

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 100 Meter Dash Midget**

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 1102 | Kyra Constantine | St. Roch - Brampton | 12.35 | 12.54Q | -3.3 | 2 |
| 2 | 1166 | Zaria Armstrong | Blakelock, T | 13.10 | 12.60Q | -1.2 | 1 |
| 3 | 232 | Alexis Brenzil | Centennial S S | 12.82 | 12.84Q | -1.2 | 1 |
| 4 | 1049 | Jermeka Castello | St. Margueri | 13.01 | 12.99Q | -3.3 | 2 |
| 5 | 146 | Hannah Christophe | Bramalea S S | 13.17 | 13.02q | -1.2 | 1 |
| 6 | 483 | Viktoria Vanzanten | Heritage Chr | 12.72 | 13.19q | -1.2 | 1 |
| 7 | 26 | Nicole Brownell | Ancaster High | 13.03 | 13.26q | -3.3 | 2 |
| 8 | 23 | Chante Burnett | Acton D H S | 13.68 | 13.32q | -3.3 | 2 |
| 9 | 188 | Dray Campagna | Burlington C | 14.13 | 13.34 | -1.2 | 1 |
| 10 | 1053 | Thaliya Phillips | St. Margueri | 13.45 | 13.41 | -1.2 | 1 |
| 11 | 66 | Ashley Kyei Maye | Reding, Bisho | 14.08 | 13.45 | -1.2 | 1 |
| 12 | 190 | Illicia Orr_Campbe | Burlington C | 13.90 | 13.54 | -3.3 | 2 |
| 13 | 1213 | Marissa Dubois | Westdale S S | 13.18 | 13.55 | -3.3 | 2 |
| 14 | 469 | Sophia Winter | Hamilton Dis | 13.26 | 13.56 | -3.3 | 2 |

Women 100 Meter Dash Midget

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1102 | Kyra Constantine | St. Roch - Brampton | 12.54 | 12.30 | -1.4 |
| 2 | 1166 | Zaria Armstrong | Blakelock, T | 12.60 | 12.41 | -1.4 |
| 3 | 232 | Alexis Brenzil | Centennial S S | 12.84 | 12.74 | -1.4 |
| 4 | 1049 | Jermeka Castello | St. Margueri | 12.99 | 12.84 | -1.4 |
| 5 | 146 | Hannah Christophe | Bramalea S S | 13.02 | 12.97 | -1.4 |
| 6 | 483 | Viktoria Vanzanten | Heritage Chr | 13.19 | 13.08 | -1.4 |
| 7 | 26 | Nicole Brownell | Ancaster High | 13.26 | 13.13 | -1.4 |
| 8 | 23 | Chante Burnett | Acton D H S | 13.32 | 13.26 | -1.4 |

Women 200 Meter Dash Midget

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 1102 | Kyra Constantine | St. Roch - Brampton | 24.61 | 25.58Q | 0.4 | 1 |
| 2 | 1166 | Zaria Armstrong | Blakelock, T | 25.95 | 26.43Q | -1.7 | 2 |
| 3 | 1049 | Jermeka Castello | St. Margueri | 26.56 | 26.52Q | -1.7 | 2 |
| 4 | 589 | Jasmine Lougheed | Laura Secord S S | 26.90 | 26.72Q | 0.4 | 1 |
| 5 | 23 | Chante Burnett | Acton D H S | 27.02 | 27.08Q | -1.7 | 2 |
| 6 | 26 | Nicole Brownell | Ancaster High | 27.38 | 27.24Q | 0.4 | 1 |
| 7 | 483 | Viktoria Vanzanten | Heritage Chr | 26.62 | 27.29q | 0.4 | 1 |
| 8 | 1066 | Halle Bovell | St. Mary's S S | 27.66 | 27.42q | -1.7 | 2 |
| 9 | 678 | Tialeee Trench | Notre Dame S S | 27.92 | 27.60 | 0.4 | 1 |
| 10 | 235 | Abegale Rodriques | Centennial S S | 28.18 | 27.82 | -1.7 | 2 |
| 11 | 248 | Kelsey Gallant | Christ the King | 27.30 | 28.09 | -1.7 | 2 |
| 12 | 899 | Tahlia Arneaud | St. Edmund Campi | 27.77 | 28.12 | -1.7 | 2 |
| 13 | 854 | Riel Flack | St. Aloysius | 27.54 | 28.13 | 0.4 | 1 |
| 14 | 101 | Monica Ferreira | Bishop Tonnos | 27.84 | 28.16 | 0.4 | 1 |

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| Name | Year | School | Prelims | Finals | Wind | |
|---------------|------|--------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1102 | Kyra Constantine | St. Roch - Brampton | 25.58 | 24.80 | -0.2 |
| 2 | 1049 | Jermeka Castello | St. Margueri | 26.52 | 26.35 | -0.2 |
| 3 | 589 | Jasmine Lougheed | Laura Secord S S | 26.72 | 26.43 | -0.2 |
| 4 | 23 | Chante Burnett | Acton D H S | 27.08 | 26.76 | -0.2 |
| 5 | 26 | Nicole Brownell | Ancaster High | 27.24 | 27.21 | -0.2 |
| 6 | 1066 | Halle Bovell | St. Mary's S S | 27.42 | 27.33 | -0.2 |
| 7 | 483 | Viktoria Vanzanten | Heritage Chr | 27.29 | 27.62 | -0.2 |
| -- | 1166 | Zaria Armstrong | Blakelock, T | 26.43 | DNF | -0.2 |

Women 400 Meter Dash Midget

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|---------------------|---------|---------|---|
| 1 | 1102 | Kyra Constantine | St. Roch - Brampton | 54.49 | 54.68 | 2 |
| 2 | 939 | Kristen O'Neill | St. Ignatius | 58.00 | 57.52 | 2 |
| 3 | 499 | Jenna Smith | Highland S S | 57.80 | 57.77 | 2 |
| 4 | 1010 | Alexia Morgan | St. Marcellinus S S | 1:00.18 | 59.16 | 2 |
| 5 | 1215 | Chloe Hewitt | Westdale S S | 1:00.58 | 1:01.02 | 2 |
| 6 | 23 | Chante Burnett | Acton D H S | 1:00.70 | 1:01.60 | 2 |
| 7 | 589 | Jasmine Lougheed | Laura Secord S S | 1:02.16 | 1:01.62 | 2 |
| 8 | 798 | Paige Doyle | Robert F. Ha | 1:03.69 | 1:02.26 | 1 |
| 9 | 390 | Sandra Stec | Fr. Michael | 1:04.05 | 1:03.85 | 1 |
| 10 | 821 | Kennedy Thomson | Churchill, S | 1:02.83 | 1:03.88 | 2 |
| 11 | 97 | Amy Bellavia | Bishop Tonnos | 1:06.95 | 1:04.37 | 1 |
| 12 | 561 | Sarah Huang | John Fraser S S | 1:04.20 | 1:04.40 | 1 |
| 13 | 188 | Dray Campagna | Burlington C | 1:06.97 | 1:05.20 | 1 |
| 14 | 1169 | Mikaela Duric | Blakelock, T | 1:06.11 | 1:05.27 | 1 |
| 15 | 595 | Mikayla Sonnenberg | Laura Secord S S | 1:02.90 | 1:06.75 | 1 |

Women 800 Meter Run Midget

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|---------------------|---------|---------|---|
| 1 | 939 | Kristen O'Neill | St. Ignatius | 2:24.99 | 2:18.92 | 2 |
| 2 | 499 | Jenna Smith | Highland S S | 2:23.99 | 2:22.22 | 2 |
| 3 | 1215 | Chloe Hewitt | Westdale S S | 2:26.65 | 2:22.45 | 2 |
| 4 | 1010 | Alexia Morgan | St. Marcellinus S S | 2:35.20 | 2:23.99 | 2 |
| 5 | 821 | Kennedy Thomson | Churchill, S | 2:23.93 | 2:25.07 | 2 |
| 6 | 453 | Beth Vanderbrugghe | Guido De Bres C H S | 2:34.46 | 2:28.66 | 2 |
| 7 | 1211 | Jasmine Buckridge | Westdale S S | 2:29.43 | 2:29.42 | 2 |
| 8 | 1070 | Mikayla Hewitt | St. Mary's S S | 2:33.81 | 2:32.03 | 2 |
| 9 | 286 | Renee Steenge | Grizzlies | 2:39.62 | 2:33.30 | 1 |
| 10 | 713 | Raquel Sinclair | Mount Carmel SS | 2:41.34 | 2:33.55 | 1 |
| 11 | 1169 | Mikaela Duric | Blakelock, T | 2:37.10 | 2:34.78 | 1 |
| 12 | 561 | Sarah Huang | John Fraser S S | 2:39.78 | 2:36.23 | 1 |
| 13 | 535 | Gillian Day | Iroquois Ridge H S | 2:41.26 | 2:37.03 | 1 |
| 14 | 265 | Lily Lambert | Corpus Christi | 2:39.77 | 2:42.70 | 1 |
| 15 | 752 | Jill Amirault | Port Credit S S | 2:38.09 | 2:47.19 | 1 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 1500 Meter Run Midget**

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|---------|---------|
| 1 | 939 | Kristen O'Neill | St. Ignatius | 4:54.10 | 4:52.35 |
| 2 | 639 | Emily Wessling | Milton D H S | 4:59.86 | 4:55.26 |
| 3 | 247 | Mackenzie Cameron | Christ the King | 4:58.62 | 4:57.25 |
| 4 | 853 | Olivia DiCristofar | St. Aloysius | 5:07.24 | 5:00.13 |
| 5 | 453 | Beth Vanderbrugghe | Guido De Bres C H S | 5:18.66 | 5:09.42 |
| 6 | 1211 | Jasmine Buckridge | Westdale S S | 5:08.32 | 5:10.02 |
| 7 | 286 | Renee Steenge | Grizzlies | 5:19.59 | 5:18.45 |
| 8 | 798 | Paige Doyle | Robert F. Ha | 5:19.03 | 5:18.64 |
| 9 | 251 | Nicole Waddick | Christ the King | 5:35.04 | 5:32.12 |
| 10 | 27 | Camille Dehghan | Ancaster High | 5:24.08 | 5:32.66 |
| 11 | 621 | Ellen Zagar | Mayfield S S | 5:23.10 | 5:33.75 |
| 12 | 752 | Jill Amirault | Port Credit S S | 5:19.72 | 5:37.39 |
| 13 | 137 | Taylor Thomson | Blessed Trinity H S | 5:29.22 | 5:42.74 |
| 14 | 335 | Tessa Sherk | E. L. Crossley S S | 5:29.44 | 5:48.64 |
| 15 | 786 | Lauren Stanbridge | Robert Batem | 5:38.44 | 5:49.82 |

Women 3000 Meter Run Midget

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|----------|----------|
| 1 | 247 | Mackenzie Cameron | Christ the King | 10:39.22 | 11:00.32 |
| 2 | 251 | Nicole Waddick | Christ the King | 12:13.27 | 11:51.62 |
| 3 | 128 | Rachel Langelaan | Blessed Trinity H S | 12:01.35 | 11:56.01 |
| 4 | 395 | Allison Chan | Garth Webb | 12:11.49 | 12:10.21 |
| 5 | 803 | Sarah Incretolli | Saltfleet D H S | 12:31.50 | 12:15.27 |
| 6 | 621 | Ellen Zagar | Mayfield S S | 12:12.94 | 12:17.47 |
| 7 | 757 | Micaela Theofilopo | Port Credit S S | 12:23.48 | 12:21.11 |
| 8 | 977 | Carolina Engering | St. Joan of Arc | 12:21.56 | 12:26.22 |
| 9 | 752 | Jill Amirault | Port Credit S S | 11:58.08 | 12:41.01 |
| 10 | 468 | Bethany Mostert | Hamilton Dis | 12:34.43 | 12:44.70 |
| 11 | 863 | Mackenzie Ruffo | St. Aloysius | 12:48.16 | 12:58.14 |
| 12 | 553 | Jazmine Leduc | Jean Vanier E S | 13:02.11 | 13:02.58 |
| -- | 21 | Piper Thompson | Abbey Park - | 12:15.37 | DNF |
| -- | 786 | Lauren Stanbridge | Robert Batem | 12:31.61 | DNF |
| -- | 27 | Camille Dehghan | Ancaster High | 12:18.78 | DNF |

Women 80 Meter Hurdles Midget

| Name | Year | School | Seed | Prelims | Wind | H# |
|---------------|------|--------------------|---------------------|---------|--------|--------|
| Preliminaries | | | | | | |
| 1 | 723 | Brittany Stenekes | Parkside H S | 12.60 | 12.37Q | -0.5 1 |
| 2 | 761 | Abby Bolton | Ridge-Cr HS | 12.72 | 12.54Q | -0.2 2 |
| 3 | 1171 | Kaleigh Jeffrey | Blakelock, T | 13.58 | 13.05Q | -0.2 2 |
| 4 | 1220 | Rachel Stanga | Westdale S S | 13.46 | 13.28Q | -0.5 1 |
| 5 | 589 | Jasmine Lougheed | Laura Secord S S | 13.08 | 13.20q | -0.2 2 |
| 6 | 128 | Rachel Langelaan | Blessed Trinity H S | 13.37 | 13.37q | -0.5 1 |
| 7 | 1167 | Hazel Brown | Blakelock, T | 14.05 | 13.47q | -0.5 1 |
| 8 | 1174 | Julia Scott | Blakelock, T | 15.19 | 13.48q | -0.5 1 |
| 9 | 401 | Elexa Stolzer | Garth Webb | 13.97 | 13.76 | -0.2 2 |
| 10 | 164 | Tatianna Carter | Brampton Cen | 14.12 | 13.85 | -0.5 1 |
| 11 | 165 | Nicolette Cole-Jon | Brampton Cen | 14.96 | 14.26 | -0.5 1 |
| 12 | 932 | Elizabeth Attia | St. Francis | 14.83 | 14.43 | -0.2 2 |

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| | | | | | | |
|----|----------------------|---------------------|-------|-------|------|---|
| 13 | 726 Alex Campbell | Philip Pocock C S S | 14.46 | 14.44 | -0.2 | 2 |
| 14 | 67 Lakiesha Norris | Reding, Bisho | 15.55 | 14.85 | -0.2 | 2 |
| 15 | 934 Lydia Zomparelli | St. Francis | 15.80 | 16.10 | -0.2 | 2 |

Women 80 Meter Hurdles Midget

| Name | Year | School | Prelims | Finals | Wind |
|------|------|--------|---------|--------|------|
|------|------|--------|---------|--------|------|

Finals

| | | | | | |
|---|-----------------------|---------------------|-------|-------|-----|
| 1 | 723 Brittany Stenekes | Parkside H S | 12.37 | 12.36 | 0.7 |
| 2 | 761 Abby Bolton | Ridge-Cr HS | 12.54 | 12.72 | 0.7 |
| 3 | 1171 Kaleigh Jeffrey | Blakelock, T | 13.05 | 12.93 | 0.7 |
| 4 | 589 Jasmine Lougheed | Laura Secord S S | 13.20 | 12.94 | 0.7 |
| 5 | 128 Rachel Langelaan | Blessed Trinity H S | 13.37 | 13.23 | 0.7 |
| 6 | 1220 Rachel Stanga | Westdale S S | 13.28 | 13.24 | 0.7 |
| 7 | 1174 Julia Scott | Blakelock, T | 13.48 | 13.31 | 0.7 |
| 8 | 1167 Hazel Brown | Blakelock, T | 13.47 | 13.37 | 0.7 |

Women 300 Meter Hurdles Midget

| Name | Year | School | Seed | Finals | H# |
|------|------|--------|------|--------|----|
|------|------|--------|------|--------|----|

| | | | | | |
|----|------------------------|--------------------|-------|---------|---|
| 1 | 723 Brittany Stenekes | Parkside H S | 48.51 | 47.06 | 2 |
| 2 | 761 Abby Bolton | Ridge-Cr HS | 50.32 | 49.46 | 2 |
| 3 | 1171 Kaleigh Jeffrey | Blakelock, T | 49.50 | 49.70 | 2 |
| 4 | 190 Illicia Orr_Campbe | Burlington C | 51.46 | 49.97 | 2 |
| 5 | 177 Sherlyn Assam | Brampton Chr | 50.89 | 49.98 | 2 |
| 6 | 322 Julia Burke | E. L. Crossley S S | 52.17 | 50.43 | 2 |
| 7 | 443 Danielle Saulnier | Grimsby D S S | 51.64 | 50.49 | 2 |
| 8 | 163 Cassadie Andrews | Brampton Cen | 54.92 | 51.64 | 1 |
| 9 | 1194 Leah Thomas | Turner-Fenton S S | 56.38 | 52.21 | 1 |
| 10 | 753 Stephanie Gava | Port Credit S S | 56.76 | 54.19 | 1 |
| 11 | 1168 Rachel Dhingra | Blakelock, T | 55.67 | 54.71 | 1 |
| 12 | 756 Charlotte Ponsonby | Port Credit S S | 57.16 | 54.74 | 1 |
| 13 | 399 Catherine Ostapovy | Garth Webb | 58.35 | 1:00.35 | 1 |
| -- | 496 Georgia Nickel | Highland S S | 52.09 | DNF | 2 |
| -- | 97 Amy Bellavia | Bishop Tonnos | 52.72 | DQ | 1 |

Women 4x100 Meter Relay Midget

| School | Seed | Finals | H# |
|--------|------|--------|----|
|--------|------|--------|----|

| | | | |
|---------------------------------|--------------------------|-------|---|
| 1 St. Marguerite D'Youville 'A' | 51.60 | 50.71 | 2 |
| 1) 1047 Roberta Acquah | 2) 1053 Thaliya Phillips | | |
| 3) 1052 Amanda Ogunpolu | 4) 1049 Jermeka Castello | | |
| 5) 1054 Ariele Ramsawak | 6) | | |
| 2 Thomas A. Blakelock H S 'A' | 53.08 | 51.21 | 2 |
| 1) 1167 Hazel Brown | 2) 1174 Julia Scott | | |
| 3) 1171 Kaleigh Jeffrey | 4) 1166 Zaria Armstrong | | |
| 5) 1177 Megan Watt | 6) 1172 Emma McIvor | | |
| 3 Westdale S S 'A' | 54.87 | 51.75 | 2 |
| 1) 1213 Marissa Dubois | 2) 1214 Ariel Gardner | | |
| 3) 1210 Mara Balvers | 4) 1220 Rachel Stanga | | |
| 5) 1215 Chloe Hewitt | 6) 1222 Nicole Whitmore | | |
| 4 E. L. Crossley S S 'A' | 55.93 | 53.27 | 1 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 4x100 Meter Relay Midget**

| | | | | |
|--------------------------------|-----------------------------|-------|-------|---|
| 1) 327 Jane Gibson | 2) 332 Niamh Knox | | | |
| 3) 322 Julia Burke | 4) 338 Erica Wilson | | | |
| 5) 333 Cassie Osterlund | 6) | | | |
| 5 St. Roch - Brampton 'A' | | 53.70 | 53.38 | 2 |
| 1) 1107 Brooklyn Rodrigues | 2) 1103 Alexis Francis | | | |
| 3) 1099 Adwoa Asubonteng | 4) 1104 Shayla Harris | | | |
| 5) 1102 Kyra Constantine | 6) 1106 Nicole Rachner | | | |
| 6 Burlington Central H S 'A' | | 54.71 | 53.50 | 2 |
| 1) 186 Julia Belton | 2) 192 Victoria Peacock | | | |
| 3) 188 Dray Campagna | 4) 190 Illicia Orr_Campbell | | | |
| 7 Turner-Fenton S S 'A' | | 54.86 | 54.15 | 2 |
| 1) 1190 Daina Armstrong | 2) 1191 Brittnie Christie | | | |
| 3) 1192 Tiffany Sankey | 4) 1194 Leah Thomas | | | |
| 5) 1193 Odamea Simmons | 6) | | | |
| 8 Garth Webb 'A' | | 56.18 | 54.83 | 1 |
| 1) 394 Roshanna Baker | 2) 395 Allison Chan | | | |
| 3) 396 Gillian Crooks | 4) 400 Daria Stauffer | | | |
| 5) 401 Elexa Stolz | 6) 397 Sophia Lee | | | |
| 9 Bishop Tonnos C.S.S. 'A' | | 56.06 | 55.41 | 1 |
| 1) 103 Victoria Kay | 2) 97 Amy Bellavia | | | |
| 3) 106 Nicole Roberge | 4) 95 Alexia Amorim | | | |
| 5) 99 Lindsay Ciaramella | 6) 101 Monica Ferreira | | | |
| 10 Grimsby D S S 'A' | | 56.72 | 55.50 | 1 |
| 1) 443 Danielle Saulnier | 2) 437 Rachel Holodniuk | | | |
| 3) 441 Diana Praleska | 4) 445 Alyssa Weber | | | |
| 11 St. Aloysius Gonzaga 'A' | | 55.60 | 55.75 | 1 |
| 1) 853 Olivia DiCristofaro | 2) 854 Riel Flack | | | |
| 3) 860 Adrienne Pereira | 4) 859 Kayla Messier | | | |
| 5) 852 Megan Cvitan | 6) 863 Mackenzie Ruffo | | | |
| 12 St. Jean de Brebeuf S S 'A' | | 55.35 | 56.49 | 2 |
| 1) 951 Melissa Cipparone | 2) 945 Pamela Ampah | | | |
| 3) 954 Rachel McCarthy | 4) 956 Rachel Perin | | | |
| 5) 947 Laura Brown | 6) 960 Miranda Waite | | | |
| 13 Blessed Trinity H S 'A' | | 56.78 | 56.67 | 1 |
| 1) 130 Kylie Laus | 2) 136 Ally Szabo | | | |
| 3) 138 Lauren Watters | 4) 124 Miranda Craig | | | |
| -- Highland S S 'A' | | 55.61 | DNF | 1 |
| 1) 495 Heather Nichols | 2) 487 Kelly Donoff | | | |
| 3) 496 Georgia Nickel | 4) 489 Jessie Heslop | | | |
| 5) 498 Rhianna Parent | 6) | | | |
| -- Bramalea S S 'A' | | 55.30 | DQ | 2 |
| 1) 150 Jenna Lutgendorff | 2) 151 Chelsea Macauley | | | |
| 3) 152 Latoya Malcolm | 4) 147 Jacque Flemings | | | |
| 5) 146 Hannah Christophe | 6) 154 Shawnie Mitchell | | | |

Women High Jump Midget

| Name | Year School | Seed | Finals |
|-------------------------|------------------|-------|--------|
| 1 235 Abegale Rodriques | Centennial S S | 1.45m | 1.63m |
| 2 1076 Makiah Hunt | St. Michael H S | 1.50m | 1.56m |
| 3 575 Hailey Kranics | Lakeshore C H S | 1.58m | J1.56m |
| 4 362 Olivia Hamlyn | Eden High School | 1.45m | 1.50m |
| 5 236 LeeAnn Skulj | Centennial S S | 1.45m | J1.50m |
| 6 569 Alexandra McPHail | Kings Christian | 1.38m | 1.45m |

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| | | | | | |
|----|------|------------------|------------------|-------|--------|
| 7 | 283 | Naomi McDonald | Grizzlies | 1.40m | J1.45m |
| 8 | 797 | Racheal Anderson | Robert F. Ha | 1.40m | J1.45m |
| 9 | 1168 | Rachel Dhingra | Blakelock, T | 1.41m | 1.40m |
| 9 | 271 | Kerry MacGregor | Craig Kielberger | 1.41m | 1.40m |
| 9 | 627 | Alex Crocker | Meadowvale S S | 1.40m | 1.40m |
| 12 | 272 | Laura Neumann | Craig Kielberger | 1.30m | 1.35m |
| 13 | 986 | Bridget Boulos | St. Joseph S S | 1.40m | 1.30m |
| 13 | 414 | Jamie Cochrane | Georgetown D H S | 1.30m | 1.30m |
| -- | 425 | Belma Colakovic | Glenforest S S | 1.45m | FAIL |

Women Pole Vault Midget

| Name | Year | School | Seed | Finals | |
|------|------|------------------|---------------------|--------|--------|
| 1 | 1076 | Makiah Hunt | St. Michael H S | 2.60m | 2.70m |
| 2 | 333 | Cassie Osterlund | E. L. Crossley S S | 2.45m | 2.40m |
| 3 | 236 | LeeAnn Skulj | Centennial S S | 2.45m | 2.30m |
| 4 | 767 | Shelby Palmer | Ridge-Cr HS | 2.30m | J2.30m |
| 5 | 618 | Meaghan Hymers | Mayfield S S | 2.00m | 1.90m |
| 6 | 1159 | Laura Lapochyk | The Humberview S | 1.80m | J1.90m |
| 7 | 594 | Megan Shimmon | Laura Secord S S | 1.55m | J1.90m |
| 8 | 1008 | Eliza Herter | St. Marcellinus S S | 1.70m | 1.80m |
| 9 | 995 | Lexi Attard | St. Marcellinus S S | 1.80m | 1.70m |

Women Long Jump Midget

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|--------------------|--------|-------|-----|
| 1 | 723 | Brittany Stenekes | Parkside H S | 4.79m | 4.99m | NWI |
| 2 | 746 | Emily Gamble | Port Colborne H S | 4.96m | 4.85m | NWI |
| 3 | 1213 | Marissa Dubois | Westdale S S | 4.63m | 4.84m | NWI |
| 4 | 367 | Ryleigh Unrau | Eden High School | 4.90m | 4.74m | NWI |
| 5 | 1097 | Vicky Tran | St. Paul's S S | 4.70m | 4.70m | NWI |
| 6 | 1047 | Roberta Acquah | St. Margueri | 5.12m | 4.67m | NWI |
| 7 | 985 | Lois Boateng | St. Joseph S S | 4.73m | 4.61m | NWI |
| 8 | 19 | Melissa Langegger | Abbey Park - | 4.71m | 4.51m | NWI |
| 9 | 1125 | Monika Jar | St. Thomas M | 4.32m | 4.45m | NWI |
| 10 | 266 | Mikayla Werner | Corpus Christi | 4.53m | 4.43m | NWI |
| 11 | 933 | Liliane Vu | St. Francis | 4.62m | 4.23m | NWI |
| 12 | 988 | Veronica Krolicka | St. Joseph S S | 4.34m | 4.17m | NWI |
| 12 | 47 | Aden Eichenberg | Assumption R C S S | 4.40m | 4.17m | NWI |
| 14 | 954 | Rachel McCarthy | St. Jean De B | 4.35m | 4.11m | NWI |
| -- | 483 | Viktoria Vanzanten | Heritage Chr | 4.72m | FOUL | |

