



September 2024 Newsletter

Presidents Report

There was definitely a nip in the air when I finished playing this evening as we wave goodbye to September and brace ourselves for the cooler months ahead. Certainly nice to see that the Highland courts are busy all day long and I know that Cumberland and Martin Park are very active as well.

There is a growing number of players at the Black Creek Community Centre courts and we are hopeful that something permanent can be put in place there. Currently there are four courts that have been painted on one of the existing tennis courts.

The Board continues to meet with each of the municipalities at all levels as we strive to make our case for additional permanent courts. This continues to be a priority of the CVPA. For each municipality, finding suitable land is the most significant issue.

As you know we have redesigned our Logo which has been well received and you can now find it on our new T-Shirts, long sleeve shirts and other garments which will be available to order on the website.

As part of the logo redesign, we have also redone the CVPA website (thanks to Board member Russ Portigal) which has launched. Hopefully you will find it simple to navigate and contain the information you are looking for with a simple click of the mouse.

The AGM is fast approaching and will be held at the **Comox Recreation Centre on Friday October 11th, starting at 6:30 pm**. With the retirement of three Board members two new people have put their name forward and we are looking for one more person to step up and volunteer to help grow the sport you love. Give either me or Donna a call (phone #'s on the website) and let us know that you are interested in standing for election.

SCHEDULED PLAY REPORT

The outdoor courts are full to overflowing most afternoons. The protocols posted by the Town of Comox at the Rotary Highland Courts must be adhered to by all players. Please be courteous and respectful of others as we try to share what limited facilities we currently have. Just as a reminder - when there are players waiting to play, all players are asked to vacate their court at the end of their game (or after 15 minutes), put their paddles in the queue and wait their turn as courts become vacant. This system is one of respect, inclusivity and.....well, it's the Canadian way!!!! If you have been on the court for longer than your allotted time and are approached by other players to leave the court, please be considerate - do NOT finish your game - simply go off the court and put your paddle in the queue. If everyone uses this same system, the wait times will be short and all players will enjoy their games & experience equally.

Beginners - there is a dedicated time being organized for beginners at the Rotary Highland Courts this fall/winter on Sunday mornings from 9:00am - 11:00am. Anyone wishing to join this enthusiastic group will be made to feel more than welcome.

For indoor play Cumberland - please note that effective Wednesday, October 9th, the Wednesday and Friday afternoon time slots (12:30pm - 2:30pm) at the Cumberland Hall will be open to players of all levels, including beginners. "Ladders" will be run during these times so that all players are made to feel welcome and included. The Friday "dink and drink" will move to this venue and everyone is welcomed to join.

19 Wing Comox is changing their entry process for pickleball effective 20 October, 2024 - "19 Wing Recreation Dept will be offering participants the opportunity to register and pay for the full 10 week session. This will enable you to swipe/show your pass to avoid the lineups at the counter."

If you will be participating in pickleball at the base this fall/winter please email
E-mail kisa.daniels@forces.gc.ca.

If you do not wish to purchase a 10 week pass, please arrive at least 30 minutes ahead of time to make sure all the paperwork is complete.

For any further information on any of the above or if you have questions, concerns, comments or ideas please feel free to contact the CVPA at cvpa2015@gmail.com

Membership Report

As of September 30, 2024 the CVPA stands at 695!!! The female membership outnumbered the males - 366 to 329. Well done ladies!

Comox Valley Pickleball Club T-shirt Sales

All t-shirt orders have been filled and it is great to see players in all those colourful shirts on the courts.

Several folks missed the order or are interested in getting another item, so we will be doing another order soon.

We are in the process of checking out sweatshirts, hoodies and a warm vest for those diehards who battle the rain and cold to play in the Valley over the cooler months. We will also include the same long and short sleeved t-shirt selection from the first order.

We continue to work on an online purchasing process, with the biggest hurdle getting all of the individuals together to sort out the details as we balance our busy lives.

It will happen...so stay tuned. Once it is up and running we will post information on FaceBook, the website and the newsletter.

Christmas PlayDay and Pot Luck Dinner

'Tis just about the season. Planning has begun for this year's CVPA Christmas gathering. We have booked the Comox Community Center for **December 19th** for 4 hours of "All Levels" play from noon to 4pm, followed by a Potluck dinner and fun activities from 5-8:30pm.

We have an enthusiastic committee putting the event together, but we are always looking for club members who might like to share an interesting activity or entertainment idea.

