

CHAMPIONNAT SIC-CIS CROSS-COUNTRY CHAMPIONSHIPS

November 13th, Sherbrooke, QC

11/13/2010

Club de golf de Sherbrooke Country Club

Event # 2 MENS 10K Run

Start at 1:45pm

Conditions: 11-c, soggy turf

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	GUELPH	24	1-2-4-6-11	26-32
2	WINDSOR	57	7-9-12-14-15	19-64
3	WESTERN	147	18-24-29-33-43	50-55
4	VICTORIA	149	5-17-27-40-60	75-83
5	QUEEN'S	168	13-25-36-38-56	67-100
6	CALGARY	172	16-28-37-44-47	57-71
7	REGINA	173	3-8-31-41-90	97
8	MANITOBA	238	10-39-51-62-76	85-89
9	MCMASTER	238	20-34-53-54-77	79-95
10	ALBERTA	257	21-30-65-69-72	73-82
11	SHERBROOKE	298	22-42-63-68-103	116-118
12	LAVAL	362	52-59-70-87-94	102-105
13	MCGILL	364	35-61-74-81-113	119-122
14	ST-FRANCIS-XAVIER	380	45-49-78-101-107	115-117
15	CONCORDIA	393	23-48-91-111-120	123-129
16	SASKATCHEWAN	401	58-66-86-92-99	114-125
17	DALHOUSIE	434	46-80-96-104-108	109-121
18	LAURIER	481	84-88-93-106-110	112-126
19	TRINITY WESTERN	607	98-124-127-128-130	
	MEMORIAL			
	MONCTON			
	RYERSON			
	ST MARY'S			
	TROIS-RIVIÈRES			
	WATERLOO			

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	TIME
1	1	61	Kyle Boorsma		E5	GUELPH	1	31:53
2	2	63	Alex Genest		E4	GUELPH	2	32:07
3	3	213	Kelly Wiebe		E4	REGINA	1	32:15
4	4	62	Allan Brett		E4	GUELPH	3	32:23
5	5	280	Matt Pieteron		E3	VICTORIA	1	32:27
6	6	69	Ross Proudfoot		R	GUELPH	4	32:46
7	7	315	Matt Walters		E3	WINDSOR	1	32:48
8	8	210	Iain Fyfe		E3	REGINA	2	32:54
9	9	312	Paul Janikowski		R	WINDSOR	2	33:02
10	10	258	Paul Carr		E5	MANITOBA	1	33:03
11	11	68	Andrew Nixon		E2	GUELPH	5	33:06
12	12	314	Lionel Sanders		R	WINDSOR	3	33:12
13	13	145	Matt Hulse		E4	QUEEN'S	1	33:15
14	14	310	Andrew Aguanno		E3	WINDSOR	4	33:19
15	15	317	Dave Weston		E5	WINDSOR	5	33:21

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16	16	14	Scott Nicol	E5	CALGARY	1	33:23
17	17	276	Cliff Childs	E4	VICTORIA	2	33:26
18	18	299	Ryan Huff	E4	WESTERN	1	33:27
19	19	311	Anthony Berkis	E3	WINDSOR	6	33:28
20		362	Stephan Hosier		RYERSON	1	33:29
21	20	128	Andrew Yorke	E4	MCMASTER	1	33:32
22	21	247	Maxime Leboeuf	E2	ALBERTA	1	33:33
23	22	178	Olivier Lavoie	E2	SHERBROOKE	1	33:34
24	23	25	Stephane Colle	E2	CONCORDIA	1	33:36
25	24	300	Kyle O'Neill	E4	WESTERN	2	33:37
26	25	147	Clay Patterson	E3	QUEEN'S	2	33:38
27	26	66	Tommy Mosher	E3	GUELPH	6	33:41
28	27	277	Dylan Haight	R	VICTORIA	3	33:43
29	28	10	Matthew Cloutier	E4	CALGARY	2	33:44
30	29	297	Ryan Armstrong	E3	WESTERN	3	33:49
31	30	250	Jamie Weikum	E4	ALBERTA	2	33:56
32	31	211	Matt Johnson	R	REGINA	3	33:57
33	32	64	Rob Jackson	E3	GUELPH	7	33:59
34	33	294	Evan Andrin	E2	WESTERN	4	34:04
35	34	120	Larry Abbott	E5	MCMASTER	2	34:08
36	35	104	Jay Boychuk	R	MCGILL	1	34:10
37	36	141	Andrew Corchene	E2	QUEEN'S	3	34:13
38	37	15	Spencer Pootz	E3	CALGARY	3	34:14
39	38	144	Oliver Hathaway	E3	QUEEN'S	4	34:15
40	39	264	Sam Vincent	R	MANITOBA	2	34:18
41	40	281	Karl Robertson	E2	VICTORIA	4	34:19
42	41	214	Dale Wig	E5	REGINA	4	34:21
43	42	174	Ferdinand Buzingo	E4	SHERBROOKE	2	34:22
44	43	295	David Arango	E3	WESTERN	5	34:22
45	44	13	Curtis Merry	R	CALGARY	4	34:25
46	45	195	Connor McGuire	E2	ST-FRANCIS-XAVIER	1	34:26
47	46	45	Daniel Gorman	E4	DALHOUSIE	1	34:27
48	47	11	Samuel Dorosz	E3	CALGARY	5	34:29
49	48	31	Ryan Noel Hodge	E2	CONCORDIA	2	34:32
50	49	192	Ivan Lewis	E4	ST-FRANCIS-XAVIER	2	34:34
51	50	296	Juan Arango	R	WESTERN	6	34:35
52	51	260	Calvary Dejong	E3	MANITOBA	3	34:39
53	52	159	Maxime Lapierre	E2	LAVAL	1	34:41
54	53	126	Taylor Reid	E2	MCMASTER	3	34:46
55		284	Charly Allan	E3	WATERLOO	1	34:48
56	54	121	Jordan Bierema	R	MCMASTER	4	34:49
57	55	301	Brent Smith	E4	WESTERN	7	34:50
58	56	146	Tyson Loney	E2	QUEEN'S	5	34:51
59	57	12	Gareth Hadfield	R	CALGARY	6	34:54
60	58	226	Samir Marin	E3	SASKATCHEWAN	1	34:56
61	59	163	Charles Philibert-Thiboutot	R	LAVAL	2	34:58
62	60	275	Rejean Chiasson	E1	VICTORIA	5	35:00
63	61	108	Daniel Kramer	E3	MCGILL	2	35:01
64	62	262	Adam Penner	E5	MANITOBA	4	35:01
65	63	177	Simon-Malik Giroux	E4	SHERBROOKE	3	35:02
66	64	313	Adam Kellar	E5	WINDSOR	7	35:02
67	65	246	Graeme Law	E3	ALBERTA	3	35:06

