

2011 DON WRIGHT TEAM CHALLENGE - 28th Annual**Saturday 22-Jan-11**

01/22/2011 - 01/22/2011

UWO Thompson Arena, London ON**Event # 1 WOMENS 60m Dash**

#MEET RECORD:O.Smalls Michigan State 7.58 17Jan1986

%ARENA RECORD:M.Griffiths Ryerson U. 7.43 4-Dec-2010

RESULTS OF FINALS

1 Nicole Sassine	E4	Windsor Lancers	7.79
2 Mila Simulik	E3	Western Mustangs	7.88
3 Cassandra McCaig	E3	Western Mustangs	8.04
4 Vanessa Braithwaite		UWO Red Shirt	8.04
5 Brittany Pepper	E5	York Lions	8.07
6 Tia Semplonius	R	Western Mustangs	8.11
7 Tonya Malcolm	R	Western Mustangs	8.15
8 Ali Mooney	R	York Lions	8.24

RESULTS OF PRELIMS

1 Nicole Sassine	E4	Windsor Lancers	Q	7.85
2 Mila Simulik	E3	Western Mustangs	Q	7.88
3 Cassandra McCaig	E3	Western Mustangs	Q	8.03
4 Brittany Pepper	E5	York Lions	Q	8.06
5 Tia Semplonius	R	Western Mustangs	q	8.10
6 Vanessa Braithwaite		UWO Red Shirt	q	8.11
7 Ali Mooney	R	York Lions	q	8.21
8 Tonya Malcolm	R	Western Mustangs	q	8.24
9 Sandra Ngongo	R	Windsor Lancers		8.27
10 Nathana Griffiths	R	Windsor Lancers		8.29
11 Caroline Ssemenda	E2	McMaster Marauders		8.40
12 Katrina VanDervoort	E3	Waterloo Warriors		8.63

Event # 2 MENS 60m Dash

#MEET RECORD:J.Kerr U.W.O. 6.85 24Jan2009

%ARENA RECORD:D.Williams York U. 6.76 2-Jan-1982

RESULTS OF FINALS

1 Dontae Richards-Kwok	E3	York Lions	6.87
2 Shlomo Dunyo	E2	Waterloo Warriors	6.91
3 Justin Keating	E3	Windsor Lancers	7.02
4 Chris Reid	E4	Windsor Lancers	7.05
5 Brendan Dills	E4	Windsor Lancers	7.16
6 Wesley Huff	R	York Lions	7.30
7 Denis Noronha	E4	McMaster Marauders	7.31
8 Kofi Kwarko-Fosu	E2	Waterloo Warriors	7.32

RESULTS OF PRELIMS

1 Dontae Richards-Kwok	E3	York Lions	Q	6.90
2 Shlomo Dunyo	E2	Waterloo Warriors	Q	6.96
3 Chris Reid	E4	Windsor Lancers	Q	7.01
4 Justin Keating	E3	Windsor Lancers	Q	7.07
5 Brendan Dills	E4	Windsor Lancers	Q	7.12
6 Kofi Kwarko-Fosu	E2	Waterloo Warriors	q	7.29
7 Denis Noronha	E4	McMaster Marauders	q	7.30
8 Wesley Huff	R	York Lions	Q	7.36
9 John Odame	R	Western Mustangs		7.39
10 Anthony Dandie	E4	Windsor Lancers		7.45
11 Thomas Davis	R	Western Mustangs		7.46
12 Garrick Mok	E1	McMaster Marauders		7.48
13 Matt Pawelke	R	McMaster Marauders		7.51
14 Andrew Gapic	E1	McMaster Marauders		7.67
15 James Noordam	E1	McMaster Marauders		7.69
Judah Osagie	R	York Lions	DQ	
Luke Govia	E5	Waterloo Warriors	DQ	

