

# 2018 Ultra Throws Festival #1

McLeod Athletic Park, Langley, BC

March 24th, 2018

Hosted by Ultra Throw Club

(ultrathrow@gmail.com and ultrathrow.com)

<b>Women 20 - 34 Hammer Throw (4 Kg)</b>							
<b>Meet Record: Christina Juert October 15, 2017 <u>49.24m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina		24	Ocean Athletics			
	FOUL	46.37m	50.33m	47.10m	46.09m	FOUL	50.33m*
<b>Women 50 - 54 Hammer Throw (3 Kg)</b>							
<b>Meet Record: Nancy Smith October 15, 2017 <u>30.29m</u></b>							
Finals							<b>Best</b>
1	Smith, Nancy		54	Ocean Athletics			
	33.95m	35.14m	29.56m	29.18m	FOUL	29.97m	35.14m*
<b>Women 65 - 69 Hammer Throw (3 Kg)</b>							
<b>Meet Record: Rose Hare August 13, 2017 <u>30.08m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose		69	Ultra Throw			
	27.29m	FOUL	26.34m	FOUL	28.40m	FOUL	28.40m
<b>Women 75 - 79 Hammer Throw (2 Kg)</b>							
<b>Meet Record: Frances Steinfeld October 15, 2017 <u>17.86m</u></b>							
Finals							<b>Best</b>
1	Steinfeld, Frances		79	Ultra Throw			
	15.15m	14.26m	15.06m	FOUL	15.07m	16.31m	16.31m
<b>Men 45 - 49 Hammer Throw (7.26 Kg)</b>							
<b>Meet Record:</b>							
Finals							<b>Best</b>
1	Bhandal, Ranjit		49	Kajaks			
	27.13m	30.18m	29.43m	29.35m	30.34m	FOUL	30.34m*
<b>Men 55 - 59 Hammer Throw (6 Kg)</b>							
<b>Meet Record: Zoltan Durgo August 13, 2017 <u>35.10m</u></b>							
Finals							<b>Best</b>
1	Durgo, Zoltan		57	Kajaks			
	31.29m	FOUL	FOUL	FOUL	29.25m	28.37m	31.29m
2	Arthur, Andrew		55	Ultra Throw			
	FOUL	FOUL	27.38m	23.95m	FOUL	27.12m	27.38m
<b>Men 65 - 69 Hammer Throw (5 Kg)</b>							
<b>Meet Record: Reidar Zapf-Gilje October 15, 2017 <u>35.44m</u></b>							
Finals							<b>Best</b>
1	Bains, Mohan		67	Ultra Throw			
	FOUL	FOUL	26.86m	27.66m	28.69m	27.90m	28.69m
<b>Men 70 - 74 Hammer Throw (4 Kg)</b>							
<b>Meet Record: Harnek Toor May 28, 2017 <u>37.04m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek		71	Ultra Throw			
	30.65m	33.05m	32.36m	32.65m	31.56m	31.97m	33.05m
2	Townsend, Ken		73	UNBC			
	27.49m	FOUL	27.90m	26.92m	28.37m	28.78m	28.78m

<b>Women 20 - 34 Shot Put (4 Kg)</b>							
<b>Meet Record: Christina Juert August 13, 2017 <u>10.41m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina	24	Ocean Athletics				
	9.06m 7.72m 8.12m 8.94m 9.41m 9.95m						9.95m
<b>Women 65 - 69 Shot Put (3 Kg)</b>							
<b>Meet Record: Rose Hare August 13, 2017 <u>8.24m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose	69	Ultra Throw				
	7.27m 7.19m 7.23m 7.34m 7.17m 7.53m						7.53m
<b>Men 45 - 49 Shot Put (7.26 Kg)</b>							
<b>Meet Record:</b>							
Finals							<b>Best</b>
1	Bhandal, Ranjit	49	Kajaks				
	FOUL 8.23m 8.30m 8.09m 8.35m 8.52m						8.52m*
<b>Men 50 - 54 Shot Put (6 Kg)</b>							
<b>Meet Record: Rafal Czekajlo August 13, 2017 <u>11.44m</u></b>							
Finals							<b>Best</b>
1	Czekajlo, Rafal	52	UNBC				
	10.61m FOUL 10.57m 11.11m 10.80m FOUL						11.11m
<b>Men 55 - 59 Shot Put (6 Kg)</b>							
<b>Meet Record: Andrew Arthur May 28, 2017 <u>10.39m</u></b>							
Finals							<b>Best</b>
1	Arthur, Andrew	55	Ultra Throw				
	9.18m 9.27m 8.98m 9.12m 9.01m 8.54m						9.27m
2	Durgo, Zoltan	57	Kajaks				
	8.36m FOUL 8.34m FOUL 8.41m 8.13m						8.41m
<b>Men 60 - 64 Shot Put (5 Kg)</b>							
<b>Meet Record: Michael Deady May 28, 2017 <u>11.44m</u></b>							
Finals							<b>Best</b>
1	Natale, Andrew	62	Ultra Throw				
	7.84m 8.57m FOUL 8.22m 8.57m 8.32m						8.57m
<b>Men 65 - 69 Shot Put (5 Kg)</b>							
<b>Meet Record: Reidar Zapf-Gilje October 15, 2017 <u>11.61m</u></b>							
Finals							<b>Best</b>
1	Bains, Mohan	67	Ultra Throw				
	8.24m 8.45m 8.70m 8.69m FOUL PASS						8.70m
<b>Men 70 - 74 Shot Put (4 Kg)</b>							
<b>Meet Record: Harnek Toor October 15, 2017 <u>11.24m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek	71	Ultra Throw				
	9.65m 9.92m 10.34m 10.82m 10.69m FOUL						10.82m
2	Townsend, Ken	73	UNBC				
	8.66m 9.15m 8.78m 8.39m 8.63m 8.75m						9.15m
<b>Women 20 - 34 Discus (1 Kg)</b>							
<b>Meet Record: Christina Juert August 13, 2017 <u>37.69m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina	24	Ocean Athletics				
	FOUL 37.61m FOUL 33.05m FOUL 34.80m						37.61m