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68	66	227	Matt Mazurik	E5	SASKATCHEWAN	2	35:08
69	67	139	Jeff Archer	E2	QUEEN'S	6	35:09
70	68	179	Nicolas Thouin	E5	SHERBROOKE	4	35:10
71	69	249	Jaden Ostapowich	E2	ALBERTA	4	35:12
72	70	157	Jean-Simon Fournier-Dufour	E2	LAVAL	3	35:13
73	71	9	Bradley Bickley	E2	CALGARY	7	35:13
74	72	244	Pat Kong	E2	ALBERTA	5	35:13
75	73	245	Joel Lauzon	E4	ALBERTA	6	35:14
76	74	110	Graydon Snider	E4	MCGILL	3	35:16
77	75	278	Kyle Irvine	E3	VICTORIA	6	35:29
78		233	Jean-Marc Doiron	E5	MONCTON	1	35:31
79	76	259	Elliott Cooke	E3	MANITOBA	5	35:32
80	77	125	Cory McCurry	E4	MCMASTER	5	35:33
81		285	Patrick MacKinnon	E3	WATERLOO	2	35:35
82	78	190	Arron Doucette	E2	ST-FRANCIS-XAVIER	3	35:36
83	79	122	Graham Bowes	E3	MCMASTER	6	35:38
84	80	49	Bruce Russell	E2	DALHOUSIE	2	35:40
85	81	106	Oliver Foster	R	MCGILL	4	35:48
86	82	243	Sean Hawryluk	E4	ALBERTA	7	35:50
87	83	279	Doug Oxland	E2	VICTORIA	7	35:52
88	84	84	Shoamir Ikram	E2	LAURIER	1	35:55
89	85	263	Colin Shepherd	E4	MANITOBA	6	35:56
90	86	228	Eric Mueller	E1	SASKATCHEWAN	3	35:56
91	87	165	Mathieu Raymond	E3	LAVAL	4	36:01
92	88	85	Sohanir Ikram	E2	LAURIER	2	36:02
93	89	261	Thomas Miller	R	MANITOBA	7	36:03
94	90	212	Michael Middlemiss	r	REGINA	5	36:03
95	91	27	Sofiane Guend	E4	CONCORDIA	3	36:06
96		166	Brad Orchard	E5	ST MARY'S	1	36:09
97	92	229	John-Patrick Waslen	R	SASKATCHEWAN	4	36:11
98	93	87	Abdu Zaghlol	R	LAURIER	3	36:12
99	94	164	Sacha Plante-Dubé	R	LAVAL	5	36:12
100	95	124	Eric Labelle	R	MCMASTER	7	36:16
101	96	48	Jacob Moore	R	DALHOUSIE	3	36:21
102	97	209	Marc Beaton	E3	REGINA	6	36:23
103	98	205	Mihai Prajea	R	TRINITY WESTERN	1	36:30
104	99	224	Stephan Gerard	E3	SASKATCHEWAN	5	36:31
105	100	143	Alex Green	E3	QUEEN'S	7	36:33
106	101	193	Zach MacDonald	E2	ST-FRANCIS-XAVIER	4	36:37
107	102	160	Anthony Larouche	E2	LAVAL	6	36:39
108	103	173	Viktor Alexy	E1	SHERBROOKE	5	36:45
109	104	50	Justin Vere	E5	DALHOUSIE	4	36:48
110	105	158	Nicholas Francoeur	R	LAVAL	7	36:55
111	106	86	Brent Meidinger	E3	LAURIER	4	36:57
112	107	194	Jullian MacLean	E2	ST-FRANCIS-XAVIER	5	36:59
113	108	47	Adam McGregor	R	DALHOUSIE	5	37:04
114	109	44	Joshua Coyle	E2	DALHOUSIE	6	37:11
115	110	82	Alex Garriock	E3	LAURIER	5	37:12
116	111	26	James Coulton	R	CONCORDIA	4	37:15
117	112	81	Jordan Fox	E4	LAURIER	6	37:20
118	113	105	Ian Forbes	R	MCGILL	5	37:28
119	114	225	Riley Magee	E3	SASKATCHEWAN	6	37:29

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120	115	191	Dennis Kymuba	E1	ST-FRANCIS-XAVIER	6	37:30
121	116	175	Alexandre Day	E2	SHERBROOKE	6	37:31
122		95	Frédéric Montplaisir	R	TROIS-RIVIÈRES	1	37:40
123		130	Sean Hulburt	E2	MEMORIAL	1	37:55
124	117	196	Gabe Quinneville	R	ST-FRANCIS-XAVIER	7	37:59
125	118	176	Laurent Fradet	R	SHERBROOKE	7	38:02
126	119	109	Tyler Lorenz	R	MCGILL	6	38:08
127	120	28	Jean Marc Laforest	E3	CONCORDIA	5	38:33
128	121	46	Ryan Kiros	E4	DALHOUSIE	7	38:34
129		91	Maxime Bilodeau	R	TROIS-RIVIÈRES	2	38:46
130	122	107	Ramsey Franklyn	R	MCGILL	7	38:48
131	123	30	Didier Morelli	E1	CONCORDIA	6	39:03
132	124	206	Christopher Voth	R	TRINITY WESTERN	2	39:06
133	125	223	Cuylar Conly	R	SASKATCHEWAN	7	39:17
134	126	80	Brett Cameron	E2	LAURIER	7	39:41
135	127	203	David Kostelyk	R	TRINITY WESTERN	3	40:01
136	128	204	Andrew Ott	R	TRINITY WESTERN	4	40:04
137	129	32	Clifford Reid	E2	CONCORDIA	7	40:26
138	130	201	Gary Cymbaluk	R	TRINITY WESTERN	5	41:09
139		94	Adrien Le Toux	R	TROIS-RIVIÈRES	3	45:35
140		202	Drew Gibson	R	TRINITY WESTERN		DNF
141		93	Jean-François Dionne	R	TROIS-RIVIÈRES		DNF

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TEAM: GUELPH**SCORE 24****PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Kyle Boorsma		E5	61	31:53	3:12	5:08
2-2	Alex Genest		E4	63	32:07	3:13	5:11
4-4	Allan Brett		E4	62	32:23	3:15	5:13
6-6	Ross Proudfoot		R	69	32:46	3:17	5:17
11-11	Andrew Nixon		E2	68	33:06	3:19	5:20
27-26	Tommy Mosher		E3	66	33:41	3:23	5:26
33-32	Rob Jackson		E3	64	33:59	3:24	5:29
Top 5 Total Time:		162:15			Top 5 Average Time:	32:27	
Top 5 Average per KM:		3:15			Top 5 Average Per MILE:	5:14	
1 - 5 Split:		1:13			1 - 7 Split:	2:06	
Top 7 Total Time:		229:55			Top 7 Average Time:	32:51	

