

Hamilton Last Chance Twilight - 14/08/2018**McMaster University****Results - Track****Women 100 Meter Dash**

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Reynolds, Maya	Halifast Athletics	11.85	11.90q	2.5	1
2 Stenekes, Brittany	Hamilton Oly	12.20	12.38q	2.5	1
3 Steele, Shennae	Unattached	11.84	12.54q	2.5	1
4 Onyegbule, Chidera	Thorold Elit	12.80	12.82q	2.5	1
5 Hui, Joanna	Guelph Track	12.62	12.97q	2.5	1
6 Soso, Doniyah	Thorold Elit	13.50	13.29q	2.5	2
7 Rodney-Calliste, Gabriel	Thorold Elit	13.50	13.58q	2.5	2
8 Usuanlele, Uwa	Thorold Elit	13.50	13.88q	2.5	2
9 Gormley, Claire	Unattached	12.90	14.28q	2.5	2

Women 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1 Reynolds, Maya	Halifast Athletics	11.90	11.86	2.7	1	
2 Stenekes, Brittany	Hamilton Oly	12.38	12.39	2.7	1	
3 Steele, Shennae	Unattached	12.54	12.53	2.7	1	
4 Onyegbule, Chidera	Thorold Elit	12.82	12.79	2.7	1	
5 Hui, Joanna	Guelph Track	12.97	12.91	2.7	1	
6 Soso, Doniyah	Thorold Elit	13.29	13.45	2.7	1	
7 Rodney-Calliste, Gabriel	Thorold Elit	13.58	13.65	2.9	2	
8 Usuanlele, Uwa	Thorold Elit	13.88	13.89	2.9	2	
9 Gormley, Claire	Unattached	14.28	14.38	2.9	2	

Women 400 Meter Dash

Name	Year Team	Seed	Finals	Points
1 Hamilton, Tessa	Elite Pole Vault		57.39	
2 La-Rose, Arden	Central Toro	59.00	59.13	
3 Hopkins, Parker	Central Toro	1:00.50	1:00.13	
4 Petersen, Sarah	Central Toro	59.00	1:00.36	
5 Codispodi, Marissa	Monte Cristo	59:00.00	1:01.86	

Women 800 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 Kelly, Madeleine	University o	2:01.61	2:03.67	1	
2 Stafford, Lucia	University o	2:03.00	2:04.64	1	
3 Thomson, Kennedy	Unattached Ontario	2:08.33	2:05.73	1	
4 Whelan, Elizabeth	University o	2:03.00	2:07.37	1	
5 Hickson, Sadie-Jane	Speed River	2:07.00	2:07.58	1	
6 Jewett, Rachel	University o	2:08.50	2:09.89	1	
7 Current, Kate	London Weste	2:09.00	2:10.10	1	
8 Walmsley, Honor	Vancouver TH	2:08.50	2:10.54	1	
9 Larkin, Gracelyn	Central Onta	2:10.00	2:12.66	2	
10 Pattison, Sydney	Unattached Ontario	2:12.00	2:12.99	2	
11 Dar, Edna	Blue Devils	2:10.97	2:13.52	2	
12 Greenough, Madison	Waterloo Track Club	2:12.00	2:13.85	2	
13 Weir, Alexandra	Central Toro	2:15.00	2:14.09	2	

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14	Gibson, Kiana	Speed River	2:12.00	2:14.48	2
15	Hopkins, Parker	Central Toro	2:15.00	2:15.24	2
16	Russell, Hannah	Greater Uxbr	2:14.00	2:16.24	2
17	Rich, Nicole	Track North	2:15.00	2:16.26	2
18	Jarvis, Somerset	University o	2:15.00	2:19.06	2
19	Hewitt, Mikayla	Harbour Trac	2:16.00	2:19.45	3
20	Perkins, Lauren	U Windsor At	2:17.00	2:22.71	3
21	Nolan, Madeleine	Waterloo Track Club	2:22.00	2:25.06	3
22	White, Sarah	Central Toro	2:22.00	2:25.26	3
23	Di Marino, Sophia	Etobicoke Tr	2:26.00	2:25.89	4
24	Snow, Rebecca	Central Toro	2:25.00	2:28.34	4
25	Ruggeri, Gabriella	Etobicoke Tr	2:30.00	2:28.46	4
26	Anderson, Sarah	Central Toro	2:28.00	2:31.79	4
27	Rudin, Hannah	Central Toro	2:25.00	2:37.00	4
28	White, Claire	Thorold Elit	2:55.00	2:54.60	4

