

**SOSSA - 2018-10-25**  
**OFSAA Qualifier**  
**Firemen's Park**  
**RESULTS**

**Event 1 Women 3k CC Para**

Name	Year School	Finals	Points Alternate
1 Cassie Kemp	St. Cath CI	15:03.2	1
2 Julianne Miszk	SMHS - Niagara F	15:26.8	2
3 Shannon Swinson	BDSS-Beamsville	16:02.9	3

**Event 2 Men 3k CC Para**

Name	Year School	Finals	Points Alternate
1 Konkle Owen	BDSS-Beamsville	12:02.0	1
2 Andres Rolon	St. Cath CI	12:39.9	2
3 Andrew McIntyre	SMHS - Niagara F	12:45.9	3
4 Josh Vandenbeukel	EHS-St. Cath	14:01.0	4
5 Joseph Nokeo	EHS-St. Cath	14:23.3	5
6 Spencer Robertson	St. Cath CI	15:14.2	6
7 Alex Giancola	SMHS - Niagara F	17:14.7	7

**Event 3 Women 4k CC Midget**

Name	Year School	Finals	Points Alternate
1 Quincy RotsaertSmith	Dundas Valley	16:16.5	1
2 Abby Jackson	WSS-Niagara Fall	16:16.6	2
3 Bianca Salierno	SWCSS-St. Cath	16:16.6	3
4 Payton Tonnos	EHS-St. Cath	16:23.3	4
5 Lauren Fennell	ELCSS-Fonthill	16:24.4	5
6 Erin Lou	Westdale	16:27.2	6
7 Hayley Morey	EHS-St. Cath	16:45.0	7
8 Isabella Goveia	SWCSS-St. Cath	16:46.0	8
9 Emma Due	Dundas Valley	16:51.8	9
10 Gabrielle Johnson	EHS-St. Cath	17:07.5	10
11 Emily Reimer	SWCSS-St. Cath	17:11.5	11
12 Mia Nanini	ESJV-Welland	17:13.4	12
13 Sarah Chan	SWCSS-St. Cath	17:26.9	13
14 Hannah Robertson	Westdale	17:35.8	14
15 Dana Ali	SWCSS-St. Cath	17:40.3	15
16 Ella Duguay	HCSS-St.Cath	17:55.9	16
17 Hildy Zalepa	Dundas Valley	18:01.0	17
18 Mia Till	Westmount	18:06.3	18
19 Verity Brellisford	Cayuga Secondary	18:07.2	19
20 Marissa Palmateer	ELCSS-Fonthill	18:11.0	20
21 Emma Norris	Dundas Valley	18:23.6	21
22 Madeline Martin	Westmount	18:29.5	22
23 Lauren VanHuizen	SCHS- Smithville	18:50.5	23
24 Cassandra Hills	MPSS	18:57.6	24
25 Hannah Kelly	SCIIVS-NF	19:00.2	25
26 Danielle Adam	PCHS-Port Colbor	19:11.1	26
27 Hannah Sxeplaki	CSS-Welland	19:11.8	27
28 Hannah Fitzgerald	MPSS	19:16.3	28
29 Sara Merry	Dundas Valley	19:25.7	29
30 Hannah Latimer	MPSS	19:26.8	30
31 Emily Haynes	Blessed Trin	19:47.8	31
32 Nicole DeJager	Guido de Bres	19:54.6	32
33 Pauline Rotz	EHS-St. Cath	19:55.6	33

34	Vivien Hayter	Westmount	19:58.2	34
35	Ella Robert	LCHS-Port Col	20:01.6	35
36	Trinity Young	ELCSS-Fonthill	20:02.8	36
37	Paige Hoadley	ANMSS-Niagara Fa	20:03.3	37
38	Chelsea Vanderwal	Guido de Bres	20:04.0	38
39	Olivia Fisher	ANMSS-Niagara Fa	20:09.8	39
40	Cara Sealey	Dundas Valley	20:10.1	40
41	Claire Rule	Sherwood	20:23.8	41
42	Kayla Griffin	Blessed Trin	20:33.0	42
43	Kendra Kikkert	SCHS- Smithville	20:38.4	43
44	Abbey Cook	GLCHS	20:42.4	44
45	Ainsley Wilcox	Waterdown	20:43.0	45
46	Hannah Woodland	SCHS- Smithville	20:47.6	46
47	Eden Breukelman	GLCHS	20:51.6	47
48	Emma Bagozzi	DMHS-St.Cath	21:08.5	48
49	Hayley Hood	Waterdown	21:13.2	49
50	Jessica Zanuttini	ND- Welland	21:20.7	50
51	Norah Jonker	Guido de Bres	21:35.6	51
52	Alanna Gordon	Sherwood	21:41.4	52
53	Whitney Pilgrim	St. Cath CI	21:47.2	53
54	Nina Brown	LSSS-St. Cath	21:49.3	54
55	Mikiya Poll	Sherwood	22:07.0	55
56	Abby Cline	Sir John A M	22:09.4	56
57	Sidney Kranjcec	Saltfleet	22:17.4	57
58	Maddison Morison	Sherwood	22:17.8	58
59	Julie Proulx	Blessed Trin	22:31.8	59
60	Isabella Walker	ELCSS-Fonthill	22:33.6	60
61	Autumn Livermore	Blessed Trin	22:34.2	61
62	Megan Paine	MPSS	22:48.7	62
63	Heather Fisher	MPSS	23:02.0	63
64	Esther Sowunmi	Sherwood	23:02.3	64
65	Julia Perry	ELCSS-Fonthill	25:20.1	65