TEAM: WINDSOR**SCORE 57****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-7	Matt Walters		E3	315	32:48	3:17	5:17
9-9	Paul Janikowski		R	312	33:02	3:19	5:19
12-12	Lionel Sanders		R	314	33:12	3:20	5:21
14-14	Andrew Aguanno		E3	310	33:19	3:20	5:22
15-15	Dave Weston		E5	317	33:21	3:21	5:23
19-19	Anthony Berkis		E3	311	33:28	3:21	5:24
66-64	Adam Kellar		E5	313	35:02	3:31	5:39
Top 5 Total Time:		165:42			Top 5 Average Time:	33:09	
Top 5 Average per KM:		3:19			Top 5 Average Per MILE:	5:20	
1 - 5 Split:		:33			1 - 7 Split:	2:14	
Top 7 Total Time:		234:12			Top 7 Average Time:	33:28	

TEAM: WESTERN**SCORE 147****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
18-18	Ryan Huff		E4	299	33:27	3:21	5:23
25-24	Kyle O'Neill		E4	300	33:37	3:22	5:25
30-29	Ryan Armstrong		E3	297	33:49	3:23	5:27
34-33	Evan Andrin		E2	294	34:04	3:25	5:29
44-43	David Arango		E3	295	34:22	3:27	5:32
51-50	Juan Arango		R	296	34:35	3:28	5:34
57-55	Brent Smith		E4	301	34:50	3:29	5:37
Top 5 Total Time:		169:19			Top 5 Average Time:	33:52	
Top 5 Average per KM:		3:24			Top 5 Average Per MILE:	5:27	
1 - 5 Split:		:55			1 - 7 Split:	1:23	
Top 7 Total Time:		238:44			Top 7 Average Time:	34:07	

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TEAM: VICTORIA

SCORE 149

PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Matt Pieterston		E3	280	32:27	3:15	5:14
17-17	Cliff Childs		E4	276	33:26	3:21	5:23
28-27	Dylan Haight		R	277	33:43	3:23	5:26
41-40	Karl Robertson		E2	281	34:19	3:26	5:32
62-60	Rejean Chiasson		E1	275	35:00	3:30	5:38
77-75	Kyle Irvine		E3	278	35:29	3:33	5:43
87-83	Doug Oxland		E2	279	35:52	3:36	5:47
Top 5 Total Time:		168:55	Top 5 Average Time:		33:47		
Top 5 Average per KM:		3:23	Top 5 Average Per MILE:		5:27		
1 - 5 Split:		2:33	1 - 7 Split:		3:25		
Top 7 Total Time:		240:16	Top 7 Average Time:		34:20		

TEAM: QUEEN'S

SCORE 168

PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Matt Hulse		E4	145	33:15	3:20	5:22
26-25	Clay Patterson		E3	147	33:38	3:22	5:25
37-36	Andrew Corchene		E2	141	34:13	3:26	5:31
39-38	Oliver Hathaway		E3	144	34:15	3:26	5:31
58-56	Tyson Loney		E2	146	34:51	3:30	5:37
69-67	Jeff Archer		E2	139	35:09	3:31	5:40
105-100	Alex Green		E3	143	36:33	3:40	5:53
Top 5 Total Time:		170:12	Top 5 Average Time:		34:03		
Top 5 Average per KM:		3:25	Top 5 Average Per MILE:		5:29		
1 - 5 Split:		1:36	1 - 7 Split:		3:18		
Top 7 Total Time:		241:54	Top 7 Average Time:		34:34		

TEAM: CALGARY

SCORE 172

PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
16-16	Scott Nicol		E5	14	33:23	3:21	5:23
29-28	Matthew Cloutier		E4	10	33:44	3:23	5:26
38-37	Spencer Pootz		E3	15	34:14	3:26	5:31
45-44	Curtis Merry		R	13	34:25	3:27	5:33
48-47	Samuel Dorosz		E3	11	34:29	3:27	5:33
59-57	Gareth Hadfield		R	12	34:54	3:30	5:37
73-71	Bradley Bickley		E2	9	35:13	3:32	5:41
Top 5 Total Time:		170:15	Top 5 Average Time:		34:03		
Top 5 Average per KM:		3:25	Top 5 Average Per MILE:		5:29		
1 - 5 Split:		1:06	1 - 7 Split:		1:50		
Top 7 Total Time:		240:22	Top 7 Average Time:		34:21		

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TEAM: REGINA**SCORE 173****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Kelly Wiebe		E4	213	32:15	3:14	5:12
8-8	Iain Fyfe		E3	210	32:54	3:18	5:18
32-31	Matt Johnson		R	211	33:57	3:24	5:28
42-41	Dale Wig		E5	214	34:21	3:27	5:32
94-90	Michael Middlemiss		r	212	36:03	3:37	5:49
102-97	Marc Beaton		E3	209	36:23	3:39	5:52
Top 5 Total Time:		169:30	Top 5 Average Time:		33:54		
Top 5 Average per KM:		3:24	Top 5 Average Per MILE:		5:28		
1 - 5 Split:		3:48	1 - 7 Split:				
Top 7 Total Time:		Top 7 Average Time:					

TEAM: MANITOBA**SCORE 238****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-10	Paul Carr		E5	258	33:03	3:19	5:20
40-39	Sam Vincent		R	264	34:18	3:26	5:32
52-51	Calvary Dejong		E3	260	34:39	3:28	5:35
64-62	Adam Penner		E5	262	35:01	3:31	5:39
79-76	Elliott Cooke		E3	259	35:32	3:34	5:44
89-85	Colin Shepherd		E4	263	35:56	3:36	5:47
93-89	Thomas Miller		R	261	36:03	3:37	5:49
Top 5 Total Time:		172:33	Top 5 Average Time:		34:31		
Top 5 Average per KM:		3:28	Top 5 Average Per MILE:		5:34		
1 - 5 Split:		2:29	1 - 7 Split:		3:00		
Top 7 Total Time:		244:32	Top 7 Average Time:		34:56		

TEAM: MCMASTER**SCORE 238****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-20	Andrew Yorke		E4	128	33:32	3:22	5:24
35-34	Larry Abbott		E5	120	34:08	3:25	5:30
54-53	Taylor Reid		E2	126	34:46	3:29	5:36
56-54	Jordan Bierema		R	121	34:49	3:29	5:37
80-77	Cory McCurry		E4	125	35:33	3:34	5:44
83-79	Graham Bowes		E3	122	35:38	3:34	5:45
100-95	Eric Labelle		R	124	36:16	3:38	5:51
Top 5 Total Time:		172:48	Top 5 Average Time:		34:34		
Top 5 Average per KM:		3:28	Top 5 Average Per MILE:		5:34		
1 - 5 Split:		2:01	1 - 7 Split:		2:44		
Top 7 Total Time:		244:42	Top 7 Average Time:		34:58		

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TEAM: ALBERTA

SCORE 257

PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
22-21	Maxime Leboeuf		E2	247	33:33	3:22	5:24
31-30	Jamie Weikum		E4	250	33:56	3:24	5:28
67-65	Graeme Law		E3	246	35:06	3:31	5:39
71-69	Jaden Ostapowich		E2	249	35:12	3:32	5:40
74-72	Pat Kong		E2	244	35:13	3:32	5:41
75-73	Joel Lauzon		E4	245	35:14	3:32	5:41
86-82	Sean Hawryluk		E4	243	35:50	3:35	5:47
Top 5 Total Time:		173:00			Top 5 Average Time:	34:36	
Top 5 Average per KM:		3:28			Top 5 Average Per MILE:	5:35	
1 - 5 Split:		1:40			1 - 7 Split:	2:17	
Top 7 Total Time:		244:04			Top 7 Average Time:	34:52	

