlin, Quinn	Cobden Cougars	12:43.37	2
3	Morin, Tori	Thousand Islands SS	13:22.18	3
4	Covey, Summer	Thousand Islands SS	13:31.33	4
5	Mooney, Isabel	Thousand Islands SS	13:55.08	5
6	Bolduc, Camille	Béatrice-Desloges	13:56.58	6
7	O'Ray, Bronwyn	Esc Paul-Des	13:56.81	7
8	Morrow, Megan	Bishop Smith	14:17.08	8
9	Ledain, Sophie	Esc Paul-Des	14:20.90	9
10	Gordon, Kate	Thousand Islands SS	14:23.43	10
11	Neville, Kimara	Jeanne-Lajoi	14:28.11	11
12	Corriveau, Emmi	Équinoxe	14:29.62	12
13	Cléroux, Mia	Béatrice-Desloges	14:39.27	13
14	White, Emma	Unattached	14:42.93	14
15	Selle, Ruby	Bishop Smith	14:43.34	15
16	Corriveau, Erika	Équinoxe	14:43.74	16
17	Jessup, Caydie	Stonecrest - Kanata	14:49.64	17
18	O'Dair, Shannon	Thousand Islands SS	14:59.49	18
19	Luchett, Meghan	Stonecrest - Kanata	15:04.90	19
20	Bell, Sydney	Béatrice-Desloges	15:07.21	20
21	Giroux, Celia	Thousand Islands SS	15:16.62	21
22	Seabert, Margaret	Jeanne-Lajoi	15:18.11	22
23	LeBlanc, Lia	Thousand Islands SS	15:21.24	23
24	Schryburt, Alexia	Béatrice-Desloges	15:22.74	24
25	Régimbald, Vicky	Béatrice-Desloges	15:25.21	25
26	Weatherbee, Kaitlyn	Bishop Smith	15:25.87	26
27	Gorr, Cassidy	Jeanne-Lajoi	15:27.05	27
28	Beckstead, Ally	Thousand Islands SS	15:31.40	28
29	Audet, Sophie	Béatrice-Desloges	15:32.02	29
30	Dhanao, Sarina	Thousand Islands SS	15:33.68	30
31	Turcotte, Cadia	Thousand Islands SS	15:34.27	31

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

32	Robinson, Haylie	Thousand Islands SS	15:34.90	32
33	Kheirallah, Yara	Jeanne-Lajoi	15:39.11	33
34	Meier, Ayriella	Thousand Islands SS	15:39.74	34
35	Morissette, Marilou	Jeanne-Lajoi	15:41.02	35
36	Frédérik, Shaïann	Jeanne-Lajoi	15:41.78	36
37	Lowe, Madison	Thousand Islands SS	15:44.61	37
38	Goulard, Madison	Jeanne-Lajoi	15:47.84	38
39	Bélangier, Alexie	Jeanne-Lajoi	15:51.08	39
40	Colligan, Jayden	Bishop Smith	16:04.64	40
41	Noble, Ella	Bishop Smith	16:10.74	41
42	Kerr, Charlotte	Thousand Islands SS	16:11.40	42
43	Hubbart, Eva	Stonecrest E	16:13.24	43
44	Giberson, Ireland	Bishop Smith	16:14.36	44
45	Cassan, Ella Mae	Stonecrest - Kanata	16:27.49	45
46	Lecuyer, Taelyn	Stonecrest - Kanata	16:41.21	46
47	Price, Avery	Thousand Islands SS	16:53.46	47
48	Dilello, Nina	Esc Paul-Des	16:54.99	48
49	Massicotte, Maya	Jeanne-Lajoi	16:55.55	49
50	Lake, Brooklyn	Thousand Islands SS	16:57.68	50
51	McCann, Reese	Thousand Islands SS	17:05.80	51
52	Reegan, Felhaber	Équinoxe	17:08.92	52
53	Lemoine, Clara	Jeanne-Lajoi	17:09.67	53
54	Mettraux, Alyssia	Jeanne-Lajoi	17:27.51	54
55	Boyer, Chayse	Thousand Islands SS	17:47.55	55
56	Healey Vandyk, Annika	Thousand Islands SS	17:59.84	56
57	Mahon, Olivia	Bishop Smith	18:02.68	57
58	Dixon-Perrin, Alexis	Thousand Islands SS	18:17.87	58
59	Throop, Ella	Thousand Islands SS	18:52.87	59
60	Kramer, Maddy	Stonecrest E	18:53.33	60
61	Bernier, Victoriya	Béatrice-Desloges	19:43.78	61
62	Howard, Ella	Jeanne-Lajoi	19:58.68	62
63	Allard, Dania	Jeanne-Lajoi	20:49.71	63
64	Longtin, Aurora	Thousand Islands SS	20:50.11	64

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

65	Gowland-Wood, Miranda	Thousand Islands SS	20:55.37	65
66	Fitzgerald, Adelaide	Thousand Islands SS	20:56.30	66
67	Merkley, Avery	Thousand Islands SS	21:00.74	67
68	Brown, Camryn	Thousand Islands SS	21:09.55	68
69	Walker, Ellie	Thousand Islands SS	21:10.06	69
70	Schaafsma, Brindle	Thousand Islands SS	21:25.90	70
71	Mitchell, Elodie	Thousand Islands SS	21:37.65	71
72	Samoza, Adelaide	Stonecrest - Kanata	23:41.11	72
73	Charbonneau, Amelia	Thousand Islands SS	26:00.10	73
74	Perkins, Hailey	Thousand Islands SS	26:00.10	74

Team Scores

1	Thousand Islands SS A	22	3	4	5	10
	Total Time:	55:12.02				
	Average:	13:48.01				
2	Béatrice-Desloges A	63	6	13	20	24
	Total Time:	59:05.80				
	Average:	14:46.45				
3	Équinoxe	81	1	12	16	52
	Total Time:	59:05.02				
	Average:	14:46.26				
4	Bishop Smith - Pembroke A	89	8	15	26	40
	Total Time:	1:00:30.93				
	Average:	15:07.74				
5	Thousand Islands SS B	90	18	21	23	28
	Total Time:	1:01:08.75				
	Average:	15:17.19				
6	Jeanne-Lajoie - Pembroke A	93	11	22	27	33
	Total Time:	1:00:52.38				
	Average:	15:13.10				
7	Stonecrest - Kanata A	127	17	19	45	46
	Total Time:	1:03:03.24				
	Average:	15:45.81				