#### Women 4k CC Midget Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Winston Churchill - St. C	35	3	8	11	13	15				
	Total Time: 1:07:41.00				Average:	16:55.25					
2	Dundas Valley	48	1	9	17	21	29	40			
	Total Time: 1:09:32.90				Average:	17:23.23					
3	Eden High School - St. Ca	54	4	7	10	33					
	Total Time: 1:10:11.40				Average:	17:32.85					
4	E. L. Crossley - Fonthil	121	5	20	36	60	65				
	Total Time: 1:17:11.80				Average:	19:17.95					
5	McKinnon Park Secondary	144	24	28	30	62	63				
	Total Time: 1:20:29.40				Average:	20:07.35					
6	Blessed Trinity High Scho	193	31	42	59	61					
	Total Time: 1:25:26.80				Average:	21:21.70					
7	Sherwood	206	41	52	55	58	64				
	Total Time: 1:26:30.00				Average:	21:37.50					

#### Event 4 Men 4k CC Midget

Name	Year	School	Finals	Points	Alternate
1 Aidan Reynolds		DMHS-St.Cath	13:07.6	1	
2 Mason Petrucci		SFSS - St. Cath	13:21.5	2	
3 Cooper Norton		Orchard Park	13:22.1	3	
4 Reese Arnold		Blessed Trin	13:51.0	4	
5 Adam Kleinsmith		ELCSS-Fonthill	14:10.5	5	
6 Owen Munnings		SCHS- Smithville	14:13.8	6	

7	Evan Beach	Blessed Trin	14:14.3	7
8	Asher Willett	LCHS-Port Col	14:16.4	8
9	Miles Walker	SWCSS-St. Cath	14:22.7	9
10	Matthew Bennett	SPHS - Niagara F	14:33.3	10
11	Braedan Topp	Dundas Valley	14:36.2	11
12	Preston Fraser	PCHS-Port Colbor	14:37.8	12
13	James Lawson	Blessed Trin	14:41.8	13
14	Evan Olm	PCHS-Port Colbor	14:45.8	14
15	Owen LaMarsh	PCHS-Port Colbor	14:50.4	15
16	Kyle Mullin	LCHS-Port Col	14:52.5	16
17	Lex Filman	Saltfleet	14:53.2	17
18	Connor Coleman	Ancaster High	14:53.7	18
19	Sawyer Ropp	EHS-St. Cath	14:54.5	19
20	Foster Deighton	Dundas Valley	14:55.6	20
21	Ben Ballantyne	Sherwood	14:58.6	21
22	Joseph Beader	Saltfleet	14:59.6	22
23	Cole Ljucovic	Dundas Valley	15:00.3	23
24	Myles Radersma	EHS-St. Cath	15:07.2	24
25	Liam Ciardelli	Blessed Trin	15:10.6	25
26	Alex Renwick	Dundas Valley	15:11.3	26
27	Alex Hall	SWCSS-St. Cath	15:12.2	27
28	Austin Morrison	EHS-St. Cath	15:13.0	28
29	Nathan Freure	ELCSS	15:15.6	29
30	Jalen Beaulieu	EHS-St. Cath	15:22.5	30
31	Leonord Ayala Jair	ND- Welland	15:26.3	31
32	Mason Teather	CSS-Welland	15:27.4	32
33	Jeff Dommasch	SWCSS-St. Cath	15:30.2	33
34	Simon Heemskerck	Guido de Bres	15:32.7	34
35	Gary Lin	SWCSS-St. Cath	15:35.7	35
36	Robbie Mcharg	Dundas Valley	15:37.4	36
37	Steven Taras	LCHS-Port Col	15:43.5	37
38	Nathan Hunter	Westmount	15:44.7	38
39	Thomas Mete	LCHS-Port Col	15:48.9	39
40	Christian Blaylock	SMHS - Niagara F	15:49.4	40
41	Jake Bagozzi	DMHS-St.Cath	15:50.2	41
42	Noah Paddon	ANMSS-Niagara Fa	15:50.6	42
43	Tyler Ferguson	Sherwood	15:58.8	43
44	Wyatt Greenwood	Blessed Trin	16:02.0	44
45	Kadan Falardeau	CSS-Welland	16:04.9	45
46	Sam Ianieri	Orchard Park	16:09.7	46
47	Sebastian Arredondo	SFSS - St. Cath	16:12.4	47
48	Owen Beresh	Saltfleet	16:25.2	48
49	Matthew Jinks	ELCSS-Fonthill	16:30.4	49
50	Sebastian Miceli	ELCSS-Fonthill	16:34.7	50
51	Jack Lewis	Dundas Valley	16:43.6	51
52	Matthew Richardson	PCHS-Port Colbor	16:48.9	52
53	Craig Tyrrell	Sherwood	17:06.2	53
54	Jordan McNally	Blessed Trin	17:09.8	54
55	Collin Van Dongen	ND- Welland	17:16.9	55
56	Ryan Gelbart	EHS-St. Cath	17:34.0	56
57	Carter Willims	CSS-Welland	17:44.6	57
58	Jonathan Wildeboer	Guido de Bres	18:05.7	58
59	Matthew Vadamchino	ND- Welland	18:09.4	59
60	Samuel Heida	HCS-Jordan	18:59.2	60
61	Sebastian Moccio	EHS-St. Cath	20:05.9	61
62	Dylan Coers	PCHS-Port Colbor	22:36.7	62
63	Nathan Lambretchts	CSS-Welland	22:51.6	63
64	Liam Chapman	SWCSS-St. Cath	23:21.9	64
65	Jacob Guthrie	Saltfleet	24:31.3	65

