

WWU Ralph Vernacchia Team Meet  
Civic Stadium, Bellingham, WA - 4/12/2013 - 4/13/2013

## Female Teams

PL	Team	Points
1	Western Washington	262
2	Washington	129
3	Northwest U.	69
4	Saint Martin's	62
5	Everett CC	51
6	Olympic College	31
7	Club Northwest	20
8	British Columbia	12
8	Ocean Athletics	12
10	Kajaks T&F	11
11	Central Washington	10
12	Skagit Valley	3
12	Green River CC	3

## Male Teams

PL	Team	Points
1	Western Washington	214
2	Washington	109
3	Saint Martin's	84
4	Green River CC	58
5	Northwest U.	54
6	Everett CC	49
7	Olympic College	46
8	Skagit Valley	16
9	Central Washington	11
10	British Columbia	10
10	Eastern Washington	10
12	Simon Fraser	4
13	Kajaks T&F	3

## Men's 200 Meters

## Final

PL	Athlete	Team	Final	Pts	HPL
1	Schmidt, Nathaniel	Western Washington	22.20	10	1
2	Poolman, Jonathon	Western Washington	22.30	8	2
3	Rudy, Tucker	Western Washington	22.60	6	3
4	Woods, Devonte	Green River CC	22.70	5	4
5	Smith, Devon	Western Washington	23.00	4	5
6	Morriss, Kyle	Green River CC	23.30	3	6
7	Blue, Candino	Green River CC	23.60	2	1
8	Ortiz, Kevin	Saint Martin's	24.00	1	2
9	Hamman, John	Saint Martin's	24.40		3
10	Doty, Jake	Northwest U.	24.60		1
11	Cliett, Taylor	Northwest U.	24.80		4
12	Fiedler, Dylan	Skagit Valley	25.00		2
12	Stroud, Ahron	Olympic College	25.00		5
14	Davis, Xavien	Northwest U.	25.20		6
15	Ibarreta, xavier	Unattached	25.40		7
16	Burk, Eric	Olympic College	25.50		3
17	Clark, Zach	Olympic College	25.60		7
18	Haskin, John	Olympic College	25.70		4

## Men's 200 Meters

## Final Heat: 1

Wind: 2.5

PL	Athlete	Team	Final
1	Doty, Jake	Northwest U.	24.60
2	Fiedler, Dylan	Skagit Valley	25.00
3	Burk, Eric	Olympic College	25.50
4	Haskin, John	Olympic College	25.70

## Men's 200 Meters

## Final Heat: 2

Wind: -1.8

PL	Athlete	Team	Final
1	Blue, Candino	Green River CC	23.60
2	Ortiz, Kevin	Saint Martin's	24.00
3	Hamman, John	Saint Martin's	24.40
4	Cliett, Taylor	Northwest U.	24.80
5	Stroud, Ahron	Olympic College	25.00
6	Davis, Xavien	Northwest U.	25.20
7	Clark, Zach	Olympic College	25.60

## Men's 200 Meters

## Final Heat: 3

Wind: -2.1

PL	Athlete	Team	Final
1	Schmidt, Nathaniel	Western Washington	22.20
2	Poolman, Jonathon	Western Washington	22.30
3	Rudy, Tucker	Western Washington	22.60
4	Woods, Devonte	Green River CC	22.70
5	Smith, Devon	Western Washington	23.00
6	Morriss, Kyle	Green River CC	23.30

7 Ibarreta, Xavier Unattached 25.40

Men's 400 Meters

Final

PL Athlete	Team	Final	Pts	HPL
1 Prentice, Andrew	Washington	49.10	10	1
2 Jones, Derrick	Washington	49.40	8	2
3 Nokes, Jason	Western Washington	51.30	6	3
4 Arroyo, Sergio	Green River CC	51.60	5	4
5 Grossaint, Cameron	Saint Martin's	52.80	4	5
6 Morriss, Kyle	Green River CC	53.10	3	6
7 Jones, Jake	Skagit Valley	55.35	2	1
8 Lugenbeal, Isaac	Green River CC	55.89	1	2
9 Hamman, John	Saint Martin's	56.40		7
10 Ibarreta, Xavier	Unattached	56.70		8
11 Clark, Zach	Olympic College	56.75		3

Men's 400 Meters

Final Heat: 1

PL Athlete	Team	Final
1 Jones, Jake	Skagit Valley	55.35
2 Lugenbeal, Isaac	Green River CC	55.89
3 Clark, Zach	Olympic College	56.75

Men's 400 Meters

Final Heat: 2

PL Athlete	Team	Final
1 Prentice, Andrew	Washington	49.10
2 Jones, Derrick	Washington	49.40
3 Nokes, Jason	Western Washington	51.30
4 Arroyo, Sergio	Green River CC	51.60
5 Grossaint, Cameron	Saint Martin's	52.80
6 Morriss, Kyle	Green River CC	53.10
7 Hamman, John	Saint Martin's	56.40
8 Ibarreta, Xavier	Unattached	56.70

