

### Pickleball Clinic Pathway

Clinic	Target Skill Level	Number of Sessions	Key Focus Areas
<b>1. Learn to Play</b>	New players (1.0–2.0)	<b>1 x 2-hour session</b>	Rules, scoring, court positioning, serving, basic strokes, introductory game play. Provides enough instruction for a new player to confidently join recreational play
<b>2. Fundamentals</b>	(2.0–2.5)	<b>3 x 2-hour sessions</b>	Stroke fundamentals, serving, returning, dinking, court positioning, guided game play. Introduces and reinforces the essential skills needed for consistent game participation
<b>3. Skill Building</b>	(2.5–3.0)	<b>3 x 2-hour sessions</b>	Dinking, volleys, third-shot drops, transition zone play, partner communication, basic strategy. Allows players to develop a soft game and strategy elements that separate beginners from intermediate players
<b>4. Intermediate</b>	(3.0–3.5)	<b>3 x 2-hour sessions</b>	Shot selection, third-shot drop vs. drive, defensive resets, advanced positioning. Focuses on improving performance, decision-making, and match strategy.
<b>5. Advanced / Competitive</b>	(3.5–4.5+)	<b>3 x 2-hour sessions</b>	Advanced tactics, stacking, speed-ups, counters, partner systems. Prepares players for league and tournament play through high-level drills and tactical training.