

Overall Finish List

Men

Men's 8K

Place	Score	Bib No	Name	Team	Grade	----- Splits -----		Finish Time	Pace
						Split	Finis		
1	1	71	Luke Lahr	Minnesota-Duluth	SR	12:34	25:03	25:03.9	3:08/K
2	2	78	Isaac Overmyer	Minnesota-Duluth	SR	12:34	25:05	25:05.2	3:08/K
3	3	151	Daniel Heschuk	U of Manitoba		12:29	25:11	25:11.1	3:09/K
4	4	117	Tim Heikkila	North Dakota State	SO	12:30	25:14	25:14.7	3:09/K
5	5	145	Simon Berube	U of Manitoba		12:35	25:26	25:26.8	3:11/K
6	6	113	Alex Bartholomay	North Dakota State	SO	12:34	25:31	25:31.4	3:11/K
7	7	119	Camron Roehl	North Dakota State	SR	12:50	25:48	25:48.5	3:14/K
8	8	121	Connor Schank	North Dakota State	JR	12:48	25:50	25:50.2	3:14/K
9	9	94	Connor Danielson	North Dakota	SR	12:47	25:55	25:55.0	3:14/K
10	10	131	Evan Fick	South Dakota St.	SO	12:51	25:55	25:55.1	3:14/K
11	11	135	Ben Olson	South Dakota St.	FR	12:50	25:56	25:56.0	3:15/K
12	12	130	Alexander Auch	South Dakota St.	FR	12:50	25:59	25:59.0	3:15/K
13	13	154	Deric Kornelson	U of Manitoba		12:58	26:05	26:05.7	3:16/K
14	DNS	164	Scott Kvidera	Unattached		12:57	26:06	26:06.5	3:16/K
15	DNS	166	Josh Mower	Unattached		13:04	26:08	26:08.1	3:16/K
16	14	116	Jakob Hanna	North Dakota State	FR	12:51	26:12	26:12.7	3:17/K
17	15	69	Jake Kluver	Minnesota-Duluth	JR	12:59	26:14	26:14.8	3:17/K
18	16	70	Braydon Kubat	Minnesota-Duluth	SO	12:59	26:20	26:20.3	3:18/K
19	17	115	Keiser Freetly	North Dakota State	FR	12:57	26:23	26:23.9	3:18/K
20	18	136	Michael Schwinghamer	South Dakota St.	FR	12:37	26:27	26:27.6	3:18/K
21	DNS	168	Josh Samyn	Unattached		12:58	26:30	26:30.3	3:19/K
22	19	123	Kurt TeBeest	North Dakota State	SO	13:05	26:34	26:34.2	3:19/K
23	20	133	Chandler Klawitter	South Dakota St.	JR	13:00	26:35	26:35.8	3:19/K
24	21	146	Connor Boyd	U of Manitoba		13:03	26:44	26:44.3	3:21/K
25	22	67	Kendall Hill	Minnesota-Duluth	JR	13:08	26:45	26:45.1	3:21/K
26	23	79	Owen Smalley	Minnesota-Duluth	SO	13:05	26:47	26:47.1	3:21/K
27	24	45	Eric Wicklund	Concordia-Moorhead	JR	13:10	26:51	26:51.8	3:21/K
28	25	159	Michael Wood	U of Manitoba		13:03	26:52	26:52.8	3:22/K
29	26	132	Sam Ivanecky	South Dakota St.	JR	13:03	26:53	26:53.4	3:22/K
30	27	155	Nickolas Kosmenko	U of Manitoba		13:18	26:57	26:57.1	3:22/K
31	28	74	Cole Lebourgeois	Minnesota-Duluth	SO	13:16	27:00	27:00.1	3:23/K
32	(> 7)	114	Isaac Berg	North Dakota State	SO	13:03	27:04	27:04.5	3:23/K
33	29	149	Matthew Exner	U of Manitoba		13:43	27:10	27:10.6	3:24/K
34	(> 7)	75	Christian Leonard	Minnesota-Duluth	SO	13:37	27:12	27:12.4	3:24/K
35	(> 7)	81	Matthew Trutna	Minnesota-Duluth	FR	13:34	27:12	27:12.9	3:24/K
36	(> 7)	80	Jonathan Tostenson	Minnesota-Duluth	FR	13:34	27:13	27:13.9	3:24/K
37	30	101	Cole Stenseth	North Dakota	FR	13:25	27:15	27:15.6	3:24/K
38	31	35	Nolan Christenson	Concordia-Moorhead	FR	13:36	27:16	27:16.4	3:25/K
39	(> 7)	153	Rehno Kipkemboi	U of Manitoba		13:25	27:16	27:16.8	3:25/K
40	(> 7)	77	Ethan Olson	Minnesota-Duluth	FR	13:33	27:22	27:22.8	3:25/K
41	32	37	Connor Haugrud	Concordia-Moorhead	SO	13:39	27:27	27:27.4	3:26/K
42	(> 7)	73	Nick Lawson	Minnesota-Duluth	SR	13:35	27:29	27:29.0	3:26/K
43	(> 7)	64	Andrew Arthur	Minnesota-Duluth	FR	13:35	27:37	27:37.2	3:27/K
44	(> 7)	76	Wyatt Midtvedt	Minnesota-Duluth	JR	13:40	27:40	27:40.3	3:28/K
45	33	95	Timothy Dunham	North Dakota	FR	13:33	27:41	27:41.0	3:28/K
46	34	96	Zachary King	North Dakota	FR	13:44	27:47	27:47.8	3:28/K
47	35	97	Connor McMannes	North Dakota	SO	13:42	27:48	27:48.6	3:29/K