Men's 800 Meters

Final

PL Athlete	Team	Final	Pts	HPL
1 Gilna, Gareth	Washington	1:54.90	10	1
2 Brown, Dylan	Western Washington	1:56.20	8	2
3 Jackson, Chip	Western Washington	1:56.60	6	3
4 Carlson, Taylor	Washington	1:56.90	5	4
5 McCranie, Cody	Western Washington	1:57.10	4	5
6 Piette, Brian	Western Washington	1:57.90	3	6
7 Cummings, Timothy	Washington	1:58.90	2	1
8 Beard, Mitch	Everett CC	1:59.40	1	7
9 Michael, Aaron	Saint Martin's	2:01.80		2
10 Morgan, Nathan	Saint Martin's	2:02.10		8
11 Bates, Brian	Western Washington	2:02.30		3
12 Hopkins, Jerrold	Unattached	2:03.00		4
13 Siler, Cameron	Unattached	2:03.90		5
14 Ryzhkov, Dzmity	Skagit Valley	2:05.70		6
15 Knoblich, Nick	Green River CC	2:06.40		9
16 Link, Matt	Green River CC	2:09.90		7
17 Ryan, Keith	Olympic College	2:18.10		8

Men's 800 Meters

Final Heat: 1

PL Athlete	Team	Final
1 Cummings, Timothy	Washington	1:58.90
2 Michael, Aaron	Saint Martin's	2:01.80
3 Bates, Brian	Western Washington	2:02.30
4 Hopkins, Jerrold	Unattached	2:03.00
5 Siler, Cameron	Unattached	2:03.90
6 Ryzhkov, Dzmity	Skagit Valley	2:05.70
7 Link, Matt	Green River CC	2:09.90
8 Ryan, Keith	Olympic College	2:18.10

Men's 800 Meters

Final Heat: 2

PL Athlete	Team	Final
1 Gilna, Gareth	Washington	1:54.90
2 Brown, Dylan	Western Washington	1:56.20
3 Jackson, Chip	Western Washington	1:56.60
4 Carlson, Taylor	Washington	1:56.90
5 McCranie, Cody	Western Washington	1:57.10
6 Piette, Brian	Western Washington	1:57.90
7 Beard, Mitch	Everett CC	1:59.40
8 Morgan, Nathan	Saint Martin's	2:02.10
9 Knoblich, Nick	Green River CC	2:06.40

Men's 1500 Meters

Final

PL Athlete	Team	Final	Pts
1 Gilna, Gareth	Washington	3:52.58	10

2	Carlson, Taylor	Washington	3:56.85	8
3	Cummings, Timothy	Washington	4:01.09	6
4	Ferguson, Jonathan	Northwest U.	4:01.15	5
5	Reedy, Tabor	Western Washington	4:03.65	4
6	Murphy, Nich	Western Washington	4:04.23	3
7	Boyd, Tanner	Western Washington	4:10.06	2
8	Peterson, Dylan	Western Washington	4:11.21	1
9	Hansen, Daniel	Olympic College	4:13.07	
10	Schwecke, Tyler	Western Washington	4:18.74	
11	Knoblich, Nick	Green River CC	4:21.44	
12	Link, Matt	Green River CC	4:30.14	

Men's 5000 Meters

Final

PL	Athlete	Team	Final	Pts
1	Johnson, Cory	Western Washington	15:16.20	10
2	Peterson, Ryan	Western Washington	15:16.40	8
3	Griffith, Isaac	Western Washington	15:19.80	6
4	Quimby, Jonathan	Western Washington	15:21.10	5
5	Mangan, Kevin	Washington	15:26.50	4
6	Colbert, Justin	Unattached	15:28.20	
7	Lutz, Matt	Western Washington	15:33.80	3
8	Mugrage, Kris	Everett CC	15:42.90	2
9	Hanson, Keefe	Unattached	15:46.30	
10	Anderson, Aaron	Unattached	16:00.50	
11	Ripley, Noah	Western Washington	16:17.10	1
12	Simon, Myles	Skagit Valley	16:49.60	
13	Felch, Scott	Unattached	17:27.50	
	Starr, Nate	Everett CC	DNF	
	Boyd, Tanner	Western Washington	DNF	
	Cannon, Tyler	Unattached	DNF	

Men's 10000 Meters

Final

PL	Athlete	Team	Final	Pts
1	Koenigs, Matt	UNAT-Everett CC	31:47.0h	
2	Chester, Sean	Unattached	32:15.3h	
3	Rubio, Habtamu	Everett CC	32:28.4h	10
4	Shelman, Josiah	Saint Martin's	32:45.2h	8
5	Castillo, Juan	Unattached	32:59.4h	
6	Minor, Nathan	Central Washington	33:10.2h	6
7	Spencer, Nick	Central Washington	33:45.2h	5
8	Nelson, Alex	Saint Martin's	34:21.4h	4
9	Garcia, Mark	Everett CC	34:30.0h	3
10	Carmichael, Richard	Everett CC	34:34.5h	2
11	Robinson, Trevor	Western Washington	35:13.8h	1
12	Pletcher, Marty	Western Washington	35:22.5h	
13	Lawrence, Nic	Everett CC	35:51.3h	
14	Fritz, Austin	Olympic College	35:51.3h	
15	Elias, Mitch	Unattached	36:29.9h	
16	Speiker, Zack	Everett CC	37:07.4h	
	Alexander, Sam	Unattached	DNF	

