



**Judo**  
**Ontario**  
Our sport. Our life.

# Membership Benefits

## 2024-25

Learn about the benefits  
available to you as a member  
of Judo Ontario



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# Who is Judo Ontario?

Judo Ontario is the governing body for the sport of judo in Ontario, Canada. We are a registered not-for-profit amateur association; working to promote and develop the sport, encouraging a lifetime of learning, enjoyment and competition.

Our organization develops, supports, and delivers programs and services throughout Ontario

Judo Ontario serves over 3,300 members and 80 member clubs.

## MEMBERSHIP BENEFITS:

- Access to all Tournaments, Clinics & additional Training
- Long Term Athlete Development & Youth Development Programs
- High Performance Committee
- Coaching & Referee Development
- Grading Committee
- Sanctioned Events
- Accidental and Liability Insurance
- Event Management & Coordination

*Acknowledgment: Thank you to Judo BC for graciously sharing their resources during the development of this document.*





# Mission Statement

Judo Ontario is a community-driven association where dedicated volunteers and professional staff work together to lead, develop athletes, and promote judo as a lifelong sport. We are committed to creating positive judo experiences for all Ontarians.

## Vision

To cultivate a vibrant Judo community through inclusive membership, strong support systems, and a commitment to high-performance excellence.

## Values

### Mutual Welfare and Benefit

Honour the importance of benefiting both oneself and others through judo.

### Integrity and Ethics

Maintain transparency, fairness, and high ethical standards, while promoting fair play and strong sportsmanship.

### Respect

Nurture a culture of mutual respect among athletes, coaches, officials, and volunteers.

### Friendship

Build camaraderie and lasting connections through shared experiences and mutual support.

### Inclusivity

Strive to create an environment where every individual feels a genuine sense of belonging.

### Excellence

Encourage and support the pursuit of excellence in both athletes and coaches.





# Welcome to the 2024-25 Season

## A message from Judo Ontario President, Brian Kalsen

Dear Members,

Welcome to the 2024-2025 Judo season at Judo Ontario! We are thrilled to have you join our community of passionate and dedicated individuals. Whether you are a returning member or new to our organization, we are committed to providing you with the best training, support, and opportunities to grow and excel in the sport of judo.

Our mission at Judo Ontario is to promote the principles and values of judo, fostering a spirit of respect, discipline, and camaraderie among all our members. This season, we have an exciting lineup of events, competitions, and training sessions designed to challenge and inspire you.

We encourage you to take full advantage of the resources and programs we offer. Our coaches, staff, and fellow members are here to support you every step of the way. Together, we will work towards achieving personal and collective success, while building lasting friendships and memories.

Our Executive Director, James Cunningham, Sports Director, Steve Sheffield, and Member Services Coordinator, Tracy Gardner, along with the board of directors and committees are looking forward to making this season our best one yet!.

Brian Kalsen





# Membership Benefits - Summary

Members in good standing of Judo Ontario and Judo Canada are entitled to a complete range of benefits and services including, but not limited to:

## Clubs

- Direct club communication by email (including bi-weekly e-newsletter), phone, mail and website.
- A dedicated full-time Executive Director & Sport Director and volunteer Board of Directors.
- Partnership management with the Government of Ontario (MTCS, Quest for Gold, Team Ontario Programs and Canada Games).
- Coverage through Judo Ontario's liability insurance program for sanctioned events in and outside of club facilities (5 million). Officers and Directors insurance (2 million).
- NCCP coaching development courses.
- Referee development events.
- Access to Safe Sport policies, guidelines, and resources.
- Access to Judo Ontario and Judo Canada concussion resources.
- Access to the Judo Ontario resources and the Judo Canada club toolbox.

## Participants

- Trained and certified judo coaches and instructors at every club in Ontario.
- Robust safe sport policies and procedures to ensure a safe and inclusive environment.
- Access to Judo Ontario sanctioned events such as competitions, clinics, and camps.
- Access to technical judo professionals through seminars and clinics.
- Funding support for selected HP athletes.
- Access to HP, JOYA, Veterans Training, & Girls Only Training Programs.
- Black Belt Grading and prep clinics.
- Kata Clinics.
- Coverage through Judo Ontario's accident and liability insurance program.
- Membership with Judo Canada.
- Access via email to Judo Ontario's bi-weekly e-newsletter.
- Eligibility for Judo Ontario & Judo Canada recognition awards.