Overall Finish List**Men****Men's 8K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>----- Splits -----</u>		<u>Finish</u>	<u>Pace</u>
						<u>Split</u>	<u>Finis</u>		
48	36	102	Michael Trost	North Dakota	FR	13:34	27:49	27:49.0	3:29/K
49	(> 7)	152	Darian Hole	U of Manitoba		13:41	27:53	27:53.2	3:29/K
50	(> 7)	148	Quinn Desrochers	U of Manitoba		13:05	27:54	27:54.7	3:29/K
51	(> 7)	66	Cole Fechner	Minnesota-Duluth	FR	13:47	27:59	27:59.3	3:30/K
52	(> 7)	65	Soren Dybing	Minnesota-Duluth	FR	13:37	28:15	28:15.5	3:32/K
53	37	98	Richard Osborn	North Dakota	FR	13:53	28:17	28:17.5	3:32/K
54	(> 7)	72	Jonathan Laughlin	Minnesota-Duluth	FR	13:50	28:18	28:18.7	3:32/K
55	(> 7)	150	Braedy Farmer	U of Manitoba		14:03	28:34	28:34.0	3:34/K
56	(> 7)	99	Matthew Russell	North Dakota	SO	13:57	28:41	28:41.7	3:35/K
57	DNS	167	Beau Brannan	Unattached		13:48	28:44	28:44.6	3:36/K
58	38	43	Olsen Pancoast	Concordia-Moorhead	JR	14:12	29:01	29:01.9	3:38/K
59	(> 7)	156	Thomas Penner	U of Manitoba		14:16	29:21	29:21.5	3:40/K
60	39	40	Michael Kraimer	Concordia-Moorhead	FR	14:22	29:32	29:32.1	3:42/K
61	40	46	Dan Wilson	Concordia-Moorhead	FR	14:28	29:47	29:47.8	3:43/K
62	41	41	Justin Kringler	Concordia-Moorhead	FR	14:38	29:56	29:56.0	3:45/K
63	(> 7)	68	Connor Janostin	Minnesota-Duluth	FR	14:27	30:01	30:01.0	3:45/K
64	DNS	158	John Cowman	Unattached		14:30	30:04	30:04.1	3:46/K
65	(> 7)	36	Tommy Froland	Concordia-Moorhead	JR	15:26	30:59	30:59.7	3:52/K
66	(> 7)	147	Alexander Brandt-Ganding	U of Manitoba	FR	15:26	31:05	31:05.8	3:53/K
67	(> 7)	157	Jesse Rosenthal	U of Manitoba		15:40	32:19	32:19.0	4:02/K
68	(> 7)	44	Leo Smith	Concordia-Moorhead	FR	14:08	32:26	32:26.7	4:03/K
69	(< 5)	12	Sam Jacob	Trinity Bible College	JR	16:02	32:44	32:44.2	4:06/K
70	(< 5)	14	Sam Maruszewski	Trinity Bible College	SO	16:51	35:03	35:03.9	4:23/K
71	(< 5)	17	Marcus Staley	Trinity Bible College	JR	17:29	35:54	35:54.6	4:29/K

