

Pickleball Clinic Pathway

Clinic	Target Skill Level	Number of Sessions	Key Focus Areas
Level 1 Learn to Play	New players (1.0–2.0)	1 x 2-hour session	Rules, scoring, court positioning, serving, basic strokes, introductory game play. Provides enough instruction for a new player to confidently join recreational play
Level 2 Fundamentals	(2.0–2.5)	2 x 2-hour sessions	Stroke fundamentals, serving, returning, dinking, court positioning, guided game play. Introduces and reinforces the essential skills needed for consistent game participation
Level 3 Skill Building	(2.5–3.0)	3 x 2-hour sessions	Dinking, volleys, third-shot drops, transition zone play, partner communication, basic strategy. Allows players to develop a soft game and strategy elements that separate beginners from intermediate players
Level 4 Intermediate	(3.0–3.5)	4 x 2-hour sessions	Shot selection, third-shot drop vs. drive, defensive resets, advanced positioning. Focuses on improving performance, decision-making, and match strategy.
Level 5 Advanced / Competitive	(3.5–4.5)	4 x 2-hour sessions	Advanced tactics, stacking, speed-ups, counters, partner systems. Prepares players for league and tournament play through high-level drills and tactical training.