2017 Ultra Throws Festival #2

South Surrey Athletic Park May 28th, 2017

Hosted by Ultra Throw Club

(ultrathrow@gmail.com and ultrathrow.com)

			and ultrathrow.com)		
		Hammer Throw	(4 Kg)	45.55	
Finals	Meet Record: Chris	tina Juert	March 19, 2017	<u>42.42m</u>	Post
Finais 1	Juert, Christina	24	Ocean Athletics		Best 47.83m*
1		47.26m FOUL		74m	77.03111
		Hammer Throw			
et I.	Meet Record: Joyce	e Essex	May 28, 2017	<u>16.82m</u>	5
Finals	Eccov Journa	60	Greyhounds		Best 16.82m*
1	Essex, Joyce	15.38m 15.70		35m	10.82111
	10.02111	15.56111 15.70	15.75111 14.0	55111	
 -	Women 65 - 69	Hammer Throw	——————————————————————————————————————		
	Meet Record: Rose		March 19, 2017	<u>25.96m</u>	
Finals	5				Best
1	Hare, Rose	68 28.56m 27.64		26m	29.36m*
2	FOUL 27.87m Benz, Marilyn	28.56m 27.64 67		36m ics	23.35m
_	21.12m 21.99m		m 23.35m FOL	JL	25.55111
		. 552 15.75	25.55 100	-	
		Hammer Throw			
	Meet Record: Fran	ces Steinfeld	May 28, 2017	<u>16.52m</u>	
Finals	Ctainfold Frances	70	Liltua Thuass		Best
1	Steinfeld, Frances	79 14.76m 16.15	Ultra Throw m 16.52m FOl	11	16.52m*
	14.70111 13.01111	14.70111 10.15	10.32III FUL	<i>,</i> L	
		Hammer Throw	— - (6 Kg)		
	Men 55 - 59 Meet Record: Zolta		(6 Kg) May 28, 2017	34.37m	
Finals	Meet Record: Zolta	n Durgo	May 28, 2017	<u>34.37m</u>	Best
Finals	Meet Record: Zolta Durgo, Zoltan	i n Durgo 57	May 28, 2017 Kajaks		Best 34.37m*
1	Meet Record: Zolta Durgo, Zoltan FOUL FOUL	i n Durgo 57 33.92m 33.05	May 28, 2017 Kajaks m FOUL 34.:	34.37m 37m	34.37m*
	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew	n Durgo 57 33.92m 33.05 55	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw	37m	
1	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL	57 33.92m 33.05 55 30.90m FOUL	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU	37m	34.37m*
1	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL	57 33.92m 33.05 55 30.90m FOUL	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU	37m JL	34.37m*
1 2 	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL	57 33.92m 33.05 55 30.90m FOUL	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU	37m	34.37m* 31.94m
1 2 	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave	57 33.92m 33.05 55 30.90m FOUL Hammer Throw	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017	37m JL	34.37m* 31.94m
1 2 	Meet Record: Zolta Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds	37m JL 	34.37m* 31.94m
1 2 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3	37m JL	34.37m* 31.94m
1 2 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3	37m JL 	34.37m* 31.94m
1 2 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3	37m JL 	34.37m* 31.94m Best 16.31m
1 2 — — — Finals 1 — — — Finals	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017	37m JL <u>38.00m</u> 15m	34.37m* 31.94m Best 16.31m Best