Final Team Results

Men

Men's 8K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - North Dakota State			Finish Position - 1				
Team Score (places): 39			Average Time: 2:54:35.0				
1	117 Tim Heikkila	SO	4	4	25:14.7	25:14.7	0:00.0
2	113 Alex Bartholomay	SO	6	10	25:31.4	50:46.1	0:16.7
3	119 Camron Roehl	SR	7	17	25:48.5	1:16:34.6	0:33.8
4	121 Connor Schank	JR	8	25	25:50.2	1:42:24.8	0:35.5
5	116 Jakob Hanna	FR	14	39	26:12.7	2:08:37.5	0:58.0
6	115 Keiser Freetly	FR	(17)	(56)	26:23.9	2:35:01.4	1:09.2
7	123 Kurt TeBeest	SO	(19)	(75)	26:34.2	3:01:35.6	1:19.5
8	114 Isaac Berg	SO	More Than 7		27:04.5	3:28:40.1	1:49.8

Team - Minnesota-Duluth			Finish Position - 2				
Team Score (places): 56			Average Time: 2:55:38.7				
1	71 Luke Lahr	SR	1	1	25:03.9	25:03.9	0:00.0
2	78 Isaac Overmyer	SR	2	3	25:05.2	50:09.1	0:01.3
3	69 Jake Kluver	JR	15	18	26:14.8	1:16:23.9	1:10.9
4	70 Braydon Kubat	SO	16	34	26:20.3	1:42:44.2	1:16.4
5	67 Kendall Hill	JR	22	56	26:45.1	2:09:29.3	1:41.2
6	79 Owen Smalley	SO	(23)	(79)	26:47.1	2:36:16.4	1:43.2
7	74 Cole Lebourgeois	SO	(28)	(107)	27:00.1	3:03:16.5	1:56.2
8	75 Christian Leonard	SO	More Than 7		27:12.4	3:30:28.9	2:08.5
9	81 Matthew Trutna	FR	More Than 7		27:12.9	3:57:41.8	2:09.0
10	80 Jonathan Tostenson	FR	More Than 7		27:13.9	4:24:55.7	2:10.0
11	77 Ethan Olson	FR	More Than 7		27:22.8	4:52:18.5	2:18.9
12	73 Nick Lawson	SR	More Than 7		27:29.0	5:19:47.5	2:25.1
13	64 Andrew Arthur	FR	More Than 7		27:37.2	5:47:24.7	2:33.3
14	76 Wyatt Midtvedt	JR	More Than 7		27:40.3	6:15:05.0	2:36.4
15	66 Cole Fechner	FR	More Than 7		27:59.3	6:43:04.3	2:55.4
16	65 Soren Dybing	FR	More Than 7		28:15.5	7:11:19.8	3:11.6
17	72 Jonathan Laughlin	FR	More Than 7		28:18.7	7:39:38.5	3:14.8
18	68 Connor Janostin	FR	More Than 7		30:01.0	8:09:39.5	4:57.1

Team - U of Manitoba			Finish Position - 3				
Team Score (places): 67			Average Time: 3:00:41.5				
1	151 Daniel Heschuk		3	3	25:11.1	25:11.1	0:00.0
2	145 Simon Berube		5	8	25:26.8	50:37.9	0:15.7
3	154 Deric Kornelson		13	21	26:05.7	1:16:43.6	0:54.6
4	146 Connor Boyd		21	42	26:44.3	1:43:27.9	1:33.2
5	159 Michael Wood		25	67	26:52.8	2:10:20.7	1:41.7
6	155 Nickolas Kosmenko		(27)	(94)	26:57.1	2:37:17.8	1:46.0
7	149 Matthew Exner		(29)	(123)	27:10.6	3:04:28.4	1:59.5
8	153 Rehno Kipkemboi		More Than 7		27:16.8	3:31:45.2	2:05.7
9	152 Darian Hole		More Than 7		27:53.2	3:59:38.4	2:42.1