## Coaches & Officials

- Access to Coaching/Refereeing and Judo Ontario program courses or clinics.
- Access to subsidies for coaching/officiating courses/clinics/evaluations.
- Coverage through Judo Ontario's accident and liability insurance while participating in member club activities or Judo Ontario sanctioned events.
- Access via email to Judo Ontario's bi-weekly e-newsletter when email address and consent is provided at registration.
- Membership with Judo Canada.



# Membership Benefits - Participants

Members in good standing of Judo Ontario and Judo Canada are entitled to a complete range of benefits and services including, but not limited to:

## **Trained and certified coaches at every club & Safe Sport policies**

- Confidence that every club leader (dojoshu) is fully certified NCCP Dojo Instructor and completes a police background check every 3 years.
- All other instructors at clubs are expected to be at least NCCP Dojo Assistant trained.
- Robust Safe Sport policies and procedures to ensure sport leaders have the education and training needed to provide a positive and safe sport environment.

## **Competitive Athletes**

- Judo Ontario Pathway to Excellence, detailing the pathway from introduction to national team, based on the Judo Canada LTDM.
- Monthly Provincial Training/Open Mat Training sessions offering opportunities for athletes and coaches to join the Judo Ontario HP coaches for open training sessions with athletes from different clubs and regions.
- Four training camps (Fall, Winter, Spring, Summer), with additional clinics and events offered when possible.
- **High Performance**
  - The High-Performance Program (HPP) is available for aspiring full-time U16 to U21 competitive athletes.
  - The Youth Academy (JOYA) is available for talented U14 & U16 athletes, orange belt and up, acting as an entry point to the HPP.
  - Contact the Judo Ontario Coaches or Sport Director for more details.
- **Girls Training**
  - Twice a month Girls Only Training, to allow girls to train in a girls only environment.
  - Girls Summer Camp will be run with day camp and over night camp options.
- **Veteran Training**
  - Weekly Veteran Training sessions will be held in the GTA for veteran aged judoka who are looking to getting together with other veteran athletes for a demanding training session .

## **Competitions**

- Judo Ontario and member clubs host a variety of competitions for all ages and ability levels.
  - National A (Hatashita Ontario Open) – Judo Canada ranking events
  - Club A – Provincial tournaments
  - Club B – Regional events and monthly shiai's
- Full list of Ontario competitions included on next page.



# Membership Benefits - Participants

## Competition Schedule

Event Name	Date	Competition Level	Location
Vignale Judo Kata Tournament	Sat, Sept 7, 2024	Kata – Club A	JCCC (Toronto)
Asahi Open	Sat, Sept 28, 2024	Club A	RIM Park Sports Complex (Waterloo)
Ontario Kata Championships	Sun, Oct 6, 2024	Kata – Club A	Tora Martial Arts (Brampton)
Hatashita Ontario Open	Oct 18 - 20, 2024	National A	Toronto Pan Am Sports Centre
Northwestern Ontario Open	Dec 7-8 (TBC)	Club A	Thunder Bay
Hayabusakan Open	TBD	Club A	TBD
RMC Open	TBD	Club A	TBD
Tora Annual Shiai	Apr 26 - 27, 2025	Club A	Save Max Sports Centre (Brampton)
Peterborough Hatashita Open	June 14, 2025 (TBC)	Club A	Peterborough
Ajax Monthly Shiai	Nov - June	Club B	Ajax Budokan (Ajax)
Tora Monthly Shiai	Nov 17, Feb 9, May 11	Club B	Tora Martial Arts (Brampton)

## Grading

- Regular Grading Preparation Clinics and Grading sessions hosted by the Judo Ontario Grading Committee.
- Kata exemption events hosted by the Grading Committee and at specific Kata competitions.
- All grading requests must be submitted to Judo Canada prior to attending a grading event in Ontario- <https://judocanada.org/grading/>
- 2 Technical Stream Gradings held in the GTA per year and one Technical Stream grading held in Ottawa or Thunder Bay per year with a minimum of 10 candidates. Competitive Stream Gradings will be held when needed in conjunction with a Technical Stream Grading.
- A grading preparation clinic hosted by the JOGC will be held prior to each Technical Stream Grading.