Women Triple Jump Midget

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|-------------------|--------|--------|-----|
| 1 | 985 | Lois Boateng | St. Joseph S S | 9.69m | 10.29m | NWI |
| 2 | 19 | Melissa Langegger | Abbey Park - | 10.06m | 10.24m | NWI |
| 3 | 746 | Emily Gamble | Port Colborne H S | 10.04m | 10.12m | NWI |
| 4 | 4 | Jacquelyn Spadzins | A.N. Myer S S | 10.24m | 10.11m | NWI |
| 5 | 575 | Hailey Kranics | Lakeshore C H S | 9.87m | 10.10m | NWI |
| 6 | 633 | Sammy Baumgartner | Mentor College | 9.43m | 9.70m | NWI |
| 7 | 988 | Veronica Krolicka | St. Joseph S S | 9.65m | 9.69m | NWI |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women Triple Jump Midget**

| | | | | | | |
|----|-----|-------------------|-------------------|-------|-------|-----|
| 8 | 843 | Liz Berman | South Lincoln H S | 9.21m | 9.68m | NWI |
| 9 | 413 | K.C. Burnell | Georgetown D H S | 9.90m | 9.41m | NWI |
| 10 | 394 | Roshanna Baker | Garth Webb | 9.56m | 9.35m | NWI |
| 11 | 852 | Megan Cvitan | St. Aloysius | 9.30m | 9.10m | NWI |
| 12 | 901 | Jade Burnett | St. Edmund Campi | 9.44m | 8.80m | NWI |
| 12 | 960 | Miranda Waite | St.Jean De B | 9.08m | 8.80m | NWI |
| 14 | 569 | Alexandra McPHail | Kings Christian | 9.30m | 8.76m | NWI |

Women Shot Put Midget

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|-------|
| 1 | 133 | Cassandra Plute | Blessed Trinity H S | 8.89m | 9.29m |
| 2 | 1009 | Alexis Hibbert | St. Marcellinus S S | 8.85m | 8.97m |
| 3 | 232 | Alexis Brenzil | Centennial S S | 8.58m | 8.66m |
| 4 | 817 | Danielle Bridle | Churchill, S | 8.83m | 8.57m |
| 5 | 1016 | Monique Vernon | St. Marcellinus S S | 7.98m | 8.43m |
| 6 | 514 | Tia Stys | Holy Cross S S | 8.27m | 8.42m |
| 7 | 387 | Klaudia Kowalczyk | Fr. Michael | 8.42m | 8.25m |
| 8 | 592 | Sydney Mires | Laura Secord S S | 8.05m | 7.95m |
| 9 | 155 | Ose Omoregie | Bramalea S S | 8.03m | 7.60m |
| 10 | 862 | Tasja Rhooms | St. Aloysius | 8.56m | 7.42m |
| 11 | 692 | Michaela Smith | Notre Dame R C S S | 6.96m | 7.38m |
| 12 | 19 | Melissa Langerger | Abbey Park - | 7.88m | 7.21m |
| 13 | 946 | Cupido Annie | St.Jean De B | 6.86m | 7.02m |
| 14 | 46 | Serena Dimitroff | Assumption R C S S | 6.91m | 6.50m |
| -- | 1175 | Tessa Smith | Blakelock, T | 7.65m | FOUL |

Women Discus Throw Midget

| Name | Year | School | Seed | Finals | |
|------|------|------------------|---------------------|--------|--------|
| 1 | 592 | Sydney Mires | Laura Secord S S | 21.05m | 27.11m |
| 2 | 769 | Demi Quinn | Ridge-Cr HS | 25.51m | 26.66m |
| 3 | 133 | Cassandra Plute | Blessed Trinity H S | 27.08m | 26.60m |
| 4 | 862 | Tasja Rhooms | St. Aloysius | 20.91m | 26.15m |
| 5 | 385 | Shannon Troupe | Fort Erie S S | 22.21m | 25.67m |
| 6 | 817 | Danielle Bridle | Churchill, S | 21.83m | 22.59m |
| 7 | 1234 | Mara Lach | White Oaks S S | 18.03m | 21.49m |
| 8 | 726 | Alex Campbell | Philip Pocock C S S | 20.53m | 20.97m |
| 9 | 690 | Rayanna O'Gorman | Notre Dame R C S S | 24.02m | 20.51m |
| 10 | 148 | Michelle Gammon | Bramalea S S | 21.46m | 20.47m |
| 11 | 946 | Cupido Annie | St.Jean De B | 17.09m | 20.39m |
| 12 | 692 | Michaela Smith | Notre Dame R C S S | 17.98m | 16.77m |
| 13 | 976 | Jessica Dam | St. Joan of Arc | 20.31m | 13.74m |
| 14 | 638 | Viola Moss | Milton D H S | 16.74m | 13.35m |

Women Javelin Throw Midget

| Name | Year | School | Seed | Finals | |
|------|------|----------------|------------------|--------|--------|
| 1 | 232 | Alexis Brenzil | Centennial S S | 34.64m | 35.69m |
| 2 | 236 | LeeAnn Skulj | Centennial S S | 27.94m | 32.64m |
| 3 | 365 | Hope Larmour | Eden High School | 28.51m | 29.24m |
| 4 | 511 | Olivia Franko | Holy Cross S S | 29.41m | 28.26m |

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| | | | | | |
|----|------|--------------------|---------------------|--------|--------|
| 5 | 976 | Jessica Dam | St. Joan of Arc | 19.80m | 23.65m |
| 6 | 1234 | Mara Lach | White Oaks S S | 19.81m | 23.10m |
| 7 | 178 | Maria DeBoer | Brampton Chr | 23.05m | 22.92m |
| 8 | 817 | Danielle Bridle | Churchill, S | 26.47m | 22.40m |
| 9 | 726 | Alex Campbell | Philip Pocock C S S | 19.70m | 21.10m |
| 10 | 1175 | Tessa Smith | Blakelock, T | 19.29m | 20.20m |
| 11 | 179 | Jasleen Dhaliwal | Brampton Chr | 19.42m | 18.69m |
| 12 | 277 | Neelima Basra | Grizzlies | 18.16m | 18.31m |
| 13 | 194 | Sabrina Song-Chamb | Burlington C | 16.69m | 17.25m |
| 14 | 947 | Laura Brown | St.Jean De B | 16.75m | 16.44m |
| 15 | 273 | Ana Power | Craig Kielberger | 18.07m | 13.67m |

Women 100 Meter Dash Junior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 873 | Mariam Ajiroba | St. Augustine S S | 12.78 | 12.59Q | -2.0 | 2 |
| 2 | 300 | Savanah Rainford-A | Dennis Morris H S | 12.78 | 12.63Q | -0.6 | 1 |
| 3 | 281 | Shanelle Hunnighan | Grizzlies | 13.34 | 12.87Q | -0.6 | 1 |
| 4 | 541 | Bryanna Samuels | Iroquois Ridge H S | 13.26 | 12.90Q | -2.0 | 2 |
| 5 | 285 | Antoinette Sebast | Grizzlies | 13.08 | 12.92q | -0.6 | 1 |
| 6 | 552 | Alysha Fontaine | Jean Vanier E S | 13.01 | 13.02q | -0.6 | 1 |
| 7 | 230 | Keara Williams | Cawthra Park S S | 13.37 | 13.06q | -2.0 | 2 |
| 8 | 323 | Kylie Butler | E. L. Crossley S S | 12.97 | 13.11q | -2.0 | 2 |
| 9 | 1238 | Eboni Reid | White Oaks S S | 13.52 | 13.20 | -0.6 | 1 |
| 10 | 533 | Erica Bolliger | Iroquois Ridge H S | 13.49 | 13.25 | -0.6 | 1 |
| 11 | 287 | Cheyenne Wilson | Grizzlies | 13.36 | 13.36 | -2.0 | 2 |
| 12 | 1069 | Kelly Foster | St. Mary's S S | 13.60 | 13.39 | -2.0 | 2 |
| 13 | 132 | Cassidy Murray | Blessed Trinity H S | 13.22 | 13.47 | -2.0 | 2 |
| 14 | 264 | Brianna Beaulieu | Corpus Christi | 13.64 | 13.61 | -2.0 | 2 |
| 15 | 25 | Monica Binotto | Ancaster High | 13.28 | 13.63 | -0.6 | 1 |

Women 100 Meter Dash Junior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|--------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 873 | Mariam Ajiroba | St. Augustine S S | 12.59 | 12.37 | -1.3 |
| 2 | 300 | Savanah Rainford-A | Dennis Morris H S | 12.63 | 12.62 | -1.3 |
| 3 | 541 | Bryanna Samuels | Iroquois Ridge H S | 12.90 | 12.71 | -1.3 |
| 4 | 281 | Shanelle Hunnighan | Grizzlies | 12.87 | 12.83 | -1.3 |
| 5 | 552 | Alysha Fontaine | Jean Vanier E S | 13.02 | 12.99 | -1.3 |
| 6 | 323 | Kylie Butler | E. L. Crossley S S | 13.11 | 13.01 | -1.3 |
| 7 | 230 | Keara Williams | Cawthra Park S S | 13.06 | 13.10 | -1.3 |
| 8 | 285 | Antoinette Sebast | Grizzlies | 12.92 | 13.55 | -1.3 |

Women 200 Meter Dash Junior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|------------------|--------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 284 | Natasha McDonald | Grizzlies | 25.52 | 25.80Q | -1.1 | 2 |
| 2 | 873 | Mariam Ajiroba | St. Augustine S S | 27.09 | 26.02Q | 0.5 | 1 |
| 3 | 541 | Bryanna Samuels | Iroquois Ridge H S | 27.11 | 26.53Q | -1.1 | 2 |

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| | | | | | | | |
|----|------|--------------------|-------------------|-------|--------|------|---|
| 4 | 811 | Hailey Hemrica | MacNab,Sir A | 27.18 | 27.39Q | 0.5 | 1 |
| 5 | 287 | Cheyenne Wilson | Grizzlies | 27.16 | 27.10q | -1.1 | 2 |
| 6 | 281 | Shanelle Hunnighan | Grizzlies | 27.24 | 27.21q | -1.1 | 2 |
| 7 | 1069 | Kelly Foster | St. Mary's S S | 28.12 | 27.31q | -1.1 | 2 |
| 8 | 77 | Maria deWilde | Bishop Ryan C S S | 28.26 | 27.76q | -1.1 | 2 |
| 9 | 466 | Samantha DeVries | Hamilton Dis | 27.73 | 27.90 | -1.1 | 2 |
| 10 | 278 | Xanobia Bell-Steph | Grizzlies | 27.20 | 28.03 | 0.5 | 1 |
| 11 | 1074 | Rysa DelMundo | St. Michael H S | 28.32 | 28.12 | -1.1 | 2 |
| 12 | 1143 | Brianna Davis | St.Thomas Aquinas | 28.10 | 28.19 | 0.5 | 1 |
| 13 | 651 | Sonja Mijatovic | Nelson H S | 28.43 | 28.23 | 0.5 | 1 |

Women 200 Meter Dash Junior

| Name | Year | School | Prelims | Finals | Wind |
|--------|------|--------------------|--------------------|--------|------------|
| ===== | | | | | |
| Finals | | | | | |
| 1 | 284 | Natassha Mcdonald | Grizzlies | 25.80 | 25.26 -1.1 |
| 2 | 873 | Mariam Ajiroba | St. Augustine S S | 26.02 | 25.54 -1.1 |
| 3 | 541 | Bryanna Samuels | Iroquois Ridge H S | 26.53 | 26.54 -1.1 |
| 4 | 287 | Cheyenne Wilson | Grizzlies | 27.10 | 26.83 -1.1 |
| 5 | 281 | Shanelle Hunnighan | Grizzlies | 27.21 | 27.31 -1.1 |
| 6 | 1069 | Kelly Foster | St. Mary's S S | 27.31 | 27.42 -1.1 |
| 7 | 811 | Hailey Hemrica | MacNab,Sir A | 27.39 | 27.46 -1.1 |
| 8 | 77 | Maria deWilde | Bishop Ryan C S S | 27.76 | 27.86 -1.1 |

Women 400 Meter Dash Junior

| Name | Year | School | Seed | Finals | H# |
|-------|------|-------------------|---------------------|---------|-----------|
| ===== | | | | | |
| 1 | 284 | Natassha Mcdonald | Grizzlies | 59.01 | 55.98 2 |
| 2 | 492 | Ryann Johnston | Highland S S | 1:01.73 | 59.93 2 |
| 3 | 619 | Anaija Senior | Mayfield S S | 1:03.54 | 1:00.18 2 |
| 4 | 811 | Hailey Hemrica | MacNab,Sir A | 1:02.48 | 1:01.28 2 |
| 5 | 64 | Jayden Bowers | Reding,Bisho | 1:04.23 | 1:01.65 2 |
| 6 | 149 | Roshae Jackson | Bramalea S S | 1:03.77 | 1:03.17 2 |
| 7 | 1224 | Natalie Butler | Westlane S S | 1:04.18 | 1:03.24 2 |
| 8 | 694 | Alycia Vendryes | Notre Dame R C S S | 1:04.48 | 1:03.56 1 |
| 9 | 651 | Sonja Mijatovic | Nelson H S | 1:03.68 | 1:04.07 2 |
| 10 | 65 | Marissa Ditoro | Reding,Bisho | 1:07.23 | 1:04.57 1 |
| 11 | 857 | Katie Hill | St. Aloysius | 1:05.17 | 1:05.09 1 |
| 12 | 1017 | Nicole Yee | St. Marcellinus S S | 1:05.14 | 1:05.56 1 |
| 13 | 765 | Mary Lapp | Ridge-Cr HS | 1:07.24 | 1:07.09 1 |
| 14 | 45 | Katherine DeSilva | Assumption R C S S | 1:07.65 | 1:08.46 1 |

Women 800 Meter Run Junior

| Name | Year | School | Seed | Finals | H# |
|-------|------|--------------------|------------------|---------|-----------|
| ===== | | | | | |
| 1 | 1079 | Simone Waller | St. Michael H S | 2:27.33 | 2:23.34 2 |
| 2 | 149 | Roshae Jackson | Bramalea S S | 2:34.75 | 2:23.48 2 |
| 3 | 1157 | Mikayla Fedele | Streetsville S S | 2:39.20 | 2:29.67 2 |
| 4 | 642 | Hannah Davero | Nelson H S | 2:36.81 | 2:31.54 2 |
| 5 | 500 | Brianne Swanboroug | Highland S S | 2:36.81 | 2:32.18 2 |
| 6 | 861 | Paulina Prucnal | St. Aloysius | 2:39.28 | 2:34.75 1 |
| 7 | 804 | Elizabeth Isbister | Saltfleet D H S | 2:37.81 | 2:36.63 2 |

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| | | | | | | |
|----|------|-------------------|----------------|---------|---------|---|
| 8 | 603 | Emily Love | Lorne Park S S | 2:42.89 | 2:37.54 | 1 |
| 9 | 611 | Meaghan Storey | Loyola C S S | 2:43.78 | 2:38.33 | 1 |
| 10 | 765 | Mary Lapp | Ridge-Cr HS | 2:32.02 | 2:41.34 | 2 |
| 11 | 658 | Ivana Vujadinovic | Nelson H S | 2:50.36 | 2:46.32 | 1 |
| 12 | 941 | Kristen Song | St. Ignatius | 2:56.89 | 2:58.38 | 1 |
| 13 | 1128 | Melissa Triemstra | St. Thomas M | 2:59.03 | 2:58.91 | 1 |

Women 1500 Meter Run Junior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|--------------------|---------|---------|
| 1 | 1218 | Stephanie Ryall | Westdale S S | 4:47.29 | 4:47.17 |
| 2 | 602 | Alison Head | Lorne Park S S | 5:01.43 | 4:52.87 |
| 3 | 1079 | Simone Waller | St. Michael H S | 4:59.08 | 4:56.44 |
| 4 | 1157 | Mikayla Fedele | Streetsville S S | 5:10.87 | 5:04.28 |
| 5 | 519 | Tegan Duncan | Holy Trinity C S S | 5:21.33 | 5:14.00 |
| 6 | 785 | Emma Mitchell | Robert Batem | 5:21.27 | 5:14.96 |
| 7 | 1217 | Maddy Kennedy | Westdale S S | 5:26.92 | 5:20.29 |
| 8 | 861 | Paulina Prucnal | St. Aloysius | 5:26.25 | 5:22.22 |
| 9 | 642 | Hannah Davero | Nelson H S | 5:26.97 | 5:23.59 |
| 10 | 500 | Brianne Swanboroug | Highland S S | 5:26.65 | 5:30.06 |
| 11 | 203 | Paige Belo | Cardinal Leger S S | 5:19.32 | 5:31.99 |
| 12 | 245 | Haleigh Baines | Christ the King | 5:28.72 | 5:33.28 |
| 13 | 805 | Paige Jackson | Saltfleet D H S | 5:34.90 | 5:37.35 |
| 14 | 625 | Emma Beckett | Meadowvale S S | 5:31.31 | 5:49.68 |
| 15 | 415 | Lydia Geng | Georgetown D H S | 5:46.64 | 6:00.23 |

Women 3000 Meter Run Junior

| Name | Year | School | Seed | Finals | |
|------|------|------------------|---------------------|----------|----------|
| 1 | 1218 | Stephanie Ryall | Westdale S S | 10:48.67 | 10:17.68 |
| 2 | 602 | Alison Head | Lorne Park S S | 11:09.20 | 10:45.42 |
| 3 | 1217 | Maddy Kennedy | Westdale S S | 11:55.25 | 11:27.36 |
| 4 | 1157 | Mikayla Fedele | Streetsville S S | 11:44.74 | 11:28.32 |
| 5 | 785 | Emma Mitchell | Robert Batem | 11:50.52 | 11:46.25 |
| 6 | 122 | Rachel Barich | Blessed Trinity H S | 11:56.94 | 11:56.04 |
| 7 | 203 | Paige Belo | Cardinal Leger S S | 11:51.62 | 12:16.13 |
| 8 | 477 | Jessica Ebrahimi | Heart Lake S S | 12:16.33 | 12:20.59 |
| 9 | 625 | Emma Beckett | Meadowvale S S | 12:17.16 | 12:34.47 |
| 10 | 642 | Hannah Davero | Nelson H S | 12:17.07 | 12:49.82 |
| 11 | 297 | Ramona Khnanisho | Dennis Morris H S | 13:11.24 | 13:27.75 |
| 12 | 538 | Megan MacDonald | Iroquois Ridge H S | 13:06.02 | 13:28.27 |
| 13 | 576 | Samantha Ramirez | Lakeshore C H S | 13:10.79 | 14:12.13 |
| -- | 519 | Tegan Duncan | Holy Trinity C S S | 11:39.85 | DNF |

Women 80 Meter Hurdles Junior

| Name | Year | School | Seed | Prelims | Wind H# |
|---------------|------|--------------------|--------------------|---------|---------------|
| Preliminaries | | | | | |
| 1 | 234 | Emma Nero | Centennial S S | 12.32 | 12.00Q -0.8 2 |
| 2 | 279 | Kyliene Downey-Spa | Grizzlies | 12.84 | 12.41Q -1.0 1 |
| 3 | 593 | Lynda Othman | Laura Secord S S | 13.20 | 12.67Q -0.8 2 |
| 4 | 323 | Kylie Butler | E. L. Crossley S S | 12.65 | 12.89Q -1.0 1 |

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| | | | | | | | |
|----|------|--------------------|--------------------|-------|--------|------|---|
| 5 | 285 | Antoinette Sebast | Grizzlies | 12.96 | 13.15q | -0.8 | 2 |
| 6 | 1216 | Leigh Janssen | Westdale S S | 13.59 | 13.25q | -1.0 | 1 |
| 7 | 25 | Monica Binotto | Ancaster High | 13.29 | 13.31q | -1.0 | 1 |
| 8 | 879 | Asia Robinson | St. Augustine S S | | 13.33q | -1.0 | 1 |
| 9 | 533 | Erica Bolliger | Iroquois Ridge H S | 14.25 | 13.48 | -1.0 | 1 |
| 10 | 166 | Carolyn Gougeon | Brampton Cen | 13.47 | 13.56 | -0.8 | 2 |
| 11 | 1068 | Jillian Eisener | St. Mary's S S | 15.00 | 13.87 | -0.8 | 2 |
| 12 | 645 | Dimitra Grovestine | Nelson H S | 14.91 | 13.94 | -0.8 | 2 |
| 13 | 386 | Monika Kapral | Fr. Michael | 13.32 | 14.21 | -1.0 | 1 |
| 14 | 940 | Pamela Sanchez | St. Ignatius | 14.38 | 14.32 | -0.8 | 2 |

Women 80 Meter Hurdles Junior

| Name | Year | School | Prelims | Finals | Wind |
|--------|------|--------------------|--------------------|--------|------------|
| ===== | | | | | |
| Finals | | | | | |
| 1 | 234 | Emma Nero | Centennial S S | 12.00 | 12.38 -3.2 |
| 2 | 279 | Kyliene Downey-Spa | Grizzlies | 12.41 | 12.78 -3.2 |
| 3 | 323 | Kylie Butler | E. L. Crossley S S | 12.89 | 13.05 -3.2 |
| 4 | 285 | Antoinette Sebast | Grizzlies | 13.15 | 13.25 -3.2 |
| 5 | 1216 | Leigh Janssen | Westdale S S | 13.25 | 13.78 -3.2 |
| 6 | 874 | Tenisha Dixon | St. Augustine S S | | 14.08 -3.2 |
| 7 | 25 | Monica Binotto | Ancaster High | 13.31 | 14.12 -3.2 |
| 8 | 593 | Lynda Othman | Laura Secord S S | 12.67 | 14.42 -3.2 |

Women 300 Meter Hurdles Junior

| Name | Year | School | Seed | Finals | H# |
|-------|------|--------------------|---------------------|--------|---------|
| ===== | | | | | |
| 1 | 284 | Natassha Mcdonald | Grizzlies | 49.00 | 46.77 2 |
| 2 | 811 | Hailey Hemrica | MacNab, Sir A | 49.33 | 48.28 2 |
| 3 | 25 | Monica Binotto | Ancaster High | 49.47 | 48.56 2 |
| 4 | 593 | Lynda Othman | Laura Secord S S | 52.42 | 48.79 1 |
| 5 | 166 | Carolyn Gougeon | Brampton Cen | 52.00 | 49.15 1 |
| 6 | 940 | Pamela Sanchez | St. Ignatius | 50.98 | 49.90 2 |
| 7 | 820 | Katie Mooradian | Churchill, S | 51.30 | 50.27 2 |
| 8 | 656 | Jennifer Supapol | Nelson H S | 51.19 | 50.39 2 |
| 9 | 655 | Allison Supapol | Nelson H S | 50.92 | 50.46 2 |
| 10 | 874 | Tenisha Dixon | St. Augustine S S | 51.87 | 50.79 2 |
| 11 | 1068 | Jillian Eisener | St. Mary's S S | 52.59 | 51.15 1 |
| 12 | 804 | Elizabeth Isbister | Saltfleet D H S | 52.18 | 52.05 1 |
| 13 | 153 | Jenelle Miller | Bramalea S S | 52.02 | 52.72 1 |
| 14 | 1002 | Danielle Curtis | St. Marcellinus S S | 52.77 | 53.21 1 |
| -- | 952 | MaryAnne Damerchie | St. Jean De B | 52.59 | DQ 1 |

Women 4x100 Meter Relay Junior

| School | Seed | Finals | H# |
|-------------------------------------|-------|--------|----|
| ===== | | | |
| 1 David Suzuki Secondary School 'A' | 49.21 | 48.98 | 2 |
| 1) 285 Antoinette Sebastian | | | |
| 2) 284 Natassha Mcdonald | | | |
| 3) 287 Cheyenne Wilson | | | |
| 4) 281 Shanelle Hunnighan | | | |
| 5) 278 Xanobia Bell-Stephenson | | | |
| 6) | | | |
| 2 Iroquois Ridge H S 'A' | 52.79 | 51.61 | 2 |
| 1) 541 Bryanna Samuels | | | |
| 2) 533 Erica Bolliger | | | |