Final Team Results

Men

Men's 8K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - U of Manitoba			Finish Position - 3				
Team Score (places): 67			Average Time: 3:00:41.5				
10	148 Quinn Desrochers		More Than 7		27:54.7	4:27:33.1	2:43.6
11	150 Braedy Farmer		More Than 7		28:34.0	4:56:07.1	3:22.9
12	156 Thomas Penner		More Than 7		29:21.5	5:25:28.6	4:10.4
13	147 Alexander Brandt-Ganding	FR	More Than 7		31:05.8	5:56:34.4	5:54.7
14	157 Jesse Rosenthal		More Than 7		32:19.0	6:28:53.4	7:07.9
Team - South Dakota St.			Finish Position - 4				
Team Score (places): 71			Average Time: 2:61:07.0				
1	131 Evan Fick	SO	10	10	25:55.1	25:55.1	0:00.0
2	135 Ben Olson	FR	11	21	25:56.0	51:51.1	0:00.9
3	130 Alexander Auch	FR	12	33	25:59.0	1:17:50.1	0:03.9
4	136 Michael Schwinghamer	FR	18	51	26:27.6	1:44:17.7	0:32.5
5	133 Chandler Klawitter	JR	20	71	26:35.8	2:10:53.5	0:40.7
6	132 Sam Ivanecky	JR	(26)	(97)	26:53.4	2:37:46.9	0:58.3
Team - North Dakota			Finish Position - 5				
Team Score (places): 141			Average Time: 2:71:76.0				
1	94 Connor Danielson	SR	9	9	25:55.0	25:55.0	0:00.0
2	101 Cole Stenseth	FR	30	39	27:15.6	53:10.6	1:20.6
3	95 Timothy Dunham	FR	33	72	27:41.0	1:20:51.6	1:46.0
4	96 Zachary King	FR	34	106	27:47.8	1:48:39.4	1:52.8
5	97 Connor McMannes	SO	35	141	27:48.6	2:16:28.0	1:53.6
6	102 Michael Trost	FR	(36)	(177)	27:49.0	2:44:17.0	1:54.0
7	98 Richard Osborn	FR	(37)	(214)	28:17.5	3:12:34.5	2:22.5
8	99 Matthew Russell	SO	More Than 7		28:41.7	3:41:16.2	2:46.7
Team - Concordia-Moorhead			Finish Position - 6				
Team Score (places): 164			Average Time: 3:20:19.3				
1	45 Eric Wicklund	JR	24	24	26:51.8	26:51.8	0:00.0
2	35 Nolan Christenson	FR	31	55	27:16.4	54:08.2	0:24.6
3	37 Connor Haugrud	SO	32	87	27:27.4	1:21:35.6	0:35.6
4	43 Olsen Pancoast	JR	38	125	29:01.9	1:50:37.5	2:10.1
5	40 Michael Kraimer	FR	39	164	29:32.1	2:20:09.6	2:40.3
6	46 Dan Wilson	FR	(40)	(204)	29:47.8	2:49:57.4	2:56.0
7	41 Justin Kringler	FR	(41)	(245)	29:56.0	3:19:53.4	3:04.2
8	36 Tommy Froland	JR	More Than 7		30:59.7	3:50:53.1	4:07.9
9	44 Leo Smith	FR	More Than 7		32:26.7	4:23:19.8	5:34.9

Final Team Results

Men

Men's 8K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Trinity Bible College			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	12 Sam Jacob	JR	Less Than 5		32:44.2	32:44.2	0:00.0
2	14 Sam Maruszewski	SO	Less Than 5		35:03.9	1:07:48.1	2:19.7
3	17 Marcus Staley	JR	Less Than 5		35:54.6	1:43:42.7	3:10.4
Team - Unattached			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	164 Scott Kvidera		Do Not Score		26:06.5	26:06.5	0:00.0
2	166 Josh Mower		Do Not Score		26:08.1	52:14.6	0:01.6
3	168 Josh Samyn		Do Not Score		26:30.3	1:18:44.9	0:23.8
4	167 Beau Brannan		Do Not Score		28:44.6	1:47:29.5	2:38.1
5	158 John Cowman		Do Not Score		30:04.1	2:17:33.6	3:57.6