2019 Gryphon Open - 9/25/2019**Mooney's Bay
Rankings**

8	Thousand Islands SS C	127	30	31	32	34
	Total Time:	1:02:22.59				
	Average:	15:35.65				
9	Jeanne-Lajoie - Pembrok B	148	35	36	38	39
	Total Time:	1:03:01.72				
	Average:	15:45.43				
10	Thousand Islands SS D	176	37	42	47	50
	Total Time:	1:05:47.15				
	Average:	16:26.79				
11	Jeanne-Lajoie - Pembrok C	218	49	53	54	62
	Total Time:	1:11:31.41				
	Average:	17:52.86				
12	Thousand Islands SS E	220	51	55	56	58
	Total Time:	1:11:11.06				
	Average:	17:47.77				
13	Thousand Islands SS F	254	59	64	65	66
	Total Time:	1:21:34.65				
	Average:	20:23.67				
14	Thousand Islands SS G	274	67	68	69	70
	Total Time:	1:24:46.25				
	Average:	21:11.57				

Event 1 Boys 3k Run CC Elementary

1	Turcotte, Caden	Thousand Islands SS	11:19.55	1
2	Clarke, Gavin	Thousand Islands SS	12:19.78	2
3	Leakey, Kaiden	Thousand Islands SS	12:38.70	3
4	Plant, Alex	Thousand Islands SS	12:42.43	4
5	Pilatzke, Kasey	Bishop Smith	12:45.05	5
6	Mohamud Bare, Kadar	Thousand Islands SS	12:45.65	6
7	Eustache, Bryan	Béatrice-Desloges	12:47.18	7
8	Durant, Isaac	Thousand Islands SS	13:00.18	8
9	Pilatzke, Ryan	Bishop Smith	13:03.68	9
10	Woode, Regan	Stonecrest - Kanata	13:06.43	10

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

11	Shepherdson, Cole	Thousand Islands SS	13:09.01	11
12	Levesque, Jesse	Bishop Smith	13:11.48	12
13	Bischof, Colton	Thousand Islands SS	13:16.33	13
14	Barton, Finn	Stonecrest - Kanata	13:21.02	14
15	Longtin, Corbin	Thousand Islands SS	13:21.56	15
16	Poirier, Liam	Bishop Smith	13:25.17	16
17	Brouwer, Danny	Thousand Islands SS	13:31.37	17
18	Jaycno, William	Bishop Smith	13:31.74	18
19	Wilgosh, Robbie	Thousand Islands SS	13:35.24	19
20	Bergeron, Édouard	Jeanne-Lajoi	13:36.55	20
21	Deir, Evan	Thousand Islands SS	13:39.90	21
22	Coe, William	Thousand Islands SS	13:51.55	22
23	Van Barr, Bennett	Stonecrest - Kanata	13:52.81	23
24	Simpson, Josh	Thousand Islands SS	13:55.21	24
25	O'Ray, Daniel	Esc Paul-Des	13:58.27	25
26	Arthurs, Ethan	Stonecrest - Kanata	14:01.58	26
27	Gamble, Brendan	Stonecrest - Kanata	14:02.86	27
28	Wojcik, Alex	Jeanne-Lajoi	14:04.77	28
29	Chaisson, Cameron	Bishop Smith	14:06.96	29
30	Benson, Cédrik	Béatrice-Desloges	14:11.14	30
31	Hoogenraad, Nick	Thousand Islands SS	14:15.05	31
32	Bondi, Blake	Thousand Islands SS	14:20.36	32
33	Barkley, Matthew	Thousand Islands SS	14:21.00	33
34	Delaney, Logan	Thousand Islands SS	14:23.14	34
35	Wawak, Alexander	Béatrice-Desloges	14:24.84	35
36	Plaschka, Andrew	Thousand Islands SS	14:29.90	36
37	Boyer, Rylan	Thousand Islands SS	14:36.62	37
38	Lavoie, Chris	Jeanne-Lajoi	14:42.55	38
39	Montcalm, Yamato	Stonecrest - Kanata	14:43.37	39
40	Alguire, Sterling	Thousand Islands SS	14:45.87	40
41	Sly, Coleman	Stonecrest - Kanata	14:47.62	41
42	Bourget, Laurent	Esc Paul-Des	14:51.54	42
43	Wallace, Josh	Thousand Islands SS	14:53.11	43

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

44	Ireland, Matthew	Stonecrest - Kanata	14:57.93	44
45	Gagnon, Chase	Jeanne-Lajoi	15:03.52	45
46	McFadden, Rian	Thousand Islands SS	15:08.75	46
47	Lecuyer, Colton	Stonecrest - Kanata	15:10.62	47
48	Leakey, Jory	Thousand Islands SS	15:11.99	48
49	Brunet, Evan	Thousand Islands SS	15:15.52	49
50	Shiposh, Brennan	Stonecrest - Kanata	15:35.21	50
51	Bigelow, Hunter	Thousand Islands SS	15:36.49	51
52	Laframboise, Cédric	Béatrice-Desloges	15:39.90	52
53	McNish, Peyton	Thousand Islands SS	15:40.48	53
54	Hebner, Grayson	Jeanne-Lajoi	15:44.61	54
55	Janoska, Kieve	Stonecrest - Kanata	15:50.17	55
56	Lee, Russie	Stonecrest - Kanata	15:54.08	56
57	Nichol, William	Bishop Smith	15:57.24	57
58	Holub, Alexandre	Béatrice-Desloges	16:00.90	58
59	Phillips, Patrick	Jeanne-Lajoi	16:07.37	59
60	Gazquez, Félix	Jeanne-Lajoi	16:12.05	60
61	Wrigglesworth, Luke	Bishop Smith	16:12.68	61
62	Andreadis, Lucas	Stonecrest - Kanata	16:14.02	62
63	Limburg, Charlie	Thousand Islands SS	16:17.96	63
64	Shiposh, Luca	Stonecrest - Kanata	16:18.37	64
65	Larue, Cole	Stonecrest - Kanata	16:22.78	65
66	Barton, Rowen	Thousand Islands SS	16:25.68	66
67	Williams, Timothy	Thousand Islands SS	16:28.68	67
68	Wightman, Tate	Esc Paul-Des	16:42.23	68
69	Gagnon, Xavier	Jeanne-Lajoi	17:01.21	69
70	Gardiner, Luke	Thousand Islands SS	17:07.65	70
71	Held, Mason	Thousand Islands SS	17:42.90	71
72	Cahill, Jackson	Stonecrest - Kanata	17:46.46	72
73	Pellerin, Mathieu	Jeanne-Lajoi	17:50.46	73
74	Jardine, Reid	Thousand Islands SS	18:41.71	74
75	Peddle, Logan	Thousand Islands SS	18:47.18	75
76	Grant, Thomas	Thousand Islands SS	18:52.54	76