Event # 3 WOMENS 300m Run

#MEET RECORD:O.Smalls Michigan State 39.94 17Jan1986

%ARENA RECORD:L.Hatz Washington DC 39.14 3-Feb-1979

1 Nicole Sassine	E4	Windsor Lancers	41.59
2 Sarah Clancy	R	Western Mustangs	42.53
3 Sandra Ngongo	R	Windsor Lancers	42.56
4 Nathana Griffiths	R	Windsor Lancers	43.17
5 Sarah Callahan	R	Western Mustangs	43.29
6 Ali Mooney	R	York Lions	43.75
7 Dana Hislop		McMaster Marauders	43.98
8 Morgan Van Mierlo		McMaster Marauders	44.22
9 Jaide Lyons	E2	Windsor Lancers	44.40
10 Naomi Lance	R	Waterloo Warriors	44.54
11 Michelle Cress	E1	Waterloo Warriors	46.65
12 Nicole Cress	E1	Waterloo Warriors	49.41
13 Jacqueline Rennebohm		Western Mustangs	50.92

Event # 4 MENS 300m Run

#MEET RECORD:L.Hanna Detroit Mercy 34.41 24Jan2009

%ARENA RECORD:J.Grace U. Michigan 34.24 4-Feb-1978

1 Ingvar Mosley	R	York Lions	35.80
2 Elias Granillo	E3	Western Mustangs	36.32
3 Leonae Nichol	E2	Windsor Lancers	36.45
4 Travis Nightingale	E5	Windsor Lancers	36.50
5 Jacob Muirhead	E4	Waterloo Warriors	36.87
6 Thomas Davis	R	Western Mustangs	36.99
7 Brent Bates	R	Western Mustangs	37.02
8 Ben Terejko	E2	Waterloo Warriors	37.07
9 Birko Montinat	R	York Lions	37.36
10 Drew MacKaytimmerman	E3	Western Mustangs	37.75
11 Eric Noland	E3	Waterloo Warriors	38.36
12 Judah Osagie	R	York Lions	38.92
13 James Noordam	E1	McMaster Marauders	39.18

Event # 5 WOMENS 600m Run

#MEET RECORD:E.Braithwaite U. Toronto 1:31.44 18Jan1985

%ARENA RECORD:M.Killingbeck York U. 1:30.54 8-Jan-1983

1 Jackie Todd	E4	Western Mustangs	1:41.07
2 Kaleisha Hilborn	E2	Western Mustangs	1:41.80
3 Stephanie Hinton	E3	Waterloo Warriors	1:47.70
4 Michelle Cress	E1	Waterloo Warriors	1:47.87
5 Nicole Cress	E1	Waterloo Warriors	1:51.32

Event # 6 MENS 600m Run

#MEET RECORD:P.Osland U. Toronto 1:19.14 18Jan1985

%ARENA RECORD:G.Bartram Ashland OH 1:19.14 3-Dec-1988

1 Scott Leitch	E3	Western Mustangs	1:20.25
2 Dustin Eldridge	E4	Windsor Lancers	1:20.80
3 Jordan Langridge	E2	Windsor Lancers	1:21.87
4 Mitch Tome	E4	Windsor Lancers	1:22.09
5 Ben Lane	E5	Windsor Lancers	1:22.48
6 Matt Muldoon	R	Western Mustangs	1:23.22
7 Ryan Charlton	E2	York Lions	1:24.05
8 Nate Hayward	E2	Western Mustangs	1:24.70
9 David Mayer	E4	York Lions	1:25.22
10 Oliver Grant	E2	Waterloo Warriors	1:25.86
11 Darragh O'Connor	E2	Western Mustangs	1:25.99

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12 Adam Neale	E1	Waterloo Warriors	1:29.97
13 Stephen Bell	E2	Waterloo Warriors	1:31.71

