

The Running Room ACAC Indoor Track Championships - 3/15/2019 to 3/16/2019

Repsol Centre

Results

Event 1 Women 300 Meter Dash Open

ACAC Record: 41.46 * 3/4/2018 Nikita Case

ACAC Champs: 41.55 ! 3/3/2017 Nikita Case

| Name | Yr | School | Prelims |
|----------------------|------|----------------------|----------------------------|
| Preliminaries | | | |
| 1 | #193 | Shayla Sklaruk | Kings/Queens,Red E 44.29q |
| 2 | #156 | Danna DeGagne | Kodiaks,Lethbridge 45.47q |
| 3 | #65 | Lydia Brown | Vikings,Camrose 45.51q |
| 4 | #170 | Shaunice Burgers | Griffins,Edmonton 45.58q |
| 5 | #189 | Lauren Pasiuk | Kings/Queens,Red E 45.67q |
| 6 | #97 | Maria Houle | Gprc Wolves,Grande 46.43q |
| 7 | #89 | Mienna Starosielski | Concordia,Edmonton 46.90q |
| 8 | #174 | Ember Large | Griffins,Edmonton 47.06q |
| 9 | #180 | Bailey Stang | Griffins,Edmonton 47.84 |
| 10 | #168 | Brooklyn Vogel | Kodiaks,Lethbridge 48.00 |
| 11 | #82 | Rebekka Hay | Concordia,Edmonton 48.21 |
| 12 | #154 | Anna van der Geissen | Gprc Wolves,Grande 48.38 |
| 13 | #81 | Kennedy Hay | Concordia,Edmonton 48.52 |
| 14 | #178 | Kiersten Rajotte | Griffins,Edmonton 50.13 |
| 15 | #93 | Brittany Duvall | Gprc Wolves,Grande 52.40 |
| 16 | #269 | Bethany Topping | St. Mary's U,Calgary 53.07 |
| 17 | #265 | Myroslava Koval | St. Mary's U,Calgary 53.54 |
| 18 | #266 | Tanis Lefebvre | St. Mary's U,Calgary 54.81 |
| 19 | #261 | Sophia Della Rosa | St. Mary's U,Calgary 56.71 |

Event 1 Women 300 Meter Dash Open

ACAC Record: 41.46 * 3/4/2018 Nikita Case

ACAC Champs: 41.55 ! 3/3/2017 Nikita Case

| Name | Yr | School | Finals |
|---------------|------|---------------------|-----------------------------|
| Finals | | | |
| 1 | #193 | Shayla Sklaruk | Kings/Queens,Red E 42.33 10 |
| 2 | #170 | Shaunice Burgers | Griffins,Edmonton 44.87 8 |
| 3 | #156 | Danna DeGagne | Kodiaks,Lethbridge 44.96 6 |
| 4 | #65 | Lydia Brown | Vikings,Camrose 45.51 5 |
| 5 | #97 | Maria Houle | Gprc Wolves,Grande 45.86 4 |
| 6 | #189 | Lauren Pasiuk | Kings/Queens,Red E 46.04 3 |
| 7 | #174 | Ember Large | Griffins,Edmonton 46.70 2 |
| 8 | #89 | Mienna Starosielski | Concordia,Edmonton 47.99 1 |

Event 2 Men 300 Meter Dash Open

ACAC Record: 35.61 * 3/9/2018 Brent Stephen

ACAC Champs: 35.61 ! 3/9/2018 Brent Stephen

| Name | Yr | School | Prelims |
|----------------------|------|--------------------|---------------------------|
| Preliminaries | | | |
| 1 | #171 | Thomas Cross-Trush | Griffins,Edmonton 36.75q |
| 2 | #256 | Brent Stephen | Trojans,Calgary 37.03q |
| 3 | #153 | Brandon Tufford | Gprc Wolves,Grande 37.47q |
| 4 | #169 | Caelen Begg | Griffins,Edmonton 37.70q |
| 5 | #182 | Connor Swaby | Griffins,Edmonton 37.72q |
| 6 | #179 | Reece Runco | Griffins,Edmonton 37.87q |
| 7 | #177 | Andrei Pop | Griffins,Edmonton 38.31q |
| 8 | #176 | Omar Medina | Griffins,Edmonton 38.62q |
| 9 | #100 | Joel Manz | Gprc Wolves,Grande 38.69q |
| 10 | #84 | Brandon Morris | Concordia,Edmonton 38.89q |
| 11 | #199 | Lucas Wessner | Kings/Queens,Red E 39.29q |