<b>Women 65 - 69 Discus (1 Kg)</b>							
<b>Meet Record: Rose Hare May 28, 2017 <u>23.52m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose	69	Ultra Throw				
	19.69m FOUL	21.62m	20.15m	FOUL	21.87m		21.87m
<b>Men 45 - 49 Discus (2 Kg)</b>							
<b>Meet Record:</b>							
Finals							<b>Best</b>
1	Bhandal, Ranjit	49	Kajaks				
	FOUL 30.05m	FOUL	FOUL	FOUL	31.00m		31.00m*
<b>Men 50 - 54 Discus (1.5 Kg)</b>							
<b>Meet Record: Rafal Czekajlo August 13, 2017 <u>37.18m</u></b>							
Finals							<b>Best</b>
1	Czekajlo, Rafal	52	UNBC				
	29.64m 33.37m	31.25m	FOUL	FOUL	FOUL		33.37m
<b>Men 55 - 59 Discus (1.5 Kg)</b>							
<b>Meet Record: Andrew Arthur May 28, 2017 <u>36.30m</u></b>							
Finals							<b>Best</b>
1	Arthur, Andrew	55	Ultra Throw				
	31.23m 33.88m	FOUL	FOUL	31.38m	32.05m		33.88m
2	Durgo, Zoltan	57	Kajaks				
	31.29m 31.85m	FOUL	30.52m	FOUL	FOUL		31.85m
<b>Men 60 - 64 Discus (1 Kg)</b>							
<b>Meet Record: Michael Deady May 28, 2017 <u>43.87m</u></b>							
Finals							<b>Best</b>
1	Natale, Andrew	62	Ultra Throw				
	25.19m 25.62m	26.79m	FOUL	26.30m	FOUL		26.79m
<b>Men 65 - 69 Discus (1 Kg)</b>							
<b>Meet Record: Reidar Zapf-Gilje October 15, 2017 <u>37.31m</u></b>							
Finals							<b>Best</b>
1	Ulis, David	69	Ultra Throw				
	31.19m FOUL	31.17m	29.22m	30.60m	31.86m		31.86m
<b>Men 70 - 74 Discus (1 Kg)</b>							
<b>Meet Record: Ken Townsend May 28, 2017 <u>31.66m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek	71	Ultra Throw				
	FOUL 31.15m	29.80m	29.65m	FOUL	26.86m		31.15m
2	Townsend, Ken	73	UNBC				
	FOUL 26.35m	28.86m	27.33m	25.04m	26.34m		28.86m
<b>Women 20 - 34 Javelin (600 g)</b>							
<b>Meet Record: Krista Woodward August 13, 2017 <u>47.66m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina	24	Ocean Athletics				
	N/A N/A	24.94m	N/A	N/A	26.23m		26.23m
<b>Women 65 - 69 Javelin (500 g)</b>							
<b>Meet Record: Marilyn Benz May 28, 2017 <u>21.97m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose	69	Ultra Throw				
	N/A N/A	15.56m	N/A	N/A	16.13m		16.13m