### Men 4k CC Midget

### Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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1 Blessed Trinity High Scho	49	4	7	13	25	43	53
Total Time: 57:57.70				Average:	14:29.43		
2 Dundas Valley	80	11	20	23	26	35	50
Total Time: 59:43.40				Average:	14:55.85		
3 Port Colborne - Port Colb	92	12	14	15	51	61	
Total Time: 1:00:57.60				Average:	15:14.40		
4 Lakeshore - Port Colborne	98	8	16	36	38		
Total Time: 1:00:31.00				Average:	15:07.75		
5 Eden High School - St. Ca	100	19	24	28	29	55	60
Total Time: 1:00:30.30				Average:	15:07.58		
6 Winston Churchill - St. C	102	9	27	32	34	63	
Total Time: 1:00:35.00				Average:	15:08.75		
7 Saltfleet	150	17	22	47	64		
Total Time: 80:03:01.80				Average:	20:00:45.45		
8 Centennial - Welland	193	31	44	56	62		
Total Time: 1:11:39.00				Average:	17:54.75		

### Event 5 Women 5k CC Junior

Name	Year School	Finals	Points Alternate
1 Tessa Jeffery	ELCSS-Fonthill	2:34.2	1
2 Alissa Mete	ND- Welland	18:14.3	2
3 Anna Grabowski	Waterdown	18:48.3	3
4 Amy Baggs	EHS-St. Cath	18:59.7	4
5 Aria Heil	Grimsby - Grimsby	19:18.6	5
6 Molly Devereux	GFESS	19:29.8	6
7 Crystal Coyne	ELCSS-Fonthill	19:51.4	7
8 Lauren Knafelc	ELCSS-Fonthill	20:12.0	8
9 Maria Abril	ESJV-Welland	20:23.8	9
10 Camryn Bylsma	GLCHS	20:32.9	10
11 Demi Maroudas	EHS-St. Cath	20:47.1	11
12 Gwynevere Kosuta	ELCSS-Fonthill	20:48.8	12
13 Leah Waite	Dundas Valley	21:12.7	13
14 Ella Hendriks	Dundas Valley	21:17.4	14
15 Grace Terhljan	Dundas Valley	21:18.4	15
16 Emily Richer	Dundas Valley	21:19.6	16
17 Kara DeJong	Hamilton District	21:21.0	17
18 Ruth Ann Bos	Hamilton District	21:23.0	18
19 Emma McNabney	Ancaster High	21:27.2	19
20 Katelyn Romano	CSS-Welland	21:28.2	20
21 Eva Speck	SWCSS-St. Cath	21:56.9	21
22 Kaelyn Vanderniet	Hamilton District	22:09.0	22
23 Rylan Greatrix	SPHS - Niagara F	22:09.6	23
24 Ally Moran	EHS-St. Cath	22:10.1	24
25 Keona Hussan	Dundas Valley	22:10.7	25
26 Breagha Sharpe	MPSS	22:19.8	26
27 Yelyzaveta Bushareb	EHS-St. Cath	22:22.4	27
28 Hannah Whetstone	Hamilton District	22:37.8	28
29 Jane Wright	Dundas Valley	22:45.2	29
30 Laci Shute	GSSS-St. Cath	22:48.7	30
31 Molly Hildebrandt	ELCSS-Fonthill	22:53.2	31
32 Roxane Fenart	SMHS - Niagara F	23:04.4	32
33 Drew Smith	Blessed Trin	23:07.7	33
34 Melissa Mott	LCHS-Port Col	23:08.8	34
35 Megan Brown	Waterdown	23:11.0	35
36 Emma Dinning	Thorold - Thorold	23:12.1	36
37 Zoe Thibault	GLCHS	23:17.1	37
38 Olympia Myers	Blessed Trin	23:28.8	38
39 Dana Vanbesien	MPSS	23:32.8	39
40 Hannah Vandenberg	Guido de Bres	23:33.1	40

