

2013 WESTERN INTERNATIONAL-39th Annual**Sat. Sept 21 at Thames Valley GC, London**

09/21/2013

28th year at Thames Valley GC***Event # 1 WOMENS 5K Run***

START @ 10:15am

Conditions:rain, 17°c, course slow

MEET RECORD:Lyndsay Carson Guelph Gryphons :17:02.00 26Sep2009

COURSE RECORD:Lyndsay Carson Guelph Gryphons :17:02.00 26-Sep2009

POINTS RECORD:Osaka Japan '02 McMaster 2010 28 pts

TEAM TIME RECORD:GUELPH 89:31 [total for 5] avg 18:13 for 5 2009

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	WESTERN MUSTANGS	46	2-8-9-12-15	16-25
2	TORONTO VARSITY BLUE	94	5-7-14-19-49	54-69
3	QUEEN'S GAELS	105	1-11-17-23-53	62-71
4	OAKLAND GRIZZLIES	143	20-24-30-33-36	40-46
5	MCMASTER MARAUDERS	173	3-21-22-60-67	76-79
6	WAYNE STATE WARRIORS	180	13-31-35-50-51	52-63
7	LAURENTIAN VOYAGEURS	187	10-28-29-55-65	75-81
8	MCGILL	192	26-27-32-39-68	77-82
9	GENESE0 KNIGHTS	202	18-41-42-45-56	57-58
10	WINDSOR LANCERS	202	4-44-47-48-59	66-70
11	GUELPH GRYPHONS	310	38-43-64-74-91	94
12	WATERLOO WARRIORS	354	34-37-86-96-101	110-114
13	LAKEHEAD T'WOLVES	377	6-78-90-97-106	
14	YORK LIONS	423	72-83-84-89-95	108
15	BROCK BADGERS	448	80-87-88-93-100	102-104
16	LAURIER GOLDEN HAWKS	476	61-98-99-103-115	116
17	NIPISSING LAKERS	504	85-92-105-109-113	117-118
18	CONCORDIA STINGERS	522	73-107-111-112-119	

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE GRADE	TEAM	PLACE ON TEAM	TIME
1	1	194	Victoria Coates	E5	QUEEN'S GAELS	1	17:48
2	2	292	Amanda Truelove	E4	WESTERN MUSTANGS	1	18:05
3	3	137	Courtney Patterson	E5	MCMASTER MARAUDERS	1	18:16
4	4	308	Meaghan Marton	E3	WINDSOR LANCERS	1	18:20
5	5	219	Colleen Hennessy	E4	TORONTO VARSITY BLUE	1	18:21
6	6	69	Danielle Thiel	SR	LAKEHEAD T'WOLVES	1	18:21
7	7	220	Kelly Hennessy	E2	TORONTO VARSITY BLUE	2	18:27
8	8	290	Becky Pieteron	E5	WESTERN MUSTANGS	2	18:31
9	9	285	Grace Kary	E5	WESTERN MUSTANGS	3	18:36
10	10	79	Samantha Edwards	E2	LAURENTIAN VOYAGEURS	1	18:39
11	11	202	Colleen Wilson	E3	QUEEN'S GAELS	2	18:42
12	12	291	Bridget Pyke	E4	WESTERN MUSTANGS	4	18:45
13	13	265	Kayla Gagnon	JR	WAYNE STATE WARRIORS	1	18:48
14	14	222	Charlotte Marcotte-Toale	E4	TORONTO VARSITY BLUE	3	18:48
15	15	281	Katie Bell	E4	WESTERN MUSTANGS	5	18:51
16	16	282	Melissa Caruso	E3	WESTERN MUSTANGS	6	18:52
17	17	196	Charlotte Dunlap	E2	QUEEN'S GAELS	3	18:52
18	18	30	Cassandra Goodman	JR	GENESE0 KNIGHTS	1	18:57
19	19	227	Honor Walmsley	E2	TORONTO VARSITY BLUE	4	18:57
20	20	173	Sammy Mondry	1	OAKLAND GRIZZLIES	1	18:58
21	21	134	Kierstin Myers	E3	MCMASTER MARAUDERS	2	18:59
22	22	135	Emily Nowak	R	MCMASTER MARAUDERS	3	19:01
23	23	192	Veronica Allan	E2	QUEEN'S GAELS	4	19:02

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24	24	171	Miranda Haas	2	OAKLAND GRIZZLIES	2	19:06
25	25	287	Katherine Lampard	R	WESTERN MUSTANGS	7	19:11
26	26	116	Georgia Hamilton	R	MCGILL	1	19:12
27	27	118	Jessica Porfilio	E3	MCGILL	2	19:13
28	28	89	Katie Wismer	E3	LAURENTIAN VOYAGEURS	2	19:15
29	29	84	Emily Marcolini	R	LAURENTIAN VOYAGEURS	3	19:15
30	30	179	Mayce Varacalli	3	OAKLAND GRIZZLIES	3	19:15
31	31	266	Brittany Johnson	SO	WAYNE STATE WARRIORS	2	19:16
32	32	113	Jullien Flynn	E3	MCGILL	3	19:16
33	33	168	Morgan Bridgewater	2	OAKLAND GRIZZLIES	4	19:16
34	34	241	Kristen Flanagan	E3	WATERLOO WARRIORS	1	19:16
35	35	267	Chelsea Johnson	SO	WAYNE STATE WARRIORS	3	19:17
36	36	175	Cassie Peterson	3	OAKLAND GRIZZLIES	5	19:17
37	37	240	Heather Dimond	E3	WATERLOO WARRIORS	2	19:18
38	38	51	Alison Ludzki	E3	GUELPH GRYPHONS	1	19:19
39	39	111	Alison Barwick	E2	MCGILL	4	19:19
40	40	177	Lydia Stanley	1	OAKLAND GRIZZLIES	6	19:20
41	41	346	Keira Wood		GENESE0 KNIGHTS	2	19:20
42	42	25	Marissa Bellusci	FR	GENESE0 KNIGHTS	3	19:20
43	43	55	Sarah Spottiswood	R	GUELPH GRYPHONS	2	19:21
44	44	310	Charlene Rhead	R	WINDSOR LANCERS	2	19:23
45	45	345	Rebecca Steinke		GENESE0 KNIGHTS	4	19:23
46		286	Alicia Knox	E5	WESTERN MUSTANGS	8	19:24
47	46	174	Sarah Oren	3	OAKLAND GRIZZLIES	7	19:24
48	47	313	Lindsay Thompson	E3	WINDSOR LANCERS	3	19:25
49	48	307	Bella Malette	E2	WINDSOR LANCERS	4	19:25
50	49	216	Madeleine Kelly	R	TORONTO VARSITY BLUE	5	19:25
51	50	269	Kayla Smade	JR	WAYNE STATE WARRIORS	4	19:26
52		172	Karli Keur	1	OAKLAND GRIZZLIES	8	19:27
53	51	261	Kayla Balfour	SO	WAYNE STATE WARRIORS	5	19:28
54		284	Julie Hambleton	E4	WESTERN MUSTANGS	9	19:30
55	52	270	Mary Smock	JR	WAYNE STATE WARRIORS	6	19:30
56	53	200	Ceilidh Stubbs	E3	QUEEN'S GAELS	5	19:31
57	54	225	Donna Vakalis	E4	TORONTO VARSITY BLUE	6	19:31
58	55	78	Alyssa Bedard	E4	LAURENTIAN VOYAGEURS	4	19:32
59	56	33	Alyssa Knott	JR	GENESE0 KNIGHTS	5	19:32
60		350	Sarah Emilio	E2	WESTERN MUSTANGS	10	19:33
61	57	344	Sara Rosenzweig		GENESE0 KNIGHTS	6	19:33
62	58	27	Winnie Chen	SO	GENESE0 KNIGHTS	7	19:35
63		288	Ainsley Nantes	E2	WESTERN MUSTANGS	11	19:35
64		283	Brittany Hambleton	E4	WESTERN MUSTANGS	12	19:36
65	59	311	Madalyn Ruby	R	WINDSOR LANCERS	5	19:38
66	60	141	Charlotte Ward	E1	MCMaster MARAUDERS	4	19:38
67		352	Hilary Stone	E2	WESTERN MUSTANGS	13	19:41
68		289	Mariel Flutters	R	WESTERN MUSTANGS	14	19:41
69	61	91	Sarah Cranmer-Bing	1	LAURIER GOLDEN HAWKS	1	19:41
70		178	Courtney Stauffer	2	OAKLAND GRIZZLIES	9	19:41
71	62	195	Stephaney Daley	E1	QUEEN'S GAELS	6	19:42
72	63	262	Amanda Brewer	JR	WAYNE STATE WARRIORS	7	19:42
73	64	47	Valerie Cote	E4	GUELPH GRYPHONS	3	19:45
74	65	88	Adrienne Wilson	E4	LAURENTIAN VOYAGEURS	5	19:47
75		26	Joanna Castrogivanni	JR	GENESE0 KNIGHTS	8	19:49
76		176	Hannah Scherer	4	OAKLAND GRIZZLIES	10	19:52
77	66	309	Alexandra Moore	E2	WINDSOR LANCERS	6	19:53
78	67	133	Adrienne Morgan	R	MCMaster MARAUDERS	5	19:54
79	68	119	Erin Rivers	E2	MCGILL	5	19:54