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

77	Besignano, Niko	Thousand Islands SS	19:55.34	77
78	Martin, Wesley	Thousand Islands SS	20:27.43	78
79	Rockey, Logan	Thousand Islands SS	20:32.40	79
80	Saumure, Liam	Thousand Islands SS	22:00.65	80

Team Scores

1	Thousand Islands SS A	10	1	2	3	4
	Total Time:	49:00.46				
	Average:	12:15.12				
2	Thousand Islands SS B	38	6	8	11	13
	Total Time:	52:11.17				
	Average:	13:02.80				
3	Bishop Smith - Pembroke A	42	5	9	12	16
	Total Time:	52:25.38				
	Average:	13:06.35				
4	Thousand Islands SS C	72	15	17	19	21
	Total Time:	54:08.07				
	Average:	13:32.02				
5	Stonecrest - Kanata A	73	10	14	23	26
	Total Time:	54:21.84				
	Average:	13:35.46				
6	Thousand Islands SS D	109	22	24	31	32
	Total Time:	56:22.17				
	Average:	14:05.55				
7	Béatrice-Desloges A	124	7	30	35	52
	Total Time:	57:03.06				
	Average:	14:15.77				
8	Jeanne-Lajoie - Pembroke A	131	20	28	38	45
	Total Time:	57:27.39				
	Average:	14:21.85				
9	Thousand Islands SS E	140	33	34	36	37
	Total Time:	57:50.66				
	Average:	14:27.67				

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

10	Stonecrest - Kanata B	151	27	39	41	44
	Total Time:	58:31.78				
	Average:	14:37.95				
11	Bishop Smith - Pembroke B	165	18	29	57	61
	Total Time:	59:48.62				
	Average:	14:57.16				
12	Thousand Islands SS F	177	40	43	46	48
	Total Time:	59:59.72				
	Average:	14:59.93				
13	Stonecrest - Kanata C	208	47	50	55	56
	Total Time:	1:02:30.08				
	Average:	15:37.52				
14	Thousand Islands SS G	216	49	51	53	63
	Total Time:	1:02:50.45				
	Average:	15:42.62				
15	Jeanne-Lajoie - Pembroke B	242	54	59	60	69
	Total Time:	1:05:05.24				
	Average:	16:16.31				
16	Stonecrest - Kanata D	263	62	64	65	72
	Total Time:	1:06:41.63				
	Average:	16:40.41				
17	Thousand Islands SS H	274	66	67	70	71
	Total Time:	1:07:44.91				
	Average:	16:56.23				
18	Thousand Islands SS I	302	74	75	76	77
	Total Time:	1:16:16.77				
	Average:	19:04.20				

Event 3 Girls 3k Run CC Novice

1	Hegan, Clara	Nepean H.S.	12:17.58	1
2	Wojtyk, Zoe	Glebe Colleg	12:18.05	2
3	Stonham, Louise	Arnrior	13:17.95	3
4	McDonnell, Macy	St. Pius X C.H.S.	13:21.58	4

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

5	Young, Jasmine	Mother Teres	13:22.49	5
6	Saravanamuttoo, Jemima	Colonel By S	13:24.84	6
7	Lortie, Zoé	Béatrice-Desloges	13:26.65	7
8	Ella, Duguay	Louis-Riel - Ottawa	13:27.65	8
9	Bemister, Clare	Bishop Smith	13:38.30	9
10	Bennett, Talia	Glebe Colleg	13:38.93	10
11	Schryburt, Marika	Béatrice-Desloges	13:43.71	11
12	McColgan, Abbey	Glebe Colleg	13:51.87	12
13	Keith, Ellie	Glebe Colleg	13:52.67	13
14	Procher, Sophie	Jeanne-Lajoi	13:55.15	14
15	Black, Rylan	Bishop Smith	14:04.49	15
16	Chiumera, Alivia	St. Pius X C.H.S.	14:15.52	16
17	Latimer, Cayla	St. Pius X C.H.S.	14:17.64	17
18	Shannon, Lilianne	Louis-Riel - Ottawa	14:20.58	18
19	Zarull, Maddy	Nepean H.S.	14:20.86	19
20	Thomas, Kaia	Colonel By S	14:36.05	20
21	Schmidt, Maya	Esc Paul-Des	14:40.37	21
22	Dawson, Sydney	West Carleto	14:41.86	22
23	Audet, Myriam	Béatrice-Desloges	14:42.96	23
24	Alexander, Madeline	Glebe Colleg	14:43.61	24
25	Young, Montana	Esc Paul-Des	14:49.40	25
26	Pierce, Hazel	Nepean H.S.	14:53.14	26
27	Russell, Quinn	Opeongo HS -	14:53.78	27
28	Semeniuk, Anna	St. Pius X C.H.S.	14:59.21	28
29	McColgan, Kaia	Glebe Colleg	15:00.08	29
30	Laroche, Elisa	Esc Paul-Des	15:15.15	30
31	Smolyneec, Esme	Merivale HS	15:35.74	31
32	Brossier, Lea	South Carlet	15:36.78	32
33	Paisley, Chloe	Nepean H.S.	15:42.28	33
34	Sophia, Chambelain	Esc Paul-Des	15:52.65	34
35	Patel, Ria	Merivale HS	16:12.46	35
36	Xaio, Danica	Merivale HS	16:13.02	36
37	Tones, Maggie	Bishop Smith	16:15.89	37

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

38	Heitman, Alexis	South Carlet	16:17.14	38
39	Desjardins, Cecelia	Jeanne-Lajoi	16:26.30	39
40	Ferko, Kyra	Renfrew CI -	16:35.30	40
41	Haber, Serena	Colonel By S	16:36.65	41
42	Hyatt, Samantha	Opeongo HS -	16:43.52	42
43	Webster, Eloise	Opeongo HS -	16:44.46	43
44	Gregoire, Natalie	Gloucester H	17:12.90	44
45	Tremblay, Madeleine	Béatrice-Desloges	17:36.14	45
46	Giberson, Rhyane	Bishop Smith	17:42.24	46
47	Magnusson, Marley	Nepean H.S.	17:50.77	47
48	McGarry, Evie	Nepean H.S.	17:52.14	48
49	Michaud, Cloé	Esc Paul-Des	18:21.27	49
50	Pratt, Hannah	Renfrew CI -	19:37.08	50
51	Holan-Stutz, Marika	Sir Guy Carl	19:39.62	51
52	Blaber, Olivia	Gloucester H	20:31.81	52
53	Covell, Lainey	South Carlet	20:38.93	53
54	Morgan, Dakota	Hillcrest - Ottawa	23:53.40	54
55	Muzuva, Victoria	All Saints - Ottawa	28:48.10	55