Men's 110m Hurdle

Final

PL	Athlete	Team	Final	Pts
1	Myers, Logan	Western Washington	15.20	10
2	Tipton, Kaid	Washington	15.50	8
3	Milbrandt, Travis	Western Washington	15.80	6
4	Pfeiff, Corey	Western Washington	16.90	5
5	Fomich, Matt	Green River CC	18.70	4

Men's 400m Hurdle

Final

PL	Athlete	Team	Final	Pts	HPL
1	Jones, Derrick	Washington	54.70	10	1
2	Tipton, Kaid	Washington	56.70	7	1
2	Sissel, Ty	Saint Martin's	56.70	7	2
4	Arroyo, Sergio	Green River CC	57.30	5	3
5	Pfeiff, Corey	Western Washington	58.20	4	4
6	Wiedmer, Casey	Saint Martin's	58.90	3	5
7	Choun, Junior	Green River CC	59.50	2	2
8	Fomich, Matt	Green River CC	1:09.70	1	3

Men's 400m Hurdle

Final Heat: 1

PL	Athlete	Team	Final
1	Tipton, Kaid	Washington	56.70
2	Choun, Junior	Green River CC	59.50
3	Fomich, Matt	Green River CC	1:09.70

Men's 400m Hurdle

Final Heat: 2

PL	Athlete	Team	Final
1	Jones, Derrick	Washington	54.70
2	Sissel, Ty	Saint Martin's	56.70
3	Arroyo, Sergio	Green River CC	57.30
4	Pfeiff, Corey	Western Washington	58.20

5 Wiedmer, Casey Saint Martin's 58.90

Men's 3000m Steeple  
Final

PL Athlete	Team	Final	Pts
1 Porter, Matt	Northwest U.	9:35.22	10
2 Morgan, Nathan	Saint Martin's	10:53.19	8
3 Ryan, Keith	Olympic College	11:34.49	6

Men's 4 x 100m Relay  
Final

PL Sq Team	Final	Pts
1 A Western Washington	42.72	10
2 A Green River CC	44.07	8
3 A Northwest U.	47.26	6
4 A Olympic College	48.26	5

Men's 4 x 400m Relay  
Final

PL Sq Team	Final	Pts
1 A Green River CC	3:32.10	10
2 A Northwest U.	3:35.90	8
3 B Green River CC	3:48.30	6
4 A Olympic College	3:54.60	5
5 A Skagit Valley	3:54.90	4

Men's High Jump  
Final

PL Athlete	Team	Final	English	Pts
Smith, Mikel	Unattached	NH		

Men's Pole Vault  
Final

PL Athlete	Team	Final	English	Pts
1 Keeton, Joseph	Saint Martin's	4.25m 13' 11.25"		10
2 Guidon, Thomas	Western Washington	4.10m 13' 5.25"		8
3 Staeheli, Ivan	British Columbia	4.10m 13' 5.25"		6
4 Komoto, Keenan	Western Washington	4.10m 13' 5.25"		5
5 Mattson, Brett	Western Washington	3.80m 12' 5.50"		4
6 Hankins, Matt	Saint Martin's	3.80m 12' 5.50"		3

Men's Long Jump  
Final

PL Athlete	Team	Final	English	Pts
1 Estes, Chase	Northwest U.	6.00m 19' 8.25"		10
2 Smith, Mikel	Unattached	5.79m 19' 0"		
3 McElroy, Brian	Saint Martin's	5.60m 18' 4.50"		8
4 Seely, Mark	Unattached	5.57m 18' 3.25"		
5 Burk, Eric	Olympic College	5.45m 17' 10.75"		6
6 Jones, Andrew	Olympic College	5.29m 17' 4.25"		5
7 Clark, Zach	Olympic College	4.91m 16' 1.50"		4

Men's Triple Jump  
Final

PL Athlete	Team	Final	English	Pts
1 McElroy, Brian	Saint Martin's	12.87m 42' 2.75"		10
2 Fauley, Jameson	Saint Martin's	12.37m 40' 7"		8
3 Tran, Daniel	Western Washington	12.28m 40' 3.50"		6
4 Estes, Chase	Northwest U.	11.81m 38' 9"		5
5 Jones, Andrew	Olympic College	11.47m 37' 7.75"		4
6 Burk, Eric	Olympic College	11.10m 36' 5"		3

