

## GBPC Player Development Program Pickleball Canada skill level assessment

Name:		Date:				
Email:		Phone:				
Required skills (	3.5 (including all skills from 2.0, 2.5	and 3.0 level)			+	
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Demonstrates forehand control (direction, depth, and speed)						
Demonstrates bac	ckhand control (direction, depth and spee	ed)				
Successfully serve	es and returns serves at least 80% of the	time				
Regularly places	serve deep in the court					
Regularly uses hig	gher and deeper serve return to allow time	e to approach the	e net			
Quickly approach	es the NVZ (when appropriate) rather that	n staying behind				
	tively with a partner. Begins to use strated and covering ground as a team	gies for communi	cating			
Attempts to avoid	I hitting balls that are heading out of bour	nds				
Hits the ball cons	istently lower over the net					
Develops a wide	variety of strokes with a certain consisten	су				
Learns to use sof	t shots vs. Power shots to their advantage	e				
Develops consistency in shot placement, including the ability to create and place balls in open spaces						
Maintains a short	volley session at the net with some contr	ol and placemen	t			
Initiates and main	tains a sustained exchange of dinks at th	e net				
Able to hit a soft of	drop shot to approach from the net (3rd, 5	5th, shot drop etc	)			
Adapts consisten	tly to different ball speeds					
Striking with over	head control					
Uses a lob (foreha	and and backhand) as needed					
Good speed						
Develops patience	e during exchanges					
Results: Keep w Signatures: Evaluator Legend: 🗙 = No	-	M layer:	ove to 4.0	Grou	p	]