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| | | | | |
|--------------------------------|----------------------------|-------|-------|---|
| 3) 537 Asima Iqbal | 4) 540 Emily Richmond | | | |
| 5) 536 Julia Dilanni | 6) | | | |
| 3 St. Augustine S S 'A' | | 53.33 | 51.64 | 2 |
| 1) 876 Vanessa Grant | 2) 873 Mariam Ajiroba | | | |
| 3) 878 Osaru Omoruna | 4) 874 Tenisha Dixon | | | |
| 5) 880 Melody Wing | 6) 879 Asia Robinson | | | |
| 4 Highland S S 'A' | | 53.28 | 51.68 | 2 |
| 1) 499 Jenna Smith | 2) 492 Ryann Johnston | | | |
| 3) 493 Katrina Kerekesch | 4) 486 Emily Brent | | | |
| 5) 490 Alyssa Hopkins | 6) | | | |
| 5 E. L. Crossley S S 'A' | | 53.37 | 52.36 | 2 |
| 1) 328 Regan Glen | 2) 323 Kylie Butler | | | |
| 3) 325 Keagin Collie | 4) 324 Shyla Cardy | | | |
| 5) 326 Leah Domenegato | 6) 336 Kennedy Whitley | | | |
| 6 St. Aloysius Gonzaga 'A' | | 53.81 | 52.51 | 2 |
| 1) 855 Avery Garrett-Patterson | 2) 861 Paulina Prucnal | | | |
| 3) 865 Genevieve Yanush | 4) 857 Katie Hill | | | |
| 5) 850 Alexia Argiropoulos | 6) 856 Ivana Grasic | | | |
| 7 Bishop P.F. Reding S S 'A' | | 53.80 | 52.64 | 2 |
| 1) 66 Ashley Kyei Maye | 2) 68 Shantel Vailloo | | | |
| 3) 64 Jayden Bowers | 4) 65 Marissa Ditoro | | | |
| 5) 63 Victoria Blake | 6) | | | |
| 8 Ancaster High 'A' | | 55.04 | 52.96 | 1 |
| 1) 25 Monica Binotto | 2) 26 Nicole Brownell | | | |
| 3) 27 Camille Dehghan | 4) 28 Kennedy Fung | | | |
| 9 St. Edmund Champion S S 'A' | | 54.35 | 53.05 | 1 |
| 1) 902 Tosin During | 2) 903 Sabrina Nerb | | | |
| 3) 906 Sheridan Ramsay | 4) 905 Naesi Perez | | | |
| 5) 909 Sharissa Wilkinson | 6) | | | |
| 10 Meadowvale S S 'A' | | 54.12 | 53.16 | 1 |
| 1) 626 Janelle Bryan | 2) 628 Savanna Culbertson | | | |
| 3) 629 Laura Kirk | 4) 631 Taylor Seymore | | | |
| 5) 630 Michelle O'Donnell | 6) | | | |
| 11 Blessed Trinity H S 'A' | | 55.67 | 53.44 | 1 |
| 1) 132 Cassidy Murray | 2) 123 Daniella Barichello | | | |
| 3) 127 Hannah Kurpe | 4) 126 Krista Jones | | | |
| 5) 125 Ally Hendriks | 6) 134 Nicole Simioni | | | |
| 12 Hamilton District C H S 'A' | | 55.49 | 53.99 | 1 |
| 1) 464 Sierra Bassie | 2) 466 Samantha DeVries | | | |
| 3) 467 Gillian Kloet | 4) 465 Chelsea Bezemer | | | |
| 13 Nelson H S 'A' | | 53.55 | 55.25 | 2 |
| 1) 644 Emma Elliot | 2) 651 Sonja Mijatovic | | | |
| 3) 645 Dimitra Grovestine | 4) 653 Jillian Stickland | | | |
| 5) 650 Megan Long | 6) 654 Sarah Stickland | | | |
| 14 St. Thomas More C SS 'A' | | 56.49 | 55.28 | 1 |
| 1) 1126 Cydia Laws | 2) 1130 Omotara Williams | | | |
| 3) 1124 Osasu Iginuan | 4) 1129 Ashaunta White | | | |
| 5) 1128 Melissa Triemstra | 6) | | | |
| -- St. Thomas Aquinas 'A' | | 54.47 | DQ | 1 |
| 1) 1146 Julia Silano | 2) 1147 Vanessa Silano | | | |
| 3) 1143 Brianna Davis | 4) 1144 Kate Didano | | | |
| 5) 1145 Lola Fayemi | 6) | | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women High Jump Junior**

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 324 | Shyla Cardy | E. L. Crossley S S | 1.65m | 1.60m |
| 2 | 1101 | Georgia Campbell | St. Roch - Brampton | 1.43m | 1.50m |
| 2 | 521 | Tiffany McNeil | Holy Trinity C S S | 1.45m | 1.50m |
| 4 | 230 | Keara Williams | Cawthra Park S S | 1.40m | J1.43m |
| 5 | 980 | Brittany Vernon | St. Joan of Arc | 1.46m | J1.45m |
| 6 | 537 | Asima Iqbal | Iroquois Ridge H S | 1.35m | 1.40m |
| 6 | 465 | Chelsea Bezemer | Hamilton Dis | 1.40m | 1.40m |
| 6 | 643 | Mackenzie Denningt | Nelson H S | 1.35m | 1.40m |
| 6 | 361 | Emily Campbell | Eden High School | 1.50m | 1.40m |
| 6 | 181 | Raji Sran | Brampton Chr | 1.35m | 1.40m |
| 6 | 650 | Megan Long | Nelson H S | 1.45m | 1.40m |
| 12 | 513 | Emily Naccarato | Holy Cross S S | 1.40m | 1.35m |
| 12 | 570 | Kirsten Reid | Kings Christian | 1.45m | 1.35m |
| 12 | 125 | Ally Hendriks | Blessed Trinity H S | 1.35m | 1.35m |
| 15 | 903 | Sabrina Nerb | St. Edmund Campi | 1.35m | 1.30m |

Women Pole Vault Junior

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|---------------------|--------|--------|
| 1 | 328 | Regan Glen | E. L. Crossley S S | 2.45m | 2.10m |
| 2 | 768 | Zoey Perchaluk | Ridge-Cr HS | 2.15m | J2.10m |
| 3 | 383 | Rykelle Barber | Fort Erie S S | 1.85m | 2.00m |
| 3 | 998 | Sarah Boyd | St. Marcellinus S S | 2.20m | 2.00m |
| 5 | 770 | Hailey Tabbert | Ridge-Cr HS | 2.00m | 1.90m |
| 6 | 336 | Kennedy Whitley | E. L. Crossley S S | 1.70m | J1.90m |
| 7 | 999 | Bailey Chuang | St. Marcellinus S S | 1.70m | 1.70m |
| -- | 1015 | Cindy Tran | St. Marcellinus S S | 1.70m | FAIL |

Women Long Jump Junior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|---------------------|--------|-------|-----|
| 1 | 300 | Savanah Rainford-A | Dennis Morris H S | 5.19m | 5.11m | NWI |
| 2 | 234 | Emma Nero | Centennial S S | 4.70m | 4.88m | NWI |
| 3 | 980 | Brittany Vernon | St. Joan of Arc | 4.75m | 4.87m | NWI |
| 3 | 1071 | Meaghan Rice | St. Mary's S S | 4.90m | 4.87m | NWI |
| 5 | 416 | Lauren Rock | Georgetown D H S | 4.70m | 4.78m | NWI |
| 6 | 876 | Vanessa Grant | St. Augustine S S | 4.62m | 4.76m | NWI |
| 7 | 364 | Sara Kovac | Eden High School | 4.72m | 4.69m | NWI |
| 8 | 1050 | Zoe Derkach | St. Margueri | 4.58m | 4.50m | NWI |
| 9 | 730 | Anna Kitor | Philip Pocock C S S | 4.80m | 4.37m | NWI |
| 10 | 326 | Leah Domenegato | E. L. Crossley S S | 4.69m | 4.35m | NWI |
| 11 | 571 | Taylor Schenk | Kings Christian | 4.50m | 4.34m | NWI |
| 12 | 465 | Chelsea Bezemer | Hamilton Dis | 4.64m | 4.32m | NWI |
| 13 | 605 | Denise Ferrada | Loyola C S S | 4.51m | 4.21m | NWI |
| 14 | 537 | Asima Iqbal | Iroquois Ridge H S | 4.49m | 4.13m | NWI |
| 15 | 570 | Kirsten Reid | Kings Christian | 4.56m | 3.93m | NWI |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women Triple Jump Junior**

| Name | Year | School | Seed | Finals | Wind | |
|------|------|-------------------|---------------------|--------|--------|-----|
| 1 | 364 | Sara Kovac | Eden High School | 11.00m | 11.07m | NWI |
| 2 | 1071 | Meaghan Rice | St. Mary's S S | 10.70m | 10.89m | NWI |
| 3 | 416 | Lauren Rock | Georgetown D H S | 10.60m | 10.51m | NWI |
| 4 | 323 | Kylie Butler | E. L. Crossley S S | 10.56m | 10.48m | NWI |
| 5 | 980 | Brittany Vernon | St. Joan of Arc | 9.55m | 10.42m | NWI |
| 6 | 465 | Chelsea Bezemer | Hamilton Dis | 10.11m | 10.31m | NWI |
| 7 | 1050 | Zoe Derkach | St. Margueri | 10.26m | 10.16m | NWI |
| 8 | 571 | Taylor Schenk | Kings Christian | 10.10m | 9.71m | NWI |
| 9 | 731 | Joanna Maj | Philip Pocock C S S | 9.73m | 9.56m | NWI |
| 10 | 1082 | Chloe Hill | St. Michael S.S. | 9.66m | 9.45m | NWI |
| 11 | 493 | Katrina Kerekesch | Highland S S | 9.51m | 9.27m | NWI |
| 12 | 234 | Emma Nero | Centennial S S | 9.74m | 9.23m | NWI |
| 13 | 730 | Anna Kitor | Philip Pocock C S S | 9.57m | 8.89m | NWI |
| 14 | 948 | Erin Bukowski | St.Jean De B | 8.86m | 8.07m | NWI |

Women Shot Put Junior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 1105 | Modupe Okeowo | St. Roch - Brampton | 10.20m | 10.29m |
| 2 | 874 | Tenisha Dixon | St. Augustine S S | 9.78m | 10.24m |
| 3 | 848 | Kim Arbour | St Martin | 9.85m | 10.17m |
| 4 | 243 | Emmanuella Abolari | Chinguacousy S S | | 9.39m |
| 5 | 816 | Brittany Robson | Sir Winston | 9.43m | 9.18m |
| 6 | 233 | Hallie Godin | Centennial S S | 9.17m | 9.10m |
| 7 | 554 | Olivia Pinder | Jean Vanier E S | 9.83m | 8.99m |
| 8 | 949 | Noonan Cassidy | St.Jean De B | 8.60m | 8.58m |
| 9 | 1071 | Meaghan Rice | St. Mary's S S | 8.89m | 8.12m |
| 10 | 587 | Alexandra Hill | Laura Secord S S | 8.55m | 7.81m |
| 11 | 280 | Makayla Grant | Grizzlies | 8.70m | 7.71m |
| 12 | 930 | Stephanie Nguyen | St. Francis S S | 8.35m | 7.38m |
| 13 | 412 | Rachel Brent | Georgetown D H S | 7.24m | 6.84m |
| 14 | 398 | Sophina McEwen | Garth Webb | 7.00m | 5.91m |

Women Discus Throw Junior

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|--------|
| 1 | 949 | Noonan Cassidy | St.Jean De B | 28.62m | 29.84m |
| 2 | 729 | Vanessa Ereqi | Philip Pocock C S S | 29.22m | 29.49m |
| 3 | 728 | Dana Darmohray | Philip Pocock C S S | 29.54m | 27.76m |
| 4 | 1202 | Victoria Halliday | West Park S S | 26.63m | 25.05m |
| 5 | 451 | Jess Bosma | Guido De Bres C H S | 24.68m | 24.28m |
| 6 | 149 | Roshae Jackson | Bramalea S S | 25.03m | 24.26m |
| 7 | 180 | Ilelosa Eguavoen | Brampton Chr | 24.02m | 24.08m |
| 8 | 412 | Rachel Brent | Georgetown D H S | 20.89m | 23.92m |
| 9 | 233 | Hallie Godin | Centennial S S | 23.89m | 23.31m |
| 10 | 1005 | Alexia Fernandes | St. Marcellinus S S | 22.23m | 22.70m |
| 11 | 436 | Olivia Garr | Grimsby D S S | 24.05m | 22.29m |
| 12 | 337 | Talli Williams | E. L. Crossley S S | 24.30m | 22.17m |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women Javelin Throw Junior**

| Name | Year School | Seed | Finals |
|---------------------------|---------------------|--------|--------|
| 1 1221 Monica Thomson | Westdale S S | 30.40m | 31.78m |
| 2 555 Stéphanie Tardif | Jean Vanier E S | 29.06m | 31.48m |
| 3 807 Briana Wice | Saltfleet D H S | 32.00m | 31.23m |
| 4 1096 Jahnae Gyles | St. Paul's S S | 26.19m | 27.56m |
| 5 184 Rachel Allen | Burlington C | 24.02m | 27.36m |
| 6 135 Nicole Spadaro | Blessed Trinity H S | 27.22m | 26.11m |
| 7 802 Rachel Incretolli | Saltfleet D H S | 27.36m | 26.07m |
| 8 22 Alex Armstrong | Acton D H S | 26.55m | 25.88m |
| 9 1155 Ellie Wang | Slss-Mississauga | 28.53m | 24.75m |
| 10 729 Vanessa Ereqi | Philip Pocock C S S | 23.65m | 23.43m |
| 11 278 Xanobia Bell-Steph | Grizzlies | 23.28m | 23.33m |
| 12 959 Hannah Valentine | St.Jean De B | 23.19m | 22.51m |
| 13 949 Noonan Cassidy | St.Jean De B | 22.59m | 20.63m |
| 14 957 Psarakis Polly | St.Jean De B | 18.02m | 18.79m |

Women 100 Meter Dash Senior

| Name | Year School | Seed | Prelims | Wind H# |
|---------------------------|---------------------|-------|---------|---------|
| Preliminaries | | | | |
| 1 1108 Maya Stephens | St. Roch - Brampton | 12.63 | 12.20Q | -0.3 2 |
| 2 707 Leya Buchanan | Mount Carmel SS | 12.33 | 12.42Q | +0.0 1 |
| 3 981 Alisha Williams | St. Joan of Arc | 12.96 | 12.57Q | +0.0 1 |
| 4 426 Natasha Russell | Gordon Grayd | 12.74 | 12.57Q | -0.3 2 |
| 5 1 Alex Carriero | A.N. Myer S S | 13.01 | 12.74q | -0.3 2 |
| 6 107 Savannah Simpson | Bishop Tonnos | 13.03 | 12.77q | -0.3 2 |
| 7 908 LeShe Wedderburn | St. Edmund Campi | 12.97 | 12.98q | +0.0 1 |
| 8 191 Chantai Orr-Campbe | Burlington C | 13.52 | 13.03q | -0.3 2 |
| 9 958 Josie Rutka | St.Jean De B | 13.73 | 13.21 | +0.0 1 |
| 10 454 Denise Vansydenbor | Guido De Bres C H S | 13.24 | 13.26 | -0.3 2 |
| 11 482 Brooke Boekestyn | Heritage Chr | 13.18 | 13.28 | +0.0 1 |
| 12 801 Naomi Ashley | Saltfleet D H S | 13.09 | 13.33 | +0.0 1 |
| 13 83 Taylor Thompson | Bishop Ryan C S S | 13.70 | 13.40 | +0.0 1 |
| 14 577 Amanda Reid | Lakeshore C H S | 13.77 | 13.80 | -0.3 2 |
| 15 953 Kristen Davidson | St.Jean De B | 14.97 | 14.24 | -0.3 2 |

Women 100 Meter Dash Senior

| Name | Year School | Prelims | Finals | Wind |
|--------------------------|---------------------|---------|--------|------|
| Finals | | | | |
| 1 707 Leya Buchanan | Mount Carmel SS | 12.42 | 12.13 | 0.3 |
| 2 1108 Maya Stephens | St. Roch - Brampton | 12.20 | 12.24 | 0.3 |
| 3 426 Natasha Russell | Gordon Grayd | 12.57 | 12.47 | 0.3 |
| 4 981 Alisha Williams | St. Joan of Arc | 12.57 | 12.48 | 0.3 |
| 5 908 LeShe Wedderburn | St. Edmund Campi | 12.98 | 12.69 | 0.3 |
| 6 107 Savannah Simpson | Bishop Tonnos | 12.77 | 12.71 | 0.3 |
| 7 1 Alex Carriero | A.N. Myer S S | 12.74 | 12.83 | 0.3 |
| 8 191 Chantai Orr-Campbe | Burlington C | 13.03 | 13.15 | 0.3 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 200 Meter Dash Senior**

| Name | Year | School | Seed | Prelims | Wind | H# | |
|----------------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 1067 | Christian Brennan | St. Mary's S S | 25.37 | 24.72Q | -1.0 | 2 |
| 2 | 707 | Leya Buchanan | Mount Carmel SS | 24.76 | 25.11Q | -1.7 | 1 |
| 3 | 1007 | Maya Genard | St. Marcellinus S S | 25.49 | 25.52Q | -1.7 | 1 |
| 4 | 981 | Alisha Williams | St. Joan of Arc | 25.42 | 25.82Q | -1.0 | 2 |
| 5 | 107 | Savannah Simpson | Bishop Tonnos | 26.60 | 26.16q | -1.0 | 2 |
| 6 | 426 | Natasha Russell | Gordon Grayd | 25.72 | 26.20q | -1.0 | 2 |
| 7 | 691 | Melanie Rodriguez | Notre Dame R C S S | 26.64 | 26.32q | -1.7 | 1 |
| 8 | 1108 | Maya Stephens | St. Roch - Brampton | 25.47 | 26.32q | -1.7 | 1 |
| 9 | 1 | Alex Carriero | A.N. Myer S S | 27.36 | 27.16 | -1.0 | 2 |
| 10 | 482 | Brooke Boekestyn | Heritage Chr | 26.92 | 27.23 | -1.7 | 1 |
| 11 | 454 | Denise Vansydenbor | Guido De Bres C H S | 27.78 | 27.37 | -1.0 | 2 |
| 12 | 83 | Taylor Thompson | Bishop Ryan C S S | 28.07 | 27.84 | -1.0 | 2 |
| 13 | 590 | Annika Mazzarella | Laura Secord S S | 27.84 | 28.00 | -1.7 | 1 |
| 14 | 2 | Nicole Luciano | A.N. Myer S S | 28.05 | 28.50 | -1.7 | 1 |

Women 200 Meter Dash Senior

| Name | Year | School | Prelims | Finals | Wind | |
|---------------|------|-------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1067 | Christian Brennan | St. Mary's S S | 24.72 | 24.60 | -1.4 |
| 2 | 707 | Leya Buchanan | Mount Carmel SS | 25.11 | 25.12 | -1.4 |
| 3 | 1007 | Maya Genard | St. Marcellinus S S | 25.52 | 25.34 | -1.4 |
| 4 | 426 | Natasha Russell | Gordon Grayd | 26.20 | 25.64 | -1.4 |
| 5 | 981 | Alisha Williams | St. Joan of Arc | 25.82 | 25.71 | -1.4 |
| 6 | 1108 | Maya Stephens | St. Roch - Brampton | 26.32 | 25.84 | -1.4 |
| 7 | 107 | Savannah Simpson | Bishop Tonnos | 26.16 | 26.07 | -1.4 |
| 8 | 691 | Melanie Rodriguez | Notre Dame R C S S | 26.32 | 26.54 | -1.4 |

Women 400 Meter Dash Senior

| Name | Year | School | Seed | Finals | H# | |
|------|------|-------------------|---------------------|---------|---------|---|
| 1 | 1067 | Christian Brennan | St. Mary's S S | 57.13 | 55.29 | 2 |
| 2 | 210 | Taysia Radoslav | Cardinal New | 58.03 | 56.90 | 2 |
| 3 | 657 | Ashley Taylor | Nelson H S | 57.68 | 57.01 | 2 |
| 4 | 981 | Alisha Williams | St. Joan of Arc | 1:00.00 | 57.89 | 2 |
| 5 | 691 | Melanie Rodriguez | Notre Dame R C S S | 59.66 | 58.47 | 2 |
| 6 | 1007 | Maya Genard | St. Marcellinus S S | 1:02.00 | 59.64 | 2 |
| 7 | 491 | Kylie Hopkins | Highland S S | 1:01.98 | 1:01.43 | 2 |
| 8 | 620 | Zoey Williams | Mayfield S S | 1:02.75 | 1:01.44 | 1 |
| 9 | 380 | Tianna Thomas | Fletcher's M. | 1:03.60 | 1:01.62 | 1 |
| 10 | 455 | Rebecca Vis | Guido De Bres C H S | 1:03.56 | 1:03.86 | 1 |
| 11 | 1085 | Livia Vitaterna | St. Paul H S | 1:04.55 | 1:04.61 | 1 |
| 12 | 532 | Katie Vincent | Iona S S | 1:03.30 | 1:05.00 | 1 |
| 13 | 590 | Annika Mazzarella | Laura Secord S S | 1:04.05 | 1:08.33 | 1 |

Women 800 Meter Run Senior

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------|--------------|---------|---------|---|
| 1 | 18 | Evelyne Guay | Abbey Park - | 2:17.85 | 2:16.16 | 2 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 800 Meter Run Senior**

| | | | | | | |
|----|------|--------------------|---------------------|---------|---------|---|
| 2 | 501 | Paige Tate | Highland S S | 2:21.94 | 2:16.21 | 2 |
| 3 | 938 | Bridget O'Neill | St. Ignatius | 2:18.10 | 2:16.42 | 2 |
| 4 | 100 | Marissa Codispodi | Bishop Tonnos | 2:19.88 | 2:16.80 | 2 |
| 5 | 518 | Rachel Bronzovich | Holy Trinity C S S | 2:23.07 | 2:22.10 | 2 |
| 6 | 755 | Bridget Leon | Port Credit S S | 2:31.76 | 2:22.35 | 1 |
| 7 | 491 | Kylie Hopkins | Highland S S | 2:23.47 | 2:22.52 | 2 |
| 8 | 363 | Breanna Ianiero | Eden High School | 2:28.84 | 2:27.11 | 2 |
| 9 | 1219 | Natalie Stacey | Westdale S S | 2:29.26 | 2:29.44 | 2 |
| 10 | 104 | Becky Morrison | Bishop Tonnos | 2:36.01 | 2:29.74 | 1 |
| 11 | 473 | Vaishnavy Yogaraja | H M Brathwaite | 2:34.58 | 2:29.76 | 1 |
| 12 | 1195 | Suhalia Yemen | Turner-Fenton S S | 2:38.22 | 2:33.99 | 1 |
| 13 | 1085 | Livia Vitaterna | St. Paul H S | 2:36.79 | 2:37.50 | 1 |
| 14 | 1003 | Nicole Duic | St. Marcellinus S S | 2:34.60 | 2:42.09 | 1 |
| 15 | 562 | Tiffany Sun Dela C | John Fraser S S | 2:38.03 | 2:43.56 | 1 |

Women 1500 Meter Run Senior

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|--------------------|---------|---------|
| 1 | 764 | Kristen Kuhn | Ridge-Cr HS | 4:52.09 | 4:45.35 |
| 2 | 1212 | Phoebe Cseresnyes | Westdale S S | 4:51.70 | 4:45.75 |
| 3 | 938 | Bridget O'Neill | St. Ignatius | 4:53.09 | 4:49.25 |
| 4 | 29 | Abby Llewellyn | Ancaster High | 4:57.52 | 4:51.61 |
| 5 | 688 | Erin Mawhinney | Notre Dame R C S S | 4:53.80 | 4:55.02 |
| 6 | 979 | Emily Nowak | St. Joan of Arc | 4:53.16 | 4:59.77 |
| 7 | 512 | Laura Korsmit | Holy Cross S S | 5:02.44 | 5:01.31 |
| 8 | 607 | Cailie McGuire | Loyola C S S | 4:58.08 | 5:05.52 |
| 9 | 819 | Talasia Eizenga | Churchill, S | 5:09.69 | 5:08.43 |
| 10 | 755 | Bridget Leon | Port Credit S S | 5:11.63 | 5:09.35 |
| 11 | 1164 | Annelise Martin | The Woodlands S S | 5:03.69 | 5:09.87 |
| 12 | 218 | Toni Ormond | Cathedral S | 5:18.81 | 5:16.03 |
| 13 | 168 | Coby Phillips | Brampton Cen | 5:05.03 | 5:22.96 |
| 14 | 517 | Natalie Bilokrely | Holy Trinity C S S | 5:26.70 | 5:39.59 |

Women 3000 Meter Run Senior

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|--------------------|----------|----------|
| 1 | 764 | Kristen Kuhn | Ridge-Cr HS | 10:50.45 | 10:30.77 |
| 2 | 607 | Cailie McGuire | Loyola C S S | 10:51.59 | 10:39.15 |
| 3 | 688 | Erin Mawhinney | Notre Dame R C S S | 10:48.59 | 10:41.53 |
| 4 | 1230 | Lauren Locco | Westmount S S | 11:01.96 | 10:52.09 |
| 5 | 1164 | Annelise Martin | The Woodlands S S | 10:59.45 | 10:58.95 |
| 6 | 979 | Emily Nowak | St. Joan of Arc | 10:47.41 | 11:09.25 |
| 7 | 168 | Coby Phillips | Brampton Cen | 11:18.80 | 11:11.70 |
| 8 | 29 | Abby Llewellyn | Ancaster High | 11:10.04 | 11:14.23 |
| 9 | 512 | Laura Korsmit | Holy Cross S S | 11:06.06 | 11:19.13 |
| 10 | 851 | Raquel Castro | St. Aloysius | 11:14.99 | 11:23.31 |
| 11 | 218 | Toni Ormond | Cathedral S | 11:41.48 | 11:40.52 |
| 12 | 1173 | Mary Paterson | Blakelock, T | 12:24.73 | 12:15.36 |
| 13 | 16 | Emma Banbu | Abbey Park - | 12:20.62 | 12:37.61 |
| -- | 1123 | Rachel Barber-Pin | St. Thomas M | 13:26.23 | DNF |
| -- | 1212 | Phoebe Cseresnyes | Westdale S S | 10:41.79 | DNF |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 100 Meter Hurdles Senior**

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 440 | Mary Ollier | Grimsby D S S | 14.92 | 14.71Q | -0.4 | 1 |
| 2 | 426 | Natasha Russell | Gordon Grayd | 14.75 | 15.80Q | -1.6 | 2 |
| 3 | 801 | Naomi Ashley | Saltfleet D H S | 14.95 | 15.15Q | -0.4 | 1 |
| 4 | 182 | Sara Villani | Brampton Chr | 15.16 | 15.83Q | -1.6 | 2 |
| 5 | 388 | Maya Nuruszewicz | Fr. Michael | 15.52 | 15.94q | -1.6 | 2 |
| 6 | 237 | Beth Thorne | Centennial S S | 16.15 | 16.13q | -0.4 | 1 |
| 7 | 191 | Chantai Orr-Campbe | Burlington C | 16.93 | 16.25q | -1.6 | 2 |
| 8 | 877 | Monique Nelson | St. Augustine S S | 16.23 | 16.52q | -1.6 | 2 |
| 9 | 763 | Lauren Ferguson | Ridge-Cr HS | 17.24 | 17.10 | -0.4 | 1 |
| 10 | 955 | Tayrn Montague | St.Jean De B | 17.42 | 17.10 | -1.6 | 2 |
| 11 | 534 | Riley Dane | Iroquois Ridge H S | 18.48 | 17.62 | -0.4 | 1 |
| 12 | 732 | Anna Wojtis | Philip Pocock C S S | 15.88 | 18.01 | -0.4 | 1 |
| 13 | 252 | Brittany Webster | Christ the King | 18.24 | 18.18 | -1.6 | 2 |
| 14 | 250 | Lucy Ray | Christ the King | 19.00 | 18.65 | -0.4 | 1 |

