

Hamilton Canada Day Twilight - 2018-01-01
McMaster University
Results

Women 100 Meter Dash
Top 40 Advance by Time

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Gilhula, Ashlynn	Laurel Creek	12.81q	1.1	2
2 Ferron, Avery	Burlington Tfc	12.91q	1.1	2
3 Wolfe, Collette	Laurel Creek	12.94q	1.1	2
4 McCrory, Kim	University O	13.41q	0.3	1
5 Krahn, Olivia	ST Thomas LE	13.43q	0.3	1
6 Garfunkel, Violeta	University O	13.51q	0.3	1
7 Hancock, Julia	Laurel Creek	13.52q	1.1	2
8 Salami, Morin	Burlington T	13.54q	1.1	2
9 Falla, Katie	Burlington T	13.60q	1.1	2
10 Gute, Cassidy	Laurel Creek	13.74q	0.3	1
11 Ekama, Lydia	Hamilton Eli	14.06q	1.1	2
12 King, Debbie	Jamcan Inter	14.14q	0.3	1
13 Hastings, Avery	Laurel Creek	14.28q	0.3	1
14 Ballard, Keyanna	Hamilton Oly	14.98q	0.3	1

Women 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 Ferron, Avery	Burlington Tfc	12.91	0.7	2
2 Garfunkel, Violeta	University O	13.38	0.7	2
3 Hancock, Julia	Laurel Creek	13.42	0.7	2
4 McCrory, Kim	University O	13.48	0.7	2
5 Salami, Morin	Burlington T	13.51	0.7	2
6 Falla, Katie	Burlington T	13.53	-1.0	1
7 Gute, Cassidy	Laurel Creek	13.57	-1.0	1
8 King, Debbie	Jamcan Inter	13.90	-1.0	1
9 Ekama, Lydia	Hamilton Eli	14.13	-1.0	1
-- Krahn, Olivia	ST Thomas LE	FS	0.7	2

Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Steele, Shennae	Unattached	25.62	-0.5	3
2 Lalonde, Sienna	Niagara Olym	26.20	-0.5	3
3 Ferron, Avery	Burlington Tfc	26.30	-0.7	1
4 Krahn, Olivia	ST Thomas LE	26.53	-0.7	1
5 McCrory, Kim	University O	26.99	-0.5	3
6 Vellinga, Kyra	ST Thomas LE	27.05	-0.5	3
7 Markovinovic, Celia	Speed River	27.32	-0.7	1
8 Gilhula, Ashlynn	Laurel Creek	27.33	-0.5	3
9 Garfunkel, Violeta	University O	27.62	-0.5	3
10 Gute, Cassidy	Laurel Creek	28.12	0.2	2
11 Bandaranayake, Chanithi	Laurel Creek	28.43	0.2	2
12 Falla, Katie	Burlington T	28.64	-0.5	3
13 Brezina, Jessyka	Laurel Creek	28.93	0.2	2
14 Cushnie, Beth	Hamilton Oly	29.29	0.2	2

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Women 400 Meter Dash

Name	Year Team	Finals
1 Morgan, Mackenzie	Laurel Creek	1:00.58
2 Boston, Eliza Jane	Newmarket HU	1:02.60
3 Purnell, Olivia	Hamilton Oly	1:02.71
4 Brezina, Jessyka	Laurel Creek	1:05.57
5 Menon, Sana	Toronto West	1:07.32
6 Mills, Paige	Greater Uxbr	1:07.78

Women 800 Meter Run

Name	Year Team	Finals	H#
1 Romaniw, Olivia	Unattached Ontario	2:10.06	4
2 Hickson, Sadie-Jane	Speed River	2:10.19	4
3 Pegg, Emma	Windsor Legi	2:11.20	4
4 Current, Kate	London Weste	2:12.23	4
5 Russell, Hannah	Greater Uxbr	2:13.18	4
6 Topp, Natalie	London Weste	2:13.68	4
7 Smith, Jenna	Speed River	2:14.15	4
8 Lucki, Sophia	Toronto West	2:15.10	3
9 Katz, Sarah	Monarch Athletic	2:15.64	3
10 Knelsen, Hallee	ST Thomas LE	2:16.11	3
11 Sullivan, Sarah-Rose	310 Running	2:16.17	3
12 Maurice, Aysia	310 Running	2:18.71	3
13 Sladek, Clarissa	London Weste	2:22.00	3
14 Phillips, Cassidy	Newmarket HU	2:22.96	3
15 Rasowski, Patricia	Toronto West	2:23.84	3
16 Champagne, Amber	Speed River	2:24.21	3
17 Bauman, Isabella	Hamilton Oly	2:24.84	2
18 Goveia, Isabella	Niagara Olym	2:25.66	2
19 Koyanagi, Kaitlyn	London Legio	2:27.06	2
20 Shafir, Leanne	MB Performance	2:28.56	2
21 Catton, Nancy	Physi-Kult Kingston	2:29.92	1
22 McBride, Dana	Newmarket HU	2:34.67	2
23 Baker, Robyn	Greater Uxbr	2:35.60	1
24 Mills, Paige	Greater Uxbr	2:37.25	1
25 Cadieux, Olivia	Toronto West	2:43.67	1
26 Krahn, Madeleine	ST Thomas LE	2:57.27	1
27 Hastings, Avery	Laurel Creek	3:02.73	1