Men's Shot Put  
Final

PL Athlete	Team	Final	English	Pts
1 Catelli, Frank	Western Washington	15.53m 50' 11.50"		10
2 Westlin, Nelson	Unattached	14.17m 46' 6"		
3 Gilbert, Jacob	Western Washington	13.74m 45' 1"		8
4 Bizzack, Alex	Western Washington	12.83m 42' 1.25"		6
5 Hammer, Hunter	Unattached	12.31m 40' 4.75"		
6 Frazier, Jordan	Everett CC	11.99m 39' 4"		5
7 Staeheli, Ivan	British Columbia	11.51m 37' 9.25"		4
8 Reyes, Cristian	Everett CC	11.42m 37' 5.75"		3
9 Higgins, John	Everett CC	11.00m 36' 1.25"		2
10 Haney, Caleb	Everett CC	10.23m 33' 6.75"		1
11 Lorenz, Kyle	Northwest U.	9.72m 31' 10.75"		

Men's Discus  
Final

PL Athlete	Team	Final	English	Pts	HPL
1 Macdonald, Ryan	Western Washington	49.72m 163' 1.75"		10	1
2 Henderson, Robert	Washington	45.11m 148' 0.25"		8	2

3	Hammer, Hunter	Unattached	44.17m	144'	11.25"	3
4	Higgins, John	Everett CC	43.03m	141'	2.25"	6 4
5	Gilbert, Jacob	Western Washington	41.87m	137'	4.75"	5 5
6	Frazier, Jordan	Everett CC	40.11m	131'	7.50"	4 6
7	Bizzack, Alex	Western Washington	39.04m	128'	1.25"	3 1
8	Fisher, Damien	Western Washington	38.98m	127'	11"	2 2
9	Haney, Caleb	Everett CC	37.56m	123'	3"	1 3
10	Reyes, Cristian	Everett CC	33.90m	111'	3"	4
11	Bates, Kenny	Unattached	33.75m	110'	9"	5
12	Lorenz, Kyle	Northwest U.	29.14m	95'	7.50"	6

Men's Hammer

Final

PL	Athlete	Team	Final	English	Pts	HPL
1	Alanssim, Jamie	Eastern Washington	55.35m	181'	7.50"	10 1
2	Henderson, Robert	Washington	52.89m	173'	6.50"	8 2
3	Higgins, John	Everett CC	47.39m	155'	6"	6 3
4	White, Kyle	Washington	45.92m	150'	8.25"	5 4
5	Molinari, Luca	Simon Fraser	45.46m	149'	2"	4 5
6	Bhandal, Pauljit	Kajaks T&F	43.10m	141'	5"	3 6
7	Frazier, Jordan	Everett CC	42.79m	140'	5"	2 1
8	Reyes, Cristian	Everett CC	42.32m	138'	10.50"	1 7
9	Hammer, Hunter	Unattached	40.90m	134'	2.50"	8
10	Macdonald, Ryan	Western Washington	40.64m	133'	4.25"	9
11	Bizzack, Alex	Western Washington	39.19m	128'	7.25"	2
12	Gilbert, Jacob	Western Washington	38.96m	127'	10.25"	3
13	Bates, Kenny	Unattached	38.66m	126'	10.25"	4
14	Teuteu, Joshua	Saint Martin's	34.99m	114'	9.75"	5
	Haney, Caleb	Everett CC	FOUL			

Men's Javelin

Final

PL	Athlete	Team	Final	English	Pts	
1	Fischer, Luke	Northwest U.	63.62m	208'	9"	10
2	Haskin, John	Olympic College	46.22m	151'	8"	8
3	Pinnell, Ryan	Skagit Valley	46.14m	151'	4.75"	6
4	Fisher, Damien	Western Washington	43.56m	142'	11.25"	5
5	Fiedler, Dylan	Skagit Valley	39.20m	128'	7.50"	4
6	McCullough, Kevin	Green River CC	37.66m	123'	7"	3

Men's Decathlon

Final

PL	Athlete	Pts	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m	
1	Holland, Michael	5104	11.86	5.45m	8.71m	1.61m	53.08	17.56	26.82m	3.45m	36.17m	4:58.13	
	Saint Martin's		w:-1.6	17'	10.728'	7"	5'	3.25"	w:0.0	88'	0.2511'	3.75118'	8.2
	Team Points:10		(679)	(471)	(408)	(472)	(678)	(567)	(402)	(469)	(387)	(571)	
2	Gordon, Dylan	4088	12.36	5.35m	9.79m	1.46m	59.97	18.18	20.50m	3.15m	29.40m	5:43.44	
	Western Washingt		w:-1.6	17'	6.7532'	1.504'	9.50"	w:0.0	67'	3.2510'	4"	96'	5.75
	Team Points:8		(582)	(451)	(473)	(360)	(414)	(507)	(281)	(393)	(291)	(336)	

Men's 100 Meters

Final

Wind: -1.6

PL	Athlete	Team	Final
1	Holland, Michael	Saint Martin's	11.86
2	Gordon, Dylan	Western Washington	12.36

Men's Long Jump

Final

PL	Athlete	Team	Final	English	
1	Holland, Michael	Saint Martin's	5.45m	17'	10.75"
2	Gordon, Dylan	Western Washington	5.35m	17'	6.75"