| | | | |
|----|------|--------------------|----------------------------|
| 12 | #157 | Foster Isiche | Kodiaks,Lethbridge 39.59q |
| 13 | #198 | Jakob Vollmerhaus | Kings/Queens,Red E 39.62 |
| 14 | #255 | Iqbal Singh | Trojans,Calgary 40.48 |
| 15 | #263 | Tim Evans | St. Mary's U,Calgary 40.60 |
| 16 | #200 | Marcus Bautista | Trojans,Calgary 40.73 |
| 17 | #249 | Warren Emslie | Trojans,Calgary 42.04 |
| 18 | #166 | Kuljeet Singh | Kodiaks,Lethbridge 42.33 |
| 19 | #159 | Tristan Jochems | Kodiaks,Lethbridge 42.38 |
| 20 | #94 | Tarias Fournier | Gprc Wolves,Grande 43.03 |
| 21 | #268 | Jason Sprinkhuysen | St. Mary's U,Calgary 43.34 |
| 22 | #85 | Jackson Murrell | Concordia,Edmonton 43.40 |
| 23 | #165 | Dolan Saddleback | Kodiaks,Lethbridge 44.83 |
| 24 | #262 | Quinn Demers | St. Mary's U,Calgary 46.33 |
| 25 | #73 | Timothy Shapka | Vikings,Camrose 48.37 |
| 26 | #260 | Gabriel De Obieta | St. Mary's U,Calgary 52.36 |

Event 2 Men 300 Meter Dash Open

ACAC Record: 35.61 * 3/9/2018 Brent Stephen

ACAC Champs: 35.61 ! 3/9/2018 Brent Stephen

| Name | Yr | School | Finals |
|---------------|------|--------------------|----------------------------|
| Finals | | | |
| 1 | #256 | Brent Stephen | Trojans,Calgary 35.61* 10 |
| 2 | #171 | Thomas Cross-Trush | Griffins,Edmonton 36.17 8 |
| 3 | #179 | Reece Runco | Griffins,Edmonton 36.33 6 |
| 4 | #182 | Connor Swaby | Griffins,Edmonton x36.39 |
| 5 | #153 | Brandon Tufford | Gprc Wolves,Grande 37.28 5 |
| 6 | #169 | Caelen Begg | Griffins,Edmonton x38.39 |
| 7 | #100 | Joel Manz | Gprc Wolves,Grande 38.56 4 |
| 8 | #199 | Lucas Wessner | Kings/Queens,Red E 38.66 3 |
| 9 | #177 | Andrei Pop | Griffins,Edmonton x38.82 |
| 10 | #84 | Brandon Morris | Concordia,Edmonton 38.86 2 |
| 11 | #176 | Omar Medina | Griffins,Edmonton x39.07 |
| 12 | #157 | Foster Isiche | Kodiaks,Lethbridge 39.24 1 |

