



Chilliwack Pickleball Club

JANUARY 2026



HAPPY NEW YEAR EVERYONE!

Well, that's a wrap on another successful CPC year! So much to celebrate and be thankful for and here's wishing you a 2026 full of health, happiness, and of course lots of great pickleball!!!!

Although the weather has cooled off, the excitement about our new facility has not! If you have ventured behind the Landing building lately, you will have noticed that city crews have been busy over the last few weeks, removing the sports court, horseshoe pit, and doing some initial groundwork. It will be an exciting time for us, over the next few months, as we finally see our dreams for a new facility start to become a reality!!

In the meantime, we continue to run a busy play schedule and other events here at the Landing. In this newsletter we will review some exciting events that took place in December, remind you of some important club information (including a brief review of some of the new USAPA 2026 rule changes), talk about our upcoming Winter Tournament, and review our upcoming January play schedule.

Here we go.....

******* Still 3 weeks left to register *******

Chilliwack Winter Tournament

Dates: Jan. 31st, Feb. 1st, Feb. 2nd, 2025

Registration on Pickleballtournaments.com...closes on Jan. 23rd at 9:00 p.m.!

Registration after Jan. 1st: \$60.00 plus \$20.00 per event.

(CPC Members cost is \$50 for registration and \$20.00 per event).

Events:

Fri. Jan. 30th, 2026: (Tentative and subject to change based on Registration)

Women's & Men's Set Doubles: (50+) 2.499 and under, 2.5 to 2.999, 3.0 to 3.499, 3.5 to 3.999, 4.0 to 4.999

Sat. Jan. 31st, 2026: (Tentative and subject to change based on Registration)

Mixed Set Doubles: : (50+ and Any Age) 2.499 and under, 2.5 to 2.999, 3.0 to 3.499, 3.5 to 3.999, 4.0 to 4.999

Sun. Feb 1st, 2026: (Tentative and subject to change based on Registration)

Men's & Women's Set Doubles: : (Any Age) 2.499 and under, 2.5 to 2.999, 3.0 to 3.499, 3.5 to 3.999, 4.0 to 4.999

Grab your partner and join us for some fun on the courts!



Chilliwack Pickleball Club JANUARY 2026



TOURNAMENT VOLUNTEERS AND DONATIONS

Our tournaments here at CPC are so successful because of our wonderful volunteers that help make sure they run smoothly and that we provide a great pickleball experience for the participants. If you haven't already done so, please see if you can spare a couple of hours to help us out. Trudi has posted a list on the whiteboards in the lobby for you to jot down your name and will be organizing days and shifts for the volunteers. (Theres also some great pickleball to watch!)

Chilliwack Hospice Society Fundraiser

A staple at all our tournaments is our raffle table. We have donated thousands of dollars to our charities over the last few years and this year we will once again be supporting the Chilliwack Hospice Society. At this time, we are looking for our members to help us put together some wine baskets and scratch-off ticket boards. If you are able to help, out you can bring in your donation item and leave it with Cathie Sessions, or Kathy Isaac, or if neither is around, with one of the hosts. Thank you in advance for your caring hearts, the hospice is a charity that touches us all!

MEMBERSHIP RENEWAL FOR 2026

If you haven't already done so, it's time to renew your Chilliwack Pickleball membership. Go to our club website (Chillpb.com) and you will find all the information you need there. The access code to complete your renewal is 'Pickle'. Our club fee is \$40 for the year, there is also a \$10 fee for Pickleball Canada, and \$10.00 for Pickleball BC.

*****Membership renewal must be completed by Jan. 31st, or your SUH account will become inactive, and you will no longer be able to sign up for events *****





Chilliwack Pickleball Club JANUARY 2026



CELEBRATIONS AND THANK YOU!