Women 1500 Meter Run

Name	Year Team	Finals	H#
1 Ayers, Katelyn	Speed River	4:14.64	3
2 Wilson, Heather	Usatf	4:17.07	3
3 Van Pelt, Stephanie	Usatf	4:18.43	3
4 Lucki, Alexandra	Toronto West	4:22.24	3
5 Popadich, Kristina	Unattached Ontario	4:24.16	3
6 Ward, Charlotte	Speed River	4:25.85	3
7 Coates, Victoria	Dundas Valle	4:27.85	3
8 Collins, Sydney	Laurel Creek	4:28.64	3
9 Pansegrau, Kaitlyn	Harbour Trac	4:38.92	3
10 Pattison, Sydney	Unattached	4:40.14	3

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...Women 1500 Meter Run

11 Brar, Jasmina	Durham Drago	4:44.62	2
12 Harnack, Hope	Speed River	4:45.54	2
13 Hewitt, Mikayla	Harbour Trac	4:48.16	2
14 Foran, Gabrielle	Harbour Trac	4:48.35	2
15 Cushnie, Sarah	Hamilton Oly	4:49.78	2
16 Gravina, Maxine	Harbour Trac	4:50.33	2
17 Smart-Reed, Madeline	Toronto West	4:51.51	2
18 Hawke, Kendra	Durham Dragons	4:52.33	2
19 Joynes, Fiona	Unattached Ontario	4:53.08	2
20 Nowak, Emily	Harbour Trac	4:54.27	2
21 Raymond, Isabel	Toronto West	4:55.62	2
22 Cameron, Julia	Toronto West	4:58.35	2
23 Goodjohn, Hannah	Greater Uxbr	5:01.12	2
24 Langelaan, Rachel	McGill Martl	5:04.81	2
25 Scobbie, Jenevieve	Speed River	5:06.24	2
26 Vernon-Pope, Claire	Hamilton Oly	5:08.92	2
27 Bowe, Sofia	Toronto West	5:10.94	1
28 MacDonald, Amberle	Durham Dragons	5:12.58	1
29 Fraser, Hannah	Toronto West	5:13.12	1
30 Segato, Emma	Unattached	5:18.61	1
31 Negrazis, Lauren	Greater Uxbr	5:21.09	1
32 Fraser, Hayley	Toronto West	5:25.87	1
33 Ongena, Madeline	Speed River	5:27.31	1
-- Shafir, Leanne	MB Performance	DNF	2
-- Morgan, Mackenzie	Laurel Creek	DNF	3

Men 100 Meter Dash**Top 40 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Elien, Ken	Etobicoke TR	11.10q	-0.1	4
2 James, Michael	Unattached Ontario	11.12q	-0.1	4
3 Richards, Matthias	Hamilton Eli	11.35q	-0.1	4
4 Irobun, Justin	Hamilton Oly	11.44q	-1.3	1
5 Wilson, Daniel	University O	11.57q	-0.1	4
6 Gareau, Jacob	Burlington T	11.58q	-0.1	4
7 Lee, Adam	Speed River	11.59q	-0.1	4
8 Westbrook, Calum	Runners Edge	11.60q	-0.1	4
9 Lewis, Nathan	Etobicoke TR	11.66q	0.2	3
10 Beltran, Diego	Burlington T	11.79q	0.2	3
11 Smith, Ben	Speed River	11.82q	0.2	3
12 Anyimadu, Jason	Burlington T	11.86q	0.2	3
13 Baranoski, Lucas	Laurel Creek	11.87q	0.2	3
14 Forrest, Chris	Etobicoke TR	11.94q	0.2	3
15 Wang, Timothy	Speed River Tfc	11.95q	-0.2	2
16 Gray, Jamir	Hamilton Oly	11.96q	-0.2	2
17 Scarrow, Devonte	Speed River Tfc	12.02q	-0.2	2
18 Wagner, Christopher	Unattached Ontario	12.19q	0.2	3
19 Koster, Thomas	Burlington T	12.23q	-0.2	2
20 Ryan, Ethan	Burlington T	12.27q	0.2	3
21 Lau, Manly	University O	12.30q	-0.2	2
22 Aamer, Eesa	Mississauga T.F.C.	12.32q	-1.3	1
23 Ashmeade, Milton	Jamcan Inter	12.69q	-1.3	1

