

OROMOCTO AND AREA PICKLEBALL CLUB (OAPC)

SAFETY PROTOCOLS

NO SCENT POLICY - The OAPC and the Gagetown Fitness Centre have a no-scent / fragrance-free policy to protect those with environmental allergies and sensitivities.

SAFETY ON THE COURTS

The goal is to have fun and stay safe. By making safety a priority, we reduce risks and avoid injuries. Here are some guidelines:

DO	DON'T
Keep an eye out for potential hazards.	Don't take unnecessary risks.
Warm up before playing.	Don't ignore the importance of warming up.
Play within your capacity.	Don't overextend yourself beyond your physical ability and fitness.
When returning the ball to your opponents after a point or side out, throw or gently hit it to them. Be respectful.	Don't slam the ball. Make sure your opponents are ready to receive the ball.
When your ball enters an active court, call BALL loudly. Wait for play to stop and put your hand or paddle up to show which court you're on.	Don't run into the adjacent court to chase your ball.
When you hear someone call BALL, stop play immediately. Retrieve stray balls promptly. Look for a player from that court and throw or gently hit the ball back to them.	Don't ignore it when someone calls BALL on your court. Don't cause a tripping hazard by rolling, kicking or hitting the ball <u>across the floor</u> with your paddle.
Be aware of where players are on the court. On your side, call balls ("mine, yours or "got it").	Don't collide with your partner or hit them with a paddle. Keep track of each other! Don't hit the ball <u>with excessive force</u> directly at your opponents. Never aim at someone's head.
When chasing a lob over your head either circle, turn, use side-shuffle steps, or let your partner get it.	Don't back-pedal when chasing a lob.
Be careful if the court is wet or damp. Use a towel, mop or squeegee to improve conditions if possible.	Don't ignore wet or damp conditions (could be from humidity or wet shoes indoors or weather conditions outside).

LET'S ALL DO WHAT WE CAN TO KEEP EVERYONE SAFE!

Approved – March 11, 2025