TEAM: SHERBROOKE

SCORE 298

PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
23-22	Olivier Lavoie		E2	178	33:34	3:22	5:25
43-42	Ferdinand Buzingo		E4	174	34:22	3:27	5:32
65-63	Simon-Malik Giroux		E4	177	35:02	3:31	5:39
70-68	Nicolas Thouin		E5	179	35:10	3:31	5:40
108-103	Viktor Alexy		E1	173	36:45	3:41	5:55
121-116	Alexandre Day		E2	175	37:31	3:46	6:03
125-118	Laurent Fradet		R	176	38:02	3:49	6:08
Top 5 Total Time:		174:53			Top 5 Average Time:	34:59	
Top 5 Average per KM:		3:30			Top 5 Average Per MILE:	5:38	
1 - 5 Split:		3:11			1 - 7 Split:	4:28	
Top 7 Total Time:		250:26			Top 7 Average Time:	35:47	

TEAM: LAVAL

SCORE 362

PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
53-52	Maxime Lapierre		E2	159	34:41	3:29	5:35
61-59	Charles Philibert-Thiboutot		R	163	34:58	3:30	5:38
72-70	Jean-Simon Fournier-Dufour		E2	157	35:13	3:32	5:41
91-87	Mathieu Raymond		E3	165	36:01	3:37	5:48
99-94	Sacha Plante-Dubé		R	164	36:12	3:38	5:50
107-102	Anthony Larouche		E2	160	36:39	3:40	5:54
110-105	Nicholas Francoeur		R	158	36:55	3:42	5:57
Top 5 Total Time:		177:05			Top 5 Average Time:	35:25	
Top 5 Average per KM:		3:33			Top 5 Average Per MILE:	5:42	
1 - 5 Split:		1:31			1 - 7 Split:	2:14	
Top 7 Total Time:		250:39			Top 7 Average Time:	35:49	

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TEAM: MCGILL

SCORE 364

PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
36-35	Jay Boychuk		R	104	34:10	3:25	5:30
63-61	Daniel Kramer		E3	108	35:01	3:31	5:39
76-74	Graydon Snider		E4	110	35:16	3:32	5:41
85-81	Oliver Foster		R	106	35:48	3:35	5:46
118-113	Ian Forbes		R	105	37:28	3:45	6:02
126-119	Tyler Lorenz		R	109	38:08	3:49	6:09
130-122	Ramsey Franklyn		R	107	38:48	3:53	6:15
Top 5 Total Time:		177:43	Top 5 Average Time:		35:33		
Top 5 Average per KM:		3:34	Top 5 Average Per MILE:		5:44		
1 - 5 Split:		3:18	1 - 7 Split:		4:38		
Top 7 Total Time:		254:39	Top 7 Average Time:		36:23		

TEAM: ST-FRANCIS-XAVIER

SCORE 380

PLACE: 14

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
46-45	Connor McGuire		E2	195	34:26	3:27	5:33
50-49	Ivan Lewis		E4	192	34:34	3:28	5:34
82-78	Arron Doucette		E2	190	35:36	3:34	5:44
106-101	Zach MacDonald		E2	193	36:37	3:40	5:54
112-107	Jullian MacLean		E2	194	36:59	3:42	5:58
120-115	Dennis Kymuba		E1	191	37:30	3:45	6:03
124-117	Gabe Quinneville		R	196	37:59	3:48	6:07
Top 5 Total Time:		178:12	Top 5 Average Time:		35:39		
Top 5 Average per KM:		3:34	Top 5 Average Per MILE:		5:45		
1 - 5 Split:		2:33	1 - 7 Split:		3:33		
Top 7 Total Time:		253:41	Top 7 Average Time:		36:15		

TEAM: CONCORDIA

SCORE 393

PLACE: 15

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
24-23	Stephane Colle		E2	25	33:36	3:22	5:25
49-48	Ryan Noel Hodge		E2	31	34:32	3:28	5:34
95-91	Sofiane Guend		E4	27	36:06	3:37	5:49
116-111	James Coulton		R	26	37:15	3:44	6:00
127-120	Jean Marc Laforest		E3	28	38:33	3:52	6:13
131-123	Didier Morelli		E1	30	39:03	3:55	6:18
137-129	Clifford Reid		E2	32	40:26	4:03	6:31
Top 5 Total Time:		180:02	Top 5 Average Time:		36:01		
Top 5 Average per KM:		3:37	Top 5 Average Per MILE:		5:48		
1 - 5 Split:		4:57	1 - 7 Split:		6:50		
Top 7 Total Time:		259:31	Top 7 Average Time:		37:05		

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TEAM: SASKATCHEWAN

SCORE 401

PLACE: 16

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
60-58	Samir Marin		E3	226	34:56	3:30	5:38
68-66	Matt Mazurik		E5	227	35:08	3:31	5:40
90-86	Eric Mueller		E1	228	35:56	3:36	5:47
97-92	John-Patrick Waslen		R	229	36:11	3:38	5:50
104-99	Stephan Gerard		E3	224	36:31	3:40	5:53
119-114	Riley Magee		E3	225	37:29	3:45	6:02
133-125	Cuylar Conly		R	223	39:17	3:56	6:20
Top 5 Total Time:		178:42	Top 5 Average Time:		35:45		
Top 5 Average per KM:		3:35	Top 5 Average Per MILE:		5:46		
1 - 5 Split:		1:35	1 - 7 Split:		4:21		
Top 7 Total Time:		255:28	Top 7 Average Time:		36:30		

TEAM: DALHOUSIE

SCORE 434

PLACE: 17

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
47-46	Daniel Gorman		E4	45	34:27	3:27	5:33
84-80	Bruce Russell		E2	49	35:40	3:34	5:45
101-96	Jacob Moore		R	48	36:21	3:39	5:51
109-104	Justin Vere		E5	50	36:48	3:41	5:56
113-108	Adam McGregor		R	47	37:04	3:43	5:58
114-109	Joshua Coyle		E2	44	37:11	3:44	6:00
128-121	Ryan Kiros		E4	46	38:34	3:52	6:13
Top 5 Total Time:		180:20	Top 5 Average Time:		36:04		
Top 5 Average per KM:		3:37	Top 5 Average Per MILE:		5:49		
1 - 5 Split:		2:37	1 - 7 Split:		4:07		
Top 7 Total Time:		256:05	Top 7 Average Time:		36:35		

