

2019 CWU APPLE RIDGE INVITE

Yakima, WA
 Apple Ridge Run Cross Country Course
 September 14, 2019



OFFICIAL MEET REPORT
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**Race #1
 Women's Race - 4K**

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Trinity Western	27	1-2-7-8-9(13)(25)	1:16:36
2 Western Washington	42	3-4-6-14-15(17)(19)	1:17:30
3 Simon Fraser	54	5-10-11-12-16(18)(22)	1:17:54
4 Central Washington	123	20-21-26-27-29(30)(31)	1:21:02
5 Northwest U.	152	23-24-33-34-38(39)(41)	1:26:21
6 Saint Martin's	168	28-32-35-36-37(40)	1:28:18

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
39 FORWARD, Bethany	FR	32	Saint Martin's	32	17:13.2	2:22.2
40 DUPRAS, Samantha	JR	95	Central Washin	-	17:18.7	2:27.7
41 NEFF, Alexa	FR	93	Central Washin	-	17:20.2	2:29.2
42 LESTER, Kay	SO	91	Central Washin	-	17:30.8	2:39.8
43 BULLIS, Hailey	FR	92	Central Washin	-	17:32.4	2:41.4
44 GERARDI, Grace	SO	80	Northwest U.	33	17:38.8	2:47.8
45 MASSEY, Meredith	FR	117	Central Washin	-	17:45.5	2:54.5
46 SCHWARTZ, Haleigh	SO	83	Northwest U.	34	17:51.1	3:00.0
47 HARTLEY, Naomi	FR	27	Saint Martin's	35	17:58.5	3:07.5
48 OTTER, Kendyl	FR	18	Saint Martin's	36	18:02.9	3:11.9
49 HEESACKER, Jenna	FR	109	Central Washin	-	18:04.5	3:13.5
50 YATES, Kierrla	FR	34	Saint Martin's	37	18:41.3	3:50.3
51 HYATT, Ryan	FR	90	Central Washin	-	18:47.4	3:56.4
52 SWEDIN, Anna	FR	84	Northwest U.	38	18:50.1	3:59.1
53 DHAENENS, Quinn	JR	81	Northwest U.	(39)	19:10.4	4:19.4
54 HETTICK, Erika	SR	89	Central Washin	-	19:17.9	4:26.9
55 MARTINEZ, Maiya	FR	20	Saint Martin's	(40)	19:55.3	5:04.3
56 PRAINO, Leila	SR	82	Northwest U.	(41)	20:34.3	5:43.3
57 CAMPBELL, Emily	JR	77	Northwest U.	-	20:47.6	5:56.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 WILLIAMS, Joanna	SR	4	Trinity Western	1	14:51.7	---
2 SMART, Mikaela	SR	3	Trinity Western	2	15:10.5	0:19.5
3 BARR, Jane	JR	48	Western Washi	3	15:14.7	0:23.7
4 SWARTZ-IRELAND, T	SO	49	Western Washi	4	15:23.3	0:32.3
5 WILLETT, Olivia	JR	76	Simon Fraser	5	15:25.7	0:34.7
6 LEHMAN, Rebecca	SO	55	Western Washi	6	15:28.7	0:37.7
7 CHANG, Jouen	JR	5	Trinity Western	7	15:30.3	0:39.3
8 SHANNON, Jennifer	SR	7	Trinity Western	8	15:31.3	0:40.3
9 HUTCHISON, Cassidy	FR	12	Trinity Western	9	15:32.2	0:41.2
10 SHIELDS-BROWN, Ma	JR	66	Simon Fraser	10	15:32.5	0:41.5
11 CHILTON, Emily	JR	57	Simon Fraser	11	15:34.3	0:43.3
12 CHARLTON, Calli	SR	75	Simon Fraser	12	15:36.8	0:45.8
13 SEVSEK, Christina	JR	10	Trinity Western	(13)	15:37.2	0:46.2
14 DREICER, Talia	SR	53	Western Washi	14	15:41.2	0:50.2
15 MELVILLE, Tracy	SR	40	Western Washi	15	15:42.2	0:51.2
16 CHALK, Grace	FR	62	Simon Fraser	16	15:44.3	0:53.3
17 KOGER, Aundrea	SR	47	Western Washi	(17)	15:44.9	0:53.9
18 ROXBY, Megan	SO	59	Simon Fraser	(18)	15:46.4	0:55.4
19 SHREFFLER, Waverly	JR	38	Western Washi	(19)	15:46.7	0:55.7
20 TYRRELL, Lily	JR	88	Central Washin	20	15:54.1	1:03.1
21 MATTSON, Molly	SO	103	Central Washin	21	15:56.4	1:05.4
22 LINDSAY, Nicole	SR	60	Simon Fraser	(22)	15:58.1	1:07.1
23 HARTMAN, Kaylea	FR	86	Northwest U.	23	16:00.3	1:09.3
24 SUMMERS, Ellie	SO	78	Northwest U.	24	16:00.4	1:09.4
25 GALVEZ, Sophia	SR	35	Western Washi	-	16:06.9	1:15.9
26 SEVSEK, Julijana	JR	6	Trinity Western	(25)	16:08.0	1:17.0
27 WAZNEY, Natalia	FR	9	Trinity Western	-	16:16.3	1:25.3
28 GOHR, Caitlin	SO	116	Central Washin	26	16:17.4	1:26.4
29 CHILD, Madison	SO	102	Central Washin	27	16:17.5	1:26.5
30 HANSEN, Elaina	FR	19	Saint Martin's	28	16:22.0	1:31.0
31 CLEM, Delaney	SR	107	Central Washin	29	16:36.7	1:45.7
32 IHLEN, Kristina	FR	105	Central Washin	(30)	16:37.6	1:46.6
33 ARREOLA, Ashley	JR	118	Central Washin	(31)	16:43.5	1:52.5
34 WARD, Rachel	FR	16	Trinity Western	-	16:49.6	1:58.6
35 GIBSON, Madalene	FR	1	Trinity Western	-	16:51.1	2:00.0
36 ANDERSON, Katherin	FR	99	Central Washin	-	16:54.9	2:03.9
37 BLOOMQUIST, Kayla	SO	104	Central Washin	-	17:05.4	2:14.4
38 MASTIN, Zoie	FR	97	Central Washin	-	17:07.7	2:16.7