1 2 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017 Ultra Throw	37m JL 38.00m 15m 23.87m	34.37m* 31.94m Best 16.31m
1 2 Finals 1 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37	May 28, 2017 Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017 Ultra Throw m 29.19m FOU	37m JL 38.00m 15m 23.87m	34.37m* 31.94m Best 16.31m Best 30.24m*
1 2 — — — Finals 1 — — — Finals	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m Sandhu, Hardey	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37 68	Kajaks m FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017 Ultra Throw m 29.19m FOU Greyhounds	37m JL 38.00m 15m 23.87m	34.37m* 31.94m Best 16.31m Best
1 2 Finals 1 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m Sandhu, Hardey FOUL 26.91m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37 68 28.25m 28.62	Kajaks May 28, 2017 Kajaks FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds March 19, 2017 Ultra Throw 29.19m FOU Greyhounds March 28.82m 27.5	37m JL <u>38.00m</u> 15m <u>23.87m</u>	34.37m* 31.94m Best 16.31m Best 30.24m*
1 2 Finals 1 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m Sandhu, Hardev FOUL 26.91m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37 68 28.25m 28.62 Hammer Throw	Kajaks FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017 Ultra Throw m 29.19m FOU Greyhounds m 28.82m 27.3	37m JL 38.00m 15m 23.87m JL	34.37m* 31.94m Best 16.31m Best 30.24m*
1 2	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m Sandhu, Hardey FOUL 26.91m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37 68 28.25m 28.62 Hammer Throw	Kajaks May 28, 2017 Kajaks FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds March 19, 2017 Ultra Throw 29.19m FOU Greyhounds March 28.82m 27.5	37m JL <u>38.00m</u> 15m <u>23.87m</u>	34.37m* 31.94m Best 16.31m Best 30.24m* 28.82m*
1 2 Finals 1 	Durgo, Zoltan FOUL FOUL Arthur, Andrew 31.94m FOUL Men 60 - 64 Meet Record: Dave Dickey, David 16.31m 13.31m Men 65 - 69 Meet Record: David Bains, Mohan 28.3m 29.50m Sandhu, Hardev FOUL 26.91m	57 33.92m 33.05 55 30.90m FOUL Hammer Throw McDonald 63 16.27m 15.66 Hammer Throw d Ulis 66 30.24m 29.37 68 28.25m 28.62 Hammer Throw	Kajaks FOUL 34.3 Ultra Throw 31.58m FOU (5 Kg) March 19, 2017 Greyhounds m 15.27m 15.3 (5 Kg) March 19, 2017 Ultra Throw m 29.19m FOU Greyhounds m 28.82m 27.3	37m JL 38.00m 15m 23.87m JL	34.37m* 31.94m Best 16.31m Best 30.24m*

2	Townsend,	, Ken		72	35.74m UNBC 31.30m		n	31.30m
Finals	Meet Reco	rd: Scot He	enney	,	(3 Kg) March 19, 201 Greyhounds 14.14m	7		Best 14.72m*
				14.72111	17.17111			
	Women	<u> 20 - 34</u>	Shot Put	:	(4 Kg)			
Finals	Meet Reco	ord: Christin	na Juert		March 19, 201	17	<u>9.38m</u>	Best
1	Juert, Chris 9.36m	stina 10.39m	9.18m	24 9.52m	Ocean Athle 10.33m	tics 9.4om		10.39m*
— - — - — - · Finals	Women Meet Reco	55 - 59 ord: Monica	Shot Put Pomietl	arz	(3 Kg) May 28, 2017	— - — - ,	<u>10.57m</u>	Best