A huge thank you goes out to our wonderful club members who were, once again, so generous with your donations towards our Christmas family fundraiser. We were able to raise just over \$2000, and our CPC elves got busy buying lots of gifts for our two families, as well as providing each family with well over \$500 in grocery items and gift cards. We were also able to, once again, donate \$500 to the breakfast program at Stit:os School as well. Jason, the principal there, wanted to let you know how much the families appreciate our generosity in helping make the holidays a little brighter for the two single mothers and their children.



CPC CHRISTMAS EXTRAVAGANZA

Lots of fun was had at our annual Christmas Extravaganza! Players worked in teams to complete fun pickleball challenges and there was lots of laughter and fun to be had! Congratulations to our winners:

First place: (10 play credits each) Eleanor Dear, Brenda Pare, Don Beer, and Patti Pollock

Second place: (5 play credits each) TJ Jones, Penny Holbrook, Diana Manuel and Jay Catalfamo





Chilliwack Pickleball Club JANUARY 2026



A huge thank you goes out to Carol Hart and her team of helpers that organized, and ran the stations, and to Helen Janzen who helped with the potluck coffee and goodies that followed. Here's a few photos of the action, and if you missed joining in, we hope you can make it next year!



Pickleball
Cheaper than therapy

If you're ever having a bad day, just remember the world is 4.5 billion years old and you somehow managed to exist at the same time as Pickleball.



Chilliwack Pickleball Club JANUARY 2026



CLUB CHAMPIONSHIPS

There was lots of great competition at our Club Championships that took place this week. The invitational event saw 8 of our club's top men, and top 8 women compete in a round robin tournament in their gender events. Congratulations to all of the participants! The evening was full of competitive matches and hard-fought battles where one or two points made the difference between winning and losing!!

For the women, the top two players were Nicolene Wildervanck and Kathy Isaac, and for the men, Stephane Hamel and Andrew Hall. Thank you once again goes out to Carol for organizing the event and to Ray Hart and Lyle Simpson for scorekeeping and helping out!



PLAY SESSIONS FOR JANUARY

Important time changes!! Many sessions that normally ran from 10:30-1:00 will now be scheduled for 10:30-12:45 and sessions previously running from 12:30-3:00 will now run from 12:30-2:45.

Mixers: Regular mixers will continue this month on the 2nd, 9th, 16th, and 27th from 12:30-2:45. and Men's and Women's Mixers on the 6th, from 12:30-2:45. We will also run a DUPR Mixer on Jan. 18th (no scores entered) from 10:30-12:45.



Chilliwack Pickleball Club

JANUARY 2026



CLUB play: There will continue to be regular Club play sessions this month. For 3.1 & over on Jan. 10th, 15th, 24th, and 26th, and for 3.0 & under on Jan. 3rd, 8th, 17th, 22nd and 29th. The times vary, so please check your calendar carefully!

Beginners/2.5&under Rec: This month we will have sessions on Jan. 6th, 15th, 22nd, and 29th, from 3:00-5:00pm.

DUPR sessions: This month we will have some full-floor DUPR sessions but will also continue to offer some small group sessions where there is only one or two courts available.

- Full floor DUPR: -Men's & Women's Set Doubles, Jan. 13th 12:30-2:45(scores entered)
- DUPR Mixer, Jan. 19th 10:30-12:45 (no scores entered)
- Mixed Set Doubles, Jan. 20th, 12:30-2:45 (scores entered)
- Mini DUPR : - DUPR 2.0-2.49: Jan. 12th 3:00-5:00
- DUPR 2.5-2.99: Jan. 19th 3:00-5:00 (all scores are
- DUPR 3.0-3.49: Jan.6th, 29th 3:00-5:00 entered for
- DUPR 3.5-3.99: Jan. 15th 3:00-5:00 Mini DUPR
- DUPR 4.0-4.49: Jan. 22nd 3:00-5:00 sessions)
- DUPR 4.5+: Jan. 26th 3:00-5:00

Skills and Drills: This month S&D will continue to be headed up by Alistair Hart with the help of our club coaches. We will continue to offer both a 3.0 & under session and a 3.1 & over session each week, and due to their popularity we have now opened up more spaces in each.

