

## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 1 Girls 4040 Meter Run CC Novice

Name	Year School	Finals	Points
1 Hegan, Clara	Nepean H.S.	16:38.68	1
2 Van Brabant, Amelia	Earl of Marc	16:45.33	2
3 Benz, Alexis	St. Joseph C	17:11.02	3
4 Young, Jasmine	Mother Teres	17:17.05	4
5 Beavis, Hannah	St. Mark	17:42.46	5
6 McDonnell, Macy	St. Pius X C.H.S.	17:50.11	6
7 Dawson, Sydney	West Carleto	18:03.87	7
8 Burgess, Charlotte	Merivale HS	18:07.14	8
9 Jin, Laura	Holy Trinity	18:09.14	9
10 Cox, Caitlin	Sacred Heart	18:09.40	10
11 Thomas, Kayden Eileen	Earl of Marc	18:16.96	11
12 Chiamera, Alivia	St. Pius X C.H.S.	18:21.68	12
13 Latimer, Cayla	St. Pius X C.H.S.	18:22.99	13
14 Zarull, Maddy	Nepean H.S.	18:23.49	14
15 Ferguson, Jenna	Holy Trinity	18:24.24	15
16 Pierce, Hazel	Nepean H.S.	18:25.42	16
17 Ivey, Jaelyn	St. Joseph C	18:28.99	17
18 Anderton, Merissa	Franco-Ouest	18:29.27	18
19 Rousson, Madden	St. Joseph C	18:29.62	19
20 Semeniuk, Anna	St. Pius X C.H.S.	18:33.39	20
21 Therrien, Raya	West Carleto	18:51.36	21
22 MacLeod, Adelle	AY Jackson	18:57.52	22
23 Guillemette, Chloe	Sacred Heart	19:22.37	23
24 Luo, Leanne	Earl of Marc	19:24.36	24
25 Sarlis, Evangelia	Sacred Heart	19:25.58	25
26 Laroche, Elisa	Esc Paul-Desmarais	19:52.46	26
27 Desantis, Kailey	St. Francis	20:18.36	27
28 Brossier, Lea	South Carlet	20:34.87	28
29 Chamberlin, Sophia	Esc Paul-Desmarais	20:35.11	29
30 Paisley, Chloe	Nepean H.S.	20:45.46	30
31 Patel, Ria	Merivale HS	21:00.11	31
32 Alvarez, Gabriela	Franco-Ouest	21:10.02	32
33 Smolynec, Esme	Merivale HS	21:32.62	33
34 Labonte, Julie	Sacred Heart	21:35.27	34
35 Heitman, Alexis	South Carlet	21:35.67	35
36 Verge, Olivia	Sacred Heart	21:40.96	36
37 Zhu, Emma	Merivale HS	21:47.90	37
38 McIntosh, Justine	Earl of Marc	21:50.96	38
39 McGarry, Evie	Nepean H.S.	21:57.23	39
40 Xiao, Danica	Merivale HS	22:13.62	40
41 Stocki, Sophia	Notre Dame H	22:18.08	41
42 Magnusson, Marley	Nepean H.S.	22:53.58	42
43 Thornburn, Erin	All Saints Chs	23:00.08	43
44 French, Elyssa	All Saints Chs	23:00.52	44
45 Holan-Stutz, Marika	Sir Guy Carl	25:33.14	45
46 Alteen, Renee	Sacred Heart	26:01.61	46
47 Whitsitt, Grace	All Saints Chs	26:35.17	47
48 El Baden, Sondhus	Merivale HS	27:06.27	48
49 Côté, Willow	Franco-Ouest	28:11.49	49
50 Thomas, Caroline	Sacred Heart	29:05.61	50
51 Geidsmann, Clara	Sir Robert B	29:37.43	51