Women 100 Meter Hurdles Senior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|-------------------|--------|-------|-----|
| Finals | | | | | | |
| 1 | 440 | Mary Ollier | Grimsby D S S | 14.71 | 14.55 | 0.7 |
| 2 | 801 | Naomi Ashley | Saltfleet D H S | 15.15 | 14.91 | 0.7 |
| 3 | 426 | Natasha Russell | Gordon Grayd | 15.80 | 14.94 | 0.7 |
| 4 | 182 | Sara Villani | Brampton Chr | 15.83 | 15.35 | 0.7 |
| 5 | 388 | Maya Nuruszewicz | Fr. Michael | 15.94 | 15.59 | 0.7 |
| 6 | 191 | Chantai Orr-Campbe | Burlington C | 16.25 | 15.70 | 0.7 |
| 7 | 237 | Beth Thorne | Centennial S S | 16.13 | 16.31 | 0.7 |
| 8 | 877 | Monique Nelson | St. Augustine S S | 16.52 | 17.45 | 0.7 |

Women 400 Meter Hurdles Senior

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|--------------------|---------|---------|---|
| 1 | 210 | Taysia Radoslav | Cardinal New | 1:03.30 | 1:05.74 | 2 |
| 2 | 620 | Zoey Williams | Mayfield S S | 1:14.76 | 1:07.96 | 2 |
| 3 | 1176 | Caroline Stricelj | Blakelock, T | 1:11.86 | 1:08.35 | 2 |
| 4 | 455 | Rebecca Vis | GuidoDe Bres C H S | 1:11.61 | 1:10.71 | 2 |
| 5 | 488 | Sarah Donoff | Highland S S | 1:16.80 | 1:13.33 | 1 |
| 6 | 435 | Olivia Colling | Grimsby D S S | 1:13.35 | 1:13.37 | 2 |
| 7 | 49 | Adrian Houle | Assumption R C S S | 1:16.98 | 1:14.18 | 1 |
| 8 | 635 | Gabie Iglesias | Mentor College | 1:21.25 | 1:14.29 | 1 |
| 9 | 950 | Laura Chechalk | St.Jean De B | 1:16.02 | 1:14.34 | 2 |
| 10 | 818 | Julie Dion | Churchill, S | 1:11.82 | 1:14.87 | 2 |
| 11 | 167 | Kristina Klintsari | Brampton Cen | 1:16.55 | 1:15.85 | 1 |
| 12 | 864 | Katie Warner | St. Aloysius | 1:27.18 | 1:16.47 | 1 |
| 13 | 2 | Nicole Luciano | A.N. Myer S S | 1:18.03 | 1:16.53 | 1 |

Women 4x100 Meter Relay Senior

| School | Seed | Finals | H# |
|----------------------|-------|--------|----|
| 1 Notre Dame S S 'A' | 50.29 | 49.36 | 2 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 4x100 Meter Relay Senior**

| | | | | |
|-----------------------------------|-------------------------------|-------|-------|---|
| 1) 676 Danielle Knight | 2) 679 Chyna Watson-Reid | | | |
| 3) 677 Gabrielle Mills Brooks | 4) 678 Tialeee Trench | | | |
| 2 St. Edmund Campion S S 'A' | | 49.78 | 49.83 | 2 |
| 1) 907 Kyanna Sancho | 2) 900 Faith Brown | | | |
| 3) 908 LeShe Wedderburn | 4) 899 Tahlia Arneaud | | | |
| 5) 904 Ashley Penny | 6) 903 Sabrina Nerb | | | |
| 3 St. Roch - Brampton 'A' | | 49.67 | 50.12 | 2 |
| 1) 1101 Georgia Campbell | 2) 1102 Kyra Constantine | | | |
| 3) 1100 Alexis Blair-Hamilton | 4) 1108 Maya Stephens | | | |
| 4 Our Lady of Mount Carmel SS 'A' | | 51.30 | 50.84 | 2 |
| 1) 707 Leya Buchanan | 2) 709 Emilla Grala | | | |
| 3) 712 Holly Pitters | 4) 711 Keji Natana | | | |
| 5) 710 Victoria Miles | 6) 708 Jessica Foo | | | |
| 5 St. Marcellinus S S 'A' | | 51.62 | 51.08 | 2 |
| 1) 996 Justine Bedasse | 2) 1007 Maya Genard | | | |
| 3) 1010 Alexia Morgan | 4) 1001 Veronica Colasanti | | | |
| 5) 1013 Jamilah Sykes | 6) 1014 Jasmine Sykes | | | |
| 6 Bishop Tonnos C.S.S. 'A' | | 51.82 | 51.14 | 2 |
| 1) 96 Maddie Balardo | 2) 107 Savannah Simpson | | | |
| 3) 98 Hailey Bowie | 4) 102 Chiara Forchielli | | | |
| 5) 101 Monica Ferreira | 6) 105 Kate Randazzo | | | |
| 7 Laura Secord S S 'A' | | 53.17 | 52.12 | 2 |
| 1) 593 Lynda Othman | 2) 589 Jasmine Lougheed | | | |
| 3) 591 Karoline Mazzarella | 4) 590 Annika Mazzarella | | | |
| 5) 595 Mikayla Sonnenberg | 6) 1248 Michalla Bent | | | |
| 8 St. Jean de Brebeuf S S 'A' | | 53.28 | 52.56 | 2 |
| 1) 950 Laura Chechalk | 2) 953 Kristen Davidson | | | |
| 3) 955 Tayrn Montague | 4) 958 Josie Rutka | | | |
| 5) 948 Erin Bukowski | 6) 959 Hannah Valentine | | | |
| 9 Bishop Ryan C S S 'A' | | 53.94 | 52.66 | 1 |
| 1) 78 Jasmine Francis | 2) 76 Isabella Dangelo | | | |
| 3) 77 Maria deWilde | 4) 83 Taylor Thompson | | | |
| 10 Grimsby D S S 'A' | | 53.98 | 53.09 | 1 |
| 1) 439 Kiana Nichols | 2) 440 Mary Ollier | | | |
| 3) 442 Lexi Rudlin | 4) 444 Victoria Tousaw | | | |
| 11 Highland S S 'A' | | 54.45 | 53.27 | 1 |
| 1) 497 Liz Niton | 2) 494 Jasmina Kucic | | | |
| 3) 488 Sarah Donoff | 4) 485 Maggie Best | | | |
| 5) 491 Kylie Hopkins | 6) | | | |
| 12 E. L. Crossley S S 'A' | | 54.28 | 53.50 | 1 |
| 1) 330 Erica Hubert | 2) 334 Tiffany Ross | | | |
| 3) 331 erin Kis | 4) 320 Courtney Bennett | | | |
| 5) 336 Kennedy Whitley | 6) | | | |
| 13 Nelson H S 'A' | | 53.30 | 55.37 | 1 |
| 1) 646 Amanda Harnett | 2) 649 Emma Kirk | | | |
| 3) 652 Jasmine Rice | 4) 657 Ashley Taylor | | | |
| 5) 648 Erica Hollingsworth | 6) 647 Chanelle Hinds | | | |
| -- White Oaks S S 'A' | | 53.97 | DQ | 1 |
| 1) 1239 Anastasiya Tarnouskaya | 2) 1237 Nikolina Rajcevic | | | |
| 3) 1236 Nadia Milich | 4) 1238 Eboni Reid | | | |
| 5) 1235 Michelle Lau | 6) 1233 Alena Kondratieva | | | |
| -- Dennis Morris H S 'A' | | 54.10 | DQ | 1 |
| 1) 296 Annie Dewar | 2) 294 Monique Brown | | | |
| 3) 298 Marie-Claire Mutamba | 4) 300 Savanah Rainford-Allen | | | |
| 5) 299 Hayley Pinfold | 6) | | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women High Jump Senior**

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|-------|
| 1 | 388 | Maya Nuruszewicz | Fr. Michael | 1.65m | 1.70m |
| 2 | 20 | Devyn MacKenzie | Abbey Park - | 1.45m | 1.60m |
| 3 | 366 | Madison Taylor | Eden High School | 1.57m | 1.55m |
| 3 | 476 | Cierra Da Silva | Heart Lake S S | 1.50m | 1.55m |
| 5 | 389 | Kelly Richardson | Fr. Michael | 1.55m | 1.50m |
| 5 | 1086 | Katelynn Whiteley | St. Paul H S | 1.50m | 1.50m |
| 5 | 950 | Laura Chechalk | St.Jean De B | 1.45m | 1.50m |
| 5 | 452 | Crystal deBoer | Guido De Bres C H S | 1.50m | 1.50m |
| 5 | 818 | Julie Dion | Churchill, S | 1.50m | 1.50m |
| 5 | 725 | Rose Budisa | Philip Pocock C S S | 1.50m | 1.50m |
| 11 | 1084 | Alexia Miljus | St. Paul H S | 1.50m | 1.45m |
| 12 | 539 | Maddy Over | Iroquois Ridge H S | 1.30m | 1.35m |
| 13 | 543 | Lauren Wiesener | Iroquois Ridge H S | 1.25m | 1.30m |
| -- | 542 | Laura Steeves | Iroquois Ridge H S | 1.20m | NH |
| -- | 732 | Anna Wojtis | Philip Pocock C S S | 1.55m | NH |

Women Pole Vault Senior

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|------------------|--------|-------|
| 1 | 763 | Lauren Ferguson | Ridge-Cr HS | 2.00m | 2.60m |
| 2 | 1073 | Kelsey Darnay | St. Michael H S | 2.45m | 2.50m |
| 3 | 366 | Madison Taylor | Eden High School | 2.45m | 2.30m |
| 4 | 1 | Alex Carriero | A.N. Myer S S | 2.00m | 2.00m |

Women Long Jump Senior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|---------------------|--------|-------|-----|
| 1 | 637 | Cheyenne Hanlan-Hu | Milton D H S | 4.73m | 5.17m | NWI |
| 2 | 712 | Holly Pitters | Mount Carmel SS | 4.91m | 5.15m | NWI |
| 3 | 900 | Faith Brown | St. Edmund Campi | 4.70m | 5.00m | NWI |
| 4 | 237 | Beth Thorne | Centennial S S | 4.74m | 4.90m | NWI |
| 5 | 318 | Lauren Hines | Dunnville S S | 4.88m | 4.89m | NWI |
| 6 | 299 | Hayley Pinfold | Dennis Morris H S | 4.69m | 4.87m | NWI |
| 7 | 1239 | Anastasiya Tarnous | White Oaks S S | 4.59m | 4.71m | NWI |
| 8 | 296 | Annie Dewar | Dennis Morris H S | 4.72m | 4.67m | NWI |
| 9 | 534 | Riley Dane | Iroquois Ridge H S | 4.72m | 4.66m | NWI |
| 9 | 908 | LeShe Wedderburn | St. Edmund Campi | 4.79m | 4.66m | NWI |
| 11 | 958 | Josie Rutka | St.Jean De B | 4.53m | 4.65m | NWI |
| 12 | 732 | Anna Wojtis | Philip Pocock C S S | 4.89m | 4.56m | NWI |
| 13 | 452 | Crystal deBoer | Guido De Bres C H S | 4.64m | 4.50m | NWI |
| 14 | 1051 | Kamoi McWhinney | St. Margueri | 4.55m | 4.44m | NWI |
| 15 | 249 | Lindsay Kirby | Christ the King | 4.55m | 4.41m | NWI |

Women Triple Jump Senior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|-----------------|-----------------|--------|--------|-----|
| 1 | 182 | Sara Villani | Brampton Chr | 11.22m | 11.19m | NWI |
| 2 | 1051 | Kamoi McWhinney | St. Margueri | 10.84m | 10.87m | NWI |
| 3 | 709 | Emilla Grala | Mount Carmel SS | 10.25m | 10.80m | NWI |
| 4 | 577 | Amanda Reid | Lakeshore C H S | 10.01m | 10.52m | NWI |

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| | | | | | | |
|----|------|--------------------|--------------------|--------|--------|-----|
| 5 | 60 | Taylor Blatchley | Beamsville D S S | 9.89m | 10.16m | NWI |
| 6 | 321 | Mariah Bunz | E. L. Crossley S S | 9.92m | 9.98m | NWI |
| 7 | 61 | Rachel Eagles | Beamsville D S S | 9.91m | 9.92m | NWI |
| 8 | 534 | Riley Dane | Iroquois Ridge H S | 10.28m | 9.89m | NWI |
| 9 | 438 | Morgan Jacques | Grimsby D S S | 10.22m | 9.68m | NWI |
| 10 | 875 | Alysha Felix | St. Augustine S S | 10.01m | 9.65m | NWI |
| 11 | 1239 | Anastasiya Tarnous | White Oaks S S | 9.30m | 9.63m | NWI |
| 12 | 987 | Katelyn Costa | St. Joseph S S | 10.30m | 9.46m | NWI |
| 13 | 249 | Lindsay Kirby | Christ the King | 9.42m | 9.40m | NWI |
| 14 | 950 | Laura Chechalk | St.Jean De B | 9.85m | 9.06m | NWI |
| 15 | 955 | Tayrn Montague | St.Jean De B | 9.14m | 8.81m | NWI |

Women Shot Put Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 38 | Kayann Henry | Ascension of | 10.28m | 11.45m |
| 2 | 182 | Sara Villani | Brampton Chr | 9.97m | 11.06m |
| 3 | 1004 | Vanisa Ezukuse | St. Marcellinus S S | 9.55m | 10.67m |
| 4 | 295 | Jocelyn denHolland | Dennis Morris H S | 10.66m | 10.31m |
| 5 | 1198 | Randi Carey | Waterdown D H S | 9.77m | 9.74m |
| 6 | 1229 | Alyssa DiCesare | Westmount S S | 9.53m | 9.70m |
| 7 | 745 | Ilyssa Boisvenue | Port Colborne H S | 9.28m | 9.67m |
| 8 | 727 | Anne Campbell | Philip Pocock C S S | 9.03m | 8.88m |
| 9 | 647 | Chanelle Hinds | Nelson H S | 8.34m | 8.71m |
| 9 | 193 | Katherine Putzig | Burlington C | 7.85m | 8.71m |
| 11 | 748 | Nicole Vannatter | Port Colborne H S | 9.23m | 8.67m |
| 12 | 634 | Carine Djaiani | Mentor College | 8.86m | 8.65m |
| 13 | 17 | Niki Bozindski | Abbey Park - | 8.60m | 8.30m |
| 14 | 48 | Nicole Gilmore | Assumption R C S S | 8.09m | 8.11m |
| 15 | 417 | Kerianne Skea | Georgetown D H S | 8.00m | 7.95m |

Women Discus Throw Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 745 | Ilyssa Boisvenue | Port Colborne H S | 33.80m | 37.00m |
| 2 | 762 | Jessica Detlor | Ridge-Cr HS | 29.10m | 34.17m |
| 3 | 747 | Jazmin Kikkert-Lab | Port Colborne H S | 33.45m | 32.85m |
| 4 | 748 | Nicole Vannatter | Port Colborne H S | 28.92m | 31.55m |
| 5 | 727 | Anne Campbell | Philip Pocock C S S | 32.84m | 31.23m |
| 6 | 1004 | Vanisa Ezukuse | St. Marcellinus S S | 29.04m | 30.07m |
| 7 | 295 | Jocelyn denHolland | Dennis Morris H S | 29.63m | 28.66m |
| 8 | 156 | Paar Rambang | Bramalea S S | 25.83m | 28.16m |
| 9 | 758 | Jade Yerex | Port Credit S S | 27.23m | 26.90m |
| 10 | 48 | Nicole Gilmore | Assumption R C S S | 24.28m | 26.32m |
| 11 | 229 | Rachel D'Arsie | Cawthra Park S S | | 26.26m |
| 12 | 191 | Chantai Orr-Campbe | Burlington C | 22.48m | 19.80m |
| 13 | 193 | Katherine Putzig | Burlington C | 18.83m | 19.78m |
| 14 | 1240 | Elizabeth Toop | White Oaks S S | 19.24m | 18.00m |
| 15 | 417 | Kerianne Skea | Georgetown D H S | 22.90m | 12.20m |

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| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 3 | Victoria Schooning | A.N. Myer S S | 39.85m | 39.43m |
| 2 | 384 | Sonia Foster | Fort Erie S S | 37.08m | 36.03m |
| 3 | 754 | Nicole Henry | Port Credit S S | 32.65m | 35.60m |
| 4 | 1229 | Alyssa DiCesare | Westmount S S | 34.61m | 34.62m |
| 5 | 806 | Chelsey Maclean | Saltfleet D H S | 33.46m | 33.37m |
| 6 | 17 | Niki Bozindski | Abbey Park - | 26.05m | 29.95m |
| 7 | 1000 | Elvira Cochon | St. Marcellinus S S | 28.85m | 29.55m |
| 8 | 389 | Kelly Richardson | Fr. Michael | 29.82m | 29.42m |
| 9 | 758 | Jade Yerex | Port Credit S S | 27.20m | 28.12m |
| 10 | 745 | Ilyssa Boisvenue | Port Colborne H S | 29.05m | 27.45m |
| 11 | 229 | Rachel D'Arsie | Cawthra Park S S | 25.72m | 26.10m |
| 12 | 185 | Chantelle Andree | Burlington C | 26.12m | 25.48m |
| 13 | 246 | Meaghan Buckingham | Christ the King | 26.06m | 25.35m |
| 14 | 217 | Jayda Childs | Cathedral S | 27.46m | 23.29m |
| 15 | 187 | Sasha Bertusa | Burlington C | 27.33m | 23.25m |

Women 1500 Meter Steeplechase Open

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|--------------------|---------|---------|
| 1 | 607 | Cailie McGuire | Loyola C S S | 5:19.97 | 5:15.40 |
| 2 | 979 | Emily Nowak | St. Joan of Arc | 5:24.71 | 5:18.07 |
| 3 | 819 | Talasia Eizenga | Churchill, S | 5:33.87 | 5:23.47 |
| 4 | 1164 | Annelise Martin | The Woodlands S S | 5:29.30 | 5:25.44 |
| 5 | 851 | Raquel Castro | St. Aloysius | 5:38.02 | 5:33.55 |
| 6 | 168 | Coby Phillips | Brampton Cen | 5:42.21 | 5:38.33 |
| 7 | 329 | Kathryn Hrycusko | E. L. Crossley S S | 5:43.50 | 5:41.16 |
| 8 | 804 | Elizabeth Isbister | Saltfleet D H S | 5:44.23 | 5:45.87 |
| 9 | 1078 | Sabrina Waller | St. Michael H S | 5:49.07 | 5:55.53 |
| 10 | 501 | Paige Tate | Highland S S | 5:39.79 | 5:57.70 |
| 11 | 104 | Becky Morrison | Bishop Tonnos | 6:15.29 | 6:06.63 |
| 12 | 395 | Allison Chan | Garth Webb | 6:21.27 | 6:06.70 |
| 13 | 1170 | Sarah Hill | Blakelock, T | 6:18.94 | 6:08.65 |
| 14 | 105 | Kate Randazzo | Bishop Tonnos | 6:27.51 | 6:24.82 |
| 15 | 689 | Paula Mawryczew | Notre Dame R C S S | 6:07.10 | 6:36.12 |

Women 4x400 Meter Relay Open

| School | Seed | Finals | H# |
|-------------------------------------|---------|---------|----|
| 1 Highland S S 'A' | 4:14.69 | 3:58.38 | 2 |
| 1) 501 Paige Tate | | | |
| 2) 491 Kylie Hopkins | | | |
| 3) 492 Ryann Johnston | | | |
| 4) 486 Emily Brent | | | |
| 5) 499 Jenna Smith | | | |
| 6) 488 Sarah Donoff | | | |
| 2 St. Ignatius of Loyola S 'A' | 4:09.03 | 4:02.28 | 2 |
| 1) 937 Dayna Ohanlon | | | |
| 2) 938 Bridget O'Neill | | | |
| 3) 939 Kristen O'Neill | | | |
| 4) 940 Pamela Sanchez | | | |
| 5) 936 Amanda Inglese | | | |
| 6) | | | |
| 3 St. Marcellinus S S 'A' | 4:17.91 | 4:02.81 | 2 |
| 1) 1017 Nicole Yee | | | |
| 2) 1007 Maya Genard | | | |
| 3) 1001 Veronica Colasanti | | | |
| 4) 1010 Alexia Morgan | | | |
| 5) 1011 Maya Pascal | | | |
| 6) 1012 Avery Smith | | | |
| 4 David Suzuki Secondary School 'A' | 4:23.23 | 4:11.99 | 1 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013

Niagara Olympic Club Track and Field Centre

Results

....Women 4x400 Meter Relay Open

| | | | | |
|----------------------------------|--------------------------------|---------|---------|---|
| 1) 287 Cheyenne Wilson | 2) 284 Natassha Mcdonald | | | |
| 3) 286 Renee Steenge | 4) 282 Aliyah Marshall | | | |
| 5) 281 Shanelle Hunnighan | 6) 278 Xanobia Bell-Stephenson | | | |
| 5 St. Joan of Arc C.S.S. 'A' | | 4:19.54 | 4:13.19 | 2 |
| 1) 982 Emily Wilson | 2) 979 Emily Nowak | | | |
| 3) 978 Tiana Mistry | 4) 981 Alisha Williams | | | |
| 5) 977 Carolina Engering | 6) | | | |
| 6 Loyola C S S 'A' | | 4:22.40 | 4:14.15 | 2 |
| 1) 608 Michelle O'Shea | 2) 606 Cassandra Lima | | | |
| 3) 610 Andrea Posella | 4) 607 Cailie McGuire | | | |
| 5) 604 Keyana DesVignes-Gardener | 6) 609 Amanda Posella | | | |
| 7 Nelson H S 'A' | | 4:22.86 | 4:18.85 | 2 |
| 1) 655 Allison Supapol | 2) 656 Jennifer Supapol | | | |
| 3) 657 Ashley Taylor | 4) 658 Ivana Vujadinovic | | | |
| 5) 651 Sonja Mijatovic | 6) 642 Hannah Davero | | | |
| 8 Fletcher's Meadow S.S. 'A' | | 4:29.25 | 4:20.02 | 1 |
| 1) 380 Tianna Thomas | 2) 376 Eboni Ledford | | | |
| 3) 375 Keiana Harris | 4) 379 Pawanpreet Singh | | | |
| 5) 378 Tanisha Richards | 6) 377 Kathryn Pullar | | | |
| 9 Notre Dame RC S S 'A' | | 4:22.69 | 4:20.10 | 2 |
| 1) 687 Tenesha Fuller | 2) 688 Erin Mawhinney | | | |
| 3) 691 Melanie Rodriguez | 4) 694 Alyciah Vendryes | | | |
| 5) 695 Cailigh Workentin | 6) 693 Tristen Thomas | | | |
| 10 Holy Trinity C S S 'A' | | 4:20.87 | 4:20.75 | 2 |
| 1) 522 Tayania Smith | 2) 517 Natalie Bilokrely | | | |
| 3) 519 Tegan Duncan | 4) 518 Rachel Bronzovich | | | |
| 5) 520 Lauren Jamieson | 6) | | | |
| 11 Bishop Tonnos C.S.S. 'A' | | 4:23.30 | 4:21.98 | 1 |
| 1) 104 Becky Morrison | 2) 100 Marissa Codispodi | | | |
| 3) 105 Kate Randazzo | 4) 97 Amy Bellavia | | | |
| 5) 95 Alexia Amorim | 6) 107 Savannah Simpson | | | |
| 12 Ridgeway-Crystal Beach 'A' | | 4:41.08 | 4:24.33 | 1 |
| 1) 765 Mary Lapp | 2) 761 Abby Bolton | | | |
| 3) 764 Kristen Kuhn | 4) 766 Beeann Maidens | | | |
| 13 Laura Secord S S 'A' | | 4:38.35 | 4:27.09 | 1 |
| 1) 589 Jasmine Loughheed | 2) 590 Annika Mazzarella | | | |
| 3) 591 Karoline Mazzarella | 4) 593 Lynda Othman | | | |
| 5) 595 Mikayla Sonnenberg | 6) 1248 Michalla Bent | | | |
| 14 E. L. Crossley S S 'A' | | 4:37.87 | 4:31.61 | 1 |
| 1) 325 Keagin Collie | 2) 327 Jane Gibson | | | |
| 3) 322 Julia Burke | 4) 335 Tessa Sherk | | | |
| 15 Blessed Trinity H S 'A' | | 4:37.10 | 4:34.70 | 1 |
| 1) 128 Rachel Langelaan | 2) 131 Jessica Meyer | | | |
| 3) 129 Erin Laughlin | 4) 137 Taylor Thomson | | | |
| 5) 121 Kayla Baker | 6) 122 Rachel Barich | | | |

Women 100 Meter Dash Intellectual Ambulatory

| Name | Year School | Seed | Finals | Wind |
|----------------------|---------------------|-------|--------|------|
| 1 429 Talin Najarian | Governor Simcoe S S | 16.36 | 16.24 | +0.0 |
| 2 1077 Julianne Misk | St. Michael H S | 17.20 | 17.09 | +0.0 |
| 3 1075 Amen Ehi | St. Michael H S | 18.25 | 18.12 | +0.0 |
| 4 81 Maria Rapaso | Bishop Ryan C S S | 20.02 | 20.10 | +0.0 |
| 5 80 Flynn McCowell | Bishop Ryan C S S | 28.86 | 28.55 | +0.0 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 800 Meter Run Ambulatory Ambulatory**

| Name | Year | School | Seed | Finals |
|----------------------|------|-----------------|---------|---------|
| 1 1077 Julianne Misk | | St. Michael H S | 3:17.50 | 3:12.05 |
| 2 1075 Amen Ehi | | St. Michael H S | 4:24.00 | 4:18.91 |