Event 11 Women 600 Meter Run Open

ACAC Record: 1:35.33 * 2/9/2018 Nikita Case

ACAC Champs: 1:37.35 ! 3/10/2018 Nikita Case

| Name | Yr | School | Finals |
|---------------|------|----------------------|-------------------------------|
| Finals | | | |
| 1 | #193 | Shayla Sklaruk | Kings/Queens,Red E 1:38.81 10 |
| 2 | #170 | Shaunice Burgers | Griffins,Edmonton 1:44.97 8 |
| 3 | #174 | Ember Large | Griffins,Edmonton 1:44.98 6 |
| 4 | #187 | Sandra Garcia | Kings/Queens,Red E 1:45.51 5 |
| 5 | #154 | Anna van der Geissen | Gprc Wolves,Grande 1:47.69 4 |
| 6 | #97 | Maria Houle | Gprc Wolves,Grande 1:48.36 3 |
| 7 | #89 | Mienna Starosielski | Concordia,Edmonton 1:48.66 2 |
| 8 | #180 | Bailey Stang | Griffins,Edmonton x1:49.77 |
| 9 | #189 | Lauren Pasiuk | Kings/Queens,Red E x1:49.82 |
| 10 | #91 | Ana Zulic | Concordia,Edmonton 1:50.32 1 |
| 11 | #168 | Brooklyn Vogel | Kodiaks,Lethbridge 1:51.55 |
| 12 | #270 | Karen Vandenborre | St. Mary's U,Calgary 1:56.92 |
| 13 | #96 | Krista Frey | Gprc Wolves,Grande x1:57.38 |
| 14 | #83 | Madison Masterson | Concordia,Edmonton x2:02.45 |
| 15 | #184 | Daniella Wasielewski | Griffins,Edmonton x2:08.87 |
| 16 | #70 | Lina Lim | Vikings,Camrose 2:12.01 |
| 17 | #71 | Chiedza Mutize | Vikings,Camrose 2:12.25 |

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Event 12 Men 600 Meter Run Open

ACAC Record: 1:20.20 * 2/10/2018 Brent Stephen
 ACAC Champs: 1:23.43 ! 2/27/2016 Kenton Sportak

| Name | Yr | School | Finals |
|----------------------------|----|----------------------|-------------|
| Finals | | | |
| 1 #256 Brent Stephen | | Trojans,Calgary | 1:22.74! 10 |
| 2 #153 Brandon Tufford | | Gprc Wolves,Grande | 1:23.63 8 |
| 3 #179 Reece Runco | | Griffins,Edmonton | 1:26.22 6 |
| 4 #251 Brant Lauweryssen | | Trojans,Calgary | 1:27.88 5 |
| 5 #84 Brandon Morris | | Concordia,Edmontoi | 1:29.53 4 |
| 6 #199 Lucas Wessner | | Kings/Queens,Red E | 1:30.40 3 |
| 7 #169 Caelen Begg | | Griffins,Edmonton | 1:30.52 2 |
| 8 #190 Stephen Rowley | | Kings/Queens,Red E | 1:30.66 1 |
| 9 #198 Jakob Vollmerhaus | | Kings/Queens,Red E | x1:31.46 |
| 10 #263 Tim Evans | | St. Mary's U,Calgary | 1:31.50 |
| 11 #192 Carson Schiller | | Kings/Queens,Red E | x1:31.54 |
| 12 #88 Keith Spruyt | | Concordia,Edmontoi | 1:31.60 |
| 13 #163 Tanner Rent | | Kodiaks,Lethbridge | 1:31.80 |
| 14 #77 Nathanael Tabert | | Vikings,Camrose | 1:32.46 |
| 15 #155 Brice Wilkes | | Gprc Wolves,Grande | 1:33.32 |
| 16 #98 Taylor Hudak | | Gprc Wolves,Grande | x1:33.91 |
| 17 #249 Warren Emslie | | Trojans,Calgary | x1:35.17 |
| 18 #159 Tristan Jochems | | Kodiaks,Lethbridge | 1:35.68 |
| 19 #252 Jemmy Lee | | Trojans,Calgary | x1:35.90 |
| 20 #166 Kuljeet Singh | | Kodiaks,Lethbridge | x1:36.20 |
| 21 #75 Michael Stasuik | | Vikings,Camrose | 1:37.26 |
| 22 #200 Marcus Bautista | | Trojans,Calgary | x1:37.57 |
| 23 #255 Iqbal Singh | | Trojans,Calgary | x1:37.96 |
| 24 #268 Jason Sprinkhuysen | | St. Mary's U,Calgary | 1:39.04 |
| 25 #94 Tarias Fournier | | Gprc Wolves,Grande | x1:39.33 |
| 26 #78 Brad Agnew | | Concordia,Edmontoi | x1:40.76 |
| 27 #69 Joshua Lawal | | Vikings,Camrose | x1:45.28 |
| 28 #165 Dolan Saddleback | | Kodiaks,Lethbridge | x1:46.74 |
| 29 #80 Frazer Connelly | | Concordia,Edmontoi | x1:48.15 |