1					Okanagan A [.] 9.34m			10.57m*
	Women	60 - 64	Shot Put	:	(3 Kg) May 28, 2017			
Finals								Best
1	FOUL	4.77m	4.70m	5.51m	Greyhounds 4.76m	4.76m		5.51m*
	Women Meet Peco	65 - 69	Shot Put		(3 Kg) March 19, 201		7.94m	
Finals	Wieet Neco	iu. Nose ni	uie					
							<u> </u>	Best
1	Hare, Rose	7 59m		68	Ultra Throw			Best 8.15m*
1 2	FOUL Benz, Mari	7.59m lyn	8.09m	68 7.91m 67	Ultra Throw 8.15m Okanagan Ath	8.00m nletic		
	FOUL Benz, Mari	7.59m lyn	8.09m	68 7.91m 67	Ultra Throw 8.15m	8.00m nletic		8.15m*
2	FOUL Benz, Mari 7.09m Women	7.59m lyn	8.09m 7.22m Shot Put	68 7.91m 67 7.26m	Ultra Throw 8.15m Okanagan Ath	8.00m nletic 7.36m		8.15m* 7.35m
	FOUL Benz, Mari 7.09m Women	7.59m lyn 7.23m 75 - 79 rd: Frances	8.09m 7.22m Shot Put	68 7.91m 67 7.26m	Ultra Throw 8.15m Okanagan Ath 7.13m	8.00m nletic 7.36m	<u>6.54m</u>	8.15m*
2 — - —	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men	7.59m lyn 7.23m 75 - 79 rd: Frances Frances 5.86m	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Put	7.91m 67 7.26m d 79 5.94m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m	8.00m nletic 7.36m ———— 7	 6.54m	8.15m* 7.35m Best
2 Finals 1	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men	7.59m lyn 7.23m 75 - 79 76: Frances Frances 5.86m	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Put	7.91m 67 7.26m d 79 5.94m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m	8.00m nletic 7.36m ———— 7	<u>6.54m</u>	8.15m* 7.35m Best 6.54m*
2 — - —	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And	7.59m lyn 7.23m 75 - 79 rd: Frances 5.86m 55 - 59 rd: Andrew drew	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Put	7.91m 67 7.26m 67 7.26m 5.94m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017	8.00m nletic 7.36m 7 5.81m	6.54m 10.39m	8.15m* 7.35m Best
2 Finals 1 Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco	7.59m lyn 7.23m 75 - 79 rd: Frances 5.86m 55 - 59 rd: Andrew drew 9.81m	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Put	7.91m 67 7.26m d 79 5.94m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017	8.00m nletic 7.36m ———— 7	6.54m 10.39m	8.15m* 7.35m Best 6.54m*
Einals Finals Finals Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And 10.31m	7.59m lyn 7.23m 75 - 79 rd: Frances 5.86m 55 - 59 rd: Andrew drew 9.81m	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Put	7.91m 67 7.26m d 79 5.94m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017 Ultra Throw 9.54m	8.00m nletic 7.36m 7 5.81m	<u>6.54m</u> <u>10.39m</u>	8.15m* 7.35m Best 6.54m* Best 10.39m*
Einals Finals Finals Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And 10.31m Durgo, Zolt 9.42m	7.59m lyn 7.23m 75 - 79 76 - 79 76 - 79 77 - 79 78 - 79	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Puts Arthur 10.39m 7.63m Shot Pu	7.91m 67 7.26m 79 5.94m 55 9.63m 57 8.32m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017 Ultra Throw 9.54m Kajaks 9.02m	8.00m nletic 7.36m 5.81m 10.11i 8.99m	6.54m 10.39m	8.15m* 7.35m Best 6.54m* Best 10.39m*
