

Hamilton PB Twilight - 2018-08-06**McMaster University****Results****Women 100 Meter Dash****Top 24 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Pierre-Webster, Makenzy	The Gazelles	11.91q	2.8	2
2 Maloney, Kyra	The Gazelles	12.54q	2.8	2
3 Black, Korina	Etobicoke Tr	12.81q	2.8	2
4 Heath, Jadyne	Game Speed I	13.51q	2.8	2
5 Garrell, Raine	The Gazelles	13.71q	1.9	1
6 Ekama, Lydia	Hamilton Eli	13.77q	1.9	1
7 Huggins, Dallyssa	Unattached Ontario	13.87q	2.8	2
8 Zinman, Debbie	University o	14.10q	1.9	1
9 King, Debbie	Jamcan Inter	14.21q	1.9	1
10 Macherzynska, Renata	University o	14.77q	1.9	1

Women 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 Pierre-Webster, Makenzy	The Gazelles	12.39	1.9	2
2 Maloney, Kyra	The Gazelles	12.76	1.9	2
3 Black, Korina	Etobicoke Tr	12.81	1.9	2
4 Huggins, Dallyssa	Unattached Ontario	13.87	0.9	1
5 Garrell, Raine	The Gazelles	14.01	1.9	2
6 Ekama, Lydia	Hamilton Eli	14.07	1.9	2
7 King, Debbie	Jamcan Inter	14.16	0.9	1
8 Zinman, Debbie	University o	14.28	0.9	1
9 Macherzynska, Renata	University o	14.83	0.9	1

Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Pierre-Webster, Makenzy	The Gazelles	24.90	1.4	3
2 Maloney, Kyra	The Gazelles	26.44	1.4	3
3 Black, Korina	Etobicoke Tr	26.53	1.3	2
4 Agbonwaneten, Marvelous	Unattached	26.87	1.4	3
5 Tavernier, Zakiya	Unattached Ontario	27.22	1.4	3
6 Huggins, Dallyssa	Unattached Ontario	27.67	1.4	3
7 Heath, Jadyne	Game Speed I	27.71	1.3	2
8 Fennell, Jessie	Niagara Regi	27.83	1.3	2
9 Garrell, Raine	The Gazelles	28.90	1.3	2
10 O'Connor, Alison	Niagara Regi	29.05	2.3	1
11 King, Debbie	Jamcan Inter	29.20	2.3	1
12 Zinman, Debbie	University o	30.62	2.3	1
13 Macherzynska, Renata	University o	31.70	2.3	1

Women 400 Meter Dash

Name	Year Team	Finals
1 Heath, Jasmine	Game Speed I	1:01.80
2 Obisesan, Olateju	Speed River	1:03.80
3 Rosato, Erika	Etobicoke Tr	1:04.40

Hamilton PB Twilight - 2018-08-06**McMaster University****Results****...Women 400 Meter Dash**

4 Inglis, Ella	The Gazelles	1:05.60
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Women 800 Meter Run

Name	Year Team	Finals	H#
1 Whelan, Elizabeth	University o	2:03.55	2
2 Propp, Adrea	Unattached-S	2:03.89	2
3 Aldea, Stephanie	U Windsor At	2:05.65	2
4 Martynova, Svetlana	Ottawa Lions T.F.C.	2:08.05	2
5 Williamson, Cassandra	The Gazelles	2:23.18	1
6 Gualtieri, Cate	Niagara Regi	2:27.43	1
7 Fennell, Lauren	Niagara Regi	2:32.00	1
8 Kata, Nicole	Mississauga T.F.C.	2:34.87	1
9 Rekker, Nicole	Mississauga T.F.C.	2:37.80	1
10 Jamieson-Nicholls, Taylo	Niagara Regi	2:38.14	1
11 Brown, Priscila	Etobicoke Tr	2:46.06	1
-- Rabbit- Hewitt, Chloe	Unattached	DNF	2