41	Jinnie Yang	ND- Welland	23:33.8	41
42	Sarah Mateus	SWCSS-St. Cath	23:40.1	42
43	Shawna Walsh	ND- Welland	23:50.3	43
44	Camryn Bowler	Waterdown	23:52.3	44
45	Olivia Fyshe	Orchard Park	24:05.0	45
46	Bianca Faeaci	Blessed Trin	24:17.1	46
47	Brhett Booker	MPSS	24:17.8	47
48	Ingrid Christofferson	Westmount	24:33.5	48
49	Lily Watt	SFSS - St. Cath	24:34.0	49
50	Danielle Stull	Saltfleet	24:37.0	50
51	Leah Vermue	SWCSS-St. Cath	24:42.0	51
52	Meredith De Roos	SWCSS-St. Cath	25:01.7	52
53	Megan Johnson	SFSS - St. Cath	25:12.4	53
54	Aurora Thorpe	MPSS	25:15.8	54
55	Alexandra DeBoer	SCHS- Smithville	25:35.3	55
56	Rylie Abbott	Orchard Park	25:54.2	56
57	Sophia Wegener	EHS-St. Cath	26:19.2	57
58	Kaitlyn Savelli	MPSS	26:46.2	58
59	Makayla Beauvais	Blessed Trin	29:27.0	59
60	Katherine Pocsai	Orchard Park	29:41.4	60
61	Katja Gruchot	LCHS-Port Col	29:43.9	61
62	Sarah Gowen	LSSS-St. Cath	29:45.9	62
63	Zyanne Griffith	Sir John A M	2:25:22.3	63

### Women 5k CC Junior

### Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	E. L. Crossley - Fonthil	28	1	7	8	12	31				
	Total Time: 1:03:26.40		Average:		15:51.60						
2	Dundas Valley	58	13	14	15	16	25	29			
	Total Time: 1:25:08.10		Average:		21:17.03						
3	Eden High School - St. Ca	66	4	11	24	27	57				
	Total Time: 1:24:19.30		Average:		21:04.83						
4	Hamilton District	85	17	18	22	28					
	Total Time: 1:27:30.80		Average:		21:52.70						
5	McKinnon Park Secondary	166	26	39	47	54	58				
	Total Time: 1:35:26.20		Average:		23:51.55						
6	Winston Churchill - St. C	166	21	42	51	52					
	Total Time: 1:35:20.70		Average:		23:50.18						
7	Blessed Trinity High Scho	176	33	38	46	59					
	Total Time: 1:40:20.60		Average:		25:05.15						

### Event 6 Men 5k CC Junior

Name	Year School	Finals	Points	Alternate
1	Eric Campbell	SWCSS-St. Cath	15:40.1	1
2	Owen Lockyer	EHS-St. Cath	15:55.2	2
3	Adam Woehl	GFESS	15:55.3	3
4	Tyler Woodland	SCHS- Smithville	16:12.1	4
5	Riley Coles	SWCSS-St. Cath	16:32.2	5
6	Colton Sawatzky	ELCSS-Fonthill	16:40.3	6
7	Jacob Chant	Waterdown	16:42.3	7
8	William Porterfield	Orchard Park	16:42.9	8
9	Matthew Roda	ND- Welland	16:46.7	9
10	David Rule	Westmount	16:53.5	10
11	Trent Thorpe	EHS-St. Cath	17:06.2	11
12	Jack Chios	SFSS - St. Cath	17:13.6	12
13	Brenden Damiano	LSSS-St. Cath	17:14.6	13
14	Noah Warkentin	GFESS	17:16.9	14
15	Frank Adzijeovich	Blessed Trin	17:22.4	15