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80	69	224	Aija Thompson	E2	TORONTO VARSITY BLUE	7	19:55
81		29	Emma Deshaies	SO	GENESE0 KNIGHTS	9	19:56
82	70	314	Tamara Tymchuk	E3	WINDSOR LANCERS	7	19:56
83	71	199	Emma Plater	E1	QUEEN'S GAELS	7	19:57
84	72	330	Maria Markovac	R	YORK LIONS	1	19:59
85		312	Stefanie Smith	R	WINDSOR LANCERS	8	20:00
86		304	Lauren Fisico	R	WINDSOR LANCERS	9	20:03
87		197	Caela Fenton	E1	QUEEN'S GAELS	8	20:05
88		170	Jenae Curley	3	OAKLAND GRIZZLIES	11	20:06
89		221	Shannon Kennedy	E3	TORONTO VARSITY BLUE	8	20:08
90	73	17	Valerie Sicard Thibodeau	E2	CONCORDIA STINGERS	1	20:10
91	74	53	Cheryse Mitton	E2	GUELPH GRYPHONS	4	20:11
92	75	82	Michelle Kennedy	E3	LAURENTIAN VOYAGEURS	6	20:13
93	76	139	Pauline Skowron	E2	MCMaster MARAUDERS	6	20:14
94		28	Marissa Cossaro	FR	GENESE0 KNIGHTS	10	20:16
95	77	120	Madeleine Williams	E3	MCGILL	6	20:18
96		303	Haley Cadwallader	E5	WINDSOR LANCERS	10	20:18
97	78	68	Mary Strain	FR	LAKEHEAD T'WOLVES	2	20:22
98		217	Adelaida Blaxley	E4	TORONTO VARSITY BLUE	9	20:22
99		35	Shannon Murphy	SO	GENESE0 KNIGHTS	11	20:22
100		169	Kaitlin Catania	1	OAKLAND GRIZZLIES	12	20:24
101	79	138	Meg Sinclair	E1	MCMaster MARAUDERS	7	20:25
102	80	3	Annelise Martin	R	BROCK BADGERS	1	20:27
103		131	Raquel Burgess	E2	MCMaster MARAUDERS	8	20:29
104	81	85	Meghan Rothenbroker	R	LAURENTIAN VOYAGEURS	7	20:31
105	82	112	Anne Champagne	R	MCGILL	7	20:33
106		83	Marissa Lobert	R	LAURENTIAN VOYAGEURS	8	20:34
107	83	328	Giulia Ferrante	E3	YORK LIONS	2	20:34
108		114	Lisa Giles	E3	MCGILL	8	20:36
109		32	Ashton Hughes	SO	GENESE0 KNIGHTS	12	20:38
110	84	331	Emily McGaugh	E3	YORK LIONS	3	20:38
111	85	155	Jessica Demers	R	NIPISSING LAKERS	1	20:39
112		201	Morgan Williams	E1	QUEEN'S GAELS	9	20:39
113		203	Sasha Zarnke	R	QUEEN'S GAELS	10	20:41
114		193	Elizabeth Bentley	E1	QUEEN'S GAELS	11	20:42
115		136	Kaitlyn Pansegrau	E1	MCMaster MARAUDERS	9	20:43
116	86	243	Dahlia Malek	E1	WATERLOO WARRIORS	3	20:43
117	87	4	Brittany Murphy	E2	BROCK BADGERS	2	20:46
118		24	Mary Aldridge	SR	GENESE0 KNIGHTS	13	20:47
119	88	1	Brianna Cauley	E4	BROCK BADGERS	3	20:48
120	89	332	Veera Sethuraman	E1	YORK LIONS	4	20:50
121	90	66	Jess Baraskewich	JR	LAKEHEAD T'WOLVES	3	20:52
122	91	52	Alannah MacDonald	E2	GUELPH GRYPHONS	5	20:54
123		130	Maddy Benjamin	E2	MCMaster MARAUDERS	10	20:55
124		140	Heather Summers	R	MCMaster MARAUDERS	11	20:56
125		306	Deanna Kerekes	R	WINDSOR LANCERS	11	20:57
126	92	157	Kajsa Heyes	R	NIPISSING LAKERS	2	20:57
127		80	Lyndsay Greasley	E1	LAURENTIAN VOYAGEURS	9	20:58
128		34	Lauren McKnight	SR	GENESE0 KNIGHTS	14	21:00
129	93	6	Katie Roy	E1	BROCK BADGERS	4	21:01
130		305	Samantha Kellam	E4	WINDSOR LANCERS	12	21:04
131	94	54	Olivia Romaniw	R	GUELPH GRYPHONS	6	21:08
132	95	327	Darya Chenskikh	E1	YORK LIONS	5	21:10
133	96	245	Emily Nichols	R	WATERLOO WARRIORS	4	21:12
134	97	65	Victoria Alexander	FR	LAKEHEAD T'WOLVES	4	21:18

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135	98	90	Chloe Condon	E2	LAURIER GOLDEN HAWKS	2	21:21
136		115	Marie Haines	E3	MCGILL	9	21:28
137	99	95	Jaqueline Tmej	E2	LAURIER GOLDEN HAWKS	3	21:30
138	100	2	Brittany Dunbar	E5	BROCK BADGERS	5	21:31
139	101	242	Lisa Flemming	E1	WATERLOO WARRIORS	5	21:31
140	102	5	Skye Nagy	E2	BROCK BADGERS	6	21:33
141		263	Leah Coonrod	FR	WAYNE STATE WARRIORS	8	21:38
142	103	92	Serena Gill	1	LAURIER GOLDEN HAWKS	4	21:38
143	104	7	Sabrina Waller	R	BROCK BADGERS	7	21:49
144		86	Jenna Thornber	E3	LAURENTIAN VOYAGEURS	10	21:57
145	105	159	Stephanie Leggat	E3	NIPISSING LAKERS	3	22:07
146	106	67	Elora Beitz	SO	LAKEHEAD T'WOLVES	5	22:21
147	107	16	Chloe Rochette	E2	CONCORDIA STINGERS	2	22:25
148		264	Abbey Filip	SO	WAYNE STATE WARRIORS	9	22:28
149		260	Alyssa Auth	JR	WAYNE STATE WARRIORS	10	22:30
150	108	333	Kayla Tanner	E5	YORK LIONS	6	22:32
151		87	Charlotte Van Walraven	E3	LAURENTIAN VOYAGEURS	11	22:32
152	109	160	Melissa McKiel	E5	NIPISSING LAKERS	4	22:35
153	110	247	Katie Hayes	E3	WATERLOO WARRIORS	6	22:39
154	111	18	Hailey Turcato	E2	CONCORDIA STINGERS	3	22:40
155	112	15	Ariane Patenaude	E1	CONCORDIA STINGERS	4	22:43
156	113	158	Katie Kozub	E1	NIPISSING LAKERS	5	22:43
157	114	244	Rachel McInnis	R	WATERLOO WARRIORS	7	22:52
158	115	96	Robin Whiffing	R	LAURIER GOLDEN HAWKS	5	22:57
159		268	Annie Okonowski	SO	WAYNE STATE WARRIORS	11	23:09
160	116	93	Nicole Green	E2	LAURIER GOLDEN HAWKS	6	23:37
161	117	156	Kristen Gagnon	E1	NIPISSING LAKERS	6	23:47
162	118	154	Lynsey Bialkowski	E2	NIPISSING LAKERS	7	23:55
163	119	14	Stephanie Lavigne	E1	CONCORDIA STINGERS	5	24:35

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TEAM WESTERN MUSTANGS**SCORE 46****PLACE: 1**