Event 21 Women 1000 Meter Run Open

ACAC Record: 2:54.02 * 1/30/2016 Vanessa Trofimenkoff
 ACAC Champs: 3:02.76 ! 2/27/2015 Jamie Wigmore

| Name | Yr | School | Finals |
|------------------------------|----|----------------------|------------|
| Finals | | | |
| 1 #174 Ember Large | | Griffins,Edmonton | 3:11.03 10 |
| 2 #187 Sandra Garcia | | Kings/Queens,Red E | 3:12.71 8 |
| 3 #91 Ana Zulic | | Concordia,Edmontoi | 3:13.79 6 |
| 4 #181 Emma Steele | | Griffins,Edmonton | 3:15.88 5 |
| 5 #183 Ashley Tymkow | | Griffins,Edmonton | x3:16.84 |
| 6 #89 Mienna Starosielski | | Concordia,Edmontoi | 3:21.70 4 |
| 7 #168 Brooklyn Vogel | | Kodiaks,Lethbridge | 3:21.74 3 |
| 8 #154 Anna van der Geissen | | Gprc Wolves,Grande | 3:22.95 2 |
| 9 #175 Cassandra Mastel-Marr | | Griffins,Edmonton | x3:23.19 |
| 10 #195 Jill Stewart | | Kings/Queens,Red E | 3:24.75 1 |
| 11 #270 Karen Vandenborre | | St. Mary's U,Calgary | 3:30.48 |
| 12 #258 Amanda Vocke | | Trojans,Calgary | 3:31.34 |
| 13 #72 Kylie Peake | | Vikings,Camrose | 3:43.50 |
| 14 #197 Deshann Valentine | | Kings/Queens,Red E | x3:47.86 |
| 15 #184 Daniella Wasielewski | | Griffins,Edmonton | x3:48.29 |

| | | | |
|--------------------------|--|----------------------|----------|
| 16 #96 Krista Frey | | Gprc Wolves,Grande | 3:49.82 |
| 17 #83 Madison Masterson | | Concordia,Edmontoi | x3:50.21 |
| 18 #267 Kim McEwan | | St. Mary's U,Calgary | 3:56.98 |
| 19 #74 Mia Spreen | | Vikings,Camrose | 4:04.67 |
| 20 #71 Chiedza Mutize | | Vikings,Camrose | x4:05.58 |
| 21 #70 Lina Lim | | Vikings,Camrose | x4:06.09 |

Event 22 Men 1000 Meter Run Open

ACAC Record: 2:31.16 * 2019 Brent Stephen
 ACAC Champs: 2:31.27 ! 3/9/2018 Matthew Travaglini

| Name | Yr | School | Finals |
|---------------------------|----|--------------------|------------|
| Finals | | | |
| 1 #79 Leonard Chesoo | | Concordia,Edmontoi | 2:32.89 10 |
| 2 #257 Matthew Travaglini | | Trojans,Calgary | 2:33.97 8 |
| 3 #188 Matt Hope | | Kings/Queens,Red E | 2:36.15 6 |
| 4 #173 Scott Kohlman | | Griffins,Edmonton | 2:41.02 5 |
| 5 #251 Brant Lauweryssen | | Trojans,Calgary | 2:42.56 4 |
| 6 #99 Miguel Macedo | | Gprc Wolves,Grande | 2:47.84 3 |
| 7 #67 Michio Green | | Vikings,Camrose | 2:50.82 2 |
| 8 #88 Keith Spruyt | | Concordia,Edmontoi | 2:51.68 1 |
| 9 #192 Carson Schiller | | Kings/Queens,Red E | 2:52.29 |
| 10 #155 Brice Wilkes | | Gprc Wolves,Grande | 2:52.34 |
| 11 #172 Owen Guenette | | Griffins,Edmonton | 2:52.63 |
| 12 #77 Nathanael Tabert | | Vikings,Camrose | 2:53.00 |
| 13 #163 Tanner Rent | | Kodiaks,Lethbridge | 2:54.82 |
| 14 #252 Jemmy Lee | | Trojans,Calgary | x2:56.26 |
| 15 #98 Taylor Hudak | | Gprc Wolves,Grande | x2:58.23 |
| 16 #190 Stephen Rowley | | Kings/Queens,Red E | x2:58.90 |
| 17 #78 Brad Agnew | | Concordia,Edmontoi | x3:03.07 |
| 18 #80 Frazer Connelly | | Concordia,Edmontoi | x3:20.83 |

