

**2012 Alberta Indoor Games - 2012-02-11 to 2012-02-12**  
**Senior, Relays & Combined Event Championships**  
**Universiade Pavillion, Edmonton, Alberta**  
**Results**

**Girls 4x100 Metre Relay Bantam**

Team	Seed	Finals	H#
<b>Finals</b>			
1 St. Albert Track Club 'A'		59.06	2
1) 527 Alyssa Miller 99	2) 528 Emma Murchison 00		
3) 510 Madelyn Curle 99	4) 532 Sydney Parkinson 99		
2 St. Albert Track Club 'B'		1:04.12	1
1) 507 Kaylee Bogart 99	2) 521 Lenae Keane 99		
3) 524 Camryn Marcichiw 99	4) 537 Nicole Strytveen 99		
3 Edmonton Harriers 'A'	59.48	1:04.74	2
1) 344 Madison Ford 02	2) 353 Sofia Quinteros 02		
3) 342 Olivia Cooper 01	4) 350 Laike Maisonneuve 99		
4 Airdrie Aces Athletics Club 'A'		1:06.47	2
1) 112 Sam Rajah 01	2) 110 Courtney Johnson 00		
3) 108 Grace Gwozd 99	4) 104 Brooklyn Brabant 00		
5 St. Albert Track Club 'C'		1:06.62	1
1) 514 Cassandra Duncan 00	2) 525 Sarah Marklund 00		
3) 536 Gretta Schneider 00	4) 517 Danielle Fisher 00		
-- Edmonton Columbians 'A'		DQ	2 Rule #163.3
1) 307 Julianna Freed 00	2) 301 Danielle Albert 01		
3) 328 Venus Sabourin 02	4) 314 Andrea Jokic 00		
-- Spruce Avenue School 'A'		DNS	2

**Girls 4x200 Metre Relay Bantam**

Team	Seed	Finals	H#
1 St. Albert Track Club 'A'		2:00.35	2
1) 527 Alyssa Miller 99	2) 528 Emma Murchison 00		
3) 510 Madelyn Curle 99	4) 532 Sydney Parkinson 99		
2 St. Albert Track Club 'B'		2:12.36	1
1) 507 Kaylee Bogart 99	2) 521 Lenae Keane 99		
3) 524 Camryn Marcichiw 99	4) 537 Nicole Strytveen 99		
3 Edmonton Columbians 'A'		2:14.27	2
1) 328 Venus Sabourin 02	2) 338 Candace Wonago 01		
3) 301 Danielle Albert 01	4) 331 Tristan Sinnatamby 00		
4 Caltaf Athletic Association 'A'	2:02.88	2:14.30	2
1) 197 Grace Hilton 99	2) 223 Emily Stirling 01		
3) 206 Cameron Knowles 99	4) 239 Lauren Yardley 99		
5 Airdrie Aces Athletics Club 'A'		2:15.72	2
1) 112 Sam Rajah 01	2) 110 Courtney Johnson 00		
3) 108 Grace Gwozd 99	4) 104 Brooklyn Brabant 00		
6 Edmonton Harriers 'A'	2:22.70	2:16.06	2
1) 344 Madison Ford 02	2) 353 Sofia Quinteros 02		
3) 342 Olivia Cooper 01	4) 350 Laike Maisonneuve 99		
7 St. Albert Track Club 'C'		2:21.32	1
1) 514 Cassandra Duncan 00	2) 525 Sarah Marklund 00		
3) 536 Gretta Schneider 00	4) 517 Danielle Fisher 00		

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**Girls 800 Sprint Medley 2-1-1-4 Bantam**

200-100-100-400

Team	Seed	Finals	H#
1 St. Albert Track Club 'A'		2:12.35	2
1) 527 Alyssa Miller 99	2) 528 Emma Murchison 00		
3) 532 Sydney Parkinson 99	4) 510 Madelyn Curle 99		
2 Leduc Track Club 'A'		2:13.67	2
3 Edmonton Harriers 'A'		2:18.15	2
1) 350 Laike Maisonneuve 99	2) 344 Madison Ford 02		
3) 353 Sofia Quinteros 02	4) 342 Olivia Cooper 01		
4 Edmonton Columbians 'A'		2:19.63	2
1) 331 Tristan Sinnatamby 00	2) 307 Julianna Freed 00		
3) 314 Andrea Jokic 00	4) 338 Candace Wonago 01		
5 St. Albert Track Club 'B'		2:25.88	1
1) 507 Kaylee Bogart 99	2) 521 Lenae Keane 99		
3) 524 Camryn Marcichiw 99	4) 537 Nicole Strytveen 99		
6 Airdrie Aces Athletics Club 'A'		2:31.82	2
1) 104 Brooklyn Brabant 00	2) 112 Sam Rajah 01		
3) 108 Grace Gwozd 99	4) 110 Courtney Johnson 00		
7 Spruce Avenue School 'A'		X2:44.47	1
1) 505 Lily Chau 99	2)		
3) 506 Mary Mony 99	4) 504 Sumayyah Bakare 98		
-- St. Albert Track Club 'C'		DNS	1
1) 536 Gretta Schneider 00	2) 517 Danielle Fisher 00		
3) 514 Cassandra Duncan 00	4) 525 Sarah Marklund 00		

**Women 60 Metre Hurdles Senior**

60mH - 0.84, 13, 8.5 yellow

Prov. Indoor: # 7.96 2009-02-13 Angela Whyte (80), UNA; Paris, France

Prov. Under: & 7.96 2008-02-01 Angela Whyte (80), UNA; Moscow, ID

Name	Year Team	Seed	Finals
1 623 Melissa Breland	89 U of Calgary	8.99	9.18
2 670 Amanda Schneck	88 Voleo	9.08	9.55
3 632 Samme Groenveld	91 U of Calgary	9.96	9.74

**Women Weight Throw 9.08kg Senior**

Weight Throw: 20 lb

Prov. Indoor: # 20.28m 2011-03-04 Heather Steacy (1988), CHIN; Winnipeg

Prov. Under: & 17.93m 2008-03-06 Heather Steacy (88), CHIN; Edmonton,

Name	Year Team	Seed	Finals
1 597 Abi Bello	91 U of Alberta		12.33m
FOUL 12.33m	FOUL 11.22m	10.71m	FOUL

**Indoor Pentathlon: #5 Women 800 Metre Run Senior Indoor Pentathlon**

May be re-seeded at discretion of  
the Combined Events Referee.

Name	Year Team	Finals	Points
1 642 Rachael McIntosh	91 U of Calgary	2:17.52	858

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**....Indoor Pentathlon: #5 Women 800 Metre Run Senior Indoor Pentathlon**

2	668	Natasha Miller	89	Valley Royals	2:17.57	857
--	644	Hali Morrison	89	U of Calgary	DNF	

**Indoor Pentathlon: #1 Women 60 Metre Hurdles Senior Indoor Pentathlon**

60mH 0.84, 13, 8.5 yellow

Name	Year	Team	Finals	Points		
1	668	Natasha Miller	89	Valley Royals	8.72	969
2	642	Rachael McIntosh	91	U of Calgary	8.95	920
3	644	Hali Morrison	89	U of Calgary	10.18	679

**Indoor Pentathlon: #2 Women High Jump Senior Indoor Pentathlon**

Name	Year	Team	Finals	Points		
1	668	Natasha Miller	89	Valley Royals	1.79m	966
					1.67 1.70 1.73 1.76 1.79 1.82	
					O O O O XO XXX	
2	642	Rachael McIntosh	91	U of Calgary	1.64m	783
					1.58 1.61 1.64 1.67	
					XO O XO XXX	
3	644	Hali Morrison	89	U of Calgary	1.40m	512
					1.40 1.43	
					XO XXX	

**Indoor Pentathlon: #4 Women Long Jump Senior Indoor Pentathlon**

Name	Year	Team	Finals	Points		
1	642	Rachael McIntosh	91	U of Calgary	5.98m	843
					FOUL 5.46m 5.98m	
2	668	Natasha Miller	89	Valley Royals	5.92m	825
					5.82m 5.92m PASS	
3	644	Hali Morrison	89	U of Calgary	4.84m	516
					4.84m FOUL FOUL	

**Indoor Pentathlon: #3 Women Shot Put 4kg Senior Indoor Pentathlon**

Name	Year	Team	Finals	Points		
1	642	Rachael McIntosh	91	U of Calgary	12.03m	663
					12.03m PASS PASS	
2	644	Hali Morrison	89	U of Calgary	9.96m	527
					9.60m 9.96m 9.08m	
3	668	Natasha Miller	89	Valley Royals	9.83m	518
					9.83m PASS PASS	

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**Women Indoor Pentathlon Senior**

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Prov. Indoor: # 4386 2007-02-23 Jessica Zelinka (1981), UofC; Winnipeg
Prov. Under: & 3705 2002-01-27 Samantha Anderson (82)
Name Year Team Seed Finals
=====
1 668 Natasha Miller 89 Valley Royals 4135&
2 642 Rachael McIntosh 91 U of Calgary 4067&
3 644 Hali Morrison 89 U of Calgary 2755 2234
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**Women 60 Metre Hurdles .84m/8.5m Junior**

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60mH - 0.84, 13, 8.5 yellow
.84m/13.0 to first/8.5m between
Prov. Indoor: # 8.74 2005-03-05 Heather Bergland (87), EH; Edmonton AB
Prov. Under: & 8.74 2005-03-05 Heather Bergland (87), EH; Edmonton, A
Name Year Team Seed Finals
=====
1 179 Nicky Charlesworth 94 Caltaf 8.67 8.86
2 348 Alexa Hrycun 94 Edmonton Harriers 9.08 9.13
3 196 Melissa Hazen 94 Caltaf 9.77 9.56
4 558 Kelly Ann Meeuwiss 94 UCAC 10.00
5 247 Hayley Kotyk 93 Cap 11.91
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**Indoor Pentathlon: #5 Women 800 Metre Run Junior Indoor Pentathlon**

May be re-seeded at discretion of  
the Combined Events Referee.

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Name Year Team Finals Points
=====
1 502 Astrid Nyame 94 Split City Sonics 3:09.67 281
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**Indoor Pentathlon: #1 Women 60 Metre Hurdles Junior Indoor Pentathlon**

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=====
60mH 0.84, 13, 8.5 yellow
Name Year Team Finals Points
=====
1 502 Astrid Nyame 94 Split City Sonics 10.06 701
=====

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**Indoor Pentathlon: #2 Women High Jump Junior Indoor Pentathlon**

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=====
Name Year Team Finals Points
=====
1 502 Astrid Nyame 94 Split City Sonics 1.49m 610
1.40 1.43 1.46 1.49 1.52
O XO O O XXX
=====

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**Indoor Pentathlon: #4 Women Long Jump Junior Indoor Pentathlon**

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=====
Name Year Team Finals Points
=====
1 502 Astrid Nyame 94 Split City Sonics 5.19m 612
FOUL 5.01m 5.19m
=====

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**Indoor Pentathlon: #3 Women Shot Put 4kg Junior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 502 Astrid Nyame	94 Split City Sonics	7.73m	382
7.54m 7.73m 6.97m			

**Women Indoor Pentathlon Junior**

Name	Year Team	Seed	Finals
1 502 Astrid Nyame	94 Split City Sonics		2586

**Women 300 Metre Run Youth**

Name	Year Team	Seed	Finals	H#
Prov. Indoor: # 24.65 1992-02-16 Mame Twumasi (1975), CS; Saskatoon SK				
Prov. Under: & 24.78 1981-01-03 Jillian Richardson (65), CS; Edmonton, AB				
1 198 Ellie Hirst	95 Caltaf	42.50	40.79	2
2 242 Natasha Brown	96 Cap	42.20	41.09	2
3 149 Sierra Sherman	95 Calgary Spartans	42.68	42.61	2
4 562 Katie Owens	95 UCAC		44.41	1
5 556 Jacqueline McCowan	95 UCAC	44.59	44.49	2
6 341 Rachel Bryant	95 Edmonton Harriers	44.40	44.65	2
7 565 Nichelle Ryan	95 UCAC	42.50	45.02	2
8 191 Jasmine Galey	95 Caltaf	45.00	45.11	2
9 262 Jaclyn Roszell	96 Cap		45.97	1
10 150 Breanna Turner	95 Calgary Spartans	45.58	46.34	1
11 127 Melissa Avila	95 Calgary Spartans	47.21	46.72	1
-- 443 Megan Donkersgoed	95 Lethbridge Track		DNS	1
-- 327 Maissa Sabourin	96 Edmonton Columbians		DNS	1
-- 312 Serena Hasham	95 Edmonton Columbians		SCR	