OVERALL								
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile	
2-2	Amanda Truelove		E4	292	18:05	3:37	5:50	
8-8	Becky Pieteron		E5	290	18:31	3:43	5:58	
9-9	Grace Kary		E5	285	18:36	3:44	6:00	
12-12	Bridget Pyke		E4	291	18:45	3:45	6:03	
15-15	Katie Bell		E4	281	18:51	3:47	6:05	
=====								
16-16	Melissa Caruso		E3	282	18:52	3:47	6:05	
25-25	Katherine Lampard		R	287	19:11	3:51	6:11	
=====								
46-46	Alicia Knox		E5	286	19:24	3:53	6:15	
54-54	Julie Hambleton		E4	284	19:30	3:54	6:17	
60-60	Sarah Emilio		E2	350	19:33	3:55	6:18	
63-63	Ainsley Nantes		E2	288	19:35	3:55	6:19	
64-64	Brittany Hambleton		E4	283	19:36	3:56	6:19	
67-67	Hilary Stone		E2	352	19:41	3:57	6:21	
68-68	Maribel Flutert		R	289	19:41	3:57	6:21	
Top 5 Total Time:		92:48			Top 5 Average Time:		18:34	
Top 5 Average per KM:		3:43			Top 5 Average Per MILE:		5:59	
1 - 5 Split:		:46			1 - 7 Split:		1:06	
Top 7 Total Time:		130:51			Top 7 Average Time:		18:42	

TEAM TORONTO VARSITY BLUE SCORE 94**PLACE: 2**

OVERALL								
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile	
5-5	Colleen Hennessy		E4	219	18:21	3:41	5:55	
7-7	Kelly Hennessy		E2	220	18:27	3:42	5:57	
14-14	Charlotte Marcotte-Toale		E4	222	18:48	3:46	6:04	
19-19	Honor Walmsley		E2	227	18:57	3:48	6:06	
50-49	Madeleine Kelly		R	216	19:25	3:53	6:15	
=====								
57-54	Donna Vakalis		E4	225	19:31	3:55	6:17	
80-69	Aija Thompson		E2	224	19:55	3:59	6:25	
=====								
89-89	Shannon Kennedy		E3	221	20:08	4:02	6:29	
98-98	Adelaida Blaxley		E4	217	20:22	4:05	6:34	
Top 5 Total Time:		93:58			Top 5 Average Time:		18:48	
Top 5 Average per KM:		3:46			Top 5 Average Per MILE:		6:03	
1 - 5 Split:		1:04			1 - 7 Split:		1:34	
Top 7 Total Time:		133:24			Top 7 Average Time:		19:04	

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TEAM QUEEN'S GAELS**SCORE 105****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Victoria Coates		E5	194	17:48	3:34	5:44
11-11	Colleen Wilson		E3	202	18:42	3:45	6:02
17-17	Charlotte Dunlap		E2	196	18:52	3:47	6:05
23-23	Veronica Allan		E2	192	19:02	3:49	6:08
56-53	Ceilidh Stubbs		E3	200	19:31	3:55	6:17
=====							
71-62	Stephaney Daley		E1	195	19:42	3:57	6:21
83-71	Emma Plater		E1	199	19:57	4:00	6:26
=====							
87-87	Caela Fenton		E1	197	20:05	4:01	6:28
112-112	Morgan Williams		E1	201	20:39	4:08	6:39
113-113	Sasha Zarnke		R	203	20:41	4:09	6:40
114-114	Elizabeth Bentley		E1	193	20:42	4:09	6:40
Top 5 Total Time:		93:55			Top 5 Average Time:		18:47
Top 5 Average per KM:		3:46			Top 5 Average Per MILE:		6:03
1 - 5 Split:		1:43			1 - 7 Split:		2:09
Top 7 Total Time:		133:34			Top 7 Average Time:		19:05

TEAM OAKLAND GRIZZLIES**SCORE 143****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
20-20	Sammy Mondry		1	173	18:58	3:48	6:07
24-24	Miranda Haas		2	171	19:06	3:50	6:09
30-30	Mayce Varacalli		3	179	19:15	3:51	6:12
33-33	Morgan Bridgewater		2	168	19:16	3:52	6:13
36-36	Cassie Peterson		3	175	19:17	3:52	6:13
=====							
40-40	Lydia Stanley		1	177	19:20	3:52	6:14
47-46	Sarah Oren		3	174	19:24	3:53	6:15
=====							
52-52	Karli Keur		1	172	19:27	3:54	6:16
70-70	Courtney Stauffer		2	178	19:41	3:57	6:21
76-76	Hannah Scherer		4	176	19:52	3:59	6:24
88-88	Jenae Curley		3	170	20:06	4:02	6:29
100-100	Kaitlin Catania		1	169	20:24	4:05	6:34
Top 5 Total Time:		95:52			Top 5 Average Time:		19:11
Top 5 Average per KM:		3:51			Top 5 Average Per MILE:		6:11
1 - 5 Split:		:19			1 - 7 Split:		:26
Top 7 Total Time:		134:36			Top 7 Average Time:		19:14

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TEAM MCMMASTER MARAUDERS SCORE 173 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Courtney Patterson		E5	137	18:16	3:40	5:53
21-21	Kierstin Myers		E3	134	18:59	3:48	6:07
22-22	Emily Nowak		R	135	19:01	3:49	6:08
66-60	Charlotte Ward		E1	141	19:38	3:56	6:20
78-67	Adrienne Morgan		R	133	19:54	3:59	6:25
93-76	Pauline Skowron		E2	139	20:14	4:03	6:31
101-79	Meg Sinclair		E1	138	20:25	4:05	6:35
103-103	Raquel Burgess		E2	131	20:29	4:06	6:36
115-115	Kaitlyn Pansegrau		E1	136	20:43	4:09	6:41
123-123	Maddy Benjamin		E2	130	20:55	4:11	6:44
124-124	Heather Summers		R	140	20:56	4:12	6:45
Top 5 Total Time:		95:48			Top 5 Average Time:	19:10	
Top 5 Average per KM:		3:50			Top 5 Average Per MILE:	6:11	
1 - 5 Split:		1:38			1 - 7 Split:	2:09	
Top 7 Total Time:		136:27			Top 7 Average Time:	19:30	

TEAM WAYNE STATE WARRIORS SCORE 180 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Kayla Gagnon		JR	265	18:48	3:46	6:04
31-31	Brittany Johnson		SO	266	19:16	3:52	6:13
35-35	Chelsea Johnson		SO	267	19:17	3:52	6:13
51-50	Kayla Smade		JR	269	19:26	3:54	6:16
53-51	Kayla Balfour		SO	261	19:28	3:54	6:16
55-52	Mary Smock		JR	270	19:30	3:54	6:17
72-63	Amanda Brewer		JR	262	19:42	3:57	6:21
141-141	Leah Coonrod		FR	263	21:38	4:20	6:58
148-148	Abbey Filip		SO	264	22:28	4:30	7:14
149-149	Alyssa Auth		JR	260	22:30	4:30	7:15
159-159	Annie Okonowski		SO	268	23:09	4:38	7:28
Top 5 Total Time:		96:15			Top 5 Average Time:	19:15	
Top 5 Average per KM:		3:51			Top 5 Average Per MILE:	6:12	
1 - 5 Split:		:40			1 - 7 Split:	:54	
Top 7 Total Time:		135:27			Top 7 Average Time:	19:21	

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TEAM LAURENTIAN VOYAGEURS SCORE 187 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Samantha Edwards		E2	79	18:39	3:44	6:01
28-28	Katie Wismer		E3	89	19:15	3:51	6:12
29-29	Emily Marcolini		R	84	19:15	3:51	6:12
58-55	Alyssa Bedard		E4	78	19:32	3:55	6:18
74-65	Adrienne Wilson		E4	88	19:47	3:58	6:23
92-75	Michelle Kennedy		E3	82	20:13	4:03	6:31
104-81	Meghan Rothenbroker		R	85	20:31	4:07	6:37
106-106	Marissa Lobert		R	83	20:34	4:07	6:38
127-127	Lyndsay Greasley		E1	80	20:58	4:12	6:45
144-144	Jenna Thornber		E3	86	21:57	4:24	7:04
151-151	Charlotte Van Walraven		E3	87	22:32	4:31	7:16
Top 5 Total Time:		96:28			Top 5 Average Time:		19:18
Top 5 Average per KM:		3:52			Top 5 Average Per MILE:		6:13
1 - 5 Split:		1:08			1 - 7 Split:		1:52
Top 7 Total Time:		137:12			Top 7 Average Time:		19:36

TEAM MCGILL SCORE 192 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-26	Georgia Hamilton		R	116	19:12	3:51	6:11
27-27	Jessica Porfilio		E3	118	19:13	3:51	6:12
32-32	Jullien Flynn		E3	113	19:16	3:52	6:13
39-39	Alison Barwick		E2	111	19:19	3:52	6:14
79-68	Erin Rivers		E2	119	19:54	3:59	6:25
95-77	Madeleine Williams		E3	120	20:18	4:04	6:33
105-82	Anne Champagne		R	112	20:33	4:07	6:37
108-108	Lisa Giles		E3	114	20:36	4:08	6:38
136-136	Marie Haines		E3	115	21:28	4:18	6:55
Top 5 Total Time:		96:54			Top 5 Average Time:		19:23
Top 5 Average per KM:		3:53			Top 5 Average Per MILE:		6:15
1 - 5 Split:		:42			1 - 7 Split:		1:21
Top 7 Total Time:		137:45			Top 7 Average Time:		19:41