Event 31 Women 1500 Meter Run Open

ACAC Record: 4:36.14 * 1/28/2017 Hannah Leggatt
 ACAC Champs: 4:47.78 ! 3/7/2014 Jamie Wigmore

| Name | Yr | School | Finals |
|-------------------------------|----|----------------------|------------|
| Finals | | | |
| 1 #181 Emma Steele | | Griffins,Edmonton | 5:11.20 10 |
| 2 #174 Ember Large | | Griffins,Edmonton | 5:12.09 8 |
| 3 #187 Sandra Garcia | | Kings/Queens,Red E | 5:12.38 6 |
| 4 #183 Ashley Tymkow | | Griffins,Edmonton | x5:13.74 |
| 5 #248 Ann Danard | | Trojans,Calgary | 5:14.55 5 |
| 6 #195 Jill Stewart | | Kings/Queens,Red E | 5:19.74 4 |
| 7 #91 Ana Zulic | | Concordia,Edmontoi | 5:20.20 3 |
| 8 #64 Catherine Alcorn | | Vikings,Camrose | 5:29.19 2 |
| 9 #175 Cassandra Mastel-Marr | | Griffins,Edmonton | x5:30.14 |
| 10 #264 Rebecca Johnson | | St. Mary's U,Calgary | 5:30.59 1 |
| 11 #186 Caitlin Debree | | Kings/Queens,Red E | x5:32.42 |
| 12 #258 Amanda Vocke | | Trojans,Calgary | 5:37.84 |
| 13 #86 Elise Nawrocki | | Concordia,Edmontoi | 5:39.59 |
| 14 #90 Bailey Troccoli-Hughes | | Concordia,Edmontoi | x5:40.84 |
| 15 #92 Kailey Bratland | | Gprc Wolves,Grande | 5:42.13 |
| 16 #161 Anna LeBlanc | | Kodiaks,Lethbridge | 5:43.77 |
| 17 #162 Vildana Rekić | | Kodiaks,Lethbridge | 5:47.41 |
| 18 #194 Mackenzie Spinks | | Kings/Queens,Red E | x5:51.06 |
| 19 #167 Rebecca Sweeney | | Kodiaks,Lethbridge | x5:57.54 |
| 20 #197 Deshann Valentine | | Kings/Queens,Red E | x6:00.26 |

The Running Room ACAC Indoor Track Championships - 3/15/2019 to 3/16/2019

Repsol Centre
Results

Finals ... (Event 31 Women 1500 Meter Run Open)

| Name | Yr | School | Finals |
|--------------------|----|-----------------|----------|
| 21 #72 Kylie Peake | | Vikings,Camrose | 6:03.03 |
| 22 #74 Mia Spreen | | Vikings,Camrose | x6:22.56 |