Event # 7 WOMENS 1000m Run

#MEET RECORD:C.Whiteside U.W.O. 2:50.30 17Jan1986

%ARENA RECORD:K.Vermuelen U.W.O. 2:46.11 15Feb2002

1 Lisa Giles	E2	McMaster Marauders	2:58.65
2 Jen Bays	E1	Western Mustangs	2:59.58
3 Courtney Long	R	Western Mustangs	3:03.10
4 Alyssa Thrasher	E4	Windsor Lancers	3:04.84
5 Megan Beverley	E1	McMaster Marauders	3:05.17
6 Carly Gill	E5	Windsor Lancers	3:06.62
7 Amina Oumesrour	E2	Windsor Lancers	3:09.75
8 Haley Cadwallader	E2	Windsor Lancers	3:14.08
9 Kathleen Gallagher	E2	Waterloo Warriors	3:28.07
10 Vinny Chan	R	Waterloo Warriors	3:30.83
EX Jen Cotten		UWO Alum	2:58.92
EX Katie Bell		UWO Espoir	3:11.87

Event # 8 MENS 1000m Run

#MEET RECORD:H.Mitro U. Waterloo 2:26.40 18Jan1987

%ARENA RECORD:H.Mitro U. Waterloo 2:26.40 18Jan1987

1 Ryan Armstrong	E3	Western Mustangs	2:28.67
2 Adam Kellar	E5	Windsor Lancers	2:29.15
3 Charles Allan	E2	Waterloo Warriors	2:30.15
4 Paul Lamarra	R	Windsor Lancers	2:31.01
5 Graeme Nicol	E2	Windsor Lancers	2:32.86
6 Kevin Montgomery	E5	York Lions	2:33.54
7 Justin Spalvieri	E3	Waterloo Warriors	2:36.91
8 Eric Barry	E1	McMaster Marauders	2:37.30
9 Mike Percival	E3	McMaster Marauders	2:37.59
10 James Harrington	E3	McMaster Marauders	2:37.61
11 Matt Melnik	E2	Waterloo Warriors	2:41.13
12 Lawrence Xie	E3	Waterloo Warriors	2:44.34

Event # 9 WOMENS 1500m Run

#MEET RECORD:J.Purola U.W.O. 4:26.70 20Jan1984

%ARENA RECORD:J.Purola U.W.O. 4:24.70 3-Dec-1989

1 Laura Desjardins	E3	Western Mustangs	4:50.66
2 Hailey Cummings	E2	Western Mustangs	4:55.57
3 Kelly-Lynne Spettigue	E5	Waterloo Warriors	4:56.84
4 Kelly Laing	E3	Windsor Lancers	5:00.20
5 Lizz Hodgson	E1	McMaster Marauders	5:06.02
6 Nicole Francki	E2	York Lions	5:18.90
7 Iana Kotliarova	E2	York Lions	5:23.21
8 Karen Lawson	E3	York Lions	5:27.85

Event # 10 MENS 1500m Run

#MEET RECORD:T.Simpson Michigan State 3:49.80 18Jan1985

%ARENA RECORD:D.Consiglio U. Arkansas 3:48.20 5-Jan-1986

1 Fraser Kegel	E1	Windsor Lancers	4:03.53
2 Pat Galler	E2	Windsor Lancers	4:04.85
3 Kyle O'Neill	E4	Western Mustangs	4:08.65
4 Graham Bowes	E3	McMaster Marauders	4:10.10
5 Jonathan Zidar	E3	Windsor Lancers	4:13.71
6 Ethan Henry	R	York Lions	4:14.95
7 Spencer McGillicuddy	E3	Windsor Lancers	4:21.42

Event # 11 WOMENS 3000m Run

#MEET RECORD:A.Pewe Michigan State 9:33.00 20Jan1984

%ARENA RECORD:L.Bussiere Quebec 9:09.00 2-Dec-1989

1 Brittany Hambleton	R	Western Mustangs	10:49.37
2 Rachel Windsor	E2	Western Mustangs	11:01.27
3 Carol Graham	E4	York Lions	11:04.34
4 Kristen Marchant	R	Waterloo Warriors	11:18.65