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Race #2
Men's Race - 6K

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Simon Fraser	26	2-3-6-7-8(9)(11)	1:36:55
2 Western Washington	44	4-5-10-12-13(15)(19)	1:37:54
3 Central Washington	100	17-18-20-22-23(25)(26)	1:41:06
4 Saint Martin's	108	14-16-21-28-29(31)(33)	1:42:50
5 Trinity Western	114	1-24-27-30-32(34)	1:44:48

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
40 OSTERWALDER, Levi	FR	17	Trinity Western	27	20:57.7	2:18.7
41 WANI, Rudu	FR	26	Saint Martin's	28	21:06.9	2:27.9
42 WILEY, Jesse	SO	50	Western Washi	-	21:12.9	2:33.9
43 FOSTER, Liam	FR	65	Simon Fraser	-	21:19.4	2:40.4
44 MILLER, Will	FR	111	Central Washin	-	21:22.3	2:43.3
45 MOORE, Brendan	SO	68	Simon Fraser	-	21:29.3	2:50.3
46 LAPIC, Ethan	FR	106	Central Washin	-	21:34.0	2:55.0
47 FRANCO, Zachary	FR	25	Saint Martin's	29	21:36.1	2:57.1
48 CHAPMAN, Tomas	FR	74	Simon Fraser	-	21:52.3	3:13.3
49 ENGDahl, Ian	FR	87	Central Washin	-	21:59.6	3:20.6
50 HOUSE, Kaelan	FR	15	Trinity Western	30	22:05.6	3:26.6
51 TABARY, Guillaume	SO	24	Saint Martin's	(31)	22:20.0	3:41.0
52 TURK, Wilson	SO	52	Western Washi	-	22:21.4	3:42.4
53 FEHRINGER, Nathana	JR	8	Trinity Western	32	22:34.9	3:55.9
54 GERCHAK, John	FR	23	Saint Martin's	(33)	23:03.2	4:24.2
55 PHINAZEE, Joe	SR	30	Saint Martin's	-	23:28.3	4:49.3
56 BYRNE, Conner	FR	11	Trinity Western	(34)	23:28.5	4:49.5
57 CRAWFORD, Trysten	FR	79	Northwest U.	-	23:33.4	4:54.4
-- ROBERTS, Noah	SO	33	Saint Martin's	-	DNF	---

