

**Speed River Twilight #4 - 2018-07-31**  
**Alumni Stadium, University of Guelph**  
**Results**

**Women 100 Meter Dash**  
**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Davis, Von	Speed River Tfc	12.45q	-0.8	1
2 Catton, Jillian	Brampton Tra	12.46q	-0.8	1
3 Oliver, Jazmine	Game Speed I	12.83q	-0.8	1
4 Lamorie, Taryn	U Windsor At	12.95q	-0.8	1
5 Black, Korina	Etobicoke Tr	12.95q	-0.8	1
6 Hui, Joanna	Guelph Track	12.97q	-0.8	1
7 Barnard, Mackenzie	Hamilton Oly	13.22q	-2.1	2
8 Starcevic, Victoria	Burlington Tfc	13.30q	-2.1	2
9 Baxter, Sydney	Gazelles	13.90	-2.1	2
10 Garrell, Raine	Gazelles	14.04	-2.1	2

**Women 100 Meter Dash**

Name	Year Team	Finals	Wind
<b>Finals</b>			
1 Davis, Von	Speed River Tfc	12.41	-0.5
2 Catton, Jillian	Brampton Tra	12.46	-0.5
3 Black, Korina	Etobicoke Tr	12.61	-0.5
4 Barnard, Mackenzie	Hamilton Oly	13.02	-0.5

**Women 400 Meter Dash**

Name	Year Team	Finals	H#
1 Hyacinthe, Kimberly	Vainqueurs Plus	55.10	1
2 Propp, Adrea	Univ OF Regi	56.05	1
3 LoStracco, Tiana	Speed River	56.51	1
4 Phillips, Zoe	Niagara Regi	56.98	1
5 Bickle-Ferth, Kate	Waterloo Track Club	57.99	1
6 Aldea, Stephanie	U Windsor At	58.75	1
7 Huggins, Dallyssa	Unattached Ontario	1:00.31	1
8 Jackson, Kiera	Border City AC	1:02.44	2
9 Caughy, Carina	Saugeen Trac	1:08.15	2

**Women 800 Meter Run**

Name	Year Team	Finals	H#
1 Smith, Stef	U Windsor At	2:10.46	1
2 Walmsley, Honor	Vancouver TH	2:10.65	1
3 Hickson, Sadie-Jane	Speed River	2:11.23	1
4 Sullivan, Sarah-Rose	310 Running	2:13.69	1
5 Morris, Sadie	Game Speed I	2:13.75	1
6 Codispodi, Marissa	Unattached Ontario	2:14.43	1
7 Larue, Nicole	Windsor Legi	2:15.10	1
8 Davis, Haley	Speed River	2:15.13	1
9 Mackinnon, Chelsea	Monarch Athl	2:17.20	1
10 Morrison, Tegan	Laurel Creek T.F.C.	2:18.86	2
11 Matthews, Amelia	Laurel Creek T.F.C.	2:19.21	2
12 Martin, Jessica	Unattached Ontario	2:19.37	2

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**...Women 800 Meter Run**

13 Herman, Naomi	Saugeen Trac	2:19.80	2
14 Hicks, Holly	Windsor Legi	2:21.92	2
15 Phillips, Cassidy	Newmarket Hu	2:23.98	2
16 Clark, Hillary	Unattached Ontario	2:24.72	2
17 Morris, Stacie	Game Speed I	2:32.16	2
18 Stempski Kelly, Clover	Speed River	2:33.53	2
19 Robinson, Catie	Speed River	2:36.58	2
20 English, Hannah	Speed River	2:44.44	2

**Women 3000 Meter Run**

Name	Year Team	Finals
1 Carruthers, Anna	Unattached	10:26.29
2 Boston, Eliza Jane	Newmarket Hu	10:41.80
-- Battams, Mikayla	Newmarket Hu	DNF