TEAM: LAURIER

SCORE 481

PLACE: 18

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
88-84	Shoamir Ikram		E2	84	35:55	3:36	5:47
92-88	Sohanir Ikram		E2	85	36:02	3:37	5:48
98-93	Abdu Zaghlol		R	87	36:12	3:38	5:50
111-106	Brent Meidinger		E3	86	36:57	3:42	5:57
115-110	Alex Garriock		E3	82	37:12	3:44	6:00
117-112	Jordan Fox		E4	81	37:20	3:44	6:01
134-126	Brett Cameron		E2	80	39:41	3:59	6:24
Top 5 Total Time:		182:18	Top 5 Average Time:		36:28		
Top 5 Average per KM:		3:39	Top 5 Average Per MILE:		5:53		
1 - 5 Split:		1:17	1 - 7 Split:		3:46		
Top 7 Total Time:		259:19	Top 7 Average Time:		37:03		

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TEAM: TRINITY WESTERN

SCORE 607

PLACE: 19

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
103-98	Mihai Prajea		R	205	36:30	3:39	5:53
132-124	Christopher Voth		R	206	39:06	3:55	6:18
135-127	David Kostelyk		R	203	40:01	4:01	6:27
136-128	Andrew Ott		R	204	40:04	4:01	6:27
138-130	Gary Cymbaluk		R	201	41:09	4:07	6:38

Drew Gibson

R 202

DNF

Top 5 Total Time: 196:50

Top 5 Average Time: 39:22

Top 5 Average per KM: 3:57

Top 5 Average Per MILE: 6:21

1 - 5 Split: 4:39

1 - 7 Split:

Top 7 Total Time:

Top 7 Average Time:

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Event # 1 WOMENS 5K Run

Start at 1:00pm

Conditions: sunny, 11-c, soggy turf

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	GUELPH	33	2-3-7-10-11	14-21
2	MCMASTER	67	1-5-16-22-23	29-51
3	CALGARY	117	6-12-27-35-37	58-82
4	VICTORIA	141	8-24-25-30-54	59-68
5	DALHOUSIE	178	15-18-38-41-66	88-106
6	ALBERTA	184	20-32-40-43-49	75-79
7	WESTERN	218	19-44-45-46-64	87-94
8	ST-FRANCIS-XAVIER	220	9-26-39-69-77	91-111
9	QUEEN'S	228	17-28-55-57-71	80-81
10	SASKATCHEWAN	260	4-42-53-76-85	98-105
11	MCGILL	296	13-50-70-73-90	102-103
12	WINDSOR	311	56-60-61-62-72	78-84
13	MANITOBA	330	33-48-74-86-89	96-107
14	LAVAL	344	47-52-67-83-95	97-101
15	CONCORDIA	357	31-34-93-99-100	
16	SHERBROOKE	413	36-63-92-109-113	
17	LAURIER	499	65-104-108-110-112	114-115
	LAURENTIAN			
	MEMORIAL			
	MONCTON			
	REGINA			
	TRINITY WESTERN			
	TROIS-RIVIÈRES			
	WATERLOO			

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	TIME
1	1	118	Jessica Pearo		E4	MCMASTER	1	17:40
2	2	52	Rachel Cliff		E5	GUELPH	1	17:50
3	3	57	Genevieve Lalonde		E2	GUELPH	2	18:14
4	4	222	Caitlyn Warkentin		E4	SASKATCHEWAN	1	18:29
5	5	112	Victoria Coates		E2	MCMASTER	2	18:34
6	6	4	Madeline MacDonald		E3	CALGARY	1	18:35
7	7	58	Courtney Laurie		E5	GUELPH	3	18:39
8	8	268	Laura Mitic		E4	VICTORIA	1	18:42
9	9	183	Natalie Kannenberg		E2	ST-FRANCIS-XAVIER	1	18:50
10	10	59	Jess VanHie		E4	GUELPH	4	18:51
11	11	55	Lindsay Furtado		E4	GUELPH	5	18:53
12	12	7	Faye Stenning		E4	CALGARY	2	18:54
13	13	101	Sarah McCuaig		E2	MCGILL	1	18:56
14	14	53	Emily Driedger		R	GUELPH	6	18:57
15	15	33	Jessica Belliveau		R3	DALHOUSIE	1	19:00
16	16	116	Stephanie MacNeill		E2	MCMASTER	3	19:03

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17	17	136	Leah Larocque	E4	QUEEN'S	1	19:04
18	18	38	Caroline Schlosser	E5	DALHOUSIE	2	19:05
19	19	292	Becky Pieteron	E1	WESTERN	1	19:13
20	20	235	Hayley Degaust	E3	ALBERTA	1	19:16
21	21	54	Nadine Frost	E3	GUELPH	7	19:17
22	22	117	Courtney Patterson	E2	MCMASTER	4	19:19
23	23	111	Katie Anderson	E3	MCMASTER	5	19:21
24	24	266	Claire Jean	E4	VICTORIA	2	19:22
25	25	269	Deirbre Moran	E3	VICTORIA	3	19:23
26	26	180	Bree Bates	E4	ST-FRANCIS-XAVIER	2	19:24
27	27	3	Grace Kary	E2	CALGARY	3	19:26
28	28	135	Grace Keenleyside	E4	QUEEN'S	2	19:27
29	29	113	Sara Giovannetti	E3	MCMASTER	6	19:29
30	30	273	Jenna Van Vliet	R	VICTORIA	4	19:30
31	31	23	Coralina Tse	R	CONCORDIA	1	19:33
32	32	240	Nicole Soderberg	R	ALBERTA	2	19:34
33	33	255	Melanie Gregoire	E4	MANITOBA	1	19:35
34	34	21	Dominique Roy	E3	CONCORDIA	2	19:35
35	35	6	Deborah Querengesser	E5	CALGARY	4	19:36
36		129	Erica Pritchett	E5	MEMORIAL	1	19:37
37	36	170	Melanie Hughes	E2	SHERBROOKE	1	19:38
38	37	1	Emma Hann	E1	CALGARY	5	19:39
39	38	40	Gina Stewart	E5	DALHOUSIE	3	19:40
40		282	Kristen Flanagan	R	WATERLOO	1	19:41
41	39	184	Erin MacNeil	E4	ST-FRANCIS-XAVIER	3	19:42
42		71	Emma Tallman	E3	LAURENTIAN	1	19:42
43	40	234	Sarah Bergeron-Larouche	E1	ALBERTA	3	19:43
44	41	37	Ashley Ryer	E4	DALHOUSIE	4	19:43
45	42	220	Marcia Richards	E4	SASKATCHEWAN	2	19:43
46	43	238	Danika Medinski	E4	ALBERTA	4	19:44
47	44	290	Julie Hambleton	R	WESTERN	2	19:44
48	45	289	Laura Desjardins	E2	WESTERN	3	19:45
49	46	288	Hailey Cummings	E2	WESTERN	4	19:47
50	47	155	Joanie Roy	R	LAVAL	1	19:49
51	48	254	Lacey Ginter	E4	MANITOBA	2	19:50
52	49	242	Jessica Van Soest	E3	ALBERTA	5	19:51
53	50	103	Charlene Puel	E3	MCGILL	2	19:52
54	51	114	Sarah Haliburton	E3	MCMASTER	7	19:52
55	52	153	Alexia Pichard-Jolicoeur	E3	LAVAL	2	19:53
56	53	215	Paule Bertholet	R	SASKATCHEWAN	3	19:54
57	54	270	Alicia Roske	E4	VICTORIA	5	19:55
58	55	134	Alecia Kallos	E2	QUEEN'S	3	19:59
59		72	Gracie Tetzlaff	E3	LAURENTIAN	2	20:01
60	56	304	Laura Gill	E5	WINDSOR	1	20:02
61	57	131	Monica Bolesjzo	E4	QUEEN'S	4	20:04
62	58	2	Gloria Kanuka	E2	CALGARY	6	20:05
63	59	265	Kate Dixon	R	VICTORIA	6	20:05
64	60	302	Jen Corrick	E3	WINDSOR	2	20:06
65	61	305	Ashley Kellam	E4	WINDSOR	3	20:08
66	62	308	Amina Oumesrour	E3	WINDSOR	4	20:09
67	63	172	Kim Turcotte	R	SHERBROOKE	2	20:10
68	64	286	Jen Bays	E2	WESTERN	5	20:10