Overall Finish List

Women

Women's 5K

Place	Score	Bib No	Name	Team	Grade	----- Splits -----		Finish Time	Pace
						Split	Finis		
1	1	103	Kelby Anderson	North Dakota State	SO	3:26	17:20	17:20.0	3:28/K
2	2	106	Jen Dufner	North Dakota State	SO	3:32	17:59	17:59.3	3:36/K
3	3	112	Annika Rotvold	North Dakota State	SR	3:31	18:03	18:03.0	3:37/K
4	4	91	Madison Overby	North Dakota	SO	3:37	18:06	18:06.9	3:37/K
5	5	87	Lydia Kantonen	North Dakota	SO	3:37	18:08	18:08.8	3:38/K
6	6	90	Hannah Oscarson	North Dakota	JR	3:37	18:09	18:09.3	3:38/K
7	7	105	Brynnan Covington	North Dakota State	SO	3:35	18:27	18:27.3	3:41/K
8	8	84	Erica Eades	North Dakota	SO	3:37	18:38	18:38.1	3:44/K
9	9	127	Anna Fasen	South Dakota St.	JR	3:38	18:42	18:42.4	3:44/K
10	10	108	Mackenzie Holkesvig	North Dakota State	SO	3:43	18:43	18:43.3	3:45/K
11	11	104	Katie Bostrom	North Dakota State	SR	3:35	18:47	18:47.6	3:45/K
12	12	110	Kayla Huhnerkoch	North Dakota State	SR	3:42	18:50	18:50.8	3:46/K
13	DNS	161	Peyton Frolek	Unattached		3:37	19:00	19:00.3	3:48/K
14	13	61	Elizabeth Schlafke	Minnesota-Duluth	JR	3:43	19:03	19:03.9	3:49/K
15	(> 7)	111	Mikayla Koenig	North Dakota State	FR	3:44	19:07	19:07.8	3:49/K
16	14	18	Kara Andersen	Concordia-Moorhead	JR	3:45	19:08	19:08.8	3:50/K
17	15	50	Gabriella Brinkley	Minnesota-Duluth	SO	3:39	19:11	19:11.9	3:50/K
18	(> 7)	107	Alaysia Freetly	North Dakota State	SR	3:42	19:12	19:12.0	3:50/K
19	16	51	Lexie Chambers	Minnesota-Duluth	FR	3:48	19:14	19:14.6	3:51/K
20	17	88	Janessa Meuleners	North Dakota	SR	3:41	19:17	19:17.0	3:51/K
21	18	57	Morgan Radel	Minnesota-Duluth	FR	3:43	19:17	19:17.1	3:51/K
22	19	144	Janine Zajac	U of Manitoba		3:38	19:18	19:18.5	3:52/K
23	20	60	Alexandra Robran	Minnesota-Duluth	FR	3:44	19:19	19:19.2	3:52/K
24	21	56	Elizabeth Kyes	Minnesota-Duluth	JR	3:42	19:24	19:24.7	3:53/K
25	22	28	Meritt Miller	Concordia-Moorhead	FR	3:45	19:26	19:26.0	3:53/K
26	DNS	163	Cailee Peterson	Unattached		3:37	19:28	19:28.3	3:54/K
27	DNS	162	Erin Valgardson	Unattached		3:43	19:31	19:31.8	3:54/K
28	23	139	Belinda Guerra	U of Manitoba		3:39	19:32	19:32.9	3:54/K
29	24	62	Megan Stuart	Minnesota-Duluth	SR	3:53	19:40	19:40.0	3:56/K
30	(> 7)	109	Alliana Houfek	North Dakota State	FR	3:45	19:40	19:40.3	3:56/K
31	25	24	Brianna Gruenberg	Concordia-Moorhead	SR	3:46	19:41	19:41.2	3:56/K
32	26	129	Emma Nelson	South Dakota St.	JR	3:38	19:44	19:44.7	3:57/K
33	(> 7)	59	Rhianna Rinke	Minnesota-Duluth	SO	3:46	19:50	19:50.3	3:58/K
34	27	5	Ryne Prigge	Bemidji State	FR	3:50	19:51	19:51.5	3:58/K
35	28	143	Hailey Sharpe	U of Manitoba		3:43	19:57	19:57.1	3:59/K
36	(> 7)	53	Mackenzie Hall	Minnesota-Duluth	FR	3:53	19:57	19:57.5	3:59/K
37	29	128	Tori Glazier	South Dakota St.	FR	3:36	19:59	19:59.2	4:00/K
38	30	20	Miriah Forness	Concordia-Moorhead	FR	3:53	20:08	20:08.8	4:02/K
39	(> 7)	58	Haleigh Reindel	Minnesota-Duluth	FR	3:53	20:12	20:12.4	4:02/K
40	31	125	Bailey Dergan	South Dakota St.	FR	3:38	20:17	20:17.0	4:03/K
41	(> 7)	47	Allison Bartlett	Minnesota-Duluth	FR	3:54	20:18	20:18.5	4:04/K
42	32	141	Nicola Odaisky	U of Manitoba		3:53	20:21	20:21.6	4:04/K
43	33	82	Hannah Anderson	North Dakota	SO	3:55	20:23	20:23.8	4:05/K
44	34	29	Tarja Nelsen	Concordia-Moorhead	SR	3:53	20:23	20:23.9	4:05/K
45	35	32	Emily Rugloski	Concordia-Moorhead	FR	3:53	20:37	20:37.0	4:07/K
46	(> 7)	49	Isabelle Brezinka	Minnesota-Duluth	SO	4:01	20:37	20:37.8	4:07/K
47	36	27	Josie Herrmann	Concordia-Moorhead	FR	3:56	20:41	20:41.8	4:08/K