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TEAM GENESEO KNIGHTS**SCORE 202****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
18-18	Cassandra Goodman		JR	30	18:57	3:48	6:06
41-41	Keira Wood			346	19:20	3:52	6:14
42-42	Marissa Bellusci		FR	25	19:20	3:52	6:14
45-45	Rebecca Steinke			345	19:23	3:53	6:15
59-56	Alyssa Knott		JR	33	19:32	3:55	6:18
=====							
61-57	Sara Rosenzweig			344	19:33	3:55	6:18
62-58	Winy Chen		SO	27	19:35	3:55	6:19
=====							
75-75	Joanna Castrogivanni		JR	26	19:49	3:58	6:23
81-81	Emma Deshaies		SO	29	19:56	4:00	6:25
94-94	Marissa Cossaro		FR	28	20:16	4:04	6:32
99-99	Shannon Murphy		SO	35	20:22	4:05	6:34
109-109	Ashton Hughes		SO	32	20:38	4:08	6:39
118-118	Mary Aldridge		SR	24	20:47	4:10	6:42
128-128	Lauren McKnight		SR	34	21:00	4:12	6:46
Top 5 Total Time:		96:32			Top 5 Average Time:	19:19	
Top 5 Average per KM:		3:52			Top 5 Average Per MILE:	6:13	
1 - 5 Split:		:35			1 - 7 Split:	:38	
Top 7 Total Time:		135:40			Top 7 Average Time:	19:23	

TEAM WINDSOR LANCERS**SCORE 202****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Meaghan Marton		E3	308	18:20	3:40	5:55
44-44	Charlene Rhead		R	310	19:23	3:53	6:15
48-47	Lindsay Thompson		E3	313	19:25	3:53	6:15
49-48	Bella Malette		E2	307	19:25	3:53	6:15
65-59	Madalyn Ruby		R	311	19:38	3:56	6:20
=====							
77-66	Alexandra Moore		E2	309	19:53	3:59	6:24
82-70	Tamara Tymchuk		E3	314	19:56	4:00	6:25
=====							
85-85	Stefanie Smith		R	312	20:00	4:00	6:27
86-86	Lauren Fisico		R	304	20:03	4:01	6:28
96-96	Haley Cadwallader		E5	303	20:18	4:04	6:33
125-125	Deanna Kerekes		R	306	20:57	4:12	6:45
130-130	Samantha Kellam		E4	305	21:04	4:13	6:47
Top 5 Total Time:		96:11			Top 5 Average Time:	19:15	
Top 5 Average per KM:		3:51			Top 5 Average Per MILE:	6:12	
1 - 5 Split:		1:18			1 - 7 Split:	1:36	
Top 7 Total Time:		136:00			Top 7 Average Time:	19:26	

TEAM GUELPH GRYPHONS**SCORE 310****PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
38-38	Alison Ludzki		E3	51	19:19	3:52	6:14
43-43	Sarah Spottiswood		R	55	19:21	3:53	6:14
73-64	Valerie Cote		E4	47	19:45	3:57	6:22
91-74	Cheryse Mitton		E2	53	20:11	4:03	6:30
122-91	Alannah MacDonald		E2	52	20:54	4:11	6:44
=====							
131-94	Olivia Romaniw		R	54	21:08	4:14	6:49
Top 5 Total Time:		99:30			Top 5 Average Time:	19:54	
Top 5 Average per KM:		3:59			Top 5 Average Per MILE:	6:25	
1 - 5 Split:		1:35			1 - 7 Split:		
Top 7 Total Time:					Top 7 Average Time:		

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TEAM WATERLOO WARRIORS SCORI 354 PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
34-34	Kristen Flanagan		E3	241	19:16	3:52	6:13
37-37	Heather Dimond		E3	240	19:18	3:52	6:13
116-86	Dahlia Malek		E1	243	20:43	4:09	6:41
133-96	Emily Nichols		R	245	21:12	4:15	6:50
139-101	Lisa Flemming		E1	242	21:31	4:19	6:56
153-110	Katie Hayes		E3	247	22:39	4:32	7:18
157-114	Rachel McInnis		R	244	22:52	4:35	7:22
Top 5 Total Time:		102:00	Top 5 Average Time:		20:24		
Top 5 Average per KM:		4:05	Top 5 Average Per MILE:		6:34		
1 - 5 Split:		2:15	1 - 7 Split:		3:36		
Top 7 Total Time:		147:31	Top 7 Average Time:		21:05		

TEAM LAKEHEAD T'WOLVES SCORI 377 PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Danielle Thiel		SR	69	18:21	3:41	5:55
97-78	Mary Strain		FR	68	20:22	4:05	6:34
121-90	Jess Baraskewich		JR	66	20:52	4:11	6:43
134-97	Victoria Alexander		FR	65	21:18	4:16	6:52
146-106	Elora Beitz		SO	67	22:21	4:29	7:12
Top 5 Total Time:		103:14	Top 5 Average Time:		20:39		
Top 5 Average per KM:		4:08	Top 5 Average Per MILE:		6:39		
1 - 5 Split:		4:00	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM YORK LIONS SCORI 423 PLACE: 14

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
84-72	Maria Markovac		R	330	19:59	4:00	6:26
107-83	Giulia Ferrante		E3	328	20:34	4:07	6:38
110-84	Emily McGaugh		E3	331	20:38	4:08	6:39
120-89	Veera Sethuraman		E1	332	20:50	4:10	6:43
132-95	Darya Chenskikh		E1	327	21:10	4:14	6:49
150-108	Kayla Tanner		E5	333	22:32	4:31	7:16
Top 5 Total Time:		103:11	Top 5 Average Time:		20:39		
Top 5 Average per KM:		4:08	Top 5 Average Per MILE:		6:39		
1 - 5 Split:		1:11	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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TEAM BROCK BADGERS**SCORE 448****PLACE: 15**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
102-80	Annelise Martin		R	3	20:27	4:06	6:35
117-87	Brittany Murphy		E2	4	20:46	4:10	6:42
119-88	Brianna Cauley		E4	1	20:48	4:10	6:42
129-93	Katie Roy		E1	6	21:01	4:13	6:46
138-100	Brittany Dunbar		E5	2	21:31	4:19	6:56
140-102	Skye Nagy		E2	5	21:33	4:19	6:57
143-104	Sabrina Waller		R	7	21:49	4:22	7:02
Top 5 Total Time:		104:33	Top 5 Average Time:		20:55		
Top 5 Average per KM:		4:11	Top 5 Average Per MILE:		6:44		
1 - 5 Split:		1:04	1 - 7 Split:		1:22		
Top 7 Total Time:		147:55	Top 7 Average Time:		21:08		

TEAM LAURIER GOLDEN HAWKS SCORE 476**PLACE: 16**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
69-61	Sarah Cranmer-Bing		1	91	19:41	3:57	6:21
135-98	Chloe Condon		E2	90	21:21	4:17	6:53
137-99	Jaqueline Tmej		E2	95	21:30	4:18	6:56
142-103	Serena Gill		1	92	21:38	4:20	6:58
158-115	Robin Whiffing		R	96	22:57	4:36	7:24
160-116	Nicole Green		E2	93	23:37	4:44	7:37
Top 5 Total Time:		107:07	Top 5 Average Time:		21:26		
Top 5 Average per KM:		4:18	Top 5 Average Per MILE:		6:54		
1 - 5 Split:		3:16	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM NIPISSING LAKERS**SCORE 504****PLACE: 17**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
111-85	Jessica Demers		R	155	20:39	4:08	6:39
126-92	Kajsa Heyes		R	157	20:57	4:12	6:45
145-105	Stephanie Leggat		E3	159	22:07	4:26	7:08
152-109	Melissa McKiel		E5	160	22:35	4:31	7:17
156-113	Katie Kozub		E1	158	22:43	4:33	7:19
161-117	Kristen Gagnon		E1	156	23:47	4:46	7:40
162-118	Lynsey Bialkowski		E2	154	23:55	4:47	7:42
Top 5 Total Time:		109:01	Top 5 Average Time:		21:49		
Top 5 Average per KM:		4:22	Top 5 Average Per MILE:		7:02		
1 - 5 Split:		2:04	1 - 7 Split:		3:16		
Top 7 Total Time:		156:43	Top 7 Average Time:		22:24		