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24 Kudo, Ken	Jamcan Inter	12.80q	-0.2	2
25 Beechey, Matt	Invictus Ath	13.03q	-0.2	2
26 Moore, Alec	Burlington T	13.80q	-0.2	2
27 Vangaalen, Alexander	Kitchener WA	13.88q	-1.3	1
28 Lester, Brandon	Brantford T.F.C.	14.40q	-1.3	1
29 Nassar, Waleed	University O	15.60q	-1.3	1

Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 James, Michael	Unattached Ontario	10.99	1.2	4
2 Elien, Ken	Etobicoke TR	11.05	1.2	4
3 Irobun, Justin	Hamilton Oly	11.27	1.2	4
4 Richards, Matthias	Hamilton Eli	11.28	1.2	4
5 Gareau, Jacob	Burlington T	11.40	1.2	4
6 Westbrook, Calum	Runners Edge	11.46	1.2	4
7 Lee, Adam	Speed River	11.49	1.2	4
8 Lewis, Nathan	Etobicoke TR	11.58	-1.1	3
9 Wilson, Daniel	University O	11.59	1.2	4
10 Anyimadu, Jason	Burlington T	11.63	-1.1	3
11 Beltran, Diego	Burlington T	11.71	-1.1	3
12 Smith, Ben	Speed River	11.74	-1.1	3
13 Baranoski, Lucas	Laurel Creek	11.84	-1.1	3
14 Wang, Timothy	Speed River Tfc	11.86	-1.1	3
15 Forrest, Chris	Etobicoke TR	11.91	-1.1	3
16 Scarrow, Devonte	Speed River Tfc	11.93	0.2	2
17 Gray, Jamir	Hamilton Oly	11.94	-1.1	3
18 Wagner, Christopher	Unattached Ontario	12.05	0.2	2
19 Lau, Manly	University O	12.11	0.2	2
20 Koster, Thomas	Burlington T	12.13	0.2	2
21 Aamer, Eesa	Mississauga T.F.C.	12.18	0.2	2
22 Ashmeade, Milton	Jamcan Inter	12.62	-0.1	1
23 Kudo, Ken	Jamcan Inter	12.87	-0.1	1
24 Beechey, Matt	Invictus Ath	12.94	-0.1	1
25 Lester, Brandon	Brantford T.F.C.	13.93	-0.1	1
26 Nassar, Waleed	University O	15.56	-0.1	1

Men 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 James, Michael	Unattached Ontario	22.32	-0.9	4
2 Elien, Ken	Etobicoke TR	22.45	0.4	1
3 Usifo, Ike	Hamilton Eli	22.78	-0.9	4
4 Gareau, Jacob	Burlington T	23.13	-0.9	4
5 Richards, Matthias	Hamilton Eli	23.30	-0.9	4
6 Wilson, Daniel	University O	23.48	-0.9	4
7 Smith, Ben	Speed River	23.69	-0.9	4
8 Lewis, Nathan	Etobicoke TR	24.19	0.4	1
9 Isaac, Anthony	Windsor Legi	24.36	-0.6	3
10 Lau, Manly	University O	24.49	0.2	2
11 Li, Avery	Toronto West	24.61	0.2	2
12 Baranoski, Lucas	Laurel Creek	24.70	-0.6	3

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13	Anyimadu, Jason	Burlington T	24.73	-0.9	4
14	Koster, Thomas	Burlington T	24.78	-0.6	3
15	Beltran, Diego	Burlington T	25.07	-0.6	3
16	Wagner, Christopher	Unattached Ontario	25.20	-0.6	3
17	Kudo, Ken	Jamcan Inter	25.75	0.2	2
18	Burnside, Andy	Unattached Ontario	26.17	0.2	2
19	Ashmeade, Milton	Jamcan Inter	26.43	0.2	2
20	Beechey, Matt	Invictus Ath	26.95	0.2	2
21	Vangaalen, Alexander	Kitchener WA	28.79	0.4	1
22	Lester, Brandon	Brantford T.F.C.	29.29	0.4	1
23	McGrath, Brian	Kitchener WA	30.08	0.4	1
24	Nassar, Waleed	University O	32.88	0.4	1
--	Forrest, Chris	Etobicoke TR	FS	-0.6	3

