

GBPC Player Development Program Pickleball Canada skill level assessment

Name:	Date:	
Email:	Phone:	

Required skills 4.0 (including all skills from 2.0, 2.5, 3.0 and 3.5 level)

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Successfully serves and returns serves at least 90% of the time			
Has a consistent, reliable forehand and backhand, including direction control, dept placement, and speed	h,		
Has a consistent and reliable overhead shots, including some directional control, depth, placement, and speed			
Precise lob placement			
Consistently hits the soft drop shot from the baseline to the net (3rd, 5th, shot drop etc)			
Regularly initiates and maintains a sustained exchange of dinks at the net until and "attackable" shot is received			
Able to switch from a soft shot strategy to a power shot strategy, and vice versa			
Can block and return overhead shots			
Develops the ability to return overhead shots			
Can control speed on strokes without hitting too hard or hitting the ball out of the court			
Moves efficiently with partner, switches sides easily and communicates effectively			
Controls play at the NVZ line, keeping opponents back and controlling the speed a placement of the ball	nd		
Constantly makes the opponent move in order to create open spaces			
Recognizes and exploits weaknesses in opponents' play			
Can intercept (poach) effectively			
Results: Stay in current Group Move to 4 Signatures:	.5 Group		
Evaluator Player:			