

2017 Ultra Throws Festival #2

South Surrey Athletic Park

May 28th, 2017

Hosted by Ultra Throw Club

(ultrathrow@gmail.com and ultrathrow.com)

		Women 20 - 34 Hammer Throw (4 Kg)					
		Meet Record: Christina Juert		March 19, 2017		<u>42.42m</u>	
Finals							Best
1	Juert, Christina	24	Ocean Athletics				47.83m*
	47.83m FOUL	47.26m FOUL	FOUL	42.74m			
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		Women 60 - 64 Hammer Throw (3 Kg)					
		Meet Record: Joyce Essex		May 28, 2017		<u>16.82m</u>	
Finals							Best
1	Essex, Joyce	60	Greyhounds				16.82m*
	16.09m 16.82m	15.38m 15.70m	15.79m 14.85m				
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		Women 65 - 69 Hammer Throw (3 Kg)					
		Meet Record: Rose Hare		March 19, 2017		<u>25.96m</u>	
Finals							Best
1	Hare, Rose	68	Ultra Throw				29.36m*
	FOUL 27.87m	28.56m 27.64m	27.06m 29.36m				
2	Benz, Marilyn	67	Okanagan Athletics				23.35m
	21.12m 21.99m	FOUL 19.75m	23.35m FOUL				
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		Women 75 - 79 Hammer Throw (2 Kg)					
		Meet Record: Frances Steinfeld		May 28, 2017		<u>16.52m</u>	
Finals							Best
1	Steinfeld, Frances	79	Ultra Throw				16.52m*
	14.76m 15.61m	14.76m 16.15m	16.52m FOUL				
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		Men 55 - 59 Hammer Throw (6 Kg)					
		Meet Record: Zoltan Durgo		May 28, 2017		<u>34.37m</u>	
Finals							Best
1	Durgo, Zoltan	57	Kajaks				34.37m*
	FOUL FOUL	33.92m 33.05m	FOUL 34.37m				
2	Arthur, Andrew	55	Ultra Throw				31.94m
	31.94m FOUL	30.90m FOUL	31.58m FOUL				
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		Men 60 - 64 Hammer Throw (5 Kg)					
		Meet Record: Dave McDonald		March 19, 2017		<u>38.00m</u>	
Finals							Best
1	Dickey, David	63	Greyhounds				16.31m
	16.31m 13.31m	16.27m 15.66m	15.27m 15.15m				
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		Men 65 - 69 Hammer Throw (5 Kg)					
		Meet Record: David Ulis		March 19, 2017		<u>23.87m</u>	
Finals							Best
1	Bains, Mohan	66	Ultra Throw				30.24m*
	28.3m 29.50m	30.24m 29.37m	29.19m FOUL				
2	Sandhu, Hardev	68	Greyhounds				28.82m*
	FOUL 26.91m	28.25m 28.62m	28.82m 27.57m				
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		Men 70 - 74 Hammer Throw (4 Kg)					
		Meet Record: Harnek Toor		March 19, 2017		<u>33.90m</u>	
Finals							Best
1	Toor, Harnek	71	Ultra Throw				37.04m*