Men 400 Meter Dash

Name	Year Team	Finals	H#
1	Cunningham, Joshua	The Speed AC	47.44 3
2	Purnell, Alec	Hamilton Oly	49.75 3
3	Paterson, Mitchell	U Windsor At	49.91 3
4	Xie, Lawrence	University O	51.08 3
5	Faulkner, Lukas	Hamilton Eli	51.71 3
6	Perigord, Lachlan	Hamilton Oly	52.84 2
7	Li, Avery	Toronto West	54.52 2
8	Mirco, Sheldon	Unattached Ontario	54.76 2
9	Dickinson, Marley	Unattached Ontario	54.85 1
10	Westbrook, Calum	Runners Edge	55.63 3
11	McGrath, Jonathan	Kitchener WA	56.27 2
12	Miller, Jordan	London Weste	57.24 1
13	Belanger, Dylen	ST Thomas LE	57.28 1
14	Zamparo, Julian	Toronto West	57.31 2
15	Hume, Billy	Toronto West	1:02.26 1
16	Dechellis, Matthew	Unattached Ontario	1:03.06 1

Men 800 Meter Run

Name	Year Team	Finals	H#
1	Heppenstall, Robert	Monte Cristo	1:47.62 5
2	Giesting, Chris	Usatf	1:48.19 5
3	McAsey, Joe	Usatf	1:49.20 5
4	Hoggarth, Cameron	Speed River	1:51.67 5
5	D'Alessandro, Nick	U Windsor At	1:52.13 5
6	Quann, Simon	Speed River	1:52.90 5
7	Deba, Brock	Niagara Olym	1:53.56 5
8	Gareau, Eric	London Weste	1:54.09 5
9	Lee, Campbell	Niagara Olym	1:55.42 4
10	Koyanagi, Kyle	London Weste	1:55.55 4
11	Traher, Tyrone	London Weste	1:56.03 4
12	Were, Ryan	Harbour Trac	1:57.26 4
13	Graenert, Maurice	Newmarket HU	1:57.28 4
14	McKenzie, Brock	Speed River	1:58.32 4
15	Adams, Jack	London Weste	1:58.69 4
16	Deep, Liam	The Speed AC	1:58.78 3

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17 Stevens, Evan	Sarnia Athle	1:58.97	3
18 Anderson, Griffin	Greater Uxbr	2:00.38	3
19 Bari, Asad	Toronto West	2:00.48	3
20 Taffese, Nathanael	Blue Devils AC	2:00.56	3
21 Cooper, Alec	Harbour Trac	2:02.43	3
22 Forbes, Nicholas	Sarnia Athle	2:03.11	3
23 Speciel, Romain	University O	2:03.36	3
24 Moir, Cameron	310 Running	2:03.48	3
25 Henderson, Ried	Laurel Creek	2:04.50	2
26 Brown, Zachary	Hamilton Oly	2:05.14	2
27 Lavoie, Noah	Niagara Olym	2:06.62	2
28 Stubberfield, Adrian	Windsor Legi	2:07.88	2
29 Bennett, Sam	Speed River	2:10.00	2
30 Mercier, Mathis	Newmarket HU	2:10.44	2
31 Guy, Thomas	Newmarket HU	2:11.72	2
32 Megas, Alexander	Toronto West	2:11.84	1
33 De Leon, Justin	Toronto West	2:12.12	2
34 Belanger, Harrison	ST Thomas LE	2:14.99	1
35 Farr, Kevin	U Windsor At	2:16.79	1
36 Stafford, Nicholas	University O	2:22.23	1
37 Moore, Vincent	ST Thomas LE	2:22.27	1
38 Boston, Steve	Newmarket HU	2:23.71	1
39 Kamboj, Rahul	Newmarket HU	2:29.89	1
-- Costa, Chris	Unattached Ontario	DNF	2
-- Andrin, Hunter	London Weste	DNF	5
-- Rabbit- Yaeger, Luke	Harbour Trac	DNF	5