October 13, 2018

Overall Finish List**Women****Women's 5K**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>----- Splits -----</u>		<u>Finish</u>	<u>Pace</u>
						<u>Split</u>	<u>Finis</u>		
48	37	126	Elise Emmick	South Dakota St.	FR	3:42	20:46	20:46.0	4:09/K
49	(> 7)	22	Isabel Fredrickson	Concordia-Moorhead	FR	4:04	20:50	20:50.9	4:10/K
50	38	142	Danika Passler Bates	U of Manitoba		4:04	20:52	20:52.8	4:10/K
51	39	140	Sarah Millns	U of Manitoba		4:04	20:53	20:53.1	4:11/K
52	(> 7)	54	Teresa Howard	Minnesota-Duluth	FR	3:58	20:57	20:57.7	4:11/K
53	(> 7)	48	Isabel Bibeau	Minnesota-Duluth	FR	4:01	20:58	20:58.8	4:12/K
54	40	6	Allyna Storms	Bemidji State	FR	3:54	20:59	20:59.0	4:12/K
55	41	85	Kendra Frank	North Dakota	SO	3:55	21:07	21:07.8	4:13/K
56	(> 7)	34	Elizabeth Vought	Concordia-Moorhead	SR	4:04	21:23	21:23.0	4:17/K
57	(> 7)	89	Megan Olson	North Dakota	JR	3:55	21:29	21:29.5	4:18/K
58	(> 7)	31	Kaitlyn Rooney	Concordia-Moorhead	FR	4:04	21:45	21:45.5	4:21/K
59	(> 7)	25	Emily Hao	Concordia-Moorhead	SO	4:04	21:45	21:45.8	4:21/K
60	(> 7)	83	Anna Christian	North Dakota	JR	3:56	22:04	22:04.0	4:25/K
61	42	3	Ashley Herdering	Bemidji State	SO	4:12	22:11	22:11.6	4:26/K
62	(< 5)	10	Chloe Jacob	Trinity Bible College	JR	4:26	22:22	22:22.9	4:28/K
63	43	138	Darby Goodall	U of Manitoba		4:05	22:34	22:34.5	4:31/K
64	(> 7)	26	Ingrid Harbo	Concordia-Moorhead	FR	4:14	22:37	22:37.6	4:31/K
65	(> 7)	21	Carly Fornshell	Concordia-Moorhead	FR	4:06	22:42	22:42.6	4:32/K
66	(> 7)	23	Rachel Friberg	Concordia-Moorhead	FR	4:06	22:44	22:44.8	4:33/K
67	(> 7)	33	Colleen Vought	Concordia-Moorhead	SR	4:04	22:56	22:56.7	4:35/K
68	44	4	Ashley Kinnard	Bemidji State	SO	4:12	23:18	23:18.7	4:40/K
69	(> 7)	30	Jordan Oliphant	Concordia-Moorhead	JR	4:24	23:55	23:55.3	4:47/K
70	45	7	Ellen Teiken	Bemidji State	FR	4:28	24:30	24:30.8	4:54/K
71	(< 5)	11	Kersten Lucas	Trinity Bible College	FR	4:36	24:39	24:39.1	4:56/K
72	46	1	Courtney Anderson	Bemidji State	SR	4:50	26:21	26:21.9	5:16/K
73	(< 5)	9	Arianna Bigart	Trinity Bible College	JR	5:02	26:41	26:41.3	5:20/K
74	(> 7)	19	Emily Hignell	Concordia-Moorhead	SR	5:08	27:54	27:54.9	5:35/K
75	47	2	Carissa Decko	Bemidji State	SO	5:27	29:37	29:37.8	5:55/K