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
90-73	Valerie Sicard Thibodeau		E2	17	20:10	4:02	6:30
147-107	Chloe Rochette		E2	16	22:25	4:29	7:13
154-111	Hailey Turcato		E2	18	22:40	4:32	7:18
155-112	Ariane Patenaude		E1	15	22:43	4:33	7:19
163-119	Stephanie Lavigne		E1	14	24:35	4:55	7:55
Top 5 Total Time:		112:33	Top 5 Average Time:		22:31		
Top 5 Average per KM:		4:31	Top 5 Average Per MILE:		7:15		
1 - 5 Split:		4:25	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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START @ 11:00AM

Conditions:rain, 17°C, course slow

MEET RECORD:Aaron Hendrixx Guelph Gryphons :24:56.00 22Sep2012

COURSE RECORD:Aaron Hendrixx Guelph Gryphons :24:56.00 22-Sep2012

POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22Sep07

TEAM TIME RECORD:GUELPH 127:26 [total of 5] avg 25:30 for 5 2012

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	LAVAL ROUGE ET OR	68	4-7-9-20-28	63
2	OAKLAND GRIZZLIES	106	8-12-15-32-39	81-82
3	QUEEN'S GAELS	107	2-5-6-46-48	50-66
4	WINDSOR LANCERS	111	3-19-27-29-33	34-35
5	LAKEHEAD T'WOLVES	125	11-14-18-30-52	53-68
6	GUELPH GRYPHONS	153	1-16-22-45-69	72-89
7	MCMASTER MARAUDERS	158	17-23-31-43-44	54-59
8	GENESE0 KNIGHTS	160	13-26-38-41-42	55-61
9	WESTERN MUSTANGS	220	21-25-36-65-73	78-87
10	WAYNE STATE WARRIORS	272	37-49-57-58-71	79-83
11	TORONTO VARSITY BLUE	273	24-51-60-64-74	77-99
12	LAURIER GOLDEN HAWKS	314	10-62-67-85-90	92-107
13	WATERLOO WARRIORS	415	47-70-94-95-109	111-112
14	YORK LIONS	417	40-88-91-97-101	
15	MCGILL	445	75-80-84-102-104	108
16	BROCK BADGERS	453	56-76-100-105-116	
17	NIPISSING LAKERS	508	86-93-106-110-113	114-118
18	CONCORDIA STINGERS	529	96-98-103-115-117	

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE GRADE	TEAM	PLACE ON TEAM	TIME
1	1	64	Yves Sikubwabo	E2	GUELPH GRYPHONS	1	25:17
2	2	205	Jeff Archer	E4	QUEEN'S GAELS	1	25:26
3	3	317	Nick Falk	E5	WINDSOR LANCERS	1	25:30
4	4	106	Jean-Daniel Labranche	E2	LAVAL ROUGE ET OR	1	25:34
5	5	207	David Cashin	E3	QUEEN'S GAELS	2	25:36
6	6	214	Tyson Loney	E5	QUEEN'S GAELS	3	25:41
7	7	107	Maxime Lapierre	E5	LAVAL ROUGE ET OR	2	25:44
8	8	183	Michael Cox	2	OAKLAND GRIZZLIES	1	25:45
9	9	109	Benjamin Raymond	E2	LAVAL ROUGE ET OR	3	25:46
10	10	99	Adam Cornwall	E3	LAURIER GOLDEN HAWKS	1	25:47
11	11	73	Connor McGuire	SR	LAKEHEAD T'WOLVES	1	25:48
12	12	181	Andrew Bowman	1	OAKLAND GRIZZLIES	2	25:51
13	13	43	Cohen Miles-Rath	JR	GENESE0 KNIGHTS	1	25:52
14	14	70	Dominique Aulagnon	JR	LAKEHEAD T'WOLVES	2	25:55
15	15	182	Jacob Bowman	1	OAKLAND GRIZZLIES	3	25:55
16	16	60	Stephen Holmes	E5	GUELPH GRYPHONS	2	25:57
17	17	150	Blair Morgan	E3	MCMASTER MARAUDERS	1	25:58
18	18	76	Kevin Tree	SO	LAKEHEAD T'WOLVES	3	25:58
19	19	316	Josh Bolton	E3	WINDSOR LANCERS	2	26:02
20	20	104	Alexandre Ricard	E2	LAVAL ROUGE ET OR	4	26:04
21	21	295	Kevin Blackney	E4	WESTERN MUSTANGS	1	26:04
22	22	57	Drew Anderson	E3	GUELPH GRYPHONS	3	26:04
23	23	147	Gabe Ghiglione	E2	MCMASTER MARAUDERS	2	26:05

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24	24	235	Sacha Smart	E2	TORONTO VARSITY BLUE	1	26:08
25	25	301	Phil Parrot-Migas	E3	WESTERN MUSTANGS	2	26:10
26	26	44	Ryan Moynihan	JR	GENESE0 KNIGHTS	2	26:11
27	27	324	Dave Meloche	E4	WINDSOR LANCERS	3	26:11
28	28	108	Anthony Larouche	E5	LAVAL ROUGE ET OR	5	26:11
29	29	325	Michael Pesce	E3	WINDSOR LANCERS	4	26:18
30	30	71	Chris Brown	SR	LAKEHEAD T'WOLVES	4	26:19
31	31	151	Paul Rochus	R	MCMaster MARAUDERS	3	26:21
32	32	185	George O'Connor	2	OAKLAND GRIZZLIES	4	26:22
33	33	326	Alex Ullman	E2	WINDSOR LANCERS	5	26:25
34	34	323	Taylor McArthur	E2	WINDSOR LANCERS	6	26:27
35	35	321	Nick MacMackin	R	WINDSOR LANCERS	7	26:29
36	36	294	Chris Balestrini	E3	WESTERN MUSTANGS	3	26:30
37	37	280	Irvin Wyche	SO	WAYNE STATE WARRIORS	1	26:33
38	38	36	Chaz` Abad	SR	GENESE0 KNIGHTS	3	26:33
39	39	189	Bryce Stroede	1	OAKLAND GRIZZLIES	5	26:34
40	40	342	Suraj Sharma	E2	YORK LIONS	1	26:35
41	41	348	Patrick Wortner		GENESE0 KNIGHTS	4	26:36
42	42	349	Brendan Wortner		GENESE0 KNIGHTS	5	26:38
43	43	142	Eric Barry	E4	MCMaster MARAUDERS	4	26:38
44		319	Joe Kagumba	E1	WINDSOR LANCERS	8	26:38
45	44	143	Nick Belore	R	MCMaster MARAUDERS	5	26:41
46	45	62	Adam Rowles	E2	GUELPH GRYPHONS	4	26:41
47	46	211	Alex Hutton	E3	QUEEN'S GAELS	4	26:42
48	47	257	Michael Stewart	E3	WATERLOO WARRIORS	1	26:42
49	48	215	Alex Wilkie	R	QUEEN'S GAELS	5	26:43
50	49	275	Eddie Komph	SO	WAYNE STATE WARRIORS	2	26:44
51	50	204	Evan Andrin	E2	QUEEN'S GAELS	6	26:47
52	51	238	Jake Woloshyn	E5	TORONTO VARSITY BLUE	2	26:48
53	52	72	Ben Jones	FR	LAKEHEAD T'WOLVES	5	26:49
54		318	Jeremy Hick	R	WINDSOR LANCERS	9	26:49
55	53	74	Mason Quarrell	FR	LAKEHEAD T'WOLVES	6	26:53
56	54	145	Luke Charbonneau	E2	MCMaster MARAUDERS	6	26:53
57	55	41	Matthew Jorgensen	FR	GENESE0 KNIGHTS	6	26:55
58	56	13	Mike Van Bakel	E4	BROCK BADGERS	1	26:55
59	57	274	Nicholas Jackson	SR	WAYNE STATE WARRIORS	3	26:56
60	58	271	Ruben Cardenas	SO	WAYNE STATE WARRIORS	4	26:59
61	59	149	Ivan Meizinger	E1	MCMaster MARAUDERS	7	27:01
62	60	232	Chris Moyer	E2	TORONTO VARSITY BLUE	3	27:02
63	61	347	John Panus		GENESE0 KNIGHTS	7	27:03
64	62	100	Elliot De Lange	E2	LAURIER GOLDEN HAWKS	2	27:03
65	63	105	Jean-Simon Fournier-Dufour	E5	LAVAL ROUGE ET OR	6	27:05
66	64	236	Alexey Strokach	E5	TORONTO VARSITY BLUE	4	27:06
67		39	Declan Dwyer-Mcnulty	FR	GENESE0 KNIGHTS	8	27:08
68		146	Patrick Deane	R	MCMaster MARAUDERS	8	27:09
69	65	302	Shane Roberts	E2	WESTERN MUSTANGS	4	27:10
70		37	Michael Borini	FR	GENESE0 KNIGHTS	9	27:10
71	66	210	Chris Fitzgibbon	E2	QUEEN'S GAELS	7	27:11
72	67	103	Abdhu Zaghlol	E3	LAURIER GOLDEN HAWKS	3	27:11
73	68	77	Tyler White	SO	LAKEHEAD T'WOLVES	7	27:12
74		353	Alex Kramer	FR	GENESE0 KNIGHTS	10	27:15
75		153	Derek VanSchepen	E1	MCMaster MARAUDERS	9	27:16
76	69	61	Brandon Kirkup	R	GUELPH GRYPHONS	5	27:17
77	70	250	Daniel Fournier	R	WATERLOO WARRIORS	2	27:18
78		38	Liam Cody	SR	GENESE0 KNIGHTS	11	27:18
79	71	279	Kevin Salter	FR	WAYNE STATE WARRIORS	5	27:20