**Women 1000 Metre Run Youth**

Name	Year Team	Seed	Finals
Prov. Indoor: # 2:06.8h 1974-02-09 Linda Halverson (1954), CS; Edmonton			
1 440 Natasha Smallwood	96 Leduc Track Club	3:14.33	3:04.30
2 306 Hayley Francois	95 Edmonton Columbians	3:05.00	3:08.30
3 173 Claudia Belanger	96 Caltaf	3:15.00	3:10.26
4 177 Katelyn Campbell	95 Caltaf	3:18.00	3:17.42
5 337 Mia Walker	95 Edmonton Columbians		3:18.01
6 352 Gemma Moran	96 Edmonton Harriers	3:23.19	3:18.05
7 457 Nicole Kitt	96 NEAT	3:10.50	3:18.67
8 134 Natasha Garraway	95 Calgary Spartans	3:30.58	3:24.68
9 220 Kendall Seasons	95 Caltaf		3:29.45
-- 251 Kaitlyn MacGregor	96 Cap		SCR

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**Women 3000 Metre Run Youth**

Name	Year	Team	Seed	Finals
Prov. Indoor: # 9:36.63 1985-03-02 Jennifer Christensen (1968), CAL; Wi				
Prov. Under: & 9:52.97 1984-03-11 Jennifer Christensen (68), CAL; Edmo				
Name	Year	Team	Seed	Finals
1 354 Skye Russell	96	Edmonton Harriers	10:47.96	10:24.27
2 347 Rayna Howlett	96	Edmonton Harriers		12:03.24

**Women 60 Metre Hurdles .76m/8.5m Youth**

Name	Year	Team	Seed	Finals
60mH - 0.76, 13, 8.5 yellow				
.76m/13.0m to first /8.5m between				
Prov. Indoor: # 8.77 2004-03-07 Heather Bergland (87), EH; Edmonton A				
Prov. Under: & 8.87 2009-12-05 Nicola Charlesworth (94), CAL; Calgary				
Name	Year	Team	Seed	Finals
1 156 Madison Evans	96	Calgary Warriors	9.45	9.68
2 555 Ashley Maylan	95	UCAC		9.88
3 495 Tatjhannah Josutte	96	Split City Sonics	9.59	9.96
4 461 Lindsey Macdonald	95	NEAT		10.32
5 192 Lauren Garnett	95	Caltaf	10.71	10.63
6 407 Samantha Mackie	96	Edmonton Thunder	10.95	11.04

**Women 4x200 Metre Relay Youth**

Team	Year	Team	Seed	Finals
Prov. Indoor: # 1:43.5h 1980-02-10 Calgary Spartans, Edmonton, AB				
Prov. Under: & 1:46.9h 1975-01-18 EOC, Edmonton, AB				
Team	Year	Team	Seed	Finals
1 Capital City Track Club 'A'			1:46.52	1:49.76
1) 242 Natasha Brown 96		2) 262 Jaclyn Roszell 96		
3) 263 Madison Seebach 95		4) 241 Maddison Brose 96		
2 U of C Athletics Club 'A'				1:50.87
1) 565 Nichelle Ryan 95		2) 556 Jacqueline McCowan 95		
3) 555 Ashley Maylan 95		4) 562 Katie Owens 95		
3 Calgary Warriors Track Club 'A'				1:53.59
1) 170 Jennifer Yackel 96		2) 157 Sinclaire Fischer 96		
3) 161 Sydney Krill 95		4) 156 Madison Evans 96		
4 Caltaf Athletic Association 'A'			1:51.88	1:53.91
1) 186 Antha Dietrich-Henderson 96		2) 191 Jasmine Galey 95		
3) 192 Lauren Garnett 95		4) 203 Jessica Kalmakoff 95		
5 Edmonton Harriers 'A'			1:59.20	1:58.71
1) 676 Danielle Baker 97		2) 352 Gemma Moran 96		
3) 347 Rayna Howlett 96		4) 354 Skye Russell 96		

**Women 1600 Sprint Medley 4-2-2-8 Youth**

Team	Year	Team	Seed	Finals
400-200-200-800				
Team	Year	Team	Seed	Finals
1 Edmonton Harriers 'A'				4:29.18
1) 352 Gemma Moran 96		2) 351 Emily McGoey 98		
3) 676 Danielle Baker 97		4) 354 Skye Russell 96		
2 Caltaf Athletic Association 'A'				4:34.27
1) 191 Jasmine Galey 95		2) 236 Emily Wilson-Bodnar 96		

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**....Women 1600 Sprint Medley 4-2-2-8 Youth**

3) 186 Antha Dietrich-Henderson 96	4) 173 Claudia Belanger 96	
3 Caltaf Athletic Association 'B'		4:37.94
1) 220 Kendall Seasons 95	2) 192 Lauren Garnett 95	
3) 203 Jessica Kalmakoff 95	4) 177 Katelyn Campbell 95	
4 Calgary Warriors Track Club 'A'		4:38.69
1) 161 Sydney Krill 95	2) 170 Jennifer Yackel 96	
3) 156 Madison Evans 96	4) 157 Sinclair Fischer 96	
5 Capital City Track Club 'A'		4:46.01
1) 242 Natasha Brown 96	2) 262 Jaclyn Roszell 96	
3) 263 Madison Seebach 95	4) 251 Kaitlyn MacGregor 96	

**Women High Jump Youth**

=====  
Prov. Indoor: # 1.88m 1988-02-21 Coralea Brown (1972), SPC; Windsor, ON  
Prov. Under: & 1.88m 1988-02-21 Coralea Brown (72), SPC; Windsor, ON  
Name Year Team Seed Finals  
=====

1	451 Tiana Pisoni	96 MEDI	1.53m	1.56m
	1.40 1.45 1.50 1.53 1.56 1.59			
	O O O O O XXX			
2	443 Megan Donkersgoed	95 Lethbridge Track	1.58m	J1.56m
	1.40 1.45 1.50 1.53 1.56 1.59			
	O O O XO XO XXX			
3	495 Tatjhannah Josutte	96 Split City Sonics	1.50m	1.50m
	1.40 1.45 1.50 1.53			
	O XO O XXX			
4	442 Chelsea Donkersgoe	96 Lethbridge Track	1.56m	1.45m
	1.40 1.45 1.50			
	O O XXX			
5	461 Lindsey Macdonald	95 NEAT	1.50m	J1.45m
	1.40 1.45 1.50			
	O XO XXX			
6	183 Jillian Cowan	96 Caltaf		1.30m
	1.10 1.20 1.30 1.40			
	O O XO XXX			

**Women Long Jump Youth**

=====  
Prov. Indoor: # 6.10m 2010-03-13 Niki Oudenaarden (94), EOC; Edmonton,  
Prov. Under: & 6.10m 2010-03-13 Niki Oudenaarden (94), EOC; Edmonton,  
Name Year Team Seed Finals  
=====

1	451 Tiana Pisoni	96 MEDI	5.16m	4.87m
	4.69m 4.87m 4.80m 4.77m 4.80m 4.82m			
2	495 Tatjhannah Josutte	96 Split City Sonics		4.78m
	FOUL 4.78m 4.67m 4.74m 4.68m 4.72m			
3	461 Lindsey Macdonald	95 NEAT	5.02m	4.67m
	4.67m 4.33m 4.60m 4.57m 4.61m 4.48m			
4	186 Antha Dietrich-Hen	96 Caltaf	3.92m	J4.67m
	4.38m 4.28m 4.46m 4.55m 4.67m 3.87m			
5	493 Jacquelyn Davidson	95 Split City Sonics		4.63m
	4.08m 4.53m 4.63m 4.30m 4.30m 4.44m			
6	442 Chelsea Donkersgoe	96 Lethbridge Track	4.72m	4.58m
	4.58m FOUL 4.50m 4.37m 4.28m 4.44m			

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**....Women Long Jump Youth**

7	475 Jordan Huston	96 Red Deer Titans	4.44m
	4.40m 4.33m 3.92m 4.44m FOUL 4.35m		
8	327 Maissa Sabourin	96 Edmonton Columbians	4.23m 4.09m
	4.09m FOUL 4.07m FOUL 3.79m 3.88m		

**Women Shot Put 3kg Youth**

Weight of shot: 3 kg

Prov. Indoor: # 12.72m 2009-02-15 Leah Walkeden (93), EH; Edmonton, AB

Prov. Under: &amp; 12.72m 2009-02-15 Leah Walkeden (93), EH; Edmonton, AB

Name	Year	Team	Seed	Finals
1	496 Grace Kinley	95 Split City Sonics		9.27m
	9.27m 8.22m 8.93m 8.46m 8.06m FOUL			
2	216 Alanna Pearson	95 Caltaf		7.58m
	7.58m 6.80m 6.76m 6.97m 7.31m 7.33m			
--	327 Maissa Sabourin	96 Edmonton Columbians		DNS

**Women Weight Throw 7.26kg Youth**

Weight Throw: 16 lb

Prov. Indoor: # 16.18m 2003-03-09 Heather Steacy (1988), CITC; Edmonton

Prov. Under: &amp; 16.18m 2003-03-09 Heather Steacy (88), CHIN; Edmonton,

Name	Year	Team	Seed	Finals
1	496 Grace Kinley	95 Split City Sonics		8.82m
	8.51m 8.82m 8.75m 7.37m FOUL FOUL			

**Women 300 Metre Run Midget**

Prov. Indoor: # 25.25 1987-03-08 Cheryl Allen (1972), EOC; Edmonton AB

Prov. Under: &amp; 25.81 1986 Cheryl Allen (1972)

Name	Year	Team	Seed	Finals	H#
1	256 Gracia Muamba	98 Cap		42.68	1
2	509 Emma Curle	97 SATC	43.40	43.50	3
3	152 Tegan Wilson	97 Calgary Spartans	43.42	43.67	3
4	467 Alisi Ratudradra	99 Passtrak		X45.58	1
5	427 Noelle Cakmak	97 Leduc Track Club	45.31	45.70	3
6	444 Hailey Driscoll	97 Lethbridge Track		45.97	1
7	330 Tiana Sinnatamby	97 Edmonton Columbians	46.60	46.63	3
8	311 Aryssa Hasham	97 Edmonton Columbians		46.84	2
9	464 Mienna Starosielsk	98 NEAT		46.96	2
10	438 Chava Parmar	97 Leduc Track Club	47.35	47.50	3
11	119 Sarah Chmilar	98 Calgary Olympic	49.24	49.40	3
12	472 Mattison Dewald	97 Red Deer Titans		49.89	2
13	435 Emma Kern	98 Leduc Track Club		51.86	2
14	519 Shaelyn Gupta	98 SATC		53.20	1
15	237 Kiannah Wright	98 Caltaf	57.28	54.91	2
--	332 Kiley Sweeney	97 Edmonton Columbians		DNS	2
--	505 Lily Chau	99 SPRU		XDNS	2
--	449 Maryne Glas	98 MEDI	46.30	SCR	



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**Women 600 Metre Run Midget**

Name	Year Team	Seed	Finals	H#
-- 449 Maryne Glas	98 MEDI	1:58.40	SCR	
-- 158 Sarah Halliwell	98 Calgary Warriors	2:06.00	SCR	