Team Scores

1	Glebe Collegiate - Otta A	37	2	10	12	13
	Total Time:	53:41.52				
	Average:	13:25.38				
2	St. Pius X C.H.S.	65	4	16	17	28
	Total Time:	56:53.95				
	Average:	14:13.49				
3	Nepean H.S. - Ottawa A	79	1	19	26	33
	Total Time:	57:13.86				
	Average:	14:18.47				
4	Béatrice-Desloges	86	7	11	23	45
	Total Time:	59:29.46				
	Average:	14:52.37				
5	Bishop Smith - Pembroke	107	9	15	37	46

2019 Gryphon Open - 9/25/2019**Mooney's Bay
Rankings**

Total Time: 1:01:40.92

Average: 15:25.23

6 Esc Paul-Desmarais - St A 110 21 25 30 34

Total Time: 1:00:37.57

Average: 15:09.40

Event 4 Boys 3k Run CC Novice

1	Libby, Josh	Renfrew CI -	11:07.36	1
2	Legare, Nolan	John McCrae	11:08.62	2
3	Kennedy, Parker	Mother Teres	11:23.20	3
4	Loganathan, Bhumi	Colonel By S	11:39.92	4
5	Dill, Scott	Ridgemont HS	11:44.84	5
6	Levasseur, Nathaniel	Jeanne-Lajoi	11:50.61	6
7	Egan, Jack	Opeongo HS -	11:51.14	7
8	Kenny, Jesse	Bishop Smith	12:10.74	8
9	Loganathan, Bhanu	Colonel By S	12:21.84	9
10	Collier, Jayden	Renfrew CI -	12:30.55	10
11	Mayda, Cameron	South Carlet	12:31.14	11
12	Smart, Jonah	Merivale HS	12:32.37	12
13	Vivas-Moncada, Julian	Esc Paul-Des	12:33.43	13
14	Raz, Luke	West Carleto	12:34.74	14
15	Smith, Hunter	South Carlet	12:37.27	15
16	McDonald, Liam	Mackenzie -	12:53.92	16
17	Vézina, Simon	Garneau	12:54.52	17
18	Ledain, Éric	Esc Paul-Des	12:55.02	18
19	Ebert, Riley	South Carlet	12:59.17	19
20	Tyman, Owen	Mother Teres	13:07.40	20
21	Scobie, Landen	Renfrew CI -	13:09.58	21
22	Phaneuf-Lord, Laurent	Glebe Colleg	13:10.01	22
23	Gazquez, Vincent	Jeanne-Lajoi	13:10.40	23
24	Dyke, Evan	Mother Teres	13:10.78	24
25	Morin, Troy	West Carleto	13:13.51	25
26	Keddy, Kaleb	Bishop Smith	13:23.84	26

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

27	Harris, William	John McCrae	13:27.84	27
28	Goudie, James	Bishop Smith	13:28.37	28
29	Defer, Duncan	South Carlet	13:34.71	29
30	Boileau, Kristian	Garneau	13:39.43	30
31	Shiman, Arseny	Bishop Smith	13:45.08	31
32	MacLeod, Brodie	Nepean H.S.	13:55.05	32
33	Aref, Nour	John McCrae	14:05.20	33
34	McLeod, Logan	Arnprior	14:11.84	34
35	Fallahi, Donyal	Longfields D	14:18.65	35
36	Watt, Tristan	Esc Paul-Des	14:18.96	36
37	Heydarynejad, Lucas	All Saints - Ottawa	14:44.71	37
38	Donald, Nathan	Mother Teres	14:46.70	38
39	Epp, Graeme	Glebe Colleg	14:59.99	39
40	Holman, Arvin	John McCrae	15:17.40	40
41	Jalbu, Mihai	Esc Paul-Des	15:20.65	41
42	Fowler, Duncan	Ridgemont HS	15:22.46	42
43	Shaw, Ryan	Mother Teres	15:26.74	43
44	Johnson, Thomas	John McCrae	15:38.20	44
45	Phaneuf-Lord, Edouard	Glebe Colleg	15:46.05	45
46	Evans, Jesse	Bishop Smith	16:04.77	46
47	Vaughn, Hatherall	Mother Teres	16:32.21	47
48	Julien, Simon	Garneau	16:39.27	48
49	Mastroianni, Peter	Merivale HS	17:03.71	49
50	Wang, Harry	Merivale HS	17:32.08	50
51	Sutton, Connor	Mother Teres	17:58.84	51
52	Wong, Anderson	Canterbury - Ottawa	18:20.31	52
53	Kapadia, Shlok	Merivale HS	27:49.00	53

Team Scores

1	South Carleton - Ottawa	74	11	15	19	29
	Total Time:	51:42.29				
	Average:	12:55.58				
2	Mother Teresa H.S. - Ot A	85	3	20	24	38

2019 Gryphon Open - 9/25/2019**Mooney's Bay
Rankings**

Total Time:	52:28.08				
Average:	13:07.02				
3 Bishop Smith - Pembroke A	93	8	26	28	31
Total Time:	52:48.03				
Average:	13:12.01				
4 John McCrae SS - Ottawa A	102	2	27	33	40
Total Time:	53:59.06				
Average:	13:29.77				
5 Esc Paul-Desmarais - St	108	13	18	36	41
Total Time:	55:08.06				
Average:	13:47.02				
6 Merivale HS - Ottawa	164	12	49	50	53
Total Time:	1:14:57.16				
Average:	18:44.29				

Event 5 Girls 4k Run CC Junior

1 Murchison, Charlotte	Mother Teres	17:20.83	1
2 Ivay, Rachel	John McCrae	17:49.27	2
3 Weber, Olivia	Arnprior	17:53.11	3
4 George, Emily	Opeongo HS -	17:55.61	4
5 Saravanamuttoo, Paige	Colonel By S	18:04.11	5
6 Nowlan, Maddy	Glebe Colleg	18:08.96	6
7 Bradley, Cassidy	Longfields D	18:10.05	7
8 Hurst, Freya	Glebe Colleg	18:10.52	8
9 Souilliere, Mila	Glebe Colleg	18:23.74	9
10 McCulligh, Helen	West Carleto	18:24.67	10
11 Ginther, Anna	Colonel By S	18:24.96	11
12 Spencer-Hitchins, Edyn	Jeanne-Lajoi	18:30.68	12
13 Deighton, Katherine	Mackenzie -	18:31.42	13
14 Tinmouth, Amalia	Colonel By S	18:40.90	14
15 Tubman, Gwyneth	South Carlet	18:42.40	15
16 McGrath, Emma	Opeongo HS -	18:44.64	16
17 Fitch, Chloe	École élémen	18:50.81	17

