

Run for Rowan 2 - 10/11/2025**10/11/2025****Results****#1 Women 5k Dash CC**

Comp#	Name	School	Time	Points
1	132 Messenger, Karen	Unattached	23:07.40	
2	110 Ongaro, Sylvia	Brockville Legion Track C	23:54.95	
3	107 Laplante, Ava	North Grenville Dhs - Kem	24:13.53	
4	103 Durant, Aubrey	Brockville Legion Track C	24:40.85	
5	106 Howison, Kylie	Unattached	24:52.04	
6	128 Barrett Tucker, Ashlynn	Unattached	26:12.04	
7	129 Byers, Charlotte	Unattached	27:58.42	
8	104 Fletcher, Laura	Unattached	28:16.40	
9	109 Meikle, Vanessa	Unattached	29:40.57	