16	Jeremiah Bondoc	GSSS-St. Cath	17:28.8	16
17	Nathanial Smyth	SWCSS-St. Cath	17:30.4	17
18	Lachlan Nelson	SWCSS-St. Cath	17:43.1	18
19	Donovan Fenton	ELCSS-Fonthill	17:47.8	19
20	Lucas Cino	Blessed Trin	17:48.0	20
21	Jakob Koning	Guido de Bres	17:58.9	21
22	Ryan Beauregard	GSSS-St. Cath	18:05.5	22
23	Nathan Lefebvre	ANMSS-Niagara Fa	18:06.0	23
24	Matt Jansema	Guido de Bres	18:06.8	24
25	Patrick Fidler	ELCSS-Fonthill	18:15.7	25
26	Eesa Huq	SFSS - St. Cath	18:17.7	26
27	Isak Fransson	Westdale	18:18.5	27
28	Damian Erzar	Blessed Trin	18:20.2	28
29	Thomas Piller	SFSS - St. Cath	18:22.6	29
30	Calvin Melanson	Ancaster High	18:26.0	30
31	Nicholas Siena	Blessed Trin	18:29.9	31
32	Erik Williston	ND- Welland	18:32.8	32
33	Tyrell Shaver	BDSS-Beamsville	18:36.5	33
34	Sam Jonker	Guido de Bres	18:43.6	34
35	Matthew Varley	GSSS-St. Cath	18:50.1	35
36	Luke Diamond	Westmount	18:53.9	36
37	Aleksandar Velinovic	Orchard Park	18:55.1	37
38	Evan Van Vliet	ELCSS-Fonthill	19:01.5	38
39	Grant Roddie	Sir Allan MacNab	19:03.0	39
40	John Greenhough	Ancaster High	19:05.1	40
41	Henry Vis	Guido de Bres	19:07.5	41
42	Dylan Dumas	SPHS - Niagara F	19:08.1	42
43	Maceo Tripodi	SFSS - St. Cath	19:11.0	43
44	Carter McMaster	EHS-St. Cath	19:18.7	44
45	Dylan Pergentile	Blessed Trin	19:20.1	45
46	Eric Edwards	ESJV-Welland	19:26.5	46
47	Jimmy Singh	Robert Land Academy	19:29.0	47
48	Dapo Babajide	Thorold - Thorold	19:32.1	48
49	Aaron Oppertshauser	Hamilton District	19:40.5	49
50	Prince Deol	Waterdown	19:41.2	50
51	Jack Rupcic	GSSS-St. Cath	19:53.4	51
52	Blake Barry	Ancaster High	20:13.4	52
53	Cole Johnson	Dundas Valley	20:16.7	53
54	Reuben Harsevoort	Guido de Bres	20:26.1	54
55	Axuan Barrios	GSSS-St. Cath	20:27.5	55
56	Mark Bondy	Ancaster High	20:32.6	56
57	Jordan Hilliker	ANMSS-Niagara Fa	20:38.9	57
58	Thomas Nunan	Dundas Valley	20:41.8	58
59	Matthew Brain	Dundas Valley	20:43.1	59
60	Jacob Martin	ELCSS-Fonthill	20:45.1	60
61	Parson Whitehead	Hamilton District	20:47.1	61
62	Glen Ayres	Ancaster High	20:52.7	62
63	Kumar Joshi	PCHS-Port Colbor	20:56.6	63
64	Carter Lewis	Orchard Park	20:57.0	64
65	Juan Reyes	ND- Welland	21:09.5	65
66	Leo Saporito	SFSS - St. Cath	21:17.5	66
67	Hunter Brown	ND- Welland	21:42.2	67
68	Matthew Lazic	Orchard Park	21:58.6	68
69	David Gilles	LCHS-Port Col	22:10.2	69
70	Julio Diaz L'Hoeste	SFSS - St. Cath	22:13.2	70
71	Michael Paine	MPSS	22:16.1	71
72	Jacob Lofaro	Blessed Trin	22:16.6	72
73	Caleb Lockhart	Cayuga Secondary	22:17.7	73
74	Saurin Patel	SWCSS-St. Cath	22:19.4	74
75	Jesse Milligan	Dunnville Secondary	22:22.3	75
76	Aidan Gruchot	LCHS-Port Col	22:37.6	76
77	Frank Schuller	Guido de Bres	22:42.4	77
78	David Osorio	NCC	23:50.7	78
79	Ethan Engel	ND- Welland	24:10.1	79

80 Coll Campbell	SCIVS-NF	24:25.7	80
81 Draven Williams	ND- Welland	24:45.3	81
82 Logan Harper	Cayuga Secondary	25:13.5	82
83 Nicholas MacDonald	Cayuga Secondary	25:25.3	83

### Men 5k CC Junior

### Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Winston Churchill - St. C	41	1	5	17	18	74				
	Total Time: 1:07:25.80		Average:		16:51.45						
2	E. L. Crossley - Fonthil	88	6	19	25	38	60				
	Total Time: 1:11:45.30		Average:		17:56.33						
3	Blessed Trinity High Scho	94	15	20	28	31	45	72			
	Total Time: 1:12:00.50		Average:		18:00.13						
4	St Francis- St. Catharine	110	12	26	29	43	66	70			
	Total Time: 1:13:04.90		Average:		18:16.23						
5	Guido de Bres	120	21	24	34	41	54	77			
	Total Time: 1:13:56.80		Average:		18:29.20						
6	Governor Simcoe-St. Catha	124	16	22	35	51	55				
	Total Time: 1:14:17.80		Average:		18:34.45						
7	Notre Dame College School	173	9	32	65	67	79	81			
	Total Time: 1:18:11.20		Average:		19:32.80						
8	Orchard Park	177	8	37	64	68					
	Total Time: 1:18:33.60		Average:		19:38.40						
9	Ancaster High	178	30	40	52	56	62				
	Total Time: 1:18:17.10		Average:		19:34.28						