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

18	Steele, Anika	Glebe Colleg	18:55.20	18
19	Black, Rebecca	Glebe Colleg	18:56.74	19
20	Dariana, Ocica	Colonel By S	18:57.62	20
21	Cabasson, Laure	Colonel By S	19:01.81	21
22	O'Connell-Smith, Ella	John McCrae	19:06.74	22
23	O'Ray, Maeve	Esc Paul-Des	19:07.27	23
24	McQuinn, Cora	John McCrae	19:15.87	24
25	Cross, Laura	Merivale HS	19:20.08	25
26	Milne, Alison	John McCrae	19:30.84	26
27	West, Margot	Nepean H.S.	19:36.26	27
28	Haines, Mackenzie	Notre Dame C	19:52.20	28
29	Gibbons, Chloë	Renfrew CI -	20:00.71	29
30	Hopkins, Jamie	Mackenzie -	20:04.77	30
31	Rieger, Kylie	Opeongo HS -	20:06.78	31
32	Charles, Rachel	South Carlet	20:10.27	32
33	Bélanger, Emma	Jeanne-Lajoi	20:12.05	33
34	Godin, Elyse	Esc Paul-Des	20:17.81	34
35	Entickap-Smith, Ellie	Glebe Colleg	20:23.90	35
36	Perras, Daphne	Longfields D	20:25.34	36
37	Shepertycki, Halyna	All Saints - Ottawa	20:25.78	37
38	Zannese, Larissa	All Saints - Ottawa	20:26.67	38
39	Crooks, Molly	All Saints - Ottawa	20:31.48	39
40	West, Bridget	Nepean H.S.	20:46.55	40
41	Mader Stevens, Greta	Colonel By S	20:50.80	41
42	Rich, Jordan-Anne	Notre Dame C	20:56.30	42
43	Turmelle, Alexandra	Béatrice-Desloges	20:56.81	43
44	Ivan-Fieldcamp, Kameron	John McCrae	21:34.42	44
45	Stewart, Ysabella	Notre Dame C	21:44.11	45
46	Elgood, Ava	Notre Dame C	21:50.21	46
47	Singh, Rhianna	Canterbury - Ottawa	21:54.34	47
48	Gregoire, Melanie	Gloucester H	21:55.68	48
49	Holman, Naya	John McCrae	22:26.46	49
50	Popkie, Madison	Opeongo HS -	22:45.02	50

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

51	Paquette, Meagan	Jeanne-Lajoi	22:54.86	51
52	Gauvin, Gabrielle	Louis-Riel - Ottawa	23:08.05	52
53	Schuler, Madison	Ridgemont HS	23:16.55	53
54	Linehan, Tara	Nepean H.S.	23:25.46	54
55	Burdeney, Jade-Lynn	Jeanne-Lajoi	23:32.49	55
56	Van Campen, Kate	Notre Dame C	23:38.99	56
57	Thirriet, Perrin	Mackenzie -	23:52.90	57
58	Ross, Sarah	Gloucester H	24:36.81	58
59	Cook, Chloe	Gloucester H	25:03.14	59
60	Marhnouj, Maryam	Hillcrest - Ottawa	26:20.24	60
61	Debaat, Molly	Merivale HS	26:50.30	61

Team Scores

1	Glebe Collegiate - Otta A	41	6	8	9	18
	Total Time:	1:13:38.42				
	Average:	18:24.61				
2	Colonel By Secondary Sc A	50	5	11	14	20
	Total Time:	1:14:07.59				
	Average:	18:31.90				
3	John McCrae SS - Ottawa A	74	2	22	24	26
	Total Time:	1:15:42.72				
	Average:	18:55.68				
4	Opeongo HS - Douglas	101	4	16	31	50
	Total Time:	1:19:32.05				
	Average:	19:53.02				
5	Jeanne-Lajoie - Pembrok	151	12	33	51	55
	Total Time:	1:25:10.08				
	Average:	21:17.52				
6	Notre Dame Chs -carleto A	161	28	42	45	46
	Total Time:	1:24:22.82				
	Average:	21:05.71				

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

1	Steer, Sam	Mackenzie -	14:22.81	1
2	Niedre, Russell	South Carlet	15:05.36	2
3	Sendybyl, Ethan	John McCrae	15:12.08	3
4	Brazeau, Alec	Esc Paul-Des	15:16.61	4
5	Waddington, Oliver	Glebe Colleg	15:24.74	5
6	Boisclair, Vincent	Béatrice-Desloges	15:26.18	6
7	Trudel, Tristan	Béatrice-Desloges	15:27.74	7
8	Crichton, Alex	Nepean H.S.	15:29.65	8
9	Fairhead, Thomas	Glebe Colleg	15:30.77	9
10	Brooks, Owen	John McCrae	15:35.58	10
11	Phung, Levi	Longfields D	15:42.11	11
12	Mason, Liam	Nepean H.S.	15:43.99	12
13	Weber, Eric	Glebe Colleg	16:00.62	13
14	Buxton, Sam	Renfrew CI -	16:05.40	14
15	Richardson, Lucas	John McCrae	16:10.92	15
16	Veysey, Nathan	Glebe Colleg	16:11.74	16
17	Williams, Émile	Garneau	16:18.74	17
18	Strachan, Jeremy	Glebe Colleg	16:20.87	18
19	Hodges, Jamie	Nepean H.S.	16:27.80	19
20	Cooper, Austin	Canterbury - Ottawa	16:30.93	20
21	Kukla-Colby, Thomas	Nepean H.S.	16:34.48	21
22	Harrison, Max	Glebe Colleg	16:34.77	22
23	Barrett, Elijah	Glebe Colleg	16:42.40	23
24	Sloan, Jack	Esc Paul-Des	16:52.99	24
25	Tanigouchi, Trevor	John McCrae	17:14.84	25
26	Johnston, Koda	Opeongo HS -	17:15.58	26
27	Vennor, Blake	John McCrae	17:17.52	27
28	Grenier, Luc	Glebe Colleg	17:33.02	28
29	Charbot, Dylan	Merivale HS	17:37.05	29
30	Evan, Mcdonald	Longfields D	17:38.65	30
31	Carter, Cameron	Mother Teres	17:42.18	31
32	Ten Den, Andrew	Mother Teres	17:48.55	32
33	Covey, Hayden	South Carlet	17:48.90	33