Final Team Results**Women****Women's 5K**

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - North Dakota State			Finish Position - 1				
Team Score (places): 23			Average Time: 2:21:05.9				
1	103 Kelby Anderson	SO	1	1	17:20.0	17:20.0	0:00.0
2	106 Jen Dufner	SO	2	3	17:59.3	35:19.3	0:39.3
3	112 Annika Rotvold	SR	3	6	18:03.0	53:22.3	0:43.0
4	105 Brynna Covington	SO	7	13	18:27.3	1:11:49.6	1:07.3
5	108 Mackenzie Holkesvig	SO	10	23	18:43.3	1:30:32.9	1:23.3
6	104 Katie Bostrom	SR	(11)	(34)	18:47.6	1:49:20.5	1:27.6
7	110 Kayla Huhnerkoch	SR	(12)	(46)	18:50.8	2:08:11.3	1:30.8
8	111 Mikayla Koenig	FR	More Than 7		19:07.8	2:27:19.1	1:47.8
9	107 Alaysia Freetly	SR	More Than 7		19:12.0	2:46:31.1	1:52.0
10	109 Alliana Houfek	FR	More Than 7		19:40.3	3:06:11.4	2:20.3
Team - North Dakota			Finish Position - 2				
Team Score (places): 40			Average Time: 2:23:20.3				
1	91 Madison Overby	SO	4	4	18:06.9	18:06.9	0:00.0
2	87 Lydia Kantonen	SO	5	9	18:08.8	36:15.7	0:01.9
3	90 Hannah Oscarson	JR	6	15	18:09.3	54:25.0	0:02.4
4	84 Erica Eades	SO	8	23	18:38.1	1:13:03.1	0:31.2
5	88 Janessa Meuleners	SR	17	40	19:17.0	1:32:20.1	1:10.1
6	82 Hannah Anderson	SO	(33)	(73)	20:23.8	1:52:43.9	2:16.9
7	85 Kendra Frank	SO	(41)	(114)	21:07.8	2:13:51.7	3:00.9
8	89 Megan Olson	JR	More Than 7		21:29.5	2:35:21.2	3:22.6
9	83 Anna Christian	JR	More Than 7		22:04.0	2:57:25.2	3:57.1
Team - Minnesota-Duluth			Finish Position - 3				
Team Score (places): 82			Average Time: 2:31:33.5				
1	61 Elizabeth Schlafke	JR	13	13	19:03.9	19:03.9	0:00.0
2	50 Gabriella Brinkley	SO	15	28	19:11.9	38:15.8	0:08.0
3	51 Lexie Chambers	FR	16	44	19:14.6	57:30.4	0:10.7
4	57 Morgan Radel	FR	18	62	19:17.1	1:16:47.5	0:13.2
5	60 Alexandra Robran	FR	20	82	19:19.2	1:36:06.7	0:15.3
6	56 Elizabeth Kyes	JR	(21)	(103)	19:24.7	1:55:31.4	0:20.8
7	62 Megan Stuart	SR	(24)	(127)	19:40.0	2:15:11.4	0:36.1
8	59 Rhianna Rinke	SO	More Than 7		19:50.3	2:35:01.7	0:46.4
9	53 Mackenzie Hall	FR	More Than 7		19:57.5	2:54:59.2	0:53.6
10	58 Haleigh Reindel	FR	More Than 7		20:12.4	3:15:11.6	1:08.5
11	47 Allison Bartlett	FR	More Than 7		20:18.5	3:35:30.1	1:14.6
12	49 Isabelle Brezinka	SO	More Than 7		20:37.8	3:56:07.9	1:33.9
13	54 Teresa Howard	FR	More Than 7		20:57.7	4:17:05.6	1:53.8
14	48 Isabel Bibeau	FR	More Than 7		20:58.8	4:38:04.4	1:54.9