2 Finals 1 Finals 2 Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And 10.31m Durgo, Zolt 9.42m Men Meet Reco	7.59m lyn 7.23m 7.23m 75 - 79 rd: Frances 5.86m 55 - 59 rd: Andrew 9.81m tan 7.84m 60 - 64 rd: Andrew	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Puts Arthur 10.39m 7.63m 7.63m Shot Puts Natale	7.91m 67 7.26m 79 5.94m 55 9.63m 57 8.32m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017 Ultra Throw 9.54m Kajaks 9.02m (5 Kg) March 19, 202	8.00m nletic 7.36m 5.81m 10.11i 8.99m	<u>6.54m</u> <u>10.39m</u>	8.15m* 7.35m Best 6.54m* Best 10.39m*
Finals 1 Finals 2 Finals 1 2 Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And 10.31m Durgo, Zolt 9.42m Men Meet Reco Deady, Mid 10.05m	7.59m lyn 7.23m 75 - 79 rd: Frances 5.86m 55 - 59 rd: Andrew 9.81m tan 7.84m 60 - 64 rd: Andrew	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Puts Arthur 10.39m 7.63m Shot Pu	68 7.91m 67 7.26m 79 5.94m 55 9.63m 57 8.32m t	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017 Ultra Throw 9.54m Kajaks 9.02m (5 Kg) March 19, 202 Ultra Throw FOUL	8.00m nletic 7.36m 5.81m 10.11i 8.99m	6.54m 10.39m	8.15m* 7.35m Best 6.54m* Best 10.39m* 9.42m Best 11.44m*
2 Finals 1 Finals 2 Finals	FOUL Benz, Mari 7.09m Women Meet Reco Steinfeld, F 6.15m Men Meet Reco Arthur, And 10.31m Durgo, Zolt 9.42m Men Meet Reco	7.59m lyn 7.23m 7.23m 7.5 - 79 rd: Frances 5.86m 55 - 59 drew 9.81m tan 7.84m 60 - 64 rd: Andrew chael 10.63m drew 9.10m	8.09m 7.22m Shot Puts Steinfeld 5.82m Shot Puts Arthur 10.39m 7.63m 7.63m Shot Puts Natale	68 7.91m 67 7.26m d 79 5.94m 55 9.63m 57 8.32m	Ultra Throw 8.15m Okanagan Ath 7.13m (2 Kg) May 28, 2012 Ultra Throw 6.54m (6 Kg) May 28, 2017 Ultra Throw 9.54m Kajaks 9.02m (5 Kg) March 19, 202	8.00m nletic 7.36m 7 5.81m 10.11i 8.99m	6.54m 10.39m	8.15m* 7.35m Best 6.54m* Best 10.39m* 9.42m Best

	5.72m	5.85m	6.37m	5.88m	5.44m	5.64m		
Finals	Men Meet Rec	65 - 69 ord: David	Shot Pu Ulis	t	(5 Kg) March 19, 201	17	8.54m	Best
1	Essex, Alla 10.20m	an FOUL	9.97m	65 10.38m	Greyhounds 10.12m	FOUL		10.38m*
 Finals	Men Meet Rec	70 - 74 ord: Harne	Shot Pu k Toor	it	(4 Kg) March 19, 201	 17	9.93m	Best
1 2	10.20m Townsend	l Ken	10.48m	10.21m 72	Ultra Throw 10.45m UNBC 9.75m	10.45m	1	10.48m* 10.02m*
	Men Meet Rec	90 - 94 ord: Scot H	Shot Pu enney	it	(3 Kg) March 19, 202	 1 <i>7</i>	 <u>5.77m</u>	
Finals 1					Greyhounds FOUL			Best 6.26m*
	Women	20 - 34	Discus		(1 Kg) March 19, 201			
Finals 1					March 19, 201 Ocean Athlet 34.38m		<u>29.74m</u>	Best 36.05m*
L		<u> 55 - 59 - </u>	Discus		71 Kg) — -			
Finals	Meet Rec	ord: Monic	a Pomietl	arz	May 28, 2017	7		Best