**Women Long Jump**

Name	Year Team	Finals	Wind
1 Smart, Sian	University o	5.36m	+0.0
5.14m(+0.2) 5.36m(+0.0) 5.28m(+0.0) 5.20m(+0.0) 5.32m(+0.0) 4.75m(+0.0)			
2 Puseljic, Mila	University o	5.24m	+0.0
5.24m(+0.0) 4.85m(+0.0) 4.98m(+0.0) 4.70m(+0.0) 4.77m(+0.0) 4.85m(+0.0)			
3 Woods, Abby	Speed River	5.14m	1.1
4.85m(+0.0) 5.14m(1.1) 4.57m(+0.0) 4.65m(0.6) FOUL(+0.0) 4.96m(+0.0)			
4 Cox, Miranda	London Weste	5.02m	+0.0
FOUL(+0.0) 5.02m(+0.0) FOUL(+0.0) 4.75m(+0.0) 4.95m(+0.0) 4.97m(+0.0)			
5 Barnard, Mackenzie	Hamilton Oly	4.98m	+0.0
FOUL(+0.0) 4.97m(+0.0) 4.82m(+0.0) 4.98m(+0.0) 4.94m(+0.0) 4.86m(+0.0)			
6 Ebos, Nia	Hamilton Oly	4.92m	+0.0
4.82m(+0.0) 4.92m(+0.0) 4.70m(+0.0) 4.85m(+0.0) 4.79m(+0.0) FOUL(+0.0)			
7 Kim, Sequoia	Speed River	4.89m	+0.0
4.29m(0.1) 4.88m(+0.0) 4.76m(+0.0) 4.82m(+0.0) 4.79m(+0.0) 4.89m(+0.0)			
8 Jackson, Kiera	Border City AC	4.79m	+0.0
4.73m(+0.0) 4.51m(0.3) 4.79m(+0.0) 4.73m(+0.0) 4.67m(+0.0) 4.77m(+0.0)			
9 Starcevic, Victoria	Burlington Tfc	4.70m	+0.0
FOUL(+0.0) 4.60m(+0.0) 4.70m(+0.0)			
10 O'Donnell, Meah	Speed River	4.36m	+0.0
4.33m(+0.0) 4.36m(+0.0) 4.24m(+0.0)			
11 Tarboton, Hayley	Sarnia Athle	4.14m	+0.0
4.14m(+0.0) 4.07m(+0.0) 3.57m(+0.0)			

**Men 100 Meter Dash****Top 8 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Yassin, Mohammed	Speed River	11.03q	-0.8	1
2 Kinney, Adrian	Unattached-N	11.13q	-0.8	1
3 James, Michael	Unattached Ontario	11.19q	-0.8	1
4 Ajayi, Steven	Unattached	11.22q	-0.8	1
5 Henriques, Daunte	Hamilton Oly	11.46q	-0.6	4

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6 Arche, Rashid	Burlington Tfc	11.46q	-0.8	1
7 King, Malcolm	Jamcan Inter	11.50q	-0.8	1
8 Gareau, Jacob	Burlington Tfc	11.55q	-0.8	1
9 Davis, Richard	Unattached	11.55	-0.8	1
10 McGregor, Julian	Unattached Ontario	11.67	-1.1	2
11 Irobun, Justin	Hamilton Oly	11.72	-1.6	3
12 Giddings, Daniel	Gazelles	11.73	-1.1	2
13 Hendricks-Polack, Jared	Etobicoke Tr	11.82	-1.1	2
14 McLean, Ethan	Gazelles	11.90	-0.6	4
15 Richard, Grant	Durham Drago	11.91	-1.1	2
16 Scarrow, Devonte	Speed River	12.00	-1.6	3
17 Caughy, Ryan	Saugeen Trac	12.03	-1.1	2
18 Yildiz, Berdem	Unattached Ontario	12.06	-1.6	3
19 Hinsperger, Aiden	Saugeen Trac	12.06	-1.1	2
20 Wang, Timothy	Speed River	12.09	-1.6	3
21 Armstrong, Abe	Gazelles	12.14	-1.1	2
22 Carey, Jeff	Windsor Legi	12.35	-1.6	3
23 Wagner, Chris	Unattached Ontario	12.42	-1.6	3
24 Arps, Mason	Saugeen Trac	12.48	-1.6	3
25 Hui, Tit (jonathan)	Guelph Track	12.60	-0.6	4
26 Renaud, Ryan	Saugeen Trac	12.67	-1.1	2
27 Bachraty, Matthew	Unattached	12.68	-0.6	4
28 Choi, Andy	Unattached	12.75	-1.6	3
29 Renaud, Cameron	Saugeen Trac	13.01	-0.6	4
30 Maxwell-Atungo, Sasu	Etobicoke Tr	13.03	-0.6	4
31 Moore, Alexander	Burlington Tfc	13.73	-0.6	4

**Men 100 Meter Dash**

Name	Year Team	Finals	Wind
Finals			
1 Yassin, Mohammed	Speed River	11.03	-0.6
2 Ajayi, Steven	Unattached	11.18	-0.6
3 Kinney, Adrian	Unattached-N	11.21	-0.6
4 Henriques, Daunte	Hamilton Oly	11.31	-0.6
5 Arche, Rashid	Burlington Tfc	11.48	-0.6
6 King, Malcolm	Jamcan Inter	11.60	-0.6
7 Gareau, Jacob	Burlington Tfc	11.67	-0.6
8 Davis, Richard	Unattached	11.55	