2	34.41m	37.04m	36.11m	36.05m	35.74m	36.15m	
	Townsend, Ken			72	UNBC		31.30m
	FOUL	FOUL	29.01m	29.28m	31.30m	FOUL	
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Men		90 - 94	Hammer Throw		(3 Kg)		
Meet Record:		Scot Henney		March 19, 2017		<u>7.95m</u>	
Finals							
1	Henney, Scot			91	Greyhounds		Best
	FOUL	13.65m	FOUL	14.72m	14.14m	FOUL	14.72m*
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Women		20 - 34	Shot Put		(4 Kg)		
Meet Record:		Christina Juert		March 19, 2017		<u>9.38m</u>	
Finals							
1	Juert, Christina			24	Ocean Athletics		Best
	9.36m	10.39m	9.18m	9.52m	10.33m	9.40m	10.39m*
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Women		55 - 59	Shot Put		(3 Kg)		
Meet Record:		Monica Pomietlarz		May 28, 2017		<u>10.57m</u>	
Finals							
1	Pomietlarz, Monica			58	Okanagan Athletics		Best
	10.57m	9.90m	10.10m	9.36m	9.34m	9.31m	10.57m*
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Women		60 - 64	Shot Put		(3 Kg)		
Meet Record:		Joyce Essex		May 28, 2017		<u>5.51m</u>	
Finals							
1	Essex, Joyce			60	Greyhounds		Best
	FOUL	4.77m	4.70m	5.51m	4.76m	4.76m	5.51m*
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Women		65 - 69	Shot Put		(3 Kg)		
Meet Record:		Rose Hare		March 19, 2017		<u>7.94m</u>	
Finals							
1	Hare, Rose			68	Ultra Throw		Best
	FOUL	7.59m	8.09m	7.91m	8.15m	8.00m	8.15m*
2	Benz, Marilyn			67	Okanagan Athletic		7.35m
	7.09m	7.23m	7.22m	7.26m	7.13m	7.36m	
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Women		75 - 79	Shot Put		(2 Kg)		
Meet Record:		Frances Steinfeld		May 28, 2017		<u>6.54m</u>	
Finals							
1	Steinfeld, Frances			79	Ultra Throw		Best
	6.15m	5.86m	5.82m	5.94m	6.54m	5.81m	6.54m*
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Men		55 - 59	Shot Put		(6 Kg)		
Meet Record:		Andrew Arthur		May 28, 2017		<u>10.39m</u>	
Finals							
1	Arthur, Andrew			55	Ultra Throw		Best
	10.31m	9.81m	10.39m	9.63m	9.54m	10.11m	10.39m*
2	Durgo, Zoltan			57	Kajaks		9.42m
	9.42m	7.84m	7.63m	8.32m	9.02m	8.99m	
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Men		60 - 64	Shot Put		(5 Kg)		
Meet Record:		Andrew Natale		March 19, 2017		<u>9.25m</u>	
Finals							
1	Deady, Michael			63	Ultra Throw		Best
	10.05m	10.63m	10.62m	11.44m	FOUL	FOUL	11.44m*
2	Natale, Andrew			61	Ultra Throw		9.83m
	8.41m	9.10m	9.07m	8.20m	9.83m	9.36m	
3	Dickey, David			63	Greyhounds		6.37m

	5.72m	5.85m	6.37m	5.88m	5.44m	5.64m	
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	Men	65 - 69	Shot Put		(5 Kg)		
	Meet Record: David Ulis				March 19, 2017	<u>8.54m</u>	
Finals							Best
1	Essex, Allan		65	Greyhounds			10.38m*
	10.20m	FOUL	9.97m	10.38m	10.12m	FOUL	
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	Men	70 - 74	Shot Put		(4 Kg)		
	Meet Record: Harnek Toor				March 19, 2017	<u>9.93m</u>	
Finals							Best
1	Toor, Harnek		71	Ultra Throw			10.48m*
	10.20m	10.10m	10.48m	10.21m	10.45m	10.45m	
2	Townsend, Ken		72	UNBC			10.02m*
	9.33m	9.66m	10.02m	9.79m	9.75m	9.62m	
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	Men	90 - 94	Shot Put		(3 Kg)		
	Meet Record: Scot Henney				March 19, 2017	<u>5.77m</u>	
Finals							Best
1	Henney, Scot		91	Greyhounds			6.26m*
	6.16m	6.14m	6.26m	FOUL	FOUL	FOUL	
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	Women	20 - 34	Discus		(1 Kg)		
	Meet Record: Christina Juert				March 19, 2017	<u>29.74m</u>	
Finals							Best
1	Juert, Christina		24	Ocean Athletics			36.05m*
	FOUL	33.13m	36.05m	35.78m	34.38m	FOUL	
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	Women	55 - 59	Discus		(1 Kg)		
	Meet Record: Monica Pomietlarz				May 28, 2017	<u>24.13m</u>	
Finals							Best
1	Pomietlarz, Monica		58	Okanagan Athletics			24.13m*
	22.10m	24.13m	FOUL	19.19m	18.50m	21.43m	
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	Women	60 - 64	Discus		(1 Kg)		
	Meet Record: Joyce Essex				May 28, 2017	<u>13.55m</u>	
Finals							Best
1	Essex, Joyce		60	Greyhounds			3.55m*
	13.55m	10.34m	FOUL	FOUL	12.66m	11.58m	
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	Women	65 - 69	Discus		(1 Kg)		
	Meet Record: Rose Hare				March 19, 2017	<u>22.92m</u>	
Finals							Best
1	Hare, Rose		68	Ultra Throw			23.52m*
	21.24m	23.52m	21.75m	18.96m	23.50m	19.95m	
2	Benz, Marilyn		67	Okanagan Athletics			17.06m
	16.86m	16.74m	FOUL	17.06m	17.04m	FOUL	
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	Women	75 - 79	Discus		(0.75 Kg)		
	Meet Record: Frances Steinfeld				May 28, 2017	<u>13.64m</u>	
Finals							Best
1	Steinfeld, Frances		79	Ultra Throw			13.64m*
	12.21m	11.69m	13.64m	13.48m	12.42m	13.47m	
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	Men	55 - 59	Discus		(1.5 Kg)		
	Meet Record: Andrew Arthur				May 28, 2017	<u>36.30m</u>	
Finals							Best
1	Arthur, Andrew		55	Ultra Throw			36.30m*