### Event 7 Women 6k CC Senior

Name	Year School	Finals	Points	Alternate
1 Kate Knafelc	ELCSS-Fonthill	23:00.2	1	
2 Sarah Cushnie	Westdale	23:50.9	2	
3 Larissa Adamo	ANMSS-Niagara Fa	24:08.8	3	
4 Mackenzie Damiano	LSSS-St. Cath	24:50.6	4	
5 Shayla Kuzyk	SWCSS-St. Cath	24:54.0	5	
6 Monica DeBoer	SCHS- Smithville	25:03.6	6	
7 Jenna Coles	SWCSS-St. Cath	25:08.0	7	
8 Allyson Sober	Dundas Valley	25:10.0	8	
9 Claire Vernon-Pope	Westdale	25:13.7	9	
10 Lauren Macsai	LCHS-Port Col	25:16.8	10	
11 Erin Anderson	Westdale	25:25.6	11	
12 Kristen DeBoer	Guidode Bres	25:40.4	12	
13 Bridget LeDonne	Westmount	25:42.1	13	
14 Annie Sterenberg	GLCHS	25:46.3	14	
15 Madeline Rule	Westmount	25:49.3	15	
16 Madalyn Noonan	GSSS-St. Cath	25:56.6	16	
17 Erin Schuller	Guido de Bres	26:04.5	17	
18 Taylor Jamieson-Nicholls	SPHS - Niagara F	26:08.7	18	
19 Aliyah Capon	Westdale	26:26.3	19	
20 Finn Sulentic	Dundas Valley	26:30.4	20	
21 Abigail Greenough	SWCSS-St. Cath	26:30.7	21	
22 Brenna Ainslie	WSS-Niagara Fall	26:48.7	22	
23 Rowan Watson	Dundas Valley	26:56.6	23	
24 Courtney Widmer	Guido de Bres	26:57.6	24	
25 Lexy Anonech	Dundas Valley	27:01.1	25	
26 Andrea Miotto	DMHS-St.Cath	27:03.9	26	
27 Ava Ricker-Singh	Blessed Trin	27:16.5	27	
28 Cori Macsai	LCHS-Port Col	27:17.3	28	
29 Lauren Brooks	SWCSS-St. Cath	27:20.2	29	
30 Leah Klassen	LSSS-St. Cath	27:26.7	30	
31 Sophie McMullin	SCHS- Smithville	27:31.1	31	

32	Paris Forlin	ANMSS-Niagara Fa	27:31.5	32
33	Clare Atreo	SWCSS-St. Cath	27:41.9	33
34	Olivia Morey	EHS-St. Cath	27:56.5	34
35	Beth Cushnie	Westdale	28:01.1	35
36	Ilena Ricker-Singh	Blessed Trin	28:02.2	36
37	Katrina Heeg	SCHS- Smithville	28:10.5	37
38	Bella Mcinnis	SWCSS-St. Cath	28:16.9	38
39	Alayna Jonker	Guido de Bres	28:19.0	39
40	Anjelaya Fulcher	SPHS - Niagara F	28:19.5	40
41	Margaret Taras	LCHS-Port Col	28:20.2	41
42	Megan Helmeczi	SPHS - Niagara F	28:26.5	42
43	Janelle Buist	SCHS- Smithville	28:53.8	43
44	Gina Pieneman	Blessed Trin	28:56.5	44
45	Sydney Baranoski	EHS-St. Cath	29:02.6	45
46	Hannah Hong	ANMSS-Niagara Fa	29:04.6	46
47	Emma Frketich	Westmount	29:08.1	47
48	Emilie Hamilton	ELCSS-Fonthill	29:08.4	48
49	Ava Stechey	Ancaster High	29:08.8	49
50	Carly Smith	Dunnville Secondary	29:10.2	50
51	Ashley Leggett	CSS-Welland	29:11.8	51
52	Victoria Scott	Grimsby - Grimsby	29:15.4	52
53	Mairi Long	Cayuga Secondary	29:16.5	53
54	Halle Zachar	Blessed Trin	29:20.0	54
55	Madeline Deboer	Blessed Trin	29:20.5	55
56	Grace Cooper	MPSS	29:23.5	56
57	Susan Santillan	LCHS-Port Col	29:33.1	57
58	Emma Cubitt	Westmount	29:45.3	58
59	Amber Hordyk	Guido de Bres	29:54.1	59
60	Avery Irwin	Westdale	29:59.4	60
61	Liz Sharron	DMHS-St.Cath	30:07.2	61
62	Emily Cox	Dundas Valley	30:14.8	62
63	Charlize Breukelman	GLCHS	30:26.7	63
64	Karlene Olsen	ND- Welland	30:27.8	64
65	Isabella Pop	Ancaster High	30:28.9	65
66	Briana DePaz	WSS-Niagara Fall	30:30.0	66
67	Katie Wilcox	Blessed Trin	30:43.7	67
68	Jessie Thompson	Westmount	30:51.5	68
69	Tess Potter	Ancaster High	31:20.5	69
70	Grieda Zsikla	ELCSS-Fonthill	31:27.7	70
71	Rebekah Gordon	WSS-Niagara Fall	31:30.7	71
72	Alexa McDonnell	Dunnville Secondary	31:42.3	72
73	Leah Cook	Westmount	32:09.5	73
74	Maddy Kearns	Ancaster High	32:55.0	74
75	Caitlin Campbell	PCHS-Port Colbor	32:57.0	75
76	Meghan Kopacz	MPSS	34:00.1	76
77	Suzie Suleski	WSS-Niagara Fall	35:50.2	77
78	Maddi Cnossen	MPSS	35:53.9	78