Men's Shot Put

Final

PL	Athlete	Team	Final	English	
1	Gordon, Dylan	Western Washington	9.79m	32'	1.50"
2	Holland, Michael	Saint Martin's	8.71m	28'	7"

Men's High Jump

Final

PL	Athlete	Team	Final	English	
1	Holland, Michael	Saint Martin's	1.61m	5'	3.25"
2	Gordon, Dylan	Western Washington	1.46m	4'	9.50"

Men's 400 Meters

Final

PL	Athlete	Team	Final
1	Holland, Michael	Saint Martin's	53.08
2	Gordon, Dylan	Western Washington	59.97

Men's 110m Hurdle

Final

Wind: 0.0

PL Athlete	Team	Final
1 Holland, Michael	Saint Martin's	17.56
2 Gordon, Dylan	Western Washington	18.18

Men's Discus  
Final

PL Athlete	Team	Final	English
1 Holland, Michael	Saint Martin's	26.82m	88' 0.25"
2 Gordon, Dylan	Western Washington	20.50m	67' 3.25"

Men's Pole Vault  
Final

PL Athlete	Team	Final	English
1 Holland, Michael	Saint Martin's	3.45m	11' 3.75"
2 Gordon, Dylan	Western Washington	3.15m	10' 4"

Men's Javelin  
Final

PL Athlete	Team	Final	English
1 Holland, Michael	Saint Martin's	36.17m	118' 8.25"
2 Gordon, Dylan	Western Washington	29.40m	96' 5.75"

Men's 1500 Meters  
Final

PL Athlete	Team	Final
1 Holland, Michael	Saint Martin's	4:58.13
2 Gordon, Dylan	Western Washington	5:43.44

Women's 100 Meters  
Final

PL Athlete	Team	Final	Pts
1 Ulrey, Sarah	Club Northwest	12.24	10
2 Ivancic, Veronica	Western Washington	12.54	8
3 Hudson, Renee	Saint Martin's	12.94	6
4 Echols, Whitney	Unattached	13.24	
5 Ivancic, Rachel	Western Washington	13.64	5
6 Medina, Adaligza	Saint Martin's	13.94	4

Women's 200 Meters  
Final

PL Athlete	Team	Final	Pts
1 Coffey, Sydney	Western Washington	26.20	10
2 Ivancic, Veronica	Western Washington	26.30	8
3 Echols, Whitney	Unattached	27.00	
4 Rosen, Brianna	Western Washington	27.60	6
5 Scholter, Hannah	Saint Martin's	28.70	5

Women's 400 Meters  
Final

PL Athlete	Team	Final	Pts
1 Coffey, Sydney	Western Washington	1:02.15	10
2 Glasgow, Savannah	Western Washington	1:05.17	8
3 Lindgren, Becca	Olympic College	1:05.23	6

Women's 800 Meters  
Final

PL Athlete	Team	Final	Pts HPL
1 Moore, Annie	Washington	2:15.80	10 1
2 Smith, Cassandra	Washington	2:16.00	8 2
3 Atchley, Skye	Washington	2:18.70	6 3
4 Lahman, Miranda	Western Washington	2:18.80	5 4
5 Sowers, Joanna	Northwest U.	2:20.80	4 5
6 Lindgren, Becca	Olympic College	2:40.20	3 1
7 Bohart, Nikki	Green River CC	2:46.20	2 2
8 Carlson, Oksana	Green River CC	2:46.60	1 3
9 Rohlman, Keya	Olympic College	2:48.60	

Women's 800 Meters  
Final Heat: 1

PL Athlete	Team	Final
1 Lindgren, Becca	Olympic College	2:40.20
2 Bohart, Nikki	Green River CC	2:46.20
3 Carlson, Oksana	Green River CC	2:46.60
4 Rohlman, Keya	Olympic College	2:48.60

Women's 800 Meters  
Final Heat: 2

PL Athlete	Team	Final
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1 Moore, Annie	Washington	2:15.80
2 Smith, Cassandra	Washington	2:16.00
3 Atchley, Skye	Washington	2:18.70
4 Lahman, Miranda	Western Washington	2:18.80
5 Sowers, Joanna	Northwest U.	2:20.80

Women's 1500 Meters  
Final

PL Athlete	Team	Final	Pts
1 Evans, Kayla	Washington	4:48.80	10
2 Reiter, Austen	Western Washington	4:50.21	8
3 O'Connor, Haley	Western Washington	4:51.37	6
4 Morgan, Megan	Washington	4:53.88	5
5 Huschka, Breanna	Washington	4:55.85	4
6 Crock, Erika	Saint Martin's	5:05.67	3
7 Sears, Emily	Northwest U.	5:05.68	2
8 Condon, Brenna	Western Washington	5:09.56	1
9 Thoreson, Sigrid	Northwest U.	5:11.96	
10 Anderson, Kelsey	Northwest U.	5:18.35	
11 Gundy, Sigourney	Western Washington	5:19.27	
12 Carlson, Oksana	Green River CC	5:35.24	
13 Bohart, Nikki	Green River CC	5:38.14	