**2019 West Conference Cross Country Championships - 10/16/2019**

**Walter Baker Park**

**Rankings**

**....Event 1 Girls 4040 Meter Run CC Novice**

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	St. Pius X C.H.S. Total Time: 1:13:08.17 Average: 18:17.05	51	6	12	13	20					
2	Nepean H.S. - Ottawa Total Time: 1:14:13.05 Average: 18:33.27	61	1	14	16	30	39	42			
3	Earl of March - Kanata Total Time: 1:16:17.61 Average: 19:04.41	75	2	11	24	38					
4	Sacred Heart - Ottawa Total Time: 1:18:32.62 Average: 19:38.16	92	10	23	25	34	36	46	50		
5	Merivale HS - Ottawa Total Time: 1:22:27.77 Average: 20:36.95	109	8	31	33	37	40	48			

## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 2 Boys 4040 Meter Run CC Novice

Name	Year School	Finals	Points
1 Legare, Nolan	John McCrae	14:01.42	1
2 Kennedy, Parker	Mother Teres	14:25.90	2
3 Raz, Luke	West Carleto	14:43.30	3
4 Wilson, Max	Woodroffe H.	15:02.90	4
5 Del Rio Reategui, Matias	St. Joseph C	15:08.77	5
6 Mayda, Cameron	South Carlet	15:32.68	6
7 Ledain, Eric	Esc Paul-Desmarais	15:35.37	7
8 Vivas-Moncado, Julian	Esc Paul-Desmarais	15:44.87	8
9 LeBlanc, Will	St. Francis	15:47.02	9
10 Barclay, Brennan	AY Jackson	15:52.27	10
11 Ross, Ethan	St. Mark	15:53.30	11
12 Harris, William	John McCrae	15:59.87	12
13 Smart, Jonah	Merivale HS	16:00.71	13
14 Dyke, Evan	Mother Teres	16:03.33	14
15 Tyman, Owen	Mother Teres	16:05.62	15
16 Aref, Nour	John McCrae	16:12.37	16
17 Chagnon, Julien	Franco-Ouest	16:31.58	17
18 Smith, Hunter	South Carlet	16:44.27	18
19 MacLeod, Brodie	Nepean H.S.	16:45.49	19
20 Duncan, Defer	South Carlet	16:47.40	20
21 Sam Chee, Stephen	Earl of Marc	16:49.78	21
22 Sweet, Joel	St. Paul C.H.S.	16:50.14	22
23 Girodias, Quentin	Franco-Ouest	16:53.43	23
24 Shephard, Jake	St. Joseph C	17:08.78	24
25 Watt, Tristan	Esc Paul-Desmarais	17:13.17	25
26 Blythe, Sean	Pierre Savard	17:13.71	26
27 Leclerc, Edouard	Holy Trinity	17:15.11	27
28 Ebert, Riley	South Carlet	17:16.74	28
29 Jones, Daniel	St. Francis	17:17.34	29
30 Habib, Justin	Redeemer Chr	17:23.99	30
31 Jalbu, Mihai	Esc Paul-Desmarais	17:25.74	31
32 Donald, Nathan	Mother Teres	17:46.18	32
33 Fallahi, Donyal	Longfields D	17:56.05	33
34 Heydarynejad, Lucas	All Saints Chs	18:14.04	34
35 Holman, Arvin	John McCrae	18:28.83	35
36 Larocque, Patrick	Earl of Marc	18:39.55	36
37 Shaw, Ryan	Mother Teres	18:47.02	37
38 Johnson, Thomas	John McCrae	19:44.93	38
39 Smith, Nolan	Sir Guy Carl	19:48.14	39
40 Han, Peter	St. Joseph C	20:18.20	40
41 Mastroianni, Peter	Merivale HS	20:18.58	41
42 Wang, Harry	Merivale HS	20:27.80	42
43 Maguire, Christian	St. Joseph C	20:44.78	43
44 Evans, Tyler	Woodroffe H.	20:45.83	44
45 Hatherall, Vaughn	Mother Teres	21:09.08	45
46 Verwigs, Christopher	Sir Robert B	23:37.81	46
47 Sutton, Connor	Mother Teres	23:39.74	47
48 Law, Sam	Sir Robert B	23:57.65	48
49 Levesque, Alex	Sir Robert B	24:10.27	49
50 Vokral, Emmett	Sir Robert B	24:32.83	50
51 Jaleel, Ali	Sir Robert B	26:14.90	51