Event # 12 MENS 3000m Run

#MEET RECORD:R.Tyndall U.W.O. 8:20.40 13Jan1996

%ARENA RECORD:H.Mitro Sarnia TC 8:11.90 1-Dec-1990

1 Will Dick	E2	Windsor Lancers	8:53.09
2 Dave Meloche	R	Windsor Lancers	8:58.57
3 Jordan Collison	R	Windsor Lancers	9:03.13
4 Patrick MacKinnon	E3	Waterloo Warriors	9:03.79
5 Kevin Blackney	R	Western Mustangs	9:04.00
6 Michael Stewart	E1	Waterloo Warriors	9:06.31
7 David Arango	E3	Western Mustangs	9:08.67
8 Ryan Tice	E3	McMaster Marauders	9:26.26
9 Adam Dobri	E2	Waterloo Warriors	9:54.96
10 Ryan Santos	R	Waterloo Warriors	9:56.34

Event # 13 WOMENS 60m Hurdles

#MEET RECORD:K.Park U. Windsor 8.60 21Jan2006

%ARENA RECORD:K.Anderson Phoenix TC 8.20 30-Nov1997

RESULTS OF FINALS

1 Emily Coxhead	E4	Western Mustangs	9.03
2 Danielle Villalta	E3	York Lions	9.52
3 Shannon Mueller	E3	Windsor Lancers	9.60
4 Caitlyn MacMillan	R	Western Mustangs	9.81
5 Naomi Lance	R	Waterloo Warriors	9.86
6 Adrienne Payne	E1	Windsor Lancers	9.96
6 Kelly Morrison	E3	Windsor Lancers	9.96
EX Meghan Harris	E4	Guelph Gryphons	9.13

RESULTS OF PRELIMS

1 Emily Coxhead	E4	Western Mustangs	Q	9.17
EX Meghan Harris	E4	Guelph Gryphons	Q	9.26
3 Danielle Villalta	E3	York Lions	Q	9.65
4 Naomi Lance	R	Waterloo Warriors	q	9.79
5 Shannon Mueller	E3	Windsor Lancers	Q	9.80
6 Adrienne Payne	E1	Windsor Lancers	q	10.03
7 Caitlyn MacMillan	R	Western Mustangs	q	10.05
8 Kelly Morrison	E3	Windsor Lancers	q	10.41
9 Anna Antczak	R	Waterloo Warriors		10.60
10 Alanna Kelly	E3	Windsor Lancers		10.73
11 Chantel Pilon	E2	Waterloo Warriors		12.23
Shaylyn Kowalchuk	R	Western Mustangs		DNS

Event # 14 MENS 60m Hurdles

#MEET RECORD:A.Hough London-Western 8.00 18Jan1987

%ARENA RECORD:M.McKoy York U. 7.85 6-Jan-1985

RESULTS OF FINALS

1 Ingvar Mosley	R	York Lions	8.39
2 Austin Roth	E2	Windsor Lancers	8.71
3 Matt Morden	E2	Western Mustangs	8.72
4 Eric Noland	E3	Waterloo Warriors	9.11
5 Felix Li	E4	Western Mustangs	9.17

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6 Justin Conlon	E2	Waterloo Warriors	10.50	3 Waterloo Warriors A	Waterloo Warriors	4:26.86
Matt Brisson	E2	Western Mustangs	DQ	Naomi Lance R	Stephanie Hinton E3	
RESULTS OF PRELIMS				Michelle Cress E1	Nicole Cress E1	
1 Matt Brisson	E2	Western Mustangs	Q 8.24	66.2, 67.2, 65.0, 68.2		
2 Ingvar Mosley	R	York Lions	Q 8.40			
3 Andrew Vanden Dool		St.Thomas Legion	Q 8.51			
4 Matt Morden	E2	Western Mustangs	Q 8.72			
5 Austin Roth	E2	Windsor Lancers	q 8.90			
6 Eric Noland	E3	Waterloo Warriors	q 9.18			
7 Felix Li	E4	Western Mustangs	q 9.25			
8 Justin Conlon	E2	Waterloo Warriors	q 10.41			
9 Justin Massar	R	York Lions	10.91			
10 Bradley Matheson	E3	York Lions	13.60			