Men 100 Meter Dash Midget

| Name | Year | School | Seed | Prelims | Wind | H# |
|---------------------------|------|--------------------|-------|---------|------|----|
| Preliminaries | | | | | | |
| 1 1121 Jevante Stanley | | St. Thomas A | 11.82 | 11.56Q | -0.7 | 1 |
| 2 449 Trent Snyder | | Grimsby D S S | 11.65 | 11.61Q | -1.7 | 2 |
| 3 382 Jaylen Lewis-Banto | | Fletcher's M. | 11.80 | 11.63Q | -0.7 | 1 |
| 4 881 Tosan Agbeyegbe | | St. Augustine S S | 11.91 | 11.66Q | -1.7 | 2 |
| 5 290 Jesse Hamblett | | Grizzlies | 12.01 | 11.76q | -1.7 | 2 |
| 6 118 Daniel Skuse | | Bishop Tonnos | 11.98 | 11.87q | -0.7 | 1 |
| 7 506 Alex McLung | | Highland S S | 11.83 | 11.90q | -1.7 | 2 |
| 8 11 Christopher Parlev | | A.N. Myer S S | 11.92 | 11.94q | -0.7 | 1 |
| 9 309 Atreyu Godard | | Dennis Morris H S | 12.14 | 12.04 | -0.7 | 1 |
| 10 526 Adam Czach | | Holy Trinity C S S | 12.16 | 12.05 | -1.7 | 2 |
| 11 632 Cordell Bujold-Abu | | Meadowvale S S | 12.14 | 12.19 | -0.7 | 1 |
| 12 795 Tohma Van Bergen | | Robert Batem | 12.34 | 12.21 | -1.7 | 2 |
| 13 789 Darius Francis-Gra | | Robert Batem | 12.43 | 12.24 | -0.7 | 1 |
| 14 548 Nicholas Lorroway | | Iroquois Ridge H S | 12.38 | 12.40 | -0.7 | 1 |

Men 100 Meter Dash Midget

| Name | Year | School | Prelims | Finals | Wind |
|--------------------------|------|-------------------|---------|--------|------|
| Finals | | | | | |
| 1 1121 Jevante Stanley | | St. Thomas A | 11.56 | 11.47 | -0.1 |
| 2 382 Jaylen Lewis-Banto | | Fletcher's M. | 11.63 | 11.57 | -0.1 |
| 3 449 Trent Snyder | | Grimsby D S S | 11.61 | 11.66 | -0.1 |
| 4 881 Tosan Agbeyegbe | | St. Augustine S S | 11.66 | 11.74 | -0.1 |
| 5 506 Alex McLung | | Highland S S | 11.90 | 11.83 | -0.1 |
| 6 118 Daniel Skuse | | Bishop Tonnos | 11.87 | 11.83 | -0.1 |
| 7 290 Jesse Hamblett | | Grizzlies | 11.76 | 11.85 | -0.1 |
| 8 11 Christopher Parlev | | A.N. Myer S S | 11.94 | 12.01 | -0.1 |

Men 200 Meter Dash Midget

| Name | Year | School | Seed | Prelims | Wind | H# |
|--------------------------|------|--------------------|-------|---------|------|----|
| Preliminaries | | | | | | |
| 1 1121 Jevante Stanley | | St. Thomas A | 23.14 | 23.91Q | -2.6 | 2 |
| 2 290 Jesse Hamblett | | Grizzlies | 23.28 | 24.04Q | -1.4 | 1 |
| 3 382 Jaylen Lewis-Banto | | Fletcher's M. | 23.29 | 24.08Q | -1.4 | 1 |
| 4 910 Joshua Agenim-Boat | | St. Edmund Campi | 23.71 | 24.54Q | -2.6 | 2 |
| 5 548 Nicholas Lorroway | | Iroquois Ridge H S | 24.51 | 24.59q | -2.6 | 2 |
| 6 506 Alex McLung | | Highland S S | 24.89 | 24.69q | -2.6 | 2 |
| 7 566 Emilio Pantaleo | | John Fraser S S | 23.88 | 24.71q | -2.6 | 2 |
| 8 1231 Brent Smyth | | Westmount S S | 24.34 | 24.74q | -1.4 | 1 |
| 9 795 Tohma Van Bergen | | Robert Batem | 24.36 | 24.76 | -2.6 | 2 |
| 10 11 Christopher Parlev | | A.N. Myer S S | 24.59 | 24.78 | -1.4 | 1 |
| 11 449 Trent Snyder | | Grimsby D S S | 24.08 | 24.80 | -1.4 | 1 |

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| | | | | | | | |
|----|-----|--------------------|--------------------|-------|-------|------|---|
| 12 | 812 | Denzel Albers-Wall | MacNab,Sir A | 25.04 | 24.96 | -1.4 | 1 |
| 13 | 526 | Adam Czach | Holy Trinity C S S | 24.68 | 25.04 | -1.4 | 1 |
| 14 | 24 | Nick Spencer | Acton D H S | 24.90 | 25.24 | -1.4 | 1 |
| 15 | 70 | Joseph Gilliard | Reding,Bisho | 24.85 | 25.62 | -2.6 | 2 |

Men 200 Meter Dash Midget

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|--------------------|--------|-------|------|
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | 1121 | Jevante Stanley | St. Thomas A | 23.91 | 24.04 | -3.2 |
| 2 | 290 | Jesse Hamblett | Grizzlies | 24.04 | 24.08 | -3.2 |
| 3 | 382 | Jaylen Lewis-Banto | Fletcher's M. | 24.08 | 24.32 | -3.2 |
| 4 | 548 | Nicholas Lorroway | Iroquois Ridge H S | 24.59 | 24.49 | -3.2 |
| 5 | 1231 | Brent Smyth | Westmount S S | 24.74 | 24.81 | -3.2 |
| 6 | 910 | Joshua Agenim-Boat | St. Edmund Campi | 24.54 | 24.83 | -3.2 |
| 7 | 506 | Alex McLung | Highland S S | 24.69 | 24.84 | -3.2 |
| 8 | 566 | Emilio Pantaleo | John Fraser S S | 24.71 | 24.97 | -3.2 |

Men 400 Meter Dash Midget

| Name | Year | School | Seed | Finals | H# | |
|-------|------|--------------------|---------------------|--------|---------|---|
| ===== | | | | | | |
| 1 | 1231 | Brent Smyth | Westmount S S | 52.82 | 52.26 | 2 |
| 2 | 984 | D'Andre Edwards | St. Joan of Arc | 54.83 | 53.05 | 2 |
| 3 | 290 | Jesse Hamblett | Grizzlies | 55.16 | 53.39 | 2 |
| 4 | 566 | Emilio Pantaleo | John Fraser S S | 54.97 | 53.41 | 2 |
| 5 | 35 | Connor Russell | Ancaster High | 56.11 | 54.75 | 2 |
| 6 | 456 | Sidney Alkema | Guido De Bres C H S | 55.63 | 55.12 | 2 |
| 7 | 1025 | Arkhe Delacruz | St. Marcellinus S S | 56.60 | 55.57 | 2 |
| 8 | 15 | Reid Yochim | A.N. Myer S S | 55.94 | 55.64 | 2 |
| 9 | 1181 | Connor Hicks | Blakelock, T | 57.04 | 56.55 | 1 |
| 10 | 834 | Jack Moncur | Churchill, S | 56.90 | 56.74 | 1 |
| 11 | 1243 | Aidan Messenger | White Oaks S S | 57.65 | 56.80 | 1 |
| 12 | 910 | Joshua Agenim-Boat | St. Edmund Campi | 57.83 | 57.74 | 1 |
| 13 | 704 | Luke Dickson | Oakville Tra | 59.86 | 58.03 | 1 |
| 14 | 962 | Patrick Cupido | St.Jean De B | 59.88 | 1:01.04 | 1 |
| -- | 973 | Nathan Petrie | St.Jean De B | 58.33 | DNF | 1 |

Men 800 Meter Run Midget

| Name | Year | School | Seed | Finals | H# | |
|-------|------|-----------------|---------------------|---------|---------|---|
| ===== | | | | | | |
| 1 | 1223 | Ian MacKinnon | Westdale S S | 2:08.16 | 2:04.03 | 2 |
| 2 | 447 | Gavin Smith | Grimsby D S S | 2:09.35 | 2:05.83 | 2 |
| 3 | 1244 | Daniel Moll | White Oaks S S | 2:09.33 | 2:07.33 | 2 |
| 4 | 585 | Eric Stoop | Lakeshore C H S | 2:13.36 | 2:07.92 | 2 |
| 5 | 406 | Evan Notley | Garth Webb | 2:13.05 | 2:08.85 | 2 |
| 6 | 774 | Levi Fretz | Ridge-Cr HS | 2:14.58 | 2:09.36 | 1 |
| 7 | 984 | D'Andre Edwards | St. Joan of Arc | 2:14.61 | 2:10.45 | 1 |
| 8 | 1040 | Daniel Pereira | St. Marcellinus S S | 2:12.64 | 2:12.08 | 2 |
| 9 | 478 | Matthew Ahola | Heart Lake S S | 2:13.24 | 2:12.13 | 2 |
| 10 | 472 | Justin Owendyk | Hamilton Dis | 2:17.10 | 2:12.37 | 1 |
| 11 | 1181 | Connor Hicks | Blakelock, T | 2:13.37 | 2:13.84 | 2 |
| 12 | 94 | Adam Sunavsky | Bishop Ryan C S S | 2:15.73 | 2:14.02 | 1 |

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| | | | | | | |
|----|------|-----------------|---------------------|---------|---------|---|
| 13 | 409 | Bradon Tiels | Garth Webb | 2:16.45 | 2:14.67 | 1 |
| 14 | 1025 | Arkhe Delacruz | St. Marcellinus S S | 2:17.83 | 2:15.51 | 1 |
| 15 | 1160 | Dante Belvedere | The Humberview S | 2:16.41 | 2:18.67 | 1 |

Men 1500 Meter Run Midget

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|---------------------|---------|---------|
| 1 | 823 | Millar Coveney | Churchill, S | 4:28.89 | 4:14.55 |
| 2 | 1223 | Ian MacKinnon | Westdale S S | 4:27.98 | 4:14.64 |
| 3 | 14 | Tyler Thomson | A.N. Myer S S | 4:30.84 | 4:17.87 |
| 4 | 447 | Gavin Smith | Grimsby D S S | 4:29.07 | 4:18.29 |
| 5 | 1244 | Daniel Moll | White Oaks S S | 4:38.11 | 4:25.74 |
| 6 | 478 | Matthew Ahola | Heart Lake S S | 4:37.78 | 4:27.27 |
| 7 | 1040 | Daniel Pereira | St. Marcellinus S S | 4:38.93 | 4:31.11 |
| 8 | 774 | Levi Fretz | Ridge-Cr HS | 4:32.70 | 4:34.18 |
| 9 | 406 | Evan Notley | Garth Webb | 4:38.17 | 4:38.63 |
| 10 | 1160 | Dante Belvedere | The Humberview S | 4:40.79 | 4:39.32 |
| 11 | 215 | Adam Villela | Cardinal New | 4:46.32 | 4:41.10 |
| 12 | 1026 | Justin Diep | St. Marcellinus S S | 4:40.76 | 4:42.24 |
| 13 | 794 | Kai Van Bergen | Robert Batem | 4:54.75 | 4:54.12 |
| 14 | 640 | Luke Cadieux | Milton D H S | 4:55.56 | 4:58.25 |

Men 3000 Meter Run Midget

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|----------|----------|
| 1 | 823 | Millar Coveney | Churchill, S | 9:36.49 | 9:40.10 |
| 2 | 14 | Tyler Thomson | A.N. Myer S S | 9:44.79 | 9:49.75 |
| 3 | 59 | Nick Dalessandro | Barton S S | 10:13.23 | 10:03.18 |
| 4 | 1201 | Addy Nixon | Waterdown D H S | 10:27.09 | 10:05.82 |
| 5 | 244 | Avneet Bhullar | Chinguacousy S S | 10:32.42 | 10:16.42 |
| 6 | 94 | Adam Sunavsky | Bishop Ryan C S S | 10:33.34 | 10:29.20 |
| 7 | 558 | Gustavo DeMelo | John Cabot C S S | 10:32.75 | 10:34.13 |
| 8 | 406 | Evan Notley | Garth Webb | 10:41.55 | 10:34.17 |
| 9 | 557 | Joshua Dame | John Cabot C S S | 10:32.89 | 10:35.04 |
| 10 | 868 | Sam Cooper | St. Aloysius | 10:35.28 | 10:40.49 |
| 11 | 238 | Jonathan Banninga | Centennial S S | 10:39.19 | 10:46.35 |
| 12 | 1026 | Justin Diep | St. Marcellinus S S | 10:32.05 | 10:49.07 |
| 13 | 409 | Bradon Tiels | Garth Webb | 11:10.70 | 11:10.02 |
| 14 | 794 | Kai Van Bergen | Robert Batem | 11:20.97 | 11:29.83 |
| 15 | 791 | Michael McMenemy | Robert Batem | 11:21.28 | 11:47.23 |

Men 100 Meter Hurdles Midget

| Name | Year | School | Seed | Prelims | Wind | H# |
|---------------|------|--------------------|---------------------|---------|--------|--------|
| Preliminaries | | | | | | |
| 1 | 1044 | Darrian Seaton-Tuc | St. Marcellinus S S | 15.37 | 15.29Q | +0.0 2 |
| 2 | 1033 | Jamie Kusi-Acquah | St. Marcellinus S S | 14.91 | 15.43Q | -3.5 1 |
| 3 | 174 | Donte Goulbourne | Brampton Cen | 14.79 | 15.52Q | +0.0 2 |
| 4 | 636 | Matt Dziadecki | Mentor College | 15.34 | 16.05Q | -3.5 1 |
| 5 | 973 | Nathan Petrie | St.Jean De B | 16.81 | 15.88q | +0.0 2 |
| 6 | 158 | Benjamin Arhen | Bramalea S S | 15.50 | 15.89q | +0.0 2 |
| 7 | 968 | David Lacharity | St.Jean De B | 18.04 | 16.32q | -3.5 1 |

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| | | | | | | | |
|----|-----|------------------|-------------------|-------|--------|------|---|
| 8 | 971 | Lukas Otterstein | St.Jean De B | 16.42 | 16.37q | -3.5 | 1 |
| 9 | 597 | Kyle Craig | Laura Secord S S | 16.34 | 16.63 | -3.5 | 1 |
| 10 | 962 | Patrick Cupido | St.Jean De B | 16.95 | 17.08 | -3.5 | 1 |
| 11 | 37 | Ryan Tomalin | Ancaster High | 16.93 | 17.21 | +0.0 | 2 |
| 12 | 844 | Liam Burrows | South Lincoln H S | 17.14 | 17.54 | +0.0 | 2 |
| 13 | 509 | Jack Staz | Highland S S | 17.05 | 17.67 | -3.5 | 1 |
| 14 | 724 | Sam Thompson | Parkside H S | 17.29 | 18.06 | +0.0 | 2 |
| 15 | 405 | Sam Matthew | Garth Webb | 17.92 | 21.71 | -3.5 | 1 |

Men 100 Meter Hurdles Midget

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|-----|
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | 1033 | Jamie Kusi-Acquah | St. Marcellinus S S | 15.43 | 14.92 | 0.3 |
| 2 | 1044 | Darrian Seaton-Tuc | St. Marcellinus S S | 15.29 | 15.00 | 0.3 |
| 3 | 174 | Donte Goulbourne | Brampton Cen | 15.52 | 15.04 | 0.3 |
| 4 | 973 | Nathan Petrie | St.Jean De B | 15.88 | 15.50 | 0.3 |
| 5 | 636 | Matt Dziadecki | Mentor College | 16.05 | 15.51 | 0.3 |
| 6 | 158 | Benjamin Arhen | Bramalea S S | 15.89 | 16.01 | 0.3 |
| 7 | 971 | Lukas Otterstein | St.Jean De B | 16.37 | 16.25 | 0.3 |
| 8 | 968 | David Lacharity | St.Jean De B | 16.32 | 16.85 | 0.3 |

Men 300 Meter Hurdles Midget

| Name | Year | School | Seed | Finals | H# | |
|-------|------|--------------------|---------------------|--------|-------|---|
| ===== | | | | | | |
| 1 | 973 | Nathan Petrie | St.Jean De B | 46.47 | 44.02 | 2 |
| 2 | 636 | Matt Dziadecki | Mentor College | 46.60 | 44.26 | 2 |
| 3 | 456 | Sidney Alkema | Guido De Bres C H S | 45.65 | 44.33 | 2 |
| 4 | 812 | Denzel Albers-Wall | MacNab,Sir A | 45.78 | 44.87 | 2 |
| 5 | 341 | Jake Bennett | E. L. Crossley S S | 46.04 | 45.17 | 2 |
| 6 | 174 | Donte Goulbourne | Brampton Cen | 49.30 | 45.34 | 1 |
| 7 | 1196 | Gabriel Sepahi | Turner-Fenton S S | 47.19 | 45.42 | 2 |
| 8 | 1033 | Jamie Kusi-Acquah | St. Marcellinus S S | 46.20 | 45.49 | 2 |
| 9 | 968 | David Lacharity | St.Jean De B | 51.15 | 45.66 | 1 |
| 10 | 1019 | Ruddy Amoah | St. Marcellinus S S | 48.10 | 47.38 | 1 |
| 11 | 509 | Jack Staz | Highland S S | 48.85 | 47.93 | 1 |
| 12 | 962 | Patrick Cupido | St.Jean De B | 49.32 | 48.64 | 1 |
| 13 | 113 | Ben Lucier | Bishop Tonnos | 50.21 | 49.46 | 1 |
| 14 | 357 | Thomas Young | E. L. Crossley S S | 47.07 | 49.62 | 2 |
| 15 | 56 | Ethan Maclean | Assumption R C S S | 53.00 | 49.93 | 1 |

Men 4x100 Meter Relay Midget

| School | Seed | Finals | H# |
|-------------------------------|-------|--------|----|
| ===== | | | |
| 1 St. Marcellinus S S 'A' | 47.65 | 46.35 | 2 |
| 1) 1019 Ruddy Amoah | | | |
| 2) 1027 Ryan France | | | |
| 3) 1028 Vince Fuoco | | | |
| 4) 1045 Andrew Tan | | | |
| 5) 1044 Darrian Seaton-Tucker | | | |
| 6) 1025 Arkhe Delacruz | | | |
| 2 A.N. Myer S S 'A' | 48.87 | 46.96 | 2 |
| 1) 11 Christopher Parlevliet | | | |
| 2) 6 Matthew Burns | | | |
| 3) 9 Joe Murdaca | | | |
| 4) 15 Reid Yochim | | | |
| 5) 14 Tyler Thomson | | | |
| 6) | | | |

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Results

....Men 4x100 Meter Relay Midget

| | | | | |
|----|------------------------------|-------------------------|-------|---|
| 3 | Bramalea S S 'A' | 48.19 | 47.01 | 2 |
| | 1) 157 Jordan Acheampong | 2) 158 Benjamin Arhen | | |
| | 3) 159 Alex Buccieri | 4) 160 DeMoy King | | |
| 4 | St. Edmund Champion S S 'A' | 47.71 | 47.02 | 2 |
| | 1) 924 Phillip Panton | 2) 921 Nicolas Mills | | |
| | 3) 910 Joshua Agenim-Boateng | 4) 929 Donte Wedderburn | | |
| | 5) 925 Leonard Periera | 6) | | |
| 5 | St. Jean de Brebeuf S S 'A' | 48.33 | 47.84 | 2 |
| | 1) 967 Ian Kokoski | 2) 968 David Lacharity | | |
| | 3) 971 Lukas Otterstein | 4) 973 Nathan Petrie | | |
| | 5) 962 Patrick Cupido | 6) 975 Nick White | | |
| 6 | Bishop Tonnos C.S.S. 'A' | 50.15 | 48.54 | 1 |
| | 1) 111 Nick Furtado | 2) 114 Dante Marazzo | | |
| | 3) 115 Camillo Munoz | 4) 120 Nolan Wright | | |
| | 5) 118 Daniel Skuse | 6) 119 Anthony Vespa | | |
| 7 | St. Thomas Aquinas S S 'A' | 49.04 | 48.69 | 2 |
| | 1) 1121 Jevante Stanley | 2) 1116 Jordan Lowe | | |
| | 3) 1120 Chris Spencer | 4) 1119 Shamar Simon | | |
| | 5) 1118 Joshua Sammut | 6) | | |
| 8 | John Fraser S S 'A' | 49.12 | 48.90 | 2 |
| | 1) 565 Kyle Morgan | 2) 566 Emilio Pantaleo | | |
| | 3) 564 Steven Lu | 4) 563 James Bao | | |
| | 5) 568 Jason Zhong | 6) 567 Avantik Sharma | | |
| 9 | West Park S S 'A' | 49.90 | 49.00 | 1 |
| | 1) 1204 Nolan Benevento | 2) 1206 Riley McKinnon | | |
| | 3) 1207 Cade Scott | 4) 1205 Paul Burbulea | | |
| | 5) 1209 Josh Vanscoy | 6) | | |
| 10 | Assumption R C S S 'A' | 50.46 | 49.48 | 1 |
| | 1) 57 Jack Miller | 2) 54 Arnason Eric | | |
| | 3) 55 Cameron Kemp | 4) 56 Ethan Maclean | | |
| | 5) 53 Jack Dabic | 6) | | |
| 11 | E. L. Crossley S S 'A' | 51.80 | 49.53 | 1 |
| | 1) 349 Dylan Jones | 2) 346 Tyler Grummett | | |
| | 3) 359 Carter Zides | 4) 341 Jake Bennett | | |
| 12 | Blessed Trinity H S 'A' | 51.22 | 49.59 | 1 |
| | 1) 145 Thomas Volz | 2) 143 jack Musquite | | |
| | 3) 142 Mitch Mueller | 4) 144 Cullen Varga | | |
| 13 | Holy Trinity C S S 'A' | 49.60 | 49.95 | 2 |
| | 1) 525 Sebastian Contin | 2) 528 Ben Kwashigah | | |
| | 3) 530 Diego Ponce | 4) 526 Adam Czach | | |
| | 5) 529 Caleb Minchin | 6) | | |
| 14 | Garth Webb 'A' | 52.03 | 49.97 | 1 |
| | 1) 406 Evan Notley | 2) 408 Kyle Rioux | | |
| | 3) 409 Bradon Tiels | 4) 410 Andrew Walker | | |
| | 5) 411 Endi Xherro | 6) | | |
| -- | Ridgeway-Crystal Beach 'A' | 51.45 | DNF | 1 |
| | 1) 780 Tanner Schinkel | 2) 779 Justin Riddel | | |
| | 3) 783 Ethan Tupala | 4) 772 Devon Brewster | | |
| | 5) 774 Levi Fretz | 6) | | |

Men High Jump Midget

| Name | Year School | Seed | Finals |
|---------------------|---------------|-------|--------|
| 1 10 Joseph Murdaca | A.N. Myer S S | 1.80m | 1.90m |

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| | | | | | |
|----|------|--------------------|---------------------|-------|--------|
| 2 | 346 | Tyler Grummett | E. L. Crossley S S | 1.75m | 1.83m |
| 3 | 1113 | Mike Sylvester | St. Roch - Brampton | 1.73m | 1.80m |
| 4 | 1092 | Cameron Pow | St. Paul H S | 1.75m | J1.80m |
| 5 | 632 | Cordell Bujold-Abu | Meadowvale S S | 1.70m | 1.75m |
| 6 | 475 | Jared Hendricks-Po | H M Brathwaite | 1.61m | 1.70m |
| 6 | 990 | Matthew Cairns | St. Joseph S S | 1.64m | 1.70m |
| 6 | 789 | Darius Francis-Gra | Robert Batem | 1.60m | 1.70m |
| 6 | 898 | Damon Johnson | St. Catharin | 1.65m | 1.70m |
| 10 | 672 | Ryk Vanderpol | Nelson H S | 1.60m | 1.65m |
| 10 | 572 | Adam Harvie | Kings Christian | 1.60m | 1.65m |
| 10 | 391 | Hamid Haris | Fr. Michael | 1.55m | 1.65m |
| 10 | 274 | Bobby Jarrett | Craig Kielberger | 1.50m | 1.65m |
| 14 | 11 | Christopher Parlev | A.N. Myer S S | 1.65m | 1.50m |
| 14 | 275 | Stuart Moon | Craig Kielberger | 1.45m | 1.50m |

Men Pole Vault Midget

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|--------|
| 1 | 1037 | Jaelin Mah | St. Marcellinus S S | 2.40m | 2.60m |
| 2 | 346 | Tyler Grummett | E. L. Crossley S S | 2.60m | J2.60m |
| 3 | 601 | Adam Zammitt | Laura Secord S S | 2.00m | 2.00m |
| 4 | 1042 | Andre Punongbayan | St. Marcellinus S S | 2.00m | J2.00m |

Men Long Jump Midget

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|---------------------|--------|--------|-----|
| 1 | 1121 | Jevante Stanley | St. Thomas A | 5.90m | 6.14m | NWI |
| 2 | 10 | Joseph Murdaca | A.N. Myer S S | 5.93m | 6.11m | NWI |
| 3 | 1027 | Ryan France | St. Marcellinus S S | 5.72m | 5.62m | NWI |
| 4 | 1064 | Kevin Ofori | St. Margueri | 5.69m | 5.56m | NWI |
| 5 | 240 | Sheldon Davis | Centennial S S | 5.20m | J5.56m | NWI |
| 6 | 1196 | Gabriel Sepahi | Turner-Fenton S S | 5.69m | 5.54m | NWI |
| 7 | 789 | Darius Francis-Gra | Robert Batem | 5.53m | 5.50m | NWI |
| 8 | 24 | Nick Spencer | Acton D H S | 5.24m | 5.45m | NWI |
| 9 | 751 | Zack Piazza | Port Colborne H S | 5.24m | 5.26m | NWI |
| 10 | 572 | Adam Harvie | Kings Christian | 5.34m | 5.24m | NWI |
| 11 | 659 | Eric Bernhardt | Nelson H S | 5.35m | 5.14m | NWI |
| 12 | 474 | Deandre Clifton | H M Brathwaite | 5.80m | 5.07m | NWI |
| 13 | 261 | Sam Wallace | Christ the King | 5.33m | 4.97m | NWI |