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80	72	63	Brayden Seneca	E2	GUELPH GRYPHONS	6	27:22
81	73	298	Seth Marcaccio	R	WESTERN MUSTANGS	5	27:23
82	74	228	Zain Ahmed	E4	TORONTO VARSITY BLUE	5	27:25
83	75	126	Vincent Parent-Pichette	E2	MCGILL	1	27:27
84	76	10	Sven Perleth	E1	BROCK BADGERS	2	27:29
85	77	229	Devonte Cummings	R	TORONTO VARSITY BLUE	6	27:31
86		75	Travis Roske	SR	LAKEHEAD T'WOLVES	8	27:31
87		144	Jordan Bierema	E4	MCMaster MARAUDERS	10	27:32
88	78	297	Lewis Kent	E2	WESTERN MUSTANGS	6	27:34
89	79	276	Andrew Nelson	FR	WAYNE STATE WARRIORS	6	27:34
90	80	124	Ben Forestell	R	MCGILL	2	27:37
91	81	188	Scott Stokan	1	OAKLAND GRIZZLIES	6	27:37
92	82	191	Alex West	1	OAKLAND GRIZZLIES	7	27:37
93		148	Jeramie Lai	R	MCMaster MARAUDERS	11	27:38
94		152	Jeff Tweedle	E1	MCMaster MARAUDERS	12	27:39
95	83	356	Kory Lohrmann		WAYNE STATE WARRIORS	7	27:40
96		315	Matt Hall	E1	WINDSOR LANCERS	10	27:42
97	84	128	Ian Richardson	E1	MCGILL	3	27:45
98	85	102	Ian Turnbull	E2	LAURIER GOLDEN HAWKS	4	27:45
99	86	164	Terry Doiron	E3	NIPISSING LAKERS	1	27:47
100		42	Tim Matteer	JR	GENESE0 KNIGHTS	12	27:47
101	87	296	Donovan Hacking	E3	WESTERN MUSTANGS	7	27:49
102	88	337	Harishan Karunenthiran	E2	YORK LIONS	2	27:49
103		293	Hunter Andrin	E3	WESTERN MUSTANGS	8	27:49
104	89	59	Tyler Hewlett	E2	GUELPH GRYPHONS	7	27:51
105	90	97	Brett Cameron	E4	LAURIER GOLDEN HAWKS	5	27:54
106		320	Paul Lamarra	E3	WINDSOR LANCERS	11	27:55
107		180	Ryan Beck	3	OAKLAND GRIZZLIES	8	27:56
108		209	Shane Favit	R	QUEEN'S GAELS	8	27:56
109		300	Triphon Moodie	E2	WESTERN MUSTANGS	9	27:57
110		273	Joey Gerow	SO	WAYNE STATE WARRIORS	8	27:59
111	91	343	James Tarling	E2	YORK LIONS	3	28:01
112		46	Chris Odin	FR	GENESE0 KNIGHTS	13	28:03
113		187	Chris Scott	1	OAKLAND GRIZZLIES	9	28:09
114	92	101	Sean Patterson	E3	LAURIER GOLDEN HAWKS	6	28:12
115		208	Jihoon Choi	R	QUEEN'S GAELS	9	28:14
116		45	Adam Murphy	FR	GENESE0 KNIGHTS	14	28:16
117	93	161	Jordan Cascagnette	R	NIPISSING LAKERS	2	28:22
118		213	Corbin Johnston	E1	QUEEN'S GAELS	10	28:26
119	94	252	Jason Laporta	E2	WATERLOO WARRIORS	3	28:31
120		190	Zack Thomas	1	OAKLAND GRIZZLIES	10	28:31
121	95	256	Ryan Santos	E2	WATERLOO WARRIORS	4	28:32
122	96	20	Francis Dumoulin	E2	CONCORDIA STINGERS	1	28:33
123		357	Sawyer Smith		WAYNE STATE WARRIORS	9	28:34
124	97	340	Sam Neal	E2	YORK LIONS	4	28:37
125	98	23	Nicholas Pevato	R	CONCORDIA STINGERS	2	28:45
126	99	234	Scott Peever	E1	TORONTO VARSITY BLUE	7	28:48
127		231	Brendan Hynes	E3	TORONTO VARSITY BLUE	8	28:55
128	100	11	Kelly Saul	E1	BROCK BADGERS	3	29:01
129		206	Jeff Mountjoy	E4	QUEEN'S GAELS	11	29:19
130		233	Connor Outhit	E4	TORONTO VARSITY BLUE	9	29:20
131	101	334	Brandon Belan	R	YORK LIONS	5	29:28
132	102	123	Christian Favreau	R	MCGILL	4	29:31
133		299	Andrew McColl	R	WESTERN MUSTANGS	10	29:36
134	103	21	Jameel Greenidge	1	CONCORDIA STINGERS	3	29:38

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135	104	125	Tsuby Kaneko	R	MCGILL	5	29:40
136		239	Galan Yousuf	E1	TORONTO VARSITY BLUE	10	29:49
137	105	12	Alastair Thompson	E3	BROCK BADGERS	4	29:49
138	106	162	Matt Chalmers	E2	NIPISSING LAKERS	3	29:51
139	107	98	Zack Caverson	2	LAURIER GOLDEN HAWKS	7	29:53
140	108	129	Cody Rountree	R	MCGILL	6	29:58
141	109	253	Spencer Leckie	E1	WATERLOO WARRIORS	5	30:08
142	110	166	Jordan Scott	E3	NIPISSING LAKERS	4	30:14
143		186	Dylan Oppenheiser	2	OAKLAND GRIZZLIES	11	30:24
144	111	248	Jesse Burt	R	WATERLOO WARRIORS	6	30:33
145	112	258	John-Paul Violante	R	WATERLOO WARRIORS	7	30:40
146	113	165	Kevin Durkee	E3	NIPISSING LAKERS	5	31:12
147	114	167	Bryan Stone	R	NIPISSING LAKERS	6	31:27
148	115	19	Alexandre Candau	E1	CONCORDIA STINGERS	4	31:28
149		255	Derek Ramos	R	WATERLOO WARRIORS	8	31:48
150	116	8	Bryan Cole	E4	BROCK BADGERS	5	31:49
151		254	Tianshi Ning	R	WATERLOO WARRIORS	9	31:53
152	117	22	Haile Kostin	R	CONCORDIA STINGERS	5	32:52
153		249	Hadi El-Shuyeb	E2	WATERLOO WARRIORS	10	33:40
154	118	163	Gabriel Doiron	R	NIPISSING LAKERS	7	33:57
155		251	Spencer Kelly	E1	WATERLOO WARRIORS	11	34:43
156		259	Andrew Wong	E1	WATERLOO WARRIORS	12	35:31

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TEAM LAVAL ROUGE ET OR SCORI 68 PLACE: 1

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Jean-Daniel Labranche		E2	106	25:34	3:12	5:09
7-7	Maxime Lapierre		E5	107	25:44	3:13	5:11
9-9	Benjamin Raymond		E2	109	25:46	3:14	5:12
20-20	Alexandre Ricard		E2	104	26:04	3:16	5:15
28-28	Anthony Larouche		E5	108	26:11	3:17	5:17
=====							
65-63	Jean-Simon Fournier-Dufour		E5	105	27:05	3:24	5:27
Top 5 Total Time:		129:19	Top 5 Average Time:		25:52		
Top 5 Average per KM:		3:14	Top 5 Average Per MILE:		5:13		
1 - 5 Split:		:37	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM OAKLAND GRIZZLIES SCORI 106 PLACE: 2