Event 32 Men 1500 Meter Run Open

ACAC Record: 3:54.31 * 2019 Matthew Travaglini
ACAC Champs: 4:04.01 ! 3/10/2018 Matthew Travaglini

| Name | Yr | School | Finals |
|---------------------------|----|--------------------|-------------|
| Finals | | | |
| 1 #257 Matthew Travaglini | | Trojans,Calgary | 3:57.91! 10 |
| 2 #79 Leonard Chesoo | | Concordia,Edmontoi | 4:02.70! 8 |
| 3 #188 Matt Hope | | Kings/Queens,Red E | 4:08.57 6 |
| 4 #173 Scott Kohlman | | Griffins,Edmonton | 4:20.07 5 |
| 5 #99 Miguel Macedo | | Gprc Wolves,Grande | 4:22.48 4 |
| 6 #196 Daniel Szucs | | Kings/Queens,Red E | 4:27.47 3 |
| 7 #191 Devin Saunders | | Kings/Queens,Red E | x4:29.14 |
| 8 #254 Jacques Saayman | | Trojans,Calgary | 4:30.43 2 |
| 9 #253 Daryl Ross | | Trojans,Calgary | x4:35.37 |
| 10 #185 Cooper Cheshire | | Kings/Queens,Red E | x4:38.80 |
| 11 #164 Daniel Robdrup | | Kodiaks,Lethbridge | 4:41.62 1 |
| 12 #152 Eric Nooy | | Gprc Wolves,Grande | 4:42.11 |
| 13 #160 Tyler Larkin | | Kodiaks,Lethbridge | 4:42.15 |
| 14 #172 Owen Guenette | | Griffins,Edmonton | 4:44.42 |
| 15 #250 Matthew Hebert | | Trojans,Calgary | x4:45.40 |
| 16 #88 Keith Spruyt | | Concordia,Edmontoi | 4:56.36 |
| 17 #66 Noah Day | | Vikings,Camrose | 4:57.85 |
| 18 #87 Ian Novakowski | | Concordia,Edmontoi | x4:58.65 |
| 19 #158 Connor Jackson | | Kodiaks,Lethbridge | x4:58.68 |
| 20 #68 Braeden Kelly | | Vikings,Camrose | 5:03.40 |
| 21 #73 Timothy Shapka | | Vikings,Camrose | x5:27.88 |
| 22 #76 Jackson Sweder | | Vikings,Camrose | x5:36.45 |

Event 41 Women 3000 Meter Run Open

ACAC Record: 10:10.56 * 2/7/2015 Mirelle Martens
ACAC Champs: 10:21.53 ! 2/27/2015 Mirelle Martens

| Name | Yr | School | Finals |
|-------------------------------|----|----------------------|-------------|
| Finals | | | |
| 1 #181 Emma Steele | | Griffins,Edmonton | 10:53.16 10 |
| 2 #183 Ashley Tymkow | | Griffins,Edmonton | 10:57.33 8 |
| 3 #195 Jill Stewart | | Kings/Queens,Red E | 11:08.11 6 |
| 4 #264 Rebecca Johnson | | St. Mary's U,Calgary | 11:11.41 5 |
| 5 #248 Ann Danard | | Trojans,Calgary | 11:34.89 4 |
| 6 #186 Caitlin Debree | | Kings/Queens,Red E | 11:45.50 3 |
| 7 #86 Elise Nawrocki | | Concordia,Edmontoi | 11:52.27 2 |
| 8 #167 Rebecca Sweeney | | Kodiaks,Lethbridge | 11:57.13 1 |
| 9 #92 Kailey Bratland | | Gprc Wolves,Grande | 12:02.12 |
| 10 #90 Bailey Troccoli-Hughes | | Concordia,Edmontoi | 12:23.73 |
| 11 #64 Catherine Alcorn | | Vikings,Camrose | 12:27.06 |
| 12 #162 Vildana Rekie | | Kodiaks,Lethbridge | 12:35.71 |
| 13 #161 Anna LeBlanc | | Kodiaks,Lethbridgex | 12:40.94 |
| 14 #194 Mackenzie Spinks | | Kings/Queens,Red E | x12:48.14 |