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69	65	76	Jennifer Laughton	E2	LAURIER	1	20:13
70	66	35	Cara Groves	E2	DALHOUSIE	5	20:14
71	67	151	Annie Croteau-Carignan	E2	LAVAL	3	20:16
72	68	272	Julia Tschanz	E3	VICTORIA	7	20:16
73	69	187	Tathnee O'Meara	E1	ST-FRANCIS-XAVIER	4	20:18
74	70	100	Catherine Drouin-Audet	E4	MCGILL	3	20:19
75	71	133	Stephanie Hulse	E2	QUEEN'S	5	20:20
76	72	309	Alyssa Thrasher	E4	WINDSOR	5	20:21
77		283	Karina Sils	R	WATERLOO	2	20:22
78	73	98	Aimee Castro	E2	MCGILL	4	20:23
79	74	257	Sara Weselake	E2	MANITOBA	3	20:24
80	75	239	Alana Soderberg	E3	ALBERTA	6	20:25
81	76	217	Rachael Edwards	R	SASKATCHEWAN	4	20:26
82	77	186	Liz O'Connell	R	ST-FRANCIS-XAVIER	5	20:27
83		199	Marissa Ratzlaff	E4	TRINITY WESTERN	1	20:28
84	78	303	Carly Gill	E5	WINDSOR	6	20:29
85	79	237	Terra Manca	E5	ALBERTA	7	20:30
86	80	138	Nadia Tatlow	E4	QUEEN'S	6	20:30
87		207	Lisa Benz	E5	REGINA	1	20:31
88	81	137	Megan Tait	R	QUEEN'S	7	20:32
89	82	5	Cassandra Maier	E3	CALGARY	7	20:34
90	83	149	Évelyne Blouin	E3	LAVAL	4	20:37
91	84	307	Kelly Laing	E3	WINDSOR	7	20:39
92	85	218	Christine Foth	E4	SASKATCHEWAN	5	20:42
93	86	256	Alice Sherwin	E3	MANITOBA	4	20:44
94	87	293	Ali Savill	E2	WESTERN	6	20:48
95	88	34	Stephanie Bennett	E5	DALHOUSIE	6	20:49
96	89	252	Alex Bell	E4	MANITOBA	5	20:53
97	90	102	Gina Pinsonnault-Bilodeau	E4	MCGILL	5	20:55
98	91	185	Britany Morris	E1	ST-FRANCIS-XAVIER	6	20:58
99	92	168	Virginie Gauthier	E2	SHERBROOKE	3	20:59
100	93	20	Elizabeth Mokrusa	E2	CONCORDIA	3	21:01
101	94	291	Justine Horne	R	WESTERN	7	21:03
102	95	156	Caroline St-Pierre	R	LAVAL	5	21:08
103	96	251	Nicole Barrett	E4	MANITOBA	6	21:09
104	97	150	Laurence Côté	R	LAVAL	6	21:12
105	98	221	Joanne Traves	R	SASKATCHEWAN	6	21:14
106	99	22	Gabrielle Thompson	R	CONCORDIA	4	21:16
107	100	19	Kelly Hewitt	E2	CONCORDIA	5	21:18
108	101	154	Marina Rioux-Castonguay	E2	LAVAL	7	21:20
109	102	99	Madeleine Cummings	E2	MCGILL	6	21:21
110	103	97	Ouiam Aabaliq	R	MCGILL	7	21:22
111	104	73	Kristen Avery	E4	LAURIER	2	21:23
112	105	219	Erin Humphreys	E4	SASKATCHEWAN	7	21:24
113	106	36	Gwendolyn Muir	E2	DALHOUSIE	7	21:28
114	107	253	Nicole Dubois	E2	MANITOBA	7	21:31
115	108	78	Catherine Sukkau	E4	LAURIER	3	21:32
116	109	171	Marilaine Savard	E5	SHERBROOKE	4	21:37
117		232	Naomi Bourgeois	R	MONCTON	1	21:45
118	110	74	Rebecca Costa	R	LAURIER	4	21:49
119	111	182	Helena Fiore	E4	ST-FRANCIS-XAVIER	7	21:54
120		230	Magalie Babineau	E2	MONCTON	2	22:08

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121	112	75	Meghan Hankins	R	LAURIER	5	22:14
122	113	169	Caroline Gendron	E2	SHERBROOKE	5	22:18
123	114	77	Amy Morin	E3	LAURIER	6	22:22
124		198	Kendra Peters	E2	TRINITY WESTERN	2	22:55
125	115	79	Lindsay Wright	E2	LAURIER	7	23:16
126		90	Anne-Marie Lévesque	R	TROIS-RIVIÈRES	1	23:21
127		231	Kristine Beaulieu	E5	MONCTON	3	23:36
128		89	Émilie Leblanc-Laberge	R	TROIS-RIVIÈRES	2	24:59
129		287	Emily Blacklaws	R	WESTERN		DNF
130		88	Mélanie Castonguay	R	TROIS-RIVIÈRES		DNF

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Club de golf de Sherbrooke Country Club

TEAM: GUELPH

SCORE 33

PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Rachel Cliff		E5	52	17:50	3:34	5:45
3-3	Genevieve Lalonde		E2	57	18:14	3:39	5:53
7-7	Courtney Laurie		E5	58	18:39	3:44	6:01
10-10	Jess VanHie		E4	59	18:51	3:47	6:05
11-11	Lindsay Furtado		E4	55	18:53	3:47	6:05
14-14	Emily Driedger		R	53	18:57	3:48	6:06
21-21	Nadine Frost		E3	54	19:17	3:52	6:13
Top 5 Total Time:		92:27	Top 5 Average Time:		18:30		
Top 5 Average per KM:		3:42	Top 5 Average Per MILE:		5:58		
1 - 5 Split:		1:03	1 - 7 Split:		1:27		
Top 7 Total Time:		130:41	Top 7 Average Time:		18:41		