Men Triple Jump Midget

| Name | Year | School | Seed | Finals | Wind | |
|------|------|------------------|---------------------|--------|--------|-----|
| 1 | 1064 | Kevin Ofori | St. Margueri | 12.02m | 12.21m | NWI |
| 2 | 674 | Solomon Awobem | Niagara Coll | 10.74m | 11.80m | NWI |
| 3 | 921 | Nicolas Mills | St. Edmund Campi | 11.54m | 11.62m | NWI |
| 4 | 716 | Marques Mckenzie | Mount Carmel SS | 11.78m | 11.37m | NWI |
| 5 | 672 | Ryk Vanderpol | Nelson H S | 11.55m | 11.35m | NWI |
| 6 | 1196 | Gabriel Sepahi | Turner-Fenton S S | 11.62m | 11.30m | NWI |
| 6 | 1025 | Arkhe Delacruz | St. Marcellinus S S | 11.80m | 11.30m | NWI |
| 8 | 572 | Adam Harvie | Kings Christian | 11.25m | 10.98m | NWI |
| 9 | 574 | Levi Schenk | Kings Christian | 10.81m | 10.90m | NWI |

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| | | | | | | |
|----|------|----------------|---------------------|--------|--------|-----|
| 10 | 24 | Nick Spencer | Acton D H S | 11.00m | 10.73m | NWI |
| 10 | 420 | Josh Howson | Georgetown D H S | 10.89m | 10.73m | NWI |
| 12 | 6 | Matthew Burns | A.N. Myer S S | 10.90m | 10.60m | NWI |
| 13 | 458 | Chad Bartels | Guido De Bres C H S | 10.73m | 10.54m | NWI |
| 14 | 1199 | Matthew Fisher | Waterdown D H S | 10.79m | 10.15m | NWI |

Men Shot Put Midget

| Name | Year | School | Seed | Finals | |
|------|------|------------------|---------------------|--------|--------|
| 1 | 1183 | Cameron Madruga | Blakelock, T | 13.22m | 13.23m |
| 2 | 749 | Kreek Barrick | Port Colborne H S | 12.61m | 13.21m |
| 3 | 799 | Jordan Baggio | Robert F. Ha | 12.74m | 12.88m |
| 4 | 1023 | Cole Candella | St. Marcellinus S S | 11.58m | 12.41m |
| 5 | 58 | Pat Murphy | Assumption R C S S | 11.76m | 12.35m |
| 6 | 1185 | Max Theune | Blakelock, T | 12.10m | 12.25m |
| 7 | 783 | Ethan Tupala | Ridge-Cr HS | 12.05m | 12.16m |
| 8 | 457 | Benjamin Bartels | Guido De Bres C H S | 11.37m | 12.14m |
| 9 | 393 | Isaiah Wong-Hen | Fr. Michael | 11.88m | 11.80m |
| 10 | 199 | Collin Fisher | Burlington C | 11.71m | 11.75m |
| 11 | 881 | Tosan Agbeyegbe | St. Augustine S S | 11.92m | 11.71m |
| 12 | 963 | John Diberard | St.Jean De B | 11.55m | 11.70m |
| 13 | 559 | Robert Krywosz | John Cabot C S S | 11.75m | 11.54m |
| 14 | 847 | Brock Speller | South Lincoln H S | 12.39m | 10.31m |
| -- | 510 | Brandon Wrench | Hill Park S S | 11.91m | FOUL |

Men Discus Throw Midget

| Name | Year | School | Seed | Finals | |
|------|------|------------------|---------------------|--------|--------|
| 1 | 847 | Brock Speller | South Lincoln H S | 42.56m | 48.40m |
| 2 | 1023 | Cole Candella | St. Marcellinus S S | 31.82m | 38.80m |
| 3 | 316 | Jake Stevenson | Dennis Morris H S | 37.32m | 38.54m |
| 4 | 846 | Blake Patterson | South Lincoln H S | 33.01m | 37.97m |
| 5 | 741 | Pawel Migdal | Philip Pocock C S S | 32.64m | 36.85m |
| 6 | 120 | Nolan Wright | Bishop Tonnos | 33.86m | 36.06m |
| 7 | 734 | Oscar Adamczyk | Philip Pocock C S S | 36.20m | 35.79m |
| 8 | 815 | Ryan Schleeahahn | MacNab, Sir A | 34.60m | 34.55m |
| 9 | 370 | Ryan Cuthbert | Erindale S S | 32.44m | 32.18m |
| 10 | 783 | Ethan Tupala | Ridge-Cr HS | 35.83m | 31.89m |
| 11 | 963 | John Diberard | St.Jean De B | 28.86m | 30.85m |
| 12 | 53 | Jack Dabic | Assumption R C S S | 30.22m | 29.08m |
| 13 | 393 | Isaiah Wong-Hen | Fr. Michael | 31.82m | 28.53m |
| 14 | 58 | Pat Murphy | Assumption R C S S | 31.26m | 26.39m |
| 15 | 975 | Nick White | St.Jean De B | 29.02m | 26.11m |

Men Javelin Throw Midget

| Name | Year | School | Seed | Finals | |
|------|------|--------------|-------------------|--------|--------|
| 1 | 751 | Zack Piazza | Port Colborne H S | 36.04m | 41.50m |
| 2 | 1089 | Edward Liu | St. Paul H S | 38.78m | 38.58m |
| 3 | 622 | Dylan Proulx | Mayfield S S | 36.63m | 38.29m |
| 4 | 1185 | Max Theune | Blakelock, T | 37.50m | 38.28m |
| 5 | 12 | Tyler Scholz | A.N. Myer S S | 37.65m | 36.34m |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men Javelin Throw Midget**

| | | | | | |
|----|------|-----------------|---------------------|--------|--------|
| 6 | 508 | Spencer Smyth | Highland S S | 39.24m | 35.54m |
| 7 | 1183 | Cameron Madruga | Blakelock, T | 36.32m | 35.06m |
| 8 | 391 | Hamid Haris | Fr. Michael | 31.54m | 34.68m |
| 9 | 120 | Nolan Wright | Bishop Tonnos | 31.54m | 32.24m |
| 10 | 741 | Pawel Migdal | Philip Pocock C S S | 32.37m | 31.70m |
| 11 | 972 | Brian Palacios | St.Jean De B | 36.21m | 30.69m |
| 12 | 374 | Daniel Stretton | Erindale S S | 31.19m | 29.64m |
| 13 | 842 | Jacob Zantingh | Smithville D | 36.25m | 28.32m |
| -- | 407 | Jonathan Reid | Garth Webb | 37.56m | FOUL |
| -- | 760 | Tad Pfupa | Port Credit S S | 30.70m | FOUL |

Men 100 Meter Dash Junior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 662 | Nathan Egert | Nelson H S | 11.53 | 11.37Q | -1.0 | 1 |
| 2 | 1062 | Brandon Letts | St. Margueri | 11.64 | 11.54Q | -2.7 | 2 |
| 3 | 928 | Leacroft Thompson | St. Edmund Campi | 11.70 | 11.42Q | -1.0 | 1 |
| 4 | 926 | Keysean Powell | St. Edmund Campi | 11.85 | 11.75Q | -2.7 | 2 |
| 5 | 263 | Christopher Smith | Clarkson S S | 11.79 | 11.44q | -1.0 | 1 |
| 6 | 701 | Jacob Marks | Notre Dame R C S S | 11.87 | 11.63q | -1.0 | 1 |
| 7 | 162 | Kenya Small | Bramalea S S | 11.98 | 11.65q | -1.0 | 1 |
| 8 | 31 | Nick DeLuca | Ancaster High | 11.71 | 11.76q | -1.0 | 1 |
| 9 | 302 | Twanell Bell | Dennis Morris H S | 11.55 | 11.80 | -2.7 | 2 |
| 10 | 315 | Jaquan Selman | Dennis Morris H S | 11.76 | 11.88 | -1.0 | 1 |
| 11 | 1072 | Tyrell Collins-Rei | St. Mary's S S | 11.74 | 12.00 | -2.7 | 2 |
| 12 | 573 | Kyle Kudlik | Kings Christian | 11.84 | 12.13 | -2.7 | 2 |
| 13 | 430 | Danny Campbell | Governor Simcoe S S | 12.02 | 12.42 | -2.7 | 2 |
| 14 | 140 | Nathan Kennedy | Blessed Trinity H S | 12.01 | 12.46 | -2.7 | 2 |
| 15 | 1151 | Patrick O'Brien | St.Thomas Aquinas | 11.76 | 12.83 | -2.7 | 2 |

Men 100 Meter Dash Junior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|-------------------|--------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1062 | Brandon Letts | St. Margueri | 11.54 | 11.13 | -1.0 |
| 2 | 662 | Nathan Egert | Nelson H S | 11.37 | 11.26 | -1.0 |
| 3 | 263 | Christopher Smith | Clarkson S S | 11.44 | 11.27 | -1.0 |
| 4 | 928 | Leacroft Thompson | St. Edmund Campi | 11.42 | 11.39 | -1.0 |
| 5 | 701 | Jacob Marks | Notre Dame R C S S | 11.63 | 11.55 | -1.0 |
| 6 | 926 | Keysean Powell | St. Edmund Campi | 11.75 | 11.55 | -1.0 |
| 7 | 31 | Nick DeLuca | Ancaster High | 11.76 | 11.60 | -1.0 |
| 8 | 162 | Kenya Small | Bramalea S S | 11.65 | 11.97 | -1.0 |

Men 200 Meter Dash Junior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|-------------------|------------------|---------|--------|-----|---|
| Preliminaries | | | | | | | |
| 1 | 662 | Nathan Egert | Nelson H S | 22.98 | 23.26Q | 0.6 | 2 |
| 2 | 1062 | Brandon Letts | St. Margueri | 23.40 | 23.31Q | 0.6 | 1 |
| 3 | 928 | Leacroft Thompson | St. Edmund Campi | 22.93 | 23.56Q | 0.6 | 2 |
| 4 | 31 | Nick DeLuca | Ancaster High | 23.73 | 23.71Q | 0.6 | 1 |

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| | | | | | | | |
|----|------|--------------------|---------------------|-------|--------|-----|---|
| 5 | 1072 | Tyrell Collins-Rei | St. Mary's S S | 23.91 | 23.70q | 0.6 | 2 |
| 6 | 162 | Kenya Small | Bramalea S S | 23.76 | 23.77q | 0.6 | 2 |
| 7 | 431 | Sam Greenlaw | Governor Simcoe S S | 24.39 | 23.80q | 0.6 | 1 |
| 8 | 315 | Jaquan Selman | Dennis Morris H S | 23.72 | 23.81q | 0.6 | 1 |
| 9 | 993 | Travis Sagar | St. Joseph S S | 23.55 | 23.90 | 0.6 | 2 |
| 10 | 705 | Max Stewart | Oakville Tra | 24.19 | 24.01 | 0.6 | 1 |
| 11 | 573 | Kyle Kudlik | Kings Christian | 24.06 | 24.09 | 0.6 | 1 |
| 12 | 211 | Clark Adams | Cardinal New | 24.31 | 24.24 | 0.6 | 2 |
| 13 | 345 | Sam Fennell | E. L. Crossley S S | 24.23 | 24.27 | 0.6 | 2 |
| 14 | 515 | Robert Barbás | Holy Cross S S | 24.77 | 24.39 | 0.6 | 1 |
| 15 | 1156 | Rafay Aman | Slss-Mississauga | 23.58 | 24.68 | 0.6 | 2 |

Men 200 Meter Dash Junior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|-----|
| ===== | | | | | | |
| Finals | | | | | | |
| 1 | 662 | Nathan Egert | Nelson H S | 23.26 | 22.54 | 0.6 |
| 2 | 1062 | Brandon Letts | St. Margueri | 23.31 | 22.58 | 0.6 |
| 3 | 928 | Leacroft Thompson | St. Edmund Campi | 23.56 | 23.21 | 0.6 |
| 4 | 315 | Jaquan Selman | Dennis Morris H S | 23.81 | 23.45 | 0.6 |
| 5 | 31 | Nick DeLuca | Ancaster High | 23.71 | 23.51 | 0.6 |
| 6 | 431 | Sam Greenlaw | Governor Simcoe S S | 23.80 | 23.54 | 0.6 |
| 7 | 1072 | Tyrell Collins-Rei | St. Mary's S S | 23.70 | 23.57 | 0.6 |
| 8 | 162 | Kenya Small | Bramalea S S | 23.77 | 23.82 | 0.6 |

Men 400 Meter Dash Junior

| Name | Year | School | Seed | Finals | H# | |
|-------|------|--------------------|---------------------|--------|---------|---|
| ===== | | | | | | |
| 1 | 1136 | Robert Heppenstall | St. Thomas M | 51.61 | 49.34 | 2 |
| 2 | 1036 | Matthew LeLiever | St. Marcellinus S S | 49.94 | 49.88 | 2 |
| 3 | 705 | Max Stewart | Oakville Tra | 54.58 | 51.54 | 2 |
| 4 | 1117 | Alex Recinos | St. Thomas A | 52.31 | 51.74 | 2 |
| 5 | 162 | Kenya Small | Bramalea S S | 51.86 | 51.80 | 2 |
| 6 | 345 | Sam Fennell | E. L. Crossley S S | 53.84 | 52.15 | 2 |
| 7 | 697 | Jacob Dunning | Notre Dame R C S S | 55.24 | 52.42 | 1 |
| 8 | 505 | Tom Manson | Highland S S | 55.07 | 53.52 | 1 |
| 9 | 431 | Sam Greenlaw | Governor Simcoe S S | 55.66 | 53.82 | 1 |
| 10 | 596 | Will Cowling | Laura Secord S S | 55.88 | 54.15 | 1 |
| 11 | 204 | Bartosz Antczak | Cardinal Leger S S | 53.89 | 54.21 | 2 |
| 12 | 504 | Jack Holmes | Highland S S | 55.79 | 54.52 | 1 |
| 13 | 1245 | Michael Ogundeji | White Oaks S S | 57.74 | 56.36 | 1 |
| 14 | 209 | James Sullivan | Cardinal Leger S S | 53.49 | 1:22.09 | 2 |

Men 800 Meter Run Junior

| Name | Year | School | Seed | Finals | H# | |
|-------|------|--------------------|--------------------|---------|---------|---|
| ===== | | | | | | |
| 1 | 1136 | Robert Heppenstall | St. Thomas M | 2:01.39 | 1:56.05 | 2 |
| 2 | 505 | Tom Manson | Highland S S | 2:01.22 | 2:00.74 | 2 |
| 3 | 372 | Braydon Rennie | Erindale S S | 2:04.69 | 2:01.11 | 2 |
| 4 | 831 | Justin Lawless | Churchill, S | 2:05.47 | 2:01.42 | 2 |
| 5 | 700 | Ryan Korol | Notre Dame R C S S | 2:11.62 | 2:07.76 | 1 |
| 6 | 516 | Nicholas Dhannyram | Holy Cross S S | 2:08.52 | 2:08.36 | 2 |

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| | | | | | | |
|----|------|------------------|--------------------|---------|---------|---|
| 7 | 204 | Bartosz Antczak | Cardinal Leger S S | 2:15.24 | 2:09.12 | 1 |
| 8 | 214 | Adam Tweedle | Cardinal New | 2:12.96 | 2:10.66 | 1 |
| 9 | 1247 | Dwayne Francis | Mount Carmel SS | 2:15.82 | 2:11.20 | 1 |
| 10 | 1245 | Michael Ogundeji | White Oaks S S | 2:17.16 | 2:13.06 | 1 |
| 11 | 503 | Erik Heidebrecht | Highland S S | 2:05.03 | 2:15.11 | 2 |
| 12 | 209 | James Sullivan | Cardinal Leger S S | 2:06.94 | 2:21.23 | 2 |
| 13 | 556 | Brandon Jones | Jean Vanier E S | 2:03.15 | 2:22.75 | 2 |
| 14 | 1158 | Kale Heino | Streetsville S S | 2:15.13 | 2:31.11 | 1 |

Men 1500 Meter Run Junior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|--------------------|---------|---------|
| 1 | 372 | Braydon Rennie | Erindale S S | 4:04.93 | 4:04.66 |
| 2 | 560 | Sergio Raez-Villan | John Cabot C S S | 4:12.03 | 4:09.99 |
| 3 | 829 | Cain Hassim | Churchill, S | 4:17.73 | 4:11.79 |
| 4 | 196 | Nicholas Barnes | Burlington C | 4:25.47 | 4:13.75 |
| 5 | 503 | Erik Heidebrecht | Highland S S | 4:26.37 | 4:14.77 |
| 6 | 421 | Matt Knebel | Georgetown D H S | 4:25.57 | 4:19.21 |
| 7 | 810 | Callum Darby | Sherwood S S | 4:27.40 | 4:22.87 |
| 8 | 1158 | Kale Heino | Streetsville S S | 4:19.35 | 4:23.94 |
| 9 | 301 | David Altamirano | Dennis Morris H S | 4:27.46 | 4:27.58 |
| 10 | 205 | Brain Jaimes | Cardinal Leger S S | 4:24.71 | 4:29.82 |
| 11 | 700 | Ryan Korol | Notre Dame R C S S | 4:35.22 | 4:32.78 |
| 12 | 831 | Justin Lawless | Churchill, S | 4:29.74 | 4:32.83 |
| 13 | 849 | Pawel Kapa | St Martin | 4:32.12 | 4:35.22 |
| 14 | 943 | Mark Stochl | St. Ignatius | 4:38.05 | 4:38.59 |

Men 3000 Meter Run Junior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|--------------------|----------|----------|
| 1 | 372 | Braydon Rennie | Erindale S S | 9:07.21 | 8:52.71 |
| 2 | 829 | Cain Hassim | Churchill, S | 9:26.63 | 9:05.89 |
| 3 | 560 | Sergio Raez-Villan | John Cabot C S S | 9:21.56 | 9:09.98 |
| 4 | 196 | Nicholas Barnes | Burlington C | 9:27.82 | 9:22.24 |
| 5 | 1158 | Kale Heino | Streetsville S S | 9:48.52 | 9:34.80 |
| 6 | 421 | Matt Knebel | Georgetown D H S | 9:48.67 | 9:47.04 |
| 7 | 301 | David Altamirano | Dennis Morris H S | 9:54.59 | 9:57.56 |
| 8 | 470 | Aaron DeJong | Hamilton Dis | 10:07.70 | 10:03.37 |
| 9 | 623 | Niko Racicot | Mayfield S S | 10:24.69 | 10:06.65 |
| 10 | 698 | Adrian Gimon | Notre Dame R C S S | 10:19.45 | 10:08.05 |
| 11 | 810 | Callum Darby | Sherwood S S | 9:58.10 | 10:20.24 |
| 12 | 1178 | Mitchell Barran | Blakelock, T | 10:15.13 | 10:31.62 |
| 13 | 205 | Brain Jaimes | Cardinal Leger S S | 9:54.71 | 10:41.72 |
| 14 | 213 | Josh Nardini | Cardinal New | 10:25.00 | 11:01.75 |
| -- | 36 | Ian Searles | Ancaster High | 10:10.92 | DNF |

Men 100 Meter Hurdles Junior

| Name | Year | School | Seed | Prelims | Wind | H# |
|---------------|------|---------------|--------------|---------|--------|--------|
| Preliminaries | | | | | | |
| 1 | 428 | Juwon Obatolu | Gordon Grayd | 15.33 | 15.32Q | 0.2 2 |
| 2 | 171 | Henry Do | Brampton Cen | 16.22 | 15.46Q | -1.1 1 |

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| | | | | | | | |
|----|------|-----------------|------------------|-------|--------|------|---|
| 3 | 169 | Talon Denton | Brampton Cen | 15.86 | 15.62Q | 0.2 | 2 |
| 4 | 836 | Matthew Nickel | Churchill, S | 15.44 | 15.88Q | -1.1 | 1 |
| 5 | 809 | Josh Culver | Sherwood S S | 16.64 | 15.88q | 0.2 | 2 |
| 6 | 598 | Duan Parchment | Laura Secord S S | 15.64 | 16.09q | 0.2 | 2 |
| 7 | 600 | Mack Wilson | Laura Secord S S | 15.47 | 16.20q | -1.1 | 1 |
| 8 | 913 | Larkland Burton | St. Edmund Campi | 16.27 | 16.23q | -1.1 | 1 |
| 9 | 1139 | Kevin Perera | St. Thomas M | 16.78 | 16.43 | -1.1 | 1 |
| 10 | 942 | Park Andy | St. Ignatius | 16.75 | 16.47 | -1.1 | 1 |
| 11 | 239 | Kyle Collard | Centennial S S | 16.70 | 16.64 | 0.2 | 2 |
| 12 | 974 | Jordan Robinson | St. Jean De B | 18.46 | 17.91 | 0.2 | 2 |
| 13 | 668 | Isaak Mele | Nelson H S | 19.36 | 18.07 | -1.1 | 1 |
| 14 | 427 | Joshua Hu | Gordon Grayd | 19.08 | 18.76 | -1.1 | 1 |

Men 100 Meter Hurdles Junior

| ===== | | | | | | | |
|--------|-----|-----------------|------------------|---------|--------|------|--|
| Name | | Year | School | Prelims | Finals | Wind | |
| ===== | | | | | | | |
| Finals | | | | | | | |
| 1 | 428 | Juwon Obatolu | Gordon Grayd | 15.32 | 15.08 | -0.5 | |
| 2 | 836 | Matthew Nickel | Churchill, S | 15.88 | 15.44 | -0.5 | |
| 3 | 809 | Josh Culver | Sherwood S S | 15.88 | 15.60 | -0.5 | |
| 4 | 171 | Henry Do | Brampton Cen | 15.46 | 15.64 | -0.5 | |
| 5 | 600 | Mack Wilson | Laura Secord S S | 16.20 | 15.72 | -0.5 | |
| 6 | 598 | Duan Parchment | Laura Secord S S | 16.09 | 15.76 | -0.5 | |
| 7 | 169 | Talon Denton | Brampton Cen | 15.62 | 16.03 | -0.5 | |
| 8 | 913 | Larkland Burton | St. Edmund Campi | 16.23 | 16.06 | -0.5 | |

Men 300 Meter Hurdles Junior

| ===== | | | | | | |
|-------|------|-------------------|--------------------|-------|--------|----|
| Name | | Year | School | Seed | Finals | H# |
| ===== | | | | | | |
| 1 | 836 | Matthew Nickel | Churchill, S | 43.14 | 42.66 | 2 |
| 2 | 1117 | Alex Recinos | St. Thomas A | 45.70 | 42.75 | 1 |
| 3 | 171 | Henry Do | Brampton Cen | 45.18 | 42.94 | 2 |
| 4 | 504 | Jack Holmes | Highland S S | 43.91 | 43.08 | 2 |
| 5 | 809 | Josh Culver | Sherwood S S | 44.97 | 43.79 | 2 |
| 6 | 201 | Luke Parkin | Burlington C | 46.11 | 44.00 | 1 |
| 7 | 913 | Larkland Burton | St. Edmund Campi | 46.68 | 44.33 | 1 |
| 8 | 175 | Kody Johnson | Brampton Cen | 45.35 | 45.31 | 2 |
| 9 | 942 | Park Andy | St. Ignatius | 46.33 | 45.31 | 1 |
| 10 | 170 | Gursher Dhillon | Brampton Cen | 46.41 | 45.79 | 1 |
| 11 | 423 | Braeden Silva | Georgetown D H S | 48.94 | 47.07 | 1 |
| 12 | 418 | Owen Bahen | Georgetown D H S | 48.77 | 47.85 | 1 |
| 13 | 342 | Cameron Borisenko | E. L. Crossley S S | 45.04 | 48.13 | 2 |
| -- | 598 | Duan Parchment | Laura Secord S S | 44.80 | DQ | 2 |