Event 42 Men 3000 Meter Run Open

ACAC Record: 8:22.00 * 2/9/2018 Matthew Travaglini
ACAC Champs: 8:41.62 ! 3/9/2018 Matthew Travaglini

| Name | Yr | School | Finals |
|---------------------------|----|---------------------|-------------|
| Finals | | | |
| 1 #257 Matthew Travaglini | | Trojans,Calgary | 8:33.70! 10 |
| 2 #79 Leonard Chesoo | | Concordia,Edmontoi | 8:42.32 8 |
| 3 #173 Scott Kohlman | | Griffins,Edmonton | 9:26.51 6 |
| 4 #191 Devin Saunders | | Kings/Queens,Red E | 9:33.35 5 |
| 5 #196 Daniel Szucs | | Kings/Queens,Red E | 9:33.79 4 |
| 6 #99 Miguel Macedo | | Gprc Wolves,Grande | 9:34.16 3 |
| 7 #253 Daryl Ross | | Trojans,Calgary | 9:42.60 2 |
| 8 #254 Jacques Saayman | | Trojans,Calgary | x9:54.82 |
| 9 #172 Owen Guenette | | Griffins,Edmonton | 9:59.18 1 |
| 10 #185 Cooper Cheshire | | Kings/Queens,Red E | x10:02.10 |
| 11 #164 Daniel Robdrup | | Kodiaks,Lethbridge | 10:04.43 |
| 12 #160 Tyler Larkin | | Kodiaks,Lethbridge | 10:13.44 |
| 13 #152 Eric Nooy | | Gprc Wolves,Grande | 10:27.65 |
| 14 #158 Connor Jackson | | Kodiaks,Lethbridgex | 10:31.89 |
| 15 #87 Ian Novakowski | | Concordia,Edmontoi | 10:34.75 |
| 16 #250 Matthew Hebert | | Trojans,Calgary | x10:35.68 |
| 17 #66 Noah Day | | Vikings,Camrose | 10:44.22 |
| 18 #68 Braeden Kelly | | Vikings,Camrose | 10:51.15 |
| 19 #76 Jackson Sweder | | Vikings,Camrose | x12:06.84 |

Event 51 Women 4x400 Meter Relay Open

ACAC Record: 4:02.32 * 3/10/2018 MacEwan Griffins
A Ntiamoah, V Schlottke, N Case, H Leggatt
ACAC Champs: 4:02.32 ! 3/10/2018 MacEwan Griffins
A Ntiamoah, V Schlottke, N Case, H Leggatt

| Team | Relay | Finals |
|----------------------------|-------------------------------|------------|
| Finals | | |
| 1 Red Deer College | A | 4:20.91 10 |
| 1) #189 Lauren Pasiuk | 2) #193 Shayla Sklaruk | |
| 3) #195 Jill Stewart | 4) #187 Sandra Garcia | |
| 2 MacEwan Griffins | A | 4:22.80 8 |
| 1) #170 Shaunice Burgers | 2) #181 Emma Steele | |
| 3) #183 Ashley Tymkow | 4) #174 Ember Large | |
| 3 Concordia | A | 4:35.57 6 |
| 1) #89 Mienna Starosielski | 2) #82 Rebekka Hay | |
| 3) #81 Kennedy Hay | 4) #91 Ana Zulic | |
| 4 Gprc Wolves | A | 4:38.11 5 |
| 1) #93 Brittany Duvall | 2) #96 Krista Frey | |
| 3) #97 Maria Houle | 4) #154 Anna van der Geissen | |
| 5 Lethbridge Kodiaks | A | 4:38.32 4 |
| 1) #156 Danna DeGagne | 2) #167 Rebecca Sweeney | |
| 3) #162 Vildana Rekie | 4) #168 Brooklyn Vogel | |
| 6 MacEwan Griffins | B | x4:48.89 |
| 1) #180 Bailey Stang | 2) #184 Daniella Wasielewski | |
| 3) #178 Kiersten Rajotte | 4) #175 Cassandra Mastel-Marr | |
| 7 Augustana Vikings | A | 5:03.39 3 |
| 1) #65 Lydia Brown | 2) #74 Mia Spreen | |
| 3) #72 Kylie Peake | 4) #71 Chiedza Mutize | |