Event # 15 WOMENS 4x200m Relay

#MEET RECORD: .Windsor Lancers 1:41.34 16Jan1993

%ARENA RECORD: .Windsor Lancers 1:41.34 16-Jan1993

1 Western Mustangs A	Western Mustangs	1:45.70
Caroline Ehrhardt R	Alicia Smith E4	
Tia Semplonius R	Emily Coxhead E4	
26.7, 27.0, 25.6, 26.1		
2 Waterloo Warriors A	Waterloo Warriors	1:54.86
Naomi Lance R	Chantel Pilon E2	
Nancy Spreitzer E5	K VanDervoort E3	
27.7, 28.1, 29.1, 29.6		

Event # 16 MENS 4x200m Relay

#MEET RECORD: .Windsor Lancers 1:28.84 18Jan1992

%ARENA RECORD: .Windsor Lancers 1:28.84 18Jan1992

1 Windsor Lancers A	Windsor Lancers	1:29.25
Justin Keating E3	Brendan Dills E4	
Chris Reid E4	Leonae Nichol E2	
23.1, 21.5, 21.9, 22.6		
2 Waterloo Warriors A	Waterloo Warriors	1:32.73
Luke Govia E5	Jacob Muirhead E4	
Ben Terejko E2	Kofi Kwarko-Fosu E2	
22.6, 22.8, 22.8, 24.1		
3 McMaster Marauders A	McMaster Marauders	1:33.46
4 York Lions A	York Lions	1:35.27
Birko Montinat R	Dwayne Norman E5	
Wesley Huff R	Judah Osagie R	
23.7, 23.1, 24.0, 24.5		
Western Mustangs A	Western Mustangs	DQ
John Odame R	Matt Muldoon R	
Chris Robertson	Felix Li E4	

Event # 17 WOMENS 4x400m Relay

#MEET RECORD: .Western Mustangs 3:53.39 23Jan2010

%ARENA RECORD: .Western Mustangs 3:53.39 23Jan2010

1 Western Mustangs A	Western Mustangs	4:13.27
Tonya Malcolm R	Sarah Callahan R	
Sarah Clancy R	Courtney Long R	
64.1, 62.8, 65.7, 60.3		
2 Western Mustangs B	Western Mustangs	4:14.84
Kaleisha Hilborn E2	Jen Bays E1	
Jackie Todd E4		
63.9, 64.1, 61.8, 64.7		

Event # 18 MENS 4x400m Relay

#MEET RECORD: .Western Mustangs 3:18.90 18Jan1985

%ARENA RECORD: .Western Mustangs 3:18.90 18Jan1985

1 Windsor Lancers A	Windsor Lancers	3:26.16
Mitch Tome E4	Dustin Eldridge E4	
Ben Lane E5	Jordan Langridge E2	
51.8, 51.1, 52.0, 50.8		
2 Western Mustangs A	Western Mustangs	3:29.37
Brandon McCartney	Brent Bates R	
D MacKaytimmerman E3	Dan Goddard	
54.5, 51.4, 52.2, 51.0		
3 Waterloo Warriors A	Waterloo Warriors	3:31.56
Oliver Grant E2	Charles Allan E2	
Justin Spalvieri E3	Lawrence Xie E3	
52.0, 53.2, 53.9, 52.3		
4 York Lions A	York Lions	3:32.24
Ryan Charlton E2	Ethan Henry R	
Birko Montinat R	Kevin Montgomery E5	
52.1, 53.2, 53.3, 52.4		

Event # 19 WOMENS High Jump

#MEET RECORD: B.Bryan U.W.O. 1.77 15Jan1994

%ARENA RECORD: J.White Etobicoke TC 1.83 4-Feb-1978

1 Courtney Olah	R	Western Mustangs	1.64m
2 Jenn Pitman	R	Western Mustangs	1.64m
3 Katie Johnson	E5	Western Mustangs	1.64m
4 Brooke Wilson	E2	Western Mustangs	1.55m
5 Kelly Morrison	E3	Windsor Lancers	1.50m
6 Alanna Kelly	E3	Windsor Lancers	1.45m
7 Adrienne Payne	E1	Windsor Lancers	1.40m