Women 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1	Staehli, Julie-Anne	Physi-Kult Kingston	9:20.00	9:07.79
2	MacDougall, Brogan	Physi-Kult Kingston	9:17.00	9:13.05
3	MacDougall, Branna	Physi-Kult Kingston	9:17.00	9:13.74
4	Crocker, Megan	Track North	9:35.00	9:49.33
5	Lampard, Katherine	University o	9:35.00	9:53.26
6	Herman, Naomi	Saugeen Trac	10:05.00	10:22.89
7	Forbes, Caroline	Unattached Ontario	10:20.00	10:25.14
8	Codispodi, Marissa	Monte Cristo	9:59.00	10:33.11
9	Hubbard, Emma	Speed River	9:50.00	10:42.61
10	Vialva, Mya	Unattached Ontario	10:55.00	11:05.91
11	Porter, Shannon	Greater Uxbr	11:00.00	11:07.06
12	Sippel, Allison	Unattached Ontario	11:00.00	11:10.23
13	Koski, Megan	Unattached	11:19.00	11:23.51
14	Huggins, Dallyssa	Unattached Ontario		11:29.43
15	Barker, Andrea	London Weste	10:45.00	11:29.96
--	Lefebvre, Kelsey	Track North	11:30.00	DNF

Men 100 Meter Dash

Name	Year Team	Seed	Prelims	Wind H#
Preliminaries				
1	Hopkins, Tyler	Burlington T	11.21	11.10q 3.4 1
2	Manuel, Alex	Ottawa Lions T.F.C.	11.25	11.19q 3.4 1
3	Archer, Rashid	Burlington T	11.20	11.25q 3.4 1
4	Clark, Stanley	Thorold Elit	11.50	11.46q 3.4 1
5	Anyimadu, Jason	Flying Angel	11.30	11.62q 3.4 1
6	Gingras, Thomas	Waterloo Track Club	11.60	11.81q 3.2 2
7	Forrest, Chris	Etobicoke Tr	11.59	11.83q 3.4 1
8	Oommen, Josiah	Track North	11:50.00	11.90q 3.4 1
9	Foubert, Jason	Unattached Ontario	12.00	12.18q 3.2 2
10	Wagner, Christopher	Unattached Ontario	12.00	12.25q 3.2 2
11	Hui, Tit (jonathan)	Guelph Track	12.40	12.41q 3.2 3
12	Burnside, Andy	Unattached Ontario	13.00	12.73q 3.2 3
13	Kerr, Steve	Jamcan Inter	12.20	12.78q 3.2 2

Hamilton Last Chance Twilight - 14/08/2018**McMaster University****Results - Track****...Men 100 Meter Dash**

14	Beechey, Matt	Jamcan Inter	12.75	13.07q	3.2	3
15	Ashmeade, Milton	Jamcan Inter	12.50	13.08q	3.2	3
16	Booth, Hudson F38	I BE Fast TR	13.61	13.61q	3.2	3

Men 100 Meter Dash

Name	Year Team	Prelims	Finals	Wind	H#	Points
Finals						
1	Manuel, Alex	Ottawa Lions T.F.C.	11.19	11.13	2.2	1
2	Archer, Rashid	Burlington T	11.25	11.15	2.2	1
3	Anyimadu, Jason	Flying Angel	11.62	11.54	2.2	1
4	Clark, Stanley	Thorold Elit	11.46	11.67	2.2	1
5	Forrest, Chris	Etobicoke Tr	11.83	11.74	2.2	1
6	Gingras, Thomas	Waterloo Track Club	11.81	11.79	2.2	1
7	Oommen, Josiah	Track North	11.90	12.06	2.2	1
8	Wagner, Christopher	Unattached Ontario	12.25	12.09	1.7	2
9	Hui, Tit (jonathan)	Guelph Track	12.41	12.32	1.7	2
10	Protulipac, Matt	Thorold Elit		12.46	1.7	2
11	Kerr, Steve	Jamcan Inter	12.78	12.75	1.7	2
12	Beechey, Matt	Jamcan Inter	13.07	13.14	1.7	2
13	Ashmeade, Milton	Jamcan Inter	13.08	13.15	1.7	2
14	Booth, Hudson F38	I BE Fast TR	13.61	13.25	1.7	2