Men 4x100 Meter Relay Junior

| ===== | | | | | | |
|--------|----------------------------|--------------------------|--------|----|--|--|
| School | | Seed | Finals | H# | | |
| ===== | | | | | | |
| 1 | St. Edmund Campion S S 'A' | 44.93 | 44.23 | 2 | | |
| | 1) 912 Denzel Brown | 2) 928 Leacroft Thompson | | | | |
| | 3) 926 Keysean Powell | 4) 927 Olushola Tanimowo | | | | |
| | 5) 913 Larkland Burton | 6) 911 O'Shea Bailey | | | | |
| 2 | Dennis Morris H S 'A' | 46.62 | 44.44 | 2 | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 4x100 Meter Relay Junior**

| | | | | |
|-------------------------------------|----------------------------|-------|-------|---|
| 1) 314 Byron Prince | 2) 302 Twanell Bell | | | |
| 3) 317 Akeem Wilson | 4) 315 Jaquan Selman | | | |
| 5) 303 Jake Chambers | 6) 304 Vlad Cojocari | | | |
| 3 St. Marguerite D'Youville 'A' | | 46.94 | 44.71 | 2 |
| 1) 1056 Daniel Boreland | 2) 1062 Brandon Letts | | | |
| 3) 1058 Josh D'Lima | 4) 1063 Emmanuel Nketiah | | | |
| 5) 1064 Kevin Ofori | 6) 1065 Kevin Straube | | | |
| 4 David Suzuki Secondary School 'A' | | 46.54 | 44.80 | 2 |
| 1) 292 Kevaughn Wilson | 2) 293 Taris Wilson | | | |
| 3) 291 Justin Szymanski-Washington | 4) 288 Darnell Bartholomew | | | |
| 5) 290 Jesse Hamblett | 6) 289 Jonathan Biggs | | | |
| 5 St. Augustine S S 'A' | | 46.47 | 45.75 | 2 |
| 1) 887 Kyle Martins | 2) 881 Tosan Agbeyegbe | | | |
| 3) 885 Jadale Inniss | 4) 889 Shemar Nelson | | | |
| 5) 896 Andrew Stewart | 6) | | | |
| 6 Ascension of Our Lord S S 'A' | | 46.73 | 46.02 | 2 |
| 1) 44 Anthony Murrel | 2) 42 Jerome Green | | | |
| 3) 41 Jahmessiah Edwards | 4) 40 Regan Botang | | | |
| 5) 39 Harith Ahmed | 6) | | | |
| 7 Notre Dame RC S S 'A' | | 47.06 | 46.19 | 2 |
| 1) 701 Jacob Marks | 2) 697 Jacob Dunning | | | |
| 3) 703 Austin Paterson | 4) 699 Jared Kay | | | |
| 5) 700 Ryan Korol | 6) 696 Jordan Adams | | | |
| 8 St. Thomas More C SS 'A' | | 47.43 | 46.38 | 1 |
| 1) 1136 Robert Heppenstall | 2) 1133 Jacob Dudalski | | | |
| 3) 1141 Shequan Shaw | 4) 1132 Tafari Delisser | | | |
| 5) 1140 Mitchell Phillips | 6) | | | |
| 9 Bishop Tonnos C.S.S. 'A' | | 47.95 | 46.50 | 1 |
| 1) 109 Adam Carnicelli | 2) 110 Luca Forchielli | | | |
| 3) 108 Marco Aref | 4) 112 Evan Kirkelos | | | |
| 5) 116 Joe Radojewski | 6) 117 Mark Robinson | | | |
| 10 E. L. Crossley S S 'A' | | 48.37 | 46.55 | 1 |
| 1) 343 Koldin Collie | 2) 344 Kyle Druzina | | | |
| 3) 354 Cole Montgomery | 4) 345 Sam Fennell | | | |
| 5) 351 Malcolm Lynett | 6) 342 Cameron Borisenko | | | |
| 11 Sir Winston Churchill S S 'A' | | 49.32 | 47.19 | 1 |
| 1) 826 Alvin Fortaleza | 2) 830 Jacob Hinchberger | | | |
| 3) 839 Allan Vary | 4) 836 Matthew Nickel | | | |
| 5) 834 Jack Moncur | 6) 832 David Lillo | | | |
| 12 St. Paul H S 'A' | | 50.07 | 47.75 | 1 |
| 1) 1092 Cameron Pow | 2) 1095 Brennan Tries | | | |
| 3) 1090 Seth Long | 4) 1087 Anthony Cirillo | | | |
| 5) 1089 Edward Liu | 6) 1094 James Simpson | | | |
| 13 St. Thomas Aquinas 'A' | | 47.38 | 48.44 | 2 |
| 1) 1149 Alex Connel | 2) 1152 Justin Ortiz | | | |
| 3) 1153 Will Rickleman | 4) 1151 Patrick O'Brien | | | |
| 5) 1154 Anthony Vukojevic | 6) | | | |
| -- Ancaster High 'A' | | 50.15 | DQ | 1 |
| 1) 34 Nick Petropoulos | 2) 31 Nick DeLuca | | | |
| 3) 35 Connor Russell | 4) 33 Michael Kehinde | | | |
| -- Thomas A. Blakelock H S 'A' | | 47.72 | DQ | 1 |
| 1) 1179 Aidan Challis | 2) 1187 Damon White | | | |
| 3) 1182 George Jeffrey | 4) 1180 Grant Hellmann | | | |
| 5) 1184 Reese Pillinger | 6) | | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men High Jump Junior**

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|--------|
| 1 | 354 | Cole Montgomery | E. L. Crossley S S | 1.75m | 1.82m |
| 2 | 1189 | Logan Gauld | Thorold S S | 1.70m | 1.80m |
| 3 | 1203 | David Bailey | West Park S S | 1.70m | 1.77m |
| 4 | 616 | Hugo Klepsch | M. M. Robinson H S | 1.65m | J1.77m |
| 5 | 989 | Shamar Brown | St. Joseph S S | 1.71m | 1.72m |
| 6 | 1083 | Mathew Ryan | St. Michael S.S. | 1.68m | J1.72m |
| 7 | 836 | Matthew Nickel | Churchill, S | 1.70m | 1.70m |
| 8 | 735 | Teslim Adewadu | Philip Pocock C S S | 1.68m | 1.65m |
| 8 | 471 | Josh Huisman | Hamilton Dis | 1.70m | 1.65m |
| 8 | 175 | Kody Johnson | Brampton Cen | 1.65m | 1.65m |
| 11 | 790 | Brett Liddell | Robert Batem | 1.60m | 1.60m |
| 11 | 545 | Colin Kartick | Iroquois Ridge H S | 1.55m | 1.60m |
| -- | 404 | Bojan Lazic | Garth Webb | 1.50m | NH |
| -- | 403 | Nathan Gillingham | Garth Webb | 1.55m | NH |

Men Pole Vault Junior

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|--------------------|--------|-------|
| 1 | 778 | Joel Mueller | Ridge-Cr HS | 4.00m | 3.60m |
| 2 | 773 | Tyler Dickerson | Ridge-Cr HS | 2.30m | 2.60m |
| 2 | 600 | Mack Wilson | Laura Secord S S | 2.30m | 2.60m |
| 4 | 351 | Malcolm Lynett | E. L. Crossley S S | 2.60m | 2.45m |
| -- | 350 | Brock Leduc | E. L. Crossley S S | 2.30m | FAIL |

Men Long Jump Junior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|-------------------|--------------------|--------|--------|-----|
| 1 | 302 | Twanell Bell | Dennis Morris H S | 6.31m | 6.32m | NWI |
| 2 | 826 | Alvin Fortalezza | Churchill, S | 6.16m | 6.31m | NWI |
| 3 | 896 | Andrew Stewart | St. Augustine S S | 5.55m | 6.19m | NWI |
| 4 | 317 | Akeem Wilson | Dennis Morris H S | 6.01m | 6.16m | NWI |
| 5 | 662 | Nathan Egert | Nelson H S | 5.98m | 6.10m | NWI |
| 6 | 1122 | Jacob Turk | St. Thomas A | 5.68m | 5.98m | NWI |
| 7 | 1140 | Mitchell Phillips | St. Thomas M | 5.70m | 5.94m | NWI |
| 8 | 354 | Cole Montgomery | E. L. Crossley S S | 5.78m | J5.94m | NWI |
| 9 | 303 | Jake Chambers | Dennis Morris H S | 6.04m | 5.81m | NWI |
| 10 | 262 | Zack Knight | Clarkson S S | 5.62m | 5.79m | NWI |
| 11 | 926 | Keysean Powell | St. Edmund Campi | 5.45m | 5.66m | NWI |
| 12 | 787 | Zach Anderson | Robert Batem | 5.44m | 5.57m | NWI |
| 13 | 800 | Joesph D'Amico | Robert F. Ha | 5.51m | 5.52m | NWI |
| 14 | 212 | Justin Connolly | Cardinal New | 5.67m | 5.43m | NWI |
| -- | 1246 | Owen Wheeler | White Oaks S S | 5.70m | FOUL | |

Men Triple Jump Junior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|---------------------|--------|--------|-----|
| 1 | 302 | Twanell Bell | Dennis Morris H S | 13.00m | 13.35m | NWI |
| 2 | 315 | Jaquan Selman | Dennis Morris H S | 12.71m | 13.13m | NWI |
| 3 | 1022 | Brandon Bisnath-Ba | St. Marcellinus S S | 12.35m | 12.69m | NWI |
| 4 | 1063 | Emmanuel Nketiah | St. Margueri | 12.56m | 12.58m | NWI |

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| | | | | | | |
|----|------|-------------------|--------------------|--------|--------|-----|
| 5 | 351 | Malcolm Lynett | E. L. Crossley S S | 12.26m | 12.56m | NWI |
| 6 | 826 | Alvin Fortaleza | Churchill, S | 12.36m | 12.22m | NWI |
| 7 | 484 | Richard Nieuwold | Heritage Chr | 12.33m | 12.11m | NWI |
| 8 | 896 | Andrew Stewart | St. Augustine S S | 12.16m | 12.06m | NWI |
| 9 | 918 | Tochi Maka | St. Edmund Campi | 12.15m | 12.00m | NWI |
| 10 | 926 | Keysean Powell | St. Edmund Campi | 12.77m | 11.81m | NWI |
| 11 | 1246 | Owen Wheeler | White Oaks S S | 11.85m | 11.60m | NWI |
| 12 | 195 | Devon Andree | Burlington C | 11.00m | 10.60m | NWI |
| 13 | 547 | Warren Lister | Iroquois Ridge H S | 10.50m | 10.21m | NWI |
| 14 | 1184 | Reese Pillinger | Blakelock, T | 10.70m | 9.80m | NWI |
| 15 | 403 | Nathan Gillingham | Garth Webb | 9.91m | 9.18m | NWI |

Men Shot Put Junior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 260 | Aleks Rapp | Christ the King | 14.88m | 14.41m |
| 2 | 744 | Dylan Zerafa | Philip Pocock C S S | 13.54m | 14.04m |
| 3 | 742 | Ryan Molina | Philip Pocock C S S | 14.22m | 13.92m |
| 4 | 432 | Alex Jobson | Governor Simcoe S S | 14.13m | 13.89m |
| 5 | 750 | Lucas Clattenburg | Port Colborne H S | 12.42m | 13.88m |
| 6 | 313 | Nolan Nardangeli | Dennis Morris H S | 12.60m | 13.69m |
| 7 | 922 | Andrew Obembe | St. Edmund Campi | 13.42m | 13.47m |
| 8 | 1200 | Benjamin Hepburn | Waterdown D H S | 14.04m | 13.38m |
| 9 | 1046 | Aleks Vatic | St. Marcellinus S S | 13.65m | 12.85m |
| 10 | 402 | Ben Blacker | Garth Webb | 11.99m | 12.84m |
| 11 | 91 | Garrison Nichols | Bishop Ryan C S S | 12.49m | 12.78m |
| 12 | 681 | Cole Arshembault | Notre Dame College | 12.75m | 12.38m |
| 13 | 991 | Christopher Karaba | St. Joseph S S | 13.41m | 12.36m |
| 14 | 276 | Steven Stergiadis | Craig Kielberger | 12.10m | 12.34m |
| 15 | 1242 | Ryan Grassi | White Oaks S S | 12.17m | 12.03m |

Men Discus Throw Junior

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|--------|
| 1 | 750 | Lucas Clattenburg | Port Colborne H S | 43.29m | 49.63m |
| 2 | 340 | Austin Armstrong | E. L. Crossley S S | 45.15m | 48.15m |
| 3 | 260 | Aleks Rapp | Christ the King | 45.10m | 47.48m |
| 4 | 736 | Daniel Baranowski | Philip Pocock C S S | 40.95m | 46.91m |
| 5 | 773 | Tyler Dickerson | Ridge-Cr HS | 42.15m | 43.16m |
| 6 | 777 | Bryce Martin | Ridge-Cr HS | 38.77m | 41.92m |
| 7 | 845 | Josh Cole | South Lincoln H S | 38.23m | 41.12m |
| 8 | 1122 | Jacob Turk | St. Thomas A | 38.24m | 39.00m |
| 9 | 744 | Dylan Zerafa | Philip Pocock C S S | 36.09m | 37.13m |
| 10 | 737 | Matt Biskys | Philip Pocock C S S | 36.55m | 36.82m |
| 11 | 183 | Jeevanjot Kang | Brampton Chr | 34.55m | 35.51m |
| 12 | 198 | Zack Dymond | Burlington C | 36.86m | 33.03m |
| 13 | 1242 | Ryan Grassi | White Oaks S S | 33.87m | 31.79m |
| 14 | 52 | Andrew Barr | Assumption R C S S | 36.93m | 30.52m |
| 15 | 403 | Nathan Gillingham | Garth Webb | 31.45m | 30.13m |

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| Name | Year | School | Seed | Finals | |
|------|------|-------------------|---------------------|--------|--------|
| 1 | 141 | Noah Lane | Blessed Trinity H S | 49.54m | 51.29m |
| 2 | 841 | Simon Folkerts | Smithville D | 50.71m | 49.86m |
| 3 | 1122 | Jacob Turk | St. Thomas A | 46.70m | 48.93m |
| 4 | 599 | Tyler Waliki | Laura Secord S S | 45.70m | 46.24m |
| 5 | 837 | Jeremy Penner | Churchill, S | 46.78m | 46.12m |
| 6 | 1180 | Grant Hellmann | Blakelock, T | 41.72m | 40.55m |
| 7 | 170 | Gursher Dhillon | Brampton Cen | 38.76m | 39.32m |
| 8 | 183 | Jeevanjot Kang | Brampton Chr | 36.80m | 38.69m |
| 9 | 368 | Daniel Alexandrov | Eden High School | 44.15m | 38.39m |
| 10 | 1020 | Ezekiel Baluyot | St. Marcellinus S S | 39.84m | 38.19m |
| 11 | 260 | Aleks Rapp | Christ the King | 38.82m | 38.18m |
| 12 | 371 | Cameron Relph | Erindale S S | 36.59m | 38.09m |
| 13 | 200 | Parker Gold | Burlington C | 37.00m | 37.74m |
| 14 | 696 | Jordan Adams | Notre Dame R C S S | 39.26m | 36.07m |
| -- | 402 | Ben Blacker | Garth Webb | 38.17m | FOUL |

Men 100 Meter Dash Senior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 1021 | Deion Barker | St. Marcellinus S S | 10.91 | 10.94Q | -1.0 | 1 |
| 2 | 1109 | Kristian Benjamin | St. Roch - Brampton | 11.03 | 11.23Q | -2.9 | 2 |
| 3 | 43 | Angus Jno-Pierre | Ascension of | 11.26 | 10.96Q | -1.0 | 1 |
| 4 | 895 | Norris Spike | St. Augustine S S | 11.14 | 11.31Q | -2.9 | 2 |
| 5 | 923 | Daniel Palmer-Salm | St. Edmund Campi | 11.21 | 11.15q | -1.0 | 1 |
| 6 | 1150 | Roland Dodoo | St.Thomas Aquinas | 11.54 | 11.21q | -1.0 | 1 |
| 7 | 1186 | Brandon Tyrrell | Blakelock, T | 11.40 | 11.22q | -1.0 | 1 |
| 8 | 308 | Jabari George | Dennis Morris H S | 11.33 | 11.37q | -1.0 | 1 |
| 9 | 305 | Shane Decker | Dennis Morris H S | 11.29 | 11.37 | -2.9 | 2 |
| 10 | 682 | Johnny Augustine | Notre Dame College | 11.30 | 11.52 | -2.9 | 2 |
| 11 | 683 | Kelvyn Brannigan | Notre Dame College | 11.44 | 11.69 | -2.9 | 2 |
| 12 | 69 | Jeremy Farquharson | Reding,Bisho | 11.96 | 11.72 | -2.9 | 2 |
| 13 | 307 | Matt Francis | Dennis Morris H S | 11.43 | 11.75 | -2.9 | 2 |
| 14 | 1131 | Kadeem Bertrand | St. Thomas M | 11.99 | 11.94 | -2.9 | 2 |

Men 100 Meter Dash Senior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1021 | Deion Barker | St. Marcellinus S S | 10.94 | 10.84 | +0.0 |
| 2 | 1109 | Kristian Benjamin | St. Roch - Brampton | 11.23 | 10.89 | +0.0 |
| 3 | 43 | Angus Jno-Pierre | Ascension of | 10.96 | 10.93 | +0.0 |
| 4 | 1150 | Roland Dodoo | St.Thomas Aquinas | 11.21 | 11.02 | +0.0 |
| 5 | 895 | Norris Spike | St. Augustine S S | 11.31 | 11.02 | +0.0 |
| 6 | 305 | Shane Decker | Dennis Morris H S | 11.37 | 11.04 | +0.0 |
| 7 | 923 | Daniel Palmer-Salm | St. Edmund Campi | 11.15 | 11.10 | +0.0 |
| 8 | 1186 | Brandon Tyrrell | Blakelock, T | 11.22 | 11.21 | +0.0 |

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| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 1021 | Deion Barker | St. Marcellinus S S | 21.50 | 21.90Q | 0.6 | 2 |
| 2 | 1109 | Kristian Benjamin | St. Roch - Brampton | 21.87 | 22.62Q | -1.4 | 1 |
| 3 | 923 | Daniel Palmer-Salm | St. Edmund Campi | 22.09 | 22.70Q | -1.4 | 1 |
| 4 | 915 | Rashad Glasgow | St. Edmund Campi | 22.43 | 22.82Q | 0.6 | 2 |
| 5 | 1186 | Brandon Tyrrell | Blakelock, T | 23.00 | 22.83q | -1.4 | 1 |
| 6 | 895 | Norris Spike | St. Augustine S S | 22.35 | 22.84q | 0.6 | 2 |
| 7 | 1150 | Roland Dodoo | St. Thomas Aquinas | 23.17 | 22.99q | 0.6 | 2 |
| 8 | 580 | Shane Harding | Lakeshore C H S | 23.23 | 23.01q | 0.6 | 2 |
| 9 | 305 | Shane Decker | Dennis Morris H S | 22.79 | 23.08 | -1.4 | 1 |
| 10 | 840 | Calum Westbrook | Churchill, S | 23.50 | 23.33 | 0.6 | 2 |
| 11 | 69 | Jeremy Farquharson | Reding, Bisho | 23.25 | 23.35 | -1.4 | 1 |
| 12 | 683 | Kelvyn Brannigan | Notre Dame College | 23.47 | 23.42 | 0.6 | 2 |
| 13 | 667 | Justin Karch | Nelson H S | 23.73 | 24.22 | -1.4 | 1 |

Men 200 Meter Dash Senior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 1021 | Deion Barker | St. Marcellinus S S | 21.90 | 22.13 | -0.2 |
| 2 | 1109 | Kristian Benjamin | St. Roch - Brampton | 22.62 | 22.17 | -0.2 |
| 3 | 1186 | Brandon Tyrrell | Blakelock, T | 22.83 | 22.64 | -0.2 |
| 4 | 923 | Daniel Palmer-Salm | St. Edmund Campi | 22.70 | 22.73 | -0.2 |
| 5 | 915 | Rashad Glasgow | St. Edmund Campi | 22.82 | 22.91 | -0.2 |
| 6 | 895 | Norris Spike | St. Augustine S S | 22.84 | 22.95 | -0.2 |
| 7 | 1150 | Roland Dodoo | St. Thomas Aquinas | 22.99 | 23.14 | -0.2 |
| 8 | 580 | Shane Harding | Lakeshore C H S | 23.01 | 23.41 | -0.2 |

Men 400 Meter Dash Senior

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|--------------------|--------|-------|---|
| 1 | 1080 | Zachary Hildebrand | St. Michael H S | 50.61 | 49.57 | 2 |
| 2 | 480 | Sonjoe Nash | Heart Lake S S | 50.58 | 50.33 | 2 |
| 3 | 308 | Jabari George | Dennis Morris H S | 51.30 | 50.40 | 2 |
| 4 | 824 | Garrett Dion | Churchill, S | 51.06 | 50.47 | 2 |
| 5 | 871 | Curtis Richards | St. Aloysius | 51.80 | 51.31 | 2 |
| 6 | 231 | Jordan Stanford | Cawthra Park S S | 51.31 | 51.77 | 2 |
| 7 | 792 | Mostafa Mohamed | Robert Batem | 53.63 | 52.30 | 1 |
| 8 | 1165 | Travis Moore | The Woodlands S S | 52.47 | 52.48 | 2 |
| 9 | 544 | John Breeson | Iroquois Ridge H S | 53.46 | 52.60 | 1 |
| 10 | 1225 | Jordan Fortin | Westlane S S | 53.23 | 52.77 | 1 |
| 11 | 355 | Nick Rizzo | E. L. Crossley S S | 52.93 | 53.01 | 1 |
| 12 | 944 | John Whaley | St. Ignatius | 55.09 | 53.72 | 1 |
| 13 | 964 | Marcus Dicenzo | St. Jean De B | 54.82 | 53.87 | 1 |
| 14 | 702 | Joel Maves | Notre Dame R C S S | 55.48 | 55.32 | 1 |
| 15 | 722 | Alexander Zaranek | Mount Carmel SS | 52.60 | 57.97 | 2 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 800 Meter Run Senior**

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|---------------------|---------|---------|---|
| 1 | 507 | Liam Smith | Highland S S | 1:58.66 | 1:54.83 | 2 |
| 2 | 176 | Justin Moakler | Brampton Cen | 2:00.19 | 1:57.17 | 2 |
| 3 | 722 | Alexander Zaranek | Mount Carmel SS | 2:01.14 | 1:57.20 | 2 |
| 4 | 1165 | Travis Moore | The Woodlands S S | 2:00.61 | 1:57.56 | 2 |
| 5 | 1227 | Theodore Kountouro | Westlane S S | 2:03.17 | 1:57.79 | 2 |
| 6 | 931 | Jeremy Mol | St. Francis S S | 2:01.54 | 1:59.76 | 2 |
| 7 | 30 | Nathan Dehghan | Ancaster High | 2:07.16 | 2:01.74 | 1 |
| 8 | 684 | Germano Mark | Notre Dame College | 2:06.64 | 2:03.33 | 1 |
| 9 | 544 | John Breeson | Iroquois Ridge H S | 2:08.57 | 2:03.63 | 1 |
| 10 | 1041 | Marc Pereira | St. Marcellinus S S | 2:04.92 | 2:03.64 | 2 |
| 11 | 792 | Mostafa Mohamed | Robert Batem | 2:10.33 | 2:05.36 | 1 |
| 12 | 86 | Bradley Doering | Bishop Ryan C S S | 2:11.22 | 2:05.93 | 1 |
| 13 | 221 | Tyler Fournier | Cathedral S | 2:13.76 | 2:09.45 | 1 |
| 14 | 914 | Dimitry Giunta | St. Edmund Campi | 2:04.20 | 2:10.80 | 2 |
| 15 | 673 | Markku Wainman | Nelson H S | 2:15.55 | 2:11.67 | 1 |

Men 1500 Meter Run Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|---------|---------|
| 1 | 448 | Troy Smith | Grimsby D S S | 4:03.06 | 3:59.79 |
| 2 | 507 | Liam Smith | Highland S S | 4:09.31 | 4:03.55 |
| 3 | 1227 | Theodore Kountouro | Westlane S S | 4:11.92 | 4:05.99 |
| 4 | 176 | Justin Moakler | Brampton Cen | 4:13.49 | 4:06.45 |
| 5 | 1228 | Brendan Sanders | Westlane S S | 4:12.00 | 4:07.22 |
| 6 | 828 | Zachary Godin | Churchill, S | 4:16.84 | 4:12.89 |
| 7 | 624 | Aidan Zagar | Mayfield S S | 4:18.91 | 4:14.43 |
| 8 | 740 | Michael Kaca | Philip Pocock C S S | 4:15.25 | 4:19.93 |
| 9 | 914 | Dimitry Giunta | St. Edmund Campi | 4:22.13 | 4:21.53 |
| 10 | 86 | Bradley Doering | Bishop Ryan C S S | 4:34.59 | 4:25.36 |
| 11 | 1035 | Jeramie Lai | St. Marcellinus S S | 4:14.52 | 4:25.73 |
| 12 | 221 | Tyler Fournier | Cathedral S | 4:36.75 | 4:26.37 |
| 13 | 793 | Kevin To | Robert Batem | 4:43.71 | 4:39.40 |
| 14 | 269 | Caleb Olson | Corpus Christi | 4:48.34 | 4:49.37 |
| 15 | 788 | Alex Ball | Robert Batem | 4:41.62 | 4:55.40 |

Men 3000 Meter Run Senior

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|---------------------|----------|----------|
| 1 | 448 | Troy Smith | Grimsby D S S | 9:08.39 | 8:43.69 |
| 2 | 73 | Ben Preisner | Reding, Bisho | 8:55.67 | 8:52.67 |
| 3 | 612 | Preston Borg | Loyola C S S | 9:12.75 | 9:06.28 |
| 4 | 1228 | Brendan Sanders | Westlane S S | 9:16.11 | 9:07.19 |
| 5 | 835 | Andrew Nebel | Churchill, S | 9:15.73 | 9:10.71 |
| 6 | 1035 | Jeramie Lai | St. Marcellinus S S | 9:16.51 | 9:11.36 |
| 7 | 828 | Zachary Godin | Churchill, S | 9:19.43 | 9:24.34 |
| 8 | 614 | Scott Labella | Loyola C S S | 9:46.17 | 9:25.95 |
| 9 | 872 | Nick Vukelic | St. Aloysius | 9:35.43 | 9:32.71 |
| 10 | 86 | Bradley Doering | Bishop Ryan C S S | 9:59.91 | 9:59.77 |
| 11 | 311 | Braden Kenny | Dennis Morris H S | 9:39.72 | 10:05.23 |
| 12 | 549 | Mack Martyn | Iroquois Ridge H S | 10:26.64 | 10:36.38 |
| 13 | 269 | Caleb Olson | Corpus Christi | 10:41.36 | 10:46.89 |

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| | | | | |
|----|-------------------|---------------------|----------|----------|
| 14 | 92 Tyler Rabatich | Bishop Ryan C S S | 10:41.34 | 11:36.41 |
| -- | 733 Apurv Abarwal | Philip Pocock C S S | 9:50.05 | DNF |

Men 110 Meter Hurdles Senior

| Name | Year | School | Seed | Prelims | Wind | H# | |
|---------------|------|--------------------|---------------------|---------|--------|------|---|
| Preliminaries | | | | | | | |
| 1 | 241 | Nic Katulic-Duchar | Centennial S S | 15.94 | 15.17Q | -0.9 | 2 |
| 2 | 446 | Kevin Bonneau | Grimsby D S S | 16.30 | 15.63Q | -1.0 | 1 |
| 3 | 450 | Jesse Stirtzinger | Grimsby D S S | 15.46 | 15.20Q | -0.9 | 2 |
| 4 | 1032 | Emmanuel Kusi-Acqu | St. Marcellinus S S | 15.91 | 15.98Q | -1.0 | 1 |
| 5 | 661 | Kyle Daines | Nelson H S | 16.15 | 16.00q | -1.0 | 1 |
| 6 | 969 | Steven McNicoll | St. Jean De B | 15.92 | 16.06q | -0.9 | 2 |
| 7 | 172 | Kristan Edgar-Alex | Brampton Cen | 16.45 | 16.10q | -0.9 | 2 |
| 8 | 173 | Michael Fuller | Brampton Cen | 15.85 | 16.19q | -1.0 | 1 |
| 9 | 1038 | Dwayne McIntosh | St. Marcellinus S S | 16.49 | 16.70 | -1.0 | 1 |
| 10 | 838 | Kyle Schertzer | Churchill, S | 16.42 | 16.71 | -0.9 | 2 |
| 11 | 660 | Thompson Clark | Nelson H S | 16.64 | 16.83 | -0.9 | 2 |
| 12 | 392 | Brian Martins | Fr. Michael | 17.02 | 17.68 | -0.9 | 2 |
| 13 | 62 | Kevin Stones | Beamsville D S S | 16.56 | 19.43 | -1.0 | 1 |
| 14 | 87 | Michael Dolegiowsk | Bishop Ryan C S S | 19.76 | 19.71 | -1.0 | 1 |