TEAM: MCMASTER

SCORE 67

PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Jessica Pearo		E4	118	17:40	3:32	5:42
5-5	Victoria Coates		E2	112	18:34	3:43	5:59
16-16	Stephanie MacNeill		E2	116	19:03	3:49	6:08
22-22	Courtney Patterson		E2	117	19:19	3:52	6:14
23-23	Katie Anderson		E3	111	19:21	3:53	6:14
29-29	Sara Giovannetti		E3	113	19:29	3:54	6:17
53-51	Sarah Haliburton		E3	114	19:52	3:59	6:24
Top 5 Total Time:		93:57	Top 5 Average Time:		18:48		
Top 5 Average per KM:		3:46	Top 5 Average Per MILE:		6:03		
1 - 5 Split:		1:41	1 - 7 Split:		2:12		
Top 7 Total Time:		133:18	Top 7 Average Time:		19:03		

TEAM: CALGARY

SCORE 117

PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Madeline MacDonald		E3	4	18:35	3:43	5:59
12-12	Faye Stenning		E4	7	18:54	3:47	6:05
27-27	Grace Kary		E2	3	19:26	3:54	6:16
35-35	Deborah Querengesser		E5	6	19:36	3:56	6:19
38-37	Emma Hann		E1	1	19:39	3:56	6:20
62-58	Gloria Kanuka		E2	2	20:05	4:01	6:28
89-82	Cassandra Maier		E3	5	20:34	4:07	6:38
Top 5 Total Time:		96:10	Top 5 Average Time:		19:14		
Top 5 Average per KM:		3:51	Top 5 Average Per MILE:		6:12		
1 - 5 Split:		1:04	1 - 7 Split:		1:59		
Top 7 Total Time:		136:49	Top 7 Average Time:		19:33		

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TEAM: VICTORIA

SCORE 141

PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Laura Mitic		E4	268	18:42	3:45	6:02
24-24	Claire Jean		E4	266	19:22	3:53	6:15
25-25	Deirbre Moran		E3	269	19:23	3:53	6:15
30-30	Jenna Van Vliet		R	273	19:30	3:54	6:17
57-54	Alicia Roske		E4	270	19:55	3:59	6:25
62-59	Kate Dixon		R	265	20:05	4:01	6:28
72-68	Julia Tschanz		E3	272	20:16	4:04	6:32
Top 5 Total Time:		96:52	Top 5 Average Time:		19:23		
Top 5 Average per KM:		3:53	Top 5 Average Per MILE:		6:15		
1 - 5 Split:		1:13	1 - 7 Split:		1:34		
Top 7 Total Time:		137:13	Top 7 Average Time:		19:37		

TEAM: DALHOUSIE

SCORE 178

PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
15-15	Jessica Belliveau		R3	33	19:00	3:48	6:07
18-18	Caroline Schlosser		E5	38	19:05	3:49	6:09
39-38	Gina Stewart		E5	40	19:40	3:56	6:20
44-41	Ashley Ryer		E4	37	19:43	3:57	6:21
70-66	Cara Groves		E2	35	20:14	4:03	6:31
95-88	Stephanie Bennett		E5	34	20:49	4:10	6:43
113-106	Gwendolyn Muir		E2	36	21:28	4:18	6:55
Top 5 Total Time:		97:42	Top 5 Average Time:		19:33		
Top 5 Average per KM:		3:55	Top 5 Average Per MILE:		6:18		
1 - 5 Split:		1:14	1 - 7 Split:		2:28		
Top 7 Total Time:		139:59	Top 7 Average Time:		20:00		

TEAM: ALBERTA

SCORE 184

PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
20-20	Hayley Degaust		E3	235	19:16	3:52	6:13
32-32	Nicole Soderberg		R	240	19:34	3:55	6:18
43-40	Sarah Bergeron-Larouche		E1	234	19:43	3:57	6:21
46-43	Danika Medinski		E4	238	19:44	3:57	6:22
52-49	Jessica Van Soest		E3	242	19:51	3:59	6:24
80-75	Alana Soderberg		E3	239	20:25	4:05	6:35
85-79	Terra Manca		E5	237	20:30	4:06	6:36
Top 5 Total Time:		98:08	Top 5 Average Time:		19:38		
Top 5 Average per KM:		3:56	Top 5 Average Per MILE:		6:20		
1 - 5 Split:		:35	1 - 7 Split:		1:14		
Top 7 Total Time:		139:03	Top 7 Average Time:		19:52		

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TEAM: WESTERN

SCORE 218

PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
19-19	Becky Pieterston		E1	292	19:13	3:51	6:12
46-44	Julie Hambleton		R	290	19:44	3:57	6:22
48-45	Laura Desjardins		E2	289	19:45	3:57	6:22
49-46	Hailey Cummings		E2	288	19:47	3:58	6:23
68-64	Jen Bays		E2	286	20:10	4:02	6:30
94-87	Ali Savill		E2	293	20:48	4:10	6:42
101-94	Justine Horne		R	291	21:03	4:13	6:47
	Emily Blacklaws		R	287	DNF		
Top 5 Total Time:		98:39	Top 5 Average Time:		19:44		
Top 5 Average per KM:		3:57	Top 5 Average Per MILE:		6:22		
1 - 5 Split:		:57	1 - 7 Split:		1:50		
Top 7 Total Time:		140:30	Top 7 Average Time:		20:05		

TEAM: ST-FRANCIS-XAVIER

SCORE 220

PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Natalie Kannenberg		E2	183	18:50	3:46	6:04
26-26	Bree Bates		E4	180	19:24	3:53	6:15
41-39	Erin MacNeil		E4	184	19:42	3:57	6:21
73-69	Tathnee O'Meara		E1	187	20:18	4:04	6:33
82-77	Liz O'Connell		R	186	20:27	4:06	6:35
98-91	Britany Morris		E1	185	20:58	4:12	6:45
119-111	Helena Fiore		E4	182	21:54	4:23	7:03
Top 5 Total Time:		98:41	Top 5 Average Time:		19:45		
Top 5 Average per KM:		3:57	Top 5 Average Per MILE:		6:22		
1 - 5 Split:		1:37	1 - 7 Split:		3:04		
Top 7 Total Time:		141:33	Top 7 Average Time:		20:14		

TEAM: QUEEN'S

SCORE 228

PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-17	Leah Larocque		E4	136	19:04	3:49	6:09
28-28	Grace Keenleyside		E4	135	19:27	3:54	6:16
58-55	Alecia Kallos		E2	134	19:59	4:00	6:26
61-57	Monica Bolesjzo		E4	131	20:04	4:01	6:28
75-71	Stephanie Hulse		E2	133	20:20	4:04	6:33
86-80	Nadia Tatlow		E4	138	20:30	4:06	6:36
88-81	Megan Tait		R	137	20:32	4:07	6:37
Top 5 Total Time:		98:54	Top 5 Average Time:		19:47		
Top 5 Average per KM:		3:58	Top 5 Average Per MILE:		6:22		
1 - 5 Split:		1:16	1 - 7 Split:		1:28		
Top 7 Total Time:		139:56	Top 7 Average Time:		20:00		