Men 400 Meter Dash

Name	Year Team	Seed	Finals	H#	Points
1	Ladha, Vahaab	Oakville Leg	52.00	50.61	1
2	Ehrhardt, Taylor	London Weste	52.00	51.80	1
3	Kapitain, Cole	Central Toro	51.50	52.60	1
4	Aseltine, Ian	London Weste	55.55	54.39	1
5	Sherar, Michael	University o	55.00	55.65	1
6	Gibbons, Obrian	U Windsor At	58.49	56.99	2
7	Farr, Kevin	U Windsor At	58.50	57.60	2
8	Johnsen, Lucas	Thorold Elit	58.00	57.71	1
9	LeBlanc, Sonny	Thorold Elit	59.00	1:00.75	2
10	Payne, Scott	Unattached Ontario	1:05.00	1:03.60	2
11	Meikle, Supa D.A.	Jamcan Inter	59.99	1:07.96	2

Men 800 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1	Hassan, Abdullahi	Phoenix Athl	1:49.32	1:49.28	1
2	Larkin, Matthew	Central Onta	1:50.00	1:50.86	1
3	Richardson, Ben	Newmarket Hu	1:49.00	1:51.11	1
4	Goldberg, Akiva	Waterloo Track Club	1:50.50	1:51.41	2
5	Bimm, Alexander	University o	1:50.00	1:51.62	1
6	LeBlanc, Andrew	Speed River	1:51.00	1:51.96	2
7	D'Alessandro, Nicholas	U Windsor At	1:51.00	1:51.97	2
8	Klomp, Craig	University o	1:50.00	1:52.23	1
9	Devito, Ben	University o	1:50.08	1:52.29	1
10	Tweedle, Jeffrey	Harbour Trac	1:50.00	1:52.43	1
11	Rivard, Liam	Central Toro	1:49.00	1:52.75	1

Hamilton Last Chance Twilight - 14/08/2018**McMaster University****Results - Track****...Men 800 Meter Run**

12 Falk, Nicholas	U Windsor At	1:52.07	1:52.77	2
13 Korol, Ryan	Harbour Trac	1:52.00	1:52.88	2
14 Kagumba, Joseph	U Windsor At	1:52.00	1:52.96	2
15 Madden, Kyle	Speed River	1:53.00	1:53.48	3
16 Young, Nicholas	Athletics Niagara	1:50.00	1:53.51	1
17 Andrin, Hunter	London Weste	1:52.00	1:54.13	2
18 Fish, John	Unattached	1:53.74	1:54.28	3
19 Napier, Matthew	Harbour Trac	1:55.50	1:54.87	3
20 Hannam, Cole	U Windsor At	1:53.00	1:55.58	3
21 Hayfron, Edward	Unattached Ontario	1:53.11	1:55.63	3
22 Flach, Nathan	University o	1:55.00	1:56.29	3
23 Deep, Liam	Speed Academ	1:54.00	1:57.04	3
24 Costa, Philip	Toronto West	1:59.50	1:57.51	5
25 Poloni, David	Speed River	1:55.00	1:58.01	3
26 Griffith, Saed	Monarch Athl	1:55.00	1:58.61	3
27 Cooper, Jack	Speed River	1:56.00	1:58.68	4
28 Aziz, Abdullah	Phoenix Athl	1:59.96	1:59.41	5
29 Zilles, Joshua	Unattached Ontario	1:57.00	2:00.29	4
30 Xie, Nicholas	Waterloo Track Club	1:59.00	2:00.47	4
31 Marchant, David	Harbour Trac	1:59.50	2:00.48	5
32 Ghadghoni, Ali	Newmarket Hu	1:58.00	2:00.55	4
33 Fogh, Marcus	Toronto West	1:59.50	2:00.77	5
34 Butler, Matthew	Waterloo Track Club	1:59.00	2:01.41	4
35 Outridge, Nathan	Unattached Ontario	2:01.00	2:02.21	5
36 Wang, John	Unattached	1:57.37	2:02.75	4
37 Forbes, Nicholas	Sarnia Athle	2:02.00	2:03.57	5
38 Bari, Asad	Toronto West	1:58.00	2:03.65	4
39 Garcia Mendez, Dario	Central Toro	1:59.00	2:04.03	4
40 Cooper, Alexander	Dundas Valle	2:00.00	2:05.74	5
41 Chase, Mitchell F38	Greater Uxbr	2:10.00	2:12.69	5
-- Yaeger, Luke- Rabbit	Harbour Trac	1:50.00	DNF	1
-- Davenport, Ian	University o	1:51.00	DNF	2