2	36.19m Durgo, Zoltan 33.40m	36.30m FOUL	32.71m FOUL	35.01m 57 FOUL	34.99m Kajaks FOUL	FOUL FOUL	33.40m
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Men 60 - 64		Discus		(1 Kg)			
Meet Record: Dave McDonald				March 19, 2017		<u>36.61m</u>	
Finals							Best
1	Deady, Michael 39.19m	41.34m	FOUL	63 43.87m	Ultra Throw 41.57m	FOUL	43.87m*
2	Natale, Andrew 28.69m	FOUL	22.99m	61 27.24m	Ultra Throw 27.31m	FOUL	28.69m
3	Dickey, David 23.40m	23.35m	FOUL	63 FOUL	Greyhounds 20.62m	FOUL	23.40m
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Men 65 - 69		Discus		(1 Kg)			
Meet Record: David Ulis				March 19, 2017		<u>27.99m</u>	
Finals							Best
1	Essex, Allan 32.55m	32.48m	33.42m	65 29.23m	Greyhounds 34.54m	33.41m	34.54m*
2	Sandhu, Hardev 25.31m	26.72m	25.47m	68 FOUL	Greyhounds 20.83m	FOUL	26.72m
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Men 70 - 74		Discus		(1 Kg)			
Meet Record: Ken Townsend				March 19, 2017		<u>28.92m</u>	
Finals							Best
1	Townsend, Ken 28.46m	31.66m	31.27m	72 FOUL	UNBC 30.22m	28.37m	31.66m*
2	Toor, Harnek 28.46m	31.66m	31.27m	71 FOUL	Ultra Throw 30.22m	28.37m	28.46m
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Men 90 - 94		Discus		(1 Kg)			
Meet Record: Scot Henney				March 19, 2017		<u>12.96m</u>	
Finals							Best
1	Henney, Scot 13.46m	13.39m	11.64m	91 14.61m	Greyhounds 14.22m	12.99m	14.61m*
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Women 20 - 34		Javelin		(600 g)			
Meet Record: Christina Juert				March 19, 2017		<u>23.70m</u>	
Finals							Best
1	Juert, Christina 24.02m	FOUL	23.62m	24 24.15m	Ocean Athletics 26.05m	23.08m	26.06m*
	Woodward, Krista DNS			32	UNBC		
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Women 55 - 59		Javelin		(500 g)			
Meet Record: Monica Pomietlarz				March 19, 2017		<u>26.64m</u>	
Finals							Best
1	Pomietlarz, Monica 26.64m	25.52m	25.36m	58 25.9m	Okanagan Athletics 22.62m	FOUL	26.64m*
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Women 65 - 69		Javelin		(500 g)			
Meet Record: Rose Hare				March 19, 2017		<u>17.90m</u>	
Finals							Best
1	Benz, Marilyn 21.27m	21.79m	21.43m	67 FOUL	Okanagan Athletics 21.97m	20.99m	21.97m*
2	Hare, Rose FOUL	16.89m	15.72m	68 16.00m	Okanagan Athletics 16.73m	16.05m	16.89m