**Women 1000 Metre Run Midget**

Prov. Indoor: #	Name	Year Team	Seed	Finals
2:16.15	Jennifer Koelbl (1975), CAP; Edmonton	1990-03-03		
1	569 Laurin Thorne	97 UCAC	3:05.00	3:03.80
2	428 Ginelle DeMone	98 Leduc Track Club	3:21.31	3:12.31
3	436 Madison Oxtan	97 Leduc Track Club	3:17.83	3:12.69
4	351 Emily McGoey	98 Edmonton Harriers		3:20.55
5	224 Marissa Stirling	98 Caltaf	3:22.63	3:28.69
6	197 Grace Hilton	99 Caltaf	3:31.36	X3:29.16
7	431 Sierra Halwa	97 Leduc Track Club		3:30.48
8	238 Caitlin Yardley	98 Caltaf	3:40.46	3:34.89
9	239 Lauren Yardley	99 Caltaf	3:41.68	X3:35.50
10	208 Madeline Lee	98 Caltaf	3:52.09	3:46.68
11	206 Cameron Knowles	99 Caltaf	3:57.39	X3:54.96
12	476 Abigail Kelly	97 Red Deer Titans		4:04.72
--	505 Lily Chau	99 SPRU		XDNF
--	324 Dharma Oszust	98 Edmonton Columbians		SCR

**Women 1200 Metre Run Midget**

Prov. Indoor: #	Name	Year Team	Seed	Finals
3:51.53	Lorin Thorne (97), UCAC; Edmonton, A	2011-02-12		
3:51.53	Lorin Thorne (97), UCAC; Edmonton, A	2011-02-12		
--	464 Mienna Starosielsk	98 NEAT	4:18.65	SCR
--	449 Maryne Glas	98 MEDI	4:20.95	SCR

**Women 60 Metre Hurdles .76m/8m Midget**

Name	Year Team	Seed	Finals
60mH - 0.76, 12, 8 green			
.76m/12.0m to first/ 8.0m between			
Prov. Indoor: #	9.20	2010-12-04	Deshaunda Morrison (95), CW; Calgary,
Prov. Under: &	9.33	1994-12-10	Jessica King (80), CAL; Edmonton, AB
1	466 Cameo Hanlon	98 Passtrak	10.93 10.53
2	180 Emma Chong	98 Caltaf	10.69
3	309 Hannah Hammond	98 Edmonton Columbians	10.73
4	497 Stephanie Kretzer	97 Split City Sonics	11.12
5	224 Marissa Stirling	98 Caltaf	11.19
6	331 Tristan Sinnatamby	00 Edmonton Columbians	X11.53
7	330 Tiana Sinnatamby	97 Edmonton Columbians	12.29 11.94
8	324 Dharma Oszust	98 Edmonton Columbians	11.96
9	359 Kassandra Hordal	00 EITC	X12.58

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**Women 4x200 Metre Relay Midget**

Team	Seed	Finals
1 Calgary Warriors Track Club 'A'		1:56.28
1) 165 Liv Price 98	2) 160 Morgan Kravtsov 98	
3) 163 Rachel Mathieson 98	4) 171 Katelyn Yackel 98	
2 Caltaf Athletic Association 'A'	2:00.85	1:59.97
1) 180 Emma Chong 98	2) 200 Mia Hull 98	
3) 193 Dana Gerlitz 97	4) 224 Marissa Stirling 98	
-- Edmonton Columbians 'A'		SCR

**Women 1600 Sprint Medley 4-2-2-8 Midget**

Team	Seed	Finals
1 Leduc Track Club 'A'		4:38.69
2 Calgary Warriors Track Club 'A'		4:44.96
1) 171 Katelyn Yackel 98	2) 165 Liv Price 98	
3) 163 Rachel Mathieson 98	4) 671 Ellie Thomas 98	
3 Caltaf Athletic Association 'A'		5:18.35
1) 238 Caitlin Yardley 98	2) 208 Madeline Lee 98	
3) 237 Kiannah Wright 98	4) 224 Marissa Stirling 98	
-- Edmonton Columbians 'A'		DNS

**Women High Jump Midget**

Name	Year Team	Seed	Finals
1 504 Sumayyah Bakare	98 SPRU		1.40m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.42			
O O O O O XO O XO XXO XXX			
2 180 Emma Chong	98 Caltaf	1.20m	1.35m
1.20 1.25 1.30 1.35 1.40			
O O O XO XXX			
3 330 Tiana Sinnatamby	97 Edmonton Columbians	1.31m	J1.35m
1.15 1.20 1.25 1.30 1.35 1.40			
O O O O XXO XXX			
4 464 Mienna Starosielsk	98 NEAT	1.40m	J1.35m
1.25 1.30 1.35 1.40			
O XO XXO XXX			
5 119 Sarah Chmilar	98 Calgary Olympic		1.20m
1.00 1.05 1.10 1.15 1.20 1.25			
O O O XXO XXO XXX			
-- 456 Hannah Dupuis	98 NEAT	1.45m	DNS
-- 332 Kiley Sweeney	97 Edmonton Columbians	1.35m	DNS
-- 141 Sarah McManus	98 Calgary Spartans	1.20m	DNS
-- 309 Hannah Hammond	98 Edmonton Columbians		SCR
-- 109 Katie Hillson	98 Airdrie Aces		SCR

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**Women Long Jump Midget**

Prov. Indoor: # 5.55m 1981-12-13 Joanne Otto (1961), EOC; Edmonton AB						
Prov. Under: & 5.49m 2008-03-01 Niki Oudenaarden (94), EOC; Edmonton,						
Name	Year	Team	Seed	Finals		
1	152	Tegan Wilson	97 Calgary Spartans	4.99m	5.08m	
		4.86m 4.83m 4.88m 4.93m 4.93m 5.08m				
2	466	Cameo Hanlon	98 Passtrak	4.70m	4.75m	
		4.49m FOUL 4.51m 4.44m 4.50m 4.75m				
3	497	Stephanie Kretzer	97 Split City Sonics		4.58m	
		4.26m 4.26m 4.58m 4.24m 4.54m 3.80m				
4	256	Gracia Muamba	98 Cap		4.56m	
		4.40m 4.48m 4.50m 4.49m FOUL 4.56m				
5	464	Mienna Starosielsk	98 NEAT	4.49m	4.46m	
		4.42m 4.14m 4.31m 4.16m 4.34m 4.46m				
6	428	Ginelle DeMone	98 Leduc Track Club		4.36m	
		4.13m 4.27m FOUL 4.10m 4.31m 4.36m				
7	472	Mattison Dewald	97 Red Deer Titans		4.29m	
		FOUL FOUL 4.22m 4.29m 4.14m FOUL				
8	436	Madison Oxtton	97 Leduc Track Club	4.19m	4.26m	
		3.21m 4.26m FOUL 4.12m 4.04m 4.05m				
9	450	Kalista Pisoni	98 MEDI	3.63m	4.19m	
		3.98m 4.19m 3.97m				
10	438	Chava Parmar	97 Leduc Track Club		4.17m	
		4.02m 4.17m 3.80m				
11	385	Jade Kerner	98 Edmonton Royals T&F		4.15m	
		4.04m 4.15m FOUL				
12	467	Alisi Ratudradra	99 Passtrak	4.21m	X4.12m	
		FOUL FOUL 4.12m				
13	504	Sumayyah Bakare	98 SPRU		4.02m	
		4.02m 3.70m 4.01m				
14	330	Tiana Sinnatamby	97 Edmonton Columbians	4.07m	3.97m	
		FOUL 3.65m 3.97m				
15	359	Kassandra Hordal	00 EITC		X3.70m	
		3.48m 3.36m 3.70m				
16	109	Katie Hillson	98 Airdrie Aces		3.65m	
		3.65m 3.36m 3.16m				
17	293	River Waskahat	97 Cncs Knights		3.02m	
		2.94m 3.01m 3.02m				
18	506	Mary Mony	99 SPRU		X2.58m	
		2.58m 2.57m FOUL				
--	332	Kiley Sweeney	97 Edmonton Columbians		DNS	
--	456	Hannah Dupuis	98 NEAT	4.19m	DNS	

**Women Shot Put 3kg Midget**

Weight of shot: 3 kg						
Prov. Indoor: # 12.00m 2009-02-15 Niki Oudenaarden, EOC; Edmonton, AB						
Prov. Under: & 11.72m 2008-11-29 Niki Oudenaarden (94), EOC; Edmonton,						
Name	Year	Team	Seed	Finals		
1	200	Mia Hull	98 Caltaf		9.39m	
		8.75m 9.39m 8.91m 0.88m 9.19m 8.88m				
2	309	Hannah Hammond	98 Edmonton Columbians		8.46m	
		7.97m 7.80m 8.35m 8.46m 8.33m 7.19m				

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**....Women Shot Put 3kg Midget**

3	324 Dharma Oszust	98	Edmonton Columbians				8.44m
	8.02m 8.11m 8.02m 8.28m 8.05m 8.44m						
4	193 Dana Gerlitz	97	Caltaf		7.59m		8.27m
	8.27m 8.00m 8.10m 8.19m 7.56m 7.64m						
4	472 Mattison Dewald	97	Red Deer Titans				8.27m
	7.07m 7.17m 7.64m 8.27m 8.08m 8.14m						
6	504 Sumayyah Bakare	98	SPRU				6.88m
	6.76m 6.82m 6.64m 6.88m 6.80m FOUL						
7	283 Alyssa Paul	97	Cncs Knights				5.84m
	5.30m 5.72m 5.07m 5.13m 5.53m 5.84m						
8	290 Demaise Singer	97	Cncs Knights				5.42m
	FOUL 4.99m 5.14m 5.29m FOUL 5.42m						
9	109 Katie Hillson	98	Airdrie Aces				5.11m
	5.11m FOUL 3.46m						
--	141 Sarah McManus	98	Calgary Spartans				DNS
--	505 Lily Chau	99	SPRU				XDNS
--	456 Hannah Dupuis	98	NEAT		7.30m		DNS
--	293 River Waskahat	97	Cncs Knights				SCR

**Women Weight Throw 7.26kg Midget**

Weight Throw: 16 lb

Prov. Indoor: # 16.18m 2003-03-09 Heather Steacy (1988), CHIN; Edmonton  
 Prov. Under: & 14.83m 2002-11-30 Heather Steacy (88), CHIN; Edmonton,

Name	Year	Team	Seed	Finals	
1	200	Mia Hull	98	Caltaf	6.63m
		FOUL 6.22m 6.63m 6.52m 6.24m FOUL			
2	193	Dana Gerlitz	97	Caltaf	6.61m
		5.51m 4.90m 6.24m 6.59m 6.61m 6.56m			
3	283	Alyssa Paul	97	Cncs Knights	6.60m
		6.58m 6.60m 6.20m 6.24m 6.10m 0.55m			
4	290	Demaise Singer	97	Cncs Knights	5.77m
		5.33m 5.13m 5.77m 5.20m 4.62m 4.86m			
5	293	River Waskahat	97	Cncs Knights	5.12m
		2.74m FOUL 4.54m 4.65m 5.12m 4.57m			
6	237	Kiannah Wright	98	Caltaf	4.58m
		3.67m 3.76m 3.94m 4.30m 3.57m 4.58m			

**Women 4x200 Metre Relay Master 35-49**

Team	Seed	Finals	H#
-- Edmonton Columbians 'A'			SCR

**Women 300 Metre Run Open**

Name	Year	Team	Seed	Finals	H#
1	640	Kelsey Lotwin	89	U of Calgary	40.87 3
2	609	Kirklin Maclise	91	U of Alberta	41.21 3
3	348	Alexa Hrycun	94	Edmonton Harriers	42.80 2
4	253	Katrina Martin	94	Cap	41.60 3
5	321	Amanda Ntiamoah	92	Edmonton Columbians	43.44 2

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**....Women 300 Metre Run Open**

6	554	Kristi Kublik	86	UCAC	42.00	42.87	2
7	634	Mariah Hensel	93	U of Calgary	41.00	42.88	3
8	571	Joanna Wilson	94	UCAC	44.28	43.22	2
9	653	Emily Brown	89	UL	44.69	44.04	1
10	319	Kayla Lee Pong	94	Edmonton Columbians		44.30	1
11	670	Amanda Schneck	88	Voleo	43.20	44.32	2
12	561	Kaley Ogilvy	94	UCAC	45.74	44.61	1
13	570	Carly Williams	94	UCAC	45.80	45.08	1
14	135	Katelyn Hunerfauth	93	Calgary Spartans	47.65	49.40	1
15	557	Anna McNeill	88	UCAC	48.00	53.64	1
--	612	Jenny Rintoul	90	U of Alberta	41.39	DNS	3
--		Amonn Nelson	88	UCAC	38.00	SCR	
--	526	Hilary Mercier	94	SATC		SCR	

**Women 1000 Metre Run Open**

Name	Year	Team	Seed	Finals
1	490	Jennifer Norminton	83 RRAC	2:50.00 2:55.96
2	118	Shari Boyle	73 CITC	2:58.04 3:00.24
3	172	Nikki Barlow	90 Caltaf	3:15.00 3:14.14
4	631	Rebecca Gould	93 U of Calgary	3:19.20 3:15.05
5	548	Maria Fox	93 UCAC	3:05.00 3:17.12
6	345	Helena Herrmann	94 Edmonton Harriers	3:20.05
7	297	Barbra Jackson	86 CUCA	3:45.00 3:57.83
--	187	Adrianne Erdman	94 Caltaf	3:00.00 SCR

**Women 1500 Metre Run Open**

Name	Year	Team	Seed	Finals
--	297	Barbra Jackson	86 CUCA	6:15.00 SCR

**Women 3000 Metre Run Open**

Name	Year	Team	Seed	Finals
1	128	Emma Bibault	94 Calgary Spartans	10:46.78 10:32.83
2	615	Natalia Szynkarczu	88 U of Alberta	10:50.20
3	298	Marriya Jenkins	93 CUCA	10:53.00 10:56.19
4	415	Jordana Cota	95 ESRD	11:26.00 X11:21.33
5	295	Kristen Hansen	89 CUCA	11:35.00 11:21.80
6	658	Helen Entz	91 UL	12:10.13 11:51.12
7	651	Brittney Adams	89 UL	12:10.34 12:11.27
--	487	Jessica Fleming	84 RRAC	11:23.00 DNS
--	621	Alyssa Altomare	88 U of Calgary	10:45.95 DNS

**Women 4x200 Metre Relay Open**

Team	Seed	Finals
1 Caltaf Athletic Association 'A'		1:45.72
1) 196 Melissa Hazen 94	2) 198 Ellie Hirst 95	
3) 179 Nicky Charlesworth 94	4) 199 Sarah Hughes 94	

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**....Women 4x200 Metre Relay Open**

2	Edmonton Olympic Club 'A'		1:49.21
	1) 674 Morgan Walker 96	2) 377 Beauty Kineech 95	
	3) 381 Bailey Troccoli-Hughes 97	4) 373 Stephanie Clarke 93	
3	U of C Athletics Club 'A'		1:54.06
	1) 571 Joanna Wilson 94	2) 558 Kelly Ann Meeuwisse 94	
	3) 570 Carly Williams 94	4) 561 Kaley Ogilvy 94	
4	Edmonton Harriers 'A'		1:54.49
--	Split City Sonics 'A'		SCR

**Women 1600 Sprint Medley 4-2-2-8 Open**

400-200-200-800

Team	Seed	Finals
1 Caltaf Athletic Association 'A'		4:24.05
1) 198 Ellie Hirst 95	2) 199 Sarah Hughes 94	
3) 196 Melissa Hazen 94	4) 187 Adrienne Erdman 94	
2 Edmonton Olympic Club 'A'		4:32.38
1) 373 Stephanie Clarke 93	2) 674 Morgan Walker 96	
3) 377 Beauty Kineech 95	4) 381 Bailey Troccoli-Hughes 97	
3 Edmonton Harriers 'A'		4:34.31
4 Running Room Athletic Club 'A'		X4:36.88
1) 490 Jennifer Norminton 83	2)	
-- Caltaf Athletic Association 'B'		SCR

**Women Pole Vault Open**

Start time for athlete may vary depending on individual starting height.  
 Minimum Height is 2.35m

Name	Year Team	Seed	Finals
1 355 Lindsay Bergevin	89 EITC	3.90m	3.75m
3.55 3.65 3.75 3.85 3.95			
O P XO P XXX			
2 358 Michelle Gerwing	87 EITC	3.75m	3.55m
3.45 3.55 3.65			
O XXO XXX			
3 360 Rachel Mintz	79 EITC	3.45m	3.45m
3.25 3.35 3.45 3.55			
O O XO XXX			
4 558 Kelly Ann Meeuwiss	94 UCAC	2.37m	2.85m
2.55 2.65 2.75 2.85 2.95			
O O O O XXX			
5 562 Katie Owens	95 UCAC		X2.25m
2.25 2.35 2.45			
XO P P			
6 359 Kassandra Hordal	00 EITC	2.45m	X2.10m
1.80 1.95 2.10 2.25			
O O XXO XXX			
-- 648 Kimberly Stephenso	91 U of Calgary	3.65m	NH
3.65			
XXX			

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**Women Triple Jump Open**

Name	Year Team	Seed	Finals
1 645 Karly Russell	92 U of Calgary	10.93m	10.87m
10.46m 10.28m 10.87m	10.85m FOUL 10.51m		
2 541 Brianna Adamson	93 UCAC		10.22m
10.09m 10.22m 10.07m	FOUL 10.20m FOUL		
-- 618 Courtney Wilkes	89 U of Alberta	12.13m	DNS

**Boys 60 Metre Dash Bantam**

Name	Year Team	Seed	Finals	H#	Points
-- 270 Marcus Berland	99 Cncs Knights		SCR		

**Boys 4x100 Metre Relay Bantam**

Team	Seed	Finals
1 St. Albert Track Club 'A'		56.19
1) 535 Matthew Schaaf 99	2) 522 Garrick Letwin 99	
3) 508 Samuel Cuciz 99	4) 513 Marcel Dufault 99	
2 Airdrie Aces Athletics Club 'A'		56.54
1) 117 Ryan Zachary 99	2) 113 Adam Sleik 99	
3) 105 Scott Chalupiak 99	4) 107 Sam Gagne 99	
3 Edmonton Columbians 'A'		58.28
1) 326 Noah Payne 01	2) 334 Simon Timmer 99	
3) 323 Bo Oszust 00	4) 325 Isaiah Payne 00	
4 St. Albert Track Club 'B'		58.52
1) 520 Thomas Hasal 99	2) 533 Davis Pratt 00	
3) 523 Kyle Lund 00	4) 518 Kiernan Fullam 00	
5 St. Albert Track Club 'C'		1:04.37
1) 511 Alexandre Driscoll 00	2) 538 Riley Stuermer 99	
3) 512 Felix Driscoll 02	4) 531 Daylen Pacheco 99	

**Boys 4x200 Metre Relay Bantam**

Team	Seed	Finals
1 St. Albert Track Club 'A'		1:56.57
1) 535 Matthew Schaaf 99	2) 522 Garrick Letwin 99	
3) 508 Samuel Cuciz 99	4) 513 Marcel Dufault 99	
2 Airdrie Aces Athletics Club 'A'		1:58.64
1) 117 Ryan Zachary 99	2) 113 Adam Sleik 99	
3) 105 Scott Chalupiak 99	4) 107 Sam Gagne 99	
3 St. Albert Track Club 'B'		2:02.20
1) 520 Thomas Hasal 99	2) 533 Davis Pratt 00	
3) 523 Kyle Lund 00	4) 518 Kiernan Fullam 00	
4 St. Albert Track Club 'C'		2:17.15
1) 511 Alexandre Driscoll 00	2) 538 Riley Stuermer 99	
3) 512 Felix Driscoll 02	4) 531 Daylen Pacheco 99	
5 Edmonton Columbians 'A'		2:18.03
1) 300 Jefferson Alade 00	2) 334 Simon Timmer 99	
3) 303 Zachary Baranowski 99	4) 325 Isaiah Payne 00	

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**Boys 800 Sprint Medley 2-1-1-4 Bantam**

200-100-100-400

Team	Seed	Finals	H#
1 Edmonton Columbians 'A'		2:01.05	2
1) 303 Zachary Baranowski 99	2) 326 Noah Payne 01		
3) 323 Bo Oszust 00	4) 300 Jefferson Alade 00		
2 St. Albert Track Club 'A'		2:02.72	2
1) 535 Matthew Schaaf 99	2) 508 Samuel Cuciz 99		
3) 513 Marcel Dufault 99	4) 522 Garrick Letwin 99		
3 Airdrie Aces Athletics Club 'A'		2:04.71	2
1) 105 Scott Chalupiak 99	2) 117 Ryan Zachary 99		
3) 107 Sam Gagne 99	4) 113 Adam Sleik 99		
4 St. Albert Track Club 'B'		2:10.74	2
1) 520 Thomas Hasal 99	2) 533 Davis Pratt 00		
3) 523 Kyle Lund 00	4) 518 Kiernan Fullam 00		
5 Edmonton Thunder 'A'		2:11.38	2
1) 414 Mathew Wafer 02	2) 405 Tristan Kelm 00		
3) 410 Carsten Ritter 00	4) 404 Nikolai Herrmann 00		
6 St. Albert Track Club 'C'		2:24.68	1
1) 511 Alexandre Driscoll 00	2) 538 Riley Stuermer 99		
3) 512 Felix Driscoll 02	4) 531 Daylen Pacheco 99		

**Boys 60 Metre Dash Pee Wee**

Name	Year Team	Seed	Finals	H#	Points
-- 103 Jacob Aulin	01 Airdrie Aces	9.45	SCR		

**Boys 600 Metre Run Pee Wee**

Name	Year Team	Seed	Finals	Points
-- 103 Jacob Aulin	01 Airdrie Aces	2:04.94	SCR	

**Boys 800 Sprint Medley 2-1-1-4 Pee Wee**

200-100-100-400

Team	Seed	Finals
1 Edmonton Thunder 'A'		2:38.36
1) 411 Alexander Salm 01	2) 397 Cameron Bakal 05	
3) 412 Jacob Salm 03	4) 403 Alexander Herrmann 01	

**Boys Long Jump Standing Pee Wee**

Name	Year Team	Seed	Finals	Points
-- 103 Jacob Aulin	01 Airdrie Aces	3.79m	SCR	



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**Boys Other Med Ball 2kg Pee Wee**

=====  
 Chest pass pushed forward with both hands. One foot may be in front of other. One step permitted. Athletes will have three attempts.

Name	Year Team	Seed	Finals	Points
-- 103 Jacob Aulin	01 Airdrie Aces	6.92m	SCR	

**Men 60 Metre Hurdles Senior**

=====  
 60mH - 1.07, 13.72, 9.14 blue

Prov. Indoor: # 7.94 2003-02-15 Jonathon Hylton (79), CITC; Edmonton,  
 Prov. Under: & 8.13 1982-12-29 Stephen Ezeji-Okoye (63), NOR; Saskato

Name	Year Team	Seed	Finals
1 568 Ryan Tasker	91 UCAC	8.49	8.59
2 649 Craig Thomas	90 U of Calgary	8.52	8.63
3 549 Lyndon Goodwin	92 UCAC	8.83	8.92
4 596 Adam Baptie	89 U of Alberta	9.13	9.10
5 181 Steven Clark	91 Caltaf		9.24
-- 604 Hardeep Hothi	92 U of Alberta	9.21	DNS

**Men Weight Throw 15.88kg Senior**

=====  
 Weight Throw: 35 lb

Prov. Indoor: # 24.08m 2009-03-12 Jim Steacy (1984), CHIN; Windsor, ON  
 Prov. Under: & 22.02m 2004-02-07 Jim Steacy (84), CHIN; Lethbridge

Name	Year Team	Seed	Finals
1 639 Steven Link	91 U of Calgary		15.12m
			14.01m 15.12m 14.65m FOUL FOUL 14.56m
2 666 Ryan Sommer	93 UL		X12.88m
			12.17m 12.88m 11.87m FOUL FOUL 11.53m
3 655 Nathan Burris	93 UL		12.58m
			FOUL 12.19m 12.41m 12.58m 12.06m 12.51m
4 656 Kevin Chubb	86 UL		11.79m
			11.29m 11.11m 10.84m 11.79m 11.22m 10.91m
5 594 Kier Wilson	71 Unattached Alberta		X11.27m
			10.77m FOUL 11.27m 11.01m FOUL 10.61m

**Indoor Pentathlon: #5 Men 1000 Metre Run Senior Indoor Pentathlon**

=====  
 May be re-seeded at discretion of the Combined Events Referee.

Name	Year Team	Finals	Points
1 628 David Cook	90 U of Calgary	3:05.81	608
2 132 Tyler Foote	83 Calgary Spartans	3:21.85	466

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**Indoor Pentathlon: #1 Men 60 Metre Hurdles Senior Indoor Pentathlon**

60mH - 1.07, 13.72, 9.14 blue

Name	Year Team	Finals	Points
1 628 David Cook	90 U of Calgary	8.84	781
2 132 Tyler Foote	83 Calgary Spartans	9.56	627

**Indoor Pentathlon: #4 Men High Jump Senior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 132 Tyler Foote	83 Calgary Spartans	1.81m	636
1.72 1.75 1.78 1.81 1.84			
O O O XO XXX			
-- 628 David Cook	90 U of Calgary	NH	
1.72			
XXX			

**Indoor Pentathlon: #2 Men Long Jump Senior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 628 David Cook	90 U of Calgary	6.38m	670
FOUL 6.32m 6.38m			
2 132 Tyler Foote	83 Calgary Spartans	6.06m	600
6.06m 4.13m 5.80m			

**Indoor Pentathlon: #3 Men Shot Put 7.26kg Senior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 132 Tyler Foote	83 Calgary Spartans	12.92m	662
12.56m 12.92m 12.50m			
2 628 David Cook	90 U of Calgary	9.86m	477
9.86m 8.53m 7.07m			

**Men Indoor Pentathlon Senior**

Prov. Indoor: # 3834 2003-03-13 Trevor Phillips (80), UC; Windsor, ON  
 Prov. Under: & 3812 2000-03-08 Trevor Phillips (80)

Name	Year Team	Seed	Finals
1 132 Tyler Foote	83 Calgary Spartans		2991
2 628 David Cook	90 U of Calgary		2536

**Men 60 Metre Hurdles .99m/9.14m Junior**

60mH - 0.99, 13.72, 9.14 blue

.99m/13.72m to first/9.14m between

Prov. Indoor: # 8.30 2009-01-03 Evan Clark (90), CALTAF; Calgary, AB  
 Prov. Under: & 8.41 2008-01-19 Evan Clark (90), CALTAF; Edmonton, AB

Name	Year Team	Seed	Finals
1 463 Richard Schaub	94 NEAT		9.28
2 182 Bryce Clements	94 Caltaf	9.50	9.29

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**Indoor Pentathlon: #5 Men 1000 Metre Run Junior Indoor Pentathlon**

May be re-seeded at discretion of  
the Combined Events Referee.

Name	Year Team	Finals	Points
1 459 Eric Laramee	94 NEAT	3:04.33	622
2 184 Drew Crawford	94 Caltaf	3:17.34	504

**Indoor Pentathlon: #1 Men 60 Metre Hurdles Junior Indoor Pentathlon**

60mH 0.99, 13.72, 9.14 blue

Name	Year Team	Finals	Points
1 184 Drew Crawford	94 Caltaf	9.24	694
2 459 Eric Laramee	94 NEAT	9.47	646

**Indoor Pentathlon: #4 Men High Jump Junior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 459 Eric Laramee	94 NEAT	1.66m	512
1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69			
O O XO P P O O O XXX			
2 184 Drew Crawford	94 Caltaf	1.51m	396
1.45 1.48 1.51 1.54			
P P O XXX			

**Indoor Pentathlon: #2 Men Long Jump Junior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 459 Eric Laramee	94 NEAT	5.96m	578
FOUL 5.72m 5.96m			
2 184 Drew Crawford	94 Caltaf	5.47m	475
FOUL 5.47m FOUL			

**Indoor Pentathlon: #3 Men Shot Put 6kg Junior Indoor Pentathlon**

Name	Year Team	Finals	Points
1 459 Eric Laramee	94 NEAT	10.11m	492
FOUL 10.11m 9.61m			
2 184 Drew Crawford	94 Caltaf	8.37m	388
FOUL 7.56m 8.37m			

**Men Indoor Pentathlon Junior**

Name	Year Team	Seed	Finals
1 459 Eric Laramee	94 NEAT	1849	2850
2 184 Drew Crawford	94 Caltaf		2457

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**Men 300 Metre Run Youth**

=====						
Prov. Indoor: # 21.77 1991-02-17 Abi Issac (1974), EOC; Saskatoon						
Prov. Under: & 22.57 1986-02-03 Brad McCuaig (1970), OKO; Saskatoon, SK						
Name	Year	Team	Seed	Finals	H#	
=====						
1	586	Corey Parks	96 Unattached Alberta	37.63	1	
2	255	Kevin Mpindou	95 Cap	38.06	3	
3	584	Brandon Minshull	95 Unattached Alberta	38.06	1	
4	257	Jordy Ntambye	96 Cap	38.47	1	
5	391	Jason Wang	95 Edmonton Royals T&F	38.51	3	
6	174	Nicholas Buettner	95 Caltaf	40.66	2	
7	254	Kenny Mpindou	95 Cap	39.31	1	
8	392	David Zhang	96 Edmonton Royals T&F	40.00	2	
9	231	Kyle Visvanathan	96 Caltaf	40.00	3	
10	339	Anwar Abdi	96 Edmonton Harriers	39.97	3	
11	446	Devon Shott	96 MAC Track	40.00	2	
12	221	Martin Steger	96 Caltaf	41.48	2	
13	222	Brent Stephen	96 Caltaf	40.97	2	
14	123	Gefen Stilman	96 Calgary Olympic	40.87	2	
15	384	Mark Kampitan	96 Edmonton Royals T&F	42.08	1	
16	388	Josiah Ling	95 Edmonton Royals T&F	43.31	1	
17	122	Devin Stevenson	96 Calgary Olympic	43.77	1	
18	320	Jomari Mellow	96 Edmonton Columbians	45.59	2	
--	387	Paul Li	96 Edmonton Royals T&F	39.50	DQ	3 Rule #163.3
--	393	Haonan Zheng	96 Edmonton Royals T&F	39.51	DNS	3
--	248	Tyler Lazarenko	95 Cap	38.66	DNS	3
--		Kyle Schempp	95 Edmonton Columbians		SCR	

**Men 1000 Metre Run Youth**

=====					
Prov. Indoor: # 1:53.97 1985-02-08 Mark Lynch (1968), LED; Edmonton AB					
Name	Year	Team	Seed	Finals	
=====					
1	228	Brennan Undseth	96 Caltaf	2:42.00	2:37.15
2	146	Michael Quick	95 Calgary Spartans	2:39.94	2:39.21
3	143	Stephen Payne	95 Calgary Spartans	2:48.43	2:43.95
4	188	James Faul	95 Caltaf	2:46.00	2:45.79
5	515	Boyd Erickson	95 SATC		2:46.86
6	213	Cuauhti Olguin	95 Caltaf	2:50.82	2:53.86

**Men 3000 Metre Run Youth**

=====					
Prov. Indoor: # 8:35.30 1985-03-01 Alex Mowat (1968), CTW; Winnipeg MB					
Prov. Under: & 8:36.9h 1975-12-29 Rob Evans (59), CS; Saskatoon, SK					
Name	Year	Team	Seed	Finals	
=====					
1	131	Derrick Evans	96 Calgary Spartans	9:30.00	9:20.30
2	563	Russell Pennock	95 UCAC	9:13.00	9:20.83
3	423	Alex Andres	95 Leduc Track Club	9:41.63	9:38.15

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**Men 60 Metre Hurdles .91m/9.14m Youth**

60mH - 0.91, 13.72, 9.14 blue  
.91m/13.72m to first/9.14m between

Prov. Indoor: # 8.18 2006-03-05 Adrian Melca (89), RMR; Edmonton AB  
Prov. Under: & 8.64 2009-11-28 Garrett King (93), EOC; Edmonton, AB

Name	Year	Team	Seed	Finals
1 234 Karl Wagner	95	Caltaf	10.24	9.48

**Men 4x200 Metre Relay Youth**

Prov. Indoor: # 1:33.55 1997-12-13 CALTAF, Edmonton, AB  
Prov. Under: & 1:35.91 2007-12-08 Calgary Warriors, Calgary, AB  
C. Hunter, D. Freeman, M. Prajea, K Matieshin

Team	Seed	Finals	H#
1 Edmonton Royals T&F 'A'		1:37.31	2
1) 387 Paul Li 96	2) 389 Jason Luo 95		
3) 391 Jason Wang 95	4) 392 David Zhang 96		
2 Caltaf Athletic Association 'A'	1:39.89	1:41.18	2
1) 174 Nicholas Buettner 95	2) 231 Kyle Visvanathan 96		
3) 222 Brent Stephen 96	4) 214 Austin Ost 95		
3 Calgary Warriors Track Club 'A'		1:42.03	2
1) 164 Daelin Nordmark 95	2) 153 Cody Crook 95		
3) 166 Graham Ross 96	4) 159 Jeff Hudson 96		
4 Edmonton Harriers 'A'		1:45.91	2
1) 339 Anwar Abdi 96	2) 346 Kai Howlett 98		
3) 340 Mitchell Basher 95	4) 673 Issac Penner 95		
-- Caltaf Athletic Association 'B'		DQ	1 Rule # 170.7
1) 194 Jordan Graham 95	2) 210 Charlie Meister 95		
3) 234 Karl Wagner 95	4) 221 Martin Steger 96		
-- Capital City Track Club 'A'	1:41.01	SCR	
-- Edmonton Olympic Club 'A'		SCR	

**Men 4x400 Metre Relay Youth**

Team	Seed	Finals	H#
-- Caltaf Athletic Association 'B'		SCR	
1) 221 Martin Steger 96	2)		
-- Edmonton Olympic Club 'A'		SCR	

**Men 1600 Sprint Medley 4-2-2-8 Youth**

400-200-200-800

Team	Seed	Finals
1 Edmonton Harriers 'A'		3:53.99
1) 340 Mitchell Basher 95	2) 346 Kai Howlett 98	
3) 339 Anwar Abdi 96	4) 673 Issac Penner 95	
2 Caltaf Athletic Association 'A'		3:54.17
1) 188 James Faul 95	2) 174 Nicholas Buettner 95	
3) 231 Kyle Visvanathan 96	4) 228 Brennan Undseth 96	
3 Calgary Warriors Track Club 'A'		3:59.03
1) 166 Graham Ross 96	2) 164 Daelin Nordmark 95	

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**....Men 1600 Sprint Medley 4-2-2-8 Youth**

3) 159 Jeff Hudson 96	4) 153 Cody Crook 95	
4 Caltaf Athletic Association 'B'		4:16.35
1) 221 Martin Steger 96	2) 194 Jordan Graham 95	
3) 234 Karl Wagner 95	4) 213 Cuauhti Olguin 95	
-- Capital City Track Club 'A'		SCR
-- Edmonton Olympic Club 'A'		SCR

**Men High Jump Youth**

Prov. Indoor: # 2.05m 1997-02-15 Jesse Lipscombe (1980), STA; Pocatello					
Prov. Under: & 2.01m 1996-11-30 Jesse Lipscombe (80), STA; Edmonton, A					
Name	Year	Team	Seed	Finals	
1 234 Karl Wagner	95	Caltaf	1.69m	1.73m	
1.55 1.60 1.65 1.70 1.73 1.76					
XO XO O XXO O XXX					
2 462 Andy Schaub	96	NEAT	1.45m	1.55m	
1.40 1.45 1.50 1.55 1.60					
O O O O XXX					
3 222 Brent Stephen	96	Caltaf		1.40m	
1.20 1.25 1.30 1.35 1.40 1.45					
O O O O O XXX					
-- 530 Austin Nielsen	96	SATC		DNS	

**Men Long Jump Youth**

Prov. Indoor: # 6.90m 2006-11-25 Matthew Cardoza (89), EH; Edmonton AB					
Prov. Under: & 6.80m 1982-03-13 George Spakowsky (66), CS; Edmonton, A					
Name	Year	Team	Seed	Finals	
1 389 Jason Luo	95	Edmonton Royals T&F	6.50m	6.14m	
5.90m 6.14m 6.13m PASS 5.24m PASS					
2 257 Jordy Ntambye	96	Cap	5.93m	5.88m	
5.44m 5.88m 5.76m 5.38m 5.58m 5.42m					
3 462 Andy Schaub	96	NEAT	5.42m	5.37m	
5.30m 5.37m FOUL 5.07m FOUL 5.05m					
4 221 Martin Steger	96	Caltaf		5.17m	
5.17m 5.12m PASS PASS 5.07m 4.90m					
5 530 Austin Nielsen	96	SATC		4.97m	
4.24m 4.69m 4.81m 4.94m FOUL 4.97m					
6 329 Wyatt Schmidt	96	Edmonton Columbians	5.32m	4.87m	
4.63m 4.78m 4.87m 4.71m 4.82m 3.78m					
-- 574 Joe Bohaychuk	96	Unattached Alberta		DNS	
-- Kyle Schempp	95	Edmonton Columbians		SCR	

**Men Shot Put 5kg Youth**

Weight of shot: 5 kg					
Prov. Indoor: # 16.64m 2002-02-02 Matt Doherty (85), RED; Edmonton					
Prov. Under: & 14.60m 2004-11-27 Henry Ferreira (88), NEAT; Edmonton,					
Name	Year	Team	Seed	Finals	
1 430 Keegan Edwards	96	Leduc Track Club	10.69m	10.14m	
9.88m 10.09m 10.14m FOUL FOUL 10.08m					

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**....Men Shot Put 5kg Youth**

2	194 Jordan Graham	95 Caltaf				9.70m
	8.26m 8.06m FOUL 8.28m 8.78m 9.70m					
3	218 Matthew Schalm	96 Caltaf				9.67m
	8.86m 8.65m 9.27m 8.34m 9.58m 9.67m					
4	264 Alexander Szcotka	96 Cap				9.34m
	FOUL 8.99m 9.15m 8.69m 8.95m 9.34m					
5	530 Austin Nielsen	96 SATC				8.85m
	8.37m 8.46m 8.60m 8.62m 8.85m 8.43m					
6	276 Bryce Dion-Gambler	95 Cncs Knights				8.39m
	8.14m 8.39m 8.35m 8.23m 8.34m 7.77m					
7	210 Charlie Meister	95 Caltaf		6.86m		8.01m
	7.81m 8.01m FOUL FOUL 7.84m 7.93m					

**Men Weight Throw 9.08kg Youth**

=====  
 Weight Throw: 20 lb

Prov. Indoor: # 21.71m 2003-03-09 Sean Steacy (1986), CHIN; Edmonton

Prov. Under: & 17.94m 2009-03-07 Pedro Riaz (93), UCAC; Edmonton, AB

Name	Year Team	Seed	Finals
1	218 Matthew Schalm 96 Caltaf		12.08m
	12.08m FOUL 9.33m 11.29m FOUL 8.53m		
2	430 Keegan Edwards 96 Leduc Track Club	10.67m	11.74m
	9.49m 10.67m 10.61m FOUL FOUL 11.74m		
3	276 Bryce Dion-Gambler 95 Cncs Knights		9.35m
	8.50m 8.86m FOUL 9.35m FOUL		
4	194 Jordan Graham 95 Caltaf		9.18m
	8.56m FOUL 9.18m PASS PASS PASS		

**Men 300 Metre Run Midget**

=====  
 Prov. Indoor: # 23.01 1989-03-05 Abi Issac (1974), EOC; Edmonton AB

Prov. Under: & 24.52 1991-03-03 Mark Anthony (77), CTW; Edmonton, Ab

Name	Year Team	Seed	Finals	H#
1	145 Josh Quarles 97 Calgary Spartans	40.34	38.83	3
2	148 Christian Sherman 97 Calgary Spartans	38.73	38.89	3
3	376 Tyree Harriott 97 EOC		39.17	1
4	426 Makarthy Bridges 97 Leduc Track Club	40.91	40.83	3
5	474 Jeremiah Huo 97 Red Deer Titans	44.45	41.60	3
6	406 Christopher Lem 98 Edmonton Thunder		41.84	2
7	176 Stephen Calkins 98 Caltaf	43.37	41.96	3
8	374 Lewis Collin 98 EOC		43.01	1
9	304 Thomas Cross-Trush 97 Edmonton Columbians		43.44	2
10	178 Igor Cardosa Espin 98 Caltaf		43.70	1
11	120 Luca Pop 98 Calgary Olympic	44.32	44.42	3
12	447 Dylan Swaby 97 MAC Track	44.00	45.57	3
13	479 Greyden Manweiler 98 Red Deer Titans		46.33	2
14	124 Regev Stilman 99 Calgary Olympic		X46.57	2
15	226 Sean Thuna 97 Caltaf	50.27	47.49	2
16	534 Riley Rose 98 SATC		48.26	2
17	305 Rav Dhaliwal 98 Edmonton Columbians		49.65	1
18	473 Jaylan Doyle 98 Red Deer Titans		52.22	2
19	233 Matt Voglewede 98 Caltaf		56.72	1

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**....Men 300 Metre Run Midget**

-- 540 Quinn Waselenchuk 98 SATC DNS 1

**Men 600 Metre Run Midget**

Name	Year	Team	Seed	Finals	H#
-- Jacques Saayman	97	NEAT		SCR	

**Men 1000 Metre Run Midget**

Prov. Indoor: # 1:58.60 2001-02-17 Ryan Fyfe (1986), LED; Pocatello

Name	Year	Team	Seed	Finals
1 219 Graham Seasons	97	Caltaf	3:05.00	3:00.78
2 230 Sahad Vasanji	97	Caltaf	3:15.00	3:11.81
3 439 Dustin Setter	98	Leduc Track Club	3:26.37	3:12.94
4 516 Nils Erickson	98	SATC		3:22.34
5 212 Ethan Nishimura	98	Caltaf	3:32.56	3:29.68
-- 416 Eric Lutz	98	ESRD		DNS
-- Jacques Saayman	97	NEAT		SCR

**Men 60 Metre Hurdles .91m/8.5m Midget**

60mH - 0.84, 13, 8.5 yellow  
.91m/13.0m to first/8.5m between

Prov. Indoor: # 8.90 1992-01-18 Michael Brooks (77), CTW; Edmonton, AB  
Prov. Under: & 9.14 1994-12-10 Richard Pinnok (81), EC; Edmonton, AB

Name	Year	Team	Seed	Finals
1 540 Quinn Waselenchuk	98	SATC		11.29
2 209 Ben Meister	98	Caltaf		11.42
3 305 Rav Dhaliwal	98	Edmonton Columbians		12.32

**Men 4x200 Metre Relay Midget**

Prov. Indoor: # 1:40.44 2002-12-14 Leduc Track and Field Club, Edmonton  
D.Sekora/J.Jenkins/R.Coulas/W.Bohm  
Prov. Under: & 1:44.5h 2000-12-16 CALTAF, Edmonton, AB  
T.Ratzlaff/P.Findlay/B.Bateson/J.Pasche

Team	Seed	Finals
1 Calgary Warriors Track Club 'A'		1:55.55
1) 155 Eric Evans 98		
3) 168 Ryan Smeeton 98		
2 Caltaf Athletic Association 'A'	1:53.69	1:59.85
1) 176 Stephen Calkins 98		
3) 235 Lyle Wiggers 97		
4) 154 Callum Drever 97		
2) 226 Sean Thuna 97		
4) 212 Ethan Nishimura 98		
3 Caltaf Athletic Association 'B'		2:19.03
1) 175 Nathan Calkins 00		
3) 232 Charles Voglewede 00		
2) 229 Adeem Vasanji 00		
4) 233 Matt Voglewede 98		



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**Men 1600 Sprint Medley 4-2-2-8 Midget**

400-200-200-800

Team	Seed	Finals
1 Calgary Warriors Track Club 'A'		4:20.76
1) 168 Ryan Smeeton 98	2) 167 Jordan Samson 98	
3) 155 Eric Evans 98	4) 154 Callum Drever 97	
2 Caltaf Athletic Association 'A'		4:30.01
1) 230 Sahad Vasanji 97	2) 209 Ben Meister 98	
3) 211 Patrick Meister 97	4) 219 Graham Seasons 97	
3 Red Deer Titans 'A'		4:43.12
1) 474 Jeremiah Huo 97	2) 481 Brayden Posyluzny 97	
3) 479 Greyden Manweiler 98	4) 473 Jaylan Doyle 98	

**Men High Jump Midget**

Prov. Indoor: # 1.88m 2004-11-27 Matthew Cardoza (1989), EH; Edmonton A  
 Prov. Under: & 1.80m 1990-03-03 Jason Nadeau (76), NOR; Edmonton, AB

Name	Year Team	Seed	Finals
1 176 Stephen Calkins	98 Caltaf		1.60m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.63			
O O O O O O XO XO XXO XXX			
2 426 Makarthy Bridges	97 Leduc Track Club		1.50m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O O O O O O XXO XXX			
3 235 Lyle Wiggers	97 Caltaf		1.45m
1.25 1.30 1.35 1.40 1.45 1.50			
O O O O O XXX			
3 204 Nathan Kalmakoff	97 Caltaf	1.35m	1.45m
1.25 1.30 1.35 1.40 1.45 1.50			
O O O O O XXX			
5 425 Keenan Bridges	98 Leduc Track Club		1.25m
1.15 1.20 1.25 1.30			
O O O XXX			
5 144 Jordin Peterson	98 Calgary Spartans	1.35m	1.25m
1.25 1.30			
O XXX			
7 479 Greyden Manweiler	98 Red Deer Titans		J1.25m
1.20 1.25 1.30			
XO O XXX			
8 540 Quinn Waselenchuk	98 SATC		J1.25m
1.20 1.25 1.30			
O XXO XXX			
9 485 Lucas Wessner	98 Red Deer Titans		1.20m
1.20 1.25			
XO XXX			

**Men Long Jump Midget**

Prov. Indoor: # 6.28m 1993-12-11 Isaac Ikram (1978), DUN; Edmonton AB  
 Prov. Under: & 6.19m 2003-11-29 Charles Bazerd (89), SPT; Edmonton, AB

Name	Year Team	Seed	Finals
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**....Men Long Jump Midget**

1	474 Jeremiah Huo	97 Red Deer Titans	5.20m
	4.98m 5.18m 4.94m 5.13m PASS 5.20m		
2	426 Makarthy Bridges	97 Leduc Track Club	5.23m 5.02m
	5.02m 4.91m FOUL 4.93m 4.89m 5.01m		
3	178 Igor Cardoso Espin	98 Caltaf	4.84m
	4.79m 4.84m FOUL FOUL FOUL FOUL		
4	304 Thomas Cross-Trush	97 Edmonton Columbians	4.79m
	PASS PASS 4.44m 4.79m 4.75m 4.56m		
5	204 Nathan Kalmakoff	97 Caltaf	3.15m 4.60m
	4.60m 4.56m FOUL 4.23m 4.05m 4.49m		
6	226 Sean Thuna	97 Caltaf	3.81m 4.39m
	4.21m 4.30m 4.03m 4.39m 4.10m 3.82m		
7	479 Greyden Manweiler	98 Red Deer Titans	4.09m
	3.97m 4.09m 3.88m 3.92m 3.98m 4.07m		
8	425 Keenan Bridges	98 Leduc Track Club	3.96m
	FOUL 3.94m 3.93m 3.96m 3.92m FOUL		
9	175 Nathan Calkins	00 Caltaf	X3.76m
	FOUL 2.98m 3.76m		
10	305 Rav Dhaliwal	98 Edmonton Columbians	3.72m
	3.67m 3.53m 3.72m		
11	232 Charles Voglewede	00 Caltaf	X3.30m
	3.25m 3.30m 3.10m		
12	229 Adeem Vasanji	00 Caltaf	X3.15m
	2.99m 3.15m 2.71m		
--	540 Quinn Waselenchuk	98 SATC	DNS
--	582 Kobe Hyland	97 Unattached Alberta	SCR

**Men Shot Put 4kg Midget**

Weight of shot: 4 kg

Prov. Indoor: # 18.68m 1976-12-18 Lanny Tron (1960), LETH; Edmonton

Prov. Under: & 14.10m 1993-12-11 Dwight Midgley (80), CAL; Edmonton, A

Name	Year Team	Seed	Finals
1	481 Brayden Posyluzny 97 Red Deer Titans	11.33m	11.18m
	10.96m 10.90m 10.58m 10.83m 11.18m 10.78m		
2	178 Igor Cardoso Espin 98 Caltaf	11.73m	9.72m
	9.23m FOUL 9.33m 9.33m 9.72m PASS		
3	204 Nathan Kalmakoff 97 Caltaf		8.06m
	6.77m 7.61m 7.58m 8.06m 7.72m 7.93m		
4	291 George Stanley 97 Cncs Knights		7.86m
	7.86m 7.65m 7.62m FOUL 6.89m 6.57m		
5	346 Kai Howlett 98 Edmonton Harriers		7.71m
	FOUL 6.98m 7.37m 7.10m 7.71m 7.58m		
6	286 Carlos Quinney 98 Cncs Knights		6.99m
	6.73m 6.56m 6.30m 6.52m 6.22m 6.99m		
7	534 Riley Rose 98 SATC		6.78m
	6.78m 6.41m PASS PASS PASS		
8	485 Lucas Wessner 98 Red Deer Titans		6.70m
	6.33m 6.70m 6.54m 6.36m 6.54m 6.30m		
--	275 Mihgal Dion 98 Cncs Knights		DNS

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**Men Weight Throw 7.26kg Midget**

Weight Throw: 20 lb

Prov. Indoor: # 14.32m 2000-12-10 Sean Steacy (1986), CHIN; Lethbridge  
 Prov. Under: & 14.32m 2000-12-10 Sean Steacy (86), CHIN; Lethbridge

Name	Year	Team	Seed	Finals
1 474 Jeremiah Huo	97	Red Deer Titans		11.73m
				10.81m 10.56m 10.23m FOUL 11.73m FOUL
2 291 George Stanley	97	Cncs Knights		9.35m
				7.65m 8.88m 9.35m 8.49m 8.59m 7.74m
3 286 Carlos Quinney	98	Cncs Knights		7.42m
				7.42m 6.80m FOUL 6.21m 6.43m FOUL
-- 275 Mihgal Dion	98	Cncs Knights		DNS

**Men 300 Metre Run Master 35-49**

Prov. Indoor: # 23.24 2007-02-11 Andre Francois (M42-91.65%), EH; Edmon

Name	Year	Team	Seed	Finals
1 482 Darren Posyluzny	68	Red Deer Titans	40.69	40.17
2 580 Brian Harris	70	Unattached Alberta	41.50	40.88
3 121 Marius Pop	69	Calgary Olympic	44.75	43.56
4 465 Tom Starosielski	68	NEAT	46.00	45.54
5 142 Darcy Meyers	62	Calgary Spartans	45.96	45.98
6 202 Cory Johnson	74	Caltaf	1:02.20	55.46

**Men 300 Metre Run Master 50-64**

Prov. Indoor: # 25.82 2007-02-11 Wolfgang Jeske (M53-88.61%), MAS; Edmo

Name	Year	Team	Seed	Finals
1 363 Murray Black	59	Edmonton Masters	44.00	42.58
2 335 Robert Trapp	61	Edmonton Columbians	43.30	44.58

**Men 300 Metre Run Master 65+**

Prov. Indoor: # 28.90 2007-02-11 Dave Dunn (M71-90.66%), MAS; Edmonton,

Name	Year	Team	Seed	Finals
1 368 Bruce Mintz	46	Edmonton Masters	48.00	47.82
2 583 Derek McCune	44	Unattached Alberta		50.69
3 365 Dave Dunn	36	Edmonton Masters	49.90	50.78

**Men 300 Metre Run Open**

Name	Year	Team	Seed	Finals	H#
1 185 Andrew Dargie	87	Caltaf	34.50	34.52	5
2 662 Kyle Murray	89	UL	35.70	35.48	5
3 603 Mitchell Home	92	U of Alberta	35.56	35.66	5
4 322 Shane Ohrt	93	Edmonton Columbians	36.06	35.84	4
5 624 Josh Breski	91	U of Calgary	35.65	36.02	5
6 386 Tim Kong	94	Edmonton Royals T&F		36.04	1
7 316 Michael King-McKen	94	Edmonton Columbians	36.20	36.07	4
8 641 Bastian Mayer	90	U of Calgary	35.91	36.38	4

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**....Men 300 Metre Run Open**

9	302	Stephen Arychuk	93	Edmonton Columbians	37.77	36.78	3	
10	637	Garrett King	93	U of Calgary	35.85	36.79	5	
11	626	Stewart Bury-Jones	89	U of Calgary	36.95	36.91	3	
12	245	Clayton Hayes	88	Cap	36.62	37.01	4	
13	261	Chris Roberts	94	Cap	37.31	37.26	3	
14	181	Steven Clark	91	Caltaf	37.80	37.27	3	
15	133	Richard Gallimore	89	Calgary Spartans	38.56	37.45	2	
16	654	Evan Brown	93	UL	37.82	37.84	3	
17	205	Thomas Kellner	94	Caltaf	38.40	37.90	2	
18	546	Nikola Dragicevic	94	UCAC	37.79	38.05	3	
19	130	Coleson Dell	94	Calgary Spartans	37.97	38.08	2	
20	647	Matthew Schaeffer	93	U of Calgary	36.85	38.30	4	
21	207	Taylor LaRiviere	94	Caltaf	39.20	38.30	2	
22	545	Daniel Dragicevic	94	UCAC	38.30	38.51	2	
23	308	Christopher Gaertn	91	Edmonton Columbians	37.90	38.53	2	
24	310	Dylan Hartling	94	Edmonton Columbians		38.87	1	
25	252	Leonardo Mantuila	93	Cap	39.71	39.40	1	
26	593	Revaund St Laurent	94	Unattached Alberta		39.97	1	
27	552	Kevin Klassen	94	UCAC	41.00	40.79	1	
28	243	Grant Freeman	94	Cap		43.01	1	
--	390	Zhayate Meng	94	Edmonton Royals T&F	37.30	DQ	3	Rule # 163.3
--	566	Jared Sandau	90	UCAC	39.31	DQ	1	Rule # 163.3
--	578	Eric Hargreaves	93	Unattached Alberta	38.85	DNS	2	
--	182	Bryce Clements	94	Caltaf	37.50	SCR		
--	294	Sebastian Bratt	93	CUCA	50.00	SCR		
--	646	Isaac Rynn	89	U of Calgary	37.00	SCR		
--		Dan Rosenke	84	EITC	37.01	SCR		
--	201	Alexander Ivan	94	Caltaf	36.50	SCR		

**Men 600 Metre Run Open**

Name	Year	Team	Seed	Finals	H#	
--	459	Eric Laramee	94	NEAT	SCR	
--	294	Sebastian Bratt	93	CUCA	1:40.00	SCR

**Men 1000 Metre Run Open**

Name	Year	Team	Seed	Finals		
1	441	Tyler Smith	94	Leduc Track Club	2:27.00	2:29.12
2	225	Madison Theriault	88	Caltaf	2:28.00	2:29.94
3	567	Kenton Sportak	91	UCAC	2:31.13	2:34.06
4	591	Ian Sharp	79	Unattached Alberta	2:32.00	2:34.66
5	195	Gareth Hadfield	92	Caltaf	2:35.00	2:35.81
6	650	Adam Wasylyshyn	89	U of Calgary	2:32.00	2:36.22
7	550	Chris Hurdle	93	UCAC	2:36.50	2:38.58
8	629	Adam Elford	88	U of Calgary	2:32.20	2:38.90
9	492	Eric Wiebe	88	RRAC	2:38.00	2:39.44
10	189	Chris Fitzgibbon	94	Caltaf	2:40.00	2:42.02
11	638	Mark Lee	93	U of Calgary	2:41.00	2:42.29
12	547	Kurt Ebeling	93	UCAC	2:39.00	2:45.75
13	343	Brendan Deforge	94	Edmonton Harriers	2:45.00	2:49.15
14	296	Cody Hogberg	92	CUCA	2:53.00	2:51.19

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**....Men 1000 Metre Run Open**

15	488 Nic Martin	90 RRAC	2:55.00	2:51.36
16	260 Cameron Pickering	94 Cap		2:53.02
17	299 Joel Perren	92 CUCA	2:55.00	2:53.97
--	101 David Guss	60 ADRE		DNS

**Men 1500 Metre Run Open**

Name	Year	Team	Seed	Finals	
--	629	Adam Elford	88 U of Calgary	4:04.65	SCR
--	591	Ian Sharp	79 Unattached Alberta	4:10.00	SCR

**Men 3000 Metre Run Open**

Name	Year	Team	Seed	Finals	
1	227	Merhau T saru Tume	92 Caltaf	9:10.00	9:03.60
2	598	Dave Brown	89 U of Alberta	9:11.06	9:06.86
3	625	Travis Brown	90 U of Calgary	9:05.00	9:14.24
4	417	Kieran McDonald	94 ESRD	9:07.00	9:20.37
5	663	Nick Ontkean	89 UL	9:27.90	9:32.77
6	551	Roman Justinen	94 UCAC	9:30.00	9:35.47
7	553	Doug Kondro	93 UCAC	9:30.00	9:49.24
8	657	Roberto DeSandoli	86 UL	9:32.23	9:53.90
9	542	Alan Bartos	78 UCAC	9:40.00	9:55.46
10	190	Sean Foster	94 Caltaf	9:24.00	10:01.00
11	544	Thomas DeBaisio	93 UCAC	9:40.00	10:08.07
12	126	Ed Bickley	58 Calgary Roadrunners	10:15.00	10:39.97
13	564	Mark Pierzchajlo	88 UCAC		11:03.10
14	486	Stefan Fekner	52 RRAC	11:24.00	11:10.82
--	491	Matthew Norminton	77 RRAC	9:12.00	DNF
--	489	Shawn Muldrew	65 RRAC	9:45.00	DNS
--	195	Gareth Hadfield	92 Caltaf	8:58.00	SCR

**Men 4x200 Metre Relay Open**

Team	Seed	Finals
1 Edmonton Columbians 'A'		1:32.62
1) 316 Michael King-McKenzie 94	2) 310 Dylan Hartling 94	
3) 302 Stephen Arychuk 93	4) 322 Shane Ohrt 93	
2 Capital City Track Club 'A'	1:33.64	1:33.66
1) 252 Leonardo Mantuila 93	2) 245 Clayton Hayes 88	
3) 249 Sydney Lubuele 93	4) 261 Chris Roberts 94	
3 Caltaf Athletic Association 'A'		1:35.24
1) 181 Steven Clark 91	2) 182 Bryce Clements 94	
3) 207 Taylor LaRiviere 94	4) 205 Thomas Kellner 94	

**Men 1600 Sprint Medley 4-2-2-8 Open**

400-200-200-800 Team	Seed	Finals
1 Caltaf Athletic Association 'A'		3:40.33

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**Results**

**....Men 1600 Sprint Medley 4-2-2-8 Open**

1) 225 Madison Theriault 88	2) 185 Andrew Dargie 87		
3) 181 Steven Clark 91	4) 195 Gareth Hadfield 92		
2 Edmonton Columbians 'A'			3:46.23
1) 302 Stephen Arychuk 93	2) 322 Shane Ohrt 93		
3) 316 Michael King-McKenzie 94	4) 675 Kris Ilkiw 93		
3 Caltaf Athletic Association 'B'			3:52.04
1) 205 Thomas Kellner 94	2) 207 Taylor LaRiviere 94		
3) 182 Bryce Clements 94	4) 189 Chris Fitzgibbon 94		
4 Capital City Track Club 'A'			3:56.45
1) 261 Chris Roberts 94	2) 252 Leonardo Mantuila 93		
3) 245 Clayton Hayes 88	4) 260 Cameron Pickering 94		
5 Running Room Athletic Club 'A'		3:50.00	3:57.31
1) 489 Shawn Muldrew 65	2) 488 Nic Martin 90		
3) 491 Matthew Norminton 77	4) 492 Eric Wiebe 88		
6 Concordia University College 'A'		4:00.00	X4:08.23
1) 296 Cody Hogberg 92	2) 677 Miles Knutson 82		
3) 299 Joel Perren 92	4)		

**Men Pole Vault Open**

=====  
 Start time for athlete may vary  
 depending on individual starting height.  
 Minimum Height is 2.35m

Name	Year Team	Seed	Finals
1 361 Deryk Theodore	89 EITC	5.05m	4.85m
4.85 5.10			
XXO XXX			
2 649 Craig Thomas	90 U of Calgary	4.21m	4.05m
4.05 4.15 4.25 4.35			
O P P XXX			
3 362 Peter Wooding	94 EITC	3.65m	3.65m
3.35 3.45 3.55 3.65 3.75			
O P O XO XXX			
4 363 Murray Black	59 Edmonton Masters	2.80m	2.65m
2.45 2.65 2.85			
O XXO XXX			
5 371 Richard Roberts	42 Edmonton Masters	1.65m	1.65m
1.65 1.85			
O XXX			
-- 549 Lyndon Goodwin	92 UCAC	4.21m	NH
4.05			
XXX			
-- 138 Lukas Kowalko	91 Calgary Spartans		DNS
-- 357 Marcus Cunningham	86 EITC	3.95m	DNS
-- 560 Luke O'Geil	93 UCAC	4.21m	DNS

**Men Triple Jump Open**

Name	Year Team	Seed	Finals
1 559 Corey Minton	91 UCAC	13.79m	13.59m
FOUL 11.73m 13.59m 13.46m 13.16m FOUL			

**2012 Alberta Indoor Games - 2012-02-11 to 2012-02-12**  
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**Results**

**....Men Triple Jump Open**

2	622 Riley Booth	91 U of Calgary	13.48m	13.37m
	13.19m 13.10m 13.37m 13.26m 12.93m FOUL			
3	630 Preston Eng	91 U of Calgary	13.11m	12.90m
	12.07m 12.90m FOUL 12.85m FOUL FOUL			
4	633 Jeff Harder	85 U of Calgary		J12.90m
	12.38m 12.90m FOUL 12.83m 12.24m 12.81m			
5	246 Ismail Karidio	92 Cap	12.87m	12.79m
	FOUL 12.62m 12.56m FOUL FOUL 12.79m			
6	463 Richard Schaub	94 NEAT	12.34m	12.23m
	FOUL FOUL 12.23m 12.11m PASS PASS			
7	363 Murray Black	59 Edmonton Masters	10.00m	10.15m
	FOUL 9.50m 9.97m 9.46m 10.08m 10.15m			
8	465 Tom Starosielski	68 NEAT	10.26m	10.09m
	FOUL 9.53m FOUL 10.00m 10.09m 9.72m			
--	606 George Kinley	92 U of Alberta		FOUL
	FOUL x			
--	258 Nathan Orr	94 Cap		DNS
--	652 Brett Bromley	89 UL	12.43m	DNS
--	635 Trent Johnston	90 U of Calgary	13.25m	DNS
--	459 Eric Laramee	94 NEAT	12.78m	DNS

**2012 Alberta Indoor Games - 2/11/2012 to 2/12/2012**  
**Senior, Relays & Combined Event Championships**  
**Universiade Pavillion, Edmonton, Alberta**  
**Results - Indoor Pentathlon**

**Women Indoor Pentathlon Junior**

	Points	60H	HJ	SP	LJ	800
1 Astrid Nyame Split City Sonics 94	2586	10.06 (701)	1.49m (610)	7.73m (382)	5.19m (612)	3:09.67 (281)



**2012 Alberta Indoor Games - 2/11/2012 to 2/12/2012**  
**Senior, Relays & Combined Event Championships**  
**Universiade Pavillion, Edmonton, Alberta**  
**Results - Indoor Pentathlon**

**Women Indoor Pentathlon Senior**

	Points	60H	HJ	SP	LJ	800
1 Natasha Miller Valley Royals 89	4135	8.72 (969)	1.79m (966)	9.83m (518)	5.92m (825)	2:17.57 (857)
2 Rachael McIntosh University of Calgary 91	4067	8.95 (920)	1.64m (783)	12.03m (663)	5.98m (843)	2:17.52 (858)
3 Hali Morrison University of Calgary 89	2234	10.18 (679)	1.40m (512)	9.96m (527)	4.84m (516)	DNF (0)

**2012 Alberta Indoor Games - 2/11/2012 to 2/12/2012**  
**Senior, Relays & Combined Event Championships**  
**Universiade Pavillion, Edmonton, Alberta**  
**Results - Indoor Pentathlon**

**Men Indoor Pentathlon Junior**

	Points	60H	LJ	SP	HJ	1000
1 Eric Laramee Northeast Alberta T & F C 94	2850	9.47 (646)	5.96m (578)	10.11m (492)	1.66m (512)	3:04.33 (622)
2 Drew Crawford Caltaf Athletic Associati 94	2457	9.24 (694)	5.47m (475)	8.37m (388)	1.51m (396)	3:17.34 (504)

**2012 Alberta Indoor Games - 2/11/2012 to 2/12/2012**  
**Senior, Relays & Combined Event Championships**  
**Universiade Pavillion, Edmonton, Alberta**  
**Results - Indoor Pentathlon**

**Men Indoor Pentathlon Senior**

	Points	60H	LJ	SP	HJ	1000
1 Tyler Foote Calgary Spartans 83	2991	9.56 (627)	6.06m (600)	12.92m (662)	1.81m (636)	3:21.85 (466)
2 David Cook University of Calgary 90	2536	8.84 (781)	6.38m (670)	9.86m (477)	NH (0)	3:05.81 (608)

**2012 Alberta Indoor Games - 2012-02-11 to 2012-02-12**  
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**Results**

**Women 300 Metre Run Master 35-49**

Prov. Indoor: # 26.61 2005-02-13 Noella LeePong (W44-89.22%), EH; Edmonton, AB

Name	Year	Team	Seed	Finals	Age-Grading
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Finals

1	125	Shani Stilman	69	Calgary Olympic	51.57	51.69	46.24	71.39%
2	336	Dilini Vethanayaga	68	Edmonton Columbians		52.66	46.57	70.87%

**Women 4x200 Metre Relay Master 35-49**

Team	Seed	Finals	H#
-- Edmonton Columbians 'A'		SCR	

**Women 60 Metre Hurdles Master 50-64**

50-59	0.76,	12,	7	red	60+	0.686,	12,	7	red	Seed	Finals	Age-Grading
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1	139	Susanne Lauridsen	58	Calgary Spartans							11.08	8.86	86.82%
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**Women Long Jump Master 50-64**

Name	Year	Team	Seed	Finals	Age-Grading			
1	139	Susanne Lauridsen	58	Calgary Spartans	4.13m	4.27m	5.68m	75.58%
2	595	Loretta Amerongen	53	UAAC		3.67m	5.26m	70.04%

**Women Shot Put Master 50-64**

Name	Year	Team	Seed	Finals	Age-Grading			
1	370	Catherine Roberts	47	Edmonton Masters	8.31m	8.24m	15.44m	68.27%
2	367	Liz McBlain	48	Edmonton Masters	8.40m	8.39m	15.36m	67.88%
3	315	Tracy King	58	Edmonton Columbians		8.60m	12.82m	56.65%

**Women Weight Throw 7.26kg/5.45k Master 50-64**

Age 50-59: 7.26kg (16lb)

Age 60-74: 5.45kg (12lb)

Name	Year	Team	Seed	Finals	Age-Grading			
1	367	Liz McBlain	48	Edmonton Masters	9.25m	9.99m	13.95m	59.11%
2	370	Catherine Roberts	47	Edmonton Masters	8.00m	9.56m	13.67m	57.94%

**Men 300 Metre Run T36 Master 35-49**

Name	Year	Team	Seed	Finals	Age-Grading			
1	202	Cory Johnson	74	Caltaf		55.46	52.44	57.21%

**2012 Alberta Indoor Games - 2012-02-11 to 2012-02-12**  
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**Universiade Pavillion, Edmonton, Alberta**  
**Results**

**Men 300 Metre Run Master 35-49**

Prov. Indoor: # 23.24 2007-02-11 Andre Francois (M42-91.65%), EH; Edmonton, AB						
Name	Year	Team	Seed	Finals	Age-Grading	
1	482	Darren Posyluzny	68 Red Deer Titans	40.69	40.17	36.35 82.55%
2	580	Brian Harris	70 Unattached Alberta	41.50	40.88	37.53 79.94%
3	121	Marius Pop	69 Calgary Olympic	44.75	43.56	39.70 75.57%
4	142	Darcy Meyers	62 Calgary Spartans	45.96	45.98	39.86 75.27%
5	465	Tom Starosielski	68 NEAT	46.00	45.54	41.21 72.82%
--	202	Cory Johnson	74 Caltaf	1:02.20	SCR	

**Men 300 Metre Run Master 50-64**

Prov. Indoor: # 25.82 2007-02-11 Wolfgang Jeske (M53-88.61%), MAS; Edmonton, AB						
Name	Year	Team	Seed	Finals	Age-Grading	
1	363	Murray Black	59 Edmonton Masters	44.00	42.58	36.18 82.93%
2	335	Robert Trapp	61 Edmonton Columbians	43.30	44.58	38.39 78.15%

**Men 60 Metre Hurdles Master 50-64**

50-59 0.91, 13, 8.5 yellow						
Name	Year	Team	Seed	Finals	Age-Grading	
1	363	Murray Black	59 Edmonton Masters	10.14	10.53	9.00 81.20%

**Men 300 Metre Run Master 65+**

Prov. Indoor: # 28.90 2007-02-11 Dave Dunn (M71-90.66%), MAS; Edmonton, AB						
Name	Year	Team	Seed	Finals	Age-Grading	
1	365	Dave Dunn	36 Edmonton Masters	49.90	50.78	33.88 88.56%
2	368	Bruce Mintz	46 Edmonton Masters	48.00	47.82	37.14 80.78%
3	583	Derek McCune	44 Unattached Alberta		50.69	38.44 78.04%

**Men Long Jump Master 65+**

Name	Year	Team	Seed	Finals	Age-Grading	
1	368	Bruce Mintz	46 Edmonton Masters	4.00m	4.04m	6.39m 71.38%

**Men Shot Put Master 65+**

Name	Year	Team	Seed	Finals	Age-Grading	
1	470	Marek Glowacki	40 Pzwla	12.99m	13.16m	18.10m 78.33%
2	592	Frank Smolinski	39 Unattached Alberta		11.51m	16.29m 70.48%
3	371	Richard Roberts	42 Edmonton Masters	8.16m	7.64m	9.94m 43.02%

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**Men Weight Throw 9.08kg/7.26k Master 65+**

=====  
 Age 60-69: 9.08kg (20lb)

Age 70-79: 7.26kg (16lb)

Age 80+: 5.45kg (12lb)

Name	Year	Team	Seed	Finals	Age-Grading
1 470 Marek Glowacki	40	Pzwla	15.50m	15.30m	20.81m 80.48%
2 371 Richard Roberts	42	Edmonton Masters	7.44m	6.29m	8.14m 31.48%