3.1 & Over (intermediate): Jan. 8th, 27th, 3:00-5:00

Jan. 12th, 19th, 1:00-3:00

3.0 & Under: Jan. 5th, 26th, 1:00-3:00

Jan. 13th, 20th, 3:00-5:00

Junior play and Private Lessons: On Mondays, Coach Alistair will continue to run our Junior Sessions (4:00 – 6:00) and offer private lesson sessions from 3:00-4:00.

Rec/Social: This month we once again have some Rec/Social sessions where you are placed on a court for the first hour and then can move one net up or down for the remainder of play time.



Chilliwack Pickleball Club

JANUARY 2026



Regular Rec/Social dates for this month are Jan. 12th, 23rd, and a DUPR Rec play on Jan. 5th. Times vary so check your calendar carefully!

Book Your Own Court: Courts are available for you to book and bring in your own group of players. Players do not all have to be club members, but must sign a club waiver before playing, and must follow all club rules (i.e.: wearing protective eyewear, etc.) The member booking the court will be charged 5 play credits which are non-refundable if cancellation is not completed 72 hours before play time. (BYOC fees as of Jan. 1st will be 5 play credits)

BYOC: Jan. 2nd, 5th, 6th, 9th, 15th, 16th, 19th, 22nd, 23rd, and 29th
(times vary slightly so please check your calendar carefully)

6 Week 'Crazy Socks' Winter Ladder Play in honour of last year's Champion – Brian Bruinink

When: Wednesday, January 7th, 14th, 21st, 28th, Feb. 11th, 18th. (No games Feb. 4th)

Time: 10.30am-1.00pm (except Feb 18th will run 11:00am-3:00pm with prizes and coffee to follow)

Cost: Players will Fob in as usual (as per normal play) and also pay a one time \$10.00 entry fee to go toward door prizes. **Please wear your most colourful crazy socks to honour Brian Bruinink!** Register on SUH.

General Information:

The format of play is designed so that players play mostly with others of similar skill levels, therefore players will be seeded before commencement. Each week, in each grouping, the top two players in the group will move up and the bottom two players will move down.

Each week, players will be placed in groups of 4, 5 or 6, in the order of their ranking, on the ladder for match play.

You are expected to play every week and need to "Opt In" every week you are playing. All players will play three or four doubles games in a round robin format with the other players in the group. At the start of the game players will decide who starts serving and choice of side.

The ladder is designed to run for 6 weeks. **Players are expected to play at least 4 of the 6 weeks.** After your games have been played, players record their scores on the score sheet and the ladder captain will then record them in SUH.

After play on week 6, players will be treated to refreshments and goodies, and our Champion will be crowned. All eligible players will also have the opportunity to win some amazing door prizes!

Absences:

-Can't Play - Please "OPT OUT" on SUH by Tuesday, 9pm.

If a player is unable to play on the specified day, they should "OPT OUT" no later than the Tuesday 9.00pm before the play schedule is published by the Ladder Captain. The groupings will then be made without that player. Absent players will not be eligible to move up the ladder the following week. There is a two-spot penalty for being absent.

-No Shows

If you are a "No Show" you will be deducted 3 playing credits.

-Inactive Players



Chilliwack Pickleball Club

JANUARY 2026



If a player cannot play for a period of more than 2 weeks the Captain may place you in an Inactive status and a substitute will be found.

Points to Remember

- Do not enter unless you are willing to make a commitment to the Ladder and your fellow players.
- All balls are considered in, unless you can absolutely determine they are out.
- Your club ratings will determine your starting ranking.
- Only players that played for at least 4 weeks are eligible for door prizes.
- No Refunds for missed weeks or byes.
- Suggestions will be welcomed and accepted, in writing, by the Ladder Captain at the end of the 6 weeks, which will be taken into consideration for the next event.

By registering you are agreeing to all the above terms set out by the league captain.