Women's 5000 Meters  
Final

PL Athlete	Team	Final	Pts
1 Cundy, Rachel	Everett CC	17:39.50	10
2 Arrigoni, Catie	Everett CC	17:54.40	8
3 Steen, Katelyn	Western Washington	18:11.10	6
4 Sears, Emily	Northwest U.	19:28.80	5
5 Governor, Meagan	Northwest U.	19:41.70	4
6 Blue, Avery	Skagit Valley	19:51.60	3
7 Graham, Taylor	Western Washington	19:58.50	2
8 Thoreson, Sigrid	Northwest U.	20:23.80	1
9 Anderson, Kelsey	Northwest U.	20:47.20	
10 Garza, Sunny	Skagit Valley	20:51.90	
11 Wren, Mackenzie	Everett CC	21:11.90	
12 Bute, April	Skagit Valley	21:19.30	
13 Blaire Nelson, Shara	Skagit Valley	21:38.70	
14 Vuong, Phung	Everett CC	22:08.60	

Women's 10000 Meters  
Final

PL Athlete	Team	Final	Pts
1 Haneberg, Marren	Everett CC	38:21.9h	10
2 Rogers, Mary	Western Washington	39:32.4h	8
3 Cordy, Kristina	Everett CC	39:39.1h	6
4 Eldredge, Brenna	Everett CC	39:46.1h	5
5 McGee, Madeline	Western Washington	40:00.9h	4
6 Hoffman, Meghan	Western Washington	40:08.8h	3
7 Llapitan, Ashley	Saint Martin's	40:39.3h	2
8 Jalbert, Maddie	Western Washington	40:56.3h	1
Walton, Arielle	Western Washington	DNF	

Women's 100m Hurdle  
Final Wind: 0.0

PL Athlete	Team	Final	Pts
1 Pugh, Daje	Washington	14.72	10
2 Sophusson Smith, Nai	Washington	14.84	8
3 van Ryswyk, Kathryn	Ocean Athletics	14.96	6
4 McDonald, Alexandra	Western Washington	15.69	5
5 Dodd, Amber	Western Washington	16.73	4

Women's 400m Hurdle  
Final

PL Athlete	Team	Final	Pts
1 Ulrey, Sarah	Club Northwest	1:03.10	10
2 Harris, Nicole	Washington	1:05.00	8
3 Barrow, Laura	Western Washington	1:07.10	6
4 McDaniel, Ericka	Northwest U.	1:08.50	5
5 Hall, Kaisa	Northwest U.	1:17.10	4

Women's 4 x 100m Relay  
Final

PL Sq Team	Final	Pts
1 A Western Washington	48.21	10
2 A Saint Martin's	49.92	8
3 A Northwest U.	54.56	6

Women's 4 x 400m Relay  
Final

PL Sq Team	Final	Pts
1 A Western Washington	4:11.30	10
2 B Northwest U.	4:16.70	8
3 A Olympic College	4:39.50	6

## Women's High Jump

## Final

PL Athlete	Team	Final	English	Pts
1 Wright, Katelyn	Western Washington	1.60m	5' 3"	10
2 Overdick, Amanda	Western Washington	1.50m	4' 11"	8
3 Yoro, Taylor	Saint Martin's	1.45m	4' 9"	6
4 Dondrea, Charnie	Northwest U.	1.45m	4' 9"	5
5 Rovira, Amy	Western Washington	1.40m	4' 7"	4

## Women's Pole Vault

## Final

PL Athlete	Team	Final	English	Pts
1 Pinley, Cheyanna	Western Washington	3.70m	12' 1.50"	10
2 Anderson, Karis	Western Washington	3.55m	11' 7.75"	8
3 van Ryswyk, Kathryn	Ocean Athletics	3.40m	11' 1.75"	6
4 Rovira, Amy	Western Washington	3.25m	10' 8"	5
5 Graham, Bethany	Western Washington	3.10m	10' 2"	4
6 Puckett, Amy	Western Washington	2.95m	9' 8"	3
7 Topkins, Emily	Western Washington	2.65m	8' 8.25"	2
8 Ristow, Forrest	Skagit Valley	2.50m	8' 2.50"	
8 Samon, Coryna	Western Washington	2.50m	8' 2.50"	
10 Wheaton-Straub, Leah	Olympic College	1.90m	6' 2.75"	

## Women's Long Jump

## Final

PL Athlete	Team	Final	English	Pts
1 Reichert, Katie	Unattached	4.94m	16' 2.50"	
2 Kellogg, Stephanie	Saint Martin's	4.85m	15' 11"	10
3 Yanney, Shandel	Western Washington	4.64m	15' 2.75"	8
4 Alflen, Taylor	Western Washington	4.62m	15' 2"	6
5 Stigglebout, Chloe	Washington	4.55m	14' 11.25"	5
6 Destromp, Emma	Western Washington	4.51m	14' 9.75"	4
7 Wright, Katelyn	Western Washington	4.50m	14' 9.25"	3
8 DeCosta, Cymbree	Saint Martin's	4.46m	14' 7.75"	2
9 Dondrea, Charnie	Northwest U.	4.30m	14' 1.25"	1