1	22.10m	24.13m	FOUL	19.19m	Okanagan At 18.50m	nietics 21.43m	1	24.13m*
Finals	Women Meet Rec	60 - 64 ord: Joyce	Discus Essex	· - -	(1 Kg) May 28, 2017	·	13.55m	Best
1	Essex, Joy 13.55m	rce 10.34m	FOUL	60 FOUL	Greyhounds 12.66m		١	3.55m*
Finals		65 - 69 ord: Rose F		· - -	(1 Kg) March 19, 201	17	<u>22.92m</u>	Best
2	Hare, Ros 21.24m Benz, Mai 16.86m	23.52m	21.75m FOUL	68 18.96m 67 17.06m	Okanagan At	19.95m hletics FOUL	1	23.52m* 17.06m
Finals		75 - 79 ord: France			(0.75 Kg) May 28, 2017	<u> </u>	<u>13.64m</u>	Best
1	Steinfeld, 12.21m	Frances 11.69m	13.64m	79 13.48m	Ultra Throw 12.42m	13.47m	1	13.64m*
Finals		55 - 59 ord: Andre			(1.5 Kg) May 28, 2017		<u>36.30m</u>	Post
Finals 1	Arthur, Aı	ndrew		55	Ultra Throw			Best 36.30m*

2	Durgo, Zoltan 33.40m FOUL	FOUL FOUL	Kajaks FOUL FO		33.40m
Finals 1 2 3	Men 60 - 64 Meet Record: Dave N Deady, Michael 39.19m 41.34m Natale, Andrew 28.69m FOUL Dickey, David 23.40m 23.35m	AcDonald 63 FOUL 43.87n 61 22.99m 27.24n 63	Ultra Throw 1 41.57m FOI Ultra Throw 1 27.31m FOI Greyhounds	JL	Best 43.87m* 28.69m 23.40m
Finals 1 2	Men 65 - 69 Meet Record: David (Essex, Allan 32.55m 32.48m Sandhu, Hardev 25.31m 26.72m	65 33.42m 29.23n 68 25.47m FOUL	Greyhounds 20.83m FO	41m	Best 34.54m* 26.72m
Finals 1 2	Men 70 - 74 Meet Record: Ken To Townsend, Ken 28.46m 31.66m Toor, Harnek 28.46m 31.66m	wnsend 72 31.27m FOUL 71	30.22m 28. Ultra Throw	28.92m 37m 37m	Best 31.66m* 28.46m
<u> </u>					
Finals 1	,,	enney	(1 Kg) <i>March 19, 2017</i> Greyhounds 1 14.22m 12.		Best 14.61m*
	Meet Record: Scot He Henney, Scot 13.46m 13.39m Women 20 - 34 Meet Record: Christin Juert, Christina	91 11.64m 14.61n Javelin	March 19, 2017 Greyhounds 14.22m 12. (600 g) March 19, 2017 Ocean Athletics		
1 Finals	Meet Record: Scot He Henney, Scot 13.46m 13.39m Women 20 - 34 Meet Record: Christin Juert, Christina 24.02m FOUL Woodward, Krista	91 11.64m 14.61n Javelin na Juert 24 23.62m 24.15n 32 Javelin a Pomietlarz 58 25.36m 25.9m	March 19, 2017 Greyhounds 14.22m 12. (600 g) March 19, 2017 Ocean Athletics 26.05m 23. UNBC (500 g) March 19, 2017 Okanagan Athlet	99m	14.61m*

Finals	Men 50 - 54 Javeli Meet Record: Ray Carroll		(700 g) March 19, 2017	<u>36.26m</u>	Best
1	Carroll, Ray 35.29m 34.18m FOUL	53 30.98m	Greyhounds n 33.41m 35.8	36m	35.86m
Finals	Men 55 - 59 Javeli Meet Record: Andrew Arthu	n r	(700 g) May 28, 2017	<u>33.31m</u>	Best
1	Arthur, Andrew 29.89m 33.04m 33.31r	55	Ultra Throw		33.31m
Finals	Men 60 - 64 Javeli Meet Record: John Hodgson			<u>33.14m</u>	Best
1	Hodgson, John 30.26m 30.84m 33.02r		Ultra Throw n FOUL 34.5	54m	34.54m*
2	Dickey, David 9.71m 12.52m 11.24r	63 n 12.07m	Greyhounds n 11.47m 11.0)1m	12.52m
et alla	Men 70 - 74 Javeli Meet Record: Harnek Toor	n	(500 g) March 19, 2017	<u>31.11m</u>	
Finals 1	Toor, Harnek 29.02m 32.40m 29.64r			55m	Best 32.40m*
