

Hamilton Last Chance Twilight - 2018-08-14**McMaster University****Results****Women 100 Meter Dash****Top 24 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Clarke, Jonelle	Brampton Tra	12.92q	1.6	2
2 Hui, Joanna	Guelph Track	13.03q	1.6	2
3 Salami, Morin	Burlington T	13.53q	1.6	2
4 Khounborinh, Victoria	York Region	13.68q	1.6	2
5 Ekama, Lydia	Hamilton Eli	13.70q	1.7	1
6 Garfunkel, Violeta	University o	13.76q	1.6	2
7 Sasikumar, Saradhtha	Brampton Tra	13.81q	1.6	2
8 Cooke, Kianna	Unattached Ontario	14.54q	1.7	1
9 Self, Makenna	Coquitlam Cheetahs	15.04q	1.7	1
10 Self, Delaney	Coquitlam Cheetahs	15.93q	1.7	1
11 Abran, Katty	London Weste	20.08q	0.5	3

Women 100 Meter Dash

Name	Year Team	Finals	Wind	H#	Points
Finals					
1 Clarke, Jonelle	Brampton Tra	12.82	1.1	2	
2 Hui, Joanna	Guelph Track	13.06	1.1	2	
3 Ekama, Lydia	Hamilton Eli	13.50	1.1	2	
4 Garfunkel, Violeta	University o	13.60	1.1	2	
5 Khounborinh, Victoria	York Region	13.69	1.1	2	
6 Sasikumar, Saradhtha	Brampton Tra	13.85	1.1	2	
7 Cooke, Kianna	Unattached Ontario	14.69	2.6	1	
8 Self, Makenna	Coquitlam Cheetahs	15.20	2.6	1	
9 Self, Delaney	Coquitlam Cheetahs	15.97	2.6	1	
10 Abran, Katty	London Weste	19.60	2.1	3	

Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Points
1 Garfunkel, Violeta	University o	27.85	1.5	2	
2 Khounborinh, Victoria	York Region	28.64	1.5	2	
3 Obisesan, Olateju	Speed River	28.96	1.5	2	
4 Vangaalen, Imani	Kitchener WA	29.09	1.5	2	
5 Cooke, Kianna	Unattached Ontario	30.56	2.4	1	
6 Luke, Nicole	Jamcan Inter	31.02	2.4	1	

Women 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Luke, Nicole	Jamcan Inter	1:14.27	1	
2 Abran, Katty	London Weste	1:14.44	2	

Women 800 Meter Run

Name	Year Team	Finals	Points
1 Joynes, Fiona	Unattached	2:20.46	

Hamilton Last Chance Twilight - 2018-08-14**McMaster University****Results****...Women 800 Meter Run**

-- Bickle-Ferth, Kate Unattached Ontario DNF

Women 1500 Meter Run

Name	Year Team	Finals	Points
1 Walmsley, Honor	Vancouver TH	4:37.47	
2 Mackinnon, Chelsea	Monarch Athl	4:50.77	
3 Clarke, Michelle	Longboat Roa	5:00.04	
4 Catton, Nancy	Physi-Kult Kingston	5:14.26	

Men 100 Meter Dash**Top 32 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 James, Michael	Unattached Ontario	10.84q	1.4	3
2 Burke, Daniel	Ultimate Bod	10.93q	1.4	3
3 Yassin, Mohamed	Speed River	11.01q	1.4	3
4 Ayorinde, Ibrahim	Oakville Leg	11.08q	1.4	3
5 McGregor, Julian	Unattached Ontario	11.27q	0.8	2
6 Andre, Sergio	Brampton Tra	11.36q	1.4	3
7 Davis, Richard	Speed River	11.50q	1.4	3
8 Gareau, Jacob	Burlington T	11.60q	1.4	3
9 Mannella, Jason	Thorold Elit	11.66q	1.4	3
10 Smith, Ben	Speed River	11.76q	0.8	2
11 Zhang, Danni	Unattached	11.80q	0.8	2
12 Scarrow, Devonte	Speed River	11.83q	0.8	2
13 Ryan, Ethan	Burlington T	12.14q	0.8	2
14 Lee, Justin	Unattached Ontario	12.18q	0.8	2
15 Wagner, Christopher	Unattached Ontario	12.22q	0.8	2
16 Hui, Tit (jonathan)	Guelph Track	12.25q	1.4	1
17 Lemassif, Christian	University o	12.26q	0.8	2
18 Choi, Andy	Unattached Ontario	12.52q	1.4	1
19 Jevremovic, Damien	Kitchener WA	12.54q	1.4	1
20 Maxwell-Atungo, Sasu	Etobicoke Tr	13.04q	1.4	1
21 Licari, Justin	Unattached	13.27q	1.4	1
22 Morris, Mike	Unattached Ontario	15.70q	1.4	1

Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#	Points
Finals					
1 Yassin, Mohamed	Speed River	10.85	1.3	3	
2 Burke, Daniel	Ultimate Bod	10.88	1.3	3	
3 James, Michael	Unattached Ontario	11.02	1.3	3	
4 Andre, Sergio	Brampton Tra	11.29	1.3	3	
5 Gareau, Jacob	Burlington T	11.53	1.3	3	
6 Mannella, Jason	Thorold Elit	11.56	1.5	2	
7 Smith, Ben	Speed River	11.58	1.5	2	11.571
8 Davis, Richard	Speed River	11.58	1.3	3	11.578
9 Zhang, Danni	Unattached	11.75	1.5	2	
10 Scarrow, Devonte	Speed River	11.91	1.5	2	

Hamilton Last Chance Twilight - 2018-08-14**McMaster University****Results****...Men 100 Meter Dash**

11 Hui, Tit (jonathan)	Guelph Track	12.01	1.5	2	
12 Lee, Justin	Unattached Ontario	12.06	1.5	2	12.054
13 Wagner, Christopher	Unattached Ontario	12.06	1.5	2	12.057
14 Ryan, Ethan	Burlington T	12.07	1.5	2	
15 Lemassif, Christian	University o	12.16	1.7	1	
16 Choi, Andy	Unattached Ontario	12.43	1.7	1	
17 Licari, Justin	Unattached	13.01	1.7	1	
18 Maxwell-Atungo, Sasu	Etobicoke Tr	13.26	1.7	1	

Men 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Points
1 Ayorinde, Ibrahim	Oakville Leg	21.73	2.8	4	
2 Burke, Daniel	Ultimate Bod	21.96	2.8	4	
3 Yassin, Mohamed	Speed River	22.09	2.8	4	
4 Ajayi, Steven	Unattached Ontario	22.41	2.8	4	
5 Andre, Sergio	Brampton Tra	22.44	2.8	4	
6 Davis, Richard	Speed River	22.97	2.8	3	
7 Ferth, Shane	Unattached	23.09	2.8	4	
8 Faulkner, Lukas	Hamilton Eli	23.31	2.8	4	
9 Gareau, Jacob	Burlington T	23.39	2.8	4	23.384
10 King, Malcolm	Jamcan Inter	23.39	2.8	3	23.386
11 Smith, Ben	Speed River	23.55	2.8	3	
12 Kerr, Josiha	Brampton Tra	24.17	2.8	3	
13 Mannella, Jason	Thorold Elit	24.19	2.8	3	
14 Scarrow, Devonte	Speed River	24.20	2.7	2	
15 Lemassif, Christian	University o	24.28	2.8	3	
16 Animashawun, Abdullah	Brampton Tra	24.43	2.8	3	
17 Barnett, Shamar	Flying Angel	24.61	0.2	5	
18 Berson, Matan	University o	24.71	2.7	2	
19 Choi, Andy	Unattached Ontario	24.87	2.7	2	
20 Wagner, Christopher	Unattached Ontario	24.97	2.7	2	
21 James, Shawn	Brampton Tra	25.02	2.8	3	
22 Jevremovic, Damien	Kitchener WA	25.27	2.7	2	
23 Sharma, Saunak	Brampton Tra	25.44	2.7	2	
24 Qowens, Noma	Brampton Tra	26.67	1.6	1	
25 Licari, Justin	Unattached	27.18	1.6	1	
26 Nzapa, Stephane	Unattached	27.70	2.7	2	
27 Vangaalen, Alexander	Kitchener WA	28.81	1.6	1	

Men 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Dodoo, Roland	Oakville Legion TC	51.15	3	
2 Xie, Lawrence	University o	51.35	3	
3 Ferth, Shane	Unattached	51.73	3	
4 Ladha, Vahaab	Oakville Leg	52.26	3	
5 Forbes, Nicholas	Sarnia Athle	53.50	3	
6 James, Shawn	Brampton Tra	54.22	2	54.215
7 Kerr, Josiha	Brampton Tra	54.22	2	54.220
8 Adam, Keegan	Sarnia Athle	54.51	3	
9 Mirco, Sheldon	Unattached Ontario	55.00	2	
10 Sherar, Michael	University o	55.15	2	

