# **April 2024 Newsletter**



## **Presidents Message**

Spring is here and based on my last couple of visits to the Rotary Highland courts, pickleball is in full bloom !!!!

With all of the snowbirds returning back to our beautiful valley it looks like it will be a busy outdoor season. The Board and volunteers are diligently working to have our programs, schedules, lessons and training programs ready for May. Keep an eye out on the website and Facebook for notifications and announcements as to dates, times and sign up procedures.

The Training Academy and it's five coaches are once again offering a series of lessons and clinics to CVPA members for free starting in May. Look for those schedules on the bulletin board at Highland and the website as we post times, places and how to sign up.

The 7 th Annual Comox Valley Pickleball Tournament is scheduled for May 4 th – 5 th at the Comox Base gym and we encourage you to come out and see some great pickleball. The tournament quickly sold out once again this year and as always will be the CVPA's largest fund raiser.

In addition to four rental sessions this year at Arena #2 (CVRD Sports Arena) where we have six courts to hold clinics and tournaments, the Board is considering holding a CVPA members only tournament at the Rotary Highland courts in August. Stay tuned for further developments on that.

The Board recognizes how busy the courts are throughout the valley and our number one priority is to work on how to best alleviate the playing pressure. We continue to work with all local government agencies in an effort to develop new places to play. We will keep you informed as to our progress.

Looking forward to seeing everyone on the courts during the outdoor season. Enjoy your time on the courts.

#### **Play Times/Locations**

Because all our courts are full to overflowing the CVPA board is requesting that every player make a choice of level that they feel comfortable playing at and play only at the times for that level. Please do not play at both intermediate and advanced (for example) time slots. If you are an advanced player then please stick to the play times posted for advanced play. And conversely if you are an intermediate player please do not come out to advanced playtimes.

The rationale behind this request is that players of a particular level arrive at the courts only to find them full of players that could play at other times. These players then leave the courts as they cannot be accommodated at their level. So as a show of respect for all players as we all try to find time to play, please play at the times for your level of choice.

If you wish to play more times that your level offers then the Rotary Highland Courts and the Cumberland courts are open in the afternoon for you to have your own foursome play. We ask that all players follow this directive from the CVPA so that group coordinators do not have to babysit their group or be put in an awkward position of having to ask a player to leave. Thank you for your understanding as we try to accommodate as many players as possible.

## https://cvpickleball.ca/outdoor-play-times/

# https://cvpickleball.ca/playtimes/



# **Upcoming Events**

# Strathcona Gardens Indoor Doubles Pickleball Tournament – June 1 & 2 2024

Cost: \$60.00 registration fee per pair.

Location: Strathcona Gardens

Recreation Complex.

Rod Brind 'Amour Arena floor.

225 S Dogwood, V9W 8C8,

Campbell River, B.C.



To register, call 250-830-6777 or visit our website:

https://www.strathconagardens.com/all-programs/arena-programs/pickleball/



# **Comox Valley 6th Annual Indoor Pickleball Tournament**

The Comox Valley Pickleball Association (CVPA) is pleased to host the 7th Annual Indoor Pickleball tournament May 4-5, 2024 at the 19 Wing Fitness & Community Centre in Comox. Information on how to register is located here.

https://cvpickleball.ca/cvpa-6th-annual-indoor-pickleball-tournament/



# <u>Changes to Comox Valley Pickleball Facebook and Comox Valley Pickleball</u> Discussion Forum Facebook

CVPA is growing along with the number of requests to post items on the Facebook pages. The CVPA Facebook will be for club information only. This will allow members to find important club information more easily. If a member would like to share pickleball photos or items of interest, they can post them on the Comox Valley Pickleball Discussion Forum.

The Comox Valley Pickleball Discussion Forum will continue to be open to all members to post pickleball topics and photos. It is a forum to connect with other members and share the joy of this great sport!



#### **Inter-club Play Coordinator**

CVPA is looking for an Inter-club Play Coordinator. Responsibilities would include:

- connecting and organizing play with other clubs such as Powell River, Campbell River, etc
- scheduling and organizing playtimes and court locations
- informing members of inter-club play times.

If you are interested in taking on this role, please contact Donna at cvpa2015@gmail.com

#### **Coaching Tips**

The CVPA Training Academy will be using this section of the newsletter to provide coaching tips to CVPA members. With five coaches providing instruction throughout the valley, hopefully we can offer some great insights and ideas to help you improve your game.

#### Today's Tip:

One of the first things you will have learned when taking a lesson or clinic from our coaches is....."As the serving team, never cross over the baseline into the playing surface after your serve until the opponent has struck the ball and you see where it is going to land". If you follow this simple rule you will be ready to respond to a deep return and also be in position to move forward in a controlled fashion on a short return. Watching players serve the ball then take one or two steps forward into the court is a fundamental/basic error. In pickleball, you always want to have a nice square stance ready for the ball, balanced on the front of your feet in an athletic position. Good luck and enjoy this great game.