2	Townsend, Ken 29.15m 28.79m 29.05r	72	UNBC		30.08m
	Men 90 - 94 Javeli Meet Record: Scot Henney	n - —	(400 g) March 19, 2017	<u>14.25m</u>	
Finals 1	Henney, Scot 14.85m 13.53m 8.90m				Best 14.85m*
Finals	Women 20 - 34 Weigh Meet Record: Christina Juert			<u>12.37m</u>	Best
1	Juert, Christina 11.75m FOUL 11.97r	24 n FOUL	Ocean Athletics FOUL 11.1	.6m	11.97m
Finals	Women 60 - 64 Weigh Meet Record: Joyce Essex	t Throw	(7.26 Kg) May 28, 2017	<u>6.46m</u>	Best
1	Essex, Joyce 6.46m 5.35m FOUL	60 5.15m	Greyhounds 6.03m FOU	L	6.46m*
Finals	Women 65 - 69 Weigh Meet Record: Rose Hare	t Throw	(5.45 Kg) March 19, 2017	<u>10.58m</u>	Best
1 2	Hare, Rose FOUL 10.98m 10.62r Benz, Marilyn	67	Okanagan Athletic	cs	11.21m* 8.88m
	8.88m FOUL 7.03m Women 75 - 79 Weigh	t Throw	FOUL FOU (4 kg)		
Finals 1	Meet Record: Frances Steinfo Steinfeld, Frances	eld 79	<i>May 28, 2017</i> Ultra Throw	<u>7.74m</u>	Best 7.74m*

I	6.99m	7.17m	7.10m	FOUL	7.29m	7.74m		
Finals	Men Meet Rec	55 - 59 ord: Andrew	Weight Arthur	Throw	(11.34 Kg) May 28, 2017	— - — - ·	<u>12.74m</u>	Best
1		11.62m	12.74m	12.72m	Ultra Throw FOUL	FOUL		12.74m*
2	FOUL		9.77m	10.96m	Kajaks 11.85m			11.85m
Finals	Men Meet Rec	65 - 69 ord: David U	Weight Jlis	Throw	(9.08 Kg) March 19, 201	! 7	<u>10.34m</u>	Best
1	11.34m	12.02m	11.36m	11.88m	Greyhounds FOUL	11.94r	n	12.02m* 11.98m*
2					Ultra Throw FOUL		n	11.50111
Finals	Men Meet Reco	70 - 74 ord: Harnek	Weight Toor	Throw	(7.26 Kg) March 19, 201	 1 <i>7</i>	<u>13.64m</u>	Best
1	Toor, Harr 14.15m	nek 14.87m	14.22m	71 13.54m	Ultra Throw FOUL	13.80r	n	14.87m*
3	12.03m Shah, Suri	FOUL nder	FOUL	11.83m 74	UNBC 13.15m Greyhounds 9.68m	FOUL		13.15m 10.05m
	Men	90 - 94	Weight	Throw	(5.45 Kg)			
Finals 1					March 19, 201 Grevhounds			Best 6.47m*
	6.17m	FOUL	5.81m	5.19m	Greyhounds 6.31m	6.47m		
	Women	<u> 20 - 34</u>	Super W	/eight	(15.88 Kg)			
Finals	Meet Rec	ord: Christin	a Juert		May 28, 2017 Ocean Athlet		<u>7.73m</u>	Best 7.73m*
1	7.55m	istina FOUL 	7.77m	7.93m	7.20m	FOUL		7.73111
Finals		65 - 69 ord: Rose Ha		eight/	(9.08 Kg) May 28, 2017	•	<u>7.28m</u>	Best
1	Hare, Rose 6.82m	e 7.28m	7.06m	68 7.13m	Ultra Throw FOUL	6.85m		7.28m*
— - — - — Finals		75 - 79 ord: Frances			(7.26 Kg) May 28, 2017		<u>5.23m</u>	Best
1	Steinfeld, 4.99m	Frances 5.23m	4.49m	79 4.90m	Ultra Throw 4.75m	3.88m		5.23m*
		55 - 59 ord: Zoltan	•	Veight	(25.41 Kg) May 28, 2017		<u>5.02m</u>	Post
Finals 1 2	Durgo, Zo 3.90m Arthur, Ar	FOUL	FOUL	57 FOUL 55	Kajaks 4.39m Ultra Throw	5.02m		Best 5.02m* 4.85m
	Artiful, Al	iui EW		J.J.	Oitia IIIIOW			4.03111

	FOUL	4.85m	FOUL	FOUL	FOUL	4.05m		
	Men Meet Rec	65 - 69 ord: Harde	Super V V Sandhu	Veight	(20 Kg) May 28, 2017	 ' <u>4.8</u>	 <u>'6m</u>	
Finals 1					Greyhounds 4.59m	4.60m		Best 4.86m*
		70 - 74 ord: Harnel			(11.34 Kg) May 28, 2017		 <u>52m</u>	
Finals 1	Toor, Hari	nek		71	Ultra Throw			Best 7.62m*