Men 50 - 54 Javelin (700 g)							
Meet Record: Ray Carroll March 19, 2017 <u>36.26m</u>							
Finals							Best
1	Carroll, Ray		53	Greyhounds			35.86m
	35.29m	34.18m	FOUL	30.98m	33.41m	35.86m	
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Men 55 - 59 Javelin (700 g)							
Meet Record: Andrew Arthur May 28, 2017 <u>33.31m</u>							
Finals							Best
1	Arthur, Andrew		55	Ultra Throw			33.31m
	29.89m	33.04m	33.31m	29.99m	32.07m	31.97m	
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Men 60 - 64 Javelin (600 g)							
Meet Record: John Hodgson March 19, 2017 <u>33.14m</u>							
Finals							Best
1	Hodgson, John		62	Ultra Throw			34.54m*
	30.26m	30.84m	33.02m	32.55m	FOUL	34.54m	
2	Dickey, David		63	Greyhounds			12.52m
	9.71m	12.52m	11.24m	12.07m	11.47m	11.01m	
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Men 70 - 74 Javelin (500 g)							
Meet Record: Harnek Toor March 19, 2017 <u>31.11m</u>							
Finals							Best
1	Toor, Harnek		71	Ultra Throw			32.40m*
	29.02m	32.40m	29.64m	FOUL	27.28m	30.55m	
2	Townsend, Ken		72	UNBC			30.08m
	29.15m	28.79m	29.05m	28.63m	29.33m	30.38m	
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Men 90 - 94 Javelin (400 g)							
Meet Record: Scot Henney March 19, 2017 <u>14.25m</u>							
Finals							Best
1	Henney, Scot		91	Greyhounds			14.85m*
	14.85m	13.53m	8.90m	11.11m	FOUL	14.23m	
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Women 20 - 34 Weight Throw (9.08 Kg)							
Meet Record: Christina Juert March 19, 2017 <u>12.37m</u>							
Finals							Best
1	Juert, Christina		24	Ocean Athletics			11.97m
	11.75m	FOUL	11.97m	FOUL	FOUL	11.16m	
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Women 60 - 64 Weight Throw (7.26 Kg)							
Meet Record: Joyce Essex May 28, 2017 <u>6.46m</u>							
Finals							Best
1	Essex, Joyce		60	Greyhounds			6.46m*
	6.46m	5.35m	FOUL	5.15m	6.03m	FOUL	
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Women 65 - 69 Weight Throw (5.45 Kg)							
Meet Record: Rose Hare March 19, 2017 <u>10.58m</u>							
Finals							Best
1	Hare, Rose		68	Ultra Throw			11.21m*
	FOUL	10.98m	10.62m	11.21m	10.84m	FOUL	
2	Benz, Marilyn		67	Okanagan Athletics			8.88m
	8.88m	FOUL	7.03m	7.57m	FOUL	FOUL	
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Women 75 - 79 Weight Throw (4 Kg)							
Meet Record: Frances Steinfeld May 28, 2017 <u>7.74m</u>							
Finals							Best
1	Steinfeld, Frances		79	Ultra Throw			7.74m*