<b>Men 50 - 54 Javelin (700 g)</b>							
<b>Meet Record: Ray Carroll March 19, 2017 <u>36.26m</u></b>							
Finals							<b>Best</b>
1	Carroll, Ray		54	Ultra Throw			
	N/A	N/A	N/A	N/A	N/A	36.49m	36.49m*
<b>Men 55 - 59 Javelin (700 g)</b>							
<b>Meet Record: Andrew Arthur May 28, 2017 <u>33.31m</u></b>							
Finals							<b>Best</b>
1	Arthur, Andrew		55	Ultra Throw			
	N/A	N/A	29.58m	N/A	N/A	30.12m	30.12m
2	Durgo, Zoltan		57	Kajaks			
	N/A	N/A	15.68m	N/A	N/A	23.19m	23.19m
<b>Men 70 - 74 Javelin (500 g)</b>							
<b>Meet Record: Harnek Toor October 15, 2017 <u>32.54m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek		71	Ultra Throw			
	N/A	N/A	30.39m	N/A	N/A	31.77m	31.77m
2	Townsend, Ken		73	UNBC			
	N/A	N/A	25.56m	N/A	N/A	25.86m	25.86m
<b>Women 20 - 34 Weight Throw (9.08 Kg)</b>							
<b>Meet Record: Christina Juert October 15, 2017 <u>13.23m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina		24	Ocean Athletics			
	FOUL	FOUL	12.59m	13.61m	FOUL	FOUL	13.61*
<b>Women 50 - 54 Weight Throw (7.26 Kg)</b>							
<b>Meet Record: Berni Juert October 15, 2017 <u>9.46m</u></b>							
Finals							<b>Best</b>
1	Smith, Nancy		54	Ocean Athletics			
	6.30m	FOUL	6.29m	6.49m	7.29m	FOUL	7.29m
<b>Women 65 - 69 Weight Throw (5.45 Kg)</b>							
<b>Meet Record: Rose Hare August 13, 2017 <u>11.43m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose		69	Ultra Throw			
	9.88m	FOUL	FOUL	FOUL	9.85m	FOUL	9.88m
<b>Men 55 - 59 Weight Throw (11.34 Kg)</b>							
<b>Meet Record: Andrew Arthur May 28, 2017 <u>12.74m</u></b>							
Finals							<b>Best</b>
1	Durgo, Zoltan		57	Kajaks			
	8.86m	FOUL	FOUL	9.89m	10.47m	9.17m	10.47m
2	Arthur, Andrew		55	Ultra Throw			
	8.26m	10.04m	FOUL	FOUL	FOUL	9.90m	10.04m
<b>Men 70 - 74 Weight Throw (7.26 Kg)</b>							
<b>Meet Record: Harnek Toor May 28, 2017 <u>14.87m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek		71	Ultra Throw			
	14.22m	14.87m	FOUL	15.01m	14.47m	FOUL	15.01m*
2	Townsend, Ken		73	UNBC			
	11.05m	11.36m	11.11m	FOUL	11.48m	FOUL	11.48m

<b>Women 20 - 34 Super Weight (15.88 Kg)</b>							
<b>Meet Record: Christina Juert May 28, 2017 <u>8.23m</u></b>							
Finals							<b>Best</b>
1	Juert, Christina	24	Ocean Athletics				
	7.54m 8.04m 8.04m 8.24m 8.16m FOUL						8.24m*
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<b>Women 50 - 54 Super Weight (15.88 Kg)</b>							
<b>Meet Record:</b>							
Finals							<b>Best</b>
1	Smith, Nancy	54	Ocean Athletics				
	4.46m 4.00m 4.13m 4.00m 5.32m 5.14m						5.32m*
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<b>Women 65 - 69 Super Weight (9.08 Kg)</b>							
<b>Meet Record: Rose Hare May 28, 2017 <u>7.28m</u></b>							
Finals							<b>Best</b>
1	Hare, Rose	69	Ultra Throw				
	6.09m 6.51m 6.89m 7.49m 7.08m 6.32m						7.49m*
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<b>Women 75 - 79 Super Weight (7.26 Kg)</b>							
<b>Meet Record: Frances Sreinfeld August 13, 2017 <u>5.44m</u></b>							
Finals							<b>Best</b>
1	Steinfeld, Frances	79	Ultra Throw				
	4.53m 4.85m 4.07m 2.96m 4.43m 4.53m						4.85m
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<b>Men 55 - 59 Super Weight (25.41 Kg)</b>							
<b>Meet Record: Andrew Arthur August 13, 2017 <u>6.70m</u></b>							
Finals							<b>Best</b>
1	Arthur, Andrew	55	Ultra Throw				
	FOUL FOUL 5.50m 6.30m 5.86m FOUL						6.30m
2	Durgo, Zoltan	57	Kajaks				
	5.39m FOUL FOUL FOUL FOUL FOUL						5.39m
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<b>Men 70 - 74 Super Weight (15.88 Kg)</b>							
<b>Meet Record: Harnek Toor May 28, 2017 <u>7.62m</u></b>							
Finals							<b>Best</b>
1	Toor, Harnek	71	Ultra Throw				
	7.08m 7.64m 7.77m FOUL FOUL FOUL						7.77m*
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<b>Women 20 - 34 Throws Pentathlon</b>							
<b>Meet Record: Christina Juert May 28, 2017 <u>2994 points</u></b>							
	Weights	HT (4 Kg)	SP (4 Kg)	DT (1 Kg)	JT (600 g)	WT (9.08 Kg)	
Finals							<b>Points</b>
1	Juert, Christina	24	Ocean Athletics				<b>3049 pts*</b>
	Distance 50.33m 9.06m 37.61m 24.94m 12.59m Total						
	Points 940 468 608 381 652 3049						
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<b>Women 65 - 69 Throws Pentathlon</b>							
<b>Meet Record: Rose Hare August 13, 2017 <u>3728 points</u></b>							
	Weights	HT (3 Kg)	SP (3 Kg)	DT (1 Kg)	JT (500 g)	WT (5.45 Kg)	
Finals							<b>Points</b>
1	Hare, Rose	69	Ultra Throw				<b>3276 pts</b>
	Distance 27.29m 7.27m 21.62m 15.56m 9.88m Total						
	Points 854 665 630 444 683 3276						

