

2026 Spring Edition



The Pickle Jar: Fresh Tips and Bits

Protective eyewear is one of the simplest, cheapest, and most effective ways to prevent potentially life-changing eye injuries in pickleball. Given the speed of the game, the close quarters, and the rising number of injuries—especially among seniors—wearing impact-rated glasses or goggles is a smart, proactive choice.

Master the kitchen (non-volley zone)
Winning at pickleball means controlling the net. Get to the kitchen line as quickly as possible and stay there.

Develop a consistent third-shot drop
The third shot drop (a soft arc into the opponent's kitchen) is the most important shot in the game. It neutralizes powerful returns and lets you advance to the net.

Dig out the Popsicle Sticks

Summer Play starts May 2 dependent on weather
Monday 9:00 am – 11:00 am
Wednesday 6:30 pm – 8:30 pm
Saturday 8:30 am – 10:30 am

Wendys / STPC High School Tournament

Planning is well underway on our annual High School Tournament. 6 Elgin County schools (May 12); 8 London & area schools (May 13). Play begins at 8:30am each day, playoffs around 3 and conclusion around 4:30. Elgin County schools competing for the Dave & Helen Hall trophy -- Helen will be there to award the trophy. Email us at stthomaspickleball@yhoo.ca by May 1 if you are able to volunteer.

Annual General Meeting

The 2026 AGM will be held on Wednesday, June 17, 2026 at 4:30 p.m. in Pinafore Park. Pizza will be provided. Please bring your own refreshments. Watch your emails for further details.

Constitution

Some minor changes are proposed for the Club Constitution. These will be presented at the AGM. For a preview of the proposed changes, please go to Club Information/Constitution on the STPC website.

Naming and Signage of Pinafore Park Pickleball Courts

City Council has unanimously approved renaming the Pinafore pickleball courts in honour of Dave Hall. Watch for new signage sponsored by the Club to be installed soon.

Welcome New and Returning Summer PAMS

Stephen Mattis
Julie Mattis Synder
Harold Berger
Monika Sigmund Savage
Ann Marie Silva

Mark Your Calendar – More Upcoming Events

Canada Day – wear the red on Wednesday, July 1st
National Pickleball Day – welcome all players, August 8th
Fun Tournament and Paddle Demo Day to be Announced

Remember to watch the STPC Website and Facebook Page for updates