League Captain: Carol Hart 778 982-1579

USPAP RULE CHANGES FOR 2026

Starting January 1, 2026, USA Pickleball is rolling out a slew of new, or modified, rules that range from clarifications to legitimate game-changers

If you're serious about staying competitive, whether you're grinding in rec leagues or eyeing tournament play, you should check out USAP's [official 2026 rulebook](#) to understand what's changing and why.

You don't need to panic about these changes. Most of them are clarifications or common-sense additions rather than revolutionary shifts. Here's a few rule changes you should be aware of.

1. The Volley Serve Gets 'Clearer'

The actual mechanics of the volley serve haven't changed:

- You must make contact below your waist
- The highest point of the paddle must remain below your wrist
- The swing motion must go from low to high

What's new is the addition of one word: "clearly." That single word changes everything – or at least that's the hope. Previously, it was all a bit subjective and difficult to enforce..



Chilliwack Pickleball Club

JANUARY 2026



2. Spin on the Serve: Clarification, Not a Ban

This one's been confusing players for years. The rule says you can't add extra spin to your serve with your hand or paddle *before* you hit it. But a lot of people interpreted that as "you can't spin the ball at all when serving," which isn't true. Here's the distinction: **you can absolutely spin the ball on contact with your paddle.** What you can't do is manipulate the ball before you make contact.

So, you can't spin it in your hand and then hit it. The new rulebook just makes this clearer, which should help eliminate confusion at the recreational level.

3. Double Hits, Triple Hits, and Beyond

Last year, the USAP legalized double hits as long as they happen in one continuous, unidirectional motion.

This year, they're extending that to triple hits and beyond. If you somehow hit the ball three times (or more) in a single continuous motion without stopping, it's legal.

This is one of those rules that sounds wild but will almost never come up in actual play. It's an accidental thing, not something you're going to do on purpose. The key restriction remains: the motion has to be continuous and unidirectional. If you stop and restart, it's a fault.

4. The Visible Ball Rule

If you're carrying a second ball during a point and it's visible to your opponents, that's now a fault.

This includes balls peeking out of your pocket.

The reasoning is straightforward: it's distracting.

Imagine trying to track the ball while your opponent has another one visible nearby. It's genuinely hard to tell which ball is which.

5. Consulting Spectators on Out Calls

The old rule said you "should not" consult spectators about out calls. The new rule says you "must not." That's a meaningful shift from suggestion to mandate.

If you're in a tournament and you look at someone on the sideline to ask if the ball was out, you can get penalized. You and your partner need to make that call yourselves. In rec play, it's not a big issue. But understand the rule so you can enforce it if someone's trying to get help from the crowd.

6. Permanent Objects: The Bounce Rule

Here's where things get interesting. If you hit a permanent object (net post, chair, ceiling) on the fly, your opponent wins the point. That hasn't changed. But now, **if the ball bounces on your opponent's side first and then hits a permanent object, you win the point.**

This is a clarification that probably should have been in the rulebook all along. If your shot lands in and then bounces into the net post, that's your point. Before, there was ambiguity about this scenario.

7. Calling Out Balls: The Promptness Rule

The timing for calling out balls has gotten stricter. If your opponent hits an out ball and it becomes a "dead ball" (bounces twice, hits you, or you catch it), you now have to call it promptly rather than waiting indefinitely.

Previously, you could theoretically wait until the next serve to call a ball out, which made no sense and confused referees. **Now you need to call it quickly after it becomes dead.** And this extends to other scenarios as well.