## Kata

- The Judo Ontario Kata Committee offers numerous training and competition opportunities for those interested in competing in Kata events as well as preparation for grading.
- In conjunction with the Judo Canada Kata Committee, the JOKC will periodically offer National Kata Judge evaluation course opportunities for those interested in judging in Kata events.
- This year the JOKC will be launching a Provincial kata judging certification program to help interested judoka prepare for a possible future National Kata judge evaluation.



# Membership Benefits - Coaches & Referees

## NCCP Coach Education

- Judo Ontario runs regular NCCP courses for coaches at the Dojo Assistant and Dojo Instructor levels. These courses provide the fundamental skills and knowledge to teach and coach athletes in a safe and inclusive manner.
- Funding is available through the Coaching Association of Ontario to help offset the cost of the courses.

## Referee Development

- Referees can engage in dedicated development programs that offer training, certification, and ongoing support. These programs ensure you stay updated with the latest officiating standards and practices, helping you maintain a high level of competence.

# Membership Benefits - Clubs

## Benefits

- Direct club communication including email (including bi-weekly e-newsletter), phone, mail and website.
- A dedicated full-time Executive Director & Sport Director and volunteer Board of Directors.
- Partnership management with the Government of Ontario (MTCS, Quest for Gold, Team Ontario Programs and Canada Games).
- Coverage through Judo Ontario's sport insurance program for sanctioned events in and outside of club facilities (\$5 million). Also included is coverage for Directors and Officers (\$2 million).
- NCCP Coaching Development courses.
- Referee Development events.
- Access to Safe Sport policies, guidelines, and resources.
- Access to Judo Ontario and Judo Canada concussion resources.
- Access to the Judo Ontario resources and the Judo Canada club toolbox.

## Club Resources

- Access to concussion education and information.
- Access to robust collection of policies to protect and safeguard athletes, coaches and officials.

## Communication

- Regular communication from Judo Ontario staff and volunteers.
- New for 2024-25, regular town hall meetings for dojos to discuss relevant topics with Judo Ontario and other dojos.





# Membership Benefits - For All Judo Ontario Members

Members in good standing of Judo Ontario and Judo Canada are entitled to a complete range of benefits and services including, but not limited to:

## Governance and Policy Support

- Judo Ontario provides comprehensive governance and policy support to ensure that clubs and members operate within a structured, fair, and transparent framework. Our guidelines help maintain high standards and consistent practices across all activities.

## Communication

- Regular bi-weekly newsletters (new for 2024-25). Stay informed with our new monthly newsletter, featuring updates on events, training opportunities, policy changes, and success stories from our judo community.
- [Newsletter registration link](#)
- Website and social media updates.

## Insurance

- Liability insurance through Judo Ontario covers participants and clubs.
- Accident insurance through Judo Canada to cover any injuries related to judo participation.

## Safe Sport and Well-being

- Judo Ontario's goal is to ensure that all athletes, coaches, officials and volunteers can participate in a safe and inclusive training and competitive atmosphere that is free of abuse, harassment and discrimination.
- We provide all members with access to accurate and reliable information on safety practices, risk management, and injury prevention.






# Types of Memberships

Member Type	Rank	Age	Special Requirements/Restrictions
Mudansha Member	Colour belts, including white belts (beginners)	All ages	None
Yudansha Member	Black Belts	As per black belt grading requirements	None
Introductory Member	White belts only	All ages	<p>Individuals of all ages who are new to judo and looking to start their journey in the sport.</p> <p>Must register as a member of a Judo Ontario Member Club</p> <p>Must be a resident of Ontario</p> <p>Program must be a maximum of 15 weeks.</p> <p><b>Note: Introductory membership is not offered at all clubs. When registering the option will not show up if it is not available at your club.</b></p>
School / After School Program	White, yellow and orange only	School age	Each participating school must submit an official letter and detailed schedule to Judo Canada/Judo Ontario annually.
Family Discount	Colour belts, including white belts There is NO discount for black belt	All ages	<p>Judo Ontario discount on memberships for families of four (4) or more.</p> <p>The first three (3) members pay full price.</p> <p>The fourth membership is entitled to a 50% discount and only applies to the lowest price category of the four memberships.</p>