Women 1500 Meter Run

Name	Year Team	Finals
1 LoStracco, Tiana	Speed River	4:38.29
2 Yuhasz, Abbey	Laurel Creek T.F.C.	4:52.98
3 Hicks, Holly	Windsor Legi	4:53.17
4 Jeffrey, Tessa	Niagara Regi	4:54.47
5 Bush, Kayleigh	Niagara Regi	5:02.06
6 Palmateer, Kaitlyn	Niagara Regi	5:29.89

Women 3000 Meter Run

Name	Year Team	Finals
1 Weber, Eartha	Monarch Athl	10:22.05
2 Marcil, Jalen	London Legio	11:22.06
3 Adamo, Larissa	Niagara Regi	11:22.29
4 Baggs, Amy	Niagara Regi	11:39.06
5 Morrison, Chloe	Mississauga T.F.C.	13:23.53

Women Distance Medley 1200x400x800

Team	Finals
1 Unattached Ontario 'A'	12:44.71
2 Dundas Valley Track Club 'A'	13:12.52
3 Niagara Regional Athletics 'C'	13:31.64
4 Niagara Regional Athletics 'B'	14:11.28

Hamilton PB Twilight - 2018-08-06**McMaster University****Results****Men 100 Meter Dash****Top 32 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Helman, Alex	Centro Scuol	10.86q	2.6	4
2 James, Michael	Unattached Ontario	10.95q	2.6	4
3 Usifo, Ike	Hamilton Eli	11.23q	2.6	4
4 Archer, Rashid	Burlington T	11.38q	1.8	3
5 Brown, Mellard	Jamaica	11.39q	2.6	4
6 King, Malcolm	Jamcan Inter	11.45q	2.6	4
7 Qin, Yihang	Burlington T	11.46q	3.0	2
8 Richards, Matthias	Hamilton Eli	11.51q	2.6	4
9 Gareau, Jacob	Burlington T	11.52q	2.6	4
10 Lewis, Nathan	Etobicoke Tr	11.54q	1.8	3
11 Charles-Taylor, Tikal	Centro Scuol	11.59q	1.8	3
12 Smith, Cassius	The Gazelles	11.62q	2.6	4
13 Giddings, Daniel	The Gazelles	11.84q	1.8	3
14 Gingras, Tommy	Unattached Ontario	11.86q	1.8	3
15 Khan, Qasim	Unattached	11.88q	2.3	1
16 Angerilli, Adam	Speed River	11.92q	1.8	3
17 Wagner, Christopher	Unattached Ontario	12.01q	3.0	2
18 Wang, Timothy	Speed River	12.02q	3.0	2
19 Aamer, Eesa	Mississauga T.F.C.	12.05q	3.0	2
20 Brown, Shavaughn	The Gazelles	12.12q	2.3	1
21 Smith, David	Brantford T.F.C.	12.33q	3.0	2
22 Choi, Andy	Unattached Ontario	12.38q	2.3	1
23 Maxwell-Atungo, Sasu	Etobicoke Tr	12.70q	2.3	1
24 Beechey, Matt	Jamcan Inter	12.71q	2.3	1
25 Licari, Justin	Unattached	13.14q	2.3	1

Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 Helman, Alex	Centro Scuol	10.92	1.5	4
2 James, Michael	Unattached Ontario	11.15	1.5	4
3 King, Malcolm	Jamcan Inter	11.52	1.5	4
4 Gareau, Jacob	Burlington T	11.53	1.2	3
5 Qin, Yihang	Burlington T	11.54	1.5	4
6 Smith, Cassius	The Gazelles	11.60	1.2	3
7 Charles-Taylor, Tikal	Centro Scuol	11.62	1.2	3
8 Giddings, Daniel	The Gazelles	11.65	1.2	3
9 Richards, Matthias	Hamilton Eli	11.68	1.5	4
10 Gingras, Tommy	Unattached Ontario	11.95	1.2	3
11 Aamer, Eesa	Mississauga T.F.C.	12.12	0.9	2
12 Angerilli, Adam	Speed River	12.14	1.2	3 12.133
13 Khan, Qasim	Unattached	12.14	1.2	3 12.136
14 Wagner, Christopher	Unattached Ontario	12.15	0.9	2
15 Archer, Rashid	Burlington T	12.32	1.5	4
16 Brown, Shavaughn	The Gazelles	12.38	0.9	2
17 Smith, David	Brantford T.F.C.	12.45	0.9	2
18 Beechey, Matt	Jamcan Inter	12.77	1.0	1
19 Maxwell-Atungo, Sasu	Etobicoke Tr	12.89	1.0	1
20 Licari, Justin	Unattached	13.27	1.0	1

Hamilton PB Twilight - 2018-08-06**McMaster University****Results****Men 200 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 Helman, Alex	Centro Scuol	22.26	0.9	4
2 Elien, Ken	Etobicoke Tr	22.41	0.9	4
3 Faulkner, Lukas	Hamilton Eli	23.10	0.9	4
4 Qin, Yihang	Burlington T	23.24	1.1	2
5 Ferth, Shane	Unattached Ontario	23.33	0.9	4
6 Lewis, Nathan	Etobicoke Tr	23.39	2.1	3
7 Gareau, Jacob	Burlington T	23.40	2.1	3
8 King, Malcolm	Jamcan Inter	23.42	2.1	3
9 Yaeger, Luke	Harbour Trac	23.63	2.1	3
10 Gingras, Tommy	Unattached Ontario	24.04	0.9	4
11 Patton, Shawn	Speed River	24.18	1.1	2
12 Carey, Jeff	Windsor Legi	24.46	1.1	2
13 Giddings, Daniel	The Gazelles	24.49	2.1	3
14 Smith, Cassius	The Gazelles	24.51	1.1	2
15 Brown, Shavaughn	The Gazelles	24.90	1.1	2
16 Wagner, Christopher	Unattached Ontario	25.16	1.2	1
17 Smith, David	Brantford T.F.C.	25.37	1.1	2
18 Choi, Andy	Unattached Ontario	25.60	1.2	1
19 Maxwell-Atungo, Sasu	Etobicoke Tr	26.98	1.2	1
20 Licari, Justin	Unattached	27.47	1.2	1

Men 400 Meter Dash

Name	Year Team	Finals	H#
1 Maloney, Kyron	The Gazelles	50.45	2
2 Ladha, Vahaab	Oakville Leg	51.13	2
3 Forbes, Nicholas	Sarnia Athle	53.00	2
4 Adam, Keegan	Sarnia Athle	53.25	2
5 Tabatabaei, Kevin	Flying Angel	53.42	2
6 Smith, Ben	Speed River	53.47	2
7 Carey, Jeff	Windsor Legi	54.32	2
8 Reynolds, Quaid	The Gazelles	57.84	1
9 Maxwell-Atungo, Sasu	Etobicoke Tr	59.92	1

Men 800 Meter Run

Name	Year Team	Finals	H#
1 Rostami Balow, Navid	Newmarket Hu	1:51.10	4
2 Paterson, Mitchell	U Windsor At	1:53.52	4
3 Xie, Lawrence	University o	1:54.34	4
4 McDonough, William	Lakehead Running	1:56.22	4
5 Were, Ryan	Harbour Trac	1:56.71	4
6 Vaculik, Alex	Speed Academ	1:56.76	4
7 Henderson, David	U Windsor At	2:00.57	3
8 Xie, Nicholas	Unattached Ontario	2:02.03	3
9 White, Justyn	Unattached Ontario	2:02.13	3
10 Free, Derian	Niagara Regi	2:03.24	3
11 Syan, Rohaan	Sarnia Athle	2:04.98	3
12 Dyck, Jim	MB Performance	2:05.18	3
13 Brecher, Jay	University o	2:05.97	3
14 Coles, Aiden	London Legio	2:06.03	2