### Women 6k CC Senior

### Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Westdale	41	2	9	11	19	35	60			
	Total Time:	1:40:56.50	Average:		25:14.13						
2	Winston Churchill - St. C	62	5	7	21	29	33	38			
	Total Time:	1:43:52.90	Average:		25:58.23						
3	Dundas Valley	76	8	20	23	25	62				
	Total Time:	1:45:38.10	Average:		26:24.53						
4	Guido de Bres	92	12	17	24	39	59				
	Total Time:	1:47:01.50	Average:		26:45.38						
5	Smithville Christian High	117	6	31	37	43					
	Total Time:	1:49:39.00	Average:		27:24.75						



....Event 7 Women 6k CC Senior

6 Westmount	133	13	15	47	58	68	73
Total Time: 1:50:24.80				Average:		27:36.20	
7 Lakeshore - Port Colborne	136	10	28	41	57		
Total Time: 1:50:27.40				Average:		27:36.85	
8 Blessed Trinity High Scho	161	27	36	44	54	55	67
Total Time: 1:53:35.20				Average:		28:23.80	
9 Westlane - Niagara Falls	236	22	66	71	77		
Total Time: 2:04:39.60				Average:		31:09.90	
10 Ancaster High	257	49	65	69	74		
Total Time: 2:03:53.20				Average:		30:58.30	

Event 8 Men 6k CC Senior

Name	Year	School	Finals	Points	Alternate
1 Santiago Gaitan-Caballer	ND-	Welland	19:00.3	1	
2 Nicholas Young	SFSS -	St. Cath	19:00.8	2	
3 Taylor Mowat	SWCSS-St.	Cath	20:13.8	3	
4 Ethan Girard	SWCSS-St.	Cath	20:19.5	4	
5 Harry Lengyel	SWCSS-St.	Cath	20:26.0	5	
6 Nick Reimer	SWCSS-St.	Cath	20:27.3	6	
7 Sacha Schimmelpenninck	SWCSS-St.	Cath	20:34.4	7	
8 Ethan Summerhays	Hamilton District		20:36.6	8	
9 Carter McMaster	EHS-St.	Cath	20:42.9	9	
10 Tristan Richards	Dundas Valley		20:49.0	10	
11 Alex Meffe	SWCSS-St.	Cath	20:51.2	11	
12 Ivan Fernandez	GSSS-St.	Cath	20:55.5	12	
13 Ethan Rotsaertsmith	Dundas Valley		20:56.4	13	
14 Evan Stewart	EHS-St.	Cath	20:56.6	14	
15 Nathaniel Leighninger	Westdale		20:57.9	15	
16 Jared Attema	SCHS- Smithville		20:58.5	16	
17 Samuel Nolan	SFSS -	St. Cath	21:00.4	17	
18 Noah Lavoie	HCSS-St.	Cath	21:02.4	18	
19 Derian Free	ELCSS-Fonthill		21:15.2	19	
20 Noah Mulkewich	Westdale		21:25.0	20	
21 Malcolm Green	Westdale		21:31.2	21	
22 Liam Yoell	Westdale		21:35.8	22	
23 Robert Freeman	BDSS-Beamsville		21:38.8	23	
24 Neil Wangler	NCC		21:39.0	24	
25 Michael Huber	Blessed Trin		21:44.7	25	
26 Zack Pasma	ELCSS-Fonthill		21:46.4	26	
27 Drew Colangelo	ELCSS-Fonthill		21:50.9	27	
28 Elliott Song	ELCSS-Fonthill		21:55.3	28	
29 Mark Kondejewski	EHS-St.	Cath	21:57.9	29	
30 Logan Yates	Dundas Valley		22:07.0	30	
31 Dennis Linkert	Westdale		22:10.0	31	
32 Christian Ligtenberg	Guido de Bres		22:22.0	32	
33 Graeme Staples	ND- Welland		22:28.3	33	
34 Gerrit Oldejaans	Dundas Valley		22:29.6	34	
35 Lucas Celia	Blessed Trin		22:39.1	35	
36 Justin Vanderwoude	Guido de Bres		22:44.5	36	
37 Hunter Willis	EHS-St.	Cath	22:48.4	37	
38 Daniel Vanderwal	Guido de Bres		22:49.2	38	
39 Aidan Clarke	ELCSS-Fonthill		22:52.7	39	
40 Cole Arnold	Blessed Trin		22:54.1	40	
41 Cameron Burgess	GSSS-St.	Cath	22:55.0	41	
42 Matthew Stephen	Ancaster High		22:58.1	42	
43 Doug Linkert	Dundas Valley		22:58.8	43	
44 Adam Ismael	Westmount		22:59.0	44	
45 Logan Toldi	Blessed Trin		23:23.1	45	
46 Shawn Heerema	SCHS- Smithville		23:38.5	46	