# Annual Rates

## 2024-2025 SEASON FEES

 Judo Ontario	Membership Type	Age	Judo Ontario Fee	Judo Canada Fee	HST	Total
Mudansha Non-Black Belts	U14 & Under	0-13	\$56.00	\$30.00	\$7.28	\$93.28
	U16 & Over	14-21+	\$83.00	\$30.00	\$10.79	\$123.79
	65+	65+	\$60.00	\$30.00	\$7.80	\$97.80
Yudansha Black Belts	U16 - 21+	14-21+	\$117.00	\$30.00	\$15.21	\$162.21
	65+	65+	\$85.00	\$30.00	\$11.05	\$126.05
15 Week Introductory Program	All Ages*		\$15.00	\$10.00	\$1.95	\$26.95
After School/School Program			\$15.00	\$5.00	\$1.95	\$21.95
Club Fee			\$165.00	N/A	\$21.45	\$186.45



# Key Dates & Team Selection Info

## 2024-25 Key Dates & Events

Official Start of Season – Sept 1, 2024

Regional Judo Festival – Sept 14/15, 2024

Fall Training Camp – Sept 20-22, 2024

Annual General Meeting – Sept 29, 2024

Awards Ceremony – Sept 29, 2024

Hatashita Ontario Open – Oct 18-20, 2024

Winter Camp – Dec 27th – 30th, 2024

March Break Camp – Mar 10-13, 2025

Summer Camp – Jul 27-30, 2025

Please refer to the [Judo Ontario Event Calendar](#) for a full list of events.

## Athlete Handbook

The Athlete Handbook is a vital resource for athletes participating in Judo Ontario's High Performance and Development programs. It offers detailed information for any Judo Ontario member selected for programs like the Regional Training Centre (RTC), High Performance Program (HPP), Ontario High Performance Sport Initiative (OHPSI), Quest for Gold, Judo Ontario Youth Academy (JOYA), or those attending Judo Ontario-led events.

Judo Ontario also organizes monthly provincial training sessions, monthly open mat trainings, biweekly women's training, weekly veterans' training, and a series of training camps throughout the year. Team Ontario provides logistical support for athletes competing at the Open Nationals, helping them to reach their full potential in judo.

For more information, please refer to the [Athlete Handbook](#).





# Additional Resources

## Judo Ontario's Safe Sport Commitment

Judo Ontario's goal is to assure that all athletes, coaches, officials and volunteers can participate in a safe and inclusive training and competitive atmosphere that is free of abuse, harassment and discrimination.

To learn more about Judo Ontario's commitment to Safe Sport, please refer to the website for more information.

[Safe Sport Overview](#)

[Responsible Coaching Movement](#)

[Covid-19 Information Centre](#)

[Sterling Background Check](#)

[Anti-Doping \(CCES\)](#)

[Safe Sport Policy Guide](#)

[Mental Health Resources](#)

## Concussion Awareness Rowan's Law

A Concussion is a type of traumatic brain injury caused by a bump, blow or jolt to the head, face, neck or body that causes the head and brain to move rapidly back and forth and can alter the way the brain normally functions.

To learn more about signs & symptoms, to view the concussion reporting form, protocols, policies, and resources, please refer to the Concussion page on the Judo Ontario Website.

[Concussions/Rowan's Law](#)

## Insurance

Insurance coverage through Judo Ontario's sport insurance program for sanctioned events in and outside of club facilities (\$5 million). Also included is coverage for Directors and Officers (\$2 million).





# Organization Contacts

## **James Cunningham**

### ***Executive Director***

- Strategic Leadership & Operational Oversight
- Governance and Policy Development
- Discipline and Complaints / Safe Sport
- NCCP – Coaching Development

## **Steve Sheffield**

### ***Sport Director***

- Athlete Development Programs (e.g. RTC, JOYA, Team Ontario)
- Competition/Event Sanctioning
- Grading

## **Tracy Gardner**

### ***Member Services Coordinator***

- Membership Inquires
- Trackie Database Management
- Newsletters and Communication

## **An Jeong-Hwan**

### ***Head Provincial Coach***

- RTC – High Performance Program
- Athlete Development
- Competition Support

## **Yoshiki Ono**

### ***Provincial Development Coach***

- Judo Ontario Youth Academy Program (JOYA)
- Club Outreach Support

## **Brian Kalsen**

### ***President, Board of Directors***

## **General Information / Inquires**

[info@judoontario.ca](mailto:info@judoontario.ca)

## **Board of Directors/Committees/Staff**

[Full Contact List](#)