Men 1500 Meter Run

Name	Year Team	Finals	H#
1 Palmer, Ford	Usatf	3:39.94	4
2 Napolitano, Rob	Usatf	3:40.28	4
3 Kellier, Josh	Speed River	3:44.49	4
4 Elkurdy, Mostafa	Speed River	3:44.76	4
5 Devito, Ben	University O	3:46.14	4
6 Patton, Mark	Speed River	3:46.15	4
7 Kemp, Marcus	Speed River	3:47.20	4
8 Smart, Sacha	University O	3:47.25	4
9 Cyr, Alex	U Windsor At	3:47.65	4
10 Malone, Ben	Usatf	3:49.28	4
11 Freeland, Sandy	Unattached	3:51.28	3
12 Napier, Matthew	Harbour Trac	3:53.17	3
13 Defreyne, Noah	University O	3:54.36	4
14 Workman, Ben	Unattached	3:54.60	3
15 Styba, Michael	University O	3:55.94	4
16 Carroll, Jake	Toronto West	3:56.31	3
17 Tinevez, Noah	Speed River	3:56.74	3
18 Bannon, Nicholas	Speed River	3:56.79	3
19 Zilles, Josh	U Windsor At	3:56.95	3
20 Noble, Marcus	Laurel Creek	3:58.32	3
21 Clarke, Braydon	Speed River	3:58.40	3
22 Brar, Dilan	Durham Drago	3:58.77	3
23 Leone, Landon	University O	4:01.55	3
24 Chen, Jesse	University O	4:01.78	2

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25	Goodridge, Jonathan	Speed River	4:02.01	3
26	Griffith, Saed	Unattached Ontario	4:02.79	2
27	Sheeler, Matthew	London Weste	4:02.92	3
28	Minbashian, Peter	Toronto West	4:03.45	2
29	Mackinnon, Patrick	Dundas Valle	4:04.37	2
30	Mihelic, Ivan	Toronto West	4:05.35	2
31	Heyink, Mitchell	London Weste	4:06.03	2
32	Wang, John	Speed River	4:06.11	2
33	Black, Connor	Durham Drago	4:06.15	2
34	Cousineau, Jason	Speed River	4:06.22	2
35	Perrier, John	University O	4:07.12	2
36	Popescu, Paul	Windsor Legi	4:07.31	2
37	Poloni, David	Speed River	4:07.81	3
38	Lowrie, Jason	Laurel Creek	4:08.97	2
39	Simone, Brendan	U Windsor At	4:13.14	2
40	Leighninger, Nathaniel	Hamilton Oly	4:15.66	1
41	Fernandez, Ivan	Niagara Olym	4:16.39	2
42	Johnston, Matthew	Unattached Ontario	4:17.75	1
43	Campbell, Callum	Niagara Olym	4:18.66	2
44	Brecher, Jay	University O	4:19.25	1
45	Fogh, Marcus	Mississauga T.F.C.	4:23.83	1
46	Summerhays, Ethan	Brantford T.F.C.	4:23.92	1
47	Peat, Geoff	Newmarket HU	4:31.91	1
48	Vanderberg, Andrew	Speed River	4:38.18	1
49	Rule, David	Hamilton Oly	4:42.78	1
50	Tedley, Brennan	Windsor Legi	4:51.17	1
51	Cassel, Gary G	Cambridge Harriers	5:05.13	1
52	Hanks, Robert	Longboat Roa	5:08.09	1
53	O'Connell, Jack	Toronto West	5:10.62	1
54	Yuan, Kevin	Niagara Olym	5:18.25	1
55	Macmillan, John	Longboat Roa	5:19.31	1
--	Bari, Asad	Toronto West	DNF	3
--	Tweedle, Jeffrey	Harbour Trac	DNF	4

Men 3000 Meter Run

Name	Year Team	Finals	H#	
1	Grieve, Kyle	Monarch Athletic	8:22.05	2
2	Ráez Villanueva, Sergio	Harbour Trac	8:24.68	2
3	Turek, Max	Durham Dragons	8:25.81	2
4	McGillivray, Joshua	Toronto West	8:26.27	2
5	Carson, Ben	Toronto West	8:29.34	2
6	Alick, Dylan	Harbour Trac	8:32.70	2
7	Zelek, Joshua	Huron-Perth Wind	8:38.39	2
8	MacGillivray, Christian	Harbour Trac	8:40.33	2
9	Davies, Andrew	Windsor Legi	8:41.85	2
10	Danayan, Gregory	Unattached Ontario	8:43.32	2
11	Tyrrell, Ryan	Harbour Trac	8:51.98	2
12	Avalos, Miles	Toronto West	8:58.17	2
13	Canty, Chase	Windsor Legi	9:03.10	2
14	Sivapragasam, Keithan	Toronto West	9:23.26	1
15	Tarling, Jamie	Newmarket HU	9:32.55	1
16	Vincent, Ryan	Newmarket HU	9:47.64	1
17	Boston, Joshua Thomas	Newmarket HU	10:04.13	1

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18 Brown, Michael	Windsor Legi	10:10.02	1
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