Final Team Results

Women

Women's 5K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Concordia-Moorhead			Finish Position - 4				
Team Score (places): 125			Average Time: 2:34:57.5				
1	18 Kara Andersen	JR	14	14	19:08.8	19:08.8	0:00.0
2	28 Meritt Miller	FR	22	36	19:26.0	38:34.8	0:17.2
3	24 Brianna Gruenberg	SR	25	61	19:41.2	58:16.0	0:32.4
4	20 Miriah Forness	FR	30	91	20:08.8	1:18:24.8	1:00.0
5	29 Tarja Nelsen	SR	34	125	20:23.9	1:38:48.7	1:15.1
6	32 Emily Rugloski	FR	(35)	(160)	20:37.0	1:59:25.7	1:28.2
7	27 Josie Herrmann	FR	(36)	(196)	20:41.8	2:20:07.5	1:33.0
8	22 Isabel Fredrickson	FR	More Than 7		20:50.9	2:40:58.4	1:42.1
9	34 Elizabeth Vought	SR	More Than 7		21:23.0	3:02:21.4	2:14.2
10	31 Kaitlyn Rooney	FR	More Than 7		21:45.5	3:24:06.9	2:36.7
11	25 Emily Hao	SO	More Than 7		21:45.8	3:45:52.7	2:37.0
12	26 Ingrid Harbo	FR	More Than 7		22:37.6	4:08:30.3	3:28.8
13	21 Carly Fornshell	FR	More Than 7		22:42.6	4:31:12.9	3:33.8
14	23 Rachel Friberg	FR	More Than 7		22:44.8	4:53:57.7	3:36.0
15	33 Colleen Vought	SR	More Than 7		22:56.7	5:16:54.4	3:47.9
16	30 Jordan Oliphant	JR	More Than 7		23:55.3	5:40:49.7	4:46.5
17	19 Emily Hignell	SR	More Than 7		27:54.9	6:08:44.6	8:46.1
Team - South Dakota St.			Finish Position - 5				
Team Score (places): 132			Average Time: 2:35:38.7				
1	127 Anna Fasen	JR	9	9	18:42.4	18:42.4	0:00.0
2	129 Emma Nelson	JR	26	35	19:44.7	38:27.1	1:02.3
3	128 Tori Glazier	FR	29	64	19:59.2	58:26.3	1:16.8
4	125 Bailey Dergan	FR	31	95	20:17.0	1:18:43.3	1:34.6
5	126 Elise Emmick	FR	37	132	20:46.0	1:39:29.3	2:03.6
Team - U of Manitoba			Finish Position - 6				
Team Score (places): 140			Average Time: 2:00:05.9				
1	144 Janine Zajac		19	19	19:18.5	19:18.5	0:00.0
2	139 Belinda Guerra		23	42	19:32.9	38:51.4	0:14.4
3	143 Hailey Sharpe		28	70	19:57.1	58:48.5	0:38.6
4	141 Nicola Odaisky		32	102	20:21.6	1:19:10.1	1:03.1
5	142 Danika Passler Bates		38	140	20:52.8	1:40:02.9	1:34.3
6	140 Sarah Millns		(39)	(179)	20:53.1	2:00:56.0	1:34.6
7	138 Darby Goodall		(43)	(222)	22:34.5	2:23:30.5	3:16.0
Team - Bemidji State			Finish Position - 7				
Team Score (places): 198			Average Time: 2:21:03.2				
1	5 Ryne Prigge	FR	27	27	19:51.5	19:51.5	0:00.0
2	6 Allyna Storms	FR	40	67	20:59.0	40:50.5	1:07.5

Final Team Results

Women

Women's 5K

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Bemidji State				Finish Position - 7			
Team Score (places): 198				Average Time: 2:21:03.2			
3	3 Ashley Herdering	SO	42	109	22:11.6	1:03:02.1	2:20.1
4	4 Ashley Kinnard	SO	44	153	23:18.7	1:26:20.8	3:27.2
5	7 Ellen Teiken	FR	45	198	24:30.8	1:50:51.6	4:39.3
6	1 Courtney Anderson	SR	(46)	(244)	26:21.9	2:17:13.5	6:30.4
7	2 Carissa Decko	SO	(47)	(291)	29:37.8	2:46:51.3	9:46.3

Team - Trinity Bible College				Finish Position - Inc.			
Team Score (places):Inc.				Average Time:			
1	10 Chloe Jacob	JR	Less Than 5		22:22.9	22:22.9	0:00.0
2	11 Kersten Lucas	FR	Less Than 5		24:39.1	47:02.0	2:16.2
3	9 Arianna Bigart	JR	Less Than 5		26:41.3	1:13:43.3	4:18.4

Team - Unattached				Finish Position - Inc.			
Team Score (places):Inc.				Average Time:			
1	161 Peyton Frolek		Do Not Score		19:00.3	19:00.3	0:00.0
2	163 Cailee Peterson		Do Not Score		19:28.3	38:28.6	0:28.0
3	162 Erin Valgardson		Do Not Score		19:31.8	58:00.4	0:31.5