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 COLYN, Nick	SR	2	Trinity Western	1	18:39.5	---
2 VARGAS, Carlos	SR	64	Simon Fraser	2	19:06.8	0:27.8
3 AHL, Aaron	JR	63	Simon Fraser	3	19:14.1	0:35.1
4 SINE, Riley	SR	85	Northwest U.	-	19:23.3	0:44.3
5 FRANKS, Macauley	SO	44	Western Washi	4	19:26.4	0:47.4
6 RITTER, Alec	FR	46	Western Washi	5	19:27.5	0:48.5
7 MEKENNON, Ephrem	FR	71	Simon Fraser	6	19:30.7	0:51.7
8 WILSON, Jordan	SR	70	Simon Fraser	7	19:31.0	0:52.0
9 HARRIS, Teagan	FR	73	Simon Fraser	8	19:32.3	0:53.3
10 GALLAGHER, Thomas	JR	69	Simon Fraser	(9)	19:33.4	0:54.4
11 PERAZA, Deyago		124	Unattached	-	19:34.7	0:55.7
12 HAMEL, Eric	JR	41	Western Washi	10	19:37.7	0:58.7
13 BRINKMAN, Sebastian	FR	56	Simon Fraser	(11)	19:39.8	1:00.8
14 KIOLBASA, Edward	JR	43	Western Washi	12	19:40.0	1:01.0
15 HOGGARTH, Colton	JR	45	Western Washi	13	19:42.1	1:03.1
16 SOBCZAK, Chris	SO	67	Simon Fraser	-	19:44.3	1:05.3
17 OSLIN, Andrew	SO	31	Saint Martin's	14	19:46.1	1:07.1
18 ALLEN, Trevor	JR	108	Unattached	-	19:47.4	1:08.4
19 WILSON, Bentley	SO	37	Western Washi	(15)	19:57.1	1:18.1
20 SARYSZ, Nick	FR	28	Saint Martin's	16	20:00.7	1:21.7
21 NICHOLLS, Joey		123	Unattached	-	20:01.4	1:22.4
22 JACOT, Ben		119	Unattached	-	20:03.9	1:24.9
23 BARNHART, Donovan	JR	94	Central Washin	17	20:04.6	1:25.6
24 HOUGH, Garrett	FR	114	Central Washin	18	20:05.6	1:26.6
25 MULLIN JR., Kevin	SO	42	Western Washi	(19)	20:10.8	1:31.8
26 MILODRAGOVICH, He	JR	110	Central Washin	20	20:15.3	1:36.3
27 RICE, Marcus	JR	22	Saint Martin's	21	20:19.8	1:40.8
28 GILL, Rajesh	JR	98	Central Washin	22	20:20.2	1:41.2
29 SUNDT, Zack	FR	112	Central Washin	23	20:20.5	1:41.5
30 WOOLGAR, Joshua	FR	13	Trinity Western	24	20:29.6	1:50.6
31 JAVUREK, Jalen		120	Unattached	-	20:31.2	1:52.2
32 MCILROY, Jackson	SO	36	Western Washi	-	20:33.5	1:54.5
33 CIRLINCIONE, Dario	JR	54	Western Washi	-	20:36.1	1:57.1
34 MCDERMOTT, Kevin		122	Unattached	-	20:41.7	2:02.7
35 CONRARDY, Matt	SR	100	Central Washin	(25)	20:42.5	2:03.5
36 MCIVER, Nick		121	Unattached	-	20:45.5	2:06.5
37 RIVERA, Mateo	SO	115	Central Washin	(26)	20:47.8	2:08.8
38 MCMICHAEL, Porter	JR	51	Western Washi	-	20:50.5	2:11.5
39 SOLVBERG, Spencer	FR	113	Central Washin	-	20:53.5	2:14.5