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

34	Jessiman, Liam	South Carlet	17:51.30	34
35	Beimans, Jon	South Carlet	17:55.39	35
36	Tunang, Erik	Canterbury - Ottawa	17:55.90	36
37	Ross, Qoy	Colonel By S	17:58.42	37
38	Quilty, Malachi	Bishop Smith	18:01.74	38
39	McLean, Jacob	Garneau	18:12.78	39
40	Tellier, Felix	Esc Paul-Des	18:15.48	40
41	Huang, Jason	John McCrae	18:16.21	41
42	Hames, Tyler	Esc Paul-Des	18:19.78	42
43	Shetler, Jason	All Saints - Ottawa	18:20.23	43
44	Kelly, Jesse	Bishop Smith	18:22.40	44
45	Schincariol, Anthony	Notre Dame C	18:28.62	45
46	Knight, James	Hillcrest - Ottawa	18:30.71	46
47	Ray, Brennen	Mother Teres	18:38.46	47
48	Newman, Aidan	Opeongo HS -	18:41.68	48
49	Sabourin, Nekoda	Renfrew CI -	18:43.96	49
50	Beimans, Tyler	South Carlet	18:45.49	50
51	Norman, Cole	West Carleto	18:49.08	51
52	Price, Evan	John McCrae	18:51.87	52
53	Robins, Bryn	Nepean H.S.	19:04.55	53
54	Alzu'bi, Abdel Rahman	Longfields D	19:10.55	54
55	Zhong-Vorkapic, Mario	Colonel By S	19:16.62	55
56	Fast, Andy	Ridgemont HS	19:18.64	56
57	Brooks, Avery	Garneau	19:26.30	57
58	Jubouri, Ali	Louis-Riel - Ottawa	19:27.34	58
59	Foster, James	Longfields D	19:58.34	59
60	Pilgrim, Liam	Nepean H.S.	20:00.42	60
61	McQuigge, Paul	Sir Guy Carl	21:01.21	61
62	Cesario, Charlie	Notre Dame C	21:31.81	62
63	Brechand, Lucien	Notre Dame C	21:33.20	63
64	Rodriguez, Gonzi	All Saints - Ottawa	22:24.90	64
65	Lafleur, David	Garneau	22:36.87	65
66	Johnson, Éric	Garneau	22:39.46	66

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

67	Aubrey, Simon	Canterbury - Ottawa	22:40.02	67
68	Nabih, Hamza	Ridgemont HS	26:32.14	68
69	Brassieres, Noah	All Saints - Ottawa	26:35.93	69

Team Scores

1	Glebe Collegiate - Otta A	43	5	9	13	16
	Total Time:	1:03:07.87				
	Average:	15:46.97				
2	John McCrae SS - Ottawa A	53	3	10	15	25
	Total Time:	1:04:13.42				
	Average:	16:03.36				
3	Nepean H.S. - Ottawa A	60	8	12	19	21
	Total Time:	1:04:15.92				
	Average:	16:03.98				
4	Glebe Collegiate - Otta B	91	18	22	23	28
	Total Time:	1:07:11.06				
	Average:	16:47.77				
5	South Carleton - Ottawa A	104	2	33	34	35
	Total Time:	1:08:40.95				
	Average:	17:10.24				
6	Esc Paul-Desmarais - St	110	4	24	40	42
	Total Time:	1:08:44.86				
	Average:	17:11.22				
7	Longfields Davidson Hei	154	11	30	54	59
	Total Time:	1:12:29.65				
	Average:	18:07.42				
8	Garneau A	178	17	39	57	65
	Total Time:	1:16:34.69				
	Average:	19:08.68				

Event 7 Girls 4950 Meter Run CC Senior

1	Pellerin, Skye	St. Francis X	20:51.61	1
2	Levasseur, Sophie	École élémen	21:01.46	2

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

3	Csisztu, Samantha	Jeanne-Lajoi	21:11.71	3
4	Bialowas, Ivy	Glebe Colleg	21:36.87	4
5	Heffernan-Wilker, Anna S	Glebe Colleg	21:50.78	5
6	Lyons, Jasmine	Glebe Colleg	21:51.70	6
7	Ngo, Isabelle	Longfields D	21:57.27	7
8	Semeniuk, Katya	St. Pius X C.H.S.	21:59.11	8
9	Gardiner, Zoe	Glebe Colleg	22:03.14	9
10	Borrens, Jayne	Glebe Colleg	22:20.34	10
11	Bolduc, Véronique	Béatrice-Desloges	23:08.05	11
12	Tremblay, Sophie	Béatrice-Desloges	23:19.58	12
13	Tyman, Elana	Mother Teres	23:21.93	13
14	Dasilva, Kayla	Mother Teres	23:49.40	14
15	Reid, Lauren	All Saints - Ottawa	23:58.48	15
16	Friske, Cassidy	Renfrew CI -	24:02.49	16
17	Sanderson, Julia	South Carlet	24:03.08	17
18	Stewart, Natasha	Glebe Colleg	24:18.14	18
19	Stewart, Teagan	Glebe Colleg	24:40.34	19
20	Kearney, Tarynn	Bishop Smith	24:47.30	20
21	Wood, Ella	Glebe Colleg	24:47.68	21
22	Hubert, Hannah	Renfrew CI -	24:58.02	22
23	Kolking, Pippa	Ashbury Coll	25:02.72	23
24	Copeland, Millie	Opeongo HS -	25:12.68	24
25	Smith, Leona	Nepean H.S.	25:22.14	25
26	Finch, Abi	All Saints - Ottawa	25:48.24	26
27	Durham, Leah	Béatrice-Desloges	26:23.52	27
28	Renaud, Sophie	Garneau	26:27.21	28
29	Matayoshi, Moe	Renfrew CI -	26:32.55	29
30	Norman, Olivia	Glebe Colleg	26:36.81	30
31	Pinsent, Savana	Renfrew CI -	26:40.84	31
32	Reinecke, Nina	Gloucester H	26:50.92	32
33	Moore, Bridget	Glebe Colleg	26:59.23	33
34	Boufford, Gabrielle	Bishop Smith	27:12.05	34
35	Schiemann, Alyssa	Bishop Smith	27:22.42	35

