Welcome to Pickleball! FAQ

Ready to Dive into the World of Pickleball?

Whether you've seen a few games, played other racquet sports, or just want to try something new, you're in the right place! Pickleball is a fast-growing sport that's easy to learn, social, and seriously addictive (in the best way).

It combines elements of tennis, badminton, and ping-pong, and is played on a smaller court using a paddle and a plastic ball with holes. It's fun and accessible for all ages and skill levels.

Step 1: Join the Delta Pickleball Association (DPA)

To participate, you'll need to join the association for insurance purposes. Click the black "Join/Renew" button on our website.

Step 2: Watch These Quick Videos

Here are some helpful videos to get you familiar with the basics before you hit the courts. Watching these ahead of your first lesson will give you a solid head start! While there are thousands of pickleball videos online, sticking to the recommended ones will help you avoid information overload and get you started on the right foot

Intro to Pickleball:

- https://www.youtube.com/watch?v=WLWj2LXecHU
- https://www.youtube.com/watch?v=fTvPYdKZaO0

The Kitchen (Non-Volley Zone):

- https://www.voutube.com/watch?v=xGfLXDTzJck
- https://www.voutube.com/watch?v=OacxhVqHzvY

Scoring:

https://www.youtube.com/watch?v=eMEpFipIdrk

Line Calls (In or Out?):

• https://www.youtube.com/watch?v=vSn5Kcint7k

Step 3: What to Bring if coming to a lesson

- Court shoes with non-marking soles
- Water bottle

- Weather-appropriate clothing
- Safety glasses (recommended)
- A fun and positive attitude!

For beginner lessons, all equipment (paddles, balls, nets) is provided.

Helpful Hints Around the Pickleball Courts



Check current outdoor sessions via the **Court <u>Schedules</u>** tab on our website. From April to October, we also use **Play Time Scheduler** for play sessions, events, and lessons.

★ Sessions open 6 days in advance.

Play Time Scheduler helps you:

- Connect with players of similar levels
- Ensure there are enough people to play (ideally 4+)
- Easily organize or join games

Need help setting up an account? Setup Instructions

T Portable Net Setup

Many courts have lock boxes with portable nets (City of Delta courts). \square Call the number on the box for the code.

Setup Tips:

- Watch Setup Video
- Insert the middle post last
- Fold net in half and roll for takedown
- Net height: 34" center, 36" sidelines
- A measuring stick is provided in the box

Drying Courts

We live in a rainy climate — drying courts helps us play safely. Equipment is available in court lock boxes and accessible to DPA members.

Trying equipment tutorial coming soon!



Marm-Up Before You Play

Spend 5–10 minutes warming up with light cardio, dynamic stretching, and easy hitting.



Warm-Up Tips Video

■ Paddle Rack System

When courts are full, use the paddle rack system to rotate into games.



Watch How It Works

Court Signage & Etiquette

City of Delta signage at each court helps ensure fair play and smooth rotations. Please take a moment to review them when you arrive.

Basic Etiquette:

- Call the score clearly before each serve
- Don't hesitate to ask questions everyone starts somewhere!
- Pick up stray balls quickly (call "ball, ball, ball")
- Say "Nice shot!" and be encouraging
- Exit courts promptly when your game ends if others are waiting

Welcome again, and have fun on the courts!