If you and/or a group of friends want to do a Pickleball (or not Pickleball) or Christmas related skit, song, dance, or activity please let us know. You can contact Jane at kolmatycki@shaw.ca

Tickets will be available for purchase online sometime in November. Like most of the events we hold, this will fill quickly and numbers will be limited, so stay tuned.

Giving Back to Community

Thank you to the members who have taken it upon themselves and countless hours away from playing pickleball to organize, create and fundraise for a basic necessity.

Darlene Nelson organized a Food Bank Fundraiser at Martin and Highland Park. So far, she has collected 60 bags filled with groceries and has received 310\$ in donations.

Liz Robb has donated her labour and supplies and created beautiful pickleball shaped serving boards. She sold them to raise money for the Comox Valley Food Bank. She matched dollar for dollar to \$500 max as her contribution to the food bank.



Glenna Hazeldine organized a Drills and Skills Day in Cumberland and raised \$125. This amount will be added to the donation Cumberland Pickleball will be donating to the food bank before Christmas.

Thank you ladies for taking the initiative to fundraise for the food bank! Thanks to all the members who have made a donation!

Comox Rotary Highland Courts

The Town of Comox will soon pave the perimeter of the courts and path leading to the courts. Thank you to the CVPA and Town of Comox for this initiative, along with the water station between the lacrosse box and baseball fields. The washrooms at Highland are now open everyday and locked electronically by the town after hours, no more need to get a key!

Letter of Gratitude Received from Comox Valley Healthcare Foundation in Memory of Paul Deeton

Dear Comox Valley Pickleball Association,

Thank you for visiting today and for your generous donation to the Comox Valley Healthcare Foundation. This thoughtful gift, made in memory of Paul Deeton, will have a significant impact on the lives of our neighbours and loved ones.

Your donation helps fund enhanced equipment, technology, and training, ensuring that our community continues to receive the best possible care, close to home.

In accordance with CRA guidelines, we have enclosed a non-charitable receipt for this donation. Additionally, after your visit, I located the contact details for Paul Deeton's wife, and as requested, we will send her an acknowledgment letter, noting that the Comox Valley Pickleball Association made this donation in Paul's memory.

Please accept our heartfelt condolences for the loss of your team member, Paul. Honouring his life in this way is truly beautiful, and we are deeply grateful for your commitment to the well-being of our community. We appreciate your partnership and look forward to staying in touch to share the positive impact of your gift.

With gratitude,
The Comox Valley Healthcare Foundation

Lost and Found - Comox Courts

The next time you're at the courts, be sure to check the lost and found box in the shed, it is overflowing.



Training Tip

Use a Stiff Wrist When Dinking

One of the biggest mistakes that beginners and intermediate players make at the kitchen line when dinking.....is “being too wristy”

When dinking you want to use your “Big” muscles. Make sure that when you are dinking, your stroke and power comes from your shoulder and your legs. Lock your wrist up.... bend low so you are not simply swinging with your arms and flicking your wrist and use your shoulder and legs to lift the ball over the net.

This will create more consistency with your dinks.



Play Times/Locations

<https://cvpickleball.ca/outdoor-play-times/>

<https://cvpickleball.ca/playtimes/>



Comox Valley Pickleball Association Sponsors

The CVPA has partnered with Pickleball Paddles Canada as a CVPA sponsor. Check out their website and use code COMOX for 10% off your order.

<https://pickleballpaddlescanada.ca/>

Pickleball Paddles Canada

Over 175+ Paddles to choose from!

For 10% off use Promo Code: Comox

www.PickleballPaddlesCanada.ca

PICKELBALL at SEA

Nov 15 -7 night Mexican Riviera Cruise

Flights from Comox

Pickleball Courts reserved on 3 sea days

Call Square 1 Travel for full details

250 334-0355 square1travel@telus.net



Klahanie & Company - Pickleball Paddle Sales & Rentals

Our mission is to be the go-to *courtside* paddle supplier for Comox Valley pickleball enthusiasts.

We aim to enhance the local pickleball experience by representing top-quality Canadian paddles for purchase, convenient rental, and "try before you buy" options.

Visit our website at <https://picklepaddles.ca/>

Contact Leanne at kleannewebster@gmail.com



Visit the Comox Valley Pickleball Association websites and social media

Comox Valley Pickleball Association Website <https://cvpickleball.ca/>

Comox Valley Pickleball Association <https://www.facebook.com/cvpickleball.ca>

Comox Valley Pickleball Discussion <https://www.facebook.com/groups/741799624629434>

Email cvpa2015@gmail.com