Hamilton PB Twilight - 2018-08-06**McMaster University****Results****...Men 800 Meter Run**

15 Chios, Jack	Niagara Regi	2:07.43	2
16 Stubberfield, Adrian	Windsor Legi	2:07.48	2
17 Nolan, Samuel	Niagara Regi	2:08.16	2
18 Wells, Bill	University o	2:08.30	3
19 Walsh, Conor	Mississauga T.F.C.	2:08.59	2
20 Milroy, Derek	Laurel Creek T.F.C.	2:08.78	2
21 Lew, Nikhil	The Gazelles	2:09.57	2
22 Brown, Michael	Windsor Legi	2:10.75	3
23 Bok, Thomas	Unattached Ontario	2:10.86	2
24 Ilunga, Jefferson	Etobicoke Tr	2:12.15	1
25 Young, Talman	Speed River	2:14.86	1
26 Sahai, Rishab	The Gazelles	2:15.65	1
27 Quattrociocchio, Luigi	Mississauga T.F.C.	2:19.00	1
28 Paraiso, Jean-Emile	Longboat Roa	2:20.64	1
29 McLean, Pat	Newmarket Hu	2:27.49	1

Men 1500 Meter Run

Name	Year Team	Finals	H#
1 Bellemore, Corey	U Windsor At	3:43.33	2
2 Berhe, Alex	Ottawa Lions T.F.C.	3:53.04	2
3 Rasmussen, John	Unattached	3:57.89	2
4 Noble, Marcus	Laurel Creek T.F.C.	3:57.93	2
5 Young, Nicholas	Niagara Regi	4:01.18	2
6 Lowrie, Jason	Laurel Creek T.F.C.	4:12.82	1
7 Konstantopoulos, Michael	University o	4:16.52	1
8 Des Brisay, Thomas	Ottawa Lions T.F.C.	4:16.67	1
9 Rayner, Simon	University o	4:29.19	1
10 Meades, Simon	London Legio	4:30.06	1
11 Neri, Nick	I BE Fast TR	4:32.16	1
12 Meraw, Nathan	The Gazelles	4:32.59	1
13 Coles, Tristan	London Legio	4:37.10	1
14 Sawatzky, Colton	Niagara Regi	4:37.82	1
15 Walsh, Conor	Mississauga T.F.C.	4:44.52	1
-- Tyrrell, Ryan	Unattached Ontario	DNF	1
-- Leblanc, Andrew	Speed River	DNF	2

Men 3000 Meter Run

Name	Year Team	Finals
1 Zelek, Joshua	Huron-Perth Wind	8:37.66
2 Hartwick, Duncan	Unattached Ontario	8:52.26
3 Ubene, Evan	Unattached Ontario	8:58.58
4 Czuchnicki, Cole	Dundas Valle	9:08.06
5 Tofflemire, Tyler	Windsor Legi	9:13.10
6 Domodossola, David	Mississauga T.F.C.	9:15.01
7 Fiedler, Jan	Windsor Legi	9:57.47
8 Kong, Ben	Jamcan Inter	16:29.54
-- Martineau, Logan	Speed River	DNF
-- Gaitan, Santiago	Niagara Regi	DNF

Hamilton PB Twilight - 2018-08-06**Mcmaster University****Results****Men 4000 Sprint Medley 1200x400x800**

Team	Finals
1 U Windsor Athletic Club 'A'	10:11.12
2 Harbour Track - Hamilton 'A'	10:26.33
3 Unattached Ontario 'C'	11:10.94
4 Dundas Valley Track Club 'A'	11:17.38
5 Dundas Valley Track Club 'B'	11:48.89
6 Niagara Regional Athletics 'A'	12:06.91