**2019 West Conference Cross Country Championships - 10/16/2019**

**Walter Baker Park**

**Rankings**

**....Event 2 Boys 4040 Meter Run CC Novice**

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Mother Teresa H.S. - Otta Total Time: 1:04:21.03 Average: 16:05.26	63	2	14	15	32	37	45	47		
2	John McCrae SS - Ottawa Total Time: 1:04:42.49 Average: 16:10.63	64	1	12	16	35	38				
3	Esc Paul-Desmarais Total Time: 1:05:59.15 Average: 16:29.79	71	7	8	25	31					
4	South Carleton - Ottawa Total Time: 1:06:21.09 Average: 16:35.28	72	6	18	20	28					
5	St. Joseph C.H.S. - Barrh Total Time: 1:13:20.53 Average: 18:20.14	112	5	24	40	43					
6	Sir Robert Borden - Ottaw Total Time: 1:36:18.56 Average: 24:04.64	193	46	48	49	50	51				

## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 3 Girls 4870 Meter Run CC Junior

Name	Year School	Finals	Points
1 Murchison, Charlotte	Mother Teres	19:31.71	1
2 Bradley, Cassidy	Longfields D	19:46.78	2
3 McCulligh, Helen	West Carleto	19:51.17	3
4 Ivay, Rachel	John McCrae	20:00.21	4
5 Carnegie, Hannah	Nepean H.S.	20:51.65	5
6 Brennan, Emily	Sacred Heart	20:52.74	6
7 Djerbib, Tinah	Esc Paul-Desmarais	20:53.05	7
8 Perras, Daphne	Longfields D	21:06.78	8
9 Milne, Alison	John McCrae	21:14.08	9
10 Cross, Laura	Merivale HS	21:21.89	10
11 Stetcher, Rebecca	West Carleto	21:29.81	11
12 Tubman, Gwenyth	South Carlet	21:35.83	12
13 O'Ray, Maeve	Esc Paul-Desmarais	21:39.43	13
14 Munro, Grace	West Carleto	21:43.36	14
15 Charles, Rachel	South Carlet	21:51.58	15
16 McQuinn, Cora	John McCrae	21:52.36	16
17 Shepertycki, Halyna	All Saints Chs	21:53.43	17
18 West, Margot	Nepean H.S.	22:11.54	18
19 Ferry-Reid, Claire	St. Joseph C	22:15.52	19
20 Godin, Elyse	Esc Paul-Desmarais	22:17.49	20
21 Schmidt, Maya	Esc Paul-Desmarais	22:23.64	21
22 FitzGibbon, Victoria	Esc Paul-Desmarais	22:32.46	22
23 Crooks, Molly	All Saints Chs	22:37.86	23
24 Macgregor, Grace	Mother Teres	22:55.93	24
25 O'Connell-Smith, Ella	John McCrae	23:21.05	25
26 Vigouroux, Nonah	St. Francis	23:26.14	26
27 Savoie, Ava	St. Joseph C	23:28.37	27
28 Zannese, Larissa	All Saints Chs	23:50.81	28
29 Holman, Naya	John McCrae	24:27.67	29
30 Vigneron, Rosalie	Earl of Marc	24:43.21	30
31 Ivan-Feldcamp, Kamryn	John McCrae	24:58.40	31
32 Drummond, Emily	Nepean H.S.	25:30.11	32
33 Wolfe, Ma'ayn	Woodroffe H.	25:33.96	33
34 Linehan, Tara	Nepean H.S.	25:38.84	34
35 Johnson, Megan	All Saints Chs	25:43.87	35
36 Stanley, Madelyn	É.S.P.Omer-D	26:12.27	36
37 Grant, Elyssa	AY Jackson	26:33.18	37
38 Ponesse, Claire	St. Francis	26:45.87	38
39 Cotter, Tori	John McCrae	27:04.18	39
40 Brown, Rebecca	All Saints Chs	27:07.67	40
41 Coady, Olivia	All Saints Chs	28:56.18	41
42 Debat, Molly	Merivale HS	30:01.74	42
43 Brown, Hannah	West Carleto	30:04.43	43
44 Boutoille, Emma	Holy Trinity	50:00.00	44
45 MacKenzie, Olivia	Holy Trinity	50:01.00	45

