



Mike Van Tighem	Open	699	42:40	81														81	26	05:20
Surinder Rayet	NAIT	717	44:25	82	56	x				x										05:33
Andrew Ulicki	STMU	721	44:42	83																05:35
Rawat Gaurav	GPRC	729	45:29	84	57	x														05:41
Willy Garcia	STMU	722	50:02	85																06:15

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

# of runners scoring	85	49	6	6	5	5	6	6	6	6	3	1	2	3	8	1	5	0	8	28
# of non-scoring runners		8	0	2	0	0	0	4	1	1	0									
total best 4 runners		27	66	93	133	40	121	73	61						24		98		66	
rank on best 4 runners		1	4	6	8	2	7	5	3											
total best 3 runners		10	43	50	91	27	82	43	35	106				241	11		53		40	
rank on best 3 runners		1	4	6	8	2	7	4	3	9										
total best 3 women+best 3 men		45	61	101	153	54	185	136	63	231				460	48				46	
rank on best 3 women and men		1	3	5	7	2	8	6	4	9										
		LOK	SAIT	RDC	CUCA	GMU	NAIT	AUG	GPRC	LAKE	CITC	AAAC	STMU	RRAC	CALT	TAC	CWTC	Open		

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing



Richelle Hoar	AUG	657	28:48	70	55	x					x													05:46	
Barbara Jackson	CUCA	647	28:52	71	56	43		43																	05:46
Kaylee Bannerman	LAKE	632	28:59	72	57	44							44												05:48
Feliz Ozgur	GPRC	624	29:35	73	58	x						x													05:55
Gladys Kurgat	LCK	668	30:01	74	59	x	x																		06:00
Samantha Larke	CWTC	689	30:14	75																		75		16	06:03
Kyra McNeil	LAKE	634	30:35	76	60	45							45												06:07
Dominique McCleary	STMU	617	30:36	77																		77		17	06:07
Ricki Thiessen	STMU	618	30:42	78																		78		18	06:08
Natasha Hepp	AUG	659	32:45	79	61	x					x														06:33
Megan Kent	LAKE	630	33:01	80	62	46							46												06:36
Meghan Wilcox	NAIT	616	33:08	81	63	47					47														06:38
Mikayla Minish	LAKE	628	33:12	82	64	48							48												06:38
Carol Cheung	AUG	662	34:44	83	65	x						x													06:57
Megan Laws	LAKE	629	35:19	84	66	49							49												07:04
Ola Otolatunde	LAKE	631	36:41	85	67	x							x												07:20

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one, paste copied row into inserted rows, protect worksheet

# of runners scoring	85	67	49	6	6	6	4	6	3	6	6	6	0	0	3	5	0	1	1	8	18			
# of non-scoring runners			18	4	6	2	0	1	0	3	1	1												
total best 4 runners				53	30	76	105	48		130	55	171			60									10
rank on best 4 runners				3	1	5	6	2		7	4	8												
total best 3 runners				35	18	51	62	27	103	93	28	125			219	37								6
rank on best 3 runners				4	1	5	6	2	8	7	3	9												
total best 3 women+best 3 men				45	61	101	153	54	185	136	63	231			460	48								46
rank on best 3 women and men				1	3	5	7	2	8	6	4	9												

LCK	SAIT	RDC	CUCA	GMU	NAIT	AUG	GPRC	LAKE	CITC	AAAC	STMU	RRAC	CALT	TAC	CWTC	Open
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note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing

# SAIT XC Open

## September 21, 2013

### 3 km results

Runner	Category	Team	Bib#	Time	Place	AAAC	COTC	CWTC	Pace/km
Scott Chalupiak	M1415	AAAC	820	11:08	1	1			03:43
Aaron Ahl	M1415	0	832	11:45	2				03:55
Kai Spierenburg	M1415	CWTC	828	11:56	3			3	03:59
Daniel van der Merwe	M1415	CWTC	829	12:02	4			4	04:01
Regev Stilman	M1415	COTC	827	12:13	5		5		04:04
Terryl Shomachuk	M1415	AAAC	821	12:47	6	6			04:16
Coulton Schroeder	M1415	CWTC	692	13:32	7			7	04:31
Nathan Cushman	M1415	CWTC	831	13:32	8			8	04:31
Shea Meidinger	F1415	COTC	825	14:12	9		9		04:44
Emma Hastie	F1415	COTC	824	14:27	10		10		04:49
Ellen Nielsen	F1415	COTC	826	14:36	11		11		04:52
Jordan Stadnyk	F1415	AAAC	822	14:41	12	12			04:54
Michaela Bianchini	F1415	CWTC	830	14:52	13			13	04:57
Sarah Chmilar	F1415	COTC	823	15:26	14		14		05:09
# of runners scoring					14	3	5	5	
total best 4 runners						35	22		
rank on best 4 runners						2	1		
total best 3 runners						19	24	14	
rank on best 3 runners						2	3	1	
total best 3 women+best 3 men									
rank on best 3 women and men									
						AAAC	COTC	CWTC	

# SAIT XC Open

## September 21, 2013

### 2 km results

Runner	Category	Team	Bib#	Time	Place	Pace/km
Brock Hoel	M1213	0	818	07:46	1	03:53
Gabrielle Wesolowski	F1213	COTC	816	08:01	2	04:01
Isaac Wetmore	M1213	AAAC	812	08:24	3	04:12
Alistair Baron	M1213	AAAC	813	08:27	4	04:13
Ava Sleik	F1213	AAAC	815	08:47	5	04:24
Tessa Petrus	F1213	COTC	819	08:59	6	04:30
Gillian Dennehy	F1213	CWTC	817	09:03	7	04:32
Sam Rajah	F1213	AAAC	814	09:33	8	04:46

# SAIT XC Open

## September 21, 2013

### 1 km results

Runner	Category	Team	Bib#	Time	Place
Jack Wesolowski	M0011	COTC	809	03:46	1
Martin Undheim	M0011	COTC	808	03:50	2
Abigail Vander Merwe	F0011	0	693	03:52	3
Aiden Hastie	M0011	COTC	807	03:53	4
Lincoln Hoel	M0011	0	811	04:09	5
Jasmine Szucs	F0011	AAAC	801	04:26	6
Maya Hand	F0011	AAAC	804	04:42	7
Jinaye Shomachuk	F0011	AAAC	805	05:06	8
Lilie Szucs	F0011	AAAC	802	05:09	9
Kaylee Leach	F0011	AAAC	803	05:15	10