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Repsol Centre
Results

Finals ... (Event 51 Women 4x400 Meter Relay Open)

| Team | Relay | Finals |
|---------------------------|-------------------------|--------|
| --- St. Mary's U | A | DQ |
| 1) #270 Karen Vandenborre | 2) #269 Bethany Topping | |
| 3) #266 Tanis Lefebvre | 4) #264 Rebecca Johnson | |

Event 52 Men 4x400 Meter Relay Open

ACAC Record: 3:31.12 * 3/10/2018 SAIT Trojans

B Stephen, C Karg, M Travaglino, B Lauweryssen

ACAC Champs: 3:31.12 ! 3/10/2018 SAIT Trojans

B Stephen, C Karg, M Travaglino, B Lauweryssen

| Team | Relay | Finals |
|----------------------------|----------------------------|------------|
| Finals | | |
| 1 MacEwan Griffins | A | 3:32.28 10 |
| 1) #169 Caelen Begg | 2) #171 Thomas Cross-Trush | |
| 3) #179 Reece Runco | 4) #182 Connor Swaby | |
| 2 Sait Trojans | A | 3:36.28 8 |
| 1) #251 Brant Lauweryssen | 2) #252 Jemmy Lee | |
| 3) #257 Matthew Travaglino | 4) #256 Brent Stephen | |
| 3 Gprc Wolves | A | 3:38.41 6 |
| 1) #155 Brice Wilkes | 2) #99 Miguel Macedo | |
| 3) #100 Joel Manz | 4) #153 Brandon Tufford | |
| 4 Red Deer College | A | 3:42.86 5 |
| 1) #199 Lucas Wessner | 2) #192 Carson Schiller | |
| 3) #188 Matt Hope | 4) #190 Stephen Rowley | |
| 5 MacEwan Griffins | B | x3:45.11 |
| 1) #177 Andrei Pop | 2) #173 Scott Kohlman | |
| 3) #172 Owen Guenette | 4) #176 Omar Medina | |
| 6 Lethbridge Kodiaks | A | 3:45.46 4 |
| 1) #157 Foster Isiche | 2) #159 Tristan Jochems | |
| 3) #163 Tanner Rent | 4) #164 Daniel Robdrup | |
| 7 Augustana Vikings | A | 3:45.77 3 |
| 1) #69 Joshua Lawal | 2) #75 Michael Stasuik | |
| 3) #67 Michio Green | 4) #77 Nathanael Tabert | |
| 8 Concordia | A | 3:47.16 2 |
| 1) #84 Brandon Morris | 2) #88 Keith Spruyt | |
| 3) #85 Jackson Murrell | 4) #79 Leonard Chesoo | |
| 9 Red Deer College | B | x3:54.87 |
| 1) #198 Jakob Vollmerhaus | 2) #185 Cooper Cheshire | |
| 3) #191 Devin Saunders | 4) #196 Daniel Szucs | |
| 10 Sait Trojans | B | x3:57.75 |
| 1) #200 Marcus Bautista | 2) #255 Iqbal Singh | |
| 3) #249 Warren Emslie | 4) #254 Jacques Saayman | |
| 11 Lethbridge Kodiaks | B | x4:07.28 |
| 1) #166 Kuljeet Singh | 2) #165 Dolan Saddleback | |
| 3) #158 Connor Jackson | 4) #160 Tyler Larkin | |
| 12 St. Mary's U | A | 4:12.67 1 |
| 1) #263 Tim Evans | 2) #262 Quinn Demers | |
| 3) #268 Jason Sprinkhuysen | 4) #259 Isaac Amsing | |
| 13 Gprc Wolves | B | x4:17.71 |
| 1) #94 Tarias Fournier | 2) #152 Eric Nooy | |
| 3) #98 Taylor Hudak | | |
| 14 Augustana Vikings | B | x4:34.13 |
| 1) #68 Braeden Kelly | 2) #73 Timothy Shapka | |
| 3) #76 Jackson Sweder | 4) #66 Noah Day | |