**Men 400 Meter Dash**

Name	Year Team	Finals	H#
1 Osei, Philip	Flying Angels	46.40	1
2 Harper, Daniel	Brampton Tra	46.83	1
3 Maloney, Kyron	Gazelles	50.63	1
4 Burke, Daniel	Ultimate Bod	50.90	1
5 Xie, Lawrence	University o	51.21	1
6 Sleep, Tanner	U Windsor At	51.40	1
7 Davis, Richard	Unattached	52.60	2
8 Forbes, Nicholas	Sarnia Athle	52.81	1
9 Smith, Ben	Speed River	52.86	2
10 Dodd, Evan	Speed River	53.05	2

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11 Adam, Keegan	Sarnia Athle	53.61	1
12 Qin, Yihang	Burlington Tfc	53.69	3
13 Henderson, Reid	Laurel Creek T.F.C.	54.05	2
14 Arps, Mason	Saugeen Trac	54.41	3
15 Caughy, Ryan	Saugeen Trac	54.49	2
16 Carey, Jeff	Windsor Legi	54.68	3
17 Isaac, Anthony	Windsor Legi	57.33	2
18 Choi, Andy	Unattached	1:00.31	3
19 Maxwell-Atungo, Sasu	Etobicoke Tr	1:00.79	3

**Men 800 Meter Run**

Name	Year Team	Finals	H#
1 Smart, Sacha	University o	1:50.76	1
2 Richardson, Ben	Newmarket Hu	1:51.50	1
3 Koyanagi, Kyle	London Weste	1:53.73	1
4 Paterson, Mitchell	U Windsor At	1:53.78	1
5 Young, Nicholas	Niagara Regi	1:53.81	1
6 McDonough, William	Lakehead Running	1:55.07	1
7 McQuaid, Aaron	Newmarket Hu	1:55.31	1
8 Danson, Sebastian	Monarch Athl	1:58.24	1
9 Vaculik, Alex	Speed Academy	1:59.51	2
10 Khan, Daniel	Saugeen Trac	1:59.60	2
11 Jean, Aidan	Newmarket Hu	2:00.04	2
12 Donnelly, Matthew	Saugeen Trac	2:00.44	2
13 Xie, Nicholas	Unattached Ontario	2:01.14	2
14 Boston, Joshua Thomas	Newmarket Hu	2:03.47	2
15 Jensen, Ryan	Newmarket Hu	2:03.50	2
16 Duffy, Owen	Speed River	2:08.29	3
17 Vincent, Ryan	Newmarket Hu	2:10.11	3
18 Milroy, Derek	Laurel Creek T.F.C.	2:11.01	2
19 Brown, Michael	Windsor Legi	2:11.97	2
20 Ilunga, Jefferson	Etobicoke Tr	2:14.77	3
21 Young, Talman	Speed River	2:15.55	3
22 Hammell, Phillip	Speed River Tfc	2:19.85	3
23 Deighan, Chris	Newmarket Hu	2:20.42	3
-- Leblanc, Andrew	Speed River Tfc	DNF	1

**Men 3000 Meter Run**

Name	Year Team	Finals
1 Burke, Evan	London Weste	8:23.00
2 Mota, Nicholas	Newmarket Hu	8:28.47
3 Malleck, Foster	Laurel Creek T.F.C.	8:28.77
4 Rostami Balow, Navid	Newmarket Hu	8:33.33
5 Freeland, Sandy	Unattached Ontario	8:36.57
6 Goguen, Dakota	Newmarket Hu	8:51.57
7 Hetherington, Alan	Unattached	8:55.32
8 Noble, Marcus	Laurel Creek T.F.C.	8:55.70
9 Sandras, Alex	Newmarket Hu	8:56.95
10 Masters, Brendan	Laurel Creek T.F.C.	8:57.45
11 Lowrie, Jason	Laurel Creek T.F.C.	8:58.59
12 McGarvey, Rory	Nicholson CC	9:12.15



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**...Mixed High Jump**

7	Marton, Gabrielle	W Guelph Gryphons	J1.60m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65		
	P P P P P P O O XO XXX		
8	Carr, Rick	M Saugeen Trac	1.55m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60		
	P P P P P O O O XXX		
9	Schnurr, Connor	M Saugeen Trac	J1.55m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60		
	P P P P P P O XO XXX		
10	Bernier, Emma	W Sundown AC	1.50m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55		
	P P P O O O XO XXX		
11	Scott, Georgia	W First Attemp	1.45m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50		
	P P P O O O XXX		
12	Gies, Naomi	W Saugeen Trac	1.40m
	1.20 1.25 1.30 1.35 1.40 1.45		
	P P P P O XXX		
13	Tarboton, Hayley	W Sarnia Athle	1.20m
	1.20 1.25		
	O XXX		