**Men 55 - 59 Throws Pentathlon****Meet Record: Andrew Arthur May 28, 2017 3099 points**

	HT	SP	DT	JT	WT	
Weights	(6 Kg)	(6 Kg)	(1.5 Kg)	(700 g)	(11.34 Kg)	

Finals

1	Arthur, Andrew		55	Ultra Throw			<b>Points</b>
	Distance	27.38m	9.27m	33.88m	29.58m	10.04m	Total
	Points	447	592	616	436	523	2614
2	Durgo, Zoltan		57	Kajaks			<b>2248 pts</b>
	Distance	31.29m	8.36m	31.85m	15.68m	8.86m	Total
	Points	531	523	571	174	449	2248

**Men 70 - 74 Throws Pentathlon****Meet Record: Harnek Toor May 28, 2017 3557 points**

	HT	SP	DT	JT	WT	
Weights	(4 Kg)	(4 Kg)	(1 Kg)	(500 g)	(7.26 Kg)	

Finals

1	Toor, Harnek		71	Ultra Throw			<b>Points</b>
	Distance	33.05m	10.34m	31.15m	30.39m	14.87m	Total
	Points	643	682	661	604	848	3438
2	Townsend, Ken		73	UNBC			<b>2814 pts</b>
	Distance	27.90m	9.15m	28.86m	25.56m	11.36m	Total
	Points	521	589	601	485	618	2814

**Women 20 - 34 Throws Triathlon****Meet Record: Christina Juert May 28, 2017 1526 points**

	SP	DT	JT	
Weights	(4 Kg)	(1 Kg)	(600 g)	

Finals

1	Juert, Christina		24	Ocean Athletics			<b>Points</b>
	Distance		9.95m	34.80m	26.23m		Total
	Points		526	554	405		1485

**Women 65 - 69 Throws Triathlon****Meet Record: Rose Hare August 13, 2017 2066 points**

	SP	DT	JT	
Weights	(3 Kg)	(1 Kg)	(500 g)	

Finals

1	Hare, Rose		69	Ultra Throw			<b>Points</b>
	Distance		7.53m	21.87m	16.13m		Total
	Points		694	639	463		1796

**Men 55 - 59 Throws Triathlon****Meet Record: Andrew Arthur May 28, 2017 1783 points**

	SP	DT	JT	
Weights	(6 Kg)	(1.5 Kg)	(700 g)	

Finals					<b>Points</b>
1	Arthur, Andrew	55	Ultra Throw		<b>1602 pts</b>
	Distance	9.12m	32.05m	30.12m	Total
	Points	581	575	446	1602
2	Durgo, Zoltan	57	Kajaks		<b>1382 pts</b>
	Distance	8.41m	30.52m	23.19m	Total
	Points	527	541	314	1382
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<b>Men 70 - 74 Throws Triathlon</b>					
<b>Meet Record: Harnek Toor October 15, 2017 <u>2036 points</u></b>					
		SP	DT	JT	
	Weights	(4 Kg)	(1 Kg)	(500 g)	
Finals					<b>Points</b>
1	Toor, Harnek	71	Ultra Throw		<b>1980 pts</b>
	Distance	10.82m	29.65m	31.77m	Total
	Points	719	622	639	1980
2	Townsend, Ken	73	UNBC		<b>1612 pts</b>
	Distance	8.75m	27.33m	25.86m	Total
	Points	558	562	492	1612
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<b>* means bettering an existing meet record or setting a brand new record</b>					
<b>** Throws Pentathlon and Triathlon have been calculated using WMA age factor 2</b>					