**2019 West Conference Cross Country Championships - 10/16/2019**

**Walter Baker Park**

**Rankings**

**....Event 3 Girls 4870 Meter Run CC Junior**

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	John McCrae SS - Ottawa Total Time: 1:26:27.70 Average: 21:36.93	54	4	9	16	25	29	31	39		
2	Esc Paul-Desmarais Total Time: 1:27:13.61 Average: 21:48.41	61	7	13	20	21	22				
3	West Carleton - Dunrobin Total Time: 1:33:08.77 Average: 23:17.20	71	3	11	14	43					
4	Nepean H.S. - Ottawa Total Time: 1:34:12.14 Average: 23:33.04	89	5	18	32	34					
5	All Saints Chs Total Time: 1:34:05.97 Average: 23:31.50	103	17	23	28	35	40	41			

## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 4 Boys 4870 Meter Run CC Junior

Name	Year School	Finals	Points
1 Porter, Kyle	Sir Robert B	16:44.99	1
2 Woodford, Xander	Nepean H.S.	16:58.30	2
3 Niedre, Russell	South Carlet	17:05.95	3
4 Sendybyl, Ethan	John McCrae	17:07.62	4
5 Sikka, Zachary	St. Paul C.H.S.	17:13.20	5
6 Phung, Levi	Longfields D	17:18.74	6
7 Almstedt, Finn	Merivale HS	17:31.05	7
8 Brazeau, Alec	Esc Paul-Desmarais	17:31.65	8
9 Brooks, Owen	John McCrae	17:33.34	9
10 Dixon, Tye	West Carleto	17:35.55	10
11 Irvine-Quaid, Thomas	Nepean H.S.	17:42.34	11
12 Mason, Liam	Nepean H.S.	17:48.21	12
13 Bertels, Peter	Sir Robert B	17:51.24	13
14 Johnson-Neilson, Carter	Sir Robert B	18:19.30	14
15 Richardson, Lucas	John McCrae	18:32.55	15
16 Crichton, Alex	Nepean H.S.	18:33.71	16
17 Pascali, Ben	Nepean H.S.	18:39.78	17
18 Surette, John	Sir Robert B	18:43.90	18
19 Henderson, Evan	Nepean H.S.	18:58.74	19
20 Miceli, Aaron	Sacred Heart	19:03.18	20
21 Kukla-Colby, Thomas	Nepean H.S.	19:03.71	21
22 Tanigouchi, Trevor	John McCrae	19:08.26	22
23 Hodges, Jamie	Nepean H.S.	19:08.70	
24 Lairson, Xavier	Nepean H.S.	19:09.14	
25 Muller, Tyler	Sir Robert B	19:18.58	23
26 McDonald, Evan	Longfields D	19:18.90	24
27 Charbot, Dylan	Merivale HS	19:22.52	25
28 Ross, William	John McCrae	19:27.64	26
29 MacGillivray, Malcom	Sir Robert B	19:41.34	27
30 Sloan, Jack	Esc Paul-Desmarais	19:54.58	28
31 Carter, Cameron	Mother Teres	19:58.43	29
32 Vennor, Blake	John McCrae	20:03.46	30
33 Zaine, Bradley	Longfields D	20:05.64	31
34 Jessiman, Liam	South Carlet	20:09.37	32
35 Shetler, Jason	All Saints Chs	20:14.59	33
36 Polak, Oliver	All Saints Chs	20:20.30	34
37 Arthur, Derek	West Carleto	20:21.71	35
38 Tellier, Felix	Esc Paul-Desmarais	20:22.05	36
39 Sutcliffe, Brennan	All Saints Chs	20:34.08	37
40 Norman, Cole	West Carleto	20:38.87	38
41 Caron, Martin	St. Francis	20:44.99	39
42 Hames, Tyler	Esc Paul-Desmarais	20:49.68	40
43 Wightman, Fin	Esc Paul-Desmarais	20:51.08	41
44 Tessier, Paul	Redeemer Chr	20:52.83	42
45 Ray, Brennen	Mother Teres	21:26.18	43
46 Robins, Bryn	Nepean H.S.	21:30.40	
47 Bieman, Jonathan	South Carlet	21:39.84	44
48 Bieman, Tyler	South Carlet	21:41.65	45
49 Foster, James	Longfields D	21:43.43	46
50 Price, Evan	John McCrae	22:30.84	47
51 Murphy, Fynn	Sacred Heart	22:38.30	48
52 McQuigge, Paul	Sir Guy Carl	22:49.08	49





## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 5 Girls 6030 Meter Run CC Senior

Name	Year School	Finals	Points
1 Pellerin, Skye	St. Francis	23:23.34	1
2 Semeniuk, Katya	St. Pius X C.H.S.	24:11.96	2
3 Tyman, Elana	Mother Teres	25:06.17	3
4 Gruson, Karina	Nepean H.S.	25:33.23	4
5 Veldkamp, Grace	AY Jackson	25:53.84	5
6 Spencer, Elle	South Carlet	26:19.81	6
7 Sikka, Sabrina	St. Paul C.H.S.	26:50.58	7
8 Reid, Lauren	All Saints Chs	26:53.62	8
9 Sanderson, Julia	South Carlet	27:08.52	9
10 Dasilva, Kayla	Mother Teres	27:26.96	10
11 Smith, Leona	Nepean H.S.	27:29.83	11
12 Pert, Molly	St. Mark	27:36.74	12
13 Pegrum, Katrina	Sir Robert B	27:38.65	13
14 Finch, Abi	All Saints Chs	27:45.30	14
15 Steen, Abigail	Sacred Heart	28:03.34	15
16 Gratton, Sherise	St. Mark	28:09.52	16
17 Heard, Taylor	Sacred Heart	28:17.81	17
18 Luo, Jacintha	Earl of Marc	28:32.55	18
19 Kelly, Emma	St. Joseph C	28:38.37	19
20 Jarvis, Jeany	AY Jackson	28:39.24	20
21 Whitewolf, Trillium	Nepean H.S.	29:24.11	21
22 Dunn, Erin	Nepean H.S.	29:50.24	22
23 Vignuzzi, Isabella	Pierre Savard	29:55.68	23
24 Poole, Lauren	Sir Robert B	30:11.02	24
25 Pomerant, Ashleigh	Longfields D	30:11.81	25
26 Gay, Maricarmen	Redeemer Chr	30:12.78	26
27 Shaver, Abigail	John McCrae	30:58.18	27
28 Ngo, Isabelle	Longfields D	31:03.81	28
29 Van Noort, Emily	Mother Teres	31:34.14	29
30 Gay, Sophia	Redeemer Chr	31:36.08	30
31 Flanders, Kaitlyn	South Carlet	31:38.52	31
32 Witol, Chloe	Holy Trinity	31:42.43	32
33 Xu, Helen	Earl of Marc	31:43.58	33
34 Hogan, Georgia	St. Mark	31:56.43	34
35 Innes, Celia	All Saints Chs	31:57.68	35
36 Bartholomew, Megan	Nepean H.S.	32:01.05	36
37 Seeley, Arianna	Longfields D	32:39.14	37
38 Musa Ataib, Amani	Woodroffe H.	32:44.99	38
39 Takacs, Zoe	South Carlet	32:56.92	39
40 Fox, Katelyn	All Saints Chs	33:24.55	40
41 Gemeche, Nanate Tola	Woodroffe H.	33:44.84	41
42 Prydatka, Hanna	All Saints Chs	33:54.90	42
43 Fox, Victoria	All Saints Chs	34:03.87	43
44 Johnson, Sarah	All Saints Chs	34:12.86	44
45 Soliman, Joy	All Saints Chs	34:13.30	45
46 Lawson, Maya	Nepean H.S.	34:43.62	45
47 Chen, Angela	Earl of Marc	34:47.96	46
48 Smart, Nicole	South Carlet	35:05.90	47
49 Mululamen, Natty	Mother Teres	35:31.68	48
50 Doucet, Geneviève	Pierre Savard	35:45.58	49
51 McBurney, Vienna	Earl of Marc	35:54.08	50
52 Grundon, Olivia	Franco-Ouest	36:11.51	51