Here's the new USAP rule in full:

Out Call Timing. *If a player returns the ball, their "out" call must be made before the ball is hit by the opponent or before the ball becomes dead; otherwise, play continues. If a player does not return the ball, an "out" call made promptly will be recognized, even if the ball becomes dead before the "out" call is made.*



Chilliwack Pickleball Club

JANUARY 2026



CLUB ETIQUETTE

Signing up/out: Unfortunately, we continue to have a number of people waiting until the last minute, or the last morning, to sign out of events. **Although we do allow a 2-hour window for opting out, our intention for this was for people who are not feeling well that morning, or have last-minute emergencies arise, that might keep them from playing that day.** However, our system info seems to be indicating that some members are regularly opting in right away (as soon as registration opens) in order to make sure they have a spot but aren't necessarily committed to playing that day. What happens is others see the event as full, so can't make plans or arrangements to play that day. When the last-minute spots then open up, many people are unable to fill the spots. **Out of respect for your fellow members, and those organizing play, we would ask you to please only sign up for events that you have full intention of playing in. Thank you.**

Wellness: It's that time of year again and the cold/flu season is well under way. If you are feeling under the weather, it would be wonderful if you could monitor your symptoms and make sure coming to play won't put other members, particularly those that have compromised immune systems, more at risk than need be. Thanks again!

Calling the score: When 14 courts are filled with players, the Landing can become a rather noisy place. As we all know, you must call out the score before you serve, but what we would really like to emphasize is to please make that score call LOUDLY! It is also mandatory that you call out whether you are the first or second server. Since it can be very hard to hear the score when someone says it softly, opponents are often caught off guard when the serve commences. Also, making sure that everyone hears, and knows the score (and the correct server), before you serve, greatly reduces the chance of disputes about what the score is, or who is serving, after a long rally finishes. It's just something small we can all commit to doing, in order to make everyone's playing time here at the Landing more enjoyable!

Entering of scores: Just a reminder that your hosts are all volunteers! As such, we try and get scores entered promptly, but please don't expect them to be entered automatically that day!! Also, when it comes to DUPR scores there is a delay in sending them to DUPR. This is so that players have time to check and make sure scores were entered correctly, and any corrections can be made, before the games are applied to your DUPR accounts.

Thank you for helping out!: Thank you to those of you that consistently help out with putting the balls and nets away at the end of playtime, it is very much appreciated!





Chilliwack Pickleball Club JANUARY 2026



SPONSORS

Once again, we would like to thank the following sponsors for their continued support this year. **If you are looking for services or products, be sure to shop locally and check them out!** We also have a few spots that have opened for additional sponsors, so if you know a local business that would like to support our club and have their banner on a net, (along with advertising on our website, newsletters and during our tournaments), then please have them contact Ray Hart at Rayhart58@gmail.com, or via text at 604-807-2533.



April Graham B.Sc (Hons) Physiotherapy
Physiotherapist
Office 604-426-0516 ext. 130123
agraham@cbihealth.ca

Dr. Harjoot Dhillon, BHK., BSc., D.C
Chiropractor

ph. 604.792.9981
fax. 604.792.6852
email. DrDhillon@theapolloclinic.ca

#2-45844 Yale Road
Chilliwack, BC V2P 2N8



ANDREW REEVES
Service Advisor / Owner

Honestly driven.

Quit dinkin' around.
Come see us today

PHONE: 604-795-3719
TEXT: 604-670-3099
FAX: 604-795-2494
EMAIL: chilliwackoktire.com

Roadside Assistance
Free with oil change

1 - 45676 Yale Road
Chilliwack, BC V2P 2N5



PickleBallDepot.ca
Canada's Premier Pickleball Shop



planwellfinancial.ca



iaprivatewealth.ca

David Booth
BBA, CPA, CMA, CFP, RM, CMAA, RES, CFP, CFP
Senior Investment Advisor, Financial Planner

604 614-3283



Lili Blackwell
PERSONAL REAL ESTATE CORPORATION

Lili Blackwell
Greater Vancouver

778.887.5454
lili@liliblackwell.com
www.liliblackwell.com

RE/MAX All Points Realty
101-1020 Austin Ave., Coquitlam, BC V3K 3P1
Off: 604.936.0422 TFree: 1.800.939.6838





Chilliwack Pickleball Club

JANUARY 2026



(JANUARY 2026 CALENDAR ATTACHED ON FOLLOWING PAGES)