## Women's Triple Jump

## Final

PL Athlete	Team	Final	English	Pts
1 Stigglebout, Chloe	Washington	10.45m	34' 3.50"	10
2 Yanney, Shandel	Western Washington	10.16m	33' 4"	8

## Women's Shot Put

## Final

PL Athlete	Team	Final	English	Pts
1 Toeaina, Alyx	Washington	12.75m	41' 10"	10
2 Coleman, Beverly	Washington	12.14m	39' 10"	8
3 Smith, Mackenzie	Western Washington	11.38m	37' 4"	6
4 Wick, Ami	Saint Martin's	11.15m	36' 7"	5
5 Burke, Corinne	Northwest U.	11.09m	36' 4.75"	4
6 Roe, Maggie	Western Washington	9.26m	30' 4.75"	3
7 Gremer, Emma	Western Washington	9.19m	30' 2"	2
8 Grothen, Chantal	Northwest U.	8.09m	26' 6.50"	1
9 Bacon, Kristine	Olympic College	7.54m	24' 9"	

## Women's Discus

## Final

PL Athlete	Team	Final	English	Pts
1 Alyea, Janell	UNAT-Trinity Luthera	46.66m	153' 1.25"	
2 Smith, Mackenzie	Western Washington	40.38m	132' 6"	10
3 Roe, Maggie	Western Washington	39.53m	129' 8.50"	8
4 Toeaina, Alyx	Washington	39.16m	128' 6"	6
5 Burke, Corinne	Northwest U.	34.16m	112' 1.25"	5
6 Bacon, Kristine	Olympic College	32.45m	106' 5.75"	4
7 Grothen, Chantal	Northwest U.	24.38m	80' 0"	3
8 Burke, Chantelle	Northwest U.	20.79m	68' 2.75"	2

## Women's Hammer

## Final

PL Athlete	Team	Final	English	Pts	HPL
1 Wells, Lindsay	Western Washington	51.17m	167' 10.75"	10	1
2 Botsis, Chanell	Kajaks T&F	48.00m	157' 6"	8	2
3 Alyea, Janell	UNAT-Trinity Luthera	46.15m	151' 5.25"	6	3
4 Coleman, Beverly	Washington	45.40m	148' 11.75"	6	4
5 Gravelle, Carolyn	Washington	44.90m	147' 4"	5	5
6 Rodgers, Angel	Everett CC	44.82m	147' 0.75"	4	6
7 Wick, Ami	Saint Martin's	43.93m	144' 1.75"	3	1
8 Covington, Autumn	Kajaks T&F	43.63m	143' 2"	2	7
9 Grewal, Manpreet	Kajaks T&F	42.90m	140' 9.25"	1	8
10 Carr, Ryley	Simon Fraser	40.80m	133' 10.50"		9
11 Havens, Jesse	Washington	38.53m	126' 5.25"		2
12 Watters, Jasmine	Saint Martin's	36.33m	119' 2.50"		3
13 Smith, Mackenzie	Western Washington	35.15m	115' 4.25"		4
14 Gremer, Emma	Western Washington	33.98m	111' 6"		5
15 Tua, Teiissa	Saint Martin's	33.26m	109' 1.75"		6
Covington, Asianna	Kajaks T&F	FOUL			



Women's Javelin  
Final

PL Athlete	Team	Final	English	Pts
1 Mueller, Ally	Washington	43.72m	143' 5.50"	10
2 Webber, Monica	Everett CC	35.43m	116' 3.25"	8
3 Burke, Corinne	Northwest U.	35.20m	115' 6"	6
4 Scholter, Hannah	Saint Martin's	30.20m	99' 1.25"	5
5 Lloyd, Michelle	Olympic College	30.01m	98' 5.75"	4
6 Aashiem, Alysa	Saint Martin's	29.68m	97' 4.75"	3
7 Grothen, Chantal	Northwest U.	26.80m	87' 11.50"	2
8 Burke, Chantelle	Northwest U.	25.97m	85' 2.75"	1