Hamilton Last Chance Twilight - 2018-08-14**McMaster University****Results****...Men 400 Meter Dash**

11 Animashawun, Abdullah	Brampton Tra	55.19	2
12 Berson, Matan	University o	55.64	2
13 Sharma, Saunak	Brampton Tra	58.09	1
14 Simon-Senior, Keyron	Brampton Tra	58.72	1
15 De Sousa, Andre	Brampton Tra	59.43	1
16 Maxwell-Atungo, Sasu	Etobicoke Tr	1:02.29	1
17 Nzapa, Stephane	Unattached	1:06.60	1

Men 800 Meter Run

Name	Year Team	Finals	H#	Points
1 Vaculik, Alex	Speed Academ	1:59.46	2	
2 Xie, Nicholas	Unattached Ontario	2:03.30	2	
3 Free, Derian	Niagara Regi	2:04.58	2	
4 Syan, Rohaan	Sarnia Athle	2:06.08	2	
5 Wiktorski, Liam	Newmarket Hu	2:07.10	2	
6 White, Justyn	Unattached Ontario	2:07.29	2	
7 Wells, Bill	University o	2:08.36	2	
8 Ilunga, Jefferson	Etobicoke Tr	2:10.59	1	
9 Bok, Thomas	Unattached Ontario	2:10.80	2	
10 MacIsaac, Anthony	Longboat Roa	2:15.19	1	
11 Berisha, Jonathan	Thorold Elit	2:15.22	1	
12 Bondoc, Jeremiah	Thorold Elit	2:16.55	1	
13 Paraiso, Jean-Emile	Longboat Roa	2:18.36	1	
14 Deighan, Chris	Newmarket Hu	2:18.82	1	
15 De Sousa, Andre	Brampton Tra	2:22.15	1	
16 Gregg, Samuel	London Legio	2:24.89	1	
17 Byrne, Louis	Toronto Olym	2:27.16	1	
18 Kong, Ben	Jamcan Inter	3:19.87	1	
-- Yaeger, Luke	Harbour Trac	DNF	2	

Men 1500 Meter Run

Name	Year Team	Finals	H#	Points
1 Rostami Balow, Navid	Newmarket Hu	3:50.32	2	
2 Young, Nicholas	Niagara Regi	3:55.29	2	
3 Goguen, Dakota	Newmarket Hu	4:01.18	2	
4 Noble, Marcus	Laurel Creek T.F.C.	4:01.38	2	
5 Richardson, Ben	Newmarket Hu	4:11.48	2	
6 McQuaid, Aaron	Newmarket Hu	4:18.75	2	
7 Des Brisay, Thomas	Ottawa Lions T.F.C.	4:22.20	1	
8 Peat, Geoff	Newmarket Hu	4:29.14	1	
9 Rayner, Simon	University o	4:33.06	1	
10 Neri, Nick	I BE Fast TR	4:35.15	1	
11 Meades, Simon	London Legio	4:35.38	1	
12 Gregg, Samuel	London Legio	5:01.24	1	
-- Were, Ryan	Harbour Trac	DNF	2	

Men 5000 Meter Run

Name	Year Team	Finals	Points
1 Berhe, Alex	Ottawa Lions T.F.C.	15:19.44	

Hamilton Last Chance Twilight - 2018-08-14**Mcmaster University****Results****...Men 5000 Meter Run**

2	Costen, Jeff	Running Room	15:21.91
3	Hartwick, Duncan	Unattached Ontario	15:37.91
4	Czuchnicki, Cole	Dundas Valle	16:19.30
5	Leighninger, Nathaniel	Hamilton Oly	16:44.20
--	Ráez Villanueva, Sergio	Harbour Trac	DNF

Mixed 5000 Meter Run

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	Name	Year Team	Finals	Points
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1	Rooke, Kyle	M Dundas Valle	16:35.29	
2	Fong, Matthew	M Unattached	16:57.83	
3	Weber, Eartha	W Monarch Athl	17:54.73	
4	Allison, Katrina	W Monarch Athl	18:02.55	
5	Briggs, Renelle	W Durham Drago	18:27.53	
6	Diaz, Brenton	M Unattached	19:17.16	
7	Laughlin, Erin	W Unattached	19:51.71	
--	Schilkowsky, Rachel	W Rabbit / NE		DNF