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Michael Cox		2	183	25:45	3:14	5:11
12-12	Andrew Bowman		1	181	25:51	3:14	5:13
15-15	Jacob Bowman		1	182	25:55	3:15	5:13
32-32	George O'Connor		2	185	26:22	3:18	5:19
39-39	Bryce Stroede		1	189	26:34	3:20	5:21
=====							
91-81	Scott Stokan		1	188	27:37	3:28	5:34
92-82	Alex West		1	191	27:37	3:28	5:34
=====							
107-107	Ryan Beck		3	180	27:56	3:30	5:38
113-113	Chris Scott		1	187	28:09	3:32	5:40
120-120	Zack Thomas		1	190	28:31	3:34	5:45
143-143	Dylan Oppenheiser		2	186	30:24	3:48	6:07
Top 5 Total Time:		130:27	Top 5 Average Time:		26:06		
Top 5 Average per KM:		3:16	Top 5 Average Per MILE:		5:15		
1 - 5 Split:		:49	1 - 7 Split:		1:52		
Top 7 Total Time:		185:41	Top 7 Average Time:		26:32		

TEAM QUEEN'S GAELS SCORI 107 PLACE: 3

OVERALL							
SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Jeff Archer		E4	205	25:26	3:11	5:07
5-5	David Cashin		E3	207	25:36	3:12	5:09
6-6	Tyson Loney		E5	214	25:41	3:13	5:10
47-46	Alex Hutton		E3	211	26:42	3:21	5:23
49-48	Alex Wilkie		R	215	26:43	3:21	5:23
=====							
51-50	Evan Andrin		E2	204	26:47	3:21	5:24
71-66	Chris Fitzgibbon		E2	210	27:11	3:24	5:29
=====							
108-108	Shane Favit		R	209	27:56	3:30	5:38
115-115	Jihoon Choi		R	208	28:14	3:32	5:41
118-118	Corbin Johnston		E1	213	28:26	3:34	5:44
129-129	Jeff Mountjoy		E4	206	29:19	3:40	5:54
Top 5 Total Time:		130:08	Top 5 Average Time:		26:02		
Top 5 Average per KM:		3:16	Top 5 Average Per MILE:		5:15		
1 - 5 Split:		1:17	1 - 7 Split:		1:45		
Top 7 Total Time:		184:06	Top 7 Average Time:		26:18		

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TEAM WINDSOR LANCERS**SCORE 111****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Nick Falk		E5	317	25:30	3:12	5:08
19-19	Josh Bolton		E3	316	26:02	3:16	5:15
27-27	Dave Meloche		E4	324	26:11	3:17	5:17
29-29	Michael Pesce		E3	325	26:18	3:18	5:18
33-33	Alex Ullman		E2	326	26:25	3:19	5:19
=====							
34-34	Taylor McArthur		E2	323	26:27	3:19	5:20
35-35	Nick MacMackin		R	321	26:29	3:19	5:20
=====							
44-44	Joe Kagumba		E1	319	26:38	3:20	5:22
54-54	Jeremy Hick		R	318	26:49	3:22	5:24
96-96	Matt Hall		E1	315	27:42	3:28	5:35
106-106	Paul Lamarra		E3	320	27:55	3:30	5:37
Top 5 Total Time:		130:26			Top 5 Average Time:	26:06	
Top 5 Average per KM:		3:16			Top 5 Average Per MILE:	5:15	
1 - 5 Split:		:55			1 - 7 Split:	:59	
Top 7 Total Time:		183:22			Top 7 Average Time:	26:12	

TEAM LAKEHEAD T'WOLVES**SCORE 125****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Connor McGuire		SR	73	25:48	3:14	5:12
14-14	Dominique Aulagnon		JR	70	25:55	3:15	5:13
18-18	Kevin Tree		SO	76	25:58	3:15	5:14
30-30	Chris Brown		SR	71	26:19	3:18	5:18
53-52	Ben Jones		FR	72	26:49	3:22	5:24
=====							
55-53	Mason Quarrell		FR	74	26:53	3:22	5:25
73-68	Tyler White		SO	77	27:12	3:24	5:29
=====							
86-86	Travis Roske		SR	75	27:31	3:27	5:33
Top 5 Total Time:		130:49			Top 5 Average Time:	26:10	
Top 5 Average per KM:		3:17			Top 5 Average Per MILE:	5:16	
1 - 5 Split:		1:01			1 - 7 Split:	1:24	
Top 7 Total Time:		184:54			Top 7 Average Time:	26:25	

TEAM GUELPH GRYPHONS**SCORE 153****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Yves Sikubwabo		E2	64	25:17	3:10	5:06
16-16	Stephen Holmes		E5	60	25:57	3:15	5:14
22-22	Drew Anderson		E3	57	26:04	3:16	5:15
46-45	Adam Rowles		E2	62	26:41	3:21	5:23
76-69	Brandon Kirkup		R	61	27:17	3:25	5:30
=====							
80-72	Brayden Seneca		E2	63	27:22	3:26	5:31
104-89	Tyler Hewlett		E2	59	27:51	3:29	5:37
=====							
Top 5 Total Time:		131:16			Top 5 Average Time:	26:16	
Top 5 Average per KM:		3:17			Top 5 Average Per MILE:	5:17	
1 - 5 Split:		2:00			1 - 7 Split:	2:34	
Top 7 Total Time:		186:29			Top 7 Average Time:	26:39	

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TEAM MCMMASTER MARAUDERS SCORE 158**PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-17	Blair Morgan		E3	150	25:58	3:15	5:14
23-23	Gabe Ghiglione		E2	147	26:05	3:16	5:15
31-31	Paul Rochus		R	151	26:21	3:18	5:19
43-43	Eric Barry		E4	142	26:38	3:20	5:22
45-44	Nick Belore		R	143	26:41	3:21	5:23
=====							
56-54	Luke Charbonneau		E2	145	26:53	3:22	5:25
61-59	Ivan Meizinger		E1	149	27:01	3:23	5:27
=====							
68-68	Patrick Deane		R	146	27:09	3:24	5:28
75-75	Derek VanSchepen		E1	153	27:16	3:25	5:30
87-87	Jordan Bierema		E4	144	27:32	3:27	5:33
93-93	Jeramie Lai		R	148	27:38	3:28	5:34
94-94	Jeff Tweedle		E1	152	27:39	3:28	5:34
Top 5 Total Time:		131:43			Top 5 Average Time:	26:21	
Top 5 Average per KM:		3:18			Top 5 Average Per MILE:	5:18	
1 - 5 Split:		:43			1 - 7 Split:	1:03	
Top 7 Total Time:		185:37			Top 7 Average Time:	26:31	

TEAM GENESEO KNIGHTS**SCORE 160****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Cohen Miles-Rath		JR	43	25:52	3:14	5:13
26-26	Ryan Moynihan		JR	44	26:11	3:17	5:17
38-38	Chaz` Abad		SR	36	26:33	3:20	5:21
41-41	Patrick Wortner			348	26:36	3:20	5:22
42-42	Brendan Wortner			349	26:38	3:20	5:22
=====							
57-55	Matthew Jorgensen		FR	41	26:55	3:22	5:25
63-61	John Panus			347	27:03	3:23	5:27
=====							
67-67	Declan Dwyer-Mcnulty		FR	39	27:08	3:24	5:28
70-70	Michael Borini		FR	37	27:10	3:24	5:28
74-74	Alex Kramer		FR	353	27:15	3:25	5:29
78-78	Liam Cody		SR	38	27:18	3:25	5:30
100-100	Tim Matteer		JR	42	27:47	3:29	5:36
112-112	Chris Odin		FR	46	28:03	3:31	5:39
116-116	Adam Murphy		FR	45	28:16	3:32	5:42
Top 5 Total Time:		131:50			Top 5 Average Time:	26:22	
Top 5 Average per KM:		3:18			Top 5 Average Per MILE:	5:19	
1 - 5 Split:		:46			1 - 7 Split:	1:11	
Top 7 Total Time:		185:48			Top 7 Average Time:	26:33	

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TEAM WESTERN MUSTANGS**SCORE 220****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
20-21	Kevin Blackney		E4	295	26:04	3:16	5:15
25-25	Phil Parrot-Migas		E3	301	26:10	3:17	5:16
36-36	Chris Balestrini		E3	294	26:30	3:19	5:20
69-65	Shane Roberts		E2	302	27:10	3:24	5:28
81-73	Seth Marcaccio		R	298	27:23	3:26	5:31
=====							
88-78	Lewis Kent		E2	297	27:34	3:27	5:33
101-87	Donovan Hacking		E3	296	27:49	3:29	5:36
=====							
103-103	Hunter Andrin		E3	293	27:49	3:29	5:36
109-109	Triphon Moodie		E2	300	27:57	3:30	5:38
133-133	Andrew McColl		R	299	29:36	3:42	5:58
Top 5 Total Time:		133:17			Top 5 Average Time:	26:40	
Top 5 Average per KM:		3:20			Top 5 Average Per MILE:	5:22	
1 - 5 Split:		1:19			1 - 7 Split:	1:45	
Top 7 Total Time:		188:40			Top 7 Average Time:	26:58	