	6.99m	7.17m	7.10m	FOUL	7.29m	7.74m	
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	Men	55 - 59	Weight Throw		(11.34 Kg)		
	Meet Record: Andrew Arthur			May 28, 2017		<u>12.74m</u>	
Finals							Best
1	Arthur, Andrew		55	Ultra Throw			12.74m*
	12.11m	11.62m	12.74m	12.72m	FOUL	FOUL	
2	Durgo, Zoltan		57	Kajaks			11.85m
	FOUL	FOUL	9.77m	10.96m	11.85m	FOUL	
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	Men	65 - 69	Weight Throw		(9.08 Kg)		
	Meet Record: David Ulis			March 19, 2017		<u>10.34m</u>	
Finals							Best
1	Sandhu, Hardev		68	Greyhounds			12.02m*
	11.34m	12.02m	11.36m	11.88m	FOUL	11.94m	
2	Bains, Mohan		66	Ultra Throw			11.98m*
	11.30m	11.98m	11.56m	11.22m	FOUL	10.61m	
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	Men	70 - 74	Weight Throw		(7.26 Kg)		
	Meet Record: Harnek Toor			March 19, 2017		<u>13.64m</u>	
Finals							Best
1	Toor, Harnek		71	Ultra Throw			14.87m*
	14.15m	14.87m	14.22m	13.54m	FOUL	13.80m	
2	Townsend, Ken		72	UNBC			13.15m
	12.03m	FOUL	FOUL	11.83m	13.15m	FOUL	
3	Shah, Surinder		74	Greyhounds			10.05m
	8.94m	9.11m	9.18m	9.58m	9.68m	10.05m	
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	Men	90 - 94	Weight Throw		(5.45 Kg)		
	Meet Record: Scot Henney			March 19, 2017		<u>6.10m</u>	
Finals							Best
1	Henney, Scot		91	Greyhounds			6.47m*
	6.17m	FOUL	5.81m	5.19m	6.31m	6.47m	
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	Women	20 - 34	Super Weight		(15.88 Kg)		
	Meet Record: Christina Juert			May 28, 2017		<u>7.73m</u>	
Finals							Best
1	Juert, Christina		24	Ocean Athletics			7.73m*
	7.55m	FOUL	7.77m	7.93m	7.20m	FOUL	
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	Women	65 - 69	Super Weight		(9.08 Kg)		
	Meet Record: Rose Hare			May 28, 2017		<u>7.28m</u>	
Finals							Best
1	Hare, Rose		68	Ultra Throw			7.28m*
	6.82m	7.28m	7.06m	7.13m	FOUL	6.85m	
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	Women	75 - 79	Super Weight		(7.26 Kg)		
	Meet Record: Frances Sreinfeld			May 28, 2017		<u>5.23m</u>	
Finals							Best
1	Sreinfeld, Frances		79	Ultra Throw			5.23m*
	4.99m	5.23m	4.49m	4.90m	4.75m	3.88m	
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	Men	55 - 59	Super Weight		(25.41 Kg)		
	Meet Record: Zoltan Durgo			May 28, 2017		<u>5.02m</u>	
Finals							Best
1	Durgo, Zoltan		57	Kajaks			5.02m*
	3.90m	FOUL	FOUL	FOUL	4.39m	5.02m	
2	Arthur, Andrew		55	Ultra Throw			4.85m

	FOUL	4.85m	FOUL	FOUL	FOUL	4.05m	
Men 65 - 69 Super Weight (20 Kg)							
Meet Record: Hardev Sandhu May 28, 2017 4.86m							
Finals							Best
1	Sandhu, Hardev		68	Greyhounds			4.86m*
	3.85m	4.78m	4.86m	4.59m	4.59m	4.60m	
Men 70 - 74 Super Weight (11.34 Kg)							
Meet Record: Harnek Toor May 28, 2017 7.62m							
Finals							Best
1	Toor, Harnek		71	Ultra Throw			7.62m*
	6.67m	FOUL	FOUL	6.00m	6.35m	7.62m	
2	Shah, Surinder		74	Greyhounds			5.35m
	4.75m	5.00m	4.92m	5.28m	5.35m	5.32m	
3	Townsend, Ken		72	UNBC			5.18m
	FOUL	3.62m	5.18m	FOUL	4.35m	FOUL	
Women 20 - 34 Throws Pentathlon							
Meet Record: Christina Juert March 19, 2017 2662 points							
	Weights	HT (4 Kg)	SP (4 Kg)	DT (1 Kg)	JT (600 g)	WT (9.08 Kg)	
Finals							Points
1	Juert, Christina		24	Ocean Athletics			2994 pts*
	Distance	47.83m	10.39m	36.05m	24.02m	11.97m	Total
	Points	884	555	578	364	613	2994
Women 65 - 69 Throws Pentathlon							
Meet Record: Rose Hare March 19, 2017 3412 points							
	Weights	HT (3 Kg)	SP (3 Kg)	DT (1 Kg)	JT (500 g)	WT (5.45 Kg)	
Finals							Points
1	Hare, Rose		68	Ultra Throw			3617 pts*
	Distance	28.56m	8.09m	23.52m	16.89m	10.98m	Total
	Points	903	755	696	490	773	3617
2	Benz, Marilyn		67	Okanagan Athletics			3043 pts
	Distance	21.99m	7.23m	16.86m	21.79m	8.88m	Total
	Points	655	661	467	659	601	3043
Men 55 - 59 Throws Pentathlon							
Meet Record: Andrew Arthur May 28, 2017 3099 points							
	Weights	HT (6 Kg)	SP (6 Kg)	DT (1.5 Kg)	JT (700 g)	WT (11.34 Kg)	
Finals							Points
1	Arthur, Andrew		55	Ultra Throw			3099 pts*
	Distance	31.94m	10.39m	36.30m	33.31m	12.74m	Total
	Points	545	679	671	509	695	3099
Men 70 - 74 Throws Pentathlon							
Meet Record: Harnek Toor March 19, 2017 3274 points							
	Weights	HT (4 Kg)	SP (4 Kg)	DT (1 Kg)	JT (500 g)	WT (7.26 Kg)	