Event # 20 MENS High Jump

#MEET RECORD: T.Patulski Central Michigan 2.14 21Jan1988

%ARENA RECORD: G.Univ. of Toronto Paul Caraballo UDM 2.15 F'83/ N'96

1 Justin Conlon	E2	Waterloo Warriors	1.88m
2 Andrew Good	E3	Waterloo Warriors	1.88m
3 Jose Belfast-Kum	E2	Western Mustangs	1.85m
4 Ben Whithers	R	Western Mustangs	1.70m
5 Felix Li	E4	Western Mustangs	1.60m

Event # 21 WOMENS Pole Vault

#MEET RECORD: D.Ellis U. Waterloo 3.90 6-Jan-2001

%ARENA RECORD: D.Ellis U. Waterloo 3.95 2-Dec-2000

1 Sharon Michalak	R	Western Mustangs	3.31m
2 Rachel Lariviere	E2	Windsor Lancers	2.86m
3 Meaghan Felet	R	Windsor Lancers	2.56m
Carmen Siu	E3	Western Mustangs	NM
EX Alysha Newman		London Legion TFC	3.75m
EX Robin Bone		London-Western TFC	NM

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Event # 22 MENS Pole Vault

#MEET RECORD:R.Girvin U. Toronto 4.80 18Jan1985

%ARENA RECORD:D.Wood York U. 5.35 4-Dec-1993

1 Chris Erle	E4	Western Mustangs	4.45m
2 Zachary Bertram	E2	Windsor Lancers	3.70m
Matt Diston	R	Western Mustangs	NM
EX Morley Willoughby		UWO Espoir	3.70m

Event # 23 WOMENS Long Jump

#MEET RECORD:J.Cotten U.W.O. 6.09 23Jan2010

%ARENA RECORD:J.Cotten U.W.O. 6.09 23Jan2010

1 Caroline Ehrhardt	R	Western Mustangs	5.53m
2 Alicia Smith	E4	Western Mustangs	5.35m
3 Kelly Morrison	E3	Windsor Lancers	5.14m
4 Adrienne Payne	E1	Windsor Lancers	4.98m
5 Nathana Griffiths	R	Windsor Lancers	4.97m
6 Alanna Kelly	E3	Windsor Lancers	4.81m
7 Katrina VanDervoort	E3	Waterloo Warriors	4.75m
8 Chantel Pilon	E2	Waterloo Warriors	4.18m

Event # 24 MENS Long Jump

#MEET RECORD:T.Betty U.W.O. 7.45 16Jan1993

%ARENA RECORD:T.Betty U.W.O. 7.45 14Jan1995

1 Jeremy Yang	E3	Waterloo Warriors	6.25m
2 Levi Dow	E2	York Lions	6.11m
3 Dahn Pratt	R	York Lions	6.04m
EX Mark Scherle		London-Western TFC	6.97m

Event # 25 WOMENS Triple Jump

#MEET RECORD:K.Dinsmore U. Windsor 12.58 15Jan1994

%ARENA RECORD:K.Dinsmore U. Windsor 12.58 14Jan1994

1 Caroline Ehrhardt	R	Western Mustangs	11.96m
2 Mila Simulik	E3	Western Mustangs	11.63m
3 Jackie Anderson	E4	Windsor Lancers	11.26m
4 Katie Kaiser	R	Western Mustangs	11.05m
5 Nancy Spreitzer	E5	Waterloo Warriors	10.59m
6 Sarah Sylvester	E3	Western Mustangs	10.30m
7 Anna Antczak	R	Waterloo Warriors	10.26m

Event # 26 MENS Triple Jump

#MEET RECORD:S.Norris Central Michigan 14.88 14Jan1995

%ARENA RECORD:D.Trowell Tennessee Tech . 15.42 4-Dec-1976

1 Jose Belfast-Kum	E2	Western Mustangs	13.34m
2 Anthony Dandie	E4	Windsor Lancers	13.08m
3 Carl Shen	E3	Western Mustangs	13.06m
4 Dahn Pratt	R	York Lions	12.44m