Women's Outdoor Heptathlon  
Final

PL Athlete	Pts	100m	HJ	SP	200m	LJ	JT	800m
1 Fettig, Tayler Central Washingt Team Points:10	3999	15.66 w:0.3 (756)	1.66m 5' 5.25" (806)	9.75m 32' 0" (513)	28.12 (621)	4.86m 15' 11.589" (522)	27.24m 4.75" (424)	3:00.91 4.75" (357)
2 Williams, Kelsi Olympic College Team Points:8	3351	16.83 w:0.3 (616)	1.36m 4' 5.50" (470)	8.16m 26' 9.25" (410)	27.23 (693)	4.58m 15' 0.5068" (448)	21.00m 11" (307)	2:55.60 (407)
3 Stralser, Emily Western Washingt Team Points:6	3191	18.11 w:0.3 (477)	1.36m 4' 5.50" (470)	6.98m 22' 11" (334)	28.25 (611)	4.75m 15' 7" (492)	21.30m 69' 10.7" (313)	2:47.13 (494)
4 Hawkins, Julia British Columbia Team Points:5	2989	19.30 w:0.3 (363)	1.51m 4' 11.5027" (632)	8.26m 1.25" (416)	29.03 (552)	4.86m 15' 11.5103" (522)	31.44m 2" (504)	
5 Guerard, Vanora British Columbia Team Points:4	2923	16.31 w:0.3 (677)	1.48m 4' 10.2526" (599)	7.92m 0" (394)	29.98 (483)	4.76m 15' 7.5063" (495)	19.24m 1.75" (275)	
6 Hearn, Britney British Columbia Team Points:3	2292	17.45 w:0.3 (547)	1.36m 4' 5.50" (470)	8.11m 7.25" (406)	28.68 (578)	0.00m NM (0)	20.10m 65' 11.5" (291)	

Women's 100m Hurdle  
Final

PL Athlete	Team	Final	HPL
1 Fettig, Tayler	Central Washington	15.66	1
2 Guerard, Vanora	British Columbia	16.31	1
3 Williams, Kelsie	Olympic College	16.83	2
4 Hearn, Britney	British Columbia	17.45	2
5 Stralser, Emily	Western Washington	18.11	3
6 Hawkins, Julia	British Columbia	19.30	4
Joy, Juliana	Central Washington	NT	

Women's 100m Hurdle  
Final Heat: 1 Wind: 0.3

PL Athlete	Team	Final
1 Fettig, Tayler	Central Washington	15.66
2 Williams, Kelsie	Olympic College	16.83
Joy, Juliana	Central Washington	NT

Women's 100m Hurdle  
Final Heat: 2 Wind: 0.3

PL Athlete	Team	Final
1 Guerard, Vanora	British Columbia	16.31
2 Hearn, Britney	British Columbia	17.45
3 Stralser, Emily	Western Washington	18.11
4 Hawkins, Julia	British Columbia	19.30

Women's High Jump  
Final

PL Athlete	Team	Final	English
1 Fettig, Tayler	Central Washington	1.66m	5' 5.25"
2 Hawkins, Julia	British Columbia	1.51m	4' 11.50"
3 Guerard, Vanora	British Columbia	1.48m	4' 10.25"
4 Stralser, Emily	Western Washington	1.36m	4' 5.50"
4 Hearn, Britney	British Columbia	1.36m	4' 5.50"
4 Williams, Kelsie	Olympic College	1.36m	4' 5.50"

Women's Shot Put  
Final

PL Athlete	Team	Final	English
1 Fettig, Tayler	Central Washington	9.75m	32' 0"
2 Hawkins, Julia	British Columbia	8.26m	27' 1.25"
3 Williams, Kelsie	Olympic College	8.16m	26' 9.25"
4 Hearn, Britney	British Columbia	8.11m	26' 7.25"
5 Guerard, Vanora	British Columbia	7.92m	26' 0"
6 Stralser, Emily	Western Washington	6.98m	22' 11"

Women's 200 Meters  
Final

PL Athlete	Team	Final
1 Williams, Kelsie	Olympic College	27.23
2 Fetting, Tayler	Central Washington	28.12
3 Stralser, Emily	Western Washington	28.25
4 Hearn, Britney	British Columbia	28.68
5 Hawkins, Julia	British Columbia	29.03
6 Guerard, Vanora	British Columbia	29.98

Women's Long Jump  
Final

PL Athlete	Team	Final	English
1 Fetting, Tayler	Central Washington	4.86m	15' 11.50"
1 Hawkins, Julia	British Columbia	4.86m	15' 11.50"
3 Guerard, Vanora	British Columbia	4.76m	15' 7.50"
4 Stralser, Emily	Western Washington	4.75m	15' 7"
5 Williams, Kelsie	Olympic College	4.58m	15' 0.50"
6 Hearn, Britney	British Columbia	0.00m	

Women's Javelin  
Final

PL Athlete	Team	Final	English
1 Hawkins, Julia	British Columbia	31.44m	103' 2"
2 Fetting, Tayler	Central Washington	27.24m	89' 4.75"
3 Stralser, Emily	Western Washington	21.30m	69' 10.75"
4 Williams, Kelsie	Olympic College	21.00m	68' 11"
5 Hearn, Britney	British Columbia	20.10m	65' 11.50"
6 Guerard, Vanora	British Columbia	19.24m	63' 1.75"

Women's 800 Meters  
Final

PL Athlete	Team	Final
1 Stralser, Emily	Western Washington	2:47.13
2 Williams, Kelsie	Olympic College	2:55.60
3 Fetting, Tayler	Central Washington	3:00.91