Chilliwack Pickleball Club

JANUARY 2026



JAN 2026

SUN	MON	TUE	WED	THU	FRI	SAT	
					01	02	03
					Cancelled	12.30-2.45pm Mixer 3.00-5.30pm BYOC	10.15-12.15pm Club Play 3.0 & Under
04	05	06	07	08	09	10	
10.30-12.45pm DUPR Rec - No Scores 1.00-3.00pm S&D, 3.0 & U 3.00-4.00pm – Coaches 3.00-5.00pm BYOC 4.00-6.00pm Juniors	12.30-2.45pm Men's & Women's Mixers 3.00-5.00pm Beg & 2.5 & Under Rec Play 3.00-5.00pm BYOC 3.00-5.00pm DUPR 3.0-3.49 Scores Entered	10.30-12.45pm Winter Ladder League	12.30-2.45pm Club Play, 3.0 & Under 3.00-5.00pm S& D, 3.1 & Over 7.00-9.15pm KOTC 2.6 & Under	12.30-2.45pm Mixer 3.00-5.30pm BYOC	10.15-12.15pm Club Play 3.1 & Over		
11	12	13	14	15	16	17	



Chilliwack Pickleball Club

JANUARY 2026



10.30-12.45pm Rec Play	12.30-2.45pm Men's & Women's Set DUPR Doubles, Scores Entered	10.30-12.45pm Winter Ladder League	12.30-2.45pm Club Play, 3.1 & Over	12.30-2.45pm Mixer	10.15-12.15pm Club Play 3.0 & Under
1.00-3.00pm S&D, 3.1 & Over			3.00-5.00pm Beginners & 2.5 & Under Rec Play	3.00-5.30pm BYOC	
3.00-4.00pm – Private	3.00-5.00pm S& D 3.0 & Under		3.00-5.00pm BYOC		
3.00-5.00pm DUPR, 2.0-2.49 Scores Entered			3.00-5.00pm DUPR, 3.5-3.9 Scores Entered		
4.00-6.00pm Orientations			7.00-9.15pm KOTC 2.61-3.09		
4.00-6.00pm Juniors					

18**19****20****21****22****23****24**

10.30-12.45pm DUPR Mixer - No Scores	12.30-2.45pm Mixed Set DUPR Doubles Scores Entered	10.30-12.45pm Winter Ladder League	12.30-2.45pm Club Play, 3.0 & Under	12.30-2.45pm Rec Play	10.15-12.15pm Club Play 3.1 & Over
1.00-3.00pm S&D, 3.1 & Over	3.00-5.00pm S & D, 3.0 & Under		3.00-5.00pm Beginner's & 2.5 & Under Rec Play	3.00-5.30pm BYOC	
3.00-4.00pm – Private			3.00-5.00pm BYOC		
3.00-5.00pm DUPR, 2.5-2.9 Scores Entered			3.00-5.00pm DUPR, 4.0-4.49		
4.00-6.00pm BYOC			7.00-9.15pm KOTC 3.10-3.74		
4.00-6.00pm Juniors					

25**26****27****28****29****30****31**



Chilliwack Pickleball Club

JANUARY 2026



10.30-12.45pm Club Play 3.1 & Over	12.30-2.45pm Mixer	10.30-12.45pm Winter Ladder League	12.30-2.45pm Club Play, 3.0 & Under	Tournament	Tournament
1.00-3.00pm S&D, 3.0 & U	3.00-5.00pm S&D, 3.1 & Over		3.00-5.00pm Beginner's & 2.5 & Under Rec Play		
3.00-4.00pm – Private			3.00-5.00pm BYOC		
3.00-5.00pm DUPR, 4.5 & Over Scores Entered			3.00-5.00pm DUPR, 3.0-3.49		
4.00-6.00pm Orientations			7.00-9.15pm KOTC 3.75 & Over		
4.00-6.00pm Juniors					