Men 3000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Simone, Brendan	U Windsor At	8:30.00	8:30.00	
2 Goguen, Dakota	Newmarket Hu	8:35.00	8:32.66	
3 Rostami Balow, Navid	Newmarket Hu	8:33.33	8:42.99	
4 Bellemore, Justin	Unattached Ontario	8:50.00	8:45.68	
5 Desouza, Jonathan	Newmarket Hu	8:56.53	8:49.19	
6 Jones, Tyler	U Windsor At	8:45.00	8:51.24	
7 Noble, Marcus	Laurel Creek T.F.C.	8:40.00	8:51.88	
8 Cornwall, Taylor	Harbour Trac	8:50.00	8:53.37	
9 Fishbein-Ouimette, Alexa	Track North	9:05.00	8:56.79	
10 Black, Connor	Durham Drago	8:55.00	8:57.05	
11 Naim, Ahad	Newmarket Hu	8:59.59	9:00.95	
12 Fraccaro, Ryan	Newmarket Hu	9:05.61	9:12.15	
13 McQuaid, Aaron	Newmarket Hu	9:05.00	9:34.96	
14 Beber, Nathan	Central Toro	9:50.00	10:10.97	
-- Richardson, Ben	Newmarket Hu	8:30.00	DNF	

Hamilton Last Chance Twilight - 14/08/2018**McMaster University****Results - Track****Men 5000 Meter Run**

Name	Year Team	Seed	Finals	Points
1 Grieve, Kyle	Monarch Athl	14:24.00	14:10.39	
2 Frielink, Isaiah	South Simcoe	14:26.00	14:20.34	
3 Graves, Brady	Speed River	14:35.00	14:27.76	
4 McGillivray, Joshua	Harbour Trac	14:20.00	14:28.43	
5 Desouza, Joshua	Newmarket Hu		14:35.42	
6 De Lange, Mitch	Physi-Kult Kingston	14:22.00	14:36.48	
7 Davies, Andrew	Windsor Legi	14:25.00	14:39.56	
8 Boorsma, Kyle	Crimps Cycling	14:45.00	14:42.78	
9 Lee, Campbell	Unattached Ontario	14:30.00	14:48.84	
10 Cashin, David	Les Coureurs	14:44.00	14:50.90	
11 Sheffar, Jack	London Weste	14:00.00	14:50.91	
12 Kinahan, Samuel	University o	14:45.00	14:56.78	
13 Sagriff, Paul	Kingston Achilles	14:45.00	15:09.20	
14 Nusselder, Sam	Harbour Trac	14:55.00	15:13.47	
15 Master, Shawn	London Weste	14:55.00	15:26.11	
16 Mather, Michael	Speed River	14:35.00	15:39.28	
17 Gaitan, Santiago	Athletics Niagara	14:30.00	16:06.96	
-- Lawand, Robert	University o	14:35.00	DNF	
-- Drover, Alex	Physi-Kult Kingston	14:20.00	DNF	

Men 3000 Meter Steeplechase

Name	Year Team	Seed	Finals	Points
1 Nicol-Samuel, Delohnni	Speed River	9:05.00	9:06.55	
2 Kellier, Josh	Speed River	9:10.00	9:14.38	
3 Scheele, Marcel	London Weste	9:10.00	9:25.26	
4 Bannon, Nicholas	Speed River	9:15.00	9:49.44	
5 Frenette, Sebastien	Sarnia Athle		10:32.46	

Mixed 5000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Sivapragasam, Keithan	M Toronto West	15:25.00	15:13.73	
2 Pust, Dylan	M Unattached	15:40.00	15:17.67	
3 Loucks, Ethan	M South Simcoe	15:10.00	15:25.83	
4 Yeomans, Jacob	M London Runne	15:36.00	15:37.77	
5 Hardy, Joey	M London Runne	15:55.00	15:38.21	
6 Cochrane, Paul	M London Runne	15:50.00	15:38.55	
7 Jean, Nathan	M Laurier Gold	15:30.00	15:42.64	
8 Passi, Liam	M Track North	15:05.00	15:43.24	
9 Wignall, Grant	M Dundas Valle	15:00.00	15:50.06	
10 Fitzgerald, Liam	M Saugeen Trac	15:50.00	15:54.26	
11 Tunney, Ronan	M Unattached Ontario	16:16.00	15:55.28	
12 Jamnicky, Jacob	M Crimps Cycling	15:50.00	15:56.99	
13 Tiessen, Jacques	M Track North	15:50.00	16:02.92	
14 Staples, Graydon	M Unattached	15:30.00	16:14.08	
15 Yuhasz, Abbey	W Laurel Creek T.F.C.	17:10.00	17:06.23	
16 Mawhinney, Erin	W Harbour Trac	17:10.00	17:37.60	
-- Minbashian, Peter	M Toronto West	15:25.00	DNF	
-- Laurie, Christine	W Laurel Creek T.F.C.		DNF	
-- Kagumba, Joseph	M U Windsor At	15:00.00	DNF	