Finals							Points
1	Toor, Harnek	71	Ultra Throw				3478 pts*
	Distance	37.04m	10.48m	26.61m	32.40m	14.87m	Total
	Points	739	693	544	654	848	3478
2	Townsend, Ken	72	UNBC				3113 pts
	Distance	29.01m	10.02m	31.66m	29.15m	12.03m	Total
	Points	547	657	674	573	662	3113
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Men		90 - 94	Throws Pentathlon				
Meet Record:		Scot Henney	March 19, 2017	<u>2203 points</u>			
		HT	SP	DT	JT	WT	
	Weights	(3 Kg)	(3 Kg)	(1 Kg)	(400 g)	(5.45 Kg)	
Finals							Points
1	Henney, Scot	91	Greyhounds				2575 pts*
	Distance	13.65m	6.26m	13.46m	14.85m	6.17m	Total
	Points	475	620	521	490	469	2575
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Women		20 - 34	Throws Triathlon				
Meet Record:		Christina Juert	March 19, 2017	<u>1210 points</u>			
		SP	DT	JT			
	Weights	(4 Kg)	(1 Kg)	(600 g)			
Finals							Points
1	Juert, Christina	24	Ocean Athletics				1526 pts*
	Distance	10.33m	35.78m	26.02m			Total
	Points	551	573	402			1526
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Women		65 - 69	Throws Triathlon				
Meet Record:		Rose Hare	March 19, 2017	<u>1859 points</u>			
		SP	DT	JT			
	Weights	(3 Kg)	(1 Kg)	(500 g)			
Finals							Points
1	Hare, Rose	68	Ultra Throw				1942 pts*
	Distance	8.15m	23.50m	16.73m			Total
	Points	762	696	484			1942
2	Benz, Mailyn	67	Okangan Athletics				1814 pts
	Distance	7.36m	17.06m	21.97m			Total
	Points	675	473	666			1814
<hr/>							
Men		55 - 59	Throws Triathlon				
Meet Record:		Andrew Arthur	May 28, 2017	<u>1783 points</u>			
		SP	DT	JT			
	Weights	(6 Kg)	(1.5 Kg)	(700 g)			
Finals							Points
1	Arthur, Andrew	55	Ultra Throw				1783 pts*
	Distance	10.11m	35.01m	32.07m			Total
	Points	657	642	484			1783

Men 60 - 64 Throws Triathlon						
Meet Record: Andrew Natale			March 19, 2017		<u>1259 points</u>	
		SP	DT	JT		
	Weights	(5 Kg)	(1 Kg)	(600 g)		
Finals						Points
1	Dickey, David	63		Greyhounds		858 pts
	Distance	6.37m	23.40m	12.52m	Total	
	Points	363	364	131	858	
Men 70 - 74 Throws Triathlon						
Meet Record: Harnek Toor			March 19, 2017		<u>1876 points</u>	
		SP	DT	JT		
	Weights	(4 Kg)	(1 Kg)	(500 g)		
Finals						Points
1	Toor, Harnek	71		Ultra Throw		1889 pts*
	Distance	10.45m	28.46m	30.55m	Total	
	Points	690	591	608	1889	
2	Townsend, Ken	72		UNBC		1880 pts*
	Distance	9.79m	30.22m	30.38m	Total	
	Points	639	637	604	1880	
Men 90 - 94 Throws Triathlon						
Meet Record: Scot Henney			March 19, 2017		<u>1439 points</u>	
		SP	DT	JT		
	Weights	(3 Kg)	(1 Kg)	(400 g)		
Finals						Points
1	Henney, Scot	91		Greyhounds		1040 pts
	Distance	0.00m	14.61m	14.23m	Total	
	Points	0	577	463	1040	
* means bettering an existing meet record or setting a brand new record						
** all Throws Pentathlon & Triathlon have been upgraded using age factor 2014						