## 2019 West Conference Cross Country Championships - 10/16/2019

## Walter Baker Park

## Rankings

## Event 6 Boys 6030 Meter Run CC Senior

Name	Year School	Finals	Points
1 Frost, Colby	AY Jackson	20:43.58	1
2 Roy, Jackson	Longfields D	20:55.39	2
3 Porter, Cameron	Sir Robert B	21:00.99	3
4 Woodford, Theo	Nepean H.S.	21:09.34	4
5 Demars, Carter	Mother Teres	21:12.46	5
6 McLarnon, Brandon	Woodroffe H.	21:22.68	6
7 Taylor, Andrew	John McCrae	21:33.71	7
8 Kelly, Kaleb	Longfields D	22:10.27	8
9 May, Ryan	John McCrae	22:23.83	9
10 Samuel, Haroon	Mother Teres	22:35.93	10
11 Murawsky, Michael	Holy Trinity	22:40.04	11
12 Pavao, Marshall	Longfields D	22:41.96	12
13 Ng, William	É.S.P.Omer-D	22:48.27	13
14 Rybak, Michael	Sacred Heart	22:53.14	14
15 Sarai, Devinder	West Carleto	22:53.46	15
16 Bronsema, Liam	West Carleto	23:11.30	16
17 Wilson, Connor	AY Jackson	23:11.87	17
18 Collins, Noah	Woodroffe H.	23:19.34	18
19 Vincent, Evan	Sir Robert B	23:35.14	19
20 McPhail, Hunter	Sir Guy Carl	23:41.62	20
21 Nicolle, Max	Sir Robert B	23:51.71	21
22 Raz, Evan	West Carleto	24:01.68	22
23 Macinnis, Callum	Mother Teres	24:03.43	23
24 Bouma, Phoenix	Nepean H.S.	24:08.58	24
25 Magnusson, Max	Nepean H.S.	24:08.93	25
26 Kingwell, Rohan	Nepean H.S.	24:09.24	26
27 Fulton, Thomas	St. Mark	24:09.54	27
28 Aharony, Boaz	Earl of Marc	24:12.54	28
29 Polak, Oliver	All Saints Chs	24:14.46	29
30 Ferry-Reid, Gavin	St. Joseph C	24:20.68	30
31 Scorrar, Owen	AY Jackson	24:21.30	31
32 Joustra, Jeremiah	Redeemer Chr	24:31.87	32
33 Perras, Breton	Longfields D	24:32.49	33
34 Disselkamp Royo, Alexand	Pierre Savard	24:33.65	34
35 Jetten, Ryan	Esc Paul-Desmarais	24:38.49	35
36 Custic, Luka	Merivale HS	24:47.96	36
37 Perreault, Owen	É.S.P.Omer-D	24:56.02	37
38 Douglas, Daniel	Sacred Heart	24:57.14	38
39 Alvarez, Miguel	Franco-Ouest	25:09.18	39
40 Sjolund, Judd	St. Paul C.H.S.	25:09.84	40
41 Lawless, Ryan	John McCrae	25:11.96	41
42 Liao, Ryan	Earl of Marc	25:17.96	42
43 Flockton, Elliot	AY Jackson	25:20.18	43
44 Lamothe, Ben	Mother Teres	25:22.30	44
45 May, Owen	John McCrae	25:33.87	45
46 Calverley, Thompson	South Carlet	25:42.30	46
47 Terpstra, Max	Longfields D	25:47.34	47
48 Kravchenko, Mark	Sir Robert B	25:53.00	48
49 Woods, Sam	Earl of Marc	26:03.90	49
50 Assadzadeh, Daniel	All Saints Chs	26:23.81	50
51 Gagné, Cole	Franco-Ouest	26:27.43	51
52 Scully, Jason	Longfields D	26:40.74	52