Men 110 Meter Hurdles Senior

| Name | Year | School | Prelims | Finals | Wind | |
|--------|------|--------------------|---------------------|--------|-------|------|
| Finals | | | | | | |
| 1 | 241 | Nic Katulic-Duchar | Centennial S S | 15.17 | 15.19 | -2.1 |
| 2 | 450 | Jesse Stirtzinger | Grimsby D S S | 15.20 | 15.21 | -2.1 |
| 3 | 1032 | Emmanuel Kusi-Acqu | St. Marcellinus S S | 15.98 | 15.60 | -2.1 |
| 4 | 969 | Steven McNicoll | St. Jean De B | 16.06 | 15.69 | -2.1 |
| 5 | 446 | Kevin Bonneau | Grimsby D S S | 15.63 | 15.78 | -2.1 |
| 6 | 172 | Kristan Edgar-Alex | Brampton Cen | 16.10 | 15.86 | -2.1 |
| 7 | 661 | Kyle Daines | Nelson H S | 16.00 | 15.99 | -2.1 |
| 8 | 173 | Michael Fuller | Brampton Cen | 16.19 | 16.04 | -2.1 |

Men 400 Meter Hurdles Senior

| Name | Year | School | Seed | Finals | H# | |
|------|------|--------------------|------------------|---------|---------|---|
| 1 | 917 | Jared Kerr | St. Edmund Campi | 58.86 | 55.80 | 2 |
| 2 | 1080 | Zachary Hildebrand | St. Michael H S | 59.20 | 57.49 | 2 |
| 3 | 231 | Jordan Stanford | Cawthra Park S S | 59.11 | 57.53 | 2 |
| 4 | 392 | Brian Martins | Fr. Michael | 1:03.91 | 59.64 | 2 |
| 5 | 784 | Drake Whyte | Ridge-Cr HS | 1:01.66 | 1:01.36 | 2 |
| 6 | 62 | Kevin Stones | Beamsville D S S | 1:00.19 | 1:01.42 | 2 |
| 7 | 381 | Vishall Dharamdass | Fletcher's M. | 1:04.95 | 1:02.13 | 1 |
| 8 | 814 | Hamid Dwyer | MacNab, Sir A | 1:01.06 | 1:02.69 | 2 |
| 9 | 613 | Elvis Hermiz | Loyola C S S | 1:04.87 | 1:03.96 | 1 |
| 10 | 270 | Justin Saddlemyre | Corpus Christi | 1:04.37 | 1:04.55 | 1 |
| 11 | 241 | Nic Katulic-Duchar | Centennial S S | 1:02.11 | 1:06.59 | 2 |
| 12 | 970 | David Najda | St. Jean De B | 1:12.38 | 1:11.63 | 1 |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 4x100 Meter Relay Senior**

| School | Seed | Finals | H# |
|----------------------------------|------------------------------|--------|----|
| 1 St. Edmund Campion S S 'A' | 42.52 | 42.32 | 2 |
| 1) 919 Dwayne March | 2) 917 Jared Kerr | | |
| 3) 915 Rashad Glasgow | 4) 923 Daniel Palmer-Salmon | | |
| 5) 920 Leon Metchie | 6) 928 Leacroft Thompson | | |
| 2 St. Marcellinus S S 'A' | 42.54 | 42.58 | 2 |
| 1) 1018 Rubin Amoah | 2) 1043 Douglas Redman | | |
| 3) 1021 Deion Barker | 4) 1031 Toney James | | |
| 5) 1029 Myles Gardener | 6) 1039 Robert Nicks | | |
| 3 St. Roch - Brampton 'A' | 43.11 | 42.71 | 2 |
| 1) 1115 Shemar Thomas | 2) 1109 Kristian Benjamin | | |
| 3) 1110 Derek Jagasar | 4) 1112 Kyle Powell | | |
| 5) 1114 Dimitri Thomas | 6) 1111 Rick Lu | | |
| 4 Dennis Morris H S 'A' | 44.69 | 43.12 | 2 |
| 1) 310 Lekan Idowu | 2) 314 Byron Prince | | |
| 3) 305 Shane Decker | 4) 307 Matt Francis | | |
| 5) 308 Jabari George | 6) 306 Shawn Epp | | |
| 5 St. Augustine S S 'A' | 43.44 | 43.49 | 2 |
| 1) 884 Zamaad Gambari | 2) 895 Norris Spike | | |
| 3) 891 Brian Obonna | 4) 894 George Skinner | | |
| 5) 888 Andrew Menzies | 6) 882 Jervel Alphonse | | |
| 6 St. Marguerite D'Youville 'A' | 43.44 | 44.01 | 2 |
| 1) 1057 Michael Dikes | 2) 1055 Derrick Agyeman-Duah | | |
| 3) 1059 Shavown Gregory | 4) 1060 Sodiq Ibrahim | | |
| 5) 1061 Malcolm King | 6) | | |
| 7 Notre Dame College 'A' | 44.69 | 44.26 | 2 |
| 1) 686 Austin Westin | 2) 682 Johnny Augustine | | |
| 3) 683 Kelvyn Brannigan | 4) 685 Tyran Meredith | | |
| 8 St. Jean de Brebeuf S S 'A' | 45.07 | 44.37 | 2 |
| 1) 966 Deshawn Joseph | 2) 965 Mitch Gardiner | | |
| 3) 964 Marcus Dicenzo | 4) 969 Steven McNicoll | | |
| 5) 961 Juac Aguer | 6) 970 David Najda | | |
| 9 Bishop P.F. Reding S S 'A' | 45.33 | 44.84 | 1 |
| 1) 74 Teshawn Smikle | 2) 69 Jeremy Farquharson | | |
| 3) 72 Jordan Manning | 4) 75 Shalmar Walters | | |
| 5) 71 Bart Lopat | 6) | | |
| 10 Lakeshore C H S 'A' | 46.57 | 44.96 | 1 |
| 1) 580 Shane Harding | 2) 579 Franklin Franke | | |
| 3) 581 Quintin Jarrett | 4) 586 Alex Wimperis | | |
| 5) 584 Kenny Miller | 6) 578 Richard Austin | | |
| 11 Sir Winston Churchill S S 'A' | 46.10 | 45.05 | 1 |
| 1) 840 Calum Westbrook | 2) 824 Garrett Dion | | |
| 3) 838 Kyle Schertzer | 4) 822 Adam Abdula | | |
| 12 Nelson H S 'A' | 46.76 | 45.32 | 1 |
| 1) 665 Deshaun Hamilton | 2) 666 Tyler Hopkins | | |
| 3) 667 Justin Karch | 4) 671 Conor Turner | | |
| 5) 662 Nathan Egert | 6) 669 Wes Miller | | |
| 13 E. L. Crossley S S 'A' | 46.19 | 45.36 | 1 |
| 1) 356 Cole Watson | 2) 355 Nick Rizzo | | |
| 3) 351 Malcolm Lynett | 4) 347 Hugh Hunt | | |
| 5) 339 Phil Andrews | 6) | | |
| 14 Christ the King C S S 'A' | 45.97 | 45.53 | 1 |
| 1) 254 Tudor Bertiean | 2) 256 Brendan Kutlesa | | |
| 3) 257 Heinrich Lamontagne | 4) 259 Dondre Palma | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 4x100 Meter Relay Senior**

| | | | | |
|------------------------|-----------------------|----|---|--|
| 5) 253 Philip Bath | 6) 258 Danny Mellace | | | |
| -- Cathedral S 'A' | 46.36 | DQ | 1 | |
| 1) 219 Kareem Collins | 2) 222 Andrej Grgic | | | |
| 3) 223 Andy Ihekwoaba | 4) 226 Kareem Noel | | | |
| 5) 224 Paulo Linguenhe | 6) 220 Marco Ferriera | | | |

Men High Jump Senior

| Name | Year | School | Seed | Finals | |
|------|------|-------------------|--------------------|--------|--------|
| 1 | 714 | Paul Galas | Mount Carmel SS | 2.00m | 1.95m |
| 2 | 206 | Daniel Linardic | Cardinal Leger S S | 1.95m | J1.95m |
| 3 | 1081 | J.T. Hunt | St. Michael H S | 1.93m | J1.95m |
| 4 | 242 | Cameron Parry | Centennial S S | 1.90m | 1.90m |
| 5 | 424 | Flavio Alfico | Glendale S S | 1.80m | J1.90m |
| 6 | 893 | Andrew Samuels | St. Augustine S S | 1.90m | 1.85m |
| 6 | 617 | Jared Morrow | M. M. Robinson H S | 1.85m | 1.85m |
| 8 | 671 | Conor Turner | Nelson H S | 1.75m | 1.80m |
| 8 | 1208 | Connor Scott | West Park S S | 1.80m | 1.80m |
| 8 | 173 | Michael Fuller | Brampton Cen | 1.80m | 1.80m |
| 8 | 360 | Mitchell Peebles | Eastdale S S | 1.85m | 1.80m |
| 12 | 268 | Alex Koloko | Corpus Christi | 1.70m | 1.75m |
| 12 | 479 | Jeff Greenblatt | Heart Lake S S | 1.80m | 1.75m |
| 14 | 270 | Justin Saddlemyre | Corpus Christi | 1.70m | 1.70m |
| 15 | 961 | Juac Aguer | St.Jean De B | 1.65m | 1.65m |
| -- | 796 | Dalton Wilson | Robert Batem | 1.65m | FAIL |

Men Pole Vault Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 1163 | Jesse Morgenroth-r | The Humberview S | 3.80m | 3.70m |
| 2 | 1162 | Jason Kitamura | The Humberview S | 3.80m | 3.55m |
| 3 | 356 | Cole Watson | E. L. Crossley S S | 3.30m | J3.55m |
| 4 | 782 | Eric St. Pierre | Ridge-Cr HS | 3.45m | 3.40m |
| 5 | 776 | Jesse Marcil | Ridge-Cr HS | 4.20m | J3.40m |
| 6 | 781 | Tyler Smith | Ridge-Cr HS | 3.45m | J3.40m |
| 7 | 771 | Andy Bolton | Ridge-Cr HS | 3.30m | 3.20m |
| 8 | 1161 | Devin Hymers | The Humberview S | 2.70m | 2.55m |
| -- | 1024 | Alex Carbone | St. Marcellinus S S | 2.60m | NH |
| -- | 1034 | Andy La | St. Marcellinus S S | 2.50m | NH |

Men Long Jump Senior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|-------------------|--------|-------|-----|
| 1 | 917 | Jared Kerr | St. Edmund Campi | 6.97m | 6.88m | NWI |
| 2 | 992 | Amir Robinson | St. Joseph S S | 6.15m | 6.63m | NWI |
| 3 | 824 | Garrett Dion | Churchill, S | 6.31m | 6.49m | NWI |
| 4 | 1226 | David Kapetanovic | Westlane S S | 6.05m | 6.36m | NWI |
| 5 | 923 | Daniel Palmer-Salm | St. Edmund Campi | 6.42m | 6.35m | NWI |
| 6 | 1232 | Marcus Wu | Westmount S S | 6.20m | 6.30m | NWI |
| 6 | 965 | Mitch Gardiner | St.Jean De B | 6.33m | 6.30m | NWI |
| 8 | 660 | Thompson Clark | Nelson H S | 6.05m | 6.02m | NWI |
| 9 | 884 | Zamaad Gambari | St. Augustine S S | 6.41m | 5.92m | NWI |

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| | | | | | | |
|----|-----|---------------|-------------------|-------|-------|-----|
| 10 | 307 | Matt Francis | Dennis Morris H S | 6.18m | 5.83m | NWI |
| 11 | 671 | Conor Turner | Nelson H S | 5.79m | 5.65m | NWI |
| 12 | 994 | Zachary Veira | St. Joseph S S | 6.21m | 5.05m | NWI |
| -- | 706 | Austin Kit | Orchard Park S S | 6.28m | FOUL | |

Men Triple Jump Senior

| Name | Year | School | Seed | Finals | Wind | |
|------|------|--------------------|---------------------|--------|--------|-----|
| 1 | 917 | Jared Kerr | St. Edmund Campi | 14.34m | 14.89m | NWI |
| 2 | 892 | Toba Oliya | St. Augustine S S | 14.00m | 14.38m | NWI |
| 3 | 891 | Brian Obonna | St. Augustine S S | 13.15m | 13.79m | NWI |
| 4 | 717 | Andre Nicholas | Mount Carmel SS | 13.50m | 13.59m | NWI |
| 5 | 894 | George Skinner | St. Augustine S S | 13.14m | 12.61m | NWI |
| 6 | 348 | Jordan Ingraham | E. L. Crossley S S | 12.71m | 12.39m | NWI |
| 7 | 965 | Mitch Gardiner | St. Jean De B | 11.51m | 12.23m | NWI |
| 8 | 523 | Keenan Beaumont | Holy Trinity C S S | 11.66m | 12.12m | NWI |
| 9 | 675 | Daniel Suen | Niagara Coll | 12.23m | 12.11m | NWI |
| 10 | 310 | Lekan Idowu | Dennis Morris H S | 12.13m | 12.09m | NWI |
| 11 | 460 | Caleb Datema | Guido De Bres C H S | 12.14m | 11.97m | NWI |
| 12 | 270 | Justin Saddlemeyre | Corpus Christi | 11.89m | 11.81m | NWI |
| 13 | 706 | Austin Kit | Orchard Park S S | 12.27m | 11.80m | NWI |
| 14 | 617 | Jared Morrow | M. M. Robinson H S | 11.50m | 11.61m | NWI |
| 15 | 422 | Oliver Ross | Georgetown D H S | 11.82m | 11.45m | NWI |

Men Shot Put Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 743 | Daniel Polinski | Philip Pocock C S S | 17.43m | 17.61m |
| 2 | 670 | Eli Pawliw | Nelson H S | 16.38m | 16.36m |
| 3 | 759 | John Kryzszkowski | Port Credit S S | 15.48m | 15.40m |
| 4 | 481 | Eduardo Wallace | Heart Lake S S | 13.73m | 13.94m |
| 5 | 935 | Francesco Mete | St. Francis | 13.32m | 13.66m |
| 6 | 883 | Ryan Anton | St. Augustine S S | 13.42m | 13.64m |
| 7 | 228 | Stephan Smith | Cathedral S | 12.63m | 13.13m |
| 8 | 663 | Andrew Eskandar | Nelson H S | 12.01m | 13.05m |
| 9 | 944 | John Whaley | St. Ignatius | 11.07m | 12.71m |
| 10 | 1188 | Wes Derwinsky | Thorold S S | 12.63m | 12.63m |
| 11 | 897 | Mychael Brew | St. Catharin | 13.25m | 12.28m |
| 12 | 267 | Martin Klimuntowsk | Corpus Christi | 11.24m | 12.13m |
| 13 | 813 | Ben Brown | MacNab, Sir A | 11.97m | 11.93m |
| 14 | 312 | Chris Kenny | Dennis Morris H S | 12.03m | 11.49m |

Men Discus Throw Senior

| Name | Year | School | Seed | Finals | |
|------|------|-----------------|---------------------|--------|--------|
| 1 | 743 | Daniel Polinski | Philip Pocock C S S | 54.78m | 52.77m |
| 2 | 433 | Zach Koroll | Governor Simcoe S S | 47.15m | 49.63m |
| 3 | 670 | Eli Pawliw | Nelson H S | 43.74m | 45.27m |
| 4 | 825 | Justin Felker | Churchill, S | 43.85m | 44.94m |
| 5 | 1030 | Mark Horta | St. Marcellinus S S | 42.80m | 42.11m |
| 6 | 833 | Colin Lisoy | Churchill, S | 37.84m | 39.55m |
| 7 | 886 | Jaden Lindo | St. Augustine S S | 38.42m | 38.28m |

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| | | | | | |
|----|------|------------------|---------------------|--------|--------|
| 8 | 1091 | Prang Norang | St. Paul H S | 36.35m | 37.07m |
| 9 | 1142 | Liam Spadoni | St. Thomas M | 32.15m | 32.95m |
| 10 | 641 | Matt Harris | Milton D H S | 31.35m | 32.59m |
| 11 | 161 | Omar Malcolm | Bramalea S S | 32.37m | 31.86m |
| 12 | 738 | Dustyn Ciuffreda | Philip Pocock C S S | 34.06m | 31.23m |
| 13 | 531 | Ryan Shea | Holy Trinity C S S | 28.76m | 27.40m |

Men Javelin Throw Senior

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|--------|--------|
| 1 | 759 | John Kryzszkowski | Port Credit S S | 58.98m | 63.50m |
| 2 | 1088 | Reece Fisher | St. Paul H S | 44.46m | 48.45m |
| 3 | 1093 | Jason Rhodes | St. Paul H S | 46.96m | 48.26m |
| 4 | 434 | Ben Dale | Great Lakes | 45.65m | 47.16m |
| 5 | 670 | Eli Pawliw | Nelson H S | 44.75m | 47.00m |
| 6 | 1098 | Mark Wargala | St. Paul's S S | 42.78m | 45.53m |
| 7 | 139 | Randy Hutton | Blessed Trinity H S | 46.18m | 44.72m |
| 8 | 373 | Mitchell Shennette | Erindale S S | 42.05m | 44.14m |
| 9 | 197 | Josef Birkes | Burlington C | 41.28m | 40.93m |
| 10 | 306 | Shawn Epp | Dennis Morris H S | 42.52m | 40.82m |
| 11 | 173 | Michael Fuller | Brampton Cen | 45.71m | 40.50m |
| 12 | 202 | Logan Wilson | Burlington C | 39.48m | 39.50m |
| 13 | 419 | Shane Hellowell | Georgetown D H S | 38.26m | 36.60m |

Men 2000 Meter Steeplechase Open

| Name | Year | School | Seed | Finals | |
|------|------|--------------------|---------------------|---------|---------|
| 1 | 73 | Ben Preisner | Reding, Bisho | 6:07.88 | 6:12.26 |
| 2 | 1035 | Jeramie Lai | St. Marcellinus S S | 6:17.99 | 6:16.93 |
| 3 | 835 | Andrew Nebel | Churchill, S | 6:34.17 | 6:28.12 |
| 4 | 739 | Xhenis Ereqi | Philip Pocock C S S | 6:38.03 | 6:32.38 |
| 5 | 612 | Preston Borg | Loyola C S S | 6:28.33 | 6:34.06 |
| 6 | 827 | Mike Fortaleza | Churchill, S | 6:47.74 | 6:42.00 |
| 7 | 872 | Nick Vukelic | St. Aloysius | 6:31.76 | 6:42.47 |
| 8 | 32 | Kent Hambly | Ancaster High | 6:43.98 | 6:48.52 |
| 9 | 614 | Scott Labela | Loyola C S S | 6:53.60 | 6:50.09 |
| 10 | 358 | Tyler Young | E. L. Crossley S S | 6:46.74 | 7:00.22 |
| 11 | 673 | Markku Wainman | Nelson H S | 6:58.68 | 7:08.71 |
| 12 | 369 | Dylan Walicki | Eden High School | 6:54.86 | 7:12.80 |
| 13 | 549 | Mack Martyn | Iroquois Ridge H S | 7:07.64 | 7:14.56 |
| 14 | 93 | Luke Sianchuk | Bishop Ryan C S S | 7:21.74 | 7:20.26 |
| 15 | 1241 | Alexander Dos_Sant | White Oaks S S | 7:36.88 | 7:21.24 |

Men 4x400 Meter Relay Open

| School | Seed | Finals | H# |
|------------------------------|---------|---------|----|
| 1 St. Edmund Campion S S 'A' | 3:35.91 | 3:26.45 | 2 |
| 1) 923 Daniel Palmer-Salmon | | | |
| 2) 915 Rashad Glasgow | | | |
| 3) 914 Dimitry Giunta | | | |
| 4) 917 Jared Kerr | | | |
| 5) 928 Leacroft Thompson | | | |
| 6) 916 Kyle Karran | | | |
| 2 St. Marcellinus S S 'A' | 3:39.10 | 3:29.44 | 2 |
| 1) 1029 Myles Gardener | | | |
| 2) 1043 Douglas Redman | | | |

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| | | | | |
|-----------------------------------|---------------------------|---------|---------|---|
| 3) 1036 Matthew LeLiever | 4) 1041 Marc Pereira | | | |
| 5) 1025 Arkhe Delacruz | 6) 1021 Deion Barker | | | |
| 3 Sir Winston Churchill S S 'A' | | 3:46.37 | 3:30.43 | 1 |
| 1) 840 Calum Westbrook | 2) 831 Justin Lawless | | | |
| 3) 824 Garrett Dion | 4) 822 Adam Abdula | | | |
| 5) 835 Andrew Nebel | 6) 836 Matthew Nickel | | | |
| 4 Our Lady of Mount Carmel SS 'A' | | 3:43.03 | 3:31.52 | 2 |
| 1) 722 Alexander Zaranek | 2) 718 Sheldon Page | | | |
| 3) 721 Chavell William | 4) 720 Hanson Wainkem | | | |
| 5) 715 Tyneshu Gebreyohannes | 6) 719 Andrew Vanderkoen | | | |
| 5 St. Aloysius Gonzaga 'A' | | 3:40.96 | 3:31.99 | 2 |
| 1) 871 Curtis Richards | 2) 866 Gabriel Arpino | | | |
| 3) 867 Greg Butler | 4) 872 Nick Vukelic | | | |
| 5) 869 Quinn Dudley | 6) 870 Ryan Leon | | | |
| 6 Highland S S 'A' | | 3:40.14 | 3:33.50 | 2 |
| 1) 507 Liam Smith | 2) 505 Tom Manson | | | |
| 3) 504 Jack Holmes | 4) 502 Owen Fisher | | | |
| 5) 503 Erik Heidebrecht | 6) | | | |
| 7 Notre Dame R C S S 'A' | | 3:39.73 | 3:34.65 | 2 |
| 1) 697 Jacob Dunning | 2) 700 Ryan Korol | | | |
| 3) 701 Jacob Marks | 4) 702 Joel Maves | | | |
| 5) 703 Austin Paterson | 6) 699 Jared Kay | | | |
| 8 Cardinal Leger S S 'A' | | 3:42.57 | 3:36.36 | 2 |
| 1) 204 Bartosz Antczak | 2) 205 Brain Jaimes | | | |
| 3) 207 AJ Palumbo | 4) 209 James Sullivan | | | |
| 5) 208 Zach Silva | 6) | | | |
| 9 Iroquois Ridge H S 'A' | | 3:45.96 | 3:40.83 | 1 |
| 1) 544 John Breeson | 2) 546 Cameron Kotulak | | | |
| 3) 549 Mack Martyn | 4) 550 Stephen Pozios | | | |
| 5) 551 James Skoric | 6) | | | |
| 10 Guido De Bres C H S 'A' | | 3:50.11 | 3:42.14 | 1 |
| 1) 461 Calvin deJong | 2) 463 Josh Ravensbergen | | | |
| 3) 462 Jesse Post | 4) 459 Arin Bergsma | | | |
| 5) 456 Sidney Alkema | 6) | | | |
| 11 Bishop Ryan C S S 'A' | | 3:43.93 | 3:42.95 | 2 |
| 1) 93 Luke Sianchuk | 2) 89 Scott MacLellan | | | |
| 3) 92 Tyler Rabatich | 4) 86 Bradley Doering | | | |
| 5) 90 David Martin | 6) | | | |
| 12 E. L. Crossley S S 'A' | | 3:49.52 | 3:42.97 | 1 |
| 1) 353 Tim Miller | 2) 339 Phil Andrews | | | |
| 3) 355 Nick Rizzo | 4) 342 Cameron Borisenko | | | |
| 5) 345 Sam Fennell | 6) 352 Michael Miller | | | |
| 13 St. Thomas More C SS 'A' | | 3:47.23 | 3:46.58 | 1 |
| 1) 1136 Robert Heppenstall | 2) 1140 Mitchell Phillips | | | |
| 3) 1137 Arun Matthew | 4) 1138 Zack Miller | | | |
| 5) 1132 Tafari Delisser | 6) | | | |
| 14 A.N. Myer S S 'A' | | 3:51.23 | 3:52.39 | 1 |
| 1) 14 Tyler Thomson | 2) 9 Joe Murdaca | | | |
| 3) 5 Jesse Begg | 4) 13 Josh Seguin | | | |
| 5) 8 Peter Falivena | 6) 15 Reid Yochim | | | |

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 100 Meter Dash Visually Imp Blind**

| Name | Year | School | Seed | Finals | Wind |
|-------------------|------|-----------------|-------|--------|------|
| 1 583 Adam McLeod | | Lakeshore C H S | 17.15 | 16.92 | NWI |

Men 800 Meter Run Visually Imp Blind

| Name | Year | School | Seed | Finals |
|-------------------|------|-----------------|---------|---------|
| 1 583 Adam McLeod | | Lakeshore C H S | 3:13.46 | 3:14.88 |

Men 100 Meter Dash Intellectual Ambulatory

| Name | Year | School | Seed | Finals | Wind |
|---------------------|------|-------------------|-------|--------|------|
| 1 890 Eddie Nicks | | St. Augustine S S | 12.86 | 12.67 | -0.5 |
| 2 582 Chandler Ladd | | Lakeshore C H S | 14.80 | 14.20 | -0.5 |

Men 800 Meter Run Ambulatory Ambulatory

| Name | Year | School | Seed | Finals |
|------------------|------|--------------|---------|---------|
| 1 216 Jay Mistry | | Castlebrooke | 4:01.38 | 3:47.26 |