47	Gavan Benga	Blessed Trin	23:50.2	47
48	Levi VanVeen	Guido de Bres	23:52.5	48
49	Scott Nagelhout	Robert Land Academy	23:54.6	49
50	Nick Simmonds	ANMSS-Niagara Fa	23:59.8	50
51	Mason Sterr	ELCSS-Fonthill	24:13.4	51
52	Joe Coughler	GSSS-St. Cath	24:17.8	52
53	Rourke Mather	ANMSS-Niagara Fa	24:18.7	53
54	Jayden Heidebrecht	Dundas Valley	24:24.4	54
55	Justice Ball	ANMSS-Niagara Fa	24:25.6	55
56	Daniel Cattori	NCC	24:36.8	56
57	Seth Raso	ND- Welland	24:42.1	57
58	Nelson Collee	ND- Welland	24:47.1	58
59	Graden Hodgins	Westmount	24:47.6	59
60	Grant Stewart	Waterdown	25:00.0	60
61	Jordan Beijes	Guido de Bres	25:03.1	61
62	Zachary Brown	Sir John A M	25:08.0	62
63	Isaac Turkstra	Ancaster High	25:11.0	63
64	Jakob Trickett	ANMSS-Niagara Fa	25:23.5	64
65	Jason Mannella	Blessed Trin	25:23.5	65
66	Cooper MacJanet	CSS-Welland	25:35.1	66
67	William Ye	Robert Land Academy	25:55.1	67
68	Gavin Lamothe	ESJV-Welland	25:57.7	68
69	Josiah Forde	NCC	25:57.9	69
70	Jackson Bell	Westmount	26:16.5	70
71	Danish Kumar	Ancaster High	26:23.7	71
72	Evan Carbert	Nora Henderson	26:31.6	72
73	Samuel Csuka	ND- Welland	26:38.7	73
74	Daniel Reid-Tavano	SMHS - Niagara F	26:47.9	74
75	Young Mo Lee	ND- Welland	26:49.0	75
76	Davis Gollert	ANMSS-Niagara Fa	26:52.5	76
77	Caleb Moffett	LSSS-St. Cath	29:17.0	77
78	Chris Orr	SPHS - Niagara F	29:17.0	78
79	Sam Meade	EHS-St. Cath	29:17.0	79
80	Cian Burke	SPHS - Niagara F	29:17.0	80
81	Stephen Ravensbergen	Guido de Bres	29:17.0	81

### Men 6k CC Senior

### Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Winston Churchill - St. C	18	3	4	5	6	7	11			
	Total Time: 1:21:26.60		Average:		20:21.65						
2	Westdale	78	15	20	21	22	31				
	Total Time: 1:25:29.90		Average:		21:22.48						
3	Dundas Valley	87	10	13	30	34	43	54			
	Total Time: 1:26:22.00		Average:		21:35.50						
4	Eden High School - St. Ca	89	9	14	29	37	79				
	Total Time: 1:26:25.80		Average:		21:36.45						
5	E. L. Crossley - Fonthil	100	19	26	27	28	39	51			
	Total Time: 1:26:47.80		Average:		21:41.95						
6	Blessed Trinity High Scho	145	25	35	40	45	47	65			
	Total Time: 1:30:41.00		Average:		22:40.25						
7	Notre Dame College School	149	1	33	57	58	73	75			
	Total Time: 1:30:57.80		Average:		22:44.45						
8	Guido de Bres	154	32	36	38	48	61	81			
	Total Time: 1:31:48.20		Average:		22:57.05						
9	A.N. Myer - Niagara Falls	222	50	53	55	64	76				
	Total Time: 1:38:07.60		Average:		24:31.90						