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

36	Flanders, Kaitlyn	South Carlet	27:26.81	36
37	Dunn, Erin	Nepean H.S.	27:35.21	37
38	Pomerant, Ashleigh	Longfields D	27:46.84	38
39	MacDonald, Emma	Glebe Colleg	28:06.37	39
40	Terpstra, Jenevieve	Notre Dame C	28:07.24	40
41	Barker, Miriam	Garneau	28:39.39	41
42	Schneiderman, Rebekah	Canterbury - Ottawa	29:02.71	42
43	Seeley, Arianna	Longfields D	29:06.49	43
44	Carr, Makyla	Ashbury Coll	29:24.71	44
45	Van Noort, Emily	Mother Teres	29:55.08	45
46	Weber, Shayleen	Arnprior	29:59.08	46
47	Jarvis, Emma	Glebe Colleg	30:00.43	47
48	Bergeron-Csunyoscka, Han	Jeanne-Lajoi	30:24.43	48
49	Bartholomew, Megan	Nepean H.S.	30:27.81	49
50	Innes, Celia	All Saints - Ottawa	31:14.43	50
51	Fox, Katelyn	All Saints - Ottawa	31:16.61	51
52	Soliman, Joy	All Saints - Ottawa	31:49.20	52
53	Roy, Alyssa	Béatrice-Desloges	32:13.40	53
54	Ouimet, Tara	Béatrice-Desloges	32:22.68	54
55	Bezanson, Serena	South Carlet	32:27.83	55
56	Potter-Dhieux, Lilli	Ashbury Coll	32:47.99	56
57	Hollmann, Ellie	Garneau	32:56.93	57
58	Sule, Emma	Gloucester H	33:28.00	58
59	Debaat, Petra	Merivale HS	33:45.00	59
60	Farrell, Caitlin	St. Pius X C.H.S.	33:55.00	60
61	You, Anita	Canterbury - Ottawa	36:22.00	61
62	Parsi Boetig, Layli	Ashbury Coll	39:31.00	62
63	Létourneau, Mackenzie	Garneau	39:55.00	63
64	Choi, Michelle	Colonel By S	40:30.00	64
65	unknown, unknown	Unattached	40:37.00	65
66	Pery, Kailyn	Mother Teres	40:41.00	66
67	Choi, Isabelle	Colonel By S	41:28.00	67
68	Baldock, Karissa	Notre Dame C	41:30.00	68

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

69 unknown, runner All Saints - Ottawa 41:30.00 69

Team Scores

1 Glebe Collegiate - Otta A	24	4	5	6	9
Total Time:	1:27:22.49				
Average:	21:50.63				
2 Glebe Collegiate - Otta B	68	10	18	19	21
Total Time:	1:36:06.50				
Average:	24:01.63				
3 Renfrew CI - Renfrew	98	16	22	29	31
Total Time:	1:42:13.90				
Average:	25:33.48				
4 Béatrice-Desloges A	103	11	12	27	53
Total Time:	1:45:04.55				
Average:	26:16.14				
5 Mother Teresa H.S. - Ot	138	13	14	45	66
Total Time:	1:57:47.41				
Average:	29:26.86				
6 All Saints - Ottawa A	142	15	26	50	51
Total Time:	1:52:17.76				
Average:	28:04.44				
7 Glebe Collegiate - Otta C	149	30	33	39	47
Total Time:	1:51:42.84				
Average:	27:55.71				
8 Ashbury College - Ottaw	185	23	44	56	62
Total Time:	2:06:46.42				
Average:	31:41.61				
9 Garneau	189	28	41	57	63
Total Time:	2:07:58.53				
Average:	31:59.64				

Event 8 Boys 4950 Meter Run CC Senior

1 Saal, Rudy Jeanne-Lajoi 17:22.89 1

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

2	Fast, Joe	Ridgemont HS	17:33.78	2
3	Saravanamuttoo, Callum	Glebe Colleg	18:04.55	3
4	Allan, Luke	Ashbury Coll	18:05.52	4
5	Cino, Sebastian	Glebe Colleg	18:22.80	5
6	Buxton, Leif	Renfrew CI -	18:32.74	6
7	Roy, Jackson	Longfields D	19:14.96	7
8	Omar Ali, Harun	Ridgemont HS	19:21.08	8
9	Pensom, Owen	Glebe Colleg	19:24.93	9
10	Rundle, Ben	Glebe Colleg	19:43.24	10
11	Demars, Carter	Mother Teres	19:51.24	11
12	Taylor, Andrew	John McCrae	19:55.68	12
13	Ducharme, Antoine	Louis-Riel - Ottawa	20:03.49	13
14	Samuel, Haroon	Mother Teres	20:03.90	14
15	May, Ryan	John McCrae	20:08.68	15
16	Mason, Robin	Glebe Colleg	20:12.52	16
17	Magnusson, Max	Nepean H.S.	20:14.40	17
18	Pavao, Marshall	Longfields D	20:21.27	18
19	McGrath, Keaton	Arnprior	20:41.51	19
20	Beaulieu, Benjamin	Jeanne-Lajoi	20:43.84	20
21	Egan, William	Opeongo HS -	20:47.23	21
22	Pollock, Thomas	Louis-Riel - Ottawa	20:53.21	22
23	Newman, Keito	Glebe Colleg	20:57.18	23
24	Raz, Evan	West Carleto	21:10.30	24
25	Dostie, Guillaume	Jeanne-Lajoi	21:18.49	25
26	Cyr, Tyler	Longfields D	21:25.84	26
27	Khani, Adrian	Canterbury - Ottawa	21:30.46	27
28	Lévesque, Loïck	Louis-Riel - Ottawa	21:32.68	28
29	Custic, Luka	Merivale HS	21:36.11	29
30	Gagné, Zackary	Louis-Riel - Ottawa	21:38.36	30
31	Nault, Riley	Notre Dame C	21:52.93	31
32	McPhail, Hunter	Sir Guy Carl	21:54.11	32
33	Beehler, Adam	All Saints - Ottawa	21:54.87	33
34	Gupta, Gabe	Colonel By S	21:55.54	34