2019 West Conference Cross Country Championships - 10/16/2019

Walter Baker Park

Rankings

...Event 6 Boys 6030 Meter Run CC Senior

53	Smith, Brayden	All Saints Chs	26:44.84	53
54	Carson, Kieran	All Saints Chs	26:45.74	54
55	Cyr, Tyler	Longfields D	26:53.89	55
56	Mallory, Simon	É.S.P.Omer-D	26:54.90	56
57	Mann, Thomas	Longfields D	27:13.43	
58	Oliveira, Antonio	Earl of Marc	27:14.39	57
59	Smilovich, Sasha	É.S.P.Omer-D	27:23.46	58
60	Johnston, Chris	Merivale HS	27:29.78	59
61	Nicoll, Sebastian	St. Paul C.H.S.	27:32.46	60
62	Liu, Fred	Earl of Marc	27:36.71	61
63	Jennings, Riley	St. Mark	27:37.11	62
64	Macdonell, Keeley	All Saints Chs	27:39.62	63
65	Maggiore, Adam	Mother Teres	27:45.74	64
66	Cunnane, Quinn	All Saints Chs	27:46.78	65
67	Wallner, Leo	St. Francis	27:47.14	66
68	Oliver, Evan	St. Mark	27:47.55	67
69	Wilson, Jacob	Redeemer Chr	27:57.04	68
70	Jolicoeur, Cedric	All Saints Chs	28:03.93	69
71	Wang, David	Mother Teres	28:11.93	70
72	Kay, Tanner	Mother Teres	28:13.78	71
73	Li, Frank	Earl of Marc	28:31.30	72
74	Miller, Jett	St. Mark	28:33.65	73
75	Duncan, Thomas	Woodroffe H.	28:49.08	74
76	Wojcik, Nolan	Mother Teres	29:15.55	
77	Caughell, Stuart	West Carleto	29:21.36	75
78	Bonenfant, Patric	Notre Dame H	29:27.05	76
79	Onufrak, Mirko	Holy Trinity	29:27.40	77
80	Yin, Jordan	Longfields D	30:18.37	
81	Jouali, Youssef	Sir Robert B	30:23.68	78
82	Lambley, Ryan	All Saints Chs	30:29.65	
83	Sandjong, Junior	É.S.P.Omer-D	30:46.21	79
84	Fevrier, Johvanie	Sir Guy Carl	30:46.55	80
85	Csagoly, Adam	Notre Dame H	30:52.62	81
86	Pomares, Gio	Mother Teres	30:52.99	
87	Para, Darian	Sacred Heart	31:06.43	82
88	Goodyear, James	Earl of Marc	32:47.84	83
89	Sabanegh, Nicolas	Franco-Ouest	32:59.58	84
90	MacDougall, Michael	All Saints Chs	33:39.87	
91	Mirfakhraei, Sohail	Merivale HS	34:18.49	85
92	Franklin, John	Franco-Ouest	35:15.02	86
93	Mott, Billy	South Carlet	35:33.11	87
94	Mékraldi, Redha	É.S.P.Omer-D	35:52.93	88
95	Volk, Michael	St. Pius X C.H.S.	36:45.17	89
96	Matheson, Jonas	É.S.P.Omer-D	37:49.43	90

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
=====											



School	NG	JG	SG	Agg	Rank	NB	JB	SB	Agg	Rank	Total	Rank
Nepean	8	4	10	22	1		10	8	18	1	40	1
John McCrae		10		10	2	8	6	2	16	2	26	2
Mother Teresa			6	6	8	10		6	16	2	22	3
Paul Desmarais		8		8	5	6	3		9	6	17	4
Longfields-Davidson			2	2	12		4	10	14	4	16	5
Sir Robert Borden				0		2	8	4	14	4	14	6
South Carleton			8	8	5	4	2		6	7	14	6
St. Pius X	10			10	2				0		10	8
Earl of March	6		3	9	4				0		9	9
All Saints		3	4	7	7		1		1	10	8	10
West Carleton		6		6	8			1	1	10	7	11
Sacred Heart	4			4	10				0		4	12
AY Jackson				0				3	3	8	3	13
St. Joseph				0		3			3	8	3	13
Merivale	3			3	11				0		3	13