2	6.67m Shah, Suri	FOUL	FOUL	6.00m 74	6.35m	7.62m		5.35m
	4.75m	5.00m	4.92m	5.28m	5.35m	5.32m		
3	Townsend FOUL	3, Ken 3.62m	5.18m	72 FOUL		FOUL		5.18m
		20 - 34 -			March 19, 20	 17		
	WEEL NEC	HT			JT	17 <u>200</u> WT	<u> 22 points</u>	
Finals	Weights) (600 g)			Points
1	Juert, Chr	istina		24	Ocean Athlet			2994 pts*
	Distance Points	47.83m 884	10.39m 555	36.05m 578	24.02m 364	11.97m 613	Total 2994	
		65 - 69						
	weet ket	ord: Rose H HT		DT	March 19, 20 3 JT		2 points	
Finals	Weights) (500 g)			Points
1	Hare, Ros	e		68	Ultra Throw			3617 pts*
	Distance	28.56m	8.09m	23.52m	16.89m	10.98m	Total	
	Points	903	755	696	490	773	3617	
2	Benz, Mar	rilyn		67	Okanagan Ath	nletics		3043 pts
	Distance	21.99m	7.23m	16.86m	21.79m	8.88m	Total	
	Points	655	661	467	659	601	3043	
	Men	55 - 59	Throws	Pentathlon	— - —			
	Meet Rec	ord: Andre	w Arthur		May 28, 2017	<u>309</u>	9 points	
		HT	SP	DT	JT	WT		
	Weights	(6 Kg)	(6 Kg)	(1.5 K	g) (700 g)	(11.34 Kg))	
Finals								Points
1	•				Ultra Throw			3099 pts*
		31.94m 545					Total 3099	
		70 - 74			<i></i> -			
	Meet Rec	ord: Harnel	k Toor		March 19, 20	17 <u>327</u>	4 points	
		HT	SP	DT	JT	WT		
	Weights	(4 Kg)	(4 Kg)	(1 Kg) (500 g)	(7.26 Kg)		

Distance 37.04m 10.48m 26.61m 32.40m 14.87m Total Points 739 693 544 654 848 3478 3478 2 Townsend, Ken 72 UNBC Distance 29.01m 10.02m 31.66m 29.15m 12.03m Total Points 547 657 674 573 662 3113
Distance 29.01m 10.02m 31.66m 29.15m 12.03m Total Points 547 657 674 573 662 3113
Meet Record: Scot Henney
Finals Weights (3 Kg) (3 Kg) (1 Kg) (400 g) (5.45 Kg) Finals Henney, Scot 91 Greyhounds 2575 pts* Distance 13.65m 6.26m 13.46m 14.85m 6.17m Total Points 475 620 521 490 469 2575 Women 20 - 34 Throws Triathlon Meet Record: Christina Juert March 19, 2017 1210 points SP DT JT Weights (4 Kg) (1 Kg) (600 g) Finals Juert, Christina 24 Ocean Athletics 1526 pts* Distance 10.33m 35.78m 26.02m Total Points 551 573 402 1526 Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 Benz, Mailyn 67 Okangan Athletics 1814 pts
Finals Weights (3 Kg) (3 Kg) (1 Kg) (400 g) (5.45 Kg)
Finals 1 Henney, Scot 91 Greyhounds 2575 pts* Distance 13.65m 6.26m 13.46m 14.85m 6.17m Total Points 475 620 521 490 469 2575 Women 20 - 34 Throws Triathlon Meet Record: Christina Juert March 19, 2017 1210 points SP DT JT Weights (4 Kg) (1 Kg) (600 g) Finals 1 Juert, Christina 24 Ocean Athletics 1526 pts* Distance 10.33m 35.78m 26.02m Total Points 551 573 402 1526 Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
1 Henney, Scot 91 Greyhounds 2575 pts* Distance 13.65m 6.26m 13.46m 14.85m 6.17m Total Points 475 620 521 490 469 2575 Women 20 - 34 Throws Triathlon Meet Record: Christina Juert March 19, 2017 1210 points SP DT JT Weights (4 Kg) (1 Kg) (600 g) Finals Points 551 573 402 1526 Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1526 pts* SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