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

35	Knight, Duncan	Hillcrest - Ottawa	22:04.11	35
36	Macinnis, Callum	Mother Teres	22:05.58	36
37	Lawless, Ryan	John McCrae	22:12.02	37
38	Bronsema, Liam	West Carleto	22:20.99	38
39	Perras, Breton	Longfields D	22:29.24	39
40	May, Owen	John McCrae	22:40.74	40
41	Kay, Tanner	Mother Teres	22:43.43	41
42	Ethier, Dustin	Bishop Smith	22:48.37	42
43	Sapinski, Andrew	Bishop Smith	23:07.96	43
44	Dias, Maxence	Glebe Colleg	23:22.59	44
45	Macaskill, Tommy	Renfrew CI -	23:27.74	45
46	Butterfield, Ewan	Ashbury Coll	23:33.84	46
47	Vanderveort, Max	All Saints - Ottawa	23:39.51	47
48	Mann, Thomas	Longfields D	23:47.96	48
49	Prud'homme, Alex	Louis-Riel - Ottawa	23:48.40	49
50	Leonhardt, Émile	Béatrice-Desloges	23:48.87	50
51	Sigouin, Tristan	Louis-Riel - Ottawa	23:51.55	51
52	Westheimer, Ben	Glebe Colleg	23:57.55	52
53	Doherty, Ethan	Glebe Colleg	24:12.36	53
54	Rustom, Matthieu	Louis-Riel - Ottawa	24:13.55	54
55	Lamothe, Ben	Mother Teres	24:24.65	55
56	Devalle, Vittorio	Glebe Colleg	24:25.37	56
57	Schooley, Roan	Notre Dame C	24:29.98	57
58	Scully, Jason	Longfields D	24:30.84	58
59	Comtois, Marc-André	Jeanne-Lajoi	24:46.37	59
60	Calverley, Thompson	South Carlet	24:49.93	60
61	Potvin, Jean-Pascal	Béatrice-Desloges	24:55.78	61
62	Terpstra, Max	Longfields D	24:57.08	62
63	Jolicoeur, Cedric	All Saints - Ottawa	25:05.42	63
64	Farrell, Callan	Mother Teres	25:08.46	64
65	Lambley, Ryan	All Saints - Ottawa	25:09.27	65
66	Mainville, Daniel	Jeanne-Lajoi	25:11.87	66
67	Pentland, Nicholas	Garneau	25:16.74	67

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

68	Hemsley, Max	Renfrew CI -	25:47.84	68
69	Johnston, Chris	Merivale HS	25:55.08	69
70	Yin, Jordan	Longfields D	25:59.05	70
71	Page, Ethan	Notre Dame C	26:07.36	71
72	Macwilliams, Kade	Bishop Smith	26:12.71	72
73	Nolan, Wojcik	Mother Teres	26:23.84	73
74	Cunnane, Quinn	All Saints - Ottawa	26:35.14	74
75	Phung, Levi	Longfields D	26:38.08	75
76	Devine, Kougar	Opeongo HS -	26:43.87	76
77	Maggiore, Adam	Mother Teres	26:52.99	77
78	Pomares, Gio	Mother Teres	26:57.40	78
79	Edwards, Kamar	Hillcrest - Ottawa	26:58.87	79
80	Vandenbosch, Simon	All Saints - Ottawa	26:59.31	80
81	Snow, Jacob	Notre Dame C	27:02.93	81
82	Al-Shalfi, Osamah	Ridgemont HS	27:03.39	82
83	Fevrier, Johvanie	Sir Guy Carl	27:31.45	83
84	Souffrant, Ryan	Sir Guy Carl	27:43.46	84
85	Stark, Thom	Renfrew CI -	28:26.42	85
86	MacDougall, Michael	All Saints - Ottawa	28:29.37	86
87	Chaffe, Josh	Ashbury Coll	28:40.27	87
88	Lenouvel, William	Notre Dame C	29:11.96	88
89	Ducharme, Vincent	Louis-Riel - Ottawa	30:24.40	89
90	Kim, Elijah	John McCrae	31:20.50	90
91	Drouin, Jacob	Esc Paul-Des	32:12.49	91
92	Volk, Michael	St. Pius X C.H.S.	32:50.40	92
93	Tower, Damian	Bishop Smith	33:00.74	93
94	Mott, Billy	South Carlet	33:32.52	94
95	Solly, Taden	Bishop Smith	34:28.99	95
96	Harrison, Max	Glebe Colleg	34:51.54	96
97	Ernst, Connor	Ashbury Coll	38:15.72	97
98	Goyette, Alex	Bishop Smith	38:38.40	98

Team Scores

1	Glebe Collegiate - Otta A	27	3	5	9	10
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2019 Gryphon Open - 9/25/2019**Mooney's Bay
Rankings**

	Total Time:	1:15:35.53				
	Average:	18:53.88				
2	Longfields Davidson Hei A	90	7	18	26	39
	Total Time:	1:23:31.31				
	Average:	20:52.83				
3	Louis-Riel - Ottawa A	93	13	22	28	30
	Total Time:	1:24:07.74				
	Average:	21:01.94				
4	Mother Teresa H.S. - Ot A	102	11	14	36	41
	Total Time:	1:24:44.15				
	Average:	21:11.04				
5	John McCrae SS - Ottawa A	104	12	15	37	40
	Total Time:	1:24:57.12				
	Average:	21:14.28				
6	Jeanne-Lajoie - Pembrok A	105	1	20	25	59
	Total Time:	1:24:11.59				
	Average:	21:02.90				
7	Glebe Collegiate - Otta B	135	16	23	44	52
	Total Time:	1:28:29.84				
	Average:	22:07.46				
8	Renfrew CI - Renfrew	204	6	45	68	85
	Total Time:	1:36:14.74				
	Average:	24:03.69				
9	All Saints - Ottawa A	208	33	47	63	65
	Total Time:	1:35:49.07				
	Average:	23:57.27				
10	Ashbury College - Ottaw	234	4	46	87	97
	Total Time:	1:48:35.35				
	Average:	27:08.84				
11	Longfields Davidson Hei B	238	48	58	62	70
	Total Time:	1:39:14.93				
	Average:	24:48.74				
12	Notre Dame Chs -carleto A	240	31	57	71	81

2019 Gryphon Open - 9/25/2019**Mooney's Bay****Rankings**

Total Time:	1:39:33.20				
Average:	24:53.30				
13 Louis-Riel - Ottawa B	243	49	51	54	89
Total Time:	1:42:17.90				
Average:	25:34.48				
14 Bishop Smith - Pembroke A	250	42	43	72	93
Total Time:	1:45:09.78				
Average:	26:17.45				
15 Mother Teresa H.S. - Ot B	269	55	64	73	77
Total Time:	1:42:49.94				
Average:	25:42.49				