TEAM WAYNE STATE WARRIORS SCORE 272**PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-37	Irvin Wyche		SO	280	26:33	3:20	5:21
50-49	Eddie Komph		SO	275	26:44	3:21	5:23
59-57	Nicholas Jackson		SR	274	26:56	3:22	5:26
60-58	Ruben Cardenas		SO	271	26:59	3:23	5:26
79-71	Kevin Salter		FR	279	27:20	3:25	5:30
=====							
89-79	Andrew Nelson		FR	276	27:34	3:27	5:33
95-83	Kory Lohrmann			356	27:40	3:28	5:34
=====							
110-110	Joey Gerow		SO	273	27:59	3:30	5:38
123-123	Sawyer Smith			357	28:34	3:35	5:45
Top 5 Total Time:		134:32			Top 5 Average Time:	26:55	
Top 5 Average per KM:		3:22			Top 5 Average Per MILE:	5:25	
1 - 5 Split:		:47			1 - 7 Split:	1:07	
Top 7 Total Time:		189:46			Top 7 Average Time:	27:07	

TEAM TORONTO VARSITY BLUE SCORE 273**PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
24-24	Sacha Smart		E2	235	26:08	3:16	5:16
52-51	Jake Woloshyn		E5	238	26:48	3:21	5:24
62-60	Chris Moyer		E2	232	27:02	3:23	5:27
66-64	Alexey Strokach		E5	236	27:06	3:24	5:28
82-74	Zain Ahmed		E4	228	27:25	3:26	5:31
=====							
85-77	Devonte Cummings		R	229	27:31	3:27	5:33
126-99	Scott Peever		E1	234	28:48	3:36	5:48
=====							
127-127	Brendan Hynes		E3	231	28:55	3:37	5:50
130-130	Connor Outhit		E4	233	29:20	3:40	5:55
136-136	Galan Yousuf		E1	239	29:49	3:44	6:00
Top 5 Total Time:		134:29			Top 5 Average Time:	26:54	
Top 5 Average per KM:		3:22			Top 5 Average Per MILE:	5:25	
1 - 5 Split:		1:17			1 - 7 Split:	2:40	
Top 7 Total Time:		190:48			Top 7 Average Time:	27:16	

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TEAM LAURIER GOLDEN HAWKS SCORE 314 PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Adam Cornwall		E3	99	25:47	3:14	5:12
64-62	Elliot De Lange		E2	100	27:03	3:23	5:27
72-67	Abdhu Zaghlol		E3	103	27:11	3:24	5:29
98-85	Ian Turnbull		E2	102	27:45	3:29	5:35
105-90	Brett Cameron		E4	97	27:54	3:30	5:37
=====							
114-92	Sean Patterson		E3	101	28:12	3:32	5:41
139-107	Zack Caverson		2	98	29:53	3:45	6:01
=====							
Top 5 Total Time:		135:40	Top 5 Average Time:		27:08		
Top 5 Average per KM:		3:24	Top 5 Average Per MILE:		5:28		
1 - 5 Split:		2:07	1 - 7 Split:		4:06		
Top 7 Total Time:		193:45	Top 7 Average Time:		27:41		

TEAM WATERLOO WARRIORS SCORE 415 PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
48-47	Michael Stewart		E3	257	26:42	3:21	5:23
77-70	Daniel Fournier		R	250	27:18	3:25	5:30
119-94	Jason Laporta		E2	252	28:31	3:34	5:45
121-95	Ryan Santos		E2	256	28:32	3:34	5:45
141-109	Spencer Leckie		E1	253	30:08	3:46	6:04
=====							
144-111	Jesse Burt		R	248	30:33	3:50	6:09
145-112	John-Paul Violante		R	258	30:40	3:50	6:11
=====							
149-149	Derek Ramos		R	255	31:48	3:59	6:24
151-151	Tianshi Ning		R	254	31:53	4:00	6:25
153-153	Hadi El-Shuyeb		E2	249	33:40	4:13	6:47
155-155	Spencer Kelly		E1	251	34:43	4:21	7:00
156-156	Andrew Wong		E1	259	35:31	4:27	7:09
Top 5 Total Time:		141:11	Top 5 Average Time:		28:15		
Top 5 Average per KM:		3:32	Top 5 Average Per MILE:		5:41		
1 - 5 Split:		3:26	1 - 7 Split:		3:58		
Top 7 Total Time:		202:24	Top 7 Average Time:		28:55		

TEAM YORK LIONS SCORE 417 PLACE: 14

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
40-40	Suraj Sharma		E2	342	26:35	3:20	5:21
102-88	Harishan Karunenthiran		E2	337	27:49	3:29	5:36
111-91	James Tarling		E2	343	28:01	3:31	5:39
124-97	Sam Neal		E2	340	28:37	3:35	5:46
131-101	Brandon Belan		R	334	29:28	3:41	5:56
=====							
Top 5 Total Time:		140:30	Top 5 Average Time:		28:06		
Top 5 Average per KM:		3:31	Top 5 Average Per MILE:		5:40		
1 - 5 Split:		2:53	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

2013 WESTERN INTERNATIONAL-39th Annual

Sat. Sept 21 at Thames Valley GC, London

09/21/2013

28th year at Thames Valley GC

TEAM MCGILL**SCORE 445****PLACE: 15**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
83-75	Vincent Parent-Pichette		E2	126	27:27	3:26	5:32
90-80	Ben Forestell		R	124	27:37	3:28	5:34
97-84	Ian Richardson		E1	128	27:45	3:29	5:35
132-102	Christian Favreau		R	123	29:31	3:42	5:57
135-104	Tsuby Kaneko		R	125	29:40	3:43	5:59
=====							
140-108	Cody Rountree		R	129	29:58	3:45	6:02
Top 5 Total Time:		142:00			Top 5 Average Time:	28:24	
Top 5 Average per KM:		3:33			Top 5 Average Per MILE:	5:43	
1 - 5 Split:		2:13			1 - 7 Split:		
Top 7 Total Time:					Top 7 Average Time:		

TEAM BROCK BADGERS**SCORE 453****PLACE: 16**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
58-56	Mike Van Bakel		E4	13	26:55	3:22	5:25
84-76	Sven Perleth		E1	10	27:29	3:27	5:32
128-100	Kelly Saul		E1	11	29:01	3:38	5:51
137-105	Alastair Thompson		E3	12	29:49	3:44	6:00
150-116	Bryan Cole		E4	8	31:49	3:59	6:25
=====							
Top 5 Total Time:		145:03			Top 5 Average Time:	29:01	
Top 5 Average per KM:		3:38			Top 5 Average Per MILE:	5:51	
1 - 5 Split:		4:54			1 - 7 Split:		
Top 7 Total Time:					Top 7 Average Time:		

TEAM NIPISSING LAKERS**SCORE 508****PLACE: 17**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
99-86	Terry Doiron		E3	164	27:47	3:29	5:36
117-93	Jordan Cascagnette		R	161	28:22	3:33	5:43
138-106	Matt Chalmers		E2	162	29:51	3:44	6:01
142-110	Jordan Scott		E3	166	30:14	3:47	6:05
146-113	Kevin Durkee		E3	165	31:12	3:54	6:17
=====							
147-114	Bryan Stone		R	167	31:27	3:56	6:20
154-118	Gabriel Doiron		R	163	33:57	4:15	6:50
=====							
Top 5 Total Time:		147:26			Top 5 Average Time:	29:30	
Top 5 Average per KM:		3:42			Top 5 Average Per MILE:	5:56	
1 - 5 Split:		3:25			1 - 7 Split:	6:10	
Top 7 Total Time:		212:50			Top 7 Average Time:	30:25	

TEAM CONCORDIA STINGERS**SCORE 529****PLACE: 18**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
122-96	Francis Dumoulin		E2	20	28:33	3:35	5:45
125-98	Nicholas Pevato		R	23	28:45	3:36	5:48
134-103	Jameel Greenidge		1	21	29:38	3:43	5:58
148-115	Alexandre Candau		E1	19	31:28	3:56	6:20
152-117	Haile Kostin		R	22	32:52	4:07	6:37
=====							
Top 5 Total Time:		151:16			Top 5 Average Time:	30:16	
Top 5 Average per KM:		3:47			Top 5 Average Per MILE:	6:06	
1 - 5 Split:		4:19			1 - 7 Split:		
Top 7 Total Time:					Top 7 Average Time:		