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TEAM: SASKATCHEWAN

SCORE 260

PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Caitlyn Warkentin		E4	222	18:29	3:42	5:57
45-42	Marcia Richards		E4	220	19:43	3:57	6:21
56-53	Paule Bertholet		R	215	19:54	3:59	6:25
81-76	Rachael Edwards		R	217	20:26	4:06	6:35
92-85	Christine Foth		E4	218	20:42	4:09	6:40
105-98	Joanne Traves		R	221	21:14	4:15	6:51
112-105	Erin Humphreys		E4	219	21:24	4:17	6:54
Top 5 Total Time:		99:14	Top 5 Average Time:		19:51		
Top 5 Average per KM:		3:59	Top 5 Average Per MILE:		6:24		
1 - 5 Split:		2:13	1 - 7 Split:		2:55		
Top 7 Total Time:		141:52	Top 7 Average Time:		20:16		

TEAM: MCGILL

SCORE 296

PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Sarah McCuaig		E2	101	18:56	3:48	6:06
53-50	Charlene Puel		E3	103	19:52	3:59	6:24
74-70	Catherine Drouin-Audet		E4	100	20:19	4:04	6:33
78-73	Aimee Castro		E2	98	20:23	4:05	6:34
97-90	Gina Pinsonnault-Bilodeau		E4	102	20:55	4:11	6:44
109-102	Madeleine Cummings		E2	99	21:21	4:17	6:53
110-103	Ouiam Aabaliq		R	97	21:22	4:17	6:53
Top 5 Total Time:		100:25	Top 5 Average Time:		20:05		
Top 5 Average per KM:		4:01	Top 5 Average Per MILE:		6:28		
1 - 5 Split:		1:59	1 - 7 Split:		2:26		
Top 7 Total Time:		143:08	Top 7 Average Time:		20:27		

TEAM: WINDSOR

SCORE 311

PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
60-56	Laura Gill		E5	304	20:02	4:01	6:27
64-60	Jen Corrick		E3	302	20:06	4:02	6:29
65-61	Ashley Kellam		E4	305	20:08	4:02	6:29
66-62	Amina Oumesrour		E3	308	20:09	4:02	6:30
76-72	Alyssa Thrasher		E4	309	20:21	4:05	6:33
84-78	Carly Gill		E5	303	20:29	4:06	6:36
91-84	Kelly Laing		E3	307	20:39	4:08	6:39
Top 5 Total Time:		100:46	Top 5 Average Time:		20:10		
Top 5 Average per KM:		4:02	Top 5 Average Per MILE:		6:30		
1 - 5 Split:		:19	1 - 7 Split:		:37		
Top 7 Total Time:		141:54	Top 7 Average Time:		20:17		

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TEAM: MANITOBA

SCORE 330

PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
33-33	Melanie Gregoire		E4	255	19:35	3:55	6:19
51-48	Lacey Ginter		E4	254	19:50	3:58	6:24
79-74	Sara Weselake		E2	257	20:24	4:05	6:34
93-86	Alice Sherwin		E3	256	20:44	4:09	6:41
96-89	Alex Bell		E4	252	20:53	4:11	6:44
103-96	Nicole Barrett		E4	251	21:09	4:14	6:49
114-107	Nicole Dubois		E2	253	21:31	4:19	6:56
Top 5 Total Time:		101:26	Top 5 Average Time:		20:18		
Top 5 Average per KM:		4:04	Top 5 Average Per MILE:		6:32		
1 - 5 Split:		1:18	1 - 7 Split:		1:56		
Top 7 Total Time:		144:06	Top 7 Average Time:		20:36		

TEAM: LAVAL

SCORE 344

PLACE: 14

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
50-47	Joanie Roy		R	155	19:49	3:58	6:23
55-52	Alexia Pichard-Jolicoeur		E3	153	19:53	3:59	6:24
71-67	Annie Croteau-Carignan		E2	151	20:16	4:04	6:32
90-83	Évelyne Blouin		E3	149	20:37	4:08	6:39
102-95	Caroline St-Pierre		R	156	21:08	4:14	6:49
104-97	Laurence Côté		R	150	21:12	4:15	6:50
108-101	Marina Rioux-Castonguay		E2	154	21:20	4:16	6:52
Top 5 Total Time:		101:43	Top 5 Average Time:		20:21		
Top 5 Average per KM:		4:05	Top 5 Average Per MILE:		6:33		
1 - 5 Split:		1:19	1 - 7 Split:		1:31		
Top 7 Total Time:		144:15	Top 7 Average Time:		20:37		

TEAM: CONCORDIA

SCORE 357

PLACE: 15

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
31-31	Coralina Tse		R	23	19:33	3:55	6:18
34-34	Dominique Roy		E3	21	19:35	3:55	6:19
100-93	Elizabeth Mokrusa		E2	20	21:01	4:13	6:46
106-99	Gabrielle Thompson		R	22	21:16	4:16	6:51
107-100	Kelly Hewitt		E2	19	21:18	4:16	6:52
Top 5 Total Time:		102:43	Top 5 Average Time:		20:33		
Top 5 Average per KM:		4:07	Top 5 Average Per MILE:		6:37		
1 - 5 Split:		1:45	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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TEAM: SHERBROOKE**SCORE 413****PLACE: 16**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-36	Melanie Hughes		E2	170	19:38	3:56	6:20
67-63	Kim Turcotte		R	172	20:10	4:02	6:30
99-92	Virginie Gauthier		E2	168	20:59	4:12	6:46
116-109	Marilaine Savard		E5	171	21:37	4:20	6:58
122-113	Caroline Gendron		E2	169	22:18	4:28	7:11

Top 5 Total Time:	104:42	Top 5 Average Time:	20:57
Top 5 Average per KM:	4:12	Top 5 Average Per MILE:	6:45
1 - 5 Split:	2:40	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: LAURIER**SCORE 499****PLACE: 17**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
69-65	Jennifer Laughton		E2	76	20:13	4:03	6:31
111-104	Kristen Avery		E4	73	21:23	4:17	6:53
115-108	Catherine Sukkau		E4	78	21:32	4:19	6:56
118-110	Rebecca Costa		R	74	21:49	4:22	7:02
121-112	Meghan Hankins		R	75	22:14	4:27	7:10
123-114	Amy Morin		E3	77	22:22	4:29	7:12
125-115	Lindsay Wright		E2	79	23:16	4:40	7:30

Top 5 Total Time:	107:11	Top 5 Average Time:	21:27
Top 5 Average per KM:	4:18	Top 5 Average Per MILE:	6:54
1 - 5 Split:	2:01	1 - 7 Split:	3:03
Top 7 Total Time:	152:49	Top 7 Average Time:	21:50