

LACOMBE

ESTB 2023

PICKLEBALL

CLUB

NewsLetter

January 2025 – HAPPY NEW YEAR

Membership Renewals Are Due January 1, 2025

The Fall PB Season was busy with great participation at all the drop-in play times @ JS McCormick and Burman University. We hosted two sets of Beginner PB lessons (24 participants) and one Advanced session (12 participants) - thank you to Patrick Galesloot for instructing these sessions. Be sure to check out the 2025 Lessons & Clinics in this newsletter and on the website. Register early to avoid disappointment.

It is great to see the high interest in pickleball continue, with many new members this fall. The Lacombe Pickleball Club had 257 members in 2024. ***That's AMAZING!***

2025 Winter/Spring Pickleball Drop-In Play Schedule

Burman University Gym (Everyone Welcome)

Monday: 6:00 – 8:00PM. Commencing January 6, 2025.

JS McCormick School Gym (Everyone Welcome)

Monday: 6:30 to 9:00 pm. Pickleball Lessons (Details TBA)

Tuesday: 6:30 to 8:30 pm. Adult Play, Commencing January 7, 2025

Wednesday: 6:30 to 8:30 pm. Adult Play, Commencing January 8, 2025

Thursday: 5:30 to 7:00 pm. **NEW Adult Beginners**, Commencing January 9, 2025

Also Youth & Family Play, Commencing January 9, 2025

Thursday: 7:00 to 9:00 pm. Adult Play, Commencing January 9, 2025

Commencing January 2025

Signup for drop-in to JS McCormick times will be available online at Lacombe Pickleball club web site. Participants must also be a member of Lacombe Pickleball Club, Pickleball Alberta & Pickleball Canada. (This provides individual and club insurance for Lacombe Pickleball Club members.)

**Information, Club Registration, and Drop-In sign up – Online Only @ www.lacombepickleball.org
To Contact LPC Email: info@lacombepickleball.org**

Membership Renewal and New Memberships - How to join the Lacombe Pickleball Club.

For anyone who joined October 1, 2024, or later, your membership is good until December 31, 2025. Renewal memberships are due January 1, 2025, which will be valid until December 25, 2025. To be a member of Lacombe Pickleball Club, players must also join Pickleball Alberta and Pickleball Canada. This can all be done with one registration through the club web site.

Current fees:

Lacombe Pickleball Club 2024-25: Adult: \$20.00 Youth: (age 8-17) \$5.00

Pickleball Alberta 2024: \$15.00

Pickleball Canada 2024: \$10.00

(There will also be a small administration fee added as you register)

Current membership renewals are due January 1, 2025.

Drop-In Fee is \$2.00 per person per night.

Advanced Clinics and Beginner Lessons

Registration on our website: www.lacombepickleball.org

Advanced Clinics – Players must be familiar with rules and gameplay as well as have fundamentals skills of third shot drop and kitchen play. Each clinic will include 2 sessions – Sign up for Group 1 or Group 2.

Group 1 Dates: Time: 6:45 – 8:45 PM Place: JS McCormick School Gym
Session 1: Monday, January 20th Session 2: Monday, January 27th

Session 1 - **Learning Roll and Cut Shots**

- Eliminating dead dinks from your game (dinks with no spin)
- Learning the mechanics of creating topspin as well as backspin.
- Learning the footwork that allows for both shots.

Session 2 - **Getting to the Kitchen**

- Third shot drops - building off previous session to apply backspin and topspin to drops
- Drive technique as well as drive-to-drop strategy
- Resets from midcourt - working into the kitchen
- The mindset at midcourt - rushed vs patient

Group 2 Dates: Time: 6:45 – 8:45 PM Place: JS McCormick School Gym
Session 1: Monday, February 3rd Session 2: Monday, February 10th

FEE: \$60.00 plus Admin Fees per person, **Sign Up for Group 1 or Group 2** - 12 participants in each Group

INSTRUCTOR: Joel Pelletier, Red Deer Pickleball Club. Joel is a 5.0 rated player, ranked nationally. He has been instructing for several years and is an IPTPA level 1 instructor.

Beginner – Let's Play Lessons

Looking to be active and play the fun sport of Pickleball. Over the two evenings you will learn the basic rules and mechanics of the sport. Learn about transition zones and adding more shot variety. Recommended for Beginners, New Players, Unrated Players.

Dates: Monday, February 24 & March 3 Time: 6:45 - 8:45 PM
Place: JS McCormick School, Lacombe

FEE: \$ 32.00 plus Admin Fees Max: 12 participants

INSTRUCTOR: Joel Nichols, Lacombe Pickleball Club. Joel is a NCCP Level I Instructor.

Phyllis Obst Lacombe Pickleball Annual Members Only Tournament

The first annual tournament was a tremendous success with 80 plus entries in Ladies, Men's & Mixed Doubles competitions. A fun social time to honor Phyllis who was one of the Club's founding members. The Second Annual Tournament will be held in early Spring – Watch for Details!

LACOMBE PICKLEBALL YOUTH PROGRAM - VOLUNTEERS NEEDED!

The mission of the Lacombe Pickleball Club (LPC) is to promote and develop the sport of Pickleball for ALL ages. To grow this program, we are looking for adult club members to take a leadership role – serve as gym captain, assist beginners and be the Responsible Adult (RA). If you are interested in volunteering, please forward an email to: info@lacombspickleballclub.org and we will be in touch with you ASAP.

We have a timeslot at JS McCormick School on Thursday evenings from 5:30pm until 7:00pm which is designated for “Youth and Family Play.” We offered this program in the Fall 2024, but unfortunately it was not well attended. We will continue to offer this program on a trial basis in January 2025, if interest is not sufficient, we will have to cancel the program.

Youth aged 8 to 17 years of age will be able to play during that timeslot provided they have a pre-authorized Responsible Adult (RA), who is a member of Lacombe Pickleball Club, in the gym with them and the youth is versed in court etiquette and Pickleball rules.

Youth players must be members of Lacombe Pickleball Club (Cost \$5.00), Pickleball Alberta (PA) and Pickleball Canada (PC). The drop-in fee of \$2/person applies to all youth and their accompanying RA.

The role of the responsible adult is to:

- Coach and direct the youth in court etiquette and discipline if warranted.
- Authorize medical treatment if needed.
- Monitor and ensure the youth member’s safety from physical harm, sexual abuse, and mental harm.

Why This Approach? We are taking this approach to protect our youth, volunteers, and our organization. As our club is small, relatively new and run entirely by volunteers we do not have the resources available to have all volunteers take special training, provide criminal record and vulnerable sector checks. and ensure that we always have enough volunteers in the space with youth present.



Now Available @ Drop In Play

Lacombe Pickleball T-Shirts - \$20.00

Unisex Sizes S, M Only, More Sizes Later

A great way to support and promote our Club!

**Special thanks to Lacombe Physiotherapy Clinic
for sponsoring this project!**