Points 475 620 521 490 469 2575
Women 20 - 34 Throws Triathlon Meet Record: Christina Juert March 19, 2017 1210 points SP DT JT Weights (4 Kg) (1 Kg) (600 g) Finals Points 1 Juert, Christina 24 Ocean Athletics 1526 pts* Distance 10.33m 35.78m 26.02m Total Points 551 573 402 1526 152
Meet Record: Christina Juert March 19, 2017 1210 points
Meet Record: Christina Juert SP DT JT Weights (4 Kg) (1 Kg) (600 g)
SP DT JT JT Weights (4 Kg) (1 Kg) (600 g)
Finals Weights (4 Kg) (1 Kg) (600 g) Points
Finals 1
1 Juert, Christina 24 Ocean Athletics Distance 10.33m 35.78m 26.02m Total Points 551 573 402 1526 Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
Distance 10.33m 35.78m 26.02m Total Points Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
Points 551 573 402 1526 Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
Women 65 - 69 Throws Triathlon Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
Meet Record: Rose Hare March 19, 2017 1859 points SP DT JT Weights (3 Kg) (1 Kg) (500 g) Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
SP DT JT Weights (3 Kg) (1 Kg) (500 g) Points 1 Hare, Rose Distance Distance Points 68 Ultra Throw Ultra Throw Distance Points 16.73m Total Total Total Points 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
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Finals Points 1 Hare, Rose 68 Ultra Throw 1942 pts* Distance 8.15m 23.50m 16.73m Total Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
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Points 762 696 484 1942 2 Benz, Mailyn 67 Okangan Athletics 1814 pts
2 Benz, Mailyn 67 Okangan Athletics 1814 pts
•
Distance 7.5011 17.00111 21.37111 10tal
Points 675 473 666 1814
Men 55 - 59 Throws Triathlon
Meet Record: Andrew Arthur May 28, 2017 <u>1783 points</u>
SP DT JT
Woights (6 Kg) (1 F Kg) (700 g)
Weights (6 Kg) (1.5 Kg) (700 g)
Finals Points

	Men 60	0 - 64	Throws Ti	riathlon			
	Meet Record	: Andre	w Natale		March 19, 2017	<u>1259 points</u>	
			SP	DT	JT		
	Weights		(5 Kg)	(1 Kg)	(600 g)		
Finals							Points
1	Dickey, David	l	6	3	Greyhounds		858 pts
	Distance		6.37m	23.40m	12.52m	Total	
	Points		363	364	131	858	
	Men 70	 0 - 74	Throws Ti	iathlon			
	Meet Record	: Harne	k Toor		March 19, <mark>20</mark> 17	1876 points	
			SP	DT	JT		
	Weights		(4 Kg)	(1 Kg)	(500 g)		
inals							Points
1	Toor, Harnek		7	1	Ultra Throw		1889 pts
	Distance		10.45m	28.46m	30.55m	Total	
	Points		690	591	608	1889	
2	Townsend, K	en	7	2	UNBC		1880 pts
	Distance		9.79m	30.22m	30.38m	Total	
	Points		639	637	604	1880	
	Men 90	 0 - 94	Throws Ti	iathlon			
	Meet Record	: Scot H	enney	1	March 19, 2017	1439 points	
			SP	DT	JT		
	Weights		(3 Kg)	(1 Kg)	(400 g)		
inals							Points
1	Henney, Scot		9	1	Greyhounds		1040 pts
	Distance		0.00m	14.61m	14.23m	Total	
	Points		0	577	463	1040	