Event # 27 WOMENS Shot Put

#MEET RECORD:L.Tunks unattached 17.71 11Jan2003

%ARENA RECORD:V.Fisher Michigan State U. 15.53 20Jan1984

1 Cynthia Appiah	E3	York Lions	13.93m
2 Celine Gibb	E2	Windsor Lancers	13.21m
3 Steffi Stephenson	E3	Windsor Lancers	12.53m
4 Shealyn McLaughlin	E2	Windsor Lancers	12.16m
5 Justine Vidal	R	York Lions	10.91m

6 Katerina Karidas	R	Western Mustangs	10.85m
7 Julie Sleeth	R	Western Mustangs	9.79m
8 Adrienne Payne	E1	Windsor Lancers	9.50m
9 Marian Agyei-Gyamera	R	Waterloo Warriors	9.30m
10 Kristen Bujnowski	R	Western Mustangs	9.26m
11 Sarah Krapez	R	Waterloo Warriors	9.12m
12 Berni Allen		Western Mustangs	8.88m
EX Marie Josee Le Jour		St.Laurent Selects	13.79m

Event # 28 MENS Shot Put

#MEET RECORD:J.Tunks unattached 17.58 11Jan2003

%ARENA RECORD:L.Chambul Scarboro Optimist TC 17.78 2-Feb-1980

1 Andy Ysebaert	E4	Windsor Lancers	16.12m
2 Drew Welch	R	Western Mustangs	15.44m
3 Umar Khan	E2	York Lions	15.12m
4 Cole Bloxam	E4	Windsor Lancers	14.80m
5 Jessie Francis	E2	Western Mustangs	13.46m
6 Eric Brathwaite	R	York Lions	13.43m
7 Justin Massar	R	York Lions	12.03m
8 Alex Rodenheiser	E2	Western Mustangs	11.92m
9 Bradley Matheson	E3	York Lions	11.87m
10 Steven Shearer	E2	Windsor Lancers	11.76m
11 Justin Conlon	E2	Waterloo Warriors	10.66m
12 Anthony Dandie	E4	Windsor Lancers	10.54m
13 Chris Bergin	R	Western Mustangs	9.09m
EX Danny Novia		York U TC	15.30m

Event # 29 WOMENS Weight Throw

#MEET RECORD:B.Horne U. Detroit Mercy 17.13 23Jan2010

%ARENA RECORD:B.Horne U. Detroit Mercy 17.13 23Jan2010

1 Cynthia Appiah	E3	York Lions	17.84m #%
2 Shealyn McLaughlin	E2	Windsor Lancers	15.41m
3 Katie Klodnicki	R	York Lions	15.28m
4 Ami Schimanski	E2	Windsor Lancers	14.72m
5 Steffi Stephenson	E3	Windsor Lancers	13.97m
6 Jenine McCutcheon	E3	Western Mustangs	13.73m
7 Justine Vidal	R	York Lions	13.39m
8 Julie Sleeth	R	Western Mustangs	12.63m
9 Alex Mara	R	Western Mustangs	10.34m
10 Berni Allen		Western Mustangs	8.13m
Celine Gibb	E2	Windsor Lancers	ND
EX Marie Josee Le Jour		St.Laurent Selects	18.41m

Event # 30 MENS Weight Throw

#MEET RECORD:D.McCrank U. Guelph 16.09 24Jan2009

%ARENA RECORD:O.Willems U. Guelph 17.78 29Nov2008

1 Eric Brathwaite	R	York Lions	15.89m
2 Umar Khan	E2	York Lions	14.68m
3 Alex Pilar	R	Western Mustangs	14.41m
4 Josh Archer	E3	Western Mustangs	14.22m
5 Jessie Francis	E2	Western Mustangs	14.18m
6 Steven Shearer	E2	Windsor Lancers	12.86m
7 Alex Rodenheiser	E2	Western Mustangs	12.33m
EX Danny Novia		York U TC	18.60m
EX Seb Pilon		UNATTACHED